

A woman with long brown hair, seen from behind, stands on a rocky shore wearing a long white dress. She is looking out at a vast ocean under a dramatic sunset sky with orange and yellow hues. The sun is low on the horizon, creating a strong glow. In the top left corner, there are decorative swirls. In the top right, a stalk of wheat is visible.

Gleaner

Northwest Adventists in Action

JUNE 2008, Vol. 103, No. 6

A Ministry
for every woman

6

12 World News Briefs | 31 FYI | 35 Healthy Choices
www.GleanerOnline.org

I m a g e s o f C r e a t i o n



*How priceless is Your unfailing love! Both high and low among men
find refuge in the shadow of Your wings.*

PSALM 36:7 (NIV)

“Winged Wonder” photographed by Ken Baird of Washougal, Washington.

Feature

6



A Ministry for every woman

"I have found a great
and rewarding ministry."

— Judy Driver



Health

Healthy Choices

35

with *Dr. Don Hall*

- Eating Too Much Salt Weakens Bones
- Physical Activity Reduces Suicide Risk
- Four Ways to Improve Your Walking Technique
- Ask the Doctor



JUNE 2008, Vol. 103, No. 6

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A ministry for every woman is not just wishful thinking. It's evident in the lives of women throughout the Northwest, sampled in this issue's feature.

Cover artwork by Todd Gessele.
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woman as a reference.



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LITHO U.S.A.

Adventist Women: Faithful^{in many} Things

"Many of our Adventist women are making highly visible contributions in leadership and ministry."

When I read the title of our feature this month, A Ministry for Every Woman, I was taken back a few years to my pre-teens. We were a bunch of high-energy earliteens. Not bad kids, just... earliteens. Each Sabbath, Edith and Ruth, two young, single nurses, came prepared to lead our lively Sabbath School, sometimes even planning a Saturday night activity for us. I'm not sure how much thanks they received for we never imagined the commitment of time and energy it took to creatively prepare for each weekend. But their impact on me has been lifelong.

I've been reflecting on some of the varied and unique ways A Ministry for Every Woman is being fulfilled here in the Northwest. Allow me to share a few with you.

It is exciting to hear the reports from various short-term mission trips sponsored each year by our Northwest conferences, churches and schools. Sue and I have been privileged to be a part of a number of these. Some individuals have faithfully participated, yet have never left home. I'm referring to people like Frieda and the rest of the Faith Adventures group.

They generously make, bundle and package attractive little handouts and give them to any short-term mission group who requests them. What a blessing we have received by sharing these materials with eager children and adults overseas!

I first got acquainted with Danielle when she was a student at Anchorage Junior Academy. A budding artist, she sent me cheery handmade cards containing encouraging quotations and Scripture verses, often arriving at just the appropriate moment. I was not the only one to receive these special gifts—

fellow students, faculty, strangers, just anyone needing encouragement, were grateful recipients. As Danielle's ministry, now known as The Cheery Little Card Company, continues to grow so does the inspiration she exudes.

When I learned recently that Helen had passed away I personally felt the loss. This special senior won my heart when she told me some time ago, "I pray for you daily." Helen had a ministry for many years of faithfully praying for 401 individuals every day (plus 37 families!). She was part of a network of consecrated prayer warriors. Has someone picked up the torch she so faithfully carried? How earnestly I hope so.

Shari and Jean prayed over how best their talents might be used. They were impressed to visit and befriend those who no longer attend

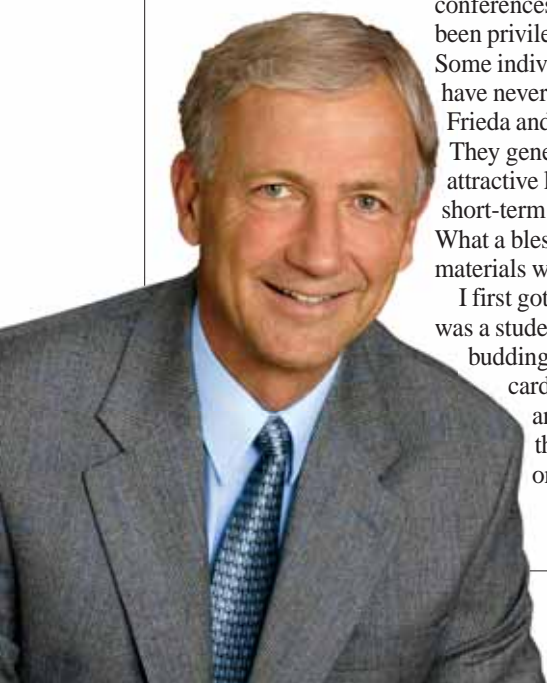
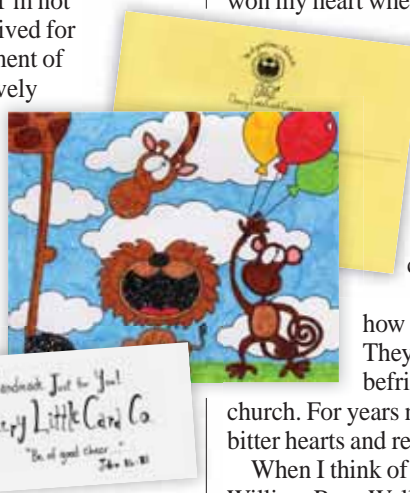
church. For years now their ministry has softened bitter hearts and rekindled the flame of faith.

When I think of Kathy, I am reminded of what William Rose Wallace once wrote: "The hand that rocks the cradle is the hand that rules the world." Kathy and many like her are successful professionals who have at least temporarily laid aside a financially lucrative career to focus on a higher calling—their children.

Many of our Adventist women are making highly visible contributions in leadership and ministry. But in our feature this month you will be reminded of some who receive little or no recognition, yet by Heaven's measuring rod are making an eternal impact.

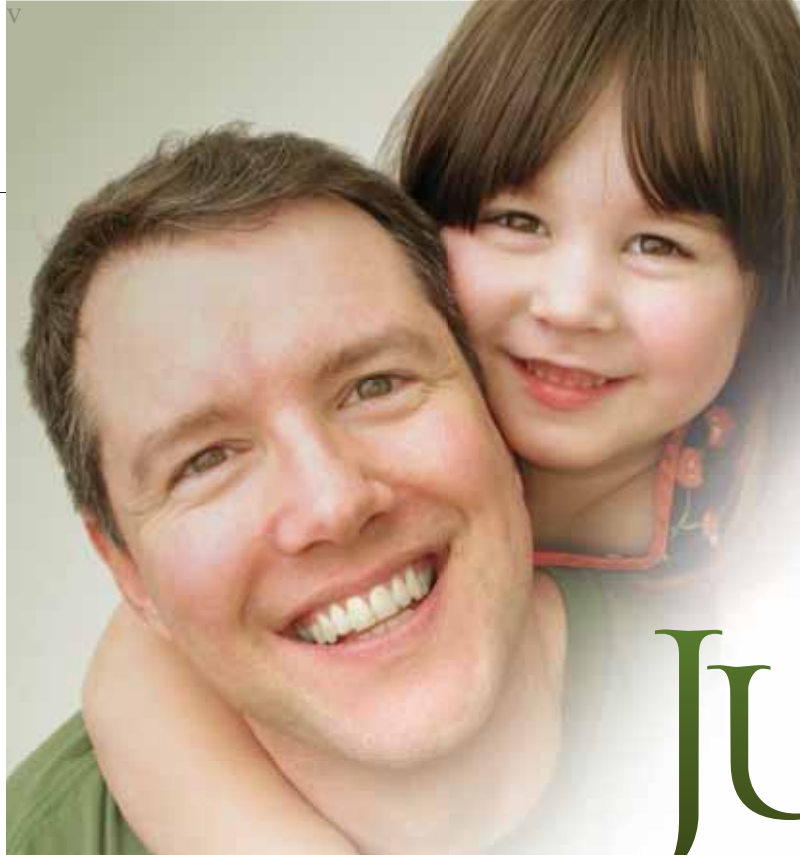
Ellen G. White once wrote, "The Lord has a work for women.... The Savior will reflect upon these self-sacrificing women the light of His countenance, and will give them a power that exceeds that of men.... Their labor is needed."¹

¹ Ellen G. White, *Review and Herald*, Aug. 26, 1902.



Jere Patzer

North Pacific Union Conference president



Did You Know?

Thanks, Dad

The idea of Father's Day was conceived in Spokane, Wash. when Sonora Dodd heard a Mother's Day sermon in 1909. The date in June for the first Father's Day celebration was chosen because it corresponded with the birthday of Dodd's father. Lyndon Johnson issued the first presidential proclamation honoring fathers in 1966, but it was Richard Nixon who, in 1972, signed the public law, making Father's Day permanent.

SOURCE: U.S. Census Bureau

JUNE

OPERATION GREEN PLANT

Since 1965, the America the Beautiful Fund® has encouraged volunteer citizen efforts to protect the natural and historic beauty of America. One of their services, available to everyone, is Operation Green Plant. This

program gives free seeds for community beautification projects.

These projects can be as simple as adding colorful blooms to your yard, or your church yard. For more information on how to get your free seeds, visit America-the-beautiful.org.

SOURCE: www.america-the-beautiful.org



About Our Dads

64.3 million—The approximate number of fathers in the U.S.

26.5 million—The number of fathers who are part of married-couple families with children younger than 18.

159,000—The estimated number of stay-at-home dads in 2006.

25—Percent of fathers who regularly care for their preschool-aged children while the mothers are at work.

SOURCE: U.S. Census Bureau

2007 Northwest Women in Ministry Statistics

With the blessing of the Holy Spirit working through women of the Northwest, there were:

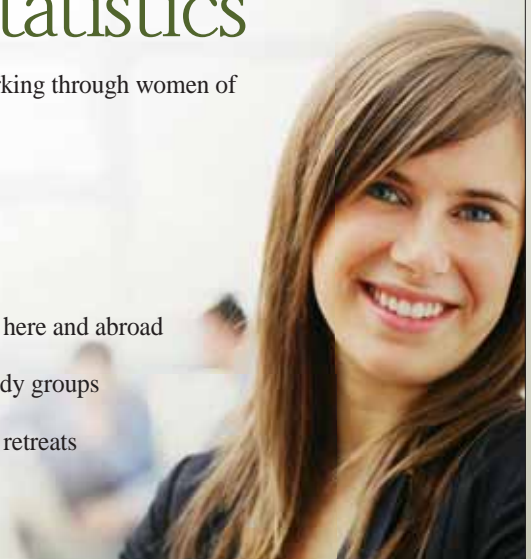
297 baptisms

58 reclamations

49 evangelistic series held by women here and abroad

1,338 meetings/seminars/Bible study groups

72 conference and church-sponsored retreats



A Ministry for every woman

“All who work for God should have the Martha and the Mary attributes blended—a willingness to minister and a sincere love of the truth.”

A Ministry for Every Woman is as ancient as the Old Testament. The first recorded “ministry” by a woman is found in Genesis 18:6 when Sarah prepared a meal for visiting strangers. A few chapters later in Genesis 24:19, compassionate Rebekah, profoundly impressed yet another stranger by offering to water his thirsty camels, a daunting act that changed the course of her life.

Ellen G. White referred to a New Testament example when she said, “All who work for God should have the Martha and the Mary attributes blended—a willingness to minister and a sincere love of the truth. Self and selfishness must be put out of sight. God calls for earnest women workers who are prudent, warm-hearted, tender and true to principle....”¹

More contemporary history is full of the deeds of benevolent women—the concept of “women’s ministry” is nothing new. Yet, as I remember it, a unique wave of interest and enthusiasm in women’s ministries moved from northern California into the Northwest in the late 1980s. I was living in Spokane, Washington, and we wanted to be a part of the exciting things beginning to happen in Idaho and Oregon. Cheri Corder and I asked several friends to join us in planning the first spiritual retreat for women in the Upper Columbia Conference for late September 1988 at Camp MiVoden.

We were advised it would take a year of planning. It was already late July. What could possibly take a whole year? We would think small—possibly 50 women. No one was more shocked than our committee when 275 women registered, with a surprising number bringing non-church member friends. This added another dimension—evangelism.

The weekend exceeded everyone’s expectations—the atmosphere was electric. (Sorry, men, it’s a female phenomenon. We are the gender who loves time together so much that we join our friends for a trip to the restroom!)

Ministry

Feature



As the women's ministries phenomenon continued to spread, it wasn't long until the General Conference and North American Division recognized the need for women's ministries to be organized as a department of the church, with local churches appointing women's ministries leaders. These two entities now provide many resources for leadership training (56 classes covering three levels, complete with certification), Heart Call (reclaiming former members), friendship evangelism, ministry to girls and young women, and WM Emphasis Day materials (see www.nadwm.org and www.adventsource.org).

Women's ministries in the Northwest has come to represent much more than an annual weekend. The majority of our churches and each of our six conferences have an appointed women's ministries coordinator (see p. 11) who plans a variety of outreach-oriented events and leadership training. Our purpose, our desire, our mission remains—to help women realize there is **A Ministry for Every Woman**.

On the following pages you will be introduced to just a few of the many unsung heroines from around the Northwest who are actively using their spiritual gifts to prepare a people for Jesus' soon coming. •

“She determined to be more in tune with God's plans in the midst of her busy agenda.”

¹Ellen G. White, *Testimonies to the Church*, Vol. 6, 118.

Sue Patzer, North Pacific Union Conference Women's Ministries director, writes from Ridgefield, Washington.



OUR Personal



From left: Darian, Kelly and Devan Lessley with Donna Wagner.

Divine Encounters

The impression was so strong. Donna Wagner, from Belgrade, Montana, turned on her car blinkers, changed her course and drove into the apartment complex. As she climbed the stairs she wondered if she was doing the right thing. At her knock, the door opened and Kelly, who lived there, burst into tears. “Oh, Donna, I have been praying someone would come, and here you are.” Tears poured down her face as she shared her huge problem. Donna quietly prayed, “Lord, I’ll do whatever You want me to do.”

That experience made a huge impression on Donna and “woke her up” to how God wants to partner with His children in practical and personal ways. She determined to be more in tune with God’s plans in the midst of her busy agenda.

That decision has dramatically changed her life and her outlook on ministry. Because of her commitment to follow God’s providential “divine encounters,” He has worked through her to reach and redeem others as well. —Linda Glatts



Helping Young Mothers

As a newly baptized mother of three small children, going to church was an overwhelming challenge. One Sabbath everything was fine until the sermon when I had to leave—newborn in one arm, a screaming child in the other, and the oldest tagging along behind. As we headed out the door, all eyes were on us. Leaving the sanctuary, feeling totally humiliated, I accidentally dropped my screaming child, only to have the greeter come up and scold me. I left, not sure I ever wanted to come back. After praying all week, I gathered up all the courage I could muster and went to church. What I needed was help, not criticism.

A few years later, I decided to put my experience to good use. In my efforts to help young parents with their active little ones, I have found a great and rewarding ministry. Some have even said, “If it were not for you sitting with me, I wouldn’t even try to come to church.” I am delighted to give this simple, yet meaningful gift. —Judy Driver

Judy Driver loves helping parents with their little ones at church.



