Baptisms are public events but the North England Conference Pathfinder Rally Day brought new meaning to the word ‘public’. As banners waved in the bright sunlight, and two thousand voices cheered, three Pathfinders were publicly baptised on the steps of Sheffield City Hall on Sabbath 13 September. This was the first time the church has ever conducted such a public baptism, but the three youth, Kenan Mackenzie-Grey, Larissa Andrews and Cargill Webley, were delighted to demonstrate their love for God and of Pathfinders to the thousands assembled in Sheffield city centre.

The Lord Mayor of Sheffield, Councillor Mrs Jane Bird, and her husband consort were present to welcome Pathfinder and Adventurer clubs from across northern England into the city of Sheffield. NEC president Pastor Ian Sweeney and Personal Ministries director Pastor Mike Simpson, along with Sheffield pastor Andrew Rashford-Hewitt, also made contributions. Pastor Sweeney stated, ‘The NEC Pathfinder Rally Day is one of the largest public events we do in this Conference and I am extremely proud of our young people and the public witness that they are bearing for Christ today.’ The main speaker for the day was Pastor Jonalan Teal, Pathfinder director for the world Church. In his address he challenged parents and Pathfinders alike: ‘Be loyal to Christ and to the mission to which he has called you. Make yourselves available to God at all times.’ That made an impression on Benjamin, a student at Harper Bell School, Birmingham. He stated, ‘The preacher said to hold on to God, and I was blessed.’ Ainsly from Nottingham agreed, stating, ‘The music and singing were really good. The sermon was simple to understand.’

At exactly 2.15pm the procession of two thousand, led by three marching bands, set off under the guidance of the local police for their parade through the city centre. Pastor Mike Simpson and those not in uniform distributed over five thousand Discover Bible cards and over a thousand Pathfinder information...
If you would like to pursue the issues raised you might continue to confirm what was written over 150 years ago. This statement remains relevant as science wrote the following statement: ‘The electric power of the brain promoted by mental activity vitalizes the whole system, and is thus an invaluable aid in resisting disease.’ (page 396.) Under the caption ‘Mind and Health’ in her book Emotions and mental activity Part 9, brain health series, good health can receive beneficial short-term effects from massage. Additionally, massage has been found to improve relaxation, relieve muscle tension, improve sleep, and enhance blood circulation.

Brain Health Series
Part 10
Enhancing Health by Sharee P. McDonald RN, BNH, MSc, Nurse Director, NSW

Mental and emotional activity. Under the caption ‘Mind and Health’ in her book Mind, Character and Personality, E. G. White wrote the following statement: ‘The electric power of the brain promoted by mental activity vitalizes the whole system, and is thus an invaluable aid in resisting disease.’ (Page 396.) This statement remains relevant as science continues to confirm what was written over 150 years ago.

Davidson MO, at the Laboratory for Functional Brain Research at the Institute of Wisconsin-Madison, revealed MRI (magnetic resonance imaging) scan results which identified the relationship between brain activity and emotional states. Davison found a distinctive relationship between the brains of individuals characterized by alertness, alertness, anxiety, and stress, emotional states, and other positive behavioral characteristics in comparison with the brains of those who were calm and cool.

From his research, a possible link has been found between the functioning of a region of the brain called the amygdala responsible for processing emotions. ‘We've found that brain activity changes during prayer. Research also shows that blood pressure and heart rate can decrease during times of prayer and worshipful reflection.’ Massage therapy — particularly in clinical settings, the effectiveness of music as a therapy has been researched extensively for its benefits to pain relief and reducing stress and anxiety.

Massage — Patients experiencing anxiety can receive short-term effects from massage. Additionally, massage has been found to improve relaxation, relieve muscle tension, improve sleep, and enhance blood circulation.

Good health!

Is money filthy? I mean, not just too. My darling trouble ‘n’ strife is let us make it a matter of prayer that the greedy be thwarted and the vulnerable protected.

As the world’s economy goes into freefall, at the turn of the century, however, Archbishops of Canterbury and York denounced the culture of greed behind the stock market crashes last month. They were right to do that. They would have been wrong had they implied that any particular collection of politicians have all the answers.

