The North England Conference, in conjunction with Amazing Facts ministry, presented for the first time an evangelistic programme broadcast to the world via satellite and the internet on the 3ABN television network. The programme under the theme ‘Streams of Light’ was held at the Bethel Convention Centre in West Bromwich and brought together church members from all over Britain.

Doug Batchelor, president and director of Amazing Facts, was the preacher for the three-night series and day of fellowship culminating on Sabbath 5 December. NEC president Ian Sweeney, who served as one of the compères, said of the series, ‘It was very interesting to see the dynamics of broadcasting to a live TV audience. In broadcast ministry one suddenly becomes aware of the much greater potential impact of the service. Usually one focuses on the number of people in a hall, but in this type of ministry one becomes aware of the much larger audience that can be reached via internet streaming and satellite television. . . . In this one-and-a-half hour service the question time and preaching took up one hour and fifteen minutes, and included scenes from a number of locations around the world.

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News Break

Don McFarlane, president, BUC:

This could be the year!

Every New Year takes my mind back to my childhood prayer that it might be "This could be the year.' By that, I meant, 'This could be the year of Christ's return.' Since I first heard those words in my experience of this world, every New Year has held the promise of something that it could be the year (Matthew 24:4-14).

Some have taken marriage, giving in marriage, eating and drinking as some of the signs of the coming of Jesus. It seems a mistake to come to such a conclusion. Jesus was merely using Noah's generation as an example. They had no idea when the flood would come until it came. The sad thing was that they were nearly all unprepared.

And we need to be careful about attributing to every disaster a 'There we go. Jesus' coming is just around the corner' message. Such an approach can eventually lead to spiritual lethargy and cynicism, as has been the case with many. If each disaster leads to pronouncements that its occurrence means that Jesus is near, then Church leaders need to protect their flocks from those who take such an approach in dealing with the signs of the times.

Body clock – Health impact

Science demonstrates that the physiological functions of virtually all organisms are governed by 24-hour circadian rhythms. In humans this is referred to as the internal body clock. This circadian clock is an essential time-tracking system, which our bodies use to anticipate environmental changes, and it initiates a response according to the time of day.

Research demonstrates that an understanding of the body's internal timing can lead to better overall health and fitness, regardless of age or physical condition. In the book The Body Clock Guide to Better Health: How to use your body's clock to live healthily and achieve maximum health, the author explains how to get to know our own personal body rhythm and what impact it can have. The book is highlighted as a new field of medicine called chronomedicine, in which diagnosis and treatment are based on body time. Reviewing the book, Dr. Erhard Haus, director of Pathology and president of the American Association for Medical Chronobiology and Chronotherapeutics, states: "Knowledge about our biologic time structure can help us learn a healthy life – when we are ill, it may help our physicians to diagnose and treat us.

Recent studies now show the link between health changes and time of day. Illness symptoms can vary according to the time of day. Blood pressure and blood viscosity, for example, increase in the morning. This is one explanation for the increased occurrence of more fatal heart attacks and strokes in the morning than at any other time of day. Similarly, the hour of day can affect diagnosis and treatment. This is why a number of medications are given at specific times of day to enhance their efficacy.

Here are a few questions to consider:

• Do you usually wake feeling refreshed and alert or lethargic?
• At what time of day do you feel most productive?
• At what time of day are you most hungry?
• Do you get to bed well before midnight or around midnight or after?

Research indicates that when our circadian rhythms are disrupted, it has a profound influence on physical wellbeing. We examine the resulting chronic health problems in the next issue. Good health!
stressed day at work, while racing offer 2 for 1 of your favourite flavour. What do you do? Put it in the freezer (not for you, of course, but for Sabbath lunch when you have friends over). On Thursday you are eating the ice-cream. What do you do because you might as well as you want to get it out of the fridge? Do you feel guilty, then eat more thingsthe next day and the day after as you have ‘failed’? Really understanding the basics of health behaviour a lapse (on one occasion) rather than a relapse (re-establishment of the pattern) is important.