Putting Heaven on Their Heads

During a challenging season in my life, I decided to focus my thoughts outside myself. I went to JoAnn’s fabric store and wandered over to the knitting section. I discovered a loom knitting kit with a hat pattern. I was intrigued at how simple and fast it was to make hats. When I showed my first hat to a friend, a cancer nurse, she exclaimed, “Wow! These hats would be wonderful for our cancer patients.” She said some people lose their hair and need hats. And so the ministry was born.

My best friend, a teacher at Livingstone Adventist Academy, got her students excited about it. She explained that it was like loving these people in the place of Jesus—like putting heaven on their heads, which led to the name Heavenly

Hats. Soon the students were donating yarn, staying in during recess to work on hats, and taking supplies home over the weekend to complete hats. Larger hats go to the



Callings

adult cancer unit, and the smaller ones are given to a social worker to take to the Doernbecher Children's cancer unit. One student says, "These should be called happy hats because they make people happy." —Linda Shaver



Treating Others As Jesus Did

The largest food distribution agency in Oregon is thriving today thanks, in part, to the work of a former executive director who wasn't even sure she was qualified for the job. Rhonda Whitney heard about the leadership opening at Portland Adventist Community Services while she was working as a secretary for one of the agency's board members. "As I got involved I saw the needs of people and the importance of responding to them," says Whitney. "The longer you volunteer the more your heart gets involved."

Whitney now serves as Oregon Conference director of community outreach, but is still an active member of the PACS board. The agency continues to serve thousands of people from all parts

of Oregon and Washington, providing food, clothing, friendship and spiritual relationships. "It's as important to the volunteers as it is to the people receiving the services," says Whitney. "We are created to be compassionate people; we don't truly find fulfillment unless we're serving others." —CJ Anderson

Ministries With Style

Carolyn Brown has come a long way from living on the streets, battling drugs and alcohol, to experiencing the transforming power of Christ's love. Now, she's committed to helping other women overcome these challenges through the Maranatha Adventist Church just south of downtown Seattle. "There are women out there who are just like I was," says Brown. "I just want to make a difference in their lives and give them a chance to present themselves differently." This summer she plans a "Dress for Success" event so homeless women and single moms can pick out one business outfit and interview for a job. Once these ladies have a job, they can come back and select five more outfits.

For their Christmas celebration, the church decided they wanted 125 homeless and single-parent families to have a Christmas just like everybody else. Every department of Maranatha chipped in to provide clothes, books, invitations for counseling and after-school tutoring, and a full Christmas meal. "I decided if we were go-



Carolyn Brown (back row, third from the left) and the Maranatha Community Services team delivers a Thanksgiving meal to the women and children's shelter in downtown Seattle in 2007.

ing to do this that each family would get no less than what I put on my table," says Brown. The event even included a family photo for each parent and three toys for each child.

"I've experienced how God can make you feel different," says Brown. "I will never stop doing God's work this way." —Heidi Martella and CJ Anderson



MY LITTLE MEN *Ministry*



Solid Like a Rock

When Ileana Villeda-Cortes saw the need for a ministry that would reach second- and third-generation Latino Adventists, she joined five other members of the Hillsboro Spanish Church in providing such an alternative. Their program, called the Rock (www.mysolidrock.org), has grown from a monthly program to a vibrant and diverse program of youth ministries and service. “I saw our youth hanging out in the hallway or not coming to church at all,” Villeda-Cortes said. “I knew we had to find a way to bring them back.”

The Rock has incorporated youth and young adult Sabbath School classes with specialized ministries for teens and young couples. In addition, the Rock sponsors service projects, such as prayer ministry, graffiti cleanup and feeding the homeless. The Rock also sponsors the Heart Rock Café, an informal Friday night gathering that provides a wholesome alternative to heading into the city.

“Our goal is to become organized as a company in the very near future,” says Villeda-Cortes. “What we need most at this time is prayer!”

—CJ Anderson

I realized when I became a mom there were as many different moms as there were chocolates...maybe more. There were moms who sold Tupperware, moms who ran museums, moms who cut felts for church projects, moms who ran marathons, moms who homeschooled baby Einsteins. And me? I knew raising three little boys was a ministry; I intended to do a stellar job.

But once the saints caught on to my zeal, they eagerly began scripting my ministry. I was inundated with how-to's: how to cook, how to can, how to crochet everything (even diapers), how to run home businesses, how to dye rugs, even how to raise llamas.

But those scripts began to conflict with what I believed God had asked me to do. I finally put the well-wishing saints on voicemail and said I would get back to them in 18 years.

1. Mind Your Own Ministry

Psalm 33:3 says, “Sing a new song unto the Lord.” It's a new song, not your grandmother's, not your sister's, not your neighbor's. Just because your grandmother strained gluten through cheesecloth every Friday and mopped all the floors down on her hands and knees with a toothbrush doesn't mean this is God's pilot for your ministry. God asked Moses at the start of his ministry, “What is that in *your* hand?” Exodus 4:2. I realized God had placed in my hand three children with an unquenchable love for reading. Once a week the boys and I enjoyed library story time, with stacks of books, bobbing heads and happy smiles.



My three little men from left: Drew, Shawn and Todd.

2. Don't Measure Your Ministry With Others' Measuring Rods

In order to do some things correctly, I realized I couldn't do everything. While others canned bushels of fruit and veggies, I “canned” the whole thing and in a fit of exhaustion launched my canning jars at a local recycle bin, uttering, “eat peaches, fast, boys, faster...” Some days, success to my little men and me meant only getting through the day without a tantrum—theirs or mine.

Ecclesiastes 11:1 reminds us, “Cast your bread upon the waters, for you will find it after many days.” It doesn't say you will find it today or even this week. Just because your ministry seems to be on a slow roast doesn't mean it isn't indeed cooking. Missionaries for God have at times waited for generations to see even small results from their work.

3. Get Godly Mentors

Mine were Sylvia and Margaret. Sylvia was blind. Well, not really, but she was visually impaired in that she was unable to see the piles on the counters, runny noses, or how incapable I was. Her far-sightedness made her only good for seeing what *God would do*. And the other mentor, Margaret, was deaf. Well, not entirely, but she had selective speaking and hearing impediments. She would only *speak* encouragement, and she would only *hear* good. Because both were seasoned Christian moms, I begged them to come weekly. Moses needed someone to hold both his arms, and Sylvia and Margaret held mine. They may have gone home and prayed wildly; but they repeatedly convinced me God and I were capable.



Moses had helpers to hold up his arms, and Margaret McMunn held mine.

4. Expect Copy Cats

God is in the Xerox business. The little kindergarten who timidly held my hand just went to academy and asked me to drop him off a block *before* school. The baby I read Winnie the Pooh to read his own third-grade chapter book tonight, and Mr. Middle man just got a letter of good marks from the governor. My ministry has literally matured beyond me. In fact, God and I have a three-fold chance of duplicating the ministry as my little men grow to form their own personal missions. Because heaven is in the Xerox business it's exciting to know this ministry will likely outlive me and hopefully outdo me. Thank God; ditto that. •

Cindy Chamberlin,
GLENER managing
editor, writes from
Ridgefield, Washington.



NPUC WOMEN'S MINISTRIES DIRECTORS



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Conference



Joan Green, Idaho
Conference



Sue Hess, Alaska
Conference



Mable Dunbar, Upper
Columbia Conference



Linda Glatts, Montana
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Corlene Johnson,
Oregon Conference



Don't forget the women's ministry
offering July 12!

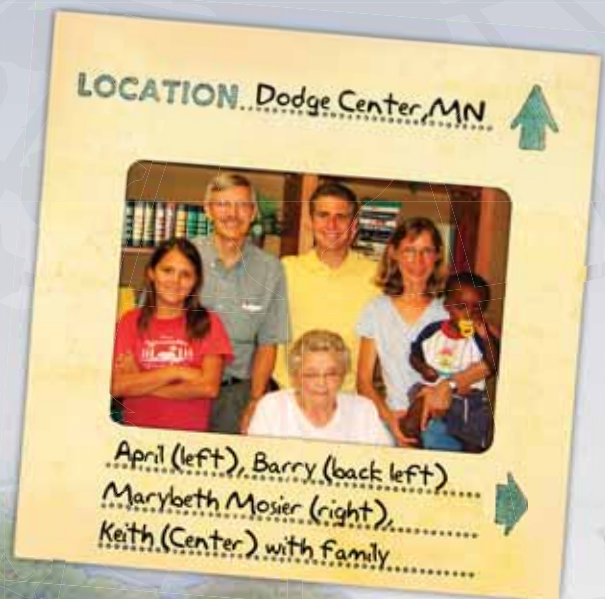
WORLD NEWS

DOMINICAN REPUBLIC

President Donates Land to Adventists

The president of the Dominican Republic has donated 31 acres of public land to the Seventh-day Adventist Church. While presenting the gift he praised local Adventists for their natural kindness, saying it is clearly the result of God guiding their attitudes and behavior. The property has already been used by Adventist young people during annual retreats and will now be renovated to include additional service facilities.

SOURCE: Adventist News Network



PERU

ADRA Provides Small Business Training for Women

The Adventist Development and Relief Agency has helped more than 80 women in central Peru establish micro-businesses. The Women's Hands project provides the necessary training for women to start a business in laundry service, fabrics manufacturing or chocolate goods production. The enterprises have been met with so much success that several women are considering expanding their operations into neighboring towns. This three-year project was financed by a copper mining company in Peru.

SOURCE: ADRA

KENYA

Six-Day Work Week Worries Adventists

Adventist leaders in Kenya are calling on the government to suspend a proposal creating a six-day work week in the country. Church leaders say this would require civil servants to work on Saturdays, which would conflict with the constitutional guarantee of religious freedom. The proposed change could affect up to 15 percent of Kenya's civil servants.

SOURCE: Adventist News Network

NEWS BRIEFS

CONGO

Missionary Family Survives Plane Crash

Barry and Marybeth Mosier of Dodge Center, Minnesota, along with two of their children were aboard a DC-9 passenger jet when it crash-landed in an outdoor market in Congo. The Adventist family escaped the wreckage just moments before it exploded. The Mosier's 3-year-old son, Andrew, suffered a broken femur in the crash. The family was on their way to visit their eldest son, Keith, who leads Congo Frontline Missions.

SOURCE: Adventist News Network

QATAR

Muslim Leaders Promote Mecca Time

Muslim scientists and clerics are calling for Mecca, rather than Greenwich, England, to be the location from which all time zones are measured. Mecca is a holy site to Muslims, who face its direction when performing daily prayers. Muslims argue that Greenwich Mean Time was imposed on the rest of the world when Britain was a colonial power. They also say Mecca is a more scientific choice because its longitude is in perfect alignment with magnetic north.

SOURCE: BBC



Women from the NPUC recently went on a mission trip to the Philippines. Women's ministry note: 402 baptisms were recorded from sites where one of the female participants led meetings.

PHILIPPINES

Hundreds Baptized During Philippines for Christ

Nearly 900 people in the Philippines were baptized during the North Pacific Union Conference's Philippines for Christ 2008 mission trip, with additional baptisms expected in the coming months. The trip was a joint venture between NPUC, ShareHIM and The Quiet Hour. Evangelistic meetings were presented at over 20 sites in the San Pablo City region in the North Philippines Union Mission Territory.

SOURCE: NPUC



Nome Student Shares the Word

Michael Owens, an eighth-grade student, is truly in a class by himself, particularly since he is the only student in the Nome Adventist School (the school will be closing at the end of the year). But that has not stopped Owens from seeking new adventures and excelling. Most recently, he preached a sermon at the Nome Church.

"The sermon was a class assignment," says his teacher Melanie Stroud. "Owens was given a list of texts and ideas he could choose from, and he chose to write about the different uses for the word

'leavening' and how it relates to the Christian experience.

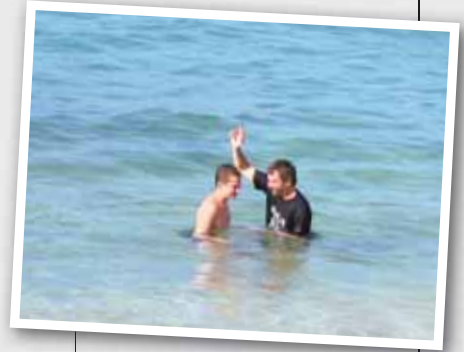
"He brought out the fact there were statements in the Bible which seemed to contradict themselves—one saying leavening was a bad thing—'Beware the leavening of the Pharisees'; and another saying leavening was a good thing—'a little yeast works throughout the whole batch of dough.' To illustrate, he demonstrated the leavening action of yeast by stirring yeast into a warm sugar-water mixture. After a few minutes, the bubbles began and the glass overflowed."

With the help of an assistant, Michael Owens, Nome Adventist School eighth-grader, stirs yeast into warm sugar water to demonstrate the leavening effect.



Owens wanted to be baptized in Hawaii, while on his class trip. His parents joined the trip to Hawaii along with Rick Binford, Nome pastor, who performed the baptism. The small group found a somewhat calm beach on Sabbath morning, where the service was held, before going to church.

In addition to his involvement at church, Owens has participated in the FIRST LEGO Robotics competition for three years and was a member of the team that took the national prize in 2006. He has also completed the 150-mile overnight Junior



Michael Owens, the only student in Nome Adventist School, is baptized by Rick Binford, Nome district pastor, in Hawaii.

Iditarod, a test of dog mushing skill and endurance, the past two years and has placed in the top 10 both years. •

John Kriegelstein, Alaska Conference communication director

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Student Plans Mission Trip

For Senior Project

Next year, I want to organize a mission trip for my senior project. Would you be my mentor, Pastor Bryson?" The question led Bethany Lang, 17-year-old Gem State Adventist Academy senior on a mission adventure to Chile this past March with 22 other students and 10 adult sponsors. The trip was organized through

the Idaho Conference Youth Department who partnered with Maranatha Volunteers International. The group built the Pompeya Seventh-day Adventist Church in Quilpue, Chile, and held a week of evangelistic meetings.

"I found out how working for the Lord is exciting and can be a big commitment," says Lang. John Bryson, Idaho Conference coordinator for youth ministries, and Lang served as co-leaders for the trip. For several months, Lang was involved with every aspect of the planning from initial applications, budgeting, personnel and scheduling from start to finish. "I loved seeing all of the team come together on the trip," she says.

The group spent four



Bethany Lang, GSAA senior, helped present an eight-day evangelistic series during the mission trip.

days in travel, seven days in construction, and eight days in evangelism. Bryson reflects, "Working with Lang was a pleasure and a joy. Her perspective as a teenager was important to the overall success of the trip, and I believe this experience of co-leading the group will be life-transforming for her."

Lang plans on working at Camp Ida-Haven this summer and attending Andrews University this fall. "It was her vision that made this trip possible," Bryson says. •

John Bryson, Idaho Conference youth ministries coordinator

Twenty-two students and 10 adults team up with the Pompeya congregation to build a church.



GSAA students form a human chain to help move and position the building blocks for a new church in Chile.



Jeremy Hansen

GSAA Offers

Student Discipleship Program



GSAA teacher Kathy Iwasa (in front) with the first three disciples: Josh Hester, Chastin Engelhart and Ruth Mendoza.