You’re never alone as a bacterium!’ We owe it to ourselves and to the country, states White, ‘to clean up our act’. That way the non-rational side of our nature takes control and we support one collection of politicians over another for similar reasons that a significant number of migrating countries against their better judgement. ‘We need to get our act together. It’s time we found a new sheriff in town.’

When we make our statements on the money markets suggest that the Greek word lucre used in the NT is very apt.

‘Hum, dum, dum tit-tee dum, dun dun dun dun dun dun dun dun.’ As the world’s economy goes into freefall, at the turn of the century, however, Archbishops of Canterbury and York denounced the culture of greed behind the stock market crashes last month. They were right to do that. They would have been wrong had they implied that any particular collection of politicians have all the answers.

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**Trauma and the clergy: help for wounded healers**

Pastors are healers, but what if the healer himself is wounded?

Daphne Stephenson-Vallour, PhD, LMFT, LMHC, BCPC*

A n experienced pastor in a New York City church recently related the story of a traumatic incident involving a youth who had committed homicide. He was struck down when he heard the story with such strong pathos and in such vivid detail that it was hard to believe that the youth was not associated with the church. The incident as told to him had left an indelible impression on his mind, so much so that it seemed to weigh heavily upon him.

Dealing with traumatic life events is increas-ingly becoming the lot of many pastors in urban and suburban communities. Pastors, elders and chaplains, like social workers and mental health professionals, are invariably the first responders in a crisis situation or traumatic life event, result-ing in their experiencing what is often referred to as vicarious trauma. As healing vessels they are frequently the first occupants on the scene, and then to call on for help in a family crisis situation or a traumatic life event. Yet the profound impact of pastors’ repeated exposure to the hearing or witnessing of traumatic life events without an opportunity to process their feelings or thoughts is not a topic that is often considered.

The impact of trauma is a common clinical term. It is a normal response to overwhelming experiencing or witnessing traumatic life events, such as the violent death or physical assault of a child. As healing vessels they are expected to be able to arrest or suspend their normal emotional, psychological and physical response to such overwhelming events at all times. But, as they respond to traumatic life events such as child abuse, domestic violence, death, disaster and unkindness, they too are themselves likely to experience the feelings of fear, pain and suffering, intrusive thoughts, nightmares, loss of energy, or hypervigilance. They too may even act out behaviourally in the home, at church or they behave in a ‘normal’ manner, familiar, typical of a pastor.

**Secondary trauma**

As with milk that is poured into a glass, once it is poured out, the milk is no longer there but the residue remains. The same goes for tea in a cup. The milk that is the smell of the tea remains. Similarly, healing vessels are impacted by what is called vicarious trauma or secondary trauma.

Vicarious trauma was first observed in the late 1970s among emergency rescue workers who began showing symptoms similar to those they were helping. As healing vessels listen to and support trauma survivors, they too absorb some of the emotional pain. Sometimes the memory and the pictures, the stories relayed or witnessed may be so vivid that they leave impressions in the minds of healing vessels. Before long, they too begin to experience anxiety, depression, deper-sonalisation, fear that they will lose control or make mistakes in the way they feel towards themselves, low self-esteem, increased feeling of sadness or cynicism and sleep problems.

As a healing vessel, Jesus responded to many crises and traumatic life events. The one traumatic event which moved him to tears was the untimely death of Lazarus. Lazarus lived with his sisters Mary and Martha and he was probably the main breadwinner. His untimely death obvi-ously came as a shock to everyone. The whole community was in mourning, and the sight of people wailing was an emotionally painful one. As Jesus approached the scene, it tugged at his emotions. It is said that his spirit gnashed within him. He was deeply impacted. So much so that he went on to today’s actions in handling this other traumatic life events gives us clues as to how to handle vicarious trauma.

The blame game. Lazarus’s sister Martha indi-rectly blamed Jesus for her brother’s death. ‘If you had been here,’ she said, ‘our brother would not have died.’ Jesus responded by showing her an image of God’s love for the sisters but he did not accept the blame. He maintained his objection by reiterating their view of death and giving them a sense of hope. He said, ‘Your brother is sleeping.’ During traumatic events there is a tendency to seek to place blame on someone. Healing vessels must seek to bring meaning to the trauma rather than join in the blame game.

