Lake Union Herald

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SPIRITUAL LEADERSHIP
Every Christian a Spiritual Leader
"The greatest want of the world is the want of men—men who will not be bought or sold; men who in their inmost souls are true and honest; men who do not fear to call sin by its right name; men whose conscience is as true to duty as the needle to the pole; men who will stand for the right though the heavens fall."

You may be surprised to learn that I found this familiar quote by Ellen White on the Forbes Magazine site as one of the top hits on a Google search. This issue of the Herald is dedicated to the idea that every believer is called to be a spiritual leader within their sphere of influence.

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Who’s the Center?

A few years ago I heard someone say, “Have you ever noticed your feelings about other drivers? You tend to think of those going faster than you as maniacs, and those who drive slower than you as idiots!” Maybe your feelings about other drivers are not so strident; yet, we do tend to think less than positive thoughts about those who think in ways, or do things differently, than we do. We tend to consider ourselves as being the correct center of any issue, idea or activity. So how does that relate to spiritual things? Do we consider ourselves to be the true center and everyone else..., well, off center?

When Ted Wilson, our new General Conference president, called the World Church to seek revival and reformation, some felt encouraged to continue with more intensity what they believed God had already placed on their hearts, while others questioned this focus and emphasis. Some were drawn to begin seeking God and His plan for each person and His church in new meaningful and relevant ways, while others began to question a variety of approaches with suspicion.

Satan has always had counterfeits to God’s will as expressed in Scripture, and prayer is no exception. Any time human subjectivity is elevated higher than God’s Word, the soul is deceived. Some arrogantly embrace prayer as a tool of personal authority, rebuking the devil (and anyone else in their way) while commanding God to accomplish their own desires. Prayer that puts us in God’s place is nothing short of satanic. On the other hand, some avoid genuine heartfelt prayer in the context of Scripture for the very reason that it is a powerful encounter with God. When entered into honestly, it exposes our sin and will not leave us the same. That can be unsettling. “Satan well knows that all whom he can lead to neglect prayer and the searching of the Scriptures, will be overcome by his attacks” (The Great Controversy, p. 519).

So is there an answer? Psalm 119:105 is true when the Holy Spirit is our Guide: “Thy word is a lamp unto my feet, and a light unto my path.”

“The Bible was designed to be a guide to all who wish to become acquainted with the will of their Maker. God gave to men the sure word of prophecy; angels and even Christ Himself came to make known to Daniel and John the things that must shortly come to pass. Those important matters that concern our salvation are not hidden from the honest seeker. The word of God is plain to all who study it with a prayerful heart. Every truly honest soul will come to the light of truth. ‘Light is sown for the righteous’ (Psalm 97:11). And no church can advance in holiness unless its members are earnestly seeking for truth as for hid treasure” (The Great Controversy, p. 521).

Is it easy to think of fellow believers on the highway of life as either maniacs or idiots—dangerous to all who are around them? God must be the center, and He is calling each of us to take ourselves out of that position. Then, we are to focus on Him—not the behavior of others. As we seek Him with all our hearts under the guidance of the Holy Spirit and the Word of God, He is able to accomplish His will for us—and for His Church.
My Epiphany

BY CYNTIA MAYCOCK DUKES

At age 16, finding myself on my hands and knees scrubbing floors and cleaning bathrooms, I reasoned that this was not my idea of a fun vacation. I was home for spring break from the boarding academy I attended and looked forward to rest and relaxation. Instead, here I was cleaning someone else’s house. It just wasn’t fair!

Mom (Anna Mills Maycock) was a domestic worker who did her part to supplement Dad’s income as they reared four children in inner city Detroit, in the 50’s and 60’s, and put me, the eldest, through private school.

It just wasn’t fair! This was no place for a 16-year-old, up-and-coming young lady to be. True, Mom was ill and had asked me to fill in for her for a couple of days, but why did she have to get sick during my vacation?

As I look back on my childhood, I see Mom, a stay-at-home mother then, always busy with cooking, cleaning and running the home. But she also had time for neighbors, friends, the elderly, unfortunate and the church.

Dear Mom was really a home missionary at heart. She organized a block club along with Dad, and she got us and the neighborhood kids involved cleaning empty lots and keeping the neighborhood clean on weekends. She organized a drama club and introduced the neighborhood kids and adults to classic literature and plays. We children in the drama club gave performances and charged admission to raise money for other projects. Our multi-talented, gifted mother taught the girls to sew and crochet—and helped the boys with arts and crafts and easy woodworking projects.

As if she was not already doing enough, Mom also started and managed a coed softball team; and the monies raised from our plays and productions paid for team uniforms. She took the neighborhood children to museums, libraries and outings—exposing them to new experiences.

Mom was always there with a ready hug and smile for any youth needing advice, encouragement or prayer; and she counseled the neighborhood youth about abstinence, staying away from drugs, gangs and violence, staying in school and having a relationship with God.

She “raised” the children of drug addicts by laundering their clothes, feeding them, overseeing their homework and having us kids wake them for school each morning. I vividly remember stepping over passed-out adults to wake the girls for school and give them their breakfast and lunch.

My missionary mom transported neighbors to church and taught Bible stories and songs to the community children, as well as feeding and clothing any in need. For more than 20 years she taught the youth Bible class at church and helped with Vacation Bible School each summer.

Incredulous as it may seem, during those stay-at-home years while Dad was working to support the family, our
home was known on the hobo circuit as a place to get a hot meal and a lunch to take along. An array of interesting characters were fed on the picnic table in warm weather—and on the back porch in cold weather. I’m ashamed to say that my friends and I would poke fun at some of those down-on-their-luck individuals.

Mom also had a number of elderly church members who she visited regularly, and she took us kids with her to assist as she cooked, cleaned, bathed, shopped, did laundry and provided transportation for them. She continued to care for the “elderly” until she was in her 70’s.

My mother was an excellent cook, and loved people by feeding them. We kids arrived home from school to the smell of whole wheat bread just out of the oven, sliced with butter and jelly and a glass of milk. She cooked for church functions, weddings, funerals and other celebrations, and volunteered in the church soup kitchen for years. I used to joke that the soup kitchen never served leftover soup under her direction. There were never any leftovers, because she served it all up to those wanting second and third helpings. She also volunteered at the church’s Community Services Center, giving away food, clothing and furniture to needy individuals.

Coming from a musical family. Mom played the piano and composed a number of songs for the children’s choir and Vacation Bible School. Some of those songs were sung by the youth years after she passed. Mom both directed the children’s choir and accompanied them on the piano.

It just wasn’t fair! Here I was, an inner-city teen, down on my hands and knees scrubbing floors in a wealthy suburban home. While scrubbing, I experienced so many overwhelming emotions—anger, shame, humiliation, insult and impotence—as I thought about what my slave ancestors must have gone through not so long ago.

But then, while scrubbing that floor and wiping my tears (thank God the lady of the house didn’t stand over me while I worked), it dawned on me that my mother, my own dear mother, submitted to the indignity of domestic work daily for me! It was she who paid for my personal and sun-dry needs at the boarding academy I attended. Talk about a light bulb moment!

To think that she would labor at this menial, backbreaking work day in and day out for the four years I was away at school! I grew up at that moment. What love! What sacrifice! I saw my mother through clearer eyes from that time on. I always knew she loved me, but now I knew how much.

My take-her-for-granted attitude was replaced with deep gratitude, humility and thankfulness.

Now my attitude about my present tasks was changed. I was now fired up and began to clean with a vengeance, because I was cleaning for my dear mother—not the lady of the house. Mom was home sick in bed for two days; and I gladly, thankfully, took her place at work. It was the least I could do.

I never told Mom about the incident, my feelings and my epiphany. So much about the incident went unsaid and buried in memory. I think it was all too deep, too traumatic and embarrassing for me to put into words.

My mother passed away nine years ago at the young age of 75. She was just worn out from a life of service to her family and all with whom she came in contact. Indeed, the more I reflect the more it seems my Mom’s experiences add a new meaning to the term “workaholic.” But clearly, it was not for selfish gain or recognition. It was most definitely a labor of love.

Though it’s nearly 47 years later, it’s never too late. Never too late to say, “Thank you, Mom!”

Cynthia Maycock Dukes is a retired registered nurse and writes from her home in Covington, Kentucky.
Debbie Casale awoke after an eight-hour brain surgery following a near-fatal gunshot incident. Later, Debbie saw in a CT scan a bullet headed for the central part of her brain, “but mysteriously it veered away,” she said. Her physician stated it was “a miracle.” She said, “I could have been a vegetable; but worse yet, I could have died without a Savior.”

Debbie was blessed with a good upbringing, a loving family, but says she didn’t know Jesus. When Debbie returned to work three months after surgery, she received her first Bible—a gift from a co-worker. Seeing Scripture for the first time, Debbie found “the missing piece” to her life. She discovered repentance, forgiveness and a personal Savior, and she gave Him her life.

One day, Debbie received a flier in the mail for an Amazing Facts prophecy seminar offered by speaker Jason Morgan. She attended the seminar and joined the Southwest Seventh-day Adventist Church in Orland Park, Illinois.

Last spring, while reading 40 Days prayer and devotional book, Debbie and two church members started praying for Pattie Sheehan, one of Debbie’s co-workers. The book’s author encourages readers to pray for people they know who do not have a saving relationship with Jesus Christ. Four months later, when Pattie experienced a severe, life-threatening asthma attack, Debbie prayed with her co-worker. Her genuine concern touched Pattie’s heart and a friendship began to grow.

In February, Debbie became the GLOW (Giving Light to Our World) coordinator at her church. She placed an order for GLOW tracts recommended by Ron Clark, conference literature evangelism coordinator. Debbie then shared the tracts with Pattie. Pattie later told Ron, “These (tracts) touched my heart so, that they brought tears to my eyes. They encouraged me that God loved and cared about me, and that He would take care of me.”

The messages were especially meaningful to Pattie when her daughter, Samantha Kasper, underwent a very expensive, delicate surgery to remove a large tumor. Debbie and other members of the Southwest Church prayer team prayed for God to intercede on Samantha’s behalf. Ron says, “The surgery went so well that even the doctors were amazed. Needless to say, the family was ecstatic and attributed all the glory and honor to God for answered prayer.”

Pattie now passes out GLOW tracts, too. Debbie says, “She has not only been sharing the GLOW tracts with family and friends, she has also passed them out when visiting friends at the hospital and has also made arrangements with a local food pantry to put the tracts in a display in the foyer.

“I thank the Lord every day for sparing my life and giving me a second chance. My prayer is that this story inspires more people to share God’s love, through the GLOW tracts and Signs of Hope books, with the hurting people around us—we can all make a difference in someone else’s life.”

Diane Thurber is the assistant communication director of the Lake Union Conference.

God used prayer, GLOW tracts and Pocket Signs to forge a bond of friendship between co-workers Pattie Sheehan (left) and Debbie Casale.
EXTREME GRACE

Glenn

By Dick Duerksen

No title was necessary. No “Mister” or “Sir” or “Boss.” Just “Glenn.” He was our Sabbath school leader, a giant who showed up in the youth room Sabbath morning, who told us tales of picking peas in Oregon and repairing dune buggies in the desert—always finding Jesus in the center of the tale.

We loved him. We came to church early, just to help him set up the chairs. We stayed for potluck, eating too much potato salad, just so we could hear more answers to our eager questions. We came back for volleyball in the old Pathfinder gym, and usually ended up getting whacked by him in table tennis. On Sundays, the guys slipped into his garage and helped change the oil in one of the wrecks that seemed to multiply around him like steel rabbits.


The work bored most of us, but we came for the stories. Everything reminded him of a story. “Did I ever tell you about the time when...”

“No. What happened?”

We listened, and then discovered his story had really been about us—and Jesus.

Then he was gone.

Every Sunday evening he climbed into one of the wrecks, waved to his wife and kids and motored off to somewhere. We didn’t know where somewhere was. He would never say.

Then, Sabbath morning, Glenn was back. And we helped him set up chairs.

We loved his stories, but we loved his questions even more.

“What'd you do this week?”

We told him—about the teacher who didn’t care, the girlfriends whose eyes were brighter than Venus at twilight, the science experiment that didn’t work, the jobs that were hard to find, the guys who wanted to receive more than to give, the God we couldn’t see.

