What makes Roundelwood so special?

Although Roundelwood Nursing Home in Scotland has closed due to the decreasing number of nursing clients, full attention is now being given to developing the Roundelwood Health and Lifestyle Spa, which is unique in the British Isles.

We offer delightful, therapeutic treatments and facilities where people can relax, refresh and revive. In addition (and what makes Roundelwood so very special) are the lifestyle-challenging programmes with emphasis on the whole person. These include expert help in stress management and relaxation, slimming and weight control, stop smoking, and other areas of fitness improvement. We also offer restorative physiotherapy and hydrotherapy to relieve painful and debilitating conditions. In this unique way Roundelwood is able to share the Adventist belief in God-given natural ways to improve health, including regular exercise, a nutritious diet, fresh air and sunlight, pure water, rest and sound sleep, and trust in a God who loves and cares for us.

The ideal setting for your health holiday

Set in beautiful Perthshire in Scotland, overlooking the picturesque holiday town of Crieff and surrounded by glorious mountains, rivers and lochs, Roundelwood is easily reached from all parts of the British Isles with motorway connections to within twelve miles of Crieff, and with budget airlines to Edinburgh airport and train and coach services to Perth.

Roundelwood Health and Lifestyle packages

Weight control is always a lifestyle issue. At Roundelwood we emphasise total health improvement and not just weight loss. The secret is far more than counting calories. Roundelwood offers guidance and support in a sensible, balanced approach to weight loss, to achieve long-term sustained results.

Stress, tension and anxiety. It is estimated that over 50% of the population regularly suffer the effects of stress. The Roundelwood stress management programme includes treatments especially chosen for their benefit to body, mind and spirit.

Stop Smoking. Even heavy, long-term smokers are successful at Roundelwood because we can eliminate the nicotine and many other harmful substances from the body by the use of a detox diet, detoxing treatments and water therapy.

Fit for Life packages for men and for women are designed to improve health, fitness and well-being, tone the system, improve the circulation and re-energise the client.
Newbold’s Class of ’54

For the Newbold graduating class of 1954 the weekend of 16 May 2004 was one we had been planning for and looking forward to for several months. This was to be a once-in-a-lifetime experience.

On a beautiful, sunny Sabbath morning we met to worship together for the first time in fifty years. Members of the class participated in the service, at the close of which College principal Dr David Pemberton recognized the class members by a special presentation from the College. In the afternoon we set off to explore the beauties of the spring azaleas and rhododendrons in all their glory in Windsor Great Park.

At a dinner celebration in the evening, Mr and Mrs Roy Stanway were our honoured guests. Roy being our class sponsor in 1954. We were delighted that he was also the organiser for our Sabbath service. Eighteen people were present to enjoy the delectable food so ably prepared by chef Daniel Barberton. The service was full of joy and laughter with some wonderful stories shared by people together who had much too short and passed so quickly that it was late in the night as we said our goodbyes. We parted with a glow in our hearts in anticipation of meeting again for another reunion in heaven where there will be the best celebration of all.

Musicians’ workshop

On Sunday 27 June approximately forty musicians, mainly from the south of England, attended a one-day Adventist Musicians’ Association (AMA) workshop at the Stanborough Centre in Watford. The event was organised by Pastor Miroslav Pujic, Music director for the Trans-European division, and was hosted by the BUC. Lectures for the day included Dr Bruce Bauer from Andrews University, currently lecturing at Newbold College; Pastor Geert Tap, Dean of Men at Newbold College and Creative Ministries director for AMA; Dr. Paul Lee, international singer, Music director for the Trans-European Division and was hosted by the BUC.

Dr Bauer went on to tackle the controversial issue of whether such a way as to bring glory to God. ‘Most forms of music are neutral,’ he said. ‘Drums can be used for worship in a way that will reach the next generation? Dr Bauer went on to tackle the controversial issue of whether such a way as to bring glory to God. ‘Most forms of music are neutral,’ he said. ‘Drums can be used for worship in a way that will reach the next generation?’ Dr Bauer went on to tackle the controversial issue of whether such a way as to bring glory to God. ‘Most forms of music are neutral,’ he said. ‘Drums can be used for worship in a way that will reach the next generation?’

So does anyone know...? 1

The whereabouts of Mr L. Futcher (born in 1910) last known to be at the United Church in Waterloo. We believe he may be living in a retirement home in the area. Please contact Mr Jack Kraft, 1300 333 4442.