**Delegation and self-care**

After summoning Lazarus from the dead, Jesus allowed someone else to put on his shroud and carry him. Healing vessels need to know when to step back and establish work boundaries. Healing ves-sels have a tendency to want to be all things to all people and feel that they are in constant time with their own family, which quickly leads to fatigue and burnout and not to mention con-flicts in the home. Jesus was a strong believer in self-care. He said come aside and rest awhile. After the resurrection, he reassigned to his disciples his need to establish a support system. Healing vessels must make self-care a priority. They must focus on proper diet, rest and exercise.

**Emotional support system**

A was a frequent visitor at the home of Lazarus and his sisters. It was one place where he could truly relax without feeling judged. Jesus also saw his disciples as his emotional support system and was not afraid to ask for their help when in distress. Just before facing the most trying circumstances of his entire life, Jesus asked his disciples, ‘Can’t you watch with me for one hour?’ Healing vessels must establish an emotional support system through which they can turn in time of need.

**Self-doubt**

Jesus was not afraid to get feedback. He asked his disciples ‘Who do men say I am? What do you say?’ Healing vessels are often terrified of negative feedback. Failure is a constant fear that can lead to self-doubt, loss of confidence, or lower their self-esteem. Yet, feedback provides the very opportunity for personal growth and development.

**Consequences**

Through vicarious trauma, it is possible to experience deeper spiritual and total dependence upon God. As healing vessels put meaning to vicarious trauma, they do not develop a super-resilience but also they develop a greater con-nection and reliance on a power that is greater than us. They realise that of themselves they cannot bring about healing, they are simply ves-sels being used by God to heal the trauma sur-vivor through the impact of the traumatic life event. Ellen White in the book Ministry of Healing (pages 512-514) notes that we must have less trust in what we ourselves can do and more trust in what the Lord can do for us. We will be able to deal with the pain and hurt of others to God and allow him to work through you to bring healing to the lives of those who are hurting.

Ministry of Healing

Secondary trauma

Consequences.

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Ministry of Healing

Secondary trauma

Consequences.
Church is boring! Have you heard your children say this when they have complained about being nudged out of bed on a Sabbath morning? Have you thought that they might be telling the truth? Perhaps you have wondered why it is that you might enjoy attending church but your twenty-first-century children do not.

The key to knowing why church can ‘turn off’ a child is found in understanding how the world today is moulding a child’s mind. Over the last twenty years the world has changed faster than ever before due to the technical revolution and its accompanying changes in lifestyle. Flexible working patterns are the norm for families. Today nearly half the homes have a computer and 75% of children have mobile phones. Gone are the days of a four-channel TV; we now have multiple channels, plus videos and DVDs, MP3 players and the computer game revolution. Learning for everyone has changed. This is taking place especially in schools and colleges. Since 1989 the ever-changing national curriculum might not have enhanced the ability of students to retain facts but it has responded to teach children in the ways they learn best. This is shaped through interactive teaching, where children in pairs or groups get hands-on activities that help them understand what they are learning. Computer spell-checks might not have helped our children to spell correctly, but computers have opened up a whole new world that is easily accessed by a click of a button, even while they are eating in front of the TV.

Families compare this hi-tech, interactive, always-something-to-do world with what a child, teen or 20-year-old experiences at church. A majority of the time, church services are a ‘spectator sport’. Fortunately some children’s Sabbath School teachers use the ‘hands on’ Gracelink programme, but for the majority of the day information is poured into a child’s mind with no opportunity for doing what they do at school. No time is given for them to process the information, see its relevance, discuss it and decide how it will be used in their daily life. No wonder ‘boring’ is an apt description of the style of worship only the over 40s can cope with each week.

The response of the young people — aged 9 to 29 — is to stop attending church. In the UK and Eire it is up to 80%. It is time we responded, not by lowering our church standards or setting aside doctrines, but by following in the footsteps of Jesus who told a church leader to ‘love one another as I have loved you’. With what can we trust God, of course, and evidently gold. It’s more valuable than ever. A mysterious, malleable, ductile, metallic element. Ultra-precious since time immemorial. The Bible’s chock-full of the word ‘gold’ from Genesis to Revelation. Wait till we see the Holy City!

What’s more to be desired than God’s love and his law, replies the psalmist. The only time I’ve ever bought any gold was just before I got hitched. Needled two gold rings.