For 90 years Gem State Adventist Academy teachers and staff have endeavored to influence students to become their absolute best—for God, for His kingdom, for the salvation of this world. But if Gem State students fall into the norm for academy students across the North American Division, nearly half, or 2,500 of the academy's 5,000 former students have, at some point in their lives, left the Adventist Church and its vital mission behind.

In an effort to do something about that, GSAA will be starting a new Discipleship

Program for its students this summer. The program is made possible by a \$15,000 grant from Versacare Inc. Formed in 1953, this group of Seventh-day Adventist laypersons gives grants to innovative ministry projects in North America.

Kathy Iwasa, part-time GSAA teacher, will lead and mentor the program. Iwasa will teach students to read the Bible and pray for the purpose of a relationship with Jesus, to communicate and build friendships with people of all ages, and to do public speaking, music and drama.

Student disciples will

conduct church services, provide programming for camp meetings and visit with people. At each venue they will build relationships with an eye toward building people up, just as Jesus did. In some cases this may result in Bible studies, but in many cases the students will simply share God's love.

When school begins, the four original disciples will encourage and help mentor other students. The dream is for every student to have the opportunity to be discipled. •

Linda Klinger, GSAA GLEANER correspondent

Great Falls Students Show *Love for Grandparents*



Grandparents Wayne and Marjorie Moore enjoy the Valentine's Day meal prepared by Five Falls Christian School students.

To express their love and appreciation, students at Five Falls Christian School in Great Falls, Mont. invited their grandparents to a Valentine's Day banquet. Students started planning for the event soon after Christmas vacation by practicing their music and choosing the menu.

When grandparents and church members arrived at the Great Falls Church on Feb. 14, they were greeted

by first-grade students who showed them to their seats. Older students prepared and served the meal.

During dessert the entire school gave a mini-concert, playing tone chimes and singing. Grandparents and students left saying, "Let's do that again." •

Pennie Wredberg, Five Falls Christian School teacher



Five Falls Christian School students, Sarah and Nathan Dilley, show their appreciation for their mom and grandmother at a Valentine's Day Banquet.

Hamilton Church Serious *About Soul-winning*

The Hamilton Church has been conducting a *ShareHIM* series called Truth for Today; Hope for Tomorrow, and it has been a great success. So far, there have been four baptisms and one rebaptism during the series. Larry Belknap, pastor, along with Judy Fowler and Rob Liss, have shared the speaking responsibilities.

Many others have been helping as well with greeting, audiovisual and children's ministries. Each night before the meetings, team members have met for an hour to spend some time in unhurried prayer.

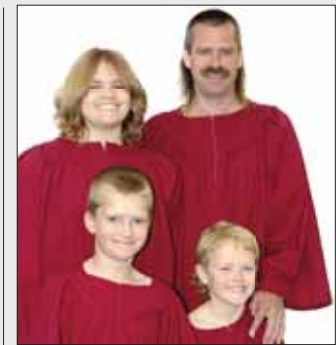
The church members have been enormously supportive, and over 20 visitors have attended. Attendance for the series has been nearly 50 each night with a record attendance of 81 people on Sabbath morning, April 12. The meetings concluded on April 19, and the team was looking forward to four more baptisms and two more rebaptisms that day.

In March, as a way to connect with the community before the *ShareHIM* series began, the church held a health seminar Foods for Thought, led by Marilyn Albertson, Vicki Greathouse and Elke West. Nearly 30 people attended each

Monday evening for several weeks.

These events are just two of the things the Outreach Team, formed in September 2007, are doing to reach the community. In initial meetings with key church leaders, Belknap asked them, "What do you think God wants us to do?" From that question came the answer, "We need to get serious with God in our prayer time." New commitments to prayer and a weekly meeting resulted in a strong bond between team members and a new vision statement: "Following Jesus Together." The vision is based on a discipleship curriculum of following the Sanctuary model. The Sanctuary curriculum includes health seminars as well as special Sabbath School and small-group classes offering leadership training.

Another result of the meetings was a five-year evangelism plan for two



Rob Liss, one of the *ShareHIM* speakers, was rebaptized along with his daughter Taina and his sons Steven and Isaac.

reaping series each year—a lay-led *ShareHIM* meeting in the spring and a pastoral or professional evangelist-led series each fall. This fall Belknap will offer a series called Mysteries of the Ancients, and speaker Jac Colon is scheduled for the fall of 2009. •

Larry F. Belknap, Hamilton Church pastor



Columbia Adventist Academy Celebrates Groundbreaking

Columbia Adventist Academy held the Next Century ceremonial groundbreaking celebration Friday, April 4. There was excitement in the air as this event signaled the start of the construction process for the Next Century administrative and classroom complex.

A few local dignitaries were on hand to help celebrate this occasion, including Mike Ciraulo, Battle Ground mayor; Don Livesay, Oregon Conference president; and John Gatchet, Oregon Conference vice president for education.

Also included in the ceremony were Dave Cannard, CAA board chairman; Bob Davidson, CAA alumni president; Jerry Erwin and

Brian and Carlene Will (and their son Matthew), campaign co-chairs; as well as Berit von Pohle, former CAA principal.

Music from the CAA brass and saxophone ensembles welcomed attendees as they arrived, and later the CAA choir performed "Oh God, Our Help, Our Hope" as the crowd circled the construction site to lift a prayer of thanksgiving, praise and dedication to the God who has overseen this project from the beginning and has blessed in the entire process.

Construction is scheduled to be finished in spring 2009. •

*Lara J. Dowie, GLEANER
correspondent*



Hamdel Tobias

Those attending the groundbreaking ceremony circle the outline of the administrative and classroom construction site for a prayer of dedication. •

Commission Culture Alive and Well in Prineville

Prineville Church members moved into their brand-new church in March 2007 and renewed their commitment to live the Commission Culture. It was their goal to reach out to their community and grow their congregation. Earlier in 2006, Jose and Sherry Galvez came to pastor the church and help with the church's mission.

This year, from March

21 through April 5, Galvez presented a prophecy seminar, which resulted in three baptisms and one rebaptism. Furthermore, many of those who attended the series are interested in continuing weekly studies.

"In my 10 years attending church, this is the first time

our pastor undertook the evangelistic series himself," comments one member. "Galvez did an excellent job making vital truths clear."

Galvez attributes this success to God's grace and the members who provided support services, including nightly refreshments to give attendees a chance to interact and get to know each other.

On the evening of the last presentation, everyone was invited to a dinner and social gathering which reinforced the new friendships developed over the meetings. •

Yollie Jahn, communication leader

Four people were baptized following a prophecy series. From left: Althea and Jimmy Roberts, Jose Galvez (pastor), Laverne Fields and Virginia Romane.





McMinnville Meetings *Bring New Members*

The McMinnville Church held evangelistic meetings for several weeks in March. The guest speaker was Louis Torres, Mission College of Evangelism director. He was helped by Bill Wells, a senior at the college.

Torres was born in Puerto Rico. He had four older brothers and one younger sister who passed away in her youth. His young life was hard, and the family lived in poverty. Later, after his father left, the family moved to New York.

At 13, he became interested in music and was part of a popular band for a while. But something was missing in his life.

Torres attended college and became a minister; he was well-liked and has brought hundreds into the church as he has traveled around the world.

Before the meetings, Torres and students from the college came to the McMinnville community, visiting with people and giving Bible studies. More than 25 people have been baptized. •



Mary Henderson, McMinnville
Church communications leader

Pipeline Connects PAA Students *To Community Needs*

Over a dozen Portland Adventist Academy students participated in Pipeline, an urban mission outreach organized by Cory Wetterlin, Pleasant Valley Church youth pastor. It was designed to focus on Portland, Ore., one of the nation's most secular communities.

Mission activities included a wide range of options. Students packaged food at the Oregon Food Bank, fed the homeless, created memory books of a senior citizen's life, painted a school and served food at the Portland Rescue Mission. Through the process, students met people who needed a helping hand, a listening ear and, most importantly, love.

This year's Pipeline theme, Greater Things, was borrowed from John 14 where Jesus comforts the apostles and tells them "they will do greater things" John 14:12. Wetterlin wanted to emphasize this to the students. "Christ's ministry was three short years," says Wetterlin. "Imagine what we can do through Christ in a lifetime of service."

The week was filled with opportunities to teach the lesson. "The kids worked with a man recovering at a rehab center," says Wetterlin. "He had been a pastor for 16 years before his life unexpectedly fell apart. Within a short time the man was homeless and addicted to drugs. One night

he was dying, and paramedics managed to revive him. Now he's a changed person ministering to the other rehab patients. They actually call him pastor."

The students concluded their week with an Agape Feast at Pleasant Valley Church. There, they

performed a drama skit for their church family. "That was probably my favorite part of the whole week," says PAA student Josh Linfoot. •

Liesl Vistaunet, PAA public
relations director



Molalla Women Follow Jesus' Example

When they heard speaker Tawny Sportsman tell about the children at the Pena Blanca Orphanage in Honduras, the women of the Molalla Church knew they wanted to help.

On a Sunday in April, several women gathered at member Ann Holcombe's home for a day of production-style sewing. By the end of the day, the group had spun out 30 dresses. Simultaneously, other

women were sewing dresses and blankets in their homes and purchasing t-shirts and short sets to send to little boys at the orphanage.

The devotional of the sewing day was, "I was naked and you clothed me" Matt. 25:36, 40 (NKJV). •

Cindy Hepler, communications secretary



Grants Pass Students

Raise Money for Orphans

Students in Grants Pass raised almost \$1,200 to help orphans in Africa through Hope for Humanity. Because of AIDS, nearly 1.2 million African children are orphaned. During the week, these children come to special centers for a warm meal and help with schoolwork. On weekends, when the centers are closed, the children often have nothing to eat.

The Grants Pass students raised money by selling pizza, lemonade and stuffed animals. They also held a car wash and

asked church members to help during offering time. •

Evelyn Wagner, communications leader



Come Meet. Come Pray. Come Rejuvenate.

Are you ready for campmeeting? Once again this year Gladstone CampMeeting will be held under the towering trees in Gladstone, Oregon. Events are planned for all ages from infant to senior. Concerts, Bible study and lecture, prayer and praise are complimented with games, good food, stories, and time with friends, old and new alike. You will have the chance to attend seminars on stress, health, marriage, raising children, estate planning, Bible history, and so much more! So plan now to attend!



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PACS Copier Donation

Brings Timely Answer to Prayer

The copier machine was on its last leg. Service men had already paid several visits to Portland Adventist Community Services, trying to keep it alive.

"It was breaking down on average once every week

or two," says Leonard Yost, executive director.

Every weekday at morning worship, Yost would review a prayer list with PACS staff and volunteers. Near the top of the list was the urgent need for a new machine. There was no room in the budget to purchase one, so the best thing the staff could do was to hope and pray God would make a way for PACS to get a new machine.

Donald Bohlman and Gene Settlemeir had a dilemma of their own. The co-owners of Village Health Care Inc. found themselves trapped in a payment contract for a copy machine they had no use for.

Bohlman, a retired family practice physician, is also a volunteer at PACS Family Health Clinic. One day it occurred to him PACS might be able to use a new copier, so he approached Yost about it.

"He asked me if PACS would be interested in a computer," says Yost. I thought to myself, *I sure wish it was a copy machine.* No sooner had I thought that when he said, 'No, I don't mean a computer, I mean a copy machine.' I was absolutely delighted!"

It was an answer to prayer and then some. The new machine is top of the line and comes with a service contract

guaranteeing service training and toner for the next four years. The combined value of the machine and service contract is equal to a donation of more than \$60,000.

The money saved frees up more resources to help needy families through the PACS Family Health Clinic and the PACS Food Pantry. The speed of the machine also makes a difference. It operates at 60 pages per minute, allowing staff more time to focus on other needs.

"It's been a lot easier with the new machine," says Traci White, Social Services coordinator. "I know it's going to be fast, and I don't have to keep running back and forth."

The copier was delivered on Feb. 13.

"These things don't just happen," says Yost. "I firmly believe it was an answer to prayer." •

Brian Vistaunet, PACS administrative assistant

Carol Paulsom, PACS volunteer coordinator, makes a copy with the donated new machine.



College Place Concert *Benefits Cookie's Retreat*

The Ladies' Praise women's sextet from the College Place Village Church performed a benefit concert on April 19 for the Cookie's Retreat Center Northwest. The audience responded with a substantial offering. Karen Margart, a member of the group, shared her personal story of surviving domestic violence.

Cookie's has made the move from the Spokane area to the Walla Walla Valley. Kim Bryan, former executive director, passed the baton on to Patty Knittel as Bryan and her husband took a call to Salem, Ore. Bryan dedicated the past six years to running Cookie's,

and more than 200 women and children benefited during that time.

An offer on a home is being studied at this time, and the hope is to re-open Cookie's in June. The crisis line has continued to be open for those in need. The number is (866) 625-6333. •

Patty Knittel, GLEANER correspondent

Members of the Ladies' Praise group are from left: Becky Greenlaw, Cindy Solis, Debbie Smart, Sheila Meharry, Donelda Todorovich and Karen Margart.



Othello Pathfinders and Family *United in Baptism*

At attention and saluting, the Othello Pathfinders stood as honor guard and excitedly watched Maria Ochoa, fellow Pathfinder, enter the baptismal waters at the Othello Church.

Ochoa is a Bible scholar and part of the local Pathfinder Bible Achievement Team, which earned first place rankings at district, conference and North Pacific Union levels. They also participated in the North American Division Invitational Pathfinder Bible Achievement Bowl at Andrews University in April.

Ochoa remembers coming to the Othello Church as a young child with her father, Manuel, but later they stopped attending. Until last year... Ochoa and her brother

began attending church and Pathfinders. She eagerly attended Bible study and craft classes. Ochoa told the Pathfinder director she wanted to be baptized and began studying.

Following her into the baptismal tank, as a surprise to Ochoa, Manuel and Maria Guadalupe Ochoa (her parents), were baptized as well. Even after they had stopped attending church, they continued to read and study God's word. It was at the Spanish evangelistic meetings by Jaime Flores that they made the decision for baptism.

The Ochoa family stands in the foreground, surrounded by the happy Othello Pathfinder Club. Included is Jaime Flores, pastor.

Manuel Jr., Ochoa's younger brother, also a Pathfinder, stood as Flores made an appeal to those interested in committing their lives to the Lord in future baptism. He left the church clutching his new baptismal study guide.

The English and Spanish-speaking congregations joined for a bilingual service and fellowship dinner to celebrate the special event. •

Denise Colley, Othello Church communication leader



Sandpoint Women Present Community Seminars

Rhonda Backman and Mary Campbell have been actively serving the community of Sandpoint, Idaho, by presenting health and wellness seminars.

The first seminar featured the *Seven Secrets* cookbook by Jim and Neva Brackett and a wonderful dinner showing people how easy it is to prepare tasty vegan meals. One attendee said, this cooking class “has been very informative and yummy.”

A second seminar featured a virtual shopping experience with a video presentation by Vickie Griffin and Evelyn Christianson explaining how people can change their lifestyle by modifying their grocery shopping habits.

And a third seminar on natural healing techniques

helped participants learn how to do simple water treatments, charcoal poultices and treatments for the common cold. Several members from the Sandpoint Church helped to make each seminar a success. Some led out in demonstrations while others greeted guests.