He listened, egging us on with grunts, nods, exclamations and more questions.

When we ran down, he filled the silence with a perfectly-matched tale—one that brought God right into the youth room, ready to spike at the volleyball net or lying with us under one of the monsters in his garage. We held wrenches and awed as his stories turned the cramped space into a soaring cathedral.

With Glenn, God was so real that we wanted to offer Him another serving of Grandma Vivian’s potato salad.

Then, Sunday evening, he was gone.

He left like God’s Pimpernel, leaving us with a new understanding of freedom and with renewed energy to live life as God’s kids.

Then we were gone too, graduating from the youth room to college dorms to new friends and mentors, most who were eager for us to get their titles correct. We missed Glenn.

There were exceptions. “Ted,” the theologian whose interest in my name, lineage and dreams made Righteousness by Faith my favorite class. “Madelyn,” the language prof whose love affair with words made sentence diagramming a spiritual experience. “Janice,” the cashier who always called me by my name.

Years later, I learned where Glenn went when he drove into the Sunday evening darkness. Those secret test sites are real. Glenn was employed by a secret arm of the United States government to design the guidance systems of spacecraft that would take Americans to the moon and beyond.

But that was just work.

“My passion,” Glenn once told me, “has been to design new, better, more effective ways for kids to fall in love with God. To fill the Divine Spacecraft.”

Dick Duerksen is the “official storyteller” through words and pictures for Maranatha Volunteers International. Readers may contact the author at dduerksen@maranatha.org.
In studying the success-literature published in the United States since 1776, Stephen Covey saw a shift that is significant. Character was regarded as the key to success during our nation’s first 150 years. Leaders were regarded as those who live with integrity, fidelity, industriousness and the Golden Rule. After World War I, the keys to success began a shift toward personality, public image, attitudes, behaviors, skills and techniques. Thus the focus in our country has moved more from the character ethic to the personality ethic in our choice of leaders. As Christians we have always had the biblical foundation upon which to base our understanding of leadership, but perhaps we have been more influenced by the culture we live in than we realize.

Chuck Miller, author of The Spiritual Formation of Leaders, suggests that, unfortunately, the church’s view of leadership has been significantly influenced by this cultural shift from character to personality, which has too often resulted in tragic moral failure.

Miller enriched my study of Christian leadership. He defines leadership as “having influence,” stating that every day each of us has influence in the places where we spend time and among the people we encounter. Sometimes we aren’t even aware of our influence. I like the way he uses a word picture of two rooms to approach spiritual leadership. He pictures the Soul Room (our spirituality) and the Leadership Room (our use of knowledge, skills and the vocabulary we use to influence others). He suggests that focusing on the inner person of the leader—the Soul Room—is rather counter-cultural as we are living in this time when leadership is based more on personality than character.

It stands to reason that our view of leadership in the home has also been influenced in these cultural shifts. Are we more focused on being “effective” than on being Spirit-led? Are we more focused on being “engaging and charismatic” than on being in communion with God? Could it be that the reason we get discouraged in our parenting, our marriages as well as church and community responsibilities is because we focus more on being effective, knowledgeable and skilled leaders—the Leadership Room—rather than spending time in the Soul Room?

Effective communication, managing our resources (time, energy, money), disciplining and protecting our children, studying the Word of God and showing love are all important and necessary functions of leadership in the family. Could it be that if we first focus on spending time in the Soul Room and then lead from a place of God-given strength and internal rest in the Lord, that our harvest will be even more abundant? The Soul Room offers us a personal, intimate, ongoing and ever-deepening relationship with God. Then He prepares us to serve Him and His people (our families included) in the Leadership Room.

Susan Murray is a professor emeritus of behavioral sciences at Andrews University, and she is a certified family life educator and a licensed marriage and family therapist.

Pets and Your Health

BY WINSTON J. CRAIG

More than one-half of all households in the U.S. contain one or more animals. Pets are more common in households with children. Pets are known to provide companionship, warmth and unconditional love, and help prevent loneliness. In addition to the millions of birds, small mammals, reptiles and fish, household pets include more than 100 million cats and dogs. Taking care of these pets has a beneficial impact on one’s physical, social and psychological health.

A pet appears to provide important social support. Owning a pet can help you relax, and lower anxiety levels. Pets enable people to focus off their own problems and look outside beyond themselves. One study found that people with depression who swam with dolphins for an hour every day for two weeks reported feeling less depressed than those who simply played in the water.

Studies found that people who had a heart attack survive longer if they own a pet. Pet owners tend to have fewer annual visits to the doctor, and tend to have a speedier, easier recovery after illness or surgery. Specially trained animals are being used in clinical settings, in more and more hospitals and nursing homes. Having psychiatric and other patients interact with animals appears to improve their mood and reduce anxiety. Pet therapy may also reduce the level of pain medication required by some patients. Pet owners with AIDS are far less likely to suffer from depression than those without pets.

One five-year study of children, ages three to 18 years, found that slow-learning children with pets had higher levels of self-esteem and better emotional functioning than those with no pets. Children with autism, learning disabilities or behavioral disorders often show immediate improvement when pets are used for therapy.

A dog can become an exercise buddy. Dog owners are more likely to be physically active on a regular basis and better manage their weight. In Columbia, Missouri, they have a “Walk a Hound, Lose a Pound” program in which people of all ages take shelter dogs for a walk every Saturday morning. Walking a dog also helps a person socialize with others and open up lines of communication. A dog is a conversation just waiting to happen. And pet owners have a tendency to want to talk with other pet owners.

Families with allergies can choose pets without fur or feathers such as reptiles and fish. Alternatively, an option for kids with allergies is getting a stuffed animal. A study found that a stuffed puppy helped to ease the stress and improved outcomes for small Israeli children exposed to violence during the Israeli-Lebanon War in 2006.

Before you buy a pet make sure you choose one whose personality, size and requirements fit your needs, abilities, budget and living situation. Pets make great companions and help us live happier and healthier lives, but they are not a total substitute for human friends and family.

Winston Craig, Ph.D., RD, is a professor of nutrition at Andrews University.
Your Welcome to the Throne

BY ALVIN VANDERGRIEND

“Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.”—Hebrews 4:16 NIV

Access to the throne of God is the foundation of all prayer. All pray-ers must approach the throne. Every true believer is welcome there.

Access to God’s throne is an amazing privilege. The One we approach is the sovereign, all-powerful, holy Ruler of the universe. What a privilege to be welcomed into His presence!

God’s throne, we are reminded, is a throne of grace not a throne of judgment. This means that if we have come into His presence through the blood of Christ, we are acceptable to Him. God doesn’t scrutinize us to screen out unworthiness. He extends a hand of welcome.

We are invited to approach with complete confidence. We won’t run into a closed door. We won’t have to beg or grovel to get in. God is expecting us. He is glad we have come.

Sometimes when I pray I like to imagine myself right there in the throne room of Heaven. In my mind’s eye I see the One upon the throne high and lifted up. His glory fills the room. I see angels all around. It’s enough to overpower me with dread, except for one thing: God recognizes me. He knows my name. He looks at me, smiles and extends a hand of welcome. “Tell me why you have come,” He says.

This wonderful welcome is extended to us not because we are so good and worthy in ourselves. The truth is, we deserve to be barred from God’s presence because of our sins. But Christ has dealt with our sins and made us acceptable to God. We have been adopted as sons and daughters. We have a place in the royal family.

We can come to the throne with our own concerns. We can also come, as intercessors, with the needs of our families, friends and neighbors on our hearts.

Lighthouse* intercessors regularly talk to God on behalf of their neighbors. Our Lighthouse keeper reported that after she and others prayed for their neighbors for about a year, neighbors became more friendly, people stopped abusing drugs, two unemployed women found jobs, a father stopped drinking, a woman was miraculously cured, a person was delivered from an evil spirit, several persons came to know Christ and a Bible study began. Wow! What was happening in the throne room had a transforming effect on Earth.

That’s something of what God has in mind by extending His welcome to us. He wants to change us, and He wants to change our world.

Reflect
How much confidence do you have when you pray?
Try to think of at least three reasons why it is possible for believers to approach the throne of God with confidence.
Think of some ways you can increase your confidence.

Pray
Praise God for making His grace and mercy available for the asking.
Thank God that He welcomes you into His throne room.
Ask God for the mercy and grace He generously offers you, and for the confidence you need so you can pray effectively for yourself and others.

Act
Take a prayer-walk around your neighborhood. Prayer-walking is “praying on-site with insight.” Let what you see inform your prayers.

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*A Lighthouse, as referred to in this devotional, is a person, family or small group who commits to praying for, caring for and sharing the gospel of Jesus Christ with their neighbors, co-workers, friends or family members.
E n el año 1970 hubo un reavivamiento de cientos de jóvenes en los Estados Unidos que impactó a la Iglesia Adventista en todo el país, incluyendo la iglesia a la que yo asistía en Bronx, Estado de New York. Por ejemplo, los jóvenes se reunían en hogares diferentes todos los días para estudiar la Biblia, daban testimonio de su experiencia y distribuían literatura a cientos de personas. El fruto de todo esto fue ver a los miembros unirse para cumplir la misión de la iglesia, y el resultado fue ver a muchas personas bajar a las aguas bautismales.

Ya han pasado 40 años y los dirigentes de nuestra iglesia nos instan a buscar un reavivamiento y una reforma. Pero esta experiencia no es algo que viene solamente por voluntad humana, sino que ocurre cuando uno se pone a la disposición del Espíritu Santo. Para buscar ese reavivamiento la Unión del Lago llevó a cabo en el mes de abril dos retiros de entrenamiento para laicos en las ciudades de Milwaukee, estado de Wisconsin e Indianapolis, estado de Indiana. Más de 500 personas asistieron a los dos eventos, donde se presentaron seminarios con temas claves como la oración, el estudio de la Biblia, la ganancia de almas, el liderazgo espiritual, la adoración y un seminario especial para jóvenes. En cada ciudad hubo también reuniones plenarias en las cuales predicaron oradores especiales. En Milwaukee tuvimos el privilegio que nos acompañara Ernest Castillo, vicepresidente de la División Norteamericana y en Indianapolis estuvo Roger Hernández, coordinador hispano de la Asociación de Oregon. En cada ciudad nos acompañó también con su ministerio de alabanza el grupo Calls to Worship y nos dirigió en los cantos y la oración.

El 8 y 9 de julio se llevará a cabo en el estado de Illinois el tercer y último evento en el que se enfatizará el reavivamiento para las iglesias. Será en el Hotel Hilton en Oak Lawn, suburbio de Chicago. El costo de inscripción es sólo $50.00 hasta el 15 de junio; después de esa fecha será $65.00. El alojamiento en el hotel costará $139.00 por noche (incluyendo desayuno). Para reservar un cuarto se debe llamar al teléfono número 708-425-7800. El orador especial para esta ocasión será el Dr. José Espinosa, profesor de teología en la Universidad de Montemorelos. Invitamos a los hermanos en Illinois a que obtengan una hoja de inscripción de su pastor y aprovechen este evento.

Mi gran anhelo es que las iglesias hispanas en nuestra Unión reciban el bautismo del Espíritu Santo como resultado de estos eventos y que se unan en cumplir la misión que el Señor nos ha encomendado.

Carmelo Mercado es el vice presidente general de la Unión del Lago.
It’s easy to see the changes that take place in nature with the different seasons. However, change and rebirth of a student’s heart is a bit trickier to see by looking at them on the outside. A change in their heart takes place a little bit day by day as they grow closer to God by learning about Him through Bible studies, Bible class, worship, and talking to their teacher and other classmates. When a change does take place in their hearts, many choose to be baptized.

This is the case with Maritza and Mauricio Matamoros. Together, the brother and sister team made a decision to be baptized on the same day at the Three Angels Spanish Church in Green Bay, Wisconsin. They made sure to invite their teachers, Tom Roy and me, for this big event in their life.

I don’t speak Spanish, but I fully understood that I was welcome in their church. Women in the church came and gave me warm hugs, and everyone smiled and waved at me. When it was time for the sermon, Ramon Hilario came and sat next to me and interpreted the sermon. Ariel Padron, pastor, gave a wonderful sermon about baptism and finished his sermon with this thought. He said, “I went to talk to Maritza and Mauricio about the things that they needed to know before they were baptized. However, after I started talking to them I realized that they already knew a lot. I said, ‘Where did you learn these things, because I did not teach them to you?’”