A canned confidence has pervaded the whole world lately. Money has become ephemeral. Loopy shares yo-yo frenetically at a nauseously bewildering pace. Gold and coins are at least tactile. More of an assurance than the pin numbers, plastic credit and debit cards and so forth that we’re compelled to use. Usury is the old word for describing the interest on a loan. Not extortionate, but manageable. But too much in recent years was loaned on property that’s not worth it. Then, of course, appears the cruel-nudge — negative equity.

Is there a heavenly currency? Yes indeed. God’s love! I’m not altogether sure, however, that it has an earthly exchange rate. Paradoxically, the reason that it has no earthly purchasing power is that it is, primarily, a heavenly redemptive power. You can’t use it to buy anything and of itself it can’t be bartered. And if you look upon it as a loan that needs to be paid back, you are failing to recognise that whoever gives you that love gives it on the tacit understanding that its recipient is incapable of making any requital.

In a world in which hard-earned fortunes are lost in a day’s trading, JUSTIN THYME asks, ‘Is there anything we can REALLY depend on?’

Pastor Bernie and Mrs Karen Holford, celebrated authors of The Family Book, received the prestigious Arthur and Maud Spalding award for their fourteen SG annual plan books and co-authored a book, Jump Start Connections, with the Flowers, but are still best known in Britain for the brilliant Family Book.

Only twenty-three such award plaques have been given since 1975 to those who, in the footsteps of Pastor and Mrs Spalding, have benefited the Church through their ministry to families. Bernie responded, ‘It is a privilege for Karen and me to serve the families in our Conference and to build up family relationships through working in our Union as well as other parts of the world. We are deeply grateful for the future of this department within our Union as it is positively impacting families.’ It was a fitting gift for the Holfords who were celebrating their twenty-fifth wedding anniversary and had recently experienced another aspect of family life, the marriage of their daughter.
Warm sunshine and azure skies greeted the 200 or so tourists to the Welsh Mission Day of Fellowship in Llandrindod Wells on Sabbath 27 September. Once again the meetings were held at the Pavilion, the largest conference venue in mid-Wales, and once again lunch was enjoyed on the terraces and in the gardens outside.

The emphasis for this year’s Day of Fellowship was on Newbold College, which was represented by Dr Jane Sabes, principal; Dr Laurence Turner, principal lecturer in Old Testament; and Dr Jean-Claude Verrecchia, principal lecturer in New Testament, together with two young musicians, Manuel Matos (piano) and Marta Cupertino (violin).

In the morning service Dr Turner spoke on the theme for the day, ‘Standing out from the crowd’. In his retelling of the story of the image of gold and the temple there is to be blend in with our surroundings. In the afternoon Dr Sabes took on a different role as she chaired a question and answer session on Newbold College. In her responses, Dr Sabes emphasised the spirituality of the students at Newbold and the unique atmosphere that exists there. Manuel Matos gave a personal testimony of how enjoyable life can be as a student at the college.

The two new ministers in the Welsh Mission, Pastors David Foster and Jovan Adamovic, were active in the adult and youth Sabbath Schools respectively. At the Youth Sabbath School, the Rev. Dr Jean-Claude Verrecchia hosted the final programme of the day – a Songs of Praise programme featuring musicians from within the Welsh Mission.

Sadly missed at this year’s Day of Fellowship was Pastor Mike Logan, who passed away in August after suffering from a brain tumour. Photos from Mike’s time in the Welsh Mission were presented, and the Welsh Mission president Dr Brian Phillips paid tribute to his ministry, before praying specifically for the members of his family.

Videos of the three main presentations, together with more than 100 photos from the day, can be seen on the Welsh Mission website at www.adventistwales.org. 

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**Devotionals for 2005**

**Senior devotional – Lest We Forget**
George R. Knight
Offer price £9.95 (Normally £10.75) plus P+P
In this unique devotional George R. Knight reintroduces us to our spiritual ancestors. They weren’t perfect. They weren’t all easy to get along with. But they shared one common goal – telling others about the soon-coming Saviour.

**Women’s devotional – Grace Notes**
Ardis Dick Stenbakken
Offer price £9.95 (Normally £12.95) plus P+P
Flowing throughout these testimonies from women all over the world is a sense of profound appreciation for these sweet undeserved gifts of mercy. Listen quietly... you’ll recognise grace notes echoing in your soul.