“Thank you for the cooking class and the natural remedies class. What a great ministry your church has and the wisdom to include Christ in your services,” says one community lady.

Other seminars included how to be free from addictive behavior, how to deal with stress and how food affects your memory, thought processes and learning. •

Mary Van Asperen, communication leader



From left: Mary Campbell and Rhonda Backman present health and wellness seminars.

UCA Student Wins Regional Competition

Elise Kinne, UCA freshman, has been selected to perform the piano at the Washington State Music Teacher’s convention in June. Kinne has studied piano for nine years and is currently a student with Judith Schoepflin.

In March, Kinne competed against more than 20 other students, and won first place with her performance of *Un Sospiro* by Liszt at the Spokane chapter of the Washington State Music Teacher’s Association competition.

In addition to being an expert on the piano, Kinne excels in the classroom as well, sporting a 4.0 grade point average. •

Joe Hess, UCA GLEANER correspondent

Elise Kinne took first place in the Washington State Music Teacher’s Association competition.



Pathfinder Teens

Learn to Obey God's Voice



Walla Walla Sunrise Pathfinder Club members sit on the rail to enjoy the scenery during their annual retreat.

Pathfinders of the Upper Columbia Conference were treated to dynamic presentations during the annual

Pathfinder Teen Retreat, Feb. 1–3 at Camp MiVoden. Carl Wilkens, speaker, told story after story of how God

guided his footsteps during his courageous stand in Rwanda back in 1994. His powerful testimony showed how God knows the end from the beginning. He recounted how, after much prayer, he and his wife, Teresa, knew that he must stay in Rwanda and that she and their children must return to the United States. Wilkens was left to stay and to stand. Pathfinders were definitely affected by what they heard.

They were also affected by what they saw. Their mouths hung wide open when Wayne Hicks allowed his son Shawn to shave his head during a prayer talk. Hicks and son wore shirts reading “Ask me Why?” The point was to draw attention to the tragic accident that placed Nick Maniscalco, former member of the Ponderosa Pathfinder Club, in a coma.

Maniscalco has been in a coma since Jan. 26. Once again, the take-home message was that you have to make a strong stand for what you believe.

Pathfinders learned once again that sometimes you have to stay and other times you must stand, but through it all—GOD IS THERE. •

Cheryl Wallace, attendee

Shawn Hicks cuts his father's hair (Wayne Hicks, pastor) in an effort to solicit prayers for Nick Maniscalco.



UCA Hosts Visitors

For Annual Academy Day

More than 150 students from seventh-grade and up came from Washington, Idaho and Oregon for the Upper Columbia Academy annual Academy Day on April 9. The event gives potential students a chance to experience life at UCA. At registration each visitor was presented with UCA's new t-shirt, which was designed with the help of two UCA students—Yoo Jin Kim, junior, and Kyle McCluskey, senior.

UCA student tour guides

took guests on tours of the school, and everyone gathered in the chapel for worship. Worship included a devotional by Ken Wetmore, UCA Church pastor, and a performance by the Choraliers—UCA's elite choir. Following worship there was a Bible Knowledge Bowl hosted by Mark Janke, history and Bible teacher.

In the afternoon, classes were canceled so everyone could visit the various department booths at the gym, which offered information as

well as games and contests.

The rest of the afternoon included performances by UCA's various instrumental and vocal ensembles, and the gymnastics team. Visitors were awarded prizes and scholarships.

Academy Day ended with an inspiring talk by Fred Riffel, UCA chaplain and Bible teacher, in which he challenged guests and students to make their relationship with Jesus a top priority.

Scott North, recruitment

director, says “Academy Day is about showing our guests what makes UCA awesome: its students. It is the hope of everyone at UCA that next school year will bring many new students ready to experience a school offering academic excellence, outstanding leadership opportunities, enduring friendships and a vibrant spiritual atmosphere.” •

Danielle Schull, UCA junior

My Life

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Jim Ayer
Host, Making Waves
VP, Adventist World Radio



Dave Gemmell
Church Resource Center
North American Division



Fernando Ortega
Recording Artist

Friday Seminar Schedule

For a complete schedule visit www.uccsda.org/WW-Camp-Meeting

Camp Meeting Kickoff — 1:00 pm

Meet in Heubach Chapel.....Dave Gemmell

Session 1 — 2:00-3:30

How to share your personal story..... Shane Del Vecchio
Spiritual Gifts Curtis Rittenour
Door-to-door surveys..... Wayne Kablanow
Recreational Evangelism..... Kevin Wilfley
How to give Bible studies Steve Rogers
21st Century Tools for Evangelism Dave Gemmell

Session 2 — 3:45-5:15

Conversational Evangelism Gerald Haeger
How to write Bible studies Ken LeBrun
CHIP: What's the connection?..... Eric Shadle
Preaching Dave Thomas
How to give Bible studies Steve Rogers
21st Century Tools for Evangelism Dave Gemmell

Bremerton Serves in Practical Ways

The Serving With All Talents Team, a Bremerton Church ministry, likes to find loving and positive ways to serve Kitsap County and represent the Seventh-day Adventist Church.

Some of their monthly activities have included giving free roses to Puget Sound Naval Shipyard workers on Valentine's Day; distributing postage stamps on tax day; passing out water bottles in parks; serving hot drinks, doughnuts and hand-warmers to Seahawk fans as they board the ferry; and other creative ideas—always packaged as a

free gift from the Seventh-day Adventist Church.

About a year ago, Irving Lee began attending church as the result of receiving free postage stamps. Attached to that gift was a greeting with a simple, inviting message and information about the Bremerton Church.

Lee, who has a strong passion to help others, later asked if the S.W.A.T. Team would be willing to help purchase tents and sleeping bags for the homeless. They held a fundraising drive at the Bremerton Church, resulting in the purchase of 50 sleeping

bags and 25 tents. Lee also encouraged the team to get involved with a multi-church hot meal outreach served twice a week.

Since December, the S.W.A.T. Team has weekly provided toiletries and warm clothing for people in need. S.W.A.T. also periodically serves breakfast and gives out toiletry kits on Sabbath mornings at the local Salvation Army. Last month the team served more than 100 people.

Servant evangelism, say leaders, is a non-threatening way to witness to people and

plant seeds of God's love through community service. •

Rachele Deininger, S.W.A.T. Team coordinator



Bremerton Church members hand out free stamps and PayDay candy bars to people turning in their tax returns at the post office.

Kenya Mission Projects *Bring Answers to Prayer*

Missionaries from western Washington returned for the fifth time to Kenya, Africa, to assist Andrew and Debbie Aho of African Mission Services with projects for the Olopikidong'oe (o-le-pickadong-way) Mixed Boarding School.

Girls typically receive

two years of schooling and walk to school, while boys receive more schooling and on-site accommodations. The elementary boarding school in the Masai Mara provides a safe learning and living environment for 267 girls.

Rick Luce, from Bothell, has traveled to Kenya five times now to help with AMS projects, and returns each time "because of the children." With each trip, Luce and others pray for the right people with the right skills to volunteer to serve for a couple weeks in Africa.

The missionary families this year—32 people in all—represented the Bellevue, Bremerton, Federal Way and Kirkland churches in addition to students from Walla Walla University and Auburn Adventist Academy.

Their projects included finishing the dining hall; painting in the girls' dormitory and library; operating a medical clinic; and conducting a four-day Vacation Bible

School for 600 children.

The dining hall and kitchen area

represented the largest task, with the last screw fastened just moments before the closing ceremony on Friday. As Isaac Heckman, from the Federal Way Church, says, "This project was completed in God's time." •

Kathy Fridlund, mission trip participant

Anthony Rima, from the Federal Way Church, helps put stickers on crowns donated by a local Burger King in Auburn, Wash.



"This is my safe home," says Ester, on right, standing in front of the girls' dorm with Caitlin Fridlund, center, and another friend.



Washington Women Pray for the Holy Spirit



Women's ministry leader Wilma Bing and speaker Hyveth Williams share what it means to be drenched in the blessings of the Holy Spirit.

Ever wonder what 400 women pray for? If you listened to the prayer requests shared at the conclusion of the annual Washington Conference women's ministry day program this spring, you would have

heard requests for non-believing spouses, healing in marriages, clarity in decisions, help for sons and daughters, and the outpouring of the Holy Spirit.

"Our theme is Let it Rain

because we are like plants that need to grow," explains Wilma Bing, event coordinator. "Seeds need rain to germinate, bloom and grow into beautiful flowers—this is what the Holy Spirit does in our lives."

Hyveth Williams, Campus Hill Church (in Loma Linda, Calif.) senior pastor, based her keynote presentations on Joel 2 about the outpouring of the Holy Spirit and Acts 2 where the Holy Spirit comes during Pentecost.

"Pentecost happened because the disciples didn't have cell phones so Jesus could call them and say, 'Hey, I arrived safely [in heaven],'" says Williams. "The Holy Spirit is still flowing down through generations to pour out showers of blessing on us. God gave you a sunny day

today so when you say, 'Let it rain,' you can really mean it."

Washington Conference women's ministries adopted two ministries last year where two women are showing every day that just one person can make a difference.

Women who attended the women's spring day this year made two contributions—food donations for Maranatha Church's search and rescue ministry run by Carolyn Brown; and \$7,800 in monetary donations for Paula Leen's two orphanages in Zimbabwe—demonstrating the power of working together for God's kingdom. •

Heidi Martella, Washington Conference associate communication director

Enumclaw Women Gather for Spiritual Nurturing

Twenty women, including 12 mother/daughter pairs, from Enumclaw, Wash., recently went to Cannon Beach, Ore., for a weekend of spiritual renewal.

Using the theme of Ephesians 3:16–21 about grasping the width, length, height and depth of God's love through prayer, the women focused on three areas: 1) accepting God's loving nature for us, 2) understanding how to work with God to spiritually love and nurture ourselves, and 3) nurturing others. They learned how to write love letters to God, several ways to



personalize scripture, to pray on deeper levels for personal issues and how to intercede in prayer for others.

Each participant received

a notebook prepared with personalized and specific topic prayers, a spiritual gift test and information to refer to afterward, and a copy of the

devotional *Jesus Calling*.

The Enumclaw Prayer Warrior team coordinated by Darla Riotto, prayed for two months prior to the event for the weekend to be more of a personal experience rather than just another nice retreat. They also prayed each woman would receive exactly what God knew she needed and would leave the retreat with at least one new prayer partner. God's spirit blessed all of those faithful prayers. •

Darla Riotto, Enumclaw communication leader

Grays Harbor Ministers in Prison

I was “in prison, and ye visited me not,” will not be said of Tom and Pamela Stone, Howard and Berta Brenton, Kathleen Abbott, and Cristian Boboceia, who minister to inmates at Stafford Creek Corrections Center in Grays Harbor, Wash.

The ministry began in 2000, with five to seven inmates attending Monday evenings. At the inmates’ request, the church asked for permission to hold weekly Sabbath services and quarterly communion services.

Today, attendance ranges between 35 to 50 men. Attendance can fluctuate when inmates are transferred to other facilities or released from incarceration. God has blessed the ministry with three

baptisms and some others after they leave prison.

It has taken love, perseverance and sacrifice to carry on this twice-weekly ministry for the last seven-and-a-half years.

“Sharing Jesus with these men has been, and continues to be, a great blessing to our lives,” say the Brentons. We see life-changing growth. Many of these folks have become dear friends to us. Studying with men with widely differing concepts has caused us to study more intently and has confirmed even more strongly our confidence in the Adventist teaching.” •

Doris Tsuha, Grays Harbor Church communication leader

Prison Ministry volunteers from left: Cristian Boboceia (pastor), Howard and Berta Brenton, Kathleen Abbott, and Tom and Pamela Stone.



Auburn Stocks Food Bank

When volunteers in Auburn, Wash., prayed at supper that night, they weren’t just thankful for the pizza, but for a generous community who gave to the local food bank.

In a two-hour period, nearly 130 volunteers visited 11 neighborhoods and collected 4,828 cans, jars and packages. Volunteers ranged in age from 5-years-old to teenagers to parents, church members, and senior citizens. The Community Action Team at the Auburn Academy Church coordinated this food drive.

“We wanted our community to know that we love them, and we’re here for them,” says Jay Coon, pastor. •

Heidi Martella



San Juan Islanders Celebrate Creation on Earth Day

San Juan Islanders and friends converged in Friday Harbor to celebrate Earth Day with a Creation Fest in mid-April.

“Earth Day is about celebrating our Creator,” explains William Hurtado, district pastor.

The day’s festivities featured John Baldwin, an Andrews University professor, with

stories, photographs and examples of God’s handiwork as displayed in geology; marine life demonstrations with Nathan Schwarck, a scientific diving safety officer with Western Washington University’s Shannon Point Marine Center; and hands-on science projects for kids, coordinated by Orcas Christian School teachers.

“We can’t celebrate Earth Day completely without acknowledging God’s role in the history of earth and its creation,” Baldwin says, as he illustrated how the first angel’s message in Revelation 14 approves creation. “The reason we’re having a Creation Fest on Earth Day is to honor God, to lift up the truth of Jesus and the history of earth.”

Creation Fest represents the first event for the Friday Harbor Church after a decision to begin a creation-nature outreach ministry a few months ago. Approximately 75 people of all ages attended this one-day event. •

Heidi Martella

Mark A. Remboldt

Elected NPUC Treasurer

The North Pacific Union Conference has selected Mark A. Remboldt as treasurer. The unanimous Executive Committee action during its regular meeting on April 30 officially fills the spot left vacant by the decision of former treasurer Norman Klam to apply for medical disability.

Remboldt has worked as the NPUC undertreasurer since January 2005 and has a rich background of domestic and international financial management experience. He assumes this new position with an overwhelming level of support from current Seventh-day Adventist Church leadership. "We are enthusiastic about Mark Remboldt's acceptance of these responsibilities," says Jere

Patzer, NPUC president. "He has unquestioned abilities in the areas of church finance and policies, and has demonstrated over the years a clear commitment to the mission of our church in the Northwest and around the world."

Following his 1981 graduation from Walla Walla College (now University) in College Place, Wash., Remboldt served as a business intern and accountant at the Northern California Conference in Pleasant Hill, Calif. From 1985 to 1991, he worked as an accountant and assistant treasurer for the Eastern Africa Division of the church in Harare, Zimbabwe. He and his family then moved to Silver Spring, Md., where he served until 1996 as a treasury

project specialist for the General Conference, the world headquarters for the Adventist church.

Since then, Remboldt has gained additional experience as treasurer for the Mountain View Conference in West Virginia; vice principal for finance at Auburn Adventist Academy in Auburn, Wash.; and, from 2001–2005, as treasurer of the Washington Conference, based then in Bothell, Wash.

Remboldt holds an M.B.A. from Andrews University and is a member of the business honor society, Delta Mu Delta. He and his wife, Janette, make their home in La Center, Wash., and have two children: Anthony, 20, a student at Walla Walla University, and Amy, 17,

a senior at Auburn Adventist Academy.

