Since commencing as principal at Newbold College late last year, Dr Philip Brown* has initiated a much-needed refurbishment schedule for the halls of residence, cafeteria and gymnasium.

"Improving the standard of existing facilities is vital to the student experience on campus, and will prove critical to boosting enrolment in 2012-13 and beyond," Dr Brown said this week.

One project that Dr Brown has initiated in recent weeks is a facelift for Keough House, the men’s residence. At 50 years, Keough House is showing its age and no longer offers the kind of accommodation that will contribute to a positive student experience at Newbold.

The Newbold College Board, with the support of the British Union Conference, is committed to refurbishing and upgrading Keough House by the beginning of the new college year in September 2012.

Dr Brown has written to church boards and members within the BUC to ask whether they would like to refurbish a room (or more if they feel able) in the months immediately ahead.

As a guide, each of the forty-plus rooms requires £2,500-worth of new furniture, including beds, bedside tables, cupboards, study desks, chairs, flooring, curtains and related accessories. This means, for example, that the refurbishment of one room could be funded by twenty-five members from your church who are each prepared to contribute just £20 per month for the next five months.

The good news is that for every £1 donated – up to a total of £100,000 – that sum will be matched by an anonymous donor!

*Dr Brown has extensive experience in the education sector in senior management and leadership roles, previously having served as vice-president (Learning & Teaching) at Avondale College, the main higher-education institution of the Seventh-day Adventist Church in the South Pacific Division.

Did you know that Newbold College . . .
- Is home to around 300 students annually;
- Has students from more than fifty nations;
- Started life in 1901 as Duncombe Hall College in North London;
- Is accredited by University of Wales Trinity St. David, United Kingdom, and is an extension campus of Andrews University and Washington Adventist University, USA;
- And is still guided by the founders’ initial objective to "lead students to learn how to think and then to teach them how to learn anything for themselves"?

Source: http://www.newbold.ac.uk/
Having a ‘bench mark’ to measure yourself against is a great way of focusing your thoughts and building motivation. So let’s start counting down those ‘moderate-intensity aerobic activity’ minutes each week – give it your best shot!

Two out of three adults spend more than two hours daily watching TV and using the computer, and between three and four hours seated during their leisure time.

England: 32% of boys aged 2-15 and 24% of girls
Northern Ireland: 19% of boys aged 12-16 and 10% of girls
Wales: 63% of boys aged 4-15 and 45% of girls
Scotland: 76% of boys aged 2-15 and 67% of girls.

There is ‘a still small voice’ that is begging my attention. It says the following:

England: 40% of men and 28% of women
Northern Ireland: 33% of men and 28% of women
Wales: 36% of men and 23% of women
Scotland: 43% of men and 32% of women.

There is a choice to be made within the context of this current debate – a choice between the silence of indifference on the one hand, and the solid support of our prayers and e-petitions on the other.

There is a choice to make within the context of this current debate – a choice between the silence of indifference on the one hand, and the solid support of our prayers and e-petitions on the other.

If you don’t speak for them, the few – who will do it for you?

Secondly . . .

That ‘still small voice’ isn’t finished with me yet.

And secondly, have you forgotten what the Sabbath is? Exodus 31:13 is quite clear when it says: “Surely My Sabbaths you shall keep, for it is a sign between Me and you throughout your generations, that you may know that I am the LORD who sanctifies you.”

We are planning a spread for Megapixels in the next issue of Missio, so keep sending in your photos of your high-quality, high-resolution pictures of God’s nature – landscapes, wildlife, etc.

DARWIN DAWKINS Foundation
DawkinsFoundation.c lo.net

The Centre currently has nineteen free courses available to anyone who wishes to study health or Bible topics. All courses can be accessed via our website – www.discoveronline.org.uk – or phoning the ADD office based at Stanborough Park, Watford, on: +44 (0)1923 672608.

The recommendations are that they engage in a minimum of 150 minutes (2 hours and 30 minutes) of moderate-intensity aerobic activity weekly, such as cycling or brisk walking. Alternatively, this age group could engage in 75 minutes (1 hour and 15 minutes) of vigorous-intensity aerobic activity, like running or a game of singles tennis, weekly.

