It's the Weather for It

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The major underlying cause for the spread of these diseases is the climate change. Some conditions flourish in drought, others through the heavy rains occurring when drought is broken. During dry periods ticks increase in quantity and predators (such as owls or snakes) are reduced. Thus the balance in nature which would control the circumstance surrounding the spread of disease is upset.

Other conditions occur as a result of flooding and subsequently unsafe drinking water, contaminated with sewage and various pathogens. An increase in the mosquito-borne Ross river virus in Australia has been shown to be linked with rainfall patterns in the area.

It should also be kept in mind that travelling to distant and exotic spots has also increased, hence there is a greater prospect of exposure to diseases previously encountered only by the few who ventured that far. With the UK weather being so unpredictable more people are heading for warmer climates. So the weather is to blame in more than one sense.

It is wise to prepare for most eventualities and to observe strict hygiene principles at all
times. The preparation should include adequate travel insurance. Treatment can be quite expensive especially if it includes hospitalization. However, by taking simple precautions in most cases the worst can be avoided. Do not let fear put you off traveling, it's the weather for it!

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