“They said, ‘We learned them at school from our teachers.’”

He finished his sermon by saying, “You need to send your children to the Adventist school because they teach your children about God all day. They do what you cannot do during the day or are too tired to do at night when you get home. I just had a baby girl born into my family; and when she gets old enough, I am going to send her to that school.”

His words touched me, and I could feel a tear trickle down my cheek as I thought about how much Heaven must be rejoicing today at the decision that these two young people made to be baptized. I felt happy that our school had a part in helping them to build a personal relationship with God. This is the true purpose of Christian education and our mission: “Educating for Eternity.”

Nested next to our school is a single daffodil plant. This plant gives me hope that Spring is on its way. Every day as I walk past the spot where the plant will appear, I look for signs of life poking through the earth. Finally, one day I see pointy green leaves pushing up through the ground and I breathe a sigh of relief; Spring is here! The flower is a sign that change and rebirth is taking place in nature.
The love of Jesus glowed on Megan Rose’s face as her parents testified on her behalf at her baptism in the La Porte (Indiana) Church last September. “I’m so proud of our daughter for always helping members of our family, church family and members of the community,” said her dad, Jeff Rose. “It is a blessing to see your children honor Jesus that way.”

The church was full of friends, family and neighbors that Sabbath evening as everyone wanted to share in the joy of Megan’s baptism. Her maternal grandparents, David and Rose Mary Carlson, traveled from afar for the special occasion. “The profound presence of God was sensed by all attending,” says Mary Wadsworth-Cooke, a member of the La Porte congregation. “There was no doubt that this young 14-year-old had given her heart to Jesus and put her trust in Him.”

“Megan loves the Adventist message,” shared Eric Freking, then La Porte Church pastor, prior to her baptism. He studied with Megan while pastor of the La Porte Church. “She loves studying deep into the Bible,” says Eric. “She is very interested in missions and sells homemade Christmas cards for mission work.” Bill Watson-Payne, current pastor at La Porte, confirmed, “Megan is a very spiritual young lady.”

In talking with the family, one soon learns that the Christian values Megan loves have been passed down for five generations. Megan’s mother, Jodi Rose, shared, “When I was in the second grade I lived with my grandparents, Boyd and Aileen Hooper, for six months while my parents were in the process of moving. Every night I would hear my grandparents as they knelt by their bed and prayed aloud. I would sit up in my bed when I heard them pray for me by name. It made a real impression on me.”

Aileen was a church school teacher and principal for 30 years. Many of those years were spent in the Jeffersonville and New Albany, Indiana, schools. Members recall that she would often drive all over town to pick up kids who needed a ride to school. She also paid the tuition for several needy students.

When Aileen’s father, Sanford Alridge, was a boy, neighbors took him and his sister, Mary, to Sabbath school in the Jeffersonville/Clarksville area of southern Indiana. Mary became one of the first Bible workers for the Voice of Prophecy, and she sent reading material back home to her brother, Sanford, and his wife, Ellen. They read their way into the truth, visited the Jeffersonville Adventist Church and began studying the Bible with “Brother Connor.”

“As I have pastored in the two districts where five generations of this family have lived,” says Eric, “I have seen the same love for Jesus, the desire for helping others and the passion for God’s message and His Church played out in the four generations I have personally known. I am reminded of God’s great plan for Israel when He instructed them to pass down to their children certain values and teachings and a historical understanding of what God had done for them. God’s desire for this has not changed, and I have been blessed to see God’s plan fulfilled in the generations of this family.”

Judith Yeoman is the Indiana Conference correspondent to the Lake Union Herald.
One definition of a leader is “someone who has influence over at least one other person.” So are you a leader? This definition puts all of us in leadership positions, some having influence over just a few individuals, others having influence over many people, with most of us falling somewhere in between.

I firmly believe that how we relate to our leadership influence is all about stewardship. Godly stewardship is taking correct approaches as we exercise the resources God has given us.

Leadership carries an awesome and sometimes frightening responsibility. We can let it shape us for God’s glory or we can let it take us into a self-centered realm and create trauma and damage for those around us. In the book of Numbers, we find Moses departing from his faithful practice of spiritual leadership and doing things in his own authority and in his own way.

“And Moses and Aaron gathered the assembly together before the rock; and he said to them, ‘Hear now, you rebels! Must we bring water for you out of this rock?’ Then Moses lifted his hand and struck the rock twice with his rod; and water came out abundantly, and the congregation and their animals drank” (Numbers 20:10, 11 NIV).

Moses had just come from a personal encounter with God where he received clear instructions: “Moses and Aaron went from the assembly to the entrance to the tent of meeting and fell facedown, and the glory of the LORD appeared to them. The LORD said to Moses, ‘Take the staff, and you and your brother Aaron gather the assembly together. Speak to that rock before their eyes and it will pour out its water’” (Numbers 20:6–8 NIV).

What went wrong? Was Moses afraid of another 40 years in the wilderness? Did he lose his temper—again? Was he tired? Was he emotionally spent after the loss of his sister? Whatever the reason, Moses disobeyed God; he struck the rock. Here’s what God said, “And the LORD said to Moses and Aaron, ‘Because you did not believe in me, to uphold me as holy in the eyes of the people of Israel, therefore you shall not bring this assembly into the land which I have given them’” (Numbers 20:12 ESV). The New Living Translation renders the text: “Because you did not trust in me enough to demonstrate my holiness to the people of Israel.”
I believe this reveals one of God’s prime directives for His leaders: We are to always sanctify God before the people and demonstrate His holiness.

So what was the sin? When spiritual leaders fail, the values, spiritual principles, all the powerful biblical teaching they have brought to God’s people—all those things are then brought in to question and often are used as an excuse for people to not follow God. God identified Moses’ problem as a lack of faith and trust: “Because you did not believe in me.” Moses wasted a crisis opportunity—he lost the chance to bring a spiritual victory, a growth opportunity, for God’s people even in their rebellion.

It is the prime goal of the evil one to keep us focused on self before the people instead of God. After all, this was at the core of Lucifer’s sin, “I will ascend above the heights of the clouds; I will make myself like the most High” (Isaiah 14:14 NASB).

The battle of self is a core spiritual issue that every person must fight. We must ask ourselves the question: Who is being glorified through my influence—God or me? I submit the moment we cross that line when self becomes our focus, we have been seduced. Either we have been seduced by our leadership role itself or by subtle temptations within that role. The seduction of leadership is frighteningly akin to sexual immorality. The focus is on the reward that comes when self is gratified. That was Moses’ failure. Striking the rock was all about bringing personal gratification. Our moment of gratification gives evidence that self has been elevated instead of God, and we stand guilty of misrepresenting His holiness before the people.

Lest we think this a small thing, reflect on God’s response to Moses’ lapse of leadership focus: “And the LORD said to Moses and Aaron, ‘Because you did not trust me enough to demonstrate my holiness to the people of Israel, you will not lead them into the land I am giving them!’” (Numbers 20:12 NLT).

Wait a moment, had not Moses been amazingly faithful to God? Had he not been intimately engaged with God in His very presence, speaking face to face as one speaks to a friend? Had not Moses endured years of rebellion, murmuring and disobedience by the people of Israel? I consider Moses to be the greatest leader in all of history, second only to our Lord Jesus. So why such a severe response from God?

God calls every believer to be a leader. By our influence, we are to help people grow in their faith in God. We are to sanctify Him in their eyes with every opportunity that life brings. In fact, the crisis at the rock was a point in the history of Israel when God desired to help His people take another step in spiritual growth in preparation to cross over Jordan into the Promised Land. The lack of water was simply an opportunity to honor God before the people and bring them to a new level of spiritual growth and confidence in Him.

I believe that anyone in administrative leadership faces unique challenges in the battle of self that others do not. Leaders who have the greatest influence have the greatest responsibility. One of the most painful realities of leadership is that our mistakes, whether moral or simple misjudgments, can be used by the evil one to conjure up excuses in the hearts of followers to avoid doing the right thing. But here’s the wonderful side of the stewardship of leadership: The greater a leader’s influence the more opportunity God has to encourage His saints and build up their faith in Him.

Don Livesay is the president of the Lake Union Conference.
Christian life is more than many take it to be. It does not consist wholly in gentleness, patience, meekness, and kindliness. These graces are essential; but there is need also of courage, force, energy, and perseverance. The path that Christ marks out is a narrow, self-denying path. To enter that path and press on through difficulties and discouragements requires men who are more than weaklings.

FORCE OF CHARACTER

Men of stamina are wanted, men who will not wait to have their way smoothed and every obstacle removed, men who will inspire with fresh zeal the flagging efforts of dispirited workers, men whose hearts are warm with Christian love and whose hands are strong to do their Master’s work.

Some who engage in missionary service are weak, nerveless, spiritless, easily discouraged. They lack push. They have not those positive traits of character that give power to do something—the spirit and energy that kindle enthusiasm. Those who would win success must be courageous and hopeful. They should cultivate not only the passive but the active virtues. While they are to give the soft answer that turns away wrath, they must possess the courage of a hero to resist evil. With the charity that endures all things, they need the force of character that will make their influence a positive power.

Some have no firmness of character. Their plans and purposes have no definite form and consistency. They are of but little practical use in the world. This weakness, indecision, and inefficiency should be overcome. There is in true Christian character an indomitable character that cannot be molded or subdued by adverse circumstances. We must have moral backbone, an integrity that cannot be flattered, bribed, or terrified.

God desires us to make use of every opportunity for securing a preparation for His work. He expects us to put all our energies into its performance and to keep our hearts alive to its sacredness and its fearful responsibilities.
Many who are qualified to do excellent work accomplish little because they attempt little. Thousands pass through life as if they had no great object for which to live, no high standard to reach. One reason for this is the low estimate which they place upon themselves. Christ paid an infinite price for us, and according to the price paid He desires us to value ourselves.

Be not satisfied with reaching a low standard. We are not what we might be, or what it is God's will that we should be. God has given us reasoning powers, not to remain inactive, or to be perverted to earthly and sordid pursuits, but that they may be developed to the utmost, refined, sanctified, ennobled, and used in advancing the interests of His kingdom.

None should consent to be mere machines, run by another man's mind. God has given us ability, to think and to act, and it is by acting with carefulness, looking to Him for wisdom that you will become capable of bearing burdens. Stand in your God-given personality. Be no other person's shadow. Expect that the Lord will work in and by and through you.

Never think that you have learned enough, and that you may now relax your efforts. The cultivated mind is the measure of the man. Your education should continue during your lifetime; every day you should be learning and putting to practical use the knowledge gained.

Remember that in whatever position you may serve you are revealing motive, developing character. Whatever your work, do it with exactness, with diligence; overcome the inclination to seek an easy task.

The same spirit and principles that one brings into the daily labor will be brought into the whole life. Those who desire a fixed amount to do and a fixed salary, and who wish to prove an exact fit without the trouble of adaptation or training, are not the ones whom God calls to work in His cause. Those who study how to give as little as possible of their physical, mental, and moral power are not the workers upon whom He can pour out abundant blessings. Their example is contagious. Self-interest is the ruling motive. Those who need to be watched and who work only as every duty is specified to them, are not the ones who will be pronounced good and faithful. Workers are needed who manifest energy, integrity, diligence, those who are willing to do anything that needs to be done.

Many become inefficient by evading responsibilities for fear of failure. Thus they fail of gaining that education which results from experience, and which reading and study and all the advantages otherwise gained cannot give them.

Man can shape circumstances, but circumstances should not be allowed to shape the man. We should seize upon circumstances as instruments by which to work. We are to master them, but should not permit them to master us.

Men of power are those who have been opposed, baffled, and thwarted. By calling their energies into action, the obstacles they meet prove to them positive blessings. They gain self-reliance. Conflict and perplexity call for the exercise of trust in God and for that firmness which develops power.

Christ gave no stinted service. He did not measure His work by hours. His time, His heart, His soul and strength, were given to labor for the benefit of humanity. Through weary days He toiled, and through long nights He bent in prayer for grace and endurance that He might do a larger work. With strong crying and tears He sent His petitions to heaven, that His human nature might be strengthened, that He might be braced to meet the wily foe in all his deceptive workings, and fortified to fulfill His missions of uplifting humanity. To His workers He says, “I have given you an example, that ye should do as I have done” (John 13:15 KJV).