**Evening devotional – The Upward Look**
Ellen G. White
Offer price £9.95 (Normally £10.75) plus P+P
Throughout her life Ellen G. White continually pointed to Jesus as our hope and salvation. This book combines 365 inspirational thoughts straight from the letters and manuscripts of God’s messenger.

**Teen devotional – 24.7.365**
Dwain Neilson Esmond
Offer price £9.95 (Normally £10.75) plus P+P
Dwain Esmond, editor of Insight magazine, brings 365 brand new devotionals for teens to enjoy. This will be the year you finally finish reading the Bible in its entirety!

**Junior devotional – Elasti-Brain**
Guide magazine
Offer price £9.95 (Normally £10.75) plus P+P
Dive into this brain-bending devotional and meet children like you who faced tough situations like rejection, honesty, helping others, anger, disabilities, and peer pressure.

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Not unto us, Oh Lord, but unto thy name be glory given.” This was the theme throughout the preparation for Coventry Adventist churches’ centenary celebrations which took place on Sabbath 20 September in the beautiful Coventry Central Methodist Hall.

A lovely sunny autumnal day greeted about 500 members and guests from across the country as they joined Coventry Central, Henley Green and Nuneaton ... and friends, who, together with Coventry’s current membership, represented different ethnic groups united in Christ.

The day began with a wonderful song service and prayer from Pastor Peter Sayers. Sabbath School was a very different occasion, marked with music from Janet ... Coventry Central and the London Adventist Chorale. The highlight of Sabbath School was a special lesson led by Adam Ramdin.

The Pathfinders, dressed for the occasion, brought zest to the day with their youthful steps and march. The drum corps, with great precision, escorted the Lord Mayor of Coventry, Councillor Andy Matchett, BUC president Pastor D. McFarlane, NEC president Pastor I. Sweeney, former president of the NEC Pastor E. Francis, Pastor P. Clee, Pastor S. Palmer and Sister E. Mukada to the platform.

Alison Duncan presented a short history of the church in Coventry, while BUC Communication director, Victor Hubert, shared with the congregation a synopsis of the origins of the Seventh-day Adventist Church, harking back to the Bible, the Celtic church, the Reformation and the Great Religious Awakenings. Pastor Paul Clee, a former pastor of Coventry who now serves in the Trans-European Division office, presented an engaging message based on Philippians 3:13-14, encouraging members to look to the future. He said, “Although we are looking at the history of Adventism in Coventry, it is important to do what Paul said: “Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.”

The morning was also an important time for the children with a programme organised by the children’s department. Paul Ellison was their special speaker.

Mixed with music, the afternoon session saw the theme continue, looking back at the development of Adventism in Coventry. It was really inspiring to hear of the past and the future. Pastor Rev. Alan Sales narrated the activities and developments of the past century. This was accompanied by visual images from over the decades.

Hearing about the evangelism undertaken by Coventry Adventists in the past was an eye opener. They worked relentlessly for God. And we can only be inspired and take strength from God’s great missionaries of past generations.

A constant theme of the day was that, while celebration is appropriate, hope is more appropriate as we look forward to the soon coming of Jesus Christ. “The path which we have trodden will be able to look back and say, “They did a good job. They too were God’s great missionaries of their time.”

Photos from the day and the two PowerPoint presentations are available in the picture gallery on the BUC website: www.adventist.org.uk.
SEC workers’ meeting: Crossing ministerial boundaries

Over 120 ministerial workers from around the South England Conference gathered together at the Stanborough Centre for two days’ training on Crossing Ministerial Boundaries and Child Protection.

The training was organised by Pastor Bernie Holford, Family Ministries director for the SEC, and the training facilitators were Pastor David Robertson, director of Safe Place Services for the Australian Union Conference, and Dr Bryan Craig, senior consultant for the Adventist Institute of Family Relations. Issues that were covered included sexual misconduct, domestic abuse, and basic assumptions about ministry, understanding abusers and abusive behaviours, myths, rationalisations, and warning signs in relationships.

Other areas of discussion were understanding power and vulnerability, meaningful consent, why it is so hard to maintain boundaries in ministry, Touch, Barriers to boundaries, Importance of boundaries, Personal areas of safety and self-care and Preserving ministerial boundaries.

This intensive training provided a much-needed foundation for ministerial awareness and church information, particularly in the area of child protection. Ministers were issued with a number of resources to help in these areas of ministry.