NPUC leaders have initiated a search process for a new undertreasurer to fill Remboldt's former position. •

Steve Vistaunet, NPUC assistant to the president for communications



Mark A. Remboldt

Second Quarter 2008

Executive Committee Report

The following additional items are from the most recent North Pacific Union Conference executive committee meeting held April 30 on the campus of Walla Walla University in College Place, Wash. The committee

meets once a quarter to represent membership between constituency meetings.

Alaska Investment Project:

Approved a proposal to the North American Division to apply for available 13th Sabbath World Mission and Sabbath School Investment offerings to fund an Alaska Village Initiative suicide prevention project. This two-year thrust will target the village of Savoonga. The goal is to place a worker team to develop and implement programs to increase the quality of mental and spiritual health within the community.

Native Ministries Funding:

Voted to approve a formal request that asks the North American Division to reconsider plans to phase out financial support of special Native Ministries Northwest and Canadian program.

Membership Growth:

Reviewed baptisms and professions of faith which show a marked increase over last year's first quarter figures—639 this year compared with just 459 in 2007.

Additional information on these and other items is available on the Gleaner Web site at www.gleaneronline.org.

Steve Vistaunet



School of Engineering Hosts Youth for LEGO Challenge

Nineteen teams participated in the FIRST LEGO League and Junior FIRST LEGO League competitions in April on the campus of Walla Walla University.

FIRST—For Inspiration and Recognition of Science and Technology—was founded in 1989 by Dean Kamen, New Hampshire inventor. The organization's goal is to create exciting ways for students to learn about math, science and engineering.

It is the goal of WWU's School of Engineering to inspire the minds of young engineers. The ages of this year's participants ranged from 6 to 18 years old. They came from as far away as Nome, Alaska, and as close as Rogers Adventist School in College Place, Wash.

Elementary and middle school teachers, or even an interested parent or coach, has

the ability to enroll students. They then provide the students with a programmable LEGO brick called a Mindstorm™, and allow them to design, build and attach appendages for executing various tasks.

The project for 2008 involved analyzing a power puzzle. Teams did research and presented their findings at the challenge.

One of the four judging criteria required teams to perform several missions with their robots on a table of LEGO parts. These included putting a solar panel on a house; setting a dam between two banks of a river; moving trees that needed planting; taking oil barrels off of a drilling platform; and several other engineering feats.

Points were rewarded based on the number of tasks completed, and were deducted when robots required human



A WWU engineering student plays referee for the competing teams.

intervention to continue.

Awards were presented to: Robo Ranchers (a home school team) for Robot Design; BV Bots (Buena Vista) for Robot Performance; The Roadrunners (Emerald Christian) for Teamwork; and Red Baronz (Cedarhome) for Project Presentation.

The Champions Award was given to the three top teams: Team UCA (Upper Columbia Academy), Parabolos (Spokane Jr. Academy), and Greener Than Ever (Sager Elementary). The teams who received the Champions Award were invited to go to the Adventist Robotics League National Challenge, which was hosted at Andrews University in May.

Scoring was based on points. It was possible for multiple teams to place first, second or third in the same category. All participating teams received certificates for their individual achievements.

"This is our third year, and I was very pleased with the

coordination and help from the volunteers," says Marlene Baerg, WWU's School of Engineering associate dean and LEGO event coordinator. "We are all looking forward to seeing the participants in the engineering world in the near future."

North Pacific Union Conference summer camps are now running LEGO robotics activities as a result of the encouragement of the School of Engineering.

WWU's School of Engineering will host a weeklong seminar in June for potential coaches for next year's teams. For more information about the seminar, visit www.engr.wallawalla.edu/lego.

For more details about participating in next year's event, visit the above Web site or call (509) 527-2765. •

Marcie Anglen, WWU junior, health education



Team members operate a bot.

AMC Provides Emotional Support Through Palliative Care

Like so many mothers, Linda's life was busy, working and taking care of her husband and three children. Then last spring, when the 47-year-old mother went to her doctor, he admitted her to Adventist Medical Center in Portland, Ore., with shortness of breath and a cough. Her initial diagnosis was pneumonia, but unfortunately, additional tests revealed Linda had stage IV lung cancer.

Her physician realized that chemo and radiation were not going to give her positive outcomes, and so he contacted the hospital's newly formed Palliative Care Team. The primary goal of the team is to connect with patients and families early and to assist with needs throughout the course of an illness.

When the team met Linda, her first and most pressing question was, "How do I tell my kids?" during her first week of hospitalization, the Palliative Care Team provided enormous emotional support as she dealt with a range of emotions. The team worked with Linda, her husband and her parents to provide information about how to talk to the kids.

Linda went home in November with an appointment to see an oncologist for treatment. She knew that it would be for palliative—not curative—care. Her goal was to live as long as possible for her kids.

Later that month, Linda was again admitted to the hospital with chest pain and shortness of

breath. Despite chemotherapy, her disease had progressed. While in the hospital, the physicians gave her a grim prognosis and contacted the Palliative Care Team.

Linda's biggest concern again was her children. She and her husband had told the children about the cancer but hadn't revealed how serious the condition was. The team again worked with Linda and her family about how to talk to the kids.

Near Thanksgiving, Linda went home, but her condition was declining rapidly. With Linda's death expected in hours to days, the family asked the team to help them tell the children what was to come.

The team prepared an empty patient room and gathered the family and their pastor. When the children heard the news, the 10-year-old began to scream, the 14-year-old started to cry, and the 18-year-old stood quietly. Eventually, they calmed down and asked questions. The Palliative Care Team and the adult family members answered questions and reassured them their feelings were OK.

The family spent the afternoon and evening close to Linda, continuing to lean on the team for strength. Linda died quietly and peacefully with beauty, tenderness and dignity. •

Judy Lindsay Leach, edited by Shawna Malvini, Adventist Health GLEANER correspondent



What is palliative care?

Palliative care is an interdisciplinary team approach to care aimed at relief of suffering, preservation of dignity and support for the best quality of life for anyone dealing with a serious illness, at any time, regardless of diagnosis, prognosis or treatment. Care is focused on the whole person, offering assistance with physical, spiritual, emotional and cultural needs in conjunction with all other appropriate care.

How do I find out more?

For more information about palliative care at AMC, call (503) 257-2500 or visit www.adventisthealthnw.com. •



THE ADVENT MOVEMENT

Dale Beaulieu returned to his position as part-time auditor for the Oregon Conference in April after serving as the conference's interim treasurer. **Richie Brower** has resigned his positions as Upper Columbia Conference church planting coordinator and JoySpring Adventist Ministry pastor in Spokane, Wash. **Cheri Corder** has left her position as UCC Sabbath School and Community Services coordinator to accompany her husband, Jon, who became Oregon Conference vice president for finance in March. **Wayne Kablanow** became the new UCC church planting coordinator in April. **Steve Kirkwood** left his position in the Oregon Conference planned giving & trust services department in April to join the Lewis & Clark College accounting department. **Darayl Larsen** will retire from the Moses Lake (Wash.) Church as pastor in July. **Dave Moench** has left the Tacoma (Wash.) Southside Church for a sabbatical and will become the Oak Harbor (Wash.) Church pastor upon his return in July. He will also be assisting at the Cedarhome Church in Stanwood (Wash.). **Rudy Salazar**, Gresham (Ore.) English and Spanish districts pastor, has accepted an invitation to join the planned giving & trust services department at the Oregon Conference.

INSIDE SCOOP

Howard New Mid-America President

Roscoe J. Howard III is the new president of the Mid-America Union of Seventh-day Adventists. He was elected by the union executive committee, and becomes the fifth president of the Mid-America Union and the first African-American to hold the post. Howard succeeds Dennis N. Carlson, who accepted an invitation to serve Walla Walla University as vice president for advancement.

Roscoe J. Howard III joins the Mid-America Union as its new president.



Amazing Facts and Weimar Institute Join

After two years of heartfelt prayer, study and discussion, Amazing Facts and Weimar Institute have agreed to a new joint venture. The operations of Weimar Institute will be administered by Amazing Facts with a new board of directors providing direction to both ministries. Look for announcements as plans unfold at www.amazingfacts.org.

New Web-access for Sabbath School Subscriptions

Pacific Press and Adventist Book Centers have developed a Web site to provide churches with online access to their standing orders for Sabbath School materials. This new system will shrink the lead time needed to make changes to standing orders by a month. It will also allow churches to instantly view Sabbath School materials they currently subscribe to. For more information on the Web site, contact Warren Riter at warrit@pacificpress.com or Adventist Book Centers at (800) 765-6955.

Guide Magazine Offers Online Media Reviews

Guide magazine has launched a new section on its Web site (guidemagazine.org) called Screen Smart, which will provide reviews of current movies, video games and other media targeted to ages 10–14. The reviews will provide Bible-based guidance from an Adventist perspective. Rather than recommending media, they will point out positive and negative aspects, as well as provide Bible-based thought questions for families. Check it out at www.guidemagazine.org.



Patzer Lymphoma Updates

For the very latest on Jere Patzer's lymphoma treatment, visit www.npuc.org. The home page has a link to all of the updates from Jere and his wife, Sue, and provides the most current information.



Ed and Dorene Aronson

Aronson 50th

Ed and Dorene Aronson celebrated their 50th wedding anniversary with an open house potluck at their daughter Jannell's home in Battle Ground, Wash.

Edward J. Aronson and Dorene L. Weseman were married Aug. 18, 1957, in Mountain View, Calif. Early on, Ed did tile work, worked at a concrete company, was

a truck and school bus driver, and a dental technician. But the majority of his career has been in nursing home administration and ownership. Dorene has been a bookkeeper, working with Ed for most of that time.

The Aronson family includes Cindy Brooks of Vancouver, Wash.; Jannell and Steve Johnston of Battle Ground, Wash.; Jeff and LaDonna (Elkins) Aronson of San Jose, Calif.; Cheri Hopkins of Vancouver; and 8 grandchildren.

Clinton 90th

Margaret Clinton celebrated her 90th birthday with friends and family on March 8, 2008, in the Sunnyside (Wash.) Church fellowship room. She is a longtime member of the Granger (Wash.) Church.

Margaret Palmer was born April 25, 1918, in Crawford, Neb., to Roland and Jessie Palmer. When she was 15 her family moved to Chehalis, Wash. Margaret graduated from Auburn Academy in 1938. After her marriage to Wesley Wendt she moved to the Yakima Valley where she continues to make her home. In 1977, Margaret married James Clinton. Both Wesley and James are deceased.

Margaret has been a full-time mother to five children, a homemaker, a senior care giver and an active member of her church. She loves to sing and surprised her family with a solo at her birthday party.

Her birthday celebration included a light supper and musical program and was hosted by her children and grandchildren.

Margaret's family includes Dennis and Judy Wendt of Pullman, Wash.; Victor and Sue Wendt of Chewelah, Wash.; Wanda Zeman of Bonney Lake,

Wash.; Bonnie Wexler of Coos Bay, Ore.; 13 grandchildren and 11 great-grandchildren.

Duncan 95th

Martha (Peterson) Duncan celebrated her 95th birthday with a family gathering in her daughter's home on April 5, 2008.

Martha Peterson was born April 7, 1913, in Forest Grove, Ore. Martha graduated from Walla Walla College (now University) in 1939. She was a school teacher at Adventist schools for 11 years in Washington, Oregon, Idaho and Puerto Rico. She also taught public school for about three years in Montana. She met her husband Melvin while teaching at Nordland, Wash., and that is where they were married. She worked with Mel, helping him build eight houses in Idaho. After retiring from building, the two made over 500 quilts for the church. Mel died in 2007 after 66 years of marriage.

Martha's family includes RuthAnne and Jim Gruber of Soap Lake, Wash.; Donald Duncan of Lakewood, Wash.; and 2 grandchildren.

Eastwood 90th

Lucille (Engvall) Hood Eastwood celebrated her 90th birthday May 4, 2008, in Wenatchee, Wash., with a birthday party thrown by her children.

Lucille Engvall was born May 4, 1918, in Brooklyn Center, Minn. She was an office clerk for Boeing in Seattle during World War II. She also worked in the A&P Food Store Regional Office in Seattle, as well as for Robert Bolton as a nursing assistant in Wenatchee, Wash.

Her family includes John and Neenah (Hall) Hood of

Cathedral City, Calif.; Arland and Jackie (Jacque) Eastwood of Union Grove, Wis.; Stephen P. and Ruby (Eastwood) Harden of Wenatchee, Wash.; 10 grandchildren and 3 great-grandchildren.



Lonnie and Lillie House

House 60th

Lonnie and Lillie House celebrated their 60th wedding anniversary with a family dinner.

Lonnie House and Lillie Taylor were married in Bentonville, Ark., on April 21, 1948. Soon after their marriage they moved to Wenatchee, Wash., where they have lived for 56 years. Lonnie worked at Keokuk, a silicone plant, in Rock Island, Wash., for 26 years. Lillie worked in sales in Wenatchee for 15 years. They also owned a pear and apple orchard in Peshastin, Wash., and retired in 1990.

In 1973, Lonnie and Lillie were baptized at the Cashmere Church, where they still have their membership today. They enjoy reading the Bible daily and the books of Ellen G. White and are truly looking forward to the soon, second coming of Jesus Christ.

The House family includes Leroy and Peggy House Sr.

GUIDELINES

*The required forms for Family listings are available at www.gleaneronline.org by clicking on **Contributors' Information** (in the left panel). You simply scroll down to find a printer-friendly PDF file you can print out. If you don't have a computer, have someone else print out the form for you. Then fill in the information and mail it to **GLEANER Family, 5709 N. 20th St., Ridgefield, WA 98642**. Or you can log in and fill out the appropriate form online. Step-by-step how-to instructions are available under **Tips for Authors**, at the same location, to help you through the process.*

M I L E S T O N E S

of Entiat, Wash.; Lois Ellen House of East Wenatchee, Wash.; Lonnie and Delinda House Jr. of Cashmere, Wash.; 5 grandchildren and 4 great-grandchildren.

Klein 50th

Darrell and Narlita Klein celebrated their 50th wedding anniversary Nov. 6, 2007, in Spokane, Wash., with a family dinner at the Davenport Hotel.

R. Darrell Klein married Narlita M. Nieman Nov. 9, 1957, at the Greenlake Church in Seattle, Wash. Darrell and Narlita met in June 1956 on the last Sabbath evening of camp meeting in College Place, Wash. They made their first home in College Place and one year later moved to Lebanon, Ore. They lived there for a few years before moving to Spokane, Wash. They both worked for Hyland,

Inc. They were transferred to Shelton, Wash., to manage a retirement facility when, after eight years, another company claimed ownership Narlita went to work as manager of General Nutrition Center for 25 years before retiring. Darrell managed a 15-unit apartment building in Spokane before retiring. Later he worked for First Student on a school bus attending handicap children. During the holidays he is the star Santa Claus at the Spokane Valley Mall.

The Klein family includes Julie Moseley of Sprague River, Ore.; Connie and Kenneth Klein of Brooklyn, N.Y.; Diane and John Pease of Crow Agency, Mont.; 9 grandchildren, a step-grandchild, 2 great-grandchildren and 3 step-great-grandchildren.

