Dr. John Kelly passionately shares scientific evidence for treating and preventing disease through lifestyle. He was founding president of American College of lifestyle Medicine, the medical specialty society for clinicians who use therapeutic lifestyle interventions to treat and manage disease. John serves as medical director for an outpatient lifestyle program treating the causes of chronic disease, and practices lifestyle medicine in Rocky Mount, Virginia.

Jesse Ravencroft is manager of W. D. Frazee Sermons and teaches massage at Wildwood. He is also a 2003 Hartland Pastoral Evangelism graduate, certified massage instructor, and practicing licensed massage therapist. Jesse teaches Hartland’s therapeutic massage course and enjoys giving Bible studies.

"What about my kids?" you may ask. We have good news! There will be programs available for the children and youth (ages 3–17). Guest speaker, Jesse Ravencroft, will be sharing messages in the youth program (ages 13–17). We hope to see you and your family there!
For more information about this event and our speakers, click here.

Register now! For your meals and lodging, call 540-672-1996 ext 232 or email events@hartland.edu. Hurry, lodging is going quickly!

**DIRECTIONS**

**For GPS Users:** 278 Dogwood Lane, Locust Dale, VA 22733

**From the North:** Take Hwy 15 south from Culpeper for approximately 10 miles. Turn left on Rte 614 (Locust Dale Rd). Hartland is 1.25 miles on the left.

**From the South:** Take Hwy 29 north from Charlottesville for approximately 25 miles. Turn right on Hwy 230 east for approximately 10 miles until it ends at Hwy 15. Turn left on Hwy 15 north. Go approximately 4 miles. Turn right on Rte 614 (Locust Dale Rd). Hartland is 1.25 miles on the left.

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[Diagram showing directions]