“The love of Christ,” said Paul, “compels us” (2 Corinthians 5:14 NKJV). This was the actuating principle of his conduct; it was his motive power. If ever his ardor in the path of duty flagged for a moment, one glance at the cross caused him to gird up anew the loins of his mind and press forward in the way of self-denial. In his labors for his brethren he relied much upon the manifestation of infinite love in the sacrifice of Christ, with its subduing, constraining power.

How earnest, how touching, his appeal: “For you know the grace of our Lord Jesus Christ, that though He was rich, yet for your sakes He became poor, that you through His poverty might become rich” (2 Corinthians 8:9 NKJV). You know the height from which He stooped, the depth of humiliation to which He descended. His feet entered upon the path of sacrifice and turned not aside until He had given His life. There was no rest for Him between the throne in heaven and the cross. His love for man led Him to welcome every indignity and suffer every abuse.

**BE NOT SATISFIED WITH REACHING A LOW STANDARD.**
Paul admonishes us to “look out not only for [our] own interests, but also for the interests of others.” He bids us possess the mind “which was also in Christ Jesus: who, being in the form of God, did not consider it robbery to be equal with God, but made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men: and being found in appearance as a man, He humbled Himself, and became obedient to the point of death, even the death of the cross” (Philippians 2:4–8 NKJV).

Paul was deeply anxious that the humiliation of Christ should be seen and realized. He was convinced that if men could be led to consider the amazing sacrifice made by the Majesty of heaven, selfishness would be banished from their hearts. The apostle lingers over point after point, that we may in some measure comprehend the wonderful condescension of the Saviour in behalf of sinners. He directs the mind first to the position which Christ occupied in heaven in the bosom of His Father, he reveals Him afterward as laying aside His glory, voluntarily subjecting Himself to the humiliation of man’s life, assuming the responsibilities of a servant, and becoming obedient unto death, and that the most ignominious and revolting, the most agonizing—the death of the cross. Can we contemplate this wonderful manifestation of the love of God without gratitude and love, and a deep sense of the fact that we are not our own? Such a Master should not be served from grudging, selfish motives.

“Knowing,” says Peter, “that ye were not redeemed with corruptible things, like silver or gold” (1 Peter 1:18 NKJV). Oh, had these been sufficient to purchase the salvation of man, how easily it might have been accomplished by Him who says, “The silver is Mine, and the gold is Mine” (Haggai 2:8 NKJV). But the sinner could be redeemed only by the precious blood of the Son of God. Those who, failing to appreciate this wonderful sacrifice, withhold themselves from Christ’s service, will perish in their selfishness.

**SINGleness of Purpose**

In the life of Christ, everything was made subordinate to His work, the great work of redemption which He came to accomplish. And the same devotion, the same self-denial and sacrifice, the same subjection to the claims of the word of God, is to be manifest in His disciples.

Everyone who accepts Christ as his personal Saviour will long for the privilege of serving God. Contemplating what heaven has done for him, his heart is moved with boundless love and adoring gratitude. He is eager to signalize his gratitude by devoting his abilities to God’s service. He longs to show his love for Christ and for His purchased possession. He covets toil, hardship, sacrifice.

The true worker for God will do his best, because in so doing he can glorify his Master. He will do right in order to regard the requirements of God. He will endeavor to improve all his faculties. He will perform every duty as unto God. His one desire will be that Christ may receive homage and perfect service.

There is a picture representing a bullock standing between a plow and an altar, with the inscription, “Ready for either,” ready to toil in the furrow or to be offered on the altar of sacrifice. This is the position of the true child of God—willing to go where duty calls, to deny self, to sacrifice for the Redeemer’s cause.

**The Privilege of Prayer**

We, too, must have times set apart for meditation and prayer and for receiving spiritual refreshing. We do not value the power and efficacy of prayer as we should. Prayer and faith will do what no power on earth can accomplish. We are seldom, in all respects, placed in the same position twice. We continually have new scenes and new trials to pass through, where past experience cannot be a sufficient guide. We must have the continual light that comes from God.

Christ is ever sending messages to those who listen for His voice. On the night of the agony in Gethsemane, the sleeping disciples heard not the voice of Jesus. They had a dim sense of the angels’ presence, but lost the power and glory of the scene. Because of their drowsiness and stupor they failed of receiving the evidence that would have strengthened their souls for the terrible scenes before them. Thus today the very men who most need divine instruction often fail of receiving it, because they do not place themselves in communion with heaven.

The temptations to which we are daily exposed make prayer a necessity. Dangers beset every path. Those who are seeking to rescue others from vice and ruin are especially exposed to temptation. In constant contact with evil, they need a strong hold upon God lest they themselves be corrupted. Short and decisive are the steps that lead men down from high and holy ground to a low level. In a moment decisions may be made that fix one’s condition forever. One failure to overcome leaves the soul unguarded. One evil habit, if not firmly
resisted, will strengthen into chains of steel, binding the whole man.

The reason why so many are left to themselves in places of temptation is that they do not set the Lord always before them. When we permit our communion with God to be broken, our defense is departed from us. Not all your good purposes and good intentions will enable you to withstand evil. You must be men and women of prayer. Your petitions must not be faint, occasional, and fitful, but earnest, persevering, and constant. It is not always necessary to bow upon your knees in order to pray. Cultivate the habit of talking with the Saviour when you are alone, when you are walking, and when you are busy with your daily labor. Let the heart be continually uplifted in silent petition for help, for light, for strength, for knowledge. Let every breath be a prayer.

As workers for God we must reach men where they are, surrounded with darkness, sunken in vice, and stained with corruption. But while we stay our minds upon Him who is our sun and our shield, the evil that surrounds us will not bring one stain upon our garments. As we work to save the souls that are ready to perish we shall not be put to shame if we make God our trust. Christ in the heart, Christ in the life, this is our safety. The atmosphere of His presence will fill the soul with abhorrence of all that is evil. Our spirit may be so identified with His that in thought and aim we shall be one with Him.

It was through faith and prayer that Jacob, from being a man of feebleness and sin, became a prince with God. It is thus that you may become men and women of high and holy purpose, of noble life, men and women who will not for any consideration be swayed from truth, right, and justice. All are pressed with urgent cares, burdens, and duties, but the more difficult your position and the heavier your burdens, the more you need Jesus.

It is a serious mistake to neglect the public worship of God. The privileges of divine service should not be lightly regarded. Those who attend upon the sick are often unable to avail themselves of these privileges, but they should be careful not to absent themselves needlessly from the house of worship.

In ministering to the sick, more than in any merely secular business, success depends on the spirit of consecration and self-sacrifice with which the work is done. Those who bear responsibilities need to place themselves where they will be deeply impressed by the Spirit of God. You should have as much greater anxiety than do others for the aid of the Holy Spirit and for a knowledge of God as your position of trust is more responsible than that of others.

Nothing is more needed in our work than the practical results of communion with God. We should show by our daily lives that we have peace and rest in the Saviour. His peace in the heart will shine forth in the countenance. It will give to the voice a persuasive power. Communion with God will ennoble the character and the life. Men will take knowledge of us, as of the first disciples, that we have been with Jesus. This will impart to the worker a power that nothing else can give. Of this power he must not allow himself to be deprived.

We must live a twofold life—a life of thought and action, of silent prayer and earnest work. The strength received through communion with God, united with earnest effort in training the mind to thoughtfulness and caretaking, prepares one for daily duties and keeps the spirit in peace under all circumstances, however trying.

We do not value the power and efficacy of prayer as we should. Prayer and faith will do what no power on earth can accomplish.

Ellen White was a co-founder of the Seventh-day Adventist Church. This article contains excerpts from The Ministry of Healing, chapters 42 and 43. KJV texts were replaced with NKJV texts in all but the first reference.
ave you ever noticed how God sometimes uses children to communicate the most profound and essential principles of life? We were living in Hicksville, Ohio (yes, that really is the name of the town and the name is duly stated where it says “Place of Birth” on our son Tyler’s birth certificate). We lived right across the tracks from the grain elevator. The tracks crossed the main route through town over an elevated trestle just a 100 yards from our house, providing a nice slope from the tracks to our street—perfect for a slow to moderate small-kid sledding run.

I was shoveling the walk in front of our house and our daughter, Josie, who was just five years old at the time, had taken her five-dollar orange plastic sled up the slope across the street. I looked up from my shoveling just as Josie started down the hill, picking up much more speed than anticipated. Her ride had enough momentum to jump the curb and come to a stop in the middle of the street—just as a car, a rare sight on our street, came around the corner. I dropped my shovel and ran to Josie who had already jumped up and run back to the curb, leaving the sled behind. I removed the sled from in front of the stopped car, gesturing my appreciation for the driver’s alertness, and ran back to Josie who was obviously shaken, as was I. As I swooped her up in my arms she cried, “Oh, Daddy! I’m sorry I left the sled in the street,” then blurted out her reasoning, “but people are more important than things.”

Those words were like a direct message from God’s heart to
Samuel was just a boy when he began to hear God’s voice and became the spiritual leader in Israel.

mine—words that continue to guide my life today. Where did she get that? Does God communicate His will and the secrets of life to children?

In preparation for this edition on spiritual leadership, I perused through the pages of Scripture and noticed some things that appeared to be counterintuitive, and certainly out of the norm—for their time and especially ours.

Joseph wasn’t even old enough to go along to work with his brothers when God spoke to him through dreams and established him as a chief steward in preparation for an even greater role as prime minister of Egypt. Samuel was just a boy when he began to hear God’s voice and became the spiritual leader in Israel. David was another young left-behind when God called him to be a giant-slayer. God called a young girl, a captive slave, to lead Aram’s commander of the armed forces to a saving relationship with the only true God. Esther was just entering womanhood when God called her to save a nation. Daniel and his three friends, Hananiah, Mishael and Azariah, were young men when God called them to be ambassadors for God in Babylon.

God was able to lead Israel back to Himself through Joash, the boy king. When God called Jeremiah to be a prophet to the nations, his response was, “Alas, Sovereign Lord, I do not know how to speak; I am too young” (Jeremiah 1:6 NIV).

We are familiar with the prophecy in Joel 2 that says, “And afterward, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions. Even on my servants, both men and women, I will pour out my Spirit in those days” (Joel 2:28, 29 NIV). But being familiar with and actually believing are two separate things.

What if God chooses to call young women and men to spiritual—and dare I say authoritative—leadership at this time? What if, as in the hall of fame listed above, He chooses to lead us as He chose to lead Israel, through the voice of a young Samuel? He did it 167 years ago through a 17-year-old girl with a third grade education. And He did it in cooperation and collaboration with a number of her peers. What if He chooses to do it again?

I haven’t met any real prophets, though I have met a few misguided and self-proclaimed ones; but, I have heard the prophetic voice of God through a number of His servants, and many of them were teenagers. If we take Henry and Richard Blackaby’s definition of spiritual leadership, “Spiritual leadership is moving people on to God’s agenda,” then leadership is not bound by age. My five-year-old daughter led me to re-prioritize my values. She moved me on to God’s agenda.

For many years I have seen God work in dramatic and miraculous ways through teenagers who were open and receptive to His leading. And He did it in response to prayer. Take for instance the group of four teenagers who spent three days in constant prayer for several hundred of their peers. From behind the glass of the nursery room they prayed for the meeting that was taking place in the sanctuary. They prayed in response to what the Holy Spirit put on their hearts and what they observed of the dynamics in the sanctuary. They saw God work in direct response to their prayers. In one case, they noticed a young man who was particularly disconnected from what was going on and was a constant distraction to those around him. They began praying what was on God’s heart for that young man; and after a time of focused prayer, they were overjoyed when they observed his attitude change and moments later saw him make his way to the steps of the platform where he called out to God in prayer.

These four teenagers felt called by God to pray for their peers, and they committed themselves to prayer. God directed their prayers through His Spirit and their prayers moved many lives in that meeting on to God’s agenda. Even the course of the meeting was impacted by their prayers. That’s spiritual leadership!