Age 65 and above: Older adults aged 65 and above, who are in good health, who have no health conditions limiting their mobility and who are generally fit, are encouraged to be active daily. The recommendations are that they engage in a minimum of 150 minutes (2 hours and 30 minutes) of moderate-intensity aerobic activity like cycling or brisk walking, every week. Also included should be muscle-strengthening activities on two or more days a week that work the major muscle groups of chest, shoulders, arms, abdomen, hips, back, and legs.

Good health!

Editor’s note: We need to thank Sharon for providing the above facts for us. Having a ‘bench mark’ to measure yourself against is a great way of focusing your thoughts and building motivation. So let’s start counting down those ‘moderate-intensity aerobic activity’ minutes each week – give it your best shot!

If you don’t speak for them, the few – who will do it for you?

Who will do it for you?

for you to speak like that, but you are forgetting two important things:

Firstly, this is actually a matter of basic human rights. Surely these ladies have the right to express their individuality in this inoffensive manner, and without censure? After all, we tolerate loud and raucous behaviour by those who drink too much, and do nothing about those who give each other the finger in public, or use the most vulgar language in front of little children. That is just passed over as “healthy self-expression”.

The ‘still small voice’ is persistent.

But what will you say when people start to complain about the ‘prejudiced’ messages on our Adventist T-shirts, or about our “elitist and malnourished” Pathfinder uniforms – not to mention our “offensive and in-your-face” flags, banners and marching bands? Don’t kid yourself on this one – we have our symbols and accoutrements too!

This is a matter of religious liberty. We should sign that e-petition. We should formally raise our voices in their defence. If you don’t speak for them, the few – who will do it for you?

So the year 2012 is finally here! In addition to bringing in the year when the Olympics come to London, 2012 is believed, by some, to be the year when the world will come to an end. The closure of the Mayan calendar on 21 December this year has prompted many to speculate impending doom. As avid Bible students we are compiled by these developments to the Gospel with as many as possible.

A can of worms . . .

Legal matters are not my forte, but simple logic and basic common sense alone suggest that the Government might just be about to puncture a proverbial ‘can of worms’.

What if an employer claimed offence at the sight of an atheist employee wearing a ‘scarflet letter A’ badge or ‘Richard Dawkins Foundation’ T-shirt to promote his views? What if Christian, Jewish or Islamic customers objected to service from someone who is unabashedly ‘attired in defiance of their faith’?

Surely that employer would have an equal right to demand: ‘Mate, take off the T-shirt, or lose the job!’ After all, a T-shirt or a set of ‘atheist’ earrings is hardly a ‘requirement’ for belief in the non-existence of God!

Any angler will tell you that kicking over a can of worms isn’t just clumsy – it is a slimy, dirty and time-wasting chore to get them back!

So what?

So what, ‘I can hear at least one Adventist say, ‘crucifixes, rosaries, St Christopher’s and fish symbols don’t represent anything to me anyway! I don’t believe in those things.’ ‘You are so right’, says another. ‘Counting beads and kissing crosses! We don’t need things like that to prop up our faith. I don’t really care if the court rules against those two women’!”

And there is something inside me that wants to agree with that line of thought. We don’t really need any of those religious artifacts and accoutrements to sustain our faith, do we? After all, isn’t Paul quite clear about faith being ‘the evidence of things not seen’ (Hebrews 11:1, NKJV)?

However . . .

There is ‘a still small voice’ that is begging my attention. It says the following: “It’s fine...
A friend wrote on their blog, ‘Some say they are mad – they may be right!’ Laughable, but true. It’s not the first time the hopefuls have suffered – they set out initially in December, making just 14 miles before being forced to turn back by a fearsome drive snow. Watch this space though – a third attempt is being planned according to their website, where donations are still being invited!

The Costa Concordia
A rather larger vessel nearly 1,000 feet in length and costing some £370 million to construct became a magnet for media attention around the world. The tragedy of the Costa Concordia gave rise to speculation that if it was the result of Schettino’s actions that fateful night of 13 January.

The night’s events, the Telegraph stated: ‘On that night the vessel lay in the path of waves. The captain, Francesco Schettino, suddenly changed course, which sent 4,200 passengers and 1,000 crew members into a panic. Suddenly an unknown order of judgment resulted in the vessel being totally damaged and all those lives lost.’