W E D D I N G S

BARSTOW-BALDWIN—Jael Barstow and Daniel Baldwin were married April 13, 2008, in Corvallis, Ore. They are making their home in Portland, Ore. Jael is the daughter of Michael and Cheryl (Middleton) Barstow. Daniel is the son of Norman and Donna (Stafford) Baldwin.

BUELL-SPANGLER—Andrea "Annie" Buell and Jesse Spangler were married April 13, 2008, in McMinnville, Ore. They are making their home in Abbotsford, British Columbia, Canada. Annie is the daughter of Dan and Cindy (Harper) Buell. Jesse is the son of Dan and Terri (Asher) Spangler.

DELAND-GARTIN—Susan E. Deland and William C. Gartin were married Dec. 29, 2007, in Medford, Ore., where they are making their home.

MOJICA-SAUZA-CASE—Susan Mojica-Sauza and Rob Case

were married April 5, 2008, in Portland, Ore. They are making their home in Tillamook, Ore. Suzan is the daughter of Ruben and Esmirna Sauza-Mojica. Rob is the son of Bob and Joyce Carpenter-Case.

WATSON-CALDWELL—Loris Watson and Marvin Caldwell were married Oct. 21, 2007, in Redmond, Ore. They are making their home in Sisters, Ore. Loris is the daughter of the late Howard and Helen Watson. Marvin is the son of the late Fred and Barbara Caldwell.

WATSON-THOMAS—Mary E. Watson and David P. Thomas were married Sept. 22, 2007, in Boise, Idaho, where they are making their home. Mary is the daughter of Frank and Cecilia Watson. David is the son of Phil and Kathy Thomas and Claudia and Bob Sanders.

B I R T H S

BYRAM—Jayden James was born April 2, 2008, to Thomas W. and Rosemaryne H. (Gumarang) Byram, Salem, Ore.

CUELLAR—Tucker Steven was born Nov. 29, 2007, to Mike and Kayla (Thietten) Cuellar, Twin Falls, Idaho.

EDWARDS—Keaton Broderick was born Oct. 19, 2007, to Paul and Kristin (Anderson) Edwards, Woodland, Wash.

GROSSMANN—Marisa Rose was born March 11, 2008, to Jamie and Kristen (Greiner) Grossmann, Spanaway, Wash.

PAHLS—Madeleine Elise was born July 4, 2007, to Brent and Heidi (Apuy) Pahls, Coquille, Ore.

PHILBY—Vance Daniel was born March 15, 2008, Robert Philby and Danielle Blank, Medford, Ore.

ROGERS—Mae Briann was born Jan. 25, 2008, to Maurice A. and Ruth A. (Nelson) Rogers, Scappoose, Ore.

VAN HISE—Courtney Elizabeth was born Feb. 27, 2008, to Milton and Melinda (Cornell) Van Hise, Snohomish, Wash.

A T R E S T

AERNI—May Phyllis (Wagner), 78; born May 29, 1929, Jamestown, N.D.; died March 18, 2008, Albany, Ore. Surviving: sons, Monte Aerni, Spokane, Wash.; Steven Aerni, Albany; 6 grandchildren and 8 great-grandchildren.

ASTLEFORD—Esther (Vitale) Sparto, 99; born Feb. 1, 1909, Cicciano, Italy; died Feb. 1, 2008, Billings, Mont. Surviving: daughters, Rita (Sparto) Kershner, Billings; Debbie (Sparto) Vance, San Bernardino, Calif.; brother, John Vitale, Riverside, Calif.; sister, Veda Storie, Xenia, Ohio; 7 grandchildren, 8 great-grandchildren and a great-great-grandchild.

BOHNKE—Ernest, 79; born May 9, 1928, Okotoks, Alberta, Canada; died April 13, 2008,

College Place, Wash. Surviving: wife, Pauline (Madarash); son, Arlen G. E., Tillamook, Ore.; daughter, Geraldine L. Goe, College Place; 6 grandchildren and a great-grandchild.

BORTNER—James "Jim" H., 79; born June 4, 1928, Castle Rock, Wash.; died March 16, 2008, Sunbury, Ohio. Surviving: wife, Beatrice "Bea" (Liu), Walla Walla, Wash.; and sister, Margaret Rogerson, Bellevue, Wash.

CAMPBELL—John P., 67; born May 26, 1941, Chicago, Ill.; died April 17, 2008, Moreno Valley, Calif. Surviving: wife, Patricia (Berkshire), Naselle, Wash.; son, John Jr., Moreno Valley; daughters, Jo Johnson and Janice Johnson, both of Naselle; brothers, Robert, Yuma, Ariz.;

Find more family listings online at:
www.GleanerOnline.org



Family A T R E S T

Thomas, Galesburg, Ill.; sister, Mary Munyon, Grants Pass, Ore.; and 6 grandchildren.

CARLSSON—Ethel V., 86; born Jan. 7, 1922, Malmo, Sweden; died March 27, 2008, Walla Walla, Wash. Surviving: sister, Gretta S. (Carlsson) Andersson, Boras, Sweden.

COLLVER—Ada Madeline (Carr), 82; born Feb. 5, 1926, Miller, S.D.; died March 10, 2008, Tualatin, Ore. Surviving: husband, Dale N., Aurora, Ore.; sons, Robert D. Sr., Dayton, Ore.; Bruce E., Keizer, Ore.; daughters, Joyce A. (Hicks) Segers and Beverly D. Seilex, both of Beaverton, Ore.; brothers, Clifford Carr, Aloha, Ore.; Kenneth Carr, Woodburn, Ore.; sisters, Helen Stephens and Vera Stephens, both of Corvallis, Ore.; Carol Ruth Young, Casa Grande, Ariz.; 12 grandchildren and 27 great-grandchildren.

DEVITT—Archie R., 87; born Dec. 4, 1920, Milnor, N.D.; died Dec. 16, 2007, Longview, Wash. Surviving: wife, Mickey (Schultz); daughter, Kathy E. Moor, Longview; brother, Roger Devitt, Redmond, Ore.; and 4 grandchildren.

GAVIN—Valenchia A. (Mayes), 63; born Nov. 6, 1944, Jackson, Miss.; died Feb. 14, 2008, Walla Walla, Wash. Surviving: husband, Jamie; sons, James P. and Nicholas E., both of Walla Walla.

HALLOCK—Sylvia E. (James), 85; born Jan. 3, 1923, Eugene, Ore.; died March 14, 2008, Walla Walla, Wash. Surviving: husband, Howard L.; son, Kenneth R., Buckley, Wash.; daughters, Judy L. Schneider, Gentry, Alaska; Brenda J. Mulder, Shafter, Calif.; brothers, Gordon James, Coeur d'Alene, Idaho; Wilbur James, Dallas, Ore.; sister, Arlean Bechtel, Talent, Ore.; 6 grandchildren and 4 great-grandchildren.

JONES—Lester "Les" Leroy, 80; born March 4, 1927, Neola, Iowa; died Feb. 22, 2008,

Corvallis, Mont. Surviving: wife, Mildred J. (Fowler); sons, David, Corvallis; Charles Hinkley, Pasco, Wash.; brothers Ralph and Frank, both of Tucson, Ariz.; and sisters, Beverly McQuin, Darlene Civrtella and Elaine Moore, all of Tucson.

KRIEGER—Harold W., 86; born March 4, 1922, Portland, Ore.; died April 1, 2008, Pendleton, Ore. Surviving: wife, Opal (Bigelow); son, Gary, Echo, Ore.; daughters, Cherene Krieger and Sharon Wright, both of Sutherlin, Ore.; Karen Ojala, Stayton, Ore.; Linda Morris, Connie Porter and Lisa Krieger, all of Pendleton; brothers, Ralph, Forest Grove, Ore.; Marvin, Goldendale, Wash.; sister, Evelyn Spofford, Republic, Wash.; 12 grandchildren and 13 great-grandchildren.

LAWSON—Dorothy Mae (Perce), 80; born Sept. 28, 1927, Portland, Ore.; died March 11, 2008, Salem, Ore. Surviving: daughter, Patricia D. Sauls, Mill City, Ore.; and sister, Darlene Lovelady, Portland.

LEMONS—John L., 92; born June 12, 1915, Hillside, Colo.; died April 2, 2008, Medford, Ore. Surviving: wife, Virginia (Newbold); sons, Dan, Eldon, John M. and Steven, all of Medford; daughter, Bonnie Lemons, El Granada, Calif.; 3 grandchildren and a great-grandchild.

LOPEZ—Josephine Marie (Lara), 79; born March 18, 1929, Santa Barbara, Calif.; died Jan. 24, 2008, Medford, Ore. Surviving: husband, Manuel; daughters, Verita Montoya and Doris Lopez, both of Medford; 6 grandchildren, 8 great-grandchildren and a great-great-grandchild.

MAJOR—Emma Geanne (Swan), 81; born Nov. 16, 1926, Boise, Idaho; died March 16, 2008, Boise. Surviving: husband, Alton, New Plymouth, Idaho; daughters, Jeanne Gorham, Pendleton, Ore.; Nelwynn

Holland, New Plymouth; sisters, Betty Morgan, Kalispell, Mont.; Hazel Madarieta, Casa Grande, Ariz.; 3 grandchildren, 2 step-grandchildren, 7 great-grandchildren, 5 step-great-grandchildren and 5 step-great-great-grandchildren.

MEEHAN—Betty-Jo (Campbell), 82; born March 20, 1925, Twin Falls, Idaho; died Feb. 27, 2008, Grants Pass, Ore. Surviving: son, Randall Meehan, Grants Pass; daughter, Sharon Clary, Grants Pass; brothers, Don Campbell, Escondido, Calif.; James Campbell, Bill Campbell, Kingman, Ariz.; John Campbell, Elkhart, Texas; sisters, Mary Gordan, Vancouver, Wash.; Carol Vance, Elkhart; and a grandchild.

MEISNER—Alfred A., 85; born Feb. 27, 1923, St. Helens, Calif.; died March 10, 2008, Pendleton, Ore. Surviving: wife, Melba (Rich); sons, Stanley, Columbus, Mont.; Garrett, Portland, Ore.; Gerald, Pendleton; brother, Merlin, of California; sisters, Rosetta Guernsey and Elouise Baker; 11 grandchildren and 19 great-grandchildren.

MERICKEL—Charles R., 91; born Sept. 20, 1916, Mapleton, Minn.; died March 17, 2008, Portland, Ore. Surviving: wife, Stacia (Alexenko); son, Charles, Groves, Texas; daughters, Phyllis Wilson, Portland; Donna Judy, North Port, Fla.; 7 grandchildren and a great-grandchild.

MURR—David J., 84; born June 9, 1923, Yukon, W.Va.; died Dec. 19, 2007, White City, Ore. Surviving: wife, Carol (Ford); sons, David J., Auburn, Wash.; Martin, Ketchikan, Alaska; Dan, Grand Ronde, Ore.; stepson, James Justice, Montgomery, Ala.; daughters, Karrie Justice, White City; Billie Jeanne Murr, Arlington, Wash.; Sandy Murr, Barrington, Wash.; Lena Murr and Ila Murr, both of Paso Robles, Calif.; 18 grandchildren, a step-grandchild and 7 great-grandchildren.

NESS-ROUSE—Ena (Wells), 97; born Sept. 16, 1910, Carberry, Manitoba, Canada; died Dec. 18, 2007, Bremerton, Wash. Surviving: son, Morley Ness, of Arizona; stepsons, Bill Rouse, Walla Walla, Wash.; Dean Rouse, Lynden, Wash.; Dennis Rouse, Keizer, Ore.; daughter, Milla (Ness) Werner, Belfair, Wash.; 24 grandchildren, 9 great-grandchildren and 3 great-great-grandchildren.

NEWTON—Barbara C. (Lutz), 48; born Sept. 18, 1959, Walla Walla, Wash.; died Feb. 21, 2008, Burleson, Texas. Surviving: husband, Clarence; son, Samuel, Burleson; daughter, Sarah Newton, Burleson; parents, Alvin and Marie (Bolton) Lutz, College Place, Wash.; brother, Richard Lutz, Walla Walla; sisters, Karen Bickford and Dorothy Lutz, both of College Place; and Maryann Barrett, Bellingham, Wash.

PAYNE—M. Kenneth, 71; born March 7, 1936, Bozeman, Mont.; died Jan. 14, 2008, Monroe, Wash. Surviving: wife, Jean (Pies) Kaeser; sons, Kenneth and Delbert Steinhurst, both of Walla Walla, Wash.; Brian Kaeser, Juneau, Alaska; Arthur Payne, Monroe; daughters, Rosemary Kaeser, Portland, Ore.; Valarie Kaeser, Keizer, Ore.; Mary Harmon, Loveland, Ore.; sisters, Ruth Shoepe, Beaverton, Ore.; Roberta Crady, Turlock, Calif.; 9 grandchildren and 2 great-grandchildren.

PEARCE—Edsel Dan, 79; born March 20, 1928, Rogue River, Ore.; died Dec. 3, 2007, Medford, Ore. Surviving: brother, Donald, Crescent, Ore.; and twin sister, Edolene Jolliffe, Jacksonville, Ore.

POOLE—Joan E. (Selfe), 84; born Sept. 7, 1923, Wales, England; died March 19, 2008, Salem, Ore. Surviving: husband, Vernon; son, David, Orlando, Fla.; daughter, Elizabeth Poole, Salem; brother, William Selfe,

Continued on page 36

HealthyChoices

with *Dr. Don Hall*

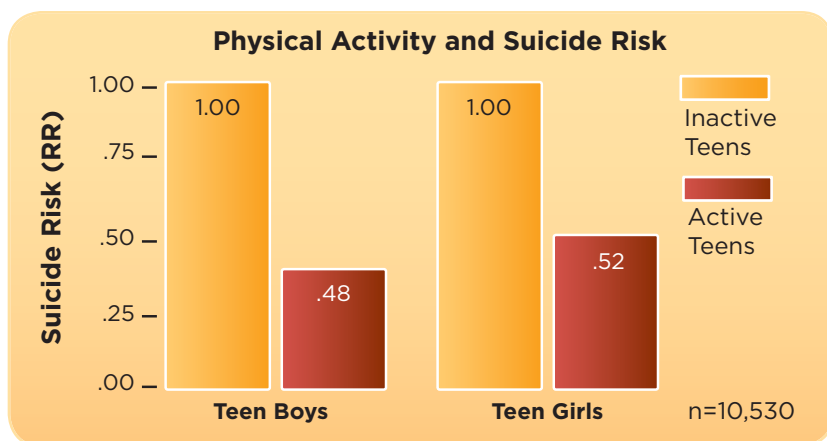


Eating Too Much Salt Weakens Bones

A high salt intake increases calcium loss from bones, especially in people with a marginal calcium intake. In a study of 124 postmenopausal women, researchers found the higher the sodium (salt) intake, the lower the bone density. This reinforces the need to limit sodium consumption—not only to prevent hypertension, but also to prevent osteoporosis (weak bones) and fractures. Researchers observed that people need to limit sodium intake to 1500 milligrams daily to prevent this excess loss of calcium that weakens the bones. Find the sodium content of common foods at www.wellsource.org/handouts/Sodium-Content.pdf.

