Have you a story to tell?

Sally Salmond, producer from the Adventist Media Centre in Sydney, Australia, is in Britain preparing for the Evidence series of television programmes to be broadcast by satellite in March 2004 from Newbold College church, and she is looking for stories. Can you help?

Sally says that the programmes will include music, audience interaction, individuals’ personal stories and Dwight Nelson speaking from the heart.

The topics covered throughout the ten programmes are: Love, God, Bible, Rest, Forgiveness, Peace, Hope, No Worries, Suffering and Justice. As part of each programme, we are looking to include a personal story from someone whose own experience relates directly to the topic of the evening.

This is where you can be involved.

You, as church members, know people whose lives have been led to Jesus in many different ways. We would like to invite you to be part of our research by nominating people whose journeys relate directly to one of the topics covered in the Evidence programmes. You may even want to nominate yourself!

Below are lists of story requirements as well as our general requirements and contact details.

General Requirements
- Please get people’s permission to share their story.
- (If a story is chosen, a camera crew will visit the person involved and record their story. They will then be invited to appear on the relevant Evidence programme, which will be recorded live in March 2004, and be interviewed by Pastor Dwight Nelson.)
- Personal stories must relate directly to one of the programme topics.
- Please provide all stories in written format (email or post) no more than 500 words.
- Please provide your postal address and telephone number.

DEADLINE: All submissions to be sent by 16 June 2003.

Story Requirements

LOVE – We all need to be loved and accepted.
- The story needs to show someone giving of him or herself in an extraordinary manner;
- needs to show that the individual has thought primarily of another person’s needs over his or her own, in a situation where self-preservation or self-oriented behaviour would normally be seen;
- needs to demonstrate an act of love that challenges the belief in self-preservation at all cost.

God – God brings meaning to our lives.
- The story should show a person:
  - who has sought meaning in their life and found none;
  - who has gone through depression and questioned their own existence in the search for some sense of purpose and significance;
  - who, in their desperation, turned to God and found an answer worth their lives.

BIBLE – The Bible shows us how to relate to others in healthy ways.
- The story should show a person:
  - who has experienced the pain of dysfunctional family, personal or work relationships;
  - who has sought to understand why their relationships with others are difficult;
  - who now credits their much happier relationships to following advice about relationships found in the Bible.

PEACE – There is wisdom in the Bible’s instructions to rest one day a week.
- The story about rest needs to focus on a person:
  - who has recovered from a potential physical and mental breakdown caused by too much stress and not enough rest;
  - who had no time for their personal relationships and as a result began to feel alone and isolated as well as physically and mentally stressed;
  - whose journey to find balance in their lives led them to the ‘rest day’ principle found in the Bible;
  - who is actively following this advice and experiencing a better life.

FORGIVENESS – Forgiveness is possible and provides a key to our own peace.
- The person we choose needs to have:
  - recognised their need to forgive others for their own sake;
  - realised that forgiving is something that can be learnt and doesn’t happen automatically;
  - actively learned the steps to forgiving (found in the Bible);
  - experienced the benefits of forgiving another person.

HOPE – Our lives can experience much unrest, but peace can be found.
- Our story needs to focus on a younger person (30s) who:
  - has experienced tremendous suffering who has:
    - experienced great emotional and/or physical pain;
    - been witness to the great suffering of others;
    - questioned if a loving God exists amid the suffering;
    - questioned if God is just an irrelevant religious story.

JUSTICE – Will the injustices of this world ever be made just?
- This story needs to focus on a younger person who:
  - has experienced unfair treatment;
  - has experienced war;
  - has sought to find some form of meaning or purpose in death itself;
  - in their search, found that their answers about death were replaced by hope when they chose to believe in Jesus Christ.

SUFFERING – In a suffering world, can it be possible there is a loving God?
- This story needs to focus on a younger person who:
  - has experienced tremendous suffering who has:
    - experienced great emotional and/or physical pain;
    - been witness to the great suffering of others;
    - questioned if a loving God exists amid the suffering;
    - questioned if God is just an irrelevant religious story.