The Magdala Maid
In Matthew 14 we have a much earlier incident involving another boat. We don’t know its name – perhaps it was a locally inspired one like the Magdala Maid, or perhaps a more contemporary Hebrew equivalent of ‘Fish4U’. What we do know is that its occupants were Jesus’ disciples in training to become fishers of men!

Whatever life experience comes our way – however concerning or extreme our storm may be – if we keep our eyes fixed on Him, we will discover that He always wills to be in the same boat as the humble. We were told, lay in the captain’s actions, and he was immediately put under house arrest – facing charges of multiple manslaughter, causing a shipwreck and abandoning ship.

Deja vu
Dear Editor
I just received MOSCOW 25 January, 2012. Your editor, the Rev. Deja vu, is well taken and very timely. Let me first thank you for receiving MOSCOW as a copy of your paper for so many years. I worked in the UK Civil Service and director of publishing ministries during 1971-1975 for what was then the NEWSdiffusion was successor to Bruce Wickwire and worked closely with John Artt, at that time BFD. My children attended Stanborough School and remember very well your predecessor David Holdsworth as one of their teachers at that time.

God bless, and greeting to those at the Press who still remember me.

PASTOR JAN T. KNOPPER

PASTOR JAN T. KNOPPER, 22
The Telegraph
those at the Press who still remember me.

for so many years. I worked in the UK as an employee and director of publishing ministries during 1971-1975 for what was then the NEWSdiffusion was successor to Bruce Wickwire and worked closely with John Artt, at that time BFD. My children attended Stanborough School and remember very well your predecessor David Holdsworth as one of their teachers at that time.

I feel that there should be rigorous ongoing training programmes, for leaders and lay people alike. This could include continuous assessment of pastors and lay preachers at both conferences and on a local level. How about a Conference Ministerial secretary and pastoral training programme containing a continuous assessment programme for pastors, intern, newly qualified pastors and lay preachers? For example, they will have the opportunity to assess and evaluate preachers’ performance not just in terms of church administration, management, sermon content and presentation, and other aspects of the pastors’ duties.

A few weeks ago two British would-be mariners, brothers Kilian and Shawn Sweeney, aged 25 and 23 from West Cumbria, revealed on a blog how they had constructed the 22-foot homemade vessel – after having decided to attempt a crossing of the Atlantic ocean – some 3,000 miles – without a support team – on a pedalo! They were undertaking this for ‘fame and fortune’. Fame to Israel and all the world record for distance covered on a pedalo. Fortune: admirably, to raise some £50,000 for a children’s heart unit in Newcastle’s Freeman Hospital.

The pair were reported as leaving the resort of Mogan in Gran Canaria for Port St Charles, Barbados, peddling naked to avoid saltwater chafing, just hours before sending out SOS. They were rescued by Spanish coastguards just 43 miles into their epic voyage – the homemade rudder having broken!...
The Kingdom expects . . .

by Andrew Puckerling

Our duty today

Let us hear the conclusion of the whole matter: Fear God, and keep his commandments: for this is the whole duty of man. (Ecclesiastes 12:13, NKJV)

What are His commandments? “You shall love the Lord your God with all your heart, with all your soul, and with all your mind.” (Matthew 22:37-39, NKJV)

A really good way of fulfilling both of these commandments at once is by fulfilling the Gospel Commission of Matthew 28:18-20 – by sharing with your friends and neighbours the love of Jesus – simultaneously giving Him praise and giving them the offer of access to His heavenly Kingdom.

Jonathan climbed a hill and took on an army with only one man by his side for duty (1 Samuel 14). David faced a giant alone and saved his country for duty (1 Samuel 17). We’re not asked to do anything of these things – we don’t have to face cannonballs or muskets, or suffer the agonies Jesus went through on our behalf.

In this way, we can show that we love God, love our brothers and sisters, and share the Gospel. The Kingdom expects no less of us than this.

Potluck and prayer at Newbold Church

As part of the International Women’s Day of Prayer on 3 March 2012, a women’s potluck and prayer event was held at Newbold Church, Binfield, Berkshire. Here are some event highlights as reported by Eileen Becejac, a self-confessed ‘control freak’ who had always been sympathetic to Martha’s intentions, but didn’t answer one word to the accusations made against Him. He did this duty out of love for you and me!