In her report on National Public Radio, Wendy Meehan said that after the terrorist attacks of 11 September 2001, there was a wave of sympathy for the families of the victims. ‘We were all able to feel the pain of the relatives, she said. ‘But now, hearing the relatives’ pointed words, we feel different.

And then, some time after that, whether it be the fifty-first, the sixty-third or whatever—we won’t know when it comes—that they will make us think. It seems that some people are already rising their hands to the needs of their families, with faked condoms. We must take much trust, and we would not want it to be otherwise. In this we are saying that out of our lectures, it is even supposed to replace all nostrums of light from London to Lourdes! While it may be fairly easy to spot this coming, and be weary of it, the authenticity of other therapeutic claims is not so easy to establish.

According to the World Health Organisation around 10% of all the drugs on sale globally are counterfeit. Since various countries, generic versions of named drugs in a package of various fake drugs may even turn up in high street chemists and be issued as part of the prescribed medication.

These counterfeiters are not reformers of known drugs, they are complete inconstancy. Literally dozens of babies in China died recently from taking ‘off drugs’ as well as from the counterfeit food. The counterfeiters have been feeding their babies with milks lacking nutritional value. Unwittingly the mothers had simply been taking babies with counterfeit formulae instead of the genuine article. In a result of using counterfeit formulae instead of the genuine article.

This guest editorial first appeared in Adventist Review, February 2004. Dr Roy Adams is associate editor of that publication.
Could this be the shape of the future, Ingathering-wise, for those who have always complained about doorstep drudgery? This year 500 people—of all ages—took part in the South England Conference’s half marathon walk/run in aid of ADRA. Organisers called it ‘Thirteen Miles for Good’. It took place in Hyde Park.

Initial estimates show that approximately 480 people completed the course either once or twice,’ reported David Cox, Personal Ministries director of the BUC. It took a lot of organising. More than 30 people were involved in the marshalling, registration—and First Aid! Thankfully, the First Aiders had nothing more serious to deal with than blisters. Hence, three months after the event (it occurred on 4 April) no harm has been done! Pastor Cox believes that in the region of £40,000 was raised through sponsorship. Pathfinders were out in force, 24 from Stratford alone. There was a super-fast team of runners from Newbold. One well-sponsored entrant was only 8 years old. J. O. Martins of Holloway church, at 75, might have been the most senior finisher. ‘Of Holloway’s Ingathering total of £14,425,’ reports M. Wedderburn, £1,250 came from the walk.’

‘Among the athletes who arrived at the starting point,’ reports J. O. Martins, ‘there were only a few who wanted to run.’ He decided to be one of them. ‘A man is as old as he thinks he is,’ said Brother Martins. ‘If you think you are young you will be forever young,’ he said. He is believed to have raised ‘close to £800’.

Comments on the day included ‘Ouch!’ ‘It was great fun!’ and ‘People donate much more to Ingathering this way!’

A spokesperson for the SEC said, ‘This could become the Church’s media event of the year and, therefore, the witnessing event of the year.’

One pastor said, ‘You only need to be moderately fit to take part and, if you have any doubts about your physical fitness, get some walking practice in through the winter. We could all do to lose some weight! Why not make this a really big event each year?’

‘My legs went round hundreds of times; Daddy helped me,’ said the youngster. 

Joel was nationally recognised with a trophy at the North England Conference camp meeting.

Weapons of Mass Destruction found in Tottenham church!

It seems that Bush and Blair have been looking for weapons of mass destruction in the wrong place, because on Sabbath 24 April they were found at the Tottenham (West Green Road) church! That’s right—weapons of mass destruction were found in little old Tottenham—and in a church of all places!

Greed, envy, loneliness and poverty were found during the Youth Day Sabbath School service. Once the troops (congregation) had calmed down after witnessing such a mammoth discovery, elder Steve Hudson led in the lesson study and the newly-formed Gifted sang to close the service.

During the divine service, Devoted and Natasha Hunter blessed the church with their singing; and speaker Val Bernard highlighted other weapons that could cause destruction such as the ‘square god’ also known as television. The afternoon programme featured a presentation from our brilliantly talented drama group. For those of you who are wondering, as soon as the weapons have been contained and examined by our weapons inspectors, we will report our findings to Bush and Blair right away!