What about changes within the household? Can you cook? Do you have children? How are you going to negotiate anybarriers to change?

Establishing the groundwork is than a ‘diet’. Over the next few weeks we will look at 5 themes: 1. Fruit and Vegetables – RainbowProtection, 2. Wholegrain Truth vs Processed, 3. Protein and Health, 4. Fats: The Good, the Bad and the Ugly, 5. Dairy and Dairy Alternatives.


**Disclaimer:** We realise that this article will be read by a wide range of individuals, some of whom may not accept that food can affect their health. This article does not aim to replace medical advice, and it is recommended that if you are taking medica- tion or have health concerns that you approach your health-care professional for making any dietary changes. If you have health concerns, please see your GP.**


Most importantly, though, you... of rural England and France... on to Paris. Eighteen riders raised in total over £32,000 for ADRA-UK, Unicef and Compassion during their 300km (186 miles) trip. Craig Shipton, an Australian Seventh-day Adventist working in London, organised the event because he wanted to do something special for people in need. For him the trip did not end, as he continued on to Athens, Greece. Facing several challenges, including a major crash, Craig accomplished the task he had set for himself on 25 September.

Because of the success of the 2009 cycle run, Craig is organising another ‘25000 spins’ run leaving London on 21 July 2010. The name reflects the amount of daily pedal spins it takes to reach Paris. A challenge like this is not just about the distance. The bike ride is about group effort, friendship and, more importantly, spirit. Our trip brings together people from many different backgrounds, each with their own reasons for taking up the challenge,’ said Craig.

‘The physical side of the trip is sometimes a worry for people who may not have cycled much before signing up or who believe themselves to be out of shape. This is not a race but a ride that is designed to ensure that everyone can take part and everyone completes what they started.

‘The route is planned to ensure you see as much of the countryside as possible. You will see a side of both rural England and France that you may not have experienced before.

‘Most importantly, though, you get the opportunity to help raise much-needed funds to help out people in need.’

The 2010 London to Paris charity cycle is another opportunity to be part of this great experience and a fabulous challenge. For more information see www.25000spins.com.
Happy New Year, Christian Stars!

There is something very exciting about anything new, like starting to write on the first page of a new, clean notebook, wearing a new pair of shoes for the first time or taking the first ride on a shiny new bike. Celebrating the first day of a brand new year is no different. Many people spend some time on New Year's day making plans for the coming year, like learning to play an instrument, learning a new hobby, spending more time with God. Some decide to break bad habits and develop good ones. Have you noticed that most of our resolutions involve our making a commitment to spend more time on something? I love the story in the Bible where Hannah makes a commitment to God. More than anything in the world, Hannah wanted a baby. When it seemed hopeless, she promised God that if he granted her prayer, she would dedicate her baby to him. Wouldn’t it be a great idea to make a similar promise to dedicate all our resolutions to God in 2010?

Crack the code

Eli told Samuel to say some very wise words. Be a detective and use the clues to help you work out what they are.

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Help Hannah design a coat for Samuel

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Turning over a new leaf

Here is something fun you can do this afternoon or in the week:

Ask an adult to help you find a small dry branch, which you can push into a pot filled with soil. (You can cover the soil with some pretty pebbles or shells.)

Now find some different leaf shapes on the computer or in books or magazines. Draw around them on card, cut them out carefully and punch a hole near the top of the leaf.

Write a resolution on each leaf. (Your resolutions could be about doing one extra little job at home to help your parents, your study habits or behaviour at school, being a better friend, learning a new skill or hobby or spending more time with God.)

Tie the leaf to the branches on your tree with coloured ribbon, wool or thread. Keep it in your room as a reminder of the promises you have made. Pray regularly that God will inspire you with ideas to honour your promises.

Drawing competition

Divide an A4 page in half. In the first, draw a picture of Hannah in the temple praying for a child. In the second, draw another picture where Hannah brings Samuel to live and work in the temple. Write your name and address on the back of the drawing.