He too wanted, and achieved, a decisive victory – and He too will answer His enemies, on that last day, and take them with a broadside, double-shotted, with grapeshot and canister, eliminating sin from the universe – and those who refuse the love He offers freely to all will receive the punishment He wanted to take upon Himself.

A better Example

Our Lord Jesus, in the Garden of Gethsemane, was facing something much worse than French or Spanish cannonballs. He had the weight of the whole world’s sins pressing down on His soul, crushing the life from His human body. The responsibility that only He as God could bear was more than He as Man could take and live. Added to this, He knew that He, the Creator of the worlds, must suffer the ignominy of humiliation – be spat upon, be mocked, be beaten and whipped, and carry His cross, before being nailed onto it, hoisted from the ground, and left to die – still being humiliated, and still being mocked.

He who commanded legions of angels, who could call on them to save Him from all this
Take Zakaria, a student farmer in Ghana, and Zaya, a little girl with cerebral palsy in Mongolia: just two examples of the many people who have been helped recently through the programmes of ADRA-UK.

Zakaria lives in Northern Ghana where tens of thousands of people have been affected by drought and hunger. He dropped out of school due to financial challenges. ADRA-UK’s Food Security Resilience project helped Zakaria to work his plot of land and increase his yield by 400%. After just twenty months he now has enough food to eat and a surplus to sell. This will pay for his education and provide the money to invest in future crops.

Zaya lives in Mongolia and has cerebral palsy. Her parents did not know how to access proper health care and education for her. With the help of ADRA-UK, Zaya’s parents have received physiotherapy training; she has joined a special primary school programme; and she has access to specialised medical care.

Thanks to the financial support of many of our church members last year we helped people in fourteen countries through development programmes and provided emergency response in nine other countries.

ADRA-UK is working hard to improve the lives of children, women, and men around the world in diverse ways. Will you help us?

Along with Zakaria and Zaya, there are tens of thousands more who have benefited from ADRA-UK’s programmes. Our work is varied: from providing access to clean water to helping with basic education and improving crop yields – the impact is immeasurable. The ADRA network is sowing the seeds of change around the world. Following the example of Christ, we are meeting the needs of suffering children, women, and men. Families living without hope in extreme discomfort and deprivation are blessed and uplifted by ADRA-UK’s programmes.

Your help during the 2012 Appeal will allow us to sow seeds of change and expand our programmes worldwide!

ADRA-UK implements simple measures that open the door to a better life. Will you help us to help?

Around the world ADRA is meeting the immediate needs of people in crisis. Many of ADRA’s staff work daily in demanding, desperate and dangerous places. Your prayers of support make an incredible difference, and knowing that people like you are lifting them in prayer provides strength and encouragement to our ADRA workers.

Your decision today to help collect or raise funds for ADRA will make an incredible difference in the lives of people like Zakaria and Zaya.

By integrating activities focused on clean water and sanitation, health, education, food development, income generation, and nutrition, we provide a holistic approach to developing communities and saving lives.

Lest we forget . . .

The sights and sounds of raw human need daily saturate our television viewing. BBC and Sky reporters do their best to heighten our awareness of these tragedies, but there is only so much that we can, or want to, remember.

So lest we forget, the horn of Africa still exists – and ADRA has been busy down there too.

During the past year the agency has played a significant role in Kenya: restoring water supplies; trucking in emergency water to two schools; and a regional health centre; and providing emergency food rations to families with young children.

In Somalia the agency has supported remote pastoral communities with water and food distribution – cutting down on the need for these people to travel long distances to crowded refugee camps.

They have also distributed essential items such as jerry cans, sleeping mats and mosquito nets wherever these were needed.

The photos show basic supplies – before and after collection!

Aung San Suu Kyi

One of the most respected human rights activists in the world today is Daw Aung San Suu Kyi of Myanmar (Burma). Recipient of the 1991 Nobel Prize for Peace, she has survived a decade of detention, house arrest and travel restrictions, in her pursuit of democratic change in her country. Fortunately, she is now free to stand in the country’s forthcoming elections, although her campaigning opportunities are still restricted.

