Spring Break Reminders: Remember that you still need to submit an overnight leave, yes, even those who have Honor 22 or 21/Senior status! Many will remain for spring break, and in the event of emergency, we need to know who to be hauling from the burning building...

Godly Choices Hey, we know that the world offers some interesting choices for kids going crazy on spring break. Do plan to be God’s woman wherever you are.

Healthy Travel Choices Environmental scientists report that 45% of tap water samples from 18 countries around the world contained live amoebas, according to the April issue of Discover magazine. So if you’re traveling out of the USA, be extra careful of your healthy and choices!

The same issue says that a road experiment recently showed that performance impairment after 3 continuous hours of night driving was equivalent to driving drunk, with a 0.08% blood alcohol count. So please drive awake, stop when you’re weary, and bring yourself back here in good health!

Did You Lose Money in Lamson Recently? Identify and claim at Dean Phillips’. Last call.

Housing: Selecting a Fall Room We’ve now completed housing for those wishing to keep their current rooms, and room selections for those who’ll be fall seniors, juniors, and we’re working on sophomores. You have only through spring break to have a roommate sign up with you: those without a roommate will then be ‘bumped’ from their requested room and assigned a room and roommate during the summer.

Staying for Summer? For reasons that escape me, University policy does not require that you live in university housing during the summer. But if you plan to live in Lamson, do let Dean Phillips know that right now, so we can get started on summer housing plans.

Pondering Applying to be a Resident Advisor or Student Dean? The deadline for applications is noon Friday, March 11.

Update Emergency Notification Preferences Each time a student requires hospitalization, we’re reminded how very crucial it is that your emergency contact information is up-to-date. All Andrews University employees and students are encouraged to visit www.andrews.edu/go/myems to configure your personal notification preferences. Log in with your Andrews user name and password.

Staying Well Just leaving for break won’t keep you healthy, although getting away from stress and being more active might help. In the meanwhile, remember to keep using hand sanitizer, to routinely disinfect your phone/door knobs/etc, get enough sleep, cut back on sugar, and eat a wide variety of foods. The same things will, miraculously, also help you focus on your studies when you get back.

No TrunkRoom Service Offered Next Year After much consideration, we’ve decided to discontinue our trunk room service after this semester. Do explore one of the several U-Store businesses nearby campus.

Did You Leave the Burner On? Last night, the late night RA noted that a stovetop burner was left on. Nothing was cooking, no one in sight. Someone just finished cooking, grabbed their pot and left, with the burner still on. This, my friends, is: a) why HAVE late night RAs (they do safety rounds each night), b) why the kitchenettes get locked after their last round, c) one of the reasons we keep stressing fire safety, drills, etc. Please, please use extreme caution as you cook in Lamson. Develop habits, like turning off the burner immediately, that you will use in your own home.

Time Changes This Weekend Wherever you are, turn your clock forward one hour this coming Sunday at 2. Might be smart to change your room clocks now before you go!