You may have heard about the 75 teenagers God used to bring 300 of their peers into a personal encounter with God down in Gentry, Arkansas. (see the December, 2010, issue of the Lake Union Herald, Vol.101–12, page 42). I observed several significant and profound examples of spiritual leadership in which the course of the meeting and the direction of the group changed as God spoke His heart through individuals in response to prayer. Many lives were moved on to God’s agenda. Now that’s spiritual leadership!

Could it be that God wants that to be our norm? It appears that the young are the most receptive to His methods. I believe God is ready to move. Are we?

Gary Burns is the communication director of the Lake Union Conference.

Hospital chaplain returns from Iraq with Bronze Star

Garry Losey returned to his job as manager of pastoral care at Adventist La Grange Memorial Hospital with a commendation few of his colleagues have obtained: the prestigious Bronze Star Medal. Losey, a lieutenant colonel in the U.S. Army Reserves, was recognized for his service as deputy command chaplain at Joint Base Balad in northern Iraq, where he served for more than a year. The Bronze Star is a military decoration awarded for bravery, acts of merit or meritorious service. He also received an Iraqi campaign medal.

Losey, who returned home in August, spent much of his time in Iraq counseling soldiers coping with family and marital strife. Many soldiers struggled with not being able to offer hands-on help to their spouses dealing with financial or household issues back home, he said. He even counseled married couples who were serving in Iraq together. One of his biggest challenges was conducting suicide prevention counseling during Losey’s deployment, there were three suicides on the base.

Joint Base Balad is located about 40 miles north of Baghdad and is one of the largest American military bases in Iraq.

As deputy command chaplain, Losey was responsible for training chaplains and making sure their physical and spiritual needs were being met so they could minister to soldiers. The weekly Seventh-day Adventist service on base drew about 20 to 25 soldiers every week, he said, which was encouraging. Losey felt he was able to make a positive spiritual impact in the lives of the soldiers he ministered to.

He also kept in close contact with friends and family back home. On a daily basis at 4:30 a.m., Losey called his wife, Yvonne, via a web-based video calling service. The calls were something the couple looked forward to every day.

“That’s something a lot of soldiers did to keep in touch,” he said. “That technology does a lot to cut down on homesickness.”

During his tour of duty, Yvonne, along with the Spiritual Life Committee and Losey’s colleagues in the pastoral care department, collected cards, goodies and other reminders of home that were sent in care packages to Losey and other members of the U.S. military serving overseas. At Adventist GlenOaks Hospital, where Yvonne is director of the Special Additions Birth Center, employees created two bulletin boards in the hospital corridor to honor veterans: one features photos of hospital employees’ family members in the military and the other features photos of employees who served in the military.

“We just wanted the troops to know we appreciate all their sacrifices,” Yvonne said. “The care packages were just a small way of saying ‘thank you.’”

On May 5, Losey was the guest speaker at Adventist GlenOaks Hospital’s National Day of Prayer breakfast. The event this year, focusing on the theme “A Mighty Fortress is Our God,” included a special invitation to U.S. veterans and active duty military. Losey joined the Army in 1988 and the Reserves in 1999.

John Rapp, regional vice president of ministries and mission at Adventist Midwest Health, praised Losey for his service to God and country.

“So many of us were praying daily for Chaplain Losey’s safe return,” Rapp said. “He has made us so proud. After all, how many hospitals can brag about having a chaplain who’s been awarded the Bronze Star? Adventist Midwest Health is so pleased that he has extended the healing ministry of Christ in Iraq.”

A second-generation Seventh-day Adventist pastor with more than 30 years of ministry experience, Losey previously worked as manager of pastoral care at Adventist Hinsdale Hospital before joining Adventist La Grange Memorial Hospital in 2008. He has worked for Adventist Midwest Health for six years. In addition to his ministry in Iraq, Losey served as a student missionary in Korea, ministered as a civilian in California, Hawaii and Virginia, and served as an Army chaplain in Colorado, Texas, Korea and Germany.

Lisa Parro, senior public relations specialist, Adventist Midwest Health
Andrews students receive Michigan Campus Compact ‘Heart and Soul Award’

Seven Andrews University students received awards from Michigan Campus Compact (MCC) for commitment to service in their community. They received the awards at the Outstanding Student Service Awards Celebration on Apr. 9 at the Kellogg Hotel in East Lansing, Mich. MCC recognized more than 350 students from 38 member campuses, giving three types of awards: Outstanding Community Impact Award, Commitment to Service Award, and the Heart and Soul Award. All seven Andrews students received the Heart and Soul Award.

The seven students were Louise Albert, Daniel Birai, Amy Hahn, Katelyn Nieman, Dragos Prahouveanu, Anneli Cathrine Sigvartsen and Paul Torchia. They were nominated with the combined efforts of Larry Ulery, assistant professor of community services programming; Walter Rogers, senior pastor of Harbor of Hope Church; and Keren Toms, chaplain for outreach.

Prahouveanu attended the brunch with the intent of “getting inspired by what others did, to collect ideas and grow.” He was nominated for his creation of the project called “Stay Warm.” He and a team of friends collected blankets to distribute to the needy in southwest Michigan. Prahouveanu’s original goal was 250 blankets, but his incredible enthusiasm for the project helped Stay Warm collect more than 450 blankets. He says, “Receiving this award helped me realize that I want to dedicate more time to the business of helping people.”

The Heart and Soul Award came as a surprise to Nieman, who volunteers at KidsZone at Harbor of Hope Church in Benton Harbor, Mich. She got involved because she “loves working with children, and once I visited the program, something inside of me said, ‘This is where you belong.’” At first, Nieman was there simply to help keep order with the kids and engage them in the program, but she quickly realized that wasn’t enough. She started a small group part of the program so that volunteers and kids would have more of a relationship. “I like that I helped start something that helped start a change in kids’ lives,” says Nieman.

Albert was also surprised by the award, and believes she was nominated for her work with the Martin Luther King Jr. service day. This year, she and her fellow volunteers went to a women’s shelter and provided beauty services. “We also raised between $6,000 and $7,000. This money was used to purchase towels and sheet sets for the shelter,” Albert says. She got involved in service because “I feel strongly about helping those in need. I have a strong sense of responsibility for my community,” says Albert.

MCC is a coalition of college and university presidents committed to fulfilling the public purposes of higher education. Campus Compact member presidents are joined together in their commitment to the development of personal and social responsibility as integral to the educational mission of their campuses. Currently, MCC has 42 member campuses and Michigan members are part of the national Campus Compact, a coalition of nearly 1,100 college and university presidents, representing some 6 million students. Learn more at www.micampuscompact.org.

Keri Suarez, media relations specialist, Office of Integrated Marketing & Communication
ADRA Benefit Concert aids projects in Japan, Niger

Michigan—Members of the Andrews University community poured out more than $1,500 in donations to support ADRA and its cause to bring clean water to the people of Niger and provide relief to the people affected by the tsunami that slammed northeastern Japan.

Action AU, in collaboration with the Andrews University Student Association (AUSA), hosted a benefit concert at the Howard Performing Arts Center on Thursday, Mar. 31. The concert raised funds for ADRA’s Niger Well Project and Japan Relief Project.

The benefit concert featured a variety of musical performances by University students Steven Lee, Aaron Suh, Wen-Ting, Isabel Ong and Daniel Estrada. Girls of Mercy and the F.R.E.S.H. drum corps also performed.

“The benefit concert went very well,” says Nic Reichert, Action AU vice president. “It was a great atmosphere and I could tell that everyone there truly cared for their suffering brothers and sisters in Japan and Niger. Also, Ayako Miyata and Yumi Kuramochi made 1,000 paper cranes in honor of Japan and its people, which was spectacular!”

The concert was not the first Action AU initiative to support the Niger Well Project. Action AU has sponsored ADRA since the beginning of the school year and raised nearly $3,500 prior to the concert. All funds are directed to support ADRA’s work with government and local authorities to increase good health and water access for people in the western region. Currently, the organization is working to install 20 borehole water wells in villages throughout the southwestern department of Kollo at the cost of $9,000 per well.

“Any contribution of any amount can literally change someone’s life,” says Rose Vargas, Action AU public relations officer. “If each student and staff at Andrews University would give $1.50, we would have enough money to change the lives of a whole village in Niger. We can be the change.”

Action AU recently decided to support ADRA’s response to the devastating tsunami that shook Japan on Friday, Mar. 11. Funds will help provide meals to those at an evacuation center in the Miyagino Ward of Sendai City. ADRA Japan is coordinating efforts with local authorities and anticipates involvement in managing and coordinating evacuation centers in the effected areas. ADRA hopes to accommodate 1,000 evacuees and coordinate the availability of food, non-food items, equipment and transportation.

To date, Action AU has raised nearly $5,000 of their $10,000 goal toward these projects. In addition to fund-raising events, they have also been selling T-shirts and bags at the Andrews University Campus Center. For more information on how to get involved with Action AU, contact Nic Reichert at nic_kreichert@yahoo.com.

HAA seniors impacted by mission trip

Illinois—Ten days, 14 teenagers, four sponsors, one island... No, this is not the latest installment of “Survivor.” Rather, this was the Hinsdale Adventist Academy (HAA) senior class mission trip.

On Mar. 21, the seniors and their sponsors flew to Roatan, an island off the northern coast of mainland Honduras. For ten days the students refurbished a bakery, hosted a Vacation Bible School and squeezed in some time at the beach.

Lyndon Dieter, one of the sponsors, and one student worked at a local medical clinic. Seniors who worked at the bakery were impacted by the sights and experiences there. The bakery will help students on Roatan earn tuition in order to attend the local Adventist academy.

The Vacation Bible School was held at the Sandy Bay Seventh-day Adventist Church and was attended by as many as 100 children. Four of the seniors, for whom Spanish was their first language, led out in the Vacation Bible School. Before they left for the trip they were informed of their task, which caused them much consternation! Their anxieties were calmed by the children’s beaming faces, and willingness to sing in a foreign language and listen to stories about famous biblical characters. The seniors who led the meetings found courage they would not have, had they stayed in their comfort zones. Stephanie Rascon said, “I was nervous because I had never preached before, and certainly never in Spanish! But the kids were smiling and happy, so I was not as scared. It was a good nervous! They helped me appreciate all that I have!”

In the neighborhood, many of the local children wore torn clothing and few had shoes. There was no concrete or asphalt, yet these children were not deterred from playing tag, soccer...
or running about. At the end of each day, the seniors reflected on what had impacted them that day. Many seniors were touched by the resilient children who overcame their discouraging circumstances in order to have fun and enjoy their childhood. Rosten Dieter said, “The children were amazing. They reflected pure joy at receiving a simple gift like a ball, while we want things like iPads, cars and mp3 players. This made me want to embrace a more simple life—getting rid of wants and focusing on needs.” Because of this experience many of the seniors second-guessed their supposed need for superfluous material desires. The seniors all agreed they were blessed by what they had at home in the U.S.

I was touched by how much the seniors matured and opened themselves to new experiences. As a teacher, I was proud of their accomplishments because these are lessons that cannot be taught in a classroom. It is not every day that teenagers are able to travel to a third-world country and selflessly give their time and money so that others might be able to achieve a better life.

Hinsdale Adventist Academy’s mission is to “strengthen students for lives of purpose, service and leadership.” By all accounts of the trip ... mission accomplished!

For more photos from the trip or to learn more about Hinsdale Adventist Academy, please visit www.haa.org.

Justin Ferguson, English teacher and senior class sponsor, Hinsdale Adventist Academy

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**RMES students celebrate Spring Week of Prayer**

“Welcome to the ‘Son Harvest County Fair!’” That’s what Ruth Murdoch Elementary School students heard each day during their Spring Week of Prayer. The theme was “Growing the Fruits of the Spirit.” Led by sixth grade teacher Deborah Park, the sixth grade class spent hours rehearsing skits, practicing special music pieces, creating PowerPoint presentations, working with microphones and creating the fair.

No detail was left untouched. Students, dressed in cowboy hats, boots, denim jeans and plaid shirts, made the whole event quite realistic. Chickens, horses, cows, pigs and geese, created by teachers and students, added to the atmosphere. Students visiting the fair sat on straw bales. Barn doors, chicken roosts, saddles, silos, field crops, tractors and eggs that had been gathered into a basket were all tended to by our sixth grade harvest workers.