The UK’s Department for International Development has committed £185 million to improving the lives of ordinary Burmese people over the next four years, and Aung San Suu Kyi recently wanted to see this development aid in action. During her visit to some of these sites in the company of the British Ambassador she was deeply impressed by the changes that are taking place.

To the credit of ADRA (Adventist Development and Relief Agency), one of the sites that impressed her group is managed by their local team. ADRA is one of the preferred partners in Myanmar because of the manner in which they manage their development projects.

On the right is a photo of her inspecting one of the home garden projects implemented by ADRA. The ADRA staff are wearing the green golf shirts.
Hello Special Stars!
You are special because you are Christian Stars. What other three types of stars are popular today?
1: 2: 3:

Perhaps you included football stars. Did you include stars that sparkle at night? The wise men followed one to find Baby Jesus.

Job 38:4-7 tells about different types of stars. Unscramble what they are:

Clues:
1. A Bible name for an angel
2. Go up
3. Seat for a King
4. Leader of fallen angels
5. No longer upright
6. King of the universe

At Creation the morning stars sang together and the evening stars shouted for joy. One of these angels may not have joyfully sung. His name was Lucifer. He was so handsome and clever that he thought he was greater than God and should be worshipped. To help you fill in the crossword, read about his downfall in Isaiah 14:12-14.

Because of all the bad things Lucifer’s pride made him do, he fought against God. One third of the angels followed him. You could call Lucifer the leader of losers. He lost his special God-given name and became known by other ones. Match these names to the descriptions by joining them with a line.

All hurt and pain and every death is caused by Satan and his followers. They want us to blame God instead of them. Whom did God send to rescue us from the power of the devil, and how? Decipher the answer by using this code:

Jesus is the number-one Winner. We can defeat Satan too if we follow Jesus’ example of reading the Scriptures and spending time talking with our Heavenly Father. Take time now to tell Jesus you want to copy Him and be a number-one Christian Star winner!

Feedback from children who visit Christian Stars Children’s pages—or from their parents—is welcome. The address is children@adventist.org.uk. Heather Haworth, Children’s Ministries director, BUC
news

‘God is Love’ – the message reaches campus

March 3 2012 was a Sabbath with a difference for Leeds students, who fellowshipped together, not in a church building, but on their university campus. Around thirty young people gathered at the University of Leeds student union in the second ‘Half-day Sabbath’ this academic year. ‘God is love’ was the theme explored throughout both parts of the service. Organised by the Seventh-day Adventist Society (SDAS), the day gave an extra chance for Adventist students to fellowship and an important opportunity to reach out to friends on campus.

As well as Sabbath events, SDAS runs weekly lunchtime prayer meetings and Bible studies, and promotes healthy living through exous and cooking demonstrations. Members recently took part in a union-run cultural festival.

One participant said, ‘It was great getting to know new people and sharing what God’s love means.’ Students at other institutions in the region also supported the event, and the society looks forward to welcoming even more friends and fellow students at the next campus Sabbath in April.

LEEDS CENTRAL COMMUNICATION DEPARTMENT

NOTICE OF AGM

‘Aiming for a brighter financial future’

All members of the London Adventist Credit Union (LACU) are invited to attend the twenty-third annual general meeting (AGM): Sunday 8 April 2012, 1.30pm-4pm, John Loughborough School, Holcombe Road, Tottenham, N17 9AD. Please arrive at 1pm for a 1.30pm start. Refreshments will be provided.

Under the Legislative Reform Order the LACU is now able to offer membership to all members of the Seventh-day Adventist Church, and non-Adventist family members residing at the same address, with the exception of Northern Ireland.

Following the AGM at 4.10pm, there will be a meeting for anyone meeting the above criteria who would like to become a member of the LACU, or find out more about its services.

Carol Service in Llandrindod Wells

One of the most cherished events for Llandrindod Wells Church is the Carol Service. Each year, members faithfully invite their friends and neighbours to sing and remember the birth of Jesus Christ.

This year the programme was organised by Ifor and Pat Gimson, supported by members who brought refreshments and prayed for good weather.

On 21 December 2011 the church was full, with literally no spare seat! There were more visitors than members, and many were involved in the service. Pastors Brian Phillips and David Rancic preached, joined by local URC reverend, Stephen Gilbert.