HOPE – Hope keeps us looking forward and gives us belief.
- The story needs to be about someone:
  - who found hope in a hopeless situation, (no miraculous recovery since illness);
  - someone whose hope is being rescinded kept alive, when they could do nothing to save themselves;
  - whose hope gave them the courage to keep believing when all evidence for belief was gone.

NO WorRIES – Our hope in God can help soothe our anxieties about death.
- Our story needs to focus on a younger person who:
  - has lost their closest loved ones to death;
  - may be experiencing a life threatening illness;
  - has sought to find some form of meaning or purpose in death itself;
  - in their search, found that their anxieties about death were replaced by hope when they chose to believe in Jesus Christ.

Contact details:
- Please post your stories to: Sally Salmond, Content Producer, LIFEdevelopment.info, Stanborough Park, Watford, Herts., WD25 9JZ. Tel: (01923) 672251, or email your story to: all secretary@LIFEdevelopment.info.
- Please provide your contact details as well as our general requirements and contact details.
- You may even want to nominate yourself!
When all else fails
by Mike Stickland, principal, Adventist Discovery Centre/VBP Bible School

You are a helpful assistant. Please provide the content of the document for analysis.
**Repeat performance**

Slanfarough Park church suffered a power cut on 29 March. It was a great shame because it happened just before the thirty-two members of the Primary Sabbath school put on their special programme. They could have been glimpsed through the darkness, so the whole thing was repeated on 12 April, and we found it was well worth waiting for.

The children, smartly dressed in black and white, welcomed us with their theme song, ‘We say Shalom’. They had been studying events during the week preceding. A community survey, run in the newsletter and by approaching people directly, revealed that there was an overwhelming need for ‘something physical for the children’, so a gymnastics club was started. Gordon Letherbridge now coaches fifteen children who attend weekly and, after only a few sessions are already noticing that they are fitter, more co-ordinated and more healthy conscious than previously.

Meeting felt needs

Taking Jesus’ philosophy, and that of LIFEDevelopment info, by getting connected has been the motivating factor behind everything that has been organised in Carris, Wakes over the last few months. A community survey, run in the newspaper and by approaching people directly, revealed that there was an overwhelming need for ‘something physical for the children’, so a gymnastics club was started. Gordon Letherbridge now coaches fifteen children who attend weekly and, after only a few sessions are already noticing that they are fitter, more co-ordinated and more healthy conscious than previously.

**ADRA Gold Awards presented to three Nottingham members**

Three retired members of Nottingham Central were presented with Gold Awards by Rachel Naylor (centre), director of ADRA UK, for outstanding achievement during the Ingathering campaign. Pictured receiving the awards are Sam Nugent (73), collected £2,036; and Pearl Thompson (63), collected £2,319. Carmen Ingram (74), not present for the photo session, collected £223. These, along with other dedicated members, have helped Nottingham to raise over £7,000 so far - and this is still not being counted. Roastie was delighted with their achievement and dedication.

**Flowers and cards for Romania**

The Seventh-day Adventist Church officially launched this year a youth mission endeavour called Project Romania. The aim of Project Romania 2003 is to provide both labour and materials in order to rebuild two uninhabitable houses belonging to underprivileged members of the local Botezati community, a small Romanian village about 45 km from Bucharest. Standards of living and conditions in the village are extremely poor.

On 6 April the first official fund-raising event for Project Romania 2003 started with a flower-arranging/card-making course. A small group of enthusiastic charitable individuals from Dundee and the surrounding area congregated at Dundee church for a very inspirational day of flower arranging and card making organised by Claudia McKail and Claudia Chisholm. The artistic talents of Claudia were put to the test as she tried to recreate the creative flair locked away within each class member. Between activities everyone was blessed with a delicious lunch generously prepared and donated by Margaret Lesar. The day was a huge success, generating £220 for a very worthwhile cause, with each person returning home contented with their own unique and imaginative designs.
Lift up Jesus

'Though all are precious in His sight, the rough, the ready, the poor, the outcast, the sinner, the criminal, He has His eye upon them all. They touch His heart with His sympathy and love. He huis fraces from cause to effect. The one who is most easily hurt, and is most tenderly loved is, in the special aspect of this solvitude.'

