Get Fresh With Fruits

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This month, in honor of summer, we are having a fun quiz in lieu of an article. See how well you do and then compare your answers with those on the back page. Enjoy!

Answers:

1. Bananas (Called the fruit of wise men by Alexander the Great’s soldiers)
2. Plums
3. Passion Fruit
4. Plums
5. Bananas (Disease called Panama Disease)
6. Golden Delicious
7. 262 pounds
8. John Chapman (Born: Leominster, Massachusetts; Died: aged 73 at Ft. Wayne, Indiana in 1847)
9. 50 in the USA, 1,200 worldwide. (High in Vitamins A & C. Japan has developed square ones to fit in their small refrigerators)
10. 92 percent
11. Bananas (Oldest fruit mentioned in Hindu, Chinese, Greek and Roman texts)
12. Plums, Peaches, Nectarines, and Apricots (Defined as a fleshy fruit with a single seed surrounded by a stone commonly called a “pit”)

1. Which fruit was a favorite among the ancient Greeks and Romans?
   a. Apples
   b. Peaches
   c. Pomegranates
   d. Bananas

2. One of China’s oldest medicines to reduce fevers was made from which fruit?
   a. Plums
   b. Peaches
   c. Nectarines
   d. Apricots
3. Which fruit is favorite dessert topping for Australians?
   a. Kiwi Fruit
   b. Passion Fruit
   c. Bananas
   d. Apricot Nectar

4. Which fruit is famous for their laxative effect?
   a. Apples
   b. Plums
   c. Apricots
   d. Bananas

5. Which most popular fruit is on the endangered list?
   a. Apples
   b. Peaches
   c. Pomegranates
   d. Bananas

6. Which apples resist browning when cut?
   a. Granny Smith
   b. Washington Reds
   c. Golden Delicious
   d. Coxes Orange

7. The largest watermelon weighted?
   a. 156 pounds
   b. 262 pounds
   c. 343 pounds
   d. 496 pounds

8. What was the real name of Johnny Appleseed?
   a. John Smith
   b. John Longwood
   c. John Brown
   d. John Chapman

9. How many varieties of watermelon are there?
   a. 50
   b. 520
   c. 800
   d. 1200

10. What percentage of watermelon is water?
    a. 82 percent
    b. 86 percent
    c. 92 percent
    d. 96 percent

11. Which fruit was the forbidden fruit according to the Koran?
    a. Apples
    b. Peaches
    c. Pomegranates
    d. Bananas

12. Which of the following fruits belong to the “drupe” family?
    a. Plums
    b. Peaches
    c. Nectarines
    d. Apricots

Have a “Peach” of a day!