DAVID RANCIC

More than conquerors

We have to be ‘more than conquerors’, said Pastor Hamilton Williams at the yearly Kennington Community Fellowship retreat at Hill House Christian Centre in Bridgewater, Somerset.

From 16 to 19 February, the Kennington worshippers and friends connected with God and with the rest of the KCF family, and those not familiar with the traditional church setting saw the Holy Spirit working.

Pastor Williams presented sessions on psychology and practical Christianity, and Pastor Gifford Rhime, a regular speaker at the retreat, continued the session he started in 2011: the ‘Purpose-driven Church’.

For more information and pictures, see: www.kcfLife.com and Kennington Community Fellowship on Facebook. Also follow on Twitter: @kcfLife.

K. OWUSU

Do Maths 4 Cash, 31 March – 22 April 2012: Can the children and grandchildren in your family do a total of at least two hours of fun maths exercises within two weeks? If they can, £2.50 will be donated to the ADRA 2012 Ingathering Appeal.

To register or for more information, email: info@cash4maths.com, or telephone 0207 1128336 and mention ADRA, or register online at: www.cash4maths.com. Registration opens 1 March 2012. All fundraising maths must be completed between 31 March and 22 April. Children should be aged between 5 and 16 (or 16 to 19 but doing NVQs or GCSEs).

The Small Business Show

Balham Seventh-day Adventist Community Church, 27 May 2012

Calling business owners and entrepreneurs: Be part of an exciting show! Come and find out how a bright idea can become something big! Get advice and listen to entrepreneurs and motivational speakers.

• Come and showcase your business;
• Expand your customer base;
• Sell and negotiate orders;
• Network with other business owners.

There is limited availability. Don’t delay. Act now!

For more information, contact Leslene on 07949 244722, or email: leslene@edenic.co.uk.
Deductions in Barnsley
Two dedication services have been held recently in Barnsley. Dr David McFarlane conducted the service for Matthew and Charlotte Scholes and their son Archie.
Pastor Andrew Rashford-Hewitt led the service for Chris and Joanna Dove and their sons Oliver and Daniel.

Citizen banquet
Great Brickleagh Church’s annual senior citizen banquet on 18 December 2011 was well presented, and a large number of the elderly from the local community turned up as invited. Following a three-course meal the attendances were entertained with rhymes and folk songs from the West Indies.

Health matters
In autumn 2011 the Sutton-in-Ashfield church team health, including Pastor Melvyn Ellis, started a cooking for health series. The tasting period was greatly enjoyed by visitors from the community, who constituted half of the twenty-one participants by the final week.

In 2012 saw a new series – Health Matters – which included two invited speakers: Dr Winston, a GP and member from Chesterfield, and Rachel Brown, an osteopath from Nottingham, daughter of a Sutton Adventists member. Their subject was the general health and cancer.

Heart disease
Member Sue Ascombe, an occupational therapist, talked on stress, and Pastor Ellis spoke of his recent heart attack.

In the footsteps of Paul A guided tour in the beautiful country of Greece
July 30 to 10 August, 2012
$975*
Email now for this fabulous trip
jgrantmekd@hotmail.com

*Includes accommodation, free baggage per person, travel around Greece and entry to places of interest
Jeans, shoes, flight insurance or daily lunch.

Citizen banquet
Great Brickleagh Church’s annual senior citizen banquet on 18 December 2011 was well presented, and a large number of the elderly from the local community turned up as invited. Following a three-course meal the attendances were entertained with rhymes and folk songs from the West Indies.

Health matters
In autumn 2011 the Sutton-in-Ashfield church team health, including Pastor Melvyn Ellis, started a cooking for health series. The tasting period was greatly enjoyed by visitors from the community, who constituted half of the twenty-one participants by the final week.

In 2012 saw a new series – Health Matters – which included two invited speakers: Dr Winston, a GP and member from Chesterfield, and Rachel Brown, an osteopath from Nottingham, daughter of a Sutton Adventists member. Their subject was the general health and cancer.

Heart disease
Member Sue Ascombe, an occupational therapist, talked on stress, and Pastor Ellis spoke of his recent heart attack.

In the footsteps of Paul A guided tour in the beautiful country of Greece
July 30 to 10 August, 2012
$975*
Email now for this fabulous trip
jgrantmekd@hotmail.com

*Includes accommodation, free baggage per person, travel around Greece and entry to places of interest
Jeans, shoes, flight insurance or daily lunch.