When we come to Jesus we are never rejected, criterion by virtue of our position, although we be sinners. The case of the publican and the Pharisee is claimed that an encounter with him is unavoidable if we are to be saved. He is the only One who can forgive and its power broken. He is able to forgive anything.

The law cannot comfort the broken hearted. Jesus is all compassion. No one who comes to him is able to sympathise with our weaknesses.8

In these dark and troubled times, in a world of anxiety and fears as to whether we shall be saved. When we come to Jesus we are never rejected, criticized for our weaknesses, beloved, loved. 'Though all are precious in His sight, the rough, the ready, the poor, the outcast, the sinner, the criminal, He has His eye upon them all. They touch His heart with His sympathy and love. He huis fraces from cause to effect. The one who is most easily hurt, and is most tenderly loved is, in the special aspect of this solvitude.'

When we come to Jesus we are never rejected, criticized by virtue of our position, although we be sinners. The case of the publican and the Pharisee is unavoidable if we are to be saved. He is the only One who can forgive and its power broken. He is able to forgive anything.

The law cannot comfort the broken hearted. Jesus is all compassion. No one who comes to him is able to sympathise with our weaknesses.8

In these dark and troubled times, in a world of anxiety and fears as to whether we shall be saved. When we come to Jesus we are never rejected, criticized for our weaknesses, beloved, loved. 'Though all are precious in His sight, the rough, the ready, the poor, the outcast, the sinner, the criminal, He has His eye upon them all. They touch His heart with His sympathy and love. He huis fraces from cause to effect. The one who is most easily hurt, and is most tenderly loved is, in the special aspect of this solvitude.'

When we come to Jesus we are never rejected, criticized by virtue of our position, although we be sinners. The case of the publican and the Pharisee is unavoidable if we are to be saved. He is the only One who can forgive and its power broken. He is able to forgive anything.

The law cannot comfort the broken hearted. Jesus is all compassion. No one who comes to him is able to sympathise with our weaknesses.8

In these dark and troubled times, in a world of anxiety and fears as to whether we shall be saved. When we come to Jesus we are never rejected, criticized for our weaknesses, beloved, loved. 'Though all are precious in His sight, the rough, the ready, the poor, the outcast, the sinner, the criminal, He has His eye upon them all. They touch His heart with His sympathy and love. He huis fraces from cause to effect. The one who is most easily hurt, and is most tenderly loved is, in the special aspect of this solvitude.'

When we come to Jesus we are never rejected, criticized by virtue of our position, although we be sinners. The case of the publican and the Pharisee is unavoidable if we are to be saved. He is the only One who can forgive and its power broken. He is able to forgive anything.
Chronic Fatigue Syndrome or Post-viral Infection, is difficult to identify. However, symptoms such as those described above can be eased and improved by special physiotherapy and hydrotherapy, and a whole range of warm and comforting treatments. These treatments are combined with gentle exercise in water, in the toing salon, or out-of-doors with a little walk in the beautiful countryside surrounding Roundelwood – a tonic in itself.

Advice for living with ME from a qualified physiotherapy team is invaluable and will help to shape and balance your lifestyle to achieve your best potential while suffering the effects of ME. It can take several years to escape all the effects, but success can be achieved more readily when the individual understands how to live and work through the condition, balancing complete rest with gentle exercise, avoiding stress, where possible, and looking positively for gradual but sustained improvement to overall health and fitness.

Roundelwood Health and Lifestyle Programme will certainly help to achieve this, and a regular six-month return 'top up' visit is ideal to review progress, benefit from the treatments, and plan ahead.

Roundelwood is offering a special themed week, ‘Living with ME’ from 3-10 August 2003. However, the programme is also available at other times, and there is a 20% discount for church members. To make your reservation telephone Diane or Sylvia in the Reservation Department on 01764 653806, or email: health@roundelwood.freeserve.co.uk.

G. MARTIN BELL, Administrator

Pauline Mickel and Magdalene Saoranie, Physios at Roundelwood