Physical Activity Reduces Suicide Risk

Suicide is the third-leading cause of death for teens in the United States. Factors such as depression, smoking, alcohol use and drug use are closely related to increased risk of suicide. Inactivity in high school students is also a risk factor, according to a recent study. Researchers found that boys who got frequent, vigorous physical activity cut their risk of suicide attempts by more than half (52 percent) when compared to inactive students. Girls who were moderately active cut their risk by almost half (48 percent). The study also found significantly lower suicide rates in teen boys who participated regularly in sports at their schools. Girls showed a lowered risk, too, but it didn't reach significance when adjusted for all other risk factors. Physical activity is powerful medicine for teens and adults. Read more at www.wellsource.org/handouts/Physical-Activity.pdf.



Ask the Doctor

Q: I've heard that green tea is good for your health. Should I drink green tea daily for better health knowing it also contains caffeine?

A: There are many references to the benefits of green tea in the media, but there's more than meets the eye. Dr. Don Hall answers the question at www.wellsource.org/ask/greentea.pdf.



Four Ways to Improve Your Walking Technique

On your next walk, think about these four ways you can improve your walking technique—tips that will benefit your walk and your health, suggests Mark Fenton, former host of the PBS series *America's Walking*.

■ **Stand tall.** Posture matters. Focus on the horizon, keep your shoulders back, and tuck your abs to avoid arching your lower back.

■ **Take quicker steps, not longer.** Your stride will lengthen as you pick up speed, but don't force yourself to take longer steps.

■ **Bend your arms.** Bring them up to a 90-degree angle, no more. Keep your elbow fixed. Your hands come to the center line in front of your body but do not cross. Faster arms will make faster feet.

■ **Push off with your back foot for power.** Generate push at the end of each step as your leg prepares to swing forward. You should feel as if you're showing the sole of your shoe to someone behind you.

Don Hall, DrPH, CHES, is founder and CEO of Wellsource, Inc. in Portland, Oregon



Family A T R E S T

Powder, Ore.; and a grandchild.

PROHASKA—Lynn J., 82; born Dec. 23, 1925, Boise, Idaho; died April 18, 2008, College Place, Wash. Surviving: wife, Nina L. (Stewart); son, Lynn J., Meridian, Idaho; daughter, Karen K. Adams, Walla Walla, Wash.; brother, Forest, Eagle, Idaho; 4 grandchildren and 6 great-grandchildren.

RABER—Dorothy (Schafer), 88; born Jan. 2, 1920, Lumby, British Columbia, Canada; died Feb. 22, 2008, Brewster, Wash. Surviving: son, Bob Raber, San Jose, Calif.; daughters, Bonnie Dodge, Brewster; Marilyn McCrary, Orofino, Idaho; 4 grandchildren and 2 great-grandchildren.

RASMUSSEN—Ethel (Emery), 101; born Dec. 14, 1906, Pipestone, Minn.; died April 4, 2008, Portland, Ore.

REEVES—Alvin, 89; born May 27, 1918, Arkansas; died March 28, 2008, Roseburg, Ore. Surviving: wife, Frances; sons, Elton, of Texas; Marshall, of California; Kim, Coos Bay, Ore.; daughters, Carol and Jeanne, both of California; Kristy Scherner, Roseburg, Ore.; and Laurie Lang, Winston, Ore.

RHOADS—Louise M. (Kerr), 83; born Aug. 6, 1924, Portland, Ore.; died March 27, 2008, Boring, Ore. Surviving: son, Martin, Beaverton, Ore.; daughters, Cathy Fowke and Jeanette Pritchard, both of Goldendale, Wash.; sister, Elinore Fisher, Beaufort, S.C.; and 5 grandchildren.

RIDGLEY—Donald A., 88; born Oct. 8, 1919, Kalispell, Mont.; died March 16, 2008, Albany, Ore. Surviving: wife, Dorothy F. (Jones); sons, Larry, Albany; Leland, Boise, Idaho; daughter, Susan Ridgley, Post Falls, Idaho; brothers, Harry, Loma Linda, Calif.; and 4 grandchildren.

RUPERT—Georgia Elva (Weimer), 91; born April 14, 1916, Cambridge, Idaho; died Feb. 18, 2008, Portland, Ore. Surviving: son, J. Byron, Enumclaw, Wash.; daughters, Pamela Leslie, Lacey, Wash.; Karen Stefonek, Corbett, Ore.; 4 grandchildren, 4 step-grandchildren, 6 great-grandchildren and 4 step-great-grandchildren.

SHEPARD—Earl L., 86; born March 22, 1921, Fort Lauderdale, Fla.; died March 13, 2008, Pendleton, Ore. Surviving: wife, Margaret

(White); daughters, Lorrie Townsend, of California; Shirley Bruner, Pendleton; Pearl Younker, Juneau, Alaska; Nancy Freeland, Goldendale, Wash.; sister, Grace Williams, of Arizona; 11 grandchildren and 7 great-grandchildren.

SOULE—Betty Ann (Howerton), 73; born Nov. 26, 1933, Klamath Falls, Ore.; died Nov. 25, 2007, Caldwell, Idaho. Surviving: husband, Milton, Fruitland, Idaho; sons, Terry, Caldwell; Kim, Fairbanks, Alaska; daughter, Robin Brown, Nampa, Idaho; and 9 grandchildren.

STEWART—Kenneth L., 52; born April 6, 1956, Leavenworth, Wash.; died Jan. 31, 2008, Port Orchard, Wash. Surviving: wife, Carolyn (Walls); daughters, Crystal Jutte, Lynnwood, Wash.; Tara Stewart, Port Orchard; parents, Kenneth D. and Sandy Stewart, Cashmere, Wash.; stepbrothers, Joe and Billy Durham; sister, Jeannie Leno, Boise, Idaho; stepsisters, Brenda Huber and Darla Syas; and 2 grandchildren.

SUMMERS—James Emerson, 81; born Oct. 19, 1926, Elkview, W.Va.; died March 6, 2008, Grants Pass, Ore. Surviving:

wife, Katie Mae (Jones); daughters, Cathy Gohl, Grants Pass; Sandra Smith, Rogue River, Ore.; brother, Ronald Summers, Portsmouth, Va.; sisters, Ernestine Stump, Richmond, Texas; Helen Withrow, Elkview; Marge Wills, Searcy, Ark.; Peggy Summers, Clendenin, W.Va.; and 3 grandchildren.

TORKELSON—Theodore Racine, 94; born Nov. 22, 1913, Atchison County, Kan.; died March 29, 2008, Mount Angel, Ore. Surviving: daughter, Sharon Jones, Silverton, Ore.; brothers, Fred, Stilesville, Ind.; Oscar, Greenbrier, Tenn.; 2 grandchildren, 3 step-grandchildren and 2 great-grandchildren.

WILSON—Roan A., 79; born Dec. 8, 1928, College Place, Wash.; died March 6, 2008, Longview, Wash. Surviving: husband, Everett; sons, Duane, Kelso, Wash.; Daryl and David, both of Longview; daughters, Diane Weseman, Fife, Wash.; Debbi McCluskey, Vancouver, Wash.; brother, Al Bernard, Woodside, Calif.; sister, Cathie Schilling, Fountain Valley, Calif.; and 11 grandchildren.



ANNOUNCEMENTS

NORTH PACIFIC UNION

Offerings

June 7—Local Church Budget; **June 14**—Adventist Chaplaincy Ministries*; **June 21**—Local Church Budget; **June 28**—Local Conference Advance.

*Worship leaders, please go to www.adventistchaplains.org and click on the link, "ACM Bi-annual Offering" to find masters for bulletin inserts for the Adventist Chaplaincy

Ministry offering June 14. You will also find some suggested offering appeals, facts and short articles useful in making the offering appeal. Thank you for informing your members about this special ministry of presence that represents our church in public college and university campuses, prisons, hospitals and the military.

Special Days

Curriculum Focus for the Month—Church Growth and Evangelism+

June 14—Women's Ministries Emphasis Day
+Curriculum resource materials are published in NAD church resource journals—*Sabbath School Leadership*, *Celebración*, *Célébration*, *Kids' Ministry Ideas*, and *Cornerstone Youth Resource Journal*.

WALLA WALLA UNIVERSITY

June 7-8—The Festival of the Actors returns to WWU. June 7 show at 9 p.m.; June 8 show at 8 p.m., both on the Donnie Rigby

Stage. For ticket information, call (509) 527-2158, or visit drama.wallawalla.edu. **June 13-15**—Graduation Weekend. Commencement begins at 8:30 a.m. on Centennial Green on Sunday, June 15. For details on other weekend events, visit wallawalla.edu/graduation.

ALASKA

Legal Notice

Notice is hereby given that the 15th Regular Constituency Session of the Alaska

Questions? Ask PJ

If I ask for forgiveness, am I forgiven?

I believe the devil uses two tools to trip us in the journey of forgiveness: failure and guilt. If he can either make us believe that God can't forgive our mistakes or continue to bring our failures to mind then he can keep his hold on us.

God wants us to enjoy the freedom that His sacrifice has brought to you and me. He wants us to experience the privilege of being free from our sins.

Is it really that easy? Yes, it is! Jesus died on the cross and took the punishment for all our sins. However great or small we think they are, He paid the price. But it's not easy for some of us to accept that gift.

Sin, guilt and failure move us away from God. Forgiveness is what brings us back.

In his book *The Gospel of Luke*, William Barclay relates the following story: President Abraham Lincoln was asked one time how he was going to treat the rebellious Southerners when they had finally been defeated and returned to the Union of the United States. The person asking the question expected that President Lincoln would take a dire vengeance, but he answered, "I will treat them as if they had never been away."

Psalm 103:10-12 (NIV) says, "He does not treat us as our sins deserve or repay us according to our iniquities... As far as the east is from the west, so far has He removed our sins from us."

Jesus' great gift of forgiveness means He treats us as if we had never been away.

God bless you and Keep looking up! •

P.J. Deming, Milo Academy youth pastor and vice principal



ANNOUNCEMENTS

Conference will be held in the Palmer Auditorium on Maud Road, July 20, 2008, at 9 a.m. The purpose of the session is to receive reports of conference activities for the quadrennium ending July 20, 2008, to elect officers, departmental directors, a conference executive committee, a constitution and bylaws committee, do strategic planning and to transact any other business that may properly come before the delegates in session.

Ken Crawford, President
Edward Dunn, Secretary

Missing Members

Wrangell Church is looking for missing members: Jeremy Black, Tyler Bower, Violette Byford, Sonja Clemmons, Dennis Eastaugh, Rosemary Ruoff, Travis Kowalski, Laura Massin, Arlene Phillips, Robert Riplinger, Karen Washington, Stan Wesley. If you have any information, please contact Dave Brown, pastor, at (907) 874-4543; or e-mail browndave_eunice@aptalaska.net.

MONTANA

Cowboy Camp Meeting

June 19-21—Don't miss the fourth annual Cowboy Camp Meeting sponsored by Montana Cowboy Crossroad Fellowship. Catch the spirit of an old-fashioned camp meeting in a warm, friendly, relaxed atmosphere. Head to Florence, Mont., turn on Eastside Hwy. and follow the signs to Elk Springs Ranch. Meetings start at 7 p.m. Keynote speakers will be: Bill Kilgore, Southwestern Adventist University religion professor; Denny Newman, former Hell's Angels chaplain; and Russell O'Quinn, retired fighter-plane test pilot. There will be music by Driven Quartet, Danny DeLuna and Becky Moreland, plus others throughout the weekend. Good food, cooked outdoors, and a chili cook-off on Friday will be followed by more good food and a watermelon feed on Saturday. Round up the family. There will be plenty of room for dry

camping. This year the blessings will continue the following week beginning on Wednesday, June 25 and continuing through the 28th. For more information, please call (406) 273-6194.

OREGON

Oregon SAGE

July 19—Sabbath lunch at Somerset (reservations required). **Aug. 4-6**—Leavenworth bus trip. For more information, contact Wynn at (503) 343-9548.

Adventist Single Adult Ministries (ASAM)

June 20-22—Tent camping: Stubb Stewart State Park, Vernonia, Ore. One of Oregon's newest state parks. Space is limited. Bring food to share, Bible, sleeping bag, pillow, hiking shoes and camera. It is wise to expect inclement weather. http://www.oregonstateparks.org/park_255.php. For information, call Tom Terry at (503) 684-7971; tom.te@verizon.net or Charlotte Miles at (503) 579-9549. You may also check www.beaverton.sda.com, then go to the Singles Web page. Maps will be available at the Beaverton Church foyer and potluck. **July 19**—Singles potluck lunch at Oregon Camp Meeting.

Lassen Creek Camp Meeting

June 26-28—Featured speaker Ty Gibson. Lassen Creek Camp Meeting meets in the natural surrounding of the Lassen Creek National Forest Campground. Sponsored by the Lakeview, Christmas Valley (Ore.), Alturas and Surprise Valley (Calif.) churches. Everyone is welcome. For more information, e-mail gpja.white@gmail.com; or click on www.desiremedia.org.

Free Seminar

July 12—Enhance your gift of hospitality from experienced hosts Robin and Henry Martin with a free guest relations seminar, "Equipping the User-Friendly Church," at 3 p.m.



ANNOUNCEMENTS

Stone Tower Church, 3010 N.E. Holladay St., Portland, OR 97232; (503) 232-6018.

Oregon Conference Special Constituency Session

Notice is hereby given by the Oregon Conference Executive Committee that a special constituency session of Oregon Conference of Seventh-day Adventists will be held at the Holden Convention Center at Gladstone Park to begin at 10 a.m. Sunday, Aug. 24, 2008. This session is called to review a report from the Oregon Conference Education Commission, to address a 1993 special constituency action limiting conference subsidy for K-12 schools which expand to K-12 status, and to receive a report on the construction of the new conference office and bookstore. All church-appointed delegates from the regular session on Sept. 18, 2005, will be delegates to this session. Notification will be given to all individuals serving as delegates because of office or employment.

Don Livesay, President

Al Reimche, Vice President/ Administration

Missing Members

The Castle Rock Church is seeking the following missing members: Jonathan Bauer, Rose Chuinard, Rona Cobum, Mark Crim, Sharon Dudash, Beverly Gallop, William Gorton, James Helton, Janet Heston, Ralph Huffman, James Johnson, Edward Kondro, Karen Kuhlmeier, Cori Musick, Michael Quick, Cheryl Rearick, Ron Robbins, Tara Schwisow, Dave and Karen Sharpe, Jessica Shaw, Dallas Smith, W. C. Spreadborough III, Wilma Spreadborough, Lyn Sussman, Patricia Swackhammer, R. Watry, and Duane Wood. If you have any information regarding these missing members, please contact Kriss Cherrington: e-mail akcherrington@msn.com; (360) 274-4223.

WASHINGTON

SAGE

June 9-18—The work bee at the AAA Church to help build the walls of Bethlehem has been postponed. **June 21**—Our 14th anniversary supper at Auburn Camp Meeting. There are 300 free tickets. Call, write or pick up your ticket at the Information Booth at camp meeting. Call (253) 681-6008; 32229 Weyerhaeuser Way S., Federal Way, WA 98001.

Missing Members

The Washington Conference Church is seeking the following missing members: Mei S. Chen, Wei-Jen Chen, Rosalina Chinchilla, Michael Stephen Clark, Beatriz Cobarrubias, Karen Conley. If you have contact information for any of these individuals, please call Janeth Carnduff at (253) 681-6008.