Citizen banquet
Great Brickleagh Church’s annual senior citizen banquet on 18 December 2011 was well presented, and a large number of the elderly from the local community turned up as invited. Following a three-course meal the attendances were entertained with rhymes and folk songs from the West Indies.

Health matters
In autumn 2011 the Sutton-in-Ashfield church team health, including Pastor Melvyn Ellis, started a cooking for health series. The tasting period was greatly enjoyed by visitors from the community, who constituted half of the twenty-one participants by the final week.

In 2012 saw a new series – Health Matters – which included two invited speakers: Dr Winston, a GP and member from Chesterfield, and Rachel Brown, an osteopath from Nottingham, daughter of a Sutton Adventists member. Their subject was the general health and cancer.

Heart disease
Member Sue Ascombe, an occupational therapist, talked on stress, and Pastor Ellis spoke of his recent heart attack.

In the footsteps of Paul A guided tour in the beautiful country of Greece
July 30 to 10 August, 2012
$975*
Email now for this fabulous trip
jgrantmekd@hotmail.com

*Includes accommodation, free baggage per person, travel around Greece and entry to places of interest
Jeans, shoes, flight insurance or daily lunch.

Citizen banquet
Great Brickleagh Church’s annual senior citizen banquet on 18 December 2011 was well presented, and a large number of the elderly from the local community turned up as invited. Following a three-course meal the attendances were entertained with rhymes and folk songs from the West Indies.

Health matters
In autumn 2011 the Sutton-in-Ashfield church team health, including Pastor Melvyn Ellis, started a cooking for health series. The tasting period was greatly enjoyed by visitors from the community, who constituted half of the twenty-one participants by the final week.

In 2012 saw a new series – Health Matters – which included two invited speakers: Dr Winston, a GP and member from Chesterfield, and Rachel Brown, an osteopath from Nottingham, daughter of a Sutton Adventists member. Their subject was the general health and cancer.

Heart disease
Member Sue Ascombe, an occupational therapist, talked on stress, and Pastor Ellis spoke of his recent heart attack.

In the footsteps of Paul A guided tour in the beautiful country of Greece
July 30 to 10 August, 2012
$975*
Email now for this fabulous trip
jgrantmekd@hotmail.com

*Includes accommodation, free baggage per person, travel around Greece and entry to places of interest
Jeans, shoes, flight insurance or daily lunch.

Citizen banquet
Great Brickleagh Church’s annual senior citizen banquet on 18 December 2011 was well presented, and a large number of the elderly from the local community turned up as invited. Following a three-course meal the attendances were entertained with rhymes and folk songs from the West Indies.

Health matters
In autumn 2011 the Sutton-in-Ashfield church team health, including Pastor Melvyn Ellis, started a cooking for health series. The tasting period was greatly enjoyed by visitors from the community, who constituted half of the twenty-one participants by the final week.

In 2012 saw a new series – Health Matters – which included two invited speakers: Dr Winston, a GP and member from Chesterfield, and Rachel Brown, an osteopath from Nottingham, daughter of a Sutton Adventists member. Their subject was the general health and cancer.

Heart disease
Member Sue Ascombe, an occupational therapist, talked on stress, and Pastor Ellis spoke of his recent heart attack.

In the footsteps of Paul A guided tour in the beautiful country of Greece
July 30 to 10 August, 2012
$975*
Email now for this fabulous trip
jgrantmekd@hotmail.com

*Includes accommodation, free baggage per person, travel around Greece and entry to places of interest
Jeans, shoes, flight insurance or daily lunch.
God is Love!

This was the message on Sunday 19 February when forty members and friends of the Loughborough church met to celebrate God’s great love and the love we have for each other as Christians.

Loughborough members enjoyed a special meal, served by young waiters and waitresses: Lucas (7) wanted to be a waiter again the following week!

All present had chosen a favourite Bible verse and poem about God’s love, and shared these between courses. They were collected into a booklet and given to take home, as well as to give to people members haven’t seen for a while and friends who need to know that God loves them.

Loughborough members value the time they spend together, sharing their lives as the early Christians did: a great opportunity to invite friends and family to learn about the God of love.