EDITOR
**Morning Events**

**Seminars:**
- 10-10.40am
  Karen Holford
  - Family Matters
- 10.45-11.10am
  Deborah Harris
  - Money Matters
- 11.15-noon
  Dr Clemency Mitchell
  - Health Matters

**Special Guests:**
- Ken Burton and the Adventist Chorale
- Keith Burton, author of ‘The Compassion of the Christ’
- Dr Roy Adams, associate editor of the Church’s No. 1 International Magazine, Adventist Review
- Charles Ngandwe, winner of TV’s 2004 ‘Stars in Their Eyes’ and author of ‘The Voice He gave me’, the epic story of his life

**Afternoon Events**

Book launches with Keith Burton and ‘The Compassion of the Christ’ and Charles Ngandwe ‘The Voice He gave me’

London Adventist Chorale

ROY ADAMS
Adventist Euro 2004

Sunday 27 June saw the first LTYF 5-A-Side Football Tournament for 2004 take place at Wandsworth, Wandle Recreation Centre, South London. The tournament boasted 14 teams coming from all over the SEC. The usual suspects, Watford A, Balham B, Willesden, Norbury A and Kennington (2003 champions) turned out with newcomers Hampstead, Newbold x2 and Wembleld, plus surprise turn-outs from old school teams Greenwhich and Holloway.

The tournament started with prayer and then the teams were split into two groups with the top four from each group going through to the quarter-finals. Each team was committed to trying to make it through to the last eight - the skills, the passion, the great saves, top right-hand corners, the through balls, the low drives, the dummeis and the teamwork were enjoyed by the many spectators and supporters.

With the sun still shining and the supporters still cheering the last eight were notified that they had made it, and the quarter-finals began. The games were more heated at this stage as expected, but the teams with the most skill, panache and passion made it through to the semi-finals. Balham A vs Balham B, and Willesden vs Watford B.

Both semi-final games were tough and demanding as the lengths of matches were extended, but Balham A and Watford B both turned up the heat to move to the next stage, the finals.

The finals began, but so did the rain, so more concentration and focus was needed from both teams to become 2004 champions. Watford surprised Balham with a quick two-goal lead and the question on everyone’s lips was could Balham come back?

The answer was simply - No, as Watford adapted well to the conditions and were without a shadow of a doubt the better team on the day.

The teams embraced one another at the end and were led to the presentation area where Balham received the runners-up medals and Watford B received the winner’s cup and the shield.

Congratulations, Watford – 2004 Champions!

The LTYF would like to thank David Roberts and team, and the London Sports Council for the professionalism, effort and hard work put in that made the tournament the success that it was. Look out for 5-A-Side Football 2 in November (indoors).

For a look at the 5-A-Side Football 2004 picture gallery check out the LTYF website: www.londonyouthfed.org.uk.

Reap what you sew

How to Make an American Quilt was an unlikely film to come out of Hollywood these days. It explored the literal and symbolic depth of relationships and art.

Miles from Hollywood, a group of six women from North Bristol and Bristol Central congregations were brought together by the art form of quilt making. Almost unbeknown to the wider church, Veda Dennis, Gloria Watson, Merle Smith, Edith Appleby, Beulah Garnett and Stephanie Anderson took two years to make a quilt that would go towards the North Bristol church building fund.

The quilt is entitled ‘Sunshine on Old Crocks’. Stephanie Anderson (who introduced the other women to quilt making) explained: ‘It’s a nice block called broken dishes and the lovely sunny colours made us think of the title, “Sunshine on Old Crocks”, suggesting that all are in need of Jesus and his sunshine.’

Unsurprisingly, the quilt was purchased for £125 even before it was completed, but that is not the only reward these women have gained after their dedicated work. Stephanie says: ‘We’ve all had a good time together and I now know five great ladies much better.’