Pastor Sam Davis, SEC president, stated that Brian and David brought freshness to these very serious and pertinent issues and they have been a blessing to our workplace here in the SEC.

David Robertson commented on the commitment of the workforce in the SEC to address these issues and how attentive and involved our workers are in ensuring that safeguards are in place to protect the ministry and our children.

Bryan Craig stated that he felt inspired and enjoyed the participation of the ministers and the focus that they placed on the issues. Protecting the ministers and our children is the goal of the SEC.

Newport Health Fair makes a difference

To mark the start of the BUC’s ‘Make a Difference Week’ on Sunday 21 September the Newport church held a Health Fair in the Eveswell Primary School, just over the road from the church building. The event was advertised widely and two large banners were placed either side of the main road, inviting members of the public to come in. Major exhibitors included the Adventist Book Centre, with both food and books on offer. The Stroke Association, Cardiff University’s Cardiovascular Risk Factor Clinic, a CHIP presentation stand run by Newport elder Even Green; and a healthy food demonstration put on by Welsh Mission Health Ministries.

The main attraction outside the school, in the bright sunshine, was a shiny red fire engine generously loaned and cheerfully manned by the crew of the Maindee Fire Station. Children were allowed to climb into the cab, wear helmets, and operate the fire hose, and selected adults (including one senior member of the Newport church and one Mission president) were also allowed to join in the fun.

The serious business of health awareness was addressed inside the school. Maggie Munney and her team from Cardiff University took numerous blood samples and provided reports on people’s blood sugar, cholesterol and triglycerides, as well as blood pressure and a pioneering measurement of arterial stiffness. ‘People need to be aware of their baseline measurements, and know what the numbers mean,’ she said. ‘Education is important, but once people know the facts they need to move on and do something about changing their lifestyle.’

Dr. Richard De Lisser, Information Officer with The Stroke Association, had numerous pamphlets and leaflets highlighting the major risk factors associated with strokes. Wholesome food, low in salt and fats and high in vitamins, was available free from the healthy kitchen. Members of the public were unanimous in their appreciation and many were surprised that vegetarian food could be so tasty.

The organising team was particularly grateful to Paul Poddar and Stuart Sly, who got up very early to bring the ABC stand down from Grantham. Since the construction of the Gallivan LIFE development Centre inside the Newport church, the members have taken an extra special interest in health education. The SEC workers’ meeting addressed these issues and how attentive and involved our workers are in ensuring that safeguards are in place to protect the ministry and our children.

A loving gift

Not long ago, Newbold School enjoyed the opening of a brand new library block named in memory of Maurice Brooks, the head teacher who had the vision to plan and had built this new facility to extend and enrich the resources available to the children at the school. It was intended that this building should also house a computer suite to be used by all the children in the school.

In memory of a loving wife, mother and grandmother, Elaine, the Emmerson family, long supporters of the school, having had two generations educated there over the years, very generously donated sufficient funding for the school to be able to install a twenty-screen computer network in the library, including the further networking of all other computers in the school to the same link.

The children now have regular use of all this up-to-the-minute equipment and enjoy extending their learning throughout the curriculum in this very vital and enjoyable way.

A Loving Gift - Pastor John Surridge
Newbold’s week of spiritual emphasis

To encourage participants to think about their spiritual journeys, the organising team had invited MA Theology student, Patty Miranda, to arrange a labyrinth—a mini spiritual journey in Salisbury Hall. In candlelight and against a background of tranquil music, the path led individual seekers on a spiritual journey where they encountered music, meditation, art, media and symbolic activities at interactive stations. Audio prompting challenged participants to reflect on their relationships with themselves, others, the planet and God.

Albanian MA student Emira Kollia was moved by her labyrinth experience. She said ‘It was beautiful. I cried three times. When I dropped the stone into the water, it felt as though Jesus was beside me lifting the burdens from my shoulders. It was so real.’

The Monday evening craft session encouraged students to use paint, pens and plasticine to illustrate what trust means to them as individuals.

Licence in Theology student Marcus Rasic spoke on Wednesday evening about life being similar to a stone that gets heavier as more stress and problems are added. He challenged the students to trust God in all situations, even when life seems out of control. He said, ‘Let go of your anger, your hurt and your fears. Make a decision to leave your stone at the foot of Jesus Christ. He is able to take the burdens of life.