Closing date: Friday 12 February 2010.

Feedback from children who visit Christian Stars Children’s pages – or from their parents – is welcome. The address is children@adventist.org.uk. Heather Haworth, Children’s Ministries director, BUC.

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Goldstein* weekend at Belfast

I don’t believe that where God is concerned there is such a thing as coincidence. One of the Belfast church members was in Washington DC earlier in the year and was introduced to Clifford Goldstein who, it turned out, had hitchhiked in Ireland in the mid ’70s. When asked if he would consider coming to Belfast he answered in the affirmative. On hearing this, the Belfast church was delighted and extended an invitation for him to come for the weekend of 13-15 November.

Confidence in God as Creator; confidence in God’s calling; confidence in prophecy; confidence in God’s leading; confidence in the atonement — these were the subjects covered over the three days. The first of the four lectures was on Friday evening, entitled ‘A Tale of Two Theories’, looking at the theory of evolution and its shortcomings compared with Creation. There was a good number of visitors including some clergy from other denominations. The consensus was that the programme was well presented and scholarly.

‘The Chosen’ was the title of the first of two lectures on Sabbath morning. ‘The Chosen’ clearly indicated everyone, chosen by God from before time began. Clifford presents his lectures using Scripture, while reasoning the arguments through logic.

The second lecture on Sabbath morning was ‘The Fifth Kingdom’, God’s eternal Kingdom presented in hands. In this lecture Clifford discussed the surety of the prophecies of Daniel 2, contending that since the prophecies regarding Babylon, Medo-Persia, Greece and Rome (extending into modern-day Europe) where challenged, encouraged those who attended these lectures were challenged, encouraged to believe in the certainty of the prophecies. God’s eternal Kingdom will not pass away.

On Sabbath afternoon he traced his personal conversion to Christianity. Clifford Goldstein, as his name would suggest, is a Jew who had a secular world-view and who didn’t believe that where God is concerned there is such a thing as coincidence. One of the Belfast church members was in Washington DC earlier in the year and was introduced to Clifford Goldstein, who for some years has been the editor of the senior Sabbath School quarterlies, is the author of more than twenty books. In The Goldstein/Goldstein Story ($13.75) he provides a leading account of his conversion. In The Great Compromise (02.95) he tells how Roman Catholics and Protestants are undoing the Reformation and fulfilling prophecy. Both books are available on the ABC sales line, 01474 539900.

Those who attended these lectures were challenged, encouraged and stimulated. Since he has over twenty books in print and a satellite programme entitled ‘Cliff!’, his ministry to this denomination is ongoing. We are all grateful that Clifford took time out of his very busy schedule to come and minister to us in Belfast and pray that God will continue to bless him.

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Sparkle at Diamond Appeal Fundraiser

Those who braved a wet and windy Sunday afternoon to attend the Fundraiser for the Diamond Appeal were not disappointed. The Diamond Appeal, for those who are not Westoniens, is a charity organised to raise funds for the purchase of a digital breast scanner for the Weston General Hospital. Hosted by the Women’s Ministries of the Weston church, the tea was a veritable vegetarian feast of sweet and savoury treats! Among the guests were the town’s Mayor, Councillor Dr Mike Kelloway-Marriott, and his wife Mrs Carmela Bianco de Kelloway, who spoke on the importance of the appeal and its value to the community.

P r o c e e d s of the Windows On To God Flower Festival at Stanborough Park church were presented on the first Sabbath of the Week of Prayer.

We have come here this morning to give praise and thanks to God for the wonderful way in which he blessed our most successful Flower Festival ever, were the words with which Audrey Balderson, chairman of the Stanborough Park Church Flower Festival, began the presentation of the proceeds of the festival held earlier in the year. With her on the platform were members of the Flower Festival Committee because, as she said, the festival was very much a team effort.