If you would like to find out more about Personify’s ministry please e-mail Samantha Robinson or Laurenne Harper-Fuller at: personify@lycos.com. For more information about ASNA please see their website www.asna.co.uk.
Can we learn lessons from early-Christian-Muslim Relations?  

by Oscar Osindo, director, Adventist Mission Relations, SEC

S ince 11 September 2001, the world has changed. The catastrophic events of that day seem to have redefined Christian-Muslim relations and Islam-West relations. What lessons can we learn from the past, to help us resolve at least some of the current tensions? Issues regarding Christian-Muslim relations are as old as the centuries and as new as today. They have been addressed with political domination, military conquests and Christianisation. Similarly Islam has been observed to be an object of fear and necessity by Christianity. Reasons are many but the need to understand these issues have lead political and religious leaders to address the question. In August 2007, the World Council of Churches and the Lutheran World Federation, together with the United Methodist Church of the United States, convened an international conference entitled: "The Christian and Muslim Religions as Models for Interreligious Dialogue." The conference, held in Jerusalem and Nazareth, was attended by many prominent theologians, church leaders, and experts in the fields of interreligious relations and peace mediation. The aim of the conference was to explore the role of the Christian and Muslim religions as models for interreligious dialogue in the context of the Israeli-Palestinian conflict. 

Christmas is coming. In the West, we usually think of the birth of Jesus Christ and the celebration of his nativity. In the East, however, Christmas is not only about the birth of Jesus, but also about the birth of the Virgin Mary. The Virgin Mary is revered in Christianity as the mother of Jesus, and her feast day, the Assumption, is celebrated on August 15th. During the 19th century, the celebration of the Assumption became more widespread in the Eastern Orthodox Church, and it is now observed in many Eastern and Eastern Catholic churches. In the West, the focus is usually on the nativity of Jesus, but in the East, the celebration of the Assumption is an important part of the Christmas season. 

The life of Jesus Christ is enshrined in the Bible, and many events in his life are recorded in the gospels. The Nativity, the birth of Jesus, is described in the gospels of Matthew and Luke. According to the gospels, Jesus was born in Bethlehem, in the region of Judea, to Mary and Joseph, who were of the house of David. The virgin birth is a central theme in the New Testament, and it is often used to explain the divine nature of Jesus. 

The Assumption of the Virgin Mary is also enshrined in the Bible, and it is described in the apocryphal book of James. According to the apocryphal book, Mary was taken up into heaven in a cloud of glory, and her body was assumed into the presence of God. The Assumption is celebrated in the Eastern Orthodox Church, as well as in some Eastern Catholic churches. It is also observed in some Western churches, such as the Roman Catholic Church, and it is considered a major feast day. 

The celebration of Christmas and the Assumption of the Virgin Mary is an important part of the religious calendar in many cultures around the world. It is a time of joy and celebration, and it is a reminder of the love and grace of God. The celebration of these events is a way to bring people together, and it is a reminder of the power of love and peace. The celebration of Christmas and the Assumption of the Virgin Mary is a time of hope and joy, and it is a reminder of the love and grace of God.
Physiotherapy and pain relief. Roundelwood’s physiotherapy department deals with a multitude of conditions including pain and stiffness in the back and neck, related headaches, osteo and rheumatoid arthritis, plus neurological conditions such as multiple sclerosis and hemiplegia. The physiotherapy department can also advise on chronic fatigue syndrome (ME) and debilitating conditions.

We are especially proud of our in-house physiotherapy department, which is second to none.

Arthritis relief. The programme for arthritis relief is especially beneficial and includes a full consultation and assessment by one of our chartered physiotherapists and treatment each day. The warm hydrotherapy pool with underwater massage is very comforting and beneficial, as is therapeutic massage, hot packs, and paraffin wax, and salt and peat baths—a whole range of comforting treatments which produce remarkable results.

Chronic Fatigue Syndrome, or ME, is a condition which causes great distress. Victims of the disorder often experience extreme tiredness and general malaise. Specialist physiotherapy and hydrotherapy treatments, can help to relieve the symptoms. Equally important is advice for living with ME.

New LETS ANNUAL

Moss Side Garden Gospel Festival

Nothing but the Truth Gospel Band

Roundelwood Health and Lifestyle Spa

Powersport Gymnasium.

The pool features underwater massage, hydrotherapy treatments, and hydrotherapy treatments can help to relieve the symptoms of arthritis such as hip or knee replacement. The Crystal Pool Complex and Powersport Gymnasium.

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Roundelwood. 2-, 5- or 12-day breaks are available. For details contact Diane or Sylvia on our reservations line, telephone 01764 653805, or email healthy@roundelwood.freeserve.co.uk. To claim your discount, please remember to quote, ‘Church Members Discount’.

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