The British Union’s most northerly church recently hosted a Scottish Mission Jam & Scones session. On 27 September, Aberdeen church was bursting at the seams...to worship God together.

Four microphone stands were crowded with eager singers, whilst a good number of instruments led the worship. They included guitars, mandolins, violins, trumpets, keyboards and cellos, to name only a few. A repertoire of traditional hymns, choruses and popular songs raised the spirits of those who worshipped! It was moving to see over a hundred young people praising God and enjoying it! Between sessions there was a good spread of scenes, muffins, soup, hot dog rolls, pancakes, Swiss rolls and so forth, which everyone enjoyed.

Harlow baptism

On Sabbath 3 March Harrow church members, families and friends witnessed three young people publically committing their lives to Christ when they were baptised at Wemby church. The candidates were Liz Charing, Isidra Llamina and Chiapuare Malombe. The service was conducted by Pastor Perry, assisted by Pastor Michael Anin who carried out the baptism. All the candidates have taken an active part in Harrow church, assisting with the children’s Sabbath School, helping to conduct song services and running the audio visual equipment.

At the end of the service Pastor Perry called upon the congregation to recommit their lives to Christ and during an altar call prayed with those who came forward.

Community awareness march: ‘Health is wealth’

On Sabbath 6 September the morning started out cloudy and grey. This day was planned by Personal Ministries to reach out into the community at Rainham Branch Community church in Essex by a Health awareness march.

The march was led by the Stratford Pathfinder drum corps, led by Charmaine Wekes and Natalie Simon. The event was organised by the Personal Ministries leader Patrick Gairy, with Monica Vassall, Emeka Olukpe and Pastor Wilfred Blake.

Five minutes into the march it started raining, but the marchers bravely continued, knowing that they were on God’s business and he would control the weather. The sun came out shortly after, as the march continued to the beat of the drums.

We were well supported by the police team, the local press and a local councillor. Some local residents lined the streets, clapping as we passed, some taking photos or their mobiles.

As the procession proceeded along the route, church leaflets were dropped through the doors or handed to people who appeared receptive to the event by asking questions.

Forty people took part in the march, which everyone enjoyed.

Praise Day for Scottish youth

The British Union’s most northerly church recently hosted a Scottish Mission Jam & Scenes session. On 27 September, Aberdeen church was bursting at the seams on Sabbath afternoon when over a hundred young people gathered from all over Scotland to worship God together.

Four microphone stands were crowded with eager singers, whilst a good number of instruments led the worship. They included guitars, mandolins, violins, trumpets, keyboards and cellos, to name only a few. A repertoire of traditional hymns, choruses and popular songs raised the spirits of those who worshipped! It was moving to see over a hundred young people praising God and enjoying it! Between sessions there was a good spread of scenes, muffins, soup, hot dog rolls,

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Sonja Eikum
**Crosstrail at Brecon**

by John Surridge, president, Welsh Mission

**T**he September Brecon Camp is always a little more relaxed than the one held at the end of May. The darker evenings and the misty autumnal mists create a different, more contemplative atmosphere which this year presented the perfect backdrop for three thought-provoking talks by our guest speaker David Wright.

The weekend was ‘Crosstrail’ and during the first meeting, late on the Friday evening, the session was opened by John, the eldest of the Baildam family. John and his wife Evelyn were there to celebrate the life of this contagious Christian, Pastor Mike Logan.

The funeral service on 29 August, 2008, in the Newmarket-on-Fergus Seventh-day Adventist church, was conducted by Pastors Don McFarlane, David Neal, local church members, and friends from other denominations were there to celebrate the life of this contagious Christian, Pastor Mike Logan.

Pastor Michael Logan (1948-2008) d. 26 August

Pastor C. D. Baildam (1922-2008) d. 2 September

Over the next two days David presented three challenging talks, all focusing on the Cross. On Sabbath morning he built the story up to an attempted execution in Devon where an innocent man was caught and was hanged. Although innocent of the crime he was tried for, his later life proved that he was very much a human being. This story was compared and contrasted with the actual execution of Christ – an innocent man in every sense of the word.

In his following talks David presented ‘a tale of two chickens’ – referring to Peter and the cock that crowed, and ‘a view from the Cross’ – imagining just what John, the disciple, was looking at from Garden Tomb.