Each day focused on a different fruit of the Spirit. Love, joy, peace, patience and kindness were all discussed from biblical, social and world-wide views. When the students gave a presentation on patience, they discussed the Prodigal Son and how the father waited patiently for his lost son to return. They also performed a skit that...
included one of the performers being late to week of prayer. When discussing kindness, the students presented different Bible texts and showed short video clips illustrating kindness. One video was the story of an 11-year-old boy who started a charity to save young children in Africa from being sold as slaves. By using many examples that flowed seamlessly together, our students were reached in many different ways.

Not only were students reached by different examples, but they were reached through the enthusiasm and personable approach that the sixth graders used. The presenters walked around the room as though they were speaking to students individually. Not only was this a huge lesson on the Fruits of the Spirit, but for the sixth grade students it was a big lesson on leadership and leading others to God.

“The presentations were extremely well done,” said RMES principal, David Waller. “We are thankful for such a dedicated teacher who took the time to prepare her students to present the week of prayer. What a privilege to see young people themselves leading out and encouraging other young people to grow in their relationship to Christ.”

Proud parents were there, too, taking performances and taking pictures while their students presented different parts of the service.

As a child, Park was encouraged by a teacher to take art classes. The entire school now benefits from her talent. Park’s students create amazing art displays throughout the year, and the Son Harvest County Fair shows their hard work and is reflective of the encouragement from a caring teacher.

“I think I may need to pack up my students and hit the road with our show!” says Park. “They did an amazing job.” After receiving a compliment about her hard work, she shrugged her shoulders and replied, “I worked with my students and they responded very well. I’m really proud of them.”

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**NAS students show school spirit**

Michigan—Spring Spirit Week at Niles Adventist School (NAS) focuses more on serving and helping others instead of the crazy hair and matching outfits of Fall Spirit Week. On Monday, Mar. 7, students at NAS celebrated everybody’s birthday with a game where presents were passed left or right, depending on the word spoken in a story titled, “Mr. & Mrs. Wright.” The party also included pizza and cupcakes, which were provided by the Home & School Association.

Tuesday’s activity involved making chocolate chip cookies to give out to others, an idea that came from a survey that Reilly Gaudin passed out to the students when she was “Principal for a Day.” More than 35 dozen cookies were made from ingredients donated by the parents and teachers.

On Wednesday, many of the cookies were delivered to service providers such as policemen and firefighters as well as to some local businesses that donated to the school’s silent auction, and to some of our neighbors near the school. The students also enjoyed sampling the fruits of their labor. Each classroom also planned something special for another classroom and surprised them with it. The surprises included cards and Popsicles, letters of appreciation and candy hidden in a classroom, brownies, chocolate eggs and paper Easter eggs, Bible verses and fun little toys. We’re not sure who had more fun—those being surprised or those doing the surprising!

Since Friday was the start of Spring Break, Spirit Week ended on Thursday with swimming at the Andrews University pool. Everyone had a great time splashing and playing in the water. Many, including the Home & School, parents, teachers and students, played a part in making it a fun and successful Spirit Week!
Many volunteer hours helped make the event a success.

**Sushi 101 proceeds benefit ADRA**

Michigan—The earthquake in Japan on Mar. 11 sent aftershocks around the world. The Adventist Development and Relief Agency (ADRA) was one of the first responders to the areas devastated by the earthquake and subsequent tsunami. On the campus of Andrews University, concerned groups and individuals also looked for ways to help. One way was through Sushi 101, a seminar presented by Ryan and Christine Wallace from Pioneer Memorial Church’s (PMC) Health and Wellness Ministry.

“We had planned ‘Sushi 101’ before the tsunami, but after it hit Japan our assistant health chair, Dominique Wakefield, had the great idea of turning the class into an ADRA fundraiser,” explained Ryan.

Sushi, as Ryan explained to the class, originated in Southeast Asia and China as a method of preserving fermented fish, but has since come to be known as a Japanese food. “We were not expecting such a large turnout,” said Christine, health chair at PMC, “but it was a nice surprise!” Students accounted for approximately one quarter of the 140-plus attendees.

The event began with a brief description of ADRA’s efforts in Japan—at the time of the class, they were housing more than 1,300 refugees and treating more than 350 people. Ryan then presented a brief history of sushi. He also demonstrated how to make a basic vegetarian sushi roll and listed some of the health benefits of sushi. The program also included a brief review of sushi etiquette—for example, it is considered in bad taste to mix your wasabi and soy sauce.

Following a question-and-answer session, the health team and volunteers served a vegetarian sushi dinner consisting of several varieties of sushi, soba noodles, salad and tempura. That morning, the Wallaces and volunteers made more than 1,000 pieces of sushi, which were eagerly consumed by the attendees. The meal finished with a light dessert of fruit and mochi, a rice and red bean sweet.

Half of Sushi 101’s profits and any additional contributions from participants were donated to ADRA. In total, the event raised more than $450 for ADRA. Many volunteer hours went into making the event a success—Ryan and Christine each put in more than 35 hours the week before, and the event was run by PMC’s dedicated health team. “We had some great help, both from our health team and last minute helpers. Without their help, this event would not have been a success,” said Ryan. “Each volunteer had a specific job, and everyone executed perfectly!”

Samantha Snively, student news writer, Office of Integrated Marketing & Communication, Andrews University

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**CYE newsletters offer resources**

Ever wonder... How many youth/young adults are leaving the church? What programs and opportunities are in place to engage them? Who are the new leaders of these young adults in our church? Where can those leaders get more training?

These are some of the questions addressed in Center for Youth Evangelism (CYE) newsletters. Each month newsletters leave from CYE to equip, engage and inform. Those at CYE consider themselves partners with others around the world who are seeking ways to build up the kingdom of God, which has already begun. Networking, resources and research are vital to this work. CYE newsletters seek to provide all three.

As mentioned above, newsletters equip—like *Youth Leadership Development,* updating youth leaders with our upcoming training events. Newsletters engage—like *WeCare Missions,* providing the latest involving mission trips and mission opportunities both domestic and international. And newsletters inform—like the *411 Newsletter,* which reports each month the latest information from CYE and the Adventist Association of Youth Ministry Professionals concerning job opportunities, personnel changes, etc.

Newsletters, such as *COR,* address key issues concerning young adults and the church. In this newsletter local youth leaders will find featured blogs, updating them with a wide range of resources from information for their ministry’s Web site to ways to engage the young adults in their church. They’ll also find articles addressing questions like “Will Facebook kill the church?” and questions of the month, where they will be able to post comments/questions/suggestions back to those on the *COR* blog.

And even though 2014 is three years away, CYE’s International Camporee newsletter goes out each month with the latest news concerning the Forever Faithful Camporee. Recipients receive the most current information on volunteer positions, opportunities for free tickets and Pathfinder resources.

Through these CYE newsletters great amounts of resources are collected and given. However, the monthly newsletters will not serve its purpose unless young adults and youth leaders take advantage of what they have to offer. Signing up doesn’t just keep you in the loop, it allows you to enter into a kingdom building partnership. Visit www.adventistyouth.org/newsletter to begin receiving these valuable newsletters now.

Derrick Nelson, intern, Center for Youth Evangelism
Survey reveals community enthusiasm for Lifestyle Matters seminar

Michigan—In March, the Jackson Church hosted a LifeStyle Matters seminar for four days at the Commerce Center Banquet Hall in Jackson. The success of this outreach is directly related to Vicki Griffin’s fine presentations, the cooperation and good spirit of the Jackson Church members and the blessing of the Holy Spirit. The attendance the first night was 51, and that number held steady throughout the four sessions. At every session thereafter were new people who registered and attended because someone at the seminar urged them to do so.

Evaluation forms were filled out each evening, and the various “remarks” made by attendees were extremely interesting. A cross section of advertising drew people to the event. Some came because of the brochures mailed to households which had $100,000 income or more. Others came because friends or relatives invited them, some were drawn by the newspaper ads, and others by the direct mail piece mailed to those on the church interest list and the church newsletter. One person said, “Please keep spreading the word around our community. This is so needed.”

It is truly significant that not one negative comment was made about the food. A food tasting was provided 15 minutes before the start of each seminar. Vegan recipes were used that had passed a proven “taste test.” On the first evening entrees were featured; the second, salads served; the third featured a “taco stack”; and the last evening the guests were served healthful desserts. The Jackson Church youth were front and center with the food serving. They included Beth Gagnon, Meagan Hile, Lydia Cooper. Sean Daugherty also assisted in the area of audio/visual setup and takedown.

Wright Church members minister in St. Lucia

Michigan—Looking forward to three weeks of sunshine, surf and sand on the beautiful West Indies tropical island of St. Lucia, Betty and Don Scherencel, members of the Wright Church in Michigan, joined 37 students from Atlantic Union College and 15 adults who embarked on an aggressive building project from Jan. 3–23. What the group actually found was an island wracked with destruction from the attack of Hurricane Tomas that laid into the island in early November 2010.

The mudslides that resulted from 30 hours of rain left a path of carnage and death in its trail. The devastation hampered an already aggressive time-line. The project entailed adding a third story of 6,700 block to the St. Lucia Adventist Academy. The other two floors of the school had been previously blocked in, but none of the building had been completed, and lacked stucco, paint, windows and doors. The total cost of the project is $5 million EC ($1.87 million USD).

Besides dealing with the effects of the storm, the Scherencels and Short shouldered the responsibility of organization of the construction progress, raising the walls on the third story. The Scherencels also led out in a six-program Vacation Bible School with as many as 100 children in attendance. They were approached to work on this endeavor because of their extensive experience with Maranatha Volunteers International, having been involved with seven church building projects in Central and South America.

Betty reflected, “As a former leader in the Cradle Roll Department, we would sing the song, “A Boat Goes Sailing.” I have always wanted to serve God in other lands. As we served God here at home, He opened the door to serve Him in the mission field. ... God protects those who serve.”

Don said, “God gave me an ability to build. Betty and I have felt that where He calls, we must go. ... To see how these building are being used to further the message of a soon-coming Savior is such a joy. To meet brothers and sisters who we are going to spend eternity with, that is what mission work is all about.”

St. Lucia Adventist Academy is the largest mission outreach on the island with a waiting list of 500 names of those hoping to attend the school, thus necessitating the large building project. Adventists make up seven percent of the population, which is the second largest religion on the island.

Ron Voogs, communication secretary, Wright SDA Church

Betty and Don Schreencel, and Darla Short, Wright Church members, shouldered the responsibility of organization of the construction progress.

A registration fee was charged for the seminar and a workbook provided. Most comments made were that the fee was "very reasonable" or "low."

The vast majority said the number of presentations were "just right," with only one suggesting there may be too many.

Comments about Vicki Griffin’s presentations included, "fabulous," "awesome," "loved her," "excellent" and "amazing."

Fiber, what foods to eat and the harmful effects of sugar rated high on what provided people the most practical help. The cooking demonstration was also a big hit. Among those wanting to learn more about health were professional people, teachers, an electrical engineer as well as others who were just interested in how to have a healthier lifestyle.

Offering the Lifestyle Matters seminar to the community was a lot of work, but many hands helping eased the load. Approximately 25 people volunteered their time and talents. This included several from the Bunker Hill Church. Laurie Schoun, assisted by Beth Faust, did an amazing job on a beautiful display of fresh fruits and vegetables on either side of the speaker’s table, and fresh flower arrangements which were appealing and attractive. Cindy Scott organized the seminar. The pastor was also a big supporter and cheerleader for all involved.

The vast majority of people wanted follow-up, with a cooking school being in great demand. It is gratifying to be able to say, "Yes, we can show you how to cook in a more healthful manner." A follow-up cooking school was held May 22 at the Community Services Center. A follow-up mailing to the LifeStyle Matters seminar was sent, with a "Save the Date" invitation to the cooking school. Also included was a health tract, which is something newly developed by LifeStyle Matters. Connie Vail led out in the cooking school. She invited Jackson Church members to send her their favorite unhealthy recipes, so she could do a “recipe makeover” session and teach how to make them healthful. Vail and Laurie Snyman are co-founders of The Vegetarian Express line of foods (see www.thevegetarianexpress.com), and Vail is a cookbook author.

Many Jackson Church members have seen the wisdom of conducting LifeStyle Matters seminars for their community. And it is their prayer that God’s way may be known upon the Earth and His saving health among all nations.