WORLD CHURCH

Elder Care Ministry

A new program for seniors and caregivers coordinated by the North American Division Department of Adventist Community Services. This new ministry coordinates education and services related to aging, health, finance and social issues for seniors in the church and community. Attend training for this cutting-edge ministry at the Adventist Community Services Convention **June 29-July 5** in Albuquerque, NM. For more information or to register, visit www.plusline.org or call (800) 732-7587.

North Pacific Union Conference Directory

5709 N. 20th St.
Ridgefield, WA 98642
Phone: (360) 857-7000
Fax: (360) 857-7001
www.npuc.org

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Local Conference Directory

ALASKA

Ken Crawford, president; Ed Dunn, secretary; Sharon Staddon, treasurer; 6100 O'Malley Road, Anchorage, AK 99507-7200; (907) 346-1004; www.alaskaconference.org.

IDAHO

Stephen McPherson, president; Donald A. Klinger, secretary; Harold Dixon III, treasurer; 7777 Fairview, Boise, ID 83704-8418; (208) 375-7524; www.idahoadventist.org.

MONTANA

John Loor, Jr., president; Ray Jimenez III, v.p. for administration and finance; 175 Canyon View Rd., Bozeman, MT 59715; (406) 587-3101; www.montanacommunity.org.

OREGON

Don Livesay, president; Al Reimche, v.p. for administration; Jon Corder, v.p. for finance; 19800 Oatfield Road, Gladstone, OR 97027-2546; (503) 850-3500; www.oregonconference.org.

UPPER COLUMBIA

Max Torkelsen II, president; Doug R. Johnson, v.p. for administration; S. 3715 Grove Road, Spokane, WA 99204-5319; P.O. Box 19039, Spokane, WA 99219-9039; (509) 838-2761; www.uccsda.org.

WASHINGTON

John Freedman, president; Doug Bing, v.p. for administration; Jerry S. Russell, v.p. for finance; 32229 Weyerhaeuser Way S., Federal Way, WA 98001; (253) 681-6008; www.washingtonconference.org.

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F. 9 a.m. - 2:30 p.m.
Sun. 10 a.m. - 5 p.m.

BURLINGTON BRANCH

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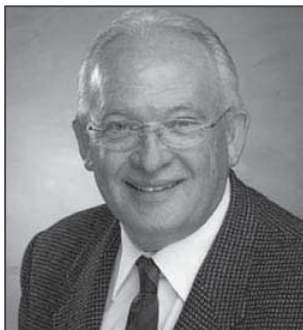
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SOUTHERN ADVENTIST UNIVERSITY'S School of Education & Psychology seeks full-time faculty. Teaching responsibilities include undergraduate/graduate education. The successful applicant will participate in academic advisement and other responsibilities including NCATE accreditation. Doctorate required or ABD by May 2009. Preference given to those hav-

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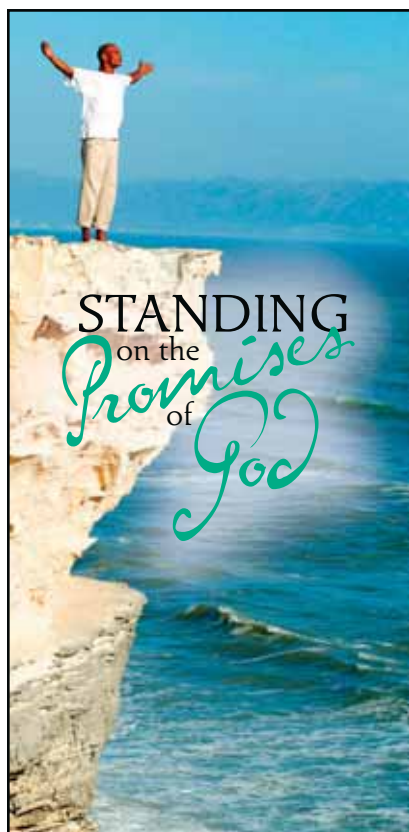
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ALASKA CONFERENCE

Anchorage	11:30	11:38	11:42	11:41
Fairbanks	12:24	12:40	12:47	12:42
Juneau	9:58	10:04	10:08	10:07
Ketchikan	9:23	9:29	9:32	9:32

IDAHO CONFERENCE

Boise	9:24	9:27	9:30	9:30
La Grande	8:37	8:42	8:44	8:44
Pocatello	9:06	9:10	9:12	9:13

MONTANA CONFERENCE

Billings	9:01	9:05	9:08	9:08
Havre	9:17	9:22	9:24	9:25
Helena	9:18	9:23	9:25	9:25
Miles City	8:53	8:57	8:59	9:00
Missoula	9:27	9:32	9:34	9:34

OREGON CONFERENCE

Coos Bay	8:55	8:59	9:01	9:01
Medford	8:46	8:50	8:52	8:52
Portland	8:56	9:01	9:03	9:03

UCC CONFERENCE

Pendleton	8:42	8:46	8:48	8:49
Spokane	8:44	8:49	8:51	8:52
Walla Walla	8:41	8:46	8:48	8:48
Wenatchee	8:55	8:59	9:02	9:02
Yakima	8:52	8:57	8:59	8:59

WASHINGTON CONFERENCE

Bellingham	9:09	9:14	9:17	9:17
Seattle	9:04	9:08	9:11	9:11

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Unsung Heroes



She was an artist, botanist, nurse, counselor, author and friend. She didn't make it into any headlines.

No media pundits shouted her story. No tabloid followed her every move. Her 5-foot, 2-inch stature and what it contained is not immortalized in stone, but in my heart. She was my mother.

As a child, I ran to her with bumps, scrapes, questions and fears. She applied ointment and answers and hugs. She loved the art of listening—to music, to birds...and to her boys. And when, in later life, a succession of strokes robbed her of an ability to speak, she could still listen...and smile.

When she died six years ago this August, I belatedly began to recount her impact on my life: evenings spent in the backyard identifying star constellations; vacation trips punctuated by screeching tires as she spied another unidentified flower along the road; forested jaunts to find the source of an illusive bird call.

While some men and women forge their reputations with public acclaim, my mother followed a different path. In her things, I discovered stories she had authored, watercolors she had painted—elements of artistry apparently put aside in favor of mending torn jeans, scraped knees and battered hearts.

I'm tempted to ponder what she could have become if she had not been limited by...us. What project could she have sponsored? What great book would she have written? What new discovery might she have made?

But I think I know the answer. The projects she sponsored, the books she authored, the discoveries she made, were the seeds sowed in our hearts along with prayer that they not fall on stony ground. Her legacy speaks not in this world's terms, but in a burning desire to see her children and grandchildren in the eternal kingdom.

As I think of other men and women who have made an impact upon my life, it is often the unsung and seemingly unknown who come to mind. While we are sometimes tempted to equate worth with acclaim, in my experience there is absolutely no connection. You're not likely to find my heroes via Google or on American Idol.

In their song, "Heroes," the Isaacs provide a picture that includes so many of those I admire: "It doesn't matter that nobody knows their name; they keep on giving to make life worth living; might go unnoticed, but they're heroes just the same."

If, indeed, as Ellen G. White declares, "all God's biddings are enablings," then even the sky is no limit for those who respond to His unique call. Like my mother's own journey, it may involve a conscious decision to forgo earthly acclaim. But I like to think that in a better place and time of God's choosing, those who have followed the unsung pathways will exult in a far better source of recognition—the everlasting rush of divine delight. •



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PERIODICALS

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Why Should I Write for the GLEANER?

As a growing spiritual community of believers we need regular encouragement, inspiration, and education to maintain our common identity. The news from your church, school or ministry is unique, and unless someone local writes about it, the rest of us may never know. Your story will share ideas we can try in our own local communities, and it will help us all stay connected as an extended Northwest family, working together on God's great commission.

How Should I Write?

Here are a few basics and examples of the stories and style of writing that we are looking for.

- ◆ DO use a news article style of writing— putting the who, what, where, when of the event in your first paragraph or two, adding additional comments or information towards the end.
- ◆ DO include a comment or two from other participants or attendees—what they thought, what they gained from the experience.
- ◆ DO consider describing the impact of the project or event on individuals, the church or the community.
- ◆ DO submit your story as soon as possible. We often decline stories that are more than two to three months past the event date.



- ◆ DON'T use "passive voice"—"The seminar was presented by Ron Smith." Instead use "active voice"—"Ron Smith presented the seminar."
- ◆ DON'T describe a weekend event by narrating chronologically through each speaker and topic of the weekend. Instead, describe the main focus, one or two highlights of the event and why this impacted the church or community.
- ◆ DON'T write a promotional story about an upcoming event. We only use stories that describe events that have actually occurred.
- ◆ DON'T editorialize, sermonize, or fundraise in a news article. Report the facts, but don't preach.
- ◆ DON'T include terms or phrases that only Adventists can interpret. Write as if you were presenting this to your local community newspaper.

This lead sentence grabs our interest and provides basic facts of WHAT, WHERE, WHEN and WHO.

Quick summary of the evening establishes the credibility of the speaker and adds to the basic facts about the event without laboring over details.

Nice comment that amplifies the purpose of the event.

Effective finish with another "testimonial" that underscores how this one event fits into the big picture.

Submit stories like this...

When Joyful Grove Adventist Church members invited their community to join them during the evening of April 27 for a vegetarian cooking demonstration, they were amazed with the response.

More than 150 members and guests packed into the church multi-purpose room to watch Betty Crockpot, local registered dietician, demonstrate the making of seven simple recipes. Crockpot shared samples of the completed dishes and invited candid response. At the end of the evening, she also presented each person with a new vegetarian cookbook.

Church members enjoyed the opportunity to connect with new friends from the community. "I sat next to the assistant manager of the market where I shop," said Alice Fillibuster, Joyful Grove project coordinator. "As a result of this seminar, he's planning to stock some new vegetarian items."

This is the most recent in a series of community-wide presentations sponsored by the church. "We were placed in this town to make a difference," said Hardy Plank, pastor, "and we now have friends in the community who realize we really care about their quality of life."

Jane Doe, participant
(888) 234-5555
janedoe1@email.com

Don't submit stories like this...

Betty Crockpot was invited by the Joyful Grove SDA Church to present a cooking school in the church multi-purpose room. The event was coordinated by Alice Fillibuster, with help from Myrtle Gluten and Buck Wheat.

The evening began with Pastor Hardy Plank introducing Crockpot to the group and offering a brief prayer.

Crockpot then presented seven delicious recipes to the group. The first was black bean soup which she said was a nutritious way to begin a meal. It was low in sodium and high in calcium. The second recipe was a three-bean salad, tossed with a low fat avocado vinaigrette, followed by a vegan patty consisting of garbanzos, onions and olives. Other featured recipes included a refreshing fruit drink and a sugarless dessert. Everyone seemed to really enjoy the samples provided. The program was finished by Pastor Plank presenting a brief talk on how physical and spiritual health are related.

This event was successful due to the tireless work by Fillibuster, Gluten and Wheat who did a great job. Sister White says we should be more active in health evangelism. It's important for us all to reach out and help our communities learn the right way to live.

When did this happen, and did anyone actually come?

Who really is Betty Crockpot and why is she the main presenter?

An unnecessary narrative of details, uninteresting to most readers.

This is "editorializing" and not an appropriate part of a news story.



Example of an effective photo

How Can I Illustrate the Story?

A good photograph will draw attention to your story. Conversely, a poor quality image may encourage browsers to quickly move on to something else. Here are a few tips.

- ◆ Send three or four photos with your story, divided between vertical and horizontal orientation. This gives us and our designer some creative alternatives.
- ◆ We prefer close up, active subject matter, rather than posed shots.
- ◆ Digital photo files should be about 1 MB or more in size to allow high quality resolution.
- ◆ Poorly lighted photos or those that are not sharply focused cannot be used.
- ◆ If your story includes comments from one or two individuals, or highlights a main speaker, try to include a good quality photo of each.
- ◆ Provide correct and complete captions. Unless the photo is of a large group, we need the first and last names of each person in the order pictured and their title, position, or connection to the story. Those captions should be included at the end of your submitted story and numbered to correspond to each photo you submit.



Example of an ineffective photo

How Should I Submit the Story, and What Happens After That?

We welcome all news stories sent directly to our GLEANER office. We generally only use stories submitted electronically through email or our internet-based Manage Everything system, ensuring your article arrives at our office exactly the way you sent it. Here are some points to remember.

- ◆ You may submit your story with photos via email to our office at gleaner@nw.npuc.org.
- ◆ All stories must be submitted by our published deadlines, including accompanying photos and captions. Stories may be held over until a later issue or refused if submitted after the deadline, especially if critical information is incomplete.
- ◆ Be sure to include your contact information. We often need to verify facts or ask for additional details to make a story is complete. Being able to quickly contact you could be the difference between your story making a current issue or being held over for another month.
- ◆ The local conference communication director prioritizes all stories from their conference for use in print and online.
- ◆ Once each story is copy-edited to size, the layout team at MCM Design Studio goes to work in presenting proofs to the GLEANER editorial team for review.
- ◆ The editing and design process takes, on average, about two-and-a-half weeks each month.

What Should I Write About?

Look through your latest GLEANER and analyze what others have written about. Note which stories and photos attract your attention. Here are several ideas among others that may help you get started.

- ◆ A seminar or other special event that successfully reached members of your church and the community
- ◆ A milestone event (anniversary, dedication, mortgage burning) at your church or school
- ◆ An achievement by a member, student or group within your organization
- ◆ A local or global mission project or trip carried out by your members or students

What Length of Story Should I Send?

Generally we recommend an average of 200–300 words and a maximum of 500. One designed news page of the GLEANER can fit one 500 word story, or two 250 word stories, etc. How much we edit your story depends on several factors, including space available, how unique your story is, how many good quality photos you have available and what priority your conference communication director assigns to it. If you have a story idea you think is unique, call us or your communication director for advice before writing the story. That may save you time and frustration, and make sure it gets a little extra attention once it's submitted.

What Goes on the GLEANER Web Site?

Many readers don't realize that our GLEANER Web site at www.gleaneronline.org is updated quickly if the need arises. Stories that involve breaking news, disaster relief info, etc. can be published to the Gleaner Web site within a matter of minutes. They may also be eventually printed in the regular print edition of the GLEANER. Otherwise, all stories in the print GLEANER are also included within that issue on the Web site. At times we can include a longer version of the story with more photos, since space is not an issue on the internet.

One Last Note

Don't be offended if your story is edited or cut down in size. It happens to us all—even the editor gets his articles whittled and whacked at times. The editing process is no respecter of persons! Your stories are so important to us and to each of our Northwest members. We love to hear from you. If you have any questions or need some additional tips on what we're looking for, do not hesitate to call or email us. You can find more specific guidelines for writing, photography and article submission online under "Contributor's Information" at www.gleaneronline.org.

Our Team at Your Service



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web assistant &
communication intern



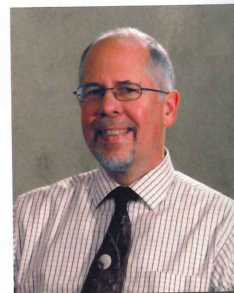
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