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**Lockeace chooses life**

We never expected a warm and sunny day in late September, but our prayers were rewarded with just that. On Sunday 28 September, North Bristol church hosted an outdoor event called ‘Lockeace’, in Bristol. The event was situated at the heart of this community and was the ideal setting to launch a lively gospel concert.

We look forward to the grand reunion when Jesus returns.

**Pastor C. D. Baildam**

(1922-2008) d. 2 September

Ced Bondi Baildam was born on 25 February 1922. When Denys was only 9 he went with his mother to evangelistic meetings on a Sunday by Pastor Baildam. Denys was baptised into the Adventist Church in his childhood.

In 1951 Denys was granted permission to marry Jean, and did so on 7 July 1949 – a happy union which lasted 59 years. Denys was involved in the work of the Pastor Ken Lacey. Lacey inspired Denys to become an evangelist himself. Then there was a move to Leeds where Denys and Jean were pioneer workers in the church. Denys constructed a church building for the fledgling membership. It is still in use today. Then the young family moved to Grimsby and, finally, out of Scotland to Cardiff in 1956. From there Denys served as the Welsh Mission Youth Director. From Wales he was called to Brecon and pastored in the Camp Hill church, conducting evangelistic campaigns in the Brecon area. At the end of 1958, Denys accepted a call to Channels Only, Susan Watt, the North Bristol Praise Team and others, but young teens also delivered very entertaining stories.

The funeral service on 29 August, 2008, at the Newmarket-on-Fergus Seventh-day Adventist church, was conducted by Pastors Don McFarlane, David Neal, local church members and friends from other denominations were there to celebrate the life of this contagious Christian, Pastor Mike Logan.

Michael chose to spend his life in full-time ministry from 1980 and the family moved to Newbold College. When he completed his studies at the college he was called to the local church at Newport. He served as the church’s elder for many years and it was during this time as head elder that the new church building was erected. He continued to preach and lead out when asked and did so with great dignity and composure, always being very well prepared.

At 82 Denys took up landscape painting for the first time. His artwork has been very well received. His greatest interest in Celtic history and often referred to the fact that he was a member of the Brecon Brethren. Celtic Church kept the seventh-day Sabbath.

The writer went to visit Denys in the General Hospital at Frimley Park Hospital just a couple of days before his death on 2 September. Although unwell, Denys thought it was important to be there for his funeral. His concern was for his beloved Jean and his family, and he was there for his son John and his wife Evelyn.

The funeral service on 29 August, 2008, at the Newmarket-on-Fergus Seventh-day Adventist church, was conducted by Pastors Don McFarlane, David Neal, local church members and friends from other denominations were there to celebrate the life of this contagious Christian, Pastor Michael Logan.

Michael was survived by his wife Evelyn, his children, Michael Jr and Joy, his grandson Bryan and seven sisters and their families.
Golden couple
Swindon church has celebrated a very special golden wedding anniversary. Married on 1 June 1958, Larry and Inez Holgate have been blessed with six children, seventeen grandchildren and four great-grandchildren.

The couple met after church one Sabbath in St Thomas, Jamaica. It was not love at first sight, but after Larry started helping Inez with Bible lessons, they fell in love and got married within a year. They were married by Pastor Carter in Morant Bay, St Thomas, Jamaica, and came to England in the early 1960s. They have lived in Swindon ever since.

Pastor Mick Smart presided over a thanksgiving service for the couple. Many cards and gifts from family and friends were given at the well-attended service. The couple were surprised when their children and grandchildren arranged a stretch limousine to take them to the service.

Pastor Delroy Foster in recognition of his services to Pathfindering. The day ended with a surprise item from the North-west Drum Corps who raised the roof when they switched off the lights and played the drums with luminous drumsticks. Pathfinder director Trevor Thomas is incited. The NEC Pathfinder and Adventurer Rally Day gets progressively better. I am going home tired and worn out but extremely happy at the success of the day, especially as many other Pathfinders came forward asking to be baptised, including my own son James. The next NEC Rally Day will be on 19 September 2009.

Notice of death
Elizabeth Lethbridge, second wife of the late Albert Lethbridge, died at Thousand Oaks, California, on 13 October. Elizabeth, maiden name Bessie Buck, was a Bible worker in the British Union for most of her working life.