Madlyn Hamblin, member, Jackson Church

The seminar’s success was due in part to the many volunteers who donated their time, talents and resources.

ASI Lake Union Chapter votes support for ministry projects

The Lake Union chapter of Adventist-laymen’s Services & Industries (ASI) held its annual Spring Fellowship weekend, Apr. 15 and 16, at the Downers Grove (Ill.) Church. ASI is a cooperative network of lay individuals, professionals and ministries who share a common commitment to support the global mission of the Seventh-day Adventist Church, and live by the motto “Sharing Christ in the Marketplace.” The Lake Union Chapter chose as its theme for this year, “A Work For All,” from Ellen White’s statement that “Not all can fill the same place in the work, but there is a place and a work for all.” The principal speaker was George Knight, with workshops presented by artist Nathan Greene and Rich Constantinescu, pastor.

Newly-elected officers for the 2011–2013 term are: Debbie Young, president; Trudi Starlin, general vice president; Manuel Alva, vice president for evangelism; Matthew Gallimore, vice president for recruitment; Thomas Morrissy, vice president for finance; Barbara Weimer, vice president for communications; and Reg Mattson, vice president for projects.

The Lake Union Chapter voted the following to receive support from the offering: the Karen (Burma) SDA refugees who are establishing a church in Fort Wayne, Ind.; Standout at Andrews University, which ministers to the youth who are not in Adventist schools; COR (Church of Refuge) churches and One Church, which focuses on keeping young people in the church; a follow-up mission trip to the Dominican Republic; and student missionary care packages for 37 student missionaries from the Lake Union.

For more about ASI and membership information, go to www.asiministries.org or call 301-680-6450.

Barbara Weimer, vice president for communications; Lake Union Chapter, Adventist-laymen’s Services & Industries
Division-wide health initiative launched: Adventists InStep for Life

What do a hospital-sponsored 5K run/walk, a school-sponsored community vegetable garden and a church-sponsored summer feeding program have in common? They are all ways Seventh-day Adventist institutions and members are working together to promote a healthy lifestyle and fight childhood obesity.

Today, doctors are seeing diseases such as diabetes, hypertension, kidney disease and heart disease—which once affected only older adults—striking children as young as six. The cause? Childhood obesity, which in 2008 reached an all-time high of 17 percent among children ages two through 19, according to the Federal Centers for Disease Control and Prevention. In fact, the concern is that this may be the first generation in history that grows up less healthy than their parents. The potential impact on our nation’s economic health and security is significant.

But the good news is that there is a lot we can do to prevent these diseases. “This is our time! As a church we have long talked about the importance of not just healthy minds and hearts but also healthy bodies. Our culture is coming to grips with its health crises and we have a message for the times,” reports Dan Jackson, president, North American Division.

The Seventh-day Adventist Church joined some 50 other faith and community organizations in support of a national initiative of United States first lady, Michelle Obama, to fight the epidemic of childhood obesity. Adventists InStep for Life is a North American Division initiative sponsored by Adventist Community Services, Children’s Ministries, Education, Health Ministries and Youth Departments in order to mobilize every member and institution to get in step for life and make a significant impact on childhood obesity. “It is a wonderful means for advancing our emphasis on health among kids and their families,” affirms Jackson.

Church members will be encouraged to: 1) Increase physical activity by collectively accumulating 1 million miles through walking and other activities, and by 60 percent of Adventist students achieving the NAD and President Active Lifestyle Awards; 2) Focus on nutrition and increasing fruit and vegetable servings by launching 100 summer feeding programs (VBS, camps, community service activities, etc.) so kids have access to healthy meals when school is out, and by starting 100 community vegetable gardens at schools and churches to invite people who don’t have their own space to grow food; and 3) Engage kids, youth, parents, schools and the community in working together to fight obesity.

More than ever the time has come for God’s message of healing and restoration to be heard. Adventists InStep for Life is a wonderful opportunity to make a positive impact for Christ in our communities.

Health ministry leaders across the division have worked together to develop ideas, resources and a toolkit for implementing the initiative, which launched Apr. 1. The North American Division has also set aside Sunday, Sept. 25, as Let’s Move Day. Churches, schools and healthcare institutions are encouraged to host 5K runs/walks or other active events on that day to provide opportunities for physical activity and promoting a healthier lifestyle. “I see this as a program that all 1.1 million Adventists in the North American Division can take part in and encourage their community to embrace,” asserts Jackson.

“Studies show that maintaining exercise goals is even tougher than nutrition goals for most people. We are encouraging our churches in Michigan to run 18-month health intervention initiatives that include ongoing exercise programs for church and community members,” reports Vicki Griffin, health ministries director, Michigan Conference. “The Lansing Church is an example of a church promoting an exercise initiative, and it has two excellent programs on board: a kettle bell class and a walking/running class. One member and her husband lost a total of 100 pounds with the support and instruction offered in these programs. What joy this brings to the organizers!”

“This initiative (Adventists InStep for Life) is consistent with our church’s approach to ministering to people physically, mentally, socially and spiritually,” states Ted N.C. Wilson, president, Seventh-day Adventist World Church. “The Seventh-day Adventist Church will do its part to fulfill God’s wish found in 3 John 2, which indicates that God wants us to be in physical and spiritual health.”

Do you want a healthy future for yourself and your children? Would you like to make a difference in your community? Adventists InStep for Life is an opportunity to promote a message of healthful living and make a positive impact for Christ. For more information and an initiative tool kit, visit www.nadhealthministries.org.

Katia Reinert, M.S.N., CRNP FNP-BC, PHCNS-BC, FCN, director, Health Ministries Department, North American Division
Churches, schools, conferences, institutions and organizations may submit announcements to the Lake Union Herald through their local conference communication directors. An easy way to do this is to visit the Lake Union Herald Web site at www.LakeUnionHerald.org and submit the announcement online. Readers may verify dates and times of programs with the respective sources, as these events are subject to change. Submission eligibility guidelines are listed at www.LakeUnionHerald.org.

Andrews University

Andrews University will celebrate Alumni Homecoming 2011 on Sept. 29–Oct. 2. Honor Reunion Classes include: 1931, ’41, ’51, ’61, ’71, ’81, ’86, ’91 and 2001. We hope to see you then. Contact the Office of Alumni Services for more information at 269-471-3591; visit alumni.andrews.edu/homecoming; or e-mail alumni@andrews.edu.

The School of Education is hosting an accreditation visit by the National Council for Accreditation of Teacher Education (NCATE) in Fall 2011. We invite interested parties to submit third-party comments for review by the visiting team. Please note comments must address substantive matters related to the quality of professional education programs offered, and should specify the respondent’s relationship, if any, to the institution (i.e. graduate, present or former faculty member, employer of graduates). Copies of all correspondence received will be sent to the university for comment prior to the review. No anonymous testimony will be considered. Send by mail to Board of Examiners NCATE, 2010 Massachusetts Ave., NW, Suite 500, Washington, D.C. 20036-1023; or by e-mail to calforcomments@ncate.org. Letters of comment should be received no later than Sept. 1, 2011.

Illinois

Chicagoland Convocation, (Northern Illinois Conference Camp Meeting), May 14, Wheaton College, Wheaton, Illinois, Note: Not a Wheaton College function

Family Camp Meeting, July 27-30, Camp Akita, Gilson, Illinois

Campestre Hispano, Mayo 27-29, Camp Wagner, Cassopolis, Michigan

Campamento Familiar Hispano, Septiembre 2-4, Camp Akita, Gilson, Illinois

For more information about Illinois Conference camp meetings, please visit Web site: illinoisadventist.org.

Indiana

Indiana Conference Camp Meeting, June 12-18, Indiana Academy, Cicero, Indiana

Indiana Conference Hispanic Fellowship Day, (Hermandad Hispana), Junio 18, Cicero Seventh-day Adventist Church, Cicero, Indiana

Campestre Hispano, Septiembre 2-5, Timber Ridge Camp, Spencer, Indiana

For more information about Indiana Conference camp meetings, please visit Web site: indysda.org.

Timber Ridge Camp 50th Anniversary, Oct. 14-16: All former youth directors and staff who have been a part of the 50 years of ministry at TRC are invited to join in this special weekend celebration. For additional information or to make your reservation, contact Dean Whitlow at dwwhitlow@hughes.net or 812-829-2507. Accommodations are limited, so register early!

Women’s Ministries Fall Retreat is Oct. 14-16 at Swan Lake Resort, Plymouth, with guest speaker Jennifer Schweizer. To register, contact Tammy Begley at tammy.begley@gmail.com or 317-919-5318.

Lake Region

Lake Region Conference Camp Meeting, June 17-25, Camp Wagner, Cassopolis, Michigan

For more information about Lake Region Conference camp meetings, visit Web site: lakeregionsda.org.

Michigan

Holly Chapter of Adelphian Academy Alumni Reunion: Fri. night, June 10, at the Holly Church. Sabbath, June 11, Sabbath school and church at the Adelphi Junior Academy gym. Potluck dinner at the gym following church. Afternoon program at the Holly Church. Honor classes 1951, ’61, ’71. For more information, contact Arlene at 517-536-4312.

Cedar Lake Camp Meeting, June 17-25, Great Lakes Adventist Academy, Cedar Lake, Michigan

Upper Peninsula Camp Meeting, July 28-30, Camp Sagola, Sagola, Michigan

For more information about Michigan Conference camp meetings, visit Web site: misda.org.

Grand Ledge Academy First Years Reunion: We are looking for all charter students, alumni and faculty of 1959-1964 of Grand Ledge Academy. Plans are underway for a reunion which will be held Aug. 5-7 at Elysin Fields Hunting Preserve near Bellevue, Mich. To be kept informed of plans as they develop, send an e-mail to claudiaibahnmiiller@gmail.com with contact information or call Claudia at 360-793-1883. Join the Facebook group “Grand Ledge Academy—First Years.” Thanks for passing the word along.

North American Division

The Madison (Tennessee) College Alumni Association Homecoming will be June 24-26, honoring classes 1941, ’46, ’51, ’56, ’61, and those who attended Madison College or Madison College Academy. We will have activities and meals Fri. evening, Sabbath and Sun. mornings at the Madison Academy campus. For more information, call Jim Culpepper, secretary/treasurer, at 615-415-1925.

The Benedict/Turtle Lake (North Dakota) Seventh-day Adventist Church is celebrating its 100th Anniversary on July 23. We invite all past and present constituents, pastors, church scho[le contact Roger Boyko at 701-448-2884 or e-mail rkboyko@westriv.com.

Wisconsin

Hmong Camp Meeting, June 9-12, Location to be announced

Wisconsin English Camp Meeting, June 17-25, Camp Wakonda, Oxford, Wisconsin

Campestre Hispano, August 19-21, Camp Wakonda, Oxford, Wisconsin

For more information about Wisconsin Conference camp meetings, visit Web site: wi.adventist.org.

Sabbath Sunset Calendar

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Weddings

Brenda Amaya and Jesse Hart were married Dec. 19, 2010, in Medellin, Colombia, South America. The ceremony was performed by Pastor Jorge Amaya and Robert Amaya, and Pastor Cesar Cardenas translated the ceremony into English.

Brenda is the daughter of Jorge and Margarita Amaya of Medellin, and Jesse is the son of Douglas and Wanda Hart of Battle Creek, Mich.

The Harts are making their home in Colombia while Brenda finishes her medical internship. They will return to Michigan in December 2011.

Sarah C. Komula and Donald R. Pepera were married July 7, 2010, in Muskegon, Mich. The ceremony was performed by Pastor Ryan Counsell.

Sarah is the daughter of Roger Komula of Wausau, Wis., and Jacqueline and David Reagan of Muskegon, and Donald is the son of Debora Phillips of Las Vegas, Nev., and the late Terry Phillips.

The Peperas are making their home in Muskegon.

Anniversaries

Frederick and Jacqueelyn Acre celebrated their 50th wedding anniversary on Apr. 22, 2011, by a gathering with family and friends at Deerfield Hall in Columbiaville, Mich., and a trip to Hawaii. They have been members of the Otter Lake (Mich.) Church for over 50 years, where Frederick is head elder and Jacqueelyn is church clerk.

Frederick C. Acre and Jacqueelyn J. Fitch were married Apr. 22, 1961, in Otter Lake by Elder Meritt Munger. Frederick has worked for General Motors Grand Blanc Fisher Body Plant, retiring after 33 years. Jacqueelyn has been a R.N., retiring from Lapeer Medical Center after 35 years.

