HEALTH MATERIALS AVAILABLE

In conjunction with the Adventist Church’s designation of 1997 as the Year of Health and Healing, a number of helpful materials are available:

How to Understand and Prevent AIDS, A Message Magazine Supplement. Cost: $.75 each. Order from Message, 55 West Oak Ridge Dr., Hagerstown, MD 21740. (301) 791-7000.

Fit for Eternity, A Special Issue of the Adventist Review on Living Longer and Better. Cost to schools for five or more: $1.50 plus postage. Order from Review and Herald Publ. Assn., 55 West Oak Ridge Dr., Hagerstown, MD 21740. (301) 791-7000.

“Should There Be AIDS Education for Your Child?” Pamphlet produced by the North American Division Office of Education. Cost: $12.00 per hundred. Available from World Purchasing Service, P.O. Box 2564, Laurel, MD 20709. Telephone: (301) 595-7331.

Health Connection, Violence and Drug Prevention Tools, Creating Safe and Drug-Free Schools and Communities (catalog). Counseling tools, displays, videos, puppets, games, etc. for Pre-kindergarten through grade 12. Cost: Free. Order from the Health Connection, 55 West Oak Ridge Dr., Hagerstown, MD 21740. Telephone: (800) 548-8700 or (301) 790-9735. Fax: (301) 790-9733.

Listen Magazine. Teaches drug education and positive life-style choices. Cost: $13.97 (special offer) for 12 issues. Teacher’s edition ($6.95) also available with classroom sets. Order from Review and Herald Publ. Assn., 55 West Oak Ridge Dr., Hagerstown, MD 21740. Telephone: (800) 548-8700 or (301) 791-7000.

The Winner, Junior edition of Listen Magazine. Cost: $8.95 for 9 issues. Teacher’s editions for K-3 and 4-7 also available. Order from Review and Herald Publ. Assn., 55 West Oak Ridge Dr., Hagerstown, MD 21740. Telephone: (800) 548-8700 or (301) 791-7000.


SAFETY TIPS for Latchkey Children and Their Parents

HOUSE KEYS: Should be carried out of sight, either around a child’s neck or attached to clothing.

COMING HOME: Walk home from school along a busy route approved in advance by a parent. Enter the house quickly and lock the door immediately. If a stranger is following, children should go directly to a trusted neighbor’s house or nearby store.

CHECK IN: Once home, children should telephone a parent or designated friend.

INFORMATION: Children should know phone numbers for their house and for their parents’ workplaces. They should be told which neighbor they can turn to for help, and they should have that neighbor’s number. They should know when a parent will be home.

ANSWERING THE PHONE: Children should tell callers, “My mother (or father) is busy right now. May I take a message?” They should never say they’re home alone.

ANSWERING THE DOOR: Use a peephole to see who it is. Open the door only when it’s someone who a parent has said may visit. Parents and teachers should practice with children by playing roles in a variety of situations, including when someone delivers a package or asks to use the phone, etc.

IN AN EMERGENCY: Teach children to identify an emergency, such as a fire, a severe injury, or break-in. Practice dialing 911 or other emergency number. Make sure children can give their name, address, telephone number, and description of the emergency calmly.

CALLING FOR HELP: A number of communities have hotlines where children can call for help during certain hours, such as Phone Friend (202) 223-2244 (M-F 3-9 p.m., Sat. 1-5 p.m.). Make sure that children have access to such numbers.

Source: D.C. Hotline