Birth Companions - A Health Ministries Program

Birth Companions

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The goal of this seminar is to produce potential birth companions who feel secure in their knowledge of the birth process and events surrounding it, persons who are capable of appropriate supportive responses to different situations, and persons who understand the niche for this supportive role, without having to impact negatively on the spousal relationship, or the patient/care provider relationship.

Each session delineates specific objectives that are component learning blocks in reaching this goal.

Please read the objectives prior to commencing each session. In this way, your attention will be focused on the important aspects of what will be discussed.

Even if you don't put the learning gained in these seminars into practice in the community, you will have learned many lessons to apply within your own family context.

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