The Acre family includes Scott Acre of West Branch, Mich.; James and Vonnie Jo Acre of Barker, N.Y.; Deanna Acre of Utica, Mich.; and six grandchildren.

Jack and Helen Krall celebrated their 50th wedding anniversary on Aug. 15, 2010, by a small celebration with family in Redlands, Calif. They have been members of the Niles (Mich.) Westside Church for seven years.

Jack Krall and Helen Elliot were married Aug. 14, 1960, in Avon Park, Fla., by Elder Herman Ray. Jack has served four years in the U.S. Marine Corp; taught history and geography for many years in Canada and Africa; pastored three churches in La Port, Ind.; served as chairman of Solusi College in Rodesia (now Zimbabwe) religion department for 10 years; worked for the General Conference transportation department; and retired in 2005 but helped his son Mike with his international shipping business until 2010. Helen has been a nurse and stay-at-home wife and mother.

The Krall family includes Michael and Rowena Krall of Tracy, Calif.; Barry and Lisa Krall of Colton, Calif.; Susan and Reggie Curtis of Buchanan, Mich.; and four grandchildren.

Joseph and Christine Weber celebrated their 60th wedding anniversary on Jan. 29, 2011, by a church service and lunch with family and friends at the New London (Wis.) Seventh-day Adventist Church. They have been members of the New London Church for 52 years.

Joseph Weber and Christine Carlson were married Jan. 27, 1951, in Denver, Colo.

Joseph has been a medical doctor, retiring in 2000. Christine has been a medical assistant.

The Weber family includes Steve and Patty Weber of Antigo, Wis.; Lisa and Mike Laughlin of New London; Kevin and Cindy Weber of Baraboo, Wis.; 10 grandchildren; and four great-grandchildren.

Obituaries

CLEMONS, Evangeline V. (Hopper), age 89; born Feb. 26, 1921, in Muskegon, Mich.; died Nov. 20, 2010, in Muskegon. She was a member of the Muskegon Church.

Survivors include her son, Sam Mayo; daughter, Michelle Lampman; seven grandchildren; and nine great-grandchildren.

Memorial services were conducted by Pastor Ryan Counsell, with private inurnment.

DUKE, Rosella (Hixon), age 84; born Mar. 17, 1926, in Cass, Ind.; died Dec. 11, 2010, in Muskegon, Mich. She was a member of the Muskegon Church.

Survivors include her daughters, Judith A. Giudice and Cindy Lou LaU; five grandchildren; and three great-grandchildren.

Cremation services were conducted by Pastor Ryan Counsell, and interment was in Eagleston (Mich.) Cemetery.

FOX, Mary C. (Glazier) Page Perkins, age 82; born June 12, 1927, in Needmore, Ind.; died Apr. 11, 2010, in Mitchell, Ind. She was a member of the Bedford (Ind.) Church.

Survivors include her daughters, Junice Luckabaugh, Rebecca Wade, Cleata Kirkman and Marcie Ford; nine grandchildren; and 15 great-grandchildren.

Funeral services were conducted by Pastors Fernando Ortiz and Robert Helm, and interment was in Maple Hill Cemetery, Plainfield, Ind.

JENNINGS, Joseph L., age 87; born Oct. 21, 1923, in Girard, Ill.; died Jan. 21, 2011, in Chatham, Ill. He was a member of the New Hope Company, Springfield, Ill.

Survivors include his sons, Joseph L., Jonathan L. and David; daughters, Deborah Jennings and Katherine Cuto; brother, Curtis; sisters, Doris Boulien and Norma Thoron; and nine grandchildren.

Funeral services were conducted by Tom Ferguson, and interment was in Chatham Cemetery.

MCMILLEN, William I.E., age 81; born Aug. 4, 1929, in Youngstown, Ohio; died Feb. 9, 2011, in Grand Rapids, Mich. He was a member of the Grand Rapids Central Church.

Survivors include his wife, Henrietta (Caldwell); son, David Simon; stepsons, Nathan R., Milton R. and Phillip J. Hale; stepdaughter, Valerie A. Hale; and sisters, Glennie M. Rozier and June Kidd.

Funeral services were conducted by Pastors Bob Stewart and Phillip Willis Jr., and Dr. Phillip Willis Sr., and interment was in Garfield Park Cemetery, Grand Rapids.


Survivors include her sons, Blain and Ric; daughter, Kathie Ross; brothers, Don and Earl Sitt; seven grandchildren; and four great-grandchildren.

Funeral services were conducted by Pastor Jeff Dowell, and interment was in Manton Twp. Cemetery, Mio.

PROCTOR, Emma L. (Kern), age 76; born Mar. 19, 1934, in Lake City, Mich.; died Sept. 8, 2010, in Grand Rapids, Mich. She was a member of the Muskegon (Mich.) Church.

Survivors include her sons, Timothy L. and Terry L.; daughters, Denise F. Moore and Dela R. Bosvert; stepson, Phyllis J. McGrady; half sisters, Marilyn B. Stanton, Linda B. Ohman and Leeta M. Innman; 11 grandchildren; and 12 great-grandchildren.

Memorial services were conducted by Pastor Ryan Counsell, and interment was in Trufant (Mich.) Cemetery.

TALLQUIST, Anna B. (Eklund), age 83; born June 20, 1927, in Hart, Mich.; died Dec. 13, 2010, in Muskegon, Mich. She was a member of the Muskegon Church.

Survivors include her sons, Tom Tallquist and Richard Rafferty; daughters, Sandra Anderson and Chris Schmitt; brother, Carl Eklund; 11 grandchildren; and five great-grandchildren.

Memorial services were conducted by Pastor Ryan Counsell, with private inurnment.
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**Miscellaneous**

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**ANDREWS UNIVERSITY** is seeking a part-time Maternal Child/OB nursing professor. This would include classroom teaching as well as teaching in the clinical setting. M.S. in Nursing is required as well as a RN license and certification as a specialist in Maternal Child/OB nursing. For more information and to apply, please visit http://www.andrews.edu/HR/emp_jobs_faculty.cgi.

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**SOUTHWESTERN ADVENTIST UNIVERSITY** seeks a full-time nurse educator. Master’s degree required; doctoral degree preferred. Must have some teaching experience and an unencumbered Texas nursing license. For more information, contact Dr. Ron Mitchell at 817-202-6230 or rmitchell@swau.edu.

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2011 HONORED ALUMNI: Gary Case (BS ’91), Lynn Gray (BS ’71), Jeff Sajdak (BBA ’91), Ella Simmons (MA ’81), Dale Twomley (BS ’81)

Each time I pull out onto Old Highway 31 from the Lake Union office on my next journey into this vast territory surrounding Lake Michigan, the voice of Willie Nelson pops into my mind from out of nowhere: “On the road again...”1 I don’t mind driving—never have. It all started when I was ten, driving an old WWII Willys quarter-ton U.S. Navy surplus Jeep on my Uncle George’s farm in Milton-Freewater, Oregon.

But driving took on a whole new dimension when I checked out of professional life in 1984 and hit 17,500 miles of America’s by-roads in a Chevy van. For me, that’s when driving and praying converged.

My kids can’t get behind the wheel without the radio or mp3 player, but I often drive for hours in absolute silence. Other times I listen to God’s Word to me as an audio book. I’ve discovered what the Bible says is true: “Faith comes by hearing, and hearing by the word of God” (Romans 10:17 NKJV).

As I write, I’m sitting by my window in the pre-dawn silence and another song just popped into my mind. I realize why I’m here. I’m taken back more than 40 years, and I can hear Aunt Eleanor Wright singing, “...the Lord is blessing me, right now, right now. He woke me up this morning and started me on my way...”2

I take these special invitations from God seriously and with great anticipation, knowing that something new and wonderful is about to happen—if I just take time to listen.

Gary Burns is the communication director of the Lake Union Conference.


I was seven.

It was first grade, and I was given the very important assignment of illustrating my future career. There was no hesitation; I wanted to be a missionary. I grasped a chubby pencil in my left hand and scrawled a handful of large-eared stick figures in a land far, far away. Gratefully, they had thin, squiggly smiles—accepting the carefully sketched, cross-embellished square Bible from my stick hand.

I was nineteen.

It was sophomore year at Andrews University, and I’d signed up for the Passport to Missions class on a whim. I was squirming in my desk chair in room S340, feeling flushed and anxious. I’d recently decided to postpone my student missionary plans to the year after next, and Someone wasn’t satisfied. I was pushed and prodded, poked and pressed. As soon as the Campus Ministries office opened, I was there. “I want to look at calls for this year,” I blurted.

I was twenty.

It was junior year at Andrews, and I was disappointed. I hadn’t planned to be in Berrien Springs this year. I’d applied to work in an orphanage in Tanzania, as a science teacher in Egypt, as an elementary teacher in the Marshall Islands and as a teacher in Micronesia. Though some positions were more promising than others, each fell through in succession, the final call failing less than three weeks before the first day of classes at Andrews. I was frustrated and a little bit angry. I am a willing volunteer! Why is it so hard to get to far, far away?

I was twenty-one.

It was March, and I had been accepted to be a high school dean in Norway. During the processing phase, however, the call was removed. No-way Norway. Ta-ta Tanzania. Maybe not, Micronesia. Many would consider this 18-month session of repeated failures a sign to pursue a different direction, but I’m stubborn. Frustrated, I looked through the Adventist Volunteer Services mission calls one last time.

I was twenty-two.

April is winding down, and I am sitting at my computer in the library at Maxwell Adventist Academy in Nairobi, Kenya, where I am volunteering. Rather than studying, however, I’m planning physics and chemistry labs. I’m reviewing concepts of Algebra 2 so I can tutor students in the dorm later tonight. I’m musing about what exercises I’ll give in Physical Education. This is life in far, far away. I’m not a stick figure and I’m not handing out Bibles, but I am a missionary.

After searching at length for far, far away, I’ve learned that it isn’t really a place; it’s an attitude. There’s no invisible barrier rising from the Atlantic that magically transforms one into a missionary when it is crossed. The responsibilities I have in Kenya are nearly identical to those I held stateside. Leaving home didn’t make me a missionary; God did.

Far, far away: inaccessible by car, boat or plane. I’ll meet you there.

Jessica Stotz, 22, is an ebullient ukuleleist from Wisconsin. She loves life and loves Jesus, and knows that that’s no coincidence. Jessica will return to the States this summer and resume studies at Andrews University. She is a member of the Frederic SDA Church.

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ASHLEY NOONAN

"And let our people learn to devote themselves to good works, so as to help cases of urgent need, and not be unfruitful."—Titus 3:14, ESV

Ashley Noonan, a high school senior, loves to volunteer. This passion inspired Ashley to start a gymnastics program for kids near her home in Cedar Lake, Michigan. The idea created an impact she could have never imagined.

During her freshman year at Great Lakes Adventist Academy, Ashley looked for ways “to create relationships with people in the community and get them on our campus,” she says. After much prayer and planning with Tedd Webster, the academy’s Aerokhanas gymnastics team’s coach, the two decided to begin sessions that summer. Insurance problems halted their progress; but when Ashley became a junior, the program was cleared and the activities began.

The program draws nearly 40 children to the academy’s gymnasium on Tuesday nights. Roughly half come from the Cedar Lake Adventist elementary school, with the rest from the community. The Aerokhanas are actively involved in the meetings, and several team members lead worship at each session. Besides gymnastics, the Aerokhanas also teach children about drug and alcohol-free lifestyles—and begin and end each session with prayer.

“Seeing the Aerokhanas volunteer is awesome in itself,” says Ashley, who joined the gymnastics team this school year. “Everyone’s very willing to help, and it’s totally on a volunteer basis. They love hanging out with the kids and teaching them basic gymnastics. ... For them to take that time out every week to do something like this is really amazing.”

The program also interested community members about Christ. One family became curious about Adventists through the gymnastics and the academy’s Witnessing Class. The parents were so impressed with the students that they enrolled three of their children at the elementary school and another at the academy. Ashley claims it was all in God’s time and planning that the program has had such success.

“The gymnastics program has really affected me in tremendous ways,” says Ashley. “I never thought it could be like this. God has blessed.”
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