Audrey went on to tell the congregation that, because of the recession this year she felt they would struggle to reach the total of £11,000 raised at the last festival. ‘O ye of little faith,’ Audrey quoted and went on to say how she had been humbled by God as he demonstrated that when we dedicate our time and talents to him he is able to do more than we can ever ask or think. By the end of the festival weekend almost £14,000 had been raised for Helen and Douglas House Hospice for Children and Young Adults. The amount was deemed miraculous during our present economic crisis. Following the flower section, DVOs of all the flowers, with a commentary, and calendars depicting each of the designs, were sold, which is why the presentation of the cheque was delayed.

Helen House was the first hospice in the world for children and, similarly, Douglas House was the first hospice for teenagers and young adults. Both were founded by Sister Frances, an Anglican nun. Sister Frances was there to receive the cheque on behalf of the members of the church and of the wider community who had supported the festival. Gasps of surprise were heard when Paul Bellamy (Festival treasurer) and Rodyn Quinn (Fundraising) held up a giant cheque which showed the amazing sum of £15,000. In her reply Sister Frances said she could not find words enough to thank the committee, the congregation — and God — for such a truly magnificent gift.

Stanborough Park Church Flower Festivals attract hundreds of visitors from the community and are one of the church’s most successful outreach activities. Countless stories could be told of the ways in which God has used the festival to bring honour and glory to his name. We give him praise, once again, for allowing us to witness this ‘window’ on his power and majesty.

Jennie Gallaher, Jane Baker, Mrs Carmela Bianco de Kelloway, Councillor Dr Mike Kelloway-Marriott and Karllene Evans.

To Zambia with love

Children’s Day at North Bristol church on 28 November was a lively and fun-filled service. The theme ‘tell the world of Jesus’ love’ was enacted with a play about Moses freeing the children of Israel from Egypt. Six serenade ensembles were skillfully presented by children aged six. Each sermonette looked at how ordinary, even unlikely, people were able to serve God. The children’s choir brought joy to the congregation with the upbeat song, ‘O-B-E-Y’. The afternoon was just as entertaining with a variety of arts and crafts activities. But the highlight of the afternoon was a church effort in the filling and wrapping of shoeboxes for the ADRA Shoebox Appeal. The day ended with a big cheer after learning that we had collected ninety-two boxes for the children of Zambia — a real message of Jesus’ love.

DEAN KERRITT
Brixton bids farewell
On Sabbath 28 November the Brixton family said goodbye to Owen and Cordella Brown and their children as they left for Jamaica.
Brother Brown came to England in 1962 and joined Brixton church in 1964. Therefore, Brixton has been his home for forty-five years. Cordella’s attachment to Brixton has been less, but in her time she has been a good role model to their two children, James and Alesha, who have many friends at church. As an effective member of the church she was always willing to do her best in whatever task she was given and proved herself on increasing her knowledge for the betterment of those around her. Brother Brown also contributed to the church family. He was known as a solicit, and, in addition, sang in Golden Chords for a time. For the last two years Cordella has been the Stewardship leader at Brixton church and has carried out her duties so well that Richard DeJesier, the SEC Stewardship Director, came to Brixton on the Browns’ last Sabbath to present her with the first ever Stewardship Leader of the Year Award which she graciously accepted.

Lewisham goes public
by Sam O. Davies
Lewisham church successfully engaged and entertained its community in a colourful and well-planned summer festival. The very well co-ordinated in a community park attracted over 3,000 residents on 23 August.
Local residents came to enjoy a variety of programmes designed just for them. The architect of the event, Dr Petula Peters, Personal Ministries leader, used all the departments in the church to raise our profile in the community and reach out in ways accessible to the church’s neighbours. She said, ‘We tried to build bridges and engage a diverse group of local people, to meet their needs by providing a range of activities.’ The approach was innovative and unorthodox and it yielded dividends. Tents and marquees were pitched to house the events, with the health message being dominant in its promotion through health screening and advice. The health tent was packed with visitors. Dr Joan Channer, Health Ministries leader, ensured that only vegetarian cuisine was served. Our health services won praise from many residents. Other activities included an excellent display by the Pathfinder drum corps. Many commented on how great it was to see disciplined and talented young people perform so well in Lewisham. Some expressed interest in children joining the Pathfinder club.
Families who brought their children were thrilled by the variety of events organised for children, bouncy castle, face painting, free balloons, arts and crafts and Alve Pupper Theatre – telling Bible stories to young children.
The main stage programme included choirs performing gospel songs. There was poetry, mime and talent shows which saw many from the community taking part. Some visitors hinted they would be coming to the church to hear more beautiful singing.
The football tournament on the day attracted about 100 youth, including a Muslim team. Adventist literature was given out. Stanborough Press was represented in the park and many purchased books. Also present was a Christian counselling corner manned by Cornerstone Counselling.

We still remember
by Keriann Greene
Remembrance Day parades have become a traditional feature in the British calendar. With the Hollywell Pathfinder club being invited participants for the second year, it is fast becoming a fixture on our calendar of activities. So on the rather chilly morning of Sunday 5 November we congregated at Hollywell church in our distinctive-dress uniform of beige and brown, green sashes, black berets for the general Pathfinders and red for the Hollywell Drum Corps. The Adventurers were in their blue and white, and shiny black shoes for all. Belling the occasion there was one notable addition – the green, black and red of the poppy pin that adorned the chest of all our uniforms.
We then set off for the main meeting point at Highbury Corner where those in the Islington Remembrance Day Parade were to assemble.
There we were joined by the Metropolitan Police department – from that contingent some would be our escorts, some would be part of the parade and two mounted officers would guide our route.
Present were also the Rifles, the Royal Fusiliers, the Engineers, the Royal Signals, the RAF, the Special Forces, the TA, the Royal Marines, The Parachute Regiment, the HAC, the Guards; the RMC, the Emergency Services and the Cadets. The Drum Corps, who were officially invited to lead the parade, took their positions at the top of the column, the Pathfinder club next, and the various other groups would fall in behind us.
With all brought to attention by their individual squad leaders, the Drum Corps were signalled to begin. The drum beat of the Quick March sounded clear and strong and the column, each unit arrayed in their respective uniforms, marched. The streets were lined with passers-by who stopped to gaze, supporters who came to cheer us on, and the shop owners and workers who passed from their work to see the parade pass by. We marched to the Holloway Square where we and approximately 500 men, women and children gathered at 10.40am for an in-ward service. There were reminded of the number of wars that have been fought in the last century and those that raged even before and remembered the past conflicts. As we stood in that square we sang, ‘same quietly, some with strong voices, ‘The Lord is my Shepherd’. At 11am the crowd fell silent. Around the country many other gatherings were hushed as the two minutes of silence began. After the two minutes there were various prayers, the placing of wreaths and the singing of ‘O God Our Helper’.

London Ghana: Problems, restoration and revival
by Nana Sifa Twum
A severe turbulence hit the London Ghana Seventh-day Adventist church during the 2008 elections. The devil seemed to be working to ensure some level of corruption, instability and disorder. This is unusual. The London Ghana church generally has a very rich experience. Members enthusiastically give to the Lord. This is a church that gives more than £100,000 at one appeal. Equality it is positive towards evangelism with two evangelistic series every year. Membership continues to grow rapidly. Social activities bring members and non-members together and these, along with inspirational worship against a cherished cultural background, make it a good place to be.
Sadly, despite all the good things, the church became divided. With an official membership of over 500 it is perhaps to be expected that there will be both pleasant and unpleasant experiences to share with other sister churches. The details are not important but members believe that the good and the bad experiences they have gone through over the years and especially recently have already worked for good for the children of God.
At a critical junction, the pastor was called to the USA to continue his ministry in another Ghanaian church. The church was left without a pastor for two months. Elders had to ‘pastor’ and focused on the idea of revival and restoration. October was declared a month of prayer and fasting – to be immediately followed by a week of revival. Preacher after preacher stressed the need to return to God and the unification of the church. Members prayed earnestly, seeking the face of God under the theme ‘My People Pray’. The church pastor, Fergus Owusu Bentong, rekindled the enthusiasm of members towards the month-long prayer and fasting, and the timely arrival of the associate pastor, Lewis Quaye, brought some delight and ambition to the already inspired meeting. These were joined by the pastor of the Toronto Ghana church, Oppong Damson, and head pastor of the Stuttgart Ghanaian church in Germany, Charles Asare-Bediako. The assurances were genuine and personal. Pastor Asare-Bediako noted that the church was and still is a church of God and for that matter members were still children of God. He found a church with weeds and not all weeds, he stressed, emphasising that it was not talents that won the session. It was an extraordinary spiritual union, not extraordinary mental power that came down.
The climax was planned as another week-long revival by the renowned TV and international evangelist, Pastor Andrews Lawrence Ewoo. He was impressed. ‘I cannot believe what I am seeing. This does not happen often in churches.’ The punctuality, the attendance, the sounds of the choir and the singing band, the participation of the youth, were inspirational and encouraging.
The final Sabbath was full of joy, and members felt restored and forgiven, the church became one again as bitterness gave way to joy and forgiveness; the church became one again as bitterness gave way to joy and

Good News campaign
It felt as if the whole church were in tune with the speaker as he delivered the message of salvation at night after the Good News campaign in September. Eleven St Rose from Columbus, Ohio, presented the message of salvation in a way that gripped the attention. Good News is what we wanted to hear at Brixton and we accepted that wherever the Good News is presented there is always hope for God’s people.
As Pastor St Rose preached the message, he constantly let us know that he loved us as a people and that it was his intention to preach to those who had heard the message before and to those who were experiencing it for the first time so that we could all take something from his preaching. Many renewed their relationship with the Lord and accepted the challenge to spread the Good News to others.
Kadian Northerner, a music student of Northern Caribbean University in Jamaica, introduced us to Christ through song as the singing evangelist, and at the end of the campaign seven people were baptised.

Valerie Moodie

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The theme was ‘The Centrality of the Cross’. Pastor Toy (Area 7 co-ordinator) said that this was a time to focus on the greatest act that has brought mankind to God. Fifty-nine members of the churches under the Union, including Yarmouth, Lowestoft, Colchester, Hutton, Ipswich, Norwich, Chelmsford and Harlow gathered together to share this assurance and hope that we have as Christians. The venue was the Pilgrimage Avenue, Overstrand in Norfolk. The managers Charles and Victoria cater for Christians of all denominations.

The participating ministers were Pastor Michael Toy (Hutton and Harlow), Pastor Michael J. Walker (GT Yarmouth and Lowestoft) and Pastor Chris Peake (Norwich and Kings Lynn). Pastor Paul Smith (Colchester) was the main organiser.

Memorial

S urrounded by husband, children, mother, sib- lings and friends on Sabbath 11 October 2008, a most vivacious and vibrant woman brought a ray of sunshine into the lives of all who knew her. Yvonne was born the third child to James and Edelma Toy, joining Pauline and Richard. Two years after her birth in London, the family moved to St Albans where they became integral to the growth and outreach of the Nottingham Central church. Always health con- scious, Yvonne was a vegetarian at the age of 8, suffering a blip at the age of 11 when, after tasting a slice of corned beef, she became sick and reverted to vegetarianism. It was this interest in healthcare that was to influence her career path and inform her lifestyle principles. The fact that her parents were nurses undoubtedly struck a chord in her young life.

Stepping out as a créche assistant, progressing through administration work and experience as a welfare rights officer. Yvonne entered the University of Central England in Birmingham as a well-rounded individual. In 1992, she graduated with a BSc in Speech and Language Therapeutics. Her career blossomed and she became the team leader and clinical lead at the Radford Health Centre, Nottingham, specialising in bilingualism. Yvonne held this position until her medical retire- ment in April 2008. One cannot mention the name Yvonne Toy without mentioning music in the same breath. Yvonne played the piano and the ukulele, writing her own songs, many of which were performed either as solo or by various music groups over the years, including The Sunshines Singers, New Birth, Preciousness, Psalm 92 and Spiritual Addiction. Her vocal mem- ory, whether as a harmony vocalist or soloist, led, reverberated throughout the Union in con- certs, church ministry and evangelism. Yvonne did not confine her church activities to her local church. She had been arrested in the night for corruption.

When Ken Gammon became a full-time Adventist in the early 1940s he was regarded as one of the most conspicuously gift- ed young men in the Conference community. Forty-five years later, affectation recollections survived among those he led behind the Methodist chapels and the evangelical Anglican congregations of his efforts to win others to his new faith. The last picture they had of Ken was as the front man and song leader for a major Adventist evangelistic campaign conducted in Bristol shortly after his baptism. Ken was ‘visibly recalled’ by a friend who subsequently became an Anglican clergyman. He was a young man with bags of charm and sharp ideas. He was also in a hurry! He was a modernizer. He saw the Adventist Church as the ‘future’, he concluded. Ken Gammon had been born in May 1920 into a respected Wesleyan Methodist family in Bristol. His father was a lay preacher and chairman. His grandfather had been superintendent of a Sunday School which catered for 150 boys and girls each week. From childhood Ken had been actively engaged in church life and in scouting, playing the drums in the Union’s band and making an impact in the Adventist Church and was seen by Union and Conference youth directors, E. L. Minchin and H. T. Johnson, as an obvious youth leader of the future.

Some years before his baptism, in the penultimate year at school, Ken won an athletic cup for winning a race that altered the course of his life. He lost the sight in one eye as a result of a shin injury. Even so, in World War II just under way that was suffi- cient to bring about his exemption from involvement in the armed forces. Instead he was sent to work for the Bristol Aeroplane Company where they asked him what he knew about engineering. Ken honestly replied, ‘Nothing’. His new employer promptly made him an apprentice.

There was another sense in which Ken’s adventures were lifelong. In connection with the last of his operations at the Bristol Eye Hospital he encountered theatre nurse Beryl Cambridge, who fell in love with him at first sight. They married in 1943 and have two sons, Frances and Heather, both born to them. Ken’s baptism had been preceded by a period as a church servant in his home with well-known pastor/ evangelist Pastor O. M. Daykin. Ken felt challenging by his new Adventist environment. His musical gifts, including an excellent tenor voice, and his personal charisma led to his appointment as music director and voice coach for Pastor C. R. Bonney’s campaign in the Bristol Muclean’s lecture theatre. Ken’s gifts as a preacher were being employed at the churches in Bristol, Bath, Weston, Frome and Swindon. Ken was also engaged in correspondence courses then available from Newbold College.

Pastors H. T. Johnson and E. L. Minchin were instrumental in Ken’s entry into the Union’s band. The band had had an impact on the Adventist community. Ken had shown the experience he had already received resulted in a short- ened study course. He started Newbold in 1948 and graduated in 1950. During his first year at Newbold there was no accommodation for mar- ried students. That necessitated week- end travel by bus or in a car (according to available finance) to visit his wife and girls who were living with his parents in Colchester. Ken’s parents were deeply met by maintaining work and the demands of the college premises. However, he continued his campaign, and in the same hall. One morning he received a telephone call from Pastor C. R. Bonney who had made the death threats had been arrested in the night for carrying out a dance.

Between 1965 and 68 Ken was back in Malaya using his modernising skills in a new Adventist church department. He participated in the Union at the Bicentenary convention at the Bethel Centre, Nottingham. At the end of 1968, Ken was appointed Secretary of the West African Union. In West Africa, too, he had many adven- tures and challenges that faced the Adventist church administration. He was seen by Union and Conference youth directors, E. L. Minchin and H. T. Johnson, as an obvious youth leader of the future.
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