The Adventist Lifestyle

The Adventist Lifestyle is July’s “Curriculum Focus” in the NAD Calendar of Special Days. The health message has long been considered the “right hand of the Gospel,” and Adventists have had a major effect on the health of the country and on the world. Adventist hospitals are considered some of the best on earth. Our many medical school graduates have gone out with a “gospel of health” and connected it with the health of our minds, our spiritual growth. A long history of healthier people with increased longevity has been splashed across pages in newspapers, major magazines, and television. Our recommendation of vegetarianism, affecting the amount of meat used, has even reduced global warming, since beef production is known to be one of the highest producers of methane gas. We promoted non-smoking before it was cool.

Now that the Church is calling for Revival and Reformation, paying close attention to our health is more important than ever. As we know, our spiritual health and growth is closely connected to our physical and mental health. Exercise is an important part of health. It improves memory, health, sleep, and more. In these days of childhood obesity, stress, and so many people working and studying indoors and sitting at a computer for hours, it’s doubly important to get into an exercise program.

In keeping with our goals for better health and a closer walk with God, the NAD Health Ministries Department has launched “Adventists in Step for Life.” You will be hearing more about this throughout the month. Now is the time to start getting ready for “Let’s Move Day,” September 25. That’s when churches, schools, health institutions, small groups, and other entities are encouraged to hold a special event to get as many as possible involved in physical activity. Invite other community groups like the local health department, schools, churches, or other agencies, to partner with you. Your event will create community awareness for childhood obesity and can also be used as a fundraiser for other projects, such as a community garden.
Emmy Awards Name Loma Linda TV Show Best in Region

The 37th Annual Pacific Southwest Emmy Awards of the National Academy of Television Arts and Sciences named “Loma Linda 360” the best health/sciences program and the best magazine program in the region. The office of university relations at Loma Linda University won Emmys in four categories: Health/Science – Program or Special, Magazine Program, Human Interest – Single Story or Series, and Documentary - Topical.

According to Patricia Thio, associate director of PR video, “Loma Linda 360” highlights Loma Linda’s unique stories of transforming lives. “We tell these stories so that the community can experience what Loma Linda is all about,” she says, “and to inspire viewers to help make a positive difference.”

Photo: Pictured from left: Michael Wolcott, Maranatha Hay, Patricia Thio, and Cosmin Cosma. Not pictured is Larry Kidder. (Courtesy of Roesink Photography)

First Adventist Foreign-Language Church in the World to Celebrate 150th Anniversary

The Oakland, Wisconsin Seventh-day Adventist (SDA) Church actually began through the inadvertent influence of a Lutheran minister!

“If you want to follow the Bible literally, you ought to keep Saturday instead of Sunday,” said the Lutheran minister to a small group of people meeting in Ole Sern’s home in Norway. Little did that Lutheran minister realize that years later his words would result in raising up the first foreign-language SDA church in the world, and that many influential ministers, missionaries and leaders would come from that church.

On September 2 and 3, that church will be hosting their 150th anniversary celebration. MORE

Photo: The original church building, which is still in use today. It has undergone alterations and additions, and now houses an English-speaking congregation.

Upcoming Events
ASI Convention, August 3–6

3rd Annual Adventist Interpreters Conference, August 3-7

Festival of the Laity, September 7–10

Astonishing Discoveries in the Land of the Bible, September 14–18

Let’s Move Day, September 25

Nonprofit Leadership Certification Advanced, September 25-29

Go Fish! Children’s Ministries Convention, October 7-9

“Emotional Health & Wellness: A Biblical
Chesapeake Kindergarteners Learn About Faith

Signs of summer are all across the division. It's camp meeting time! It's a great time for spiritual renewal, meeting old friends, making new ones, and a time for lots of photo opportunities. Here's one we love.

At the Chesapeake camp meeting, kindergarteners marched around "Jericho" seven times (until the wall fell down). Franke Zollman (in yellow shirt), division leader and pastor of the Williamsport, Md., church created a large “wall” from cardboard boxes on the hill. The kids had fun and learned a spiritual lesson, too. MORE — (Samantha Young, communication director)

Check for other conferences also posting news and photos on Facebook or their conference website.

Adventists in the News

The following are positive stories that appeared this week in the news about Seventh-day Adventists in the North American Division territory.

Adventists in the News

UCH bans smoking at four campuses
Central Florida News 13
July 5

Wear your Sunday best on Saturday
Northern News Services (subscription)
July 1

Local vegan dinners a community outreach
Summit Daily News
July 1

Tri-City Diaper Bank continues to grow
Mid Columbia Tri City Herald
July 1

Chamber honors Calistoga's best of the year
Napa Valley Register
June 30

Englewood church takes on new partners for program that feeds seniors

Worldview in Practice,“
October 12-15

NAD Summit on Abuse.
October 15-17

Prophecies Decoded: Can the Past Reveal Your Future?
September 30–October 29

Society of Adventist Communicators Convention.
October 20–22

Special Needs Children's Ministry Training,
November 11-13

Adventist Ministries Convention, January 15–18

Health Summit 2012, January 27-February 5

Adventist World
NAD Edition

Check out these stories in the July 2011 edition:

Let's Move - Adventists Get Active, 11-13
Nashville Prepares for Success, 14-15
Centers for Health and Healing, 17
NAD Feature: Why Health?
Why Not? 34-38

Hope Channel
Programs

Hope Channel
(On DIRECTV ch. 368)
New Feature in NewsPoints

The NAD Calendars of Offerings and Special Days for the month is now being provided in NewsPoints on the right frame under the list of Union Magazines and Websites. There is a link to Sample Offeratory Readings, and suggested lists of resources to use with the Special Days and Curriculum Focus will be linked with each month. Both the Calendar of Offerings, and the Calendar of Special Days are linked to the NAD website where you can find all the lists as the year progresses. We hope this will make it easier to plan your month of church programs.

The Calendar of Special Days is created to help churches remember to emphasize all aspects of the Adventist church in order to give a balance of topics.

Women's Ministries Offering, July 9

On Sabbath, July 9, give a gift to the Church by supporting women’s leadership training and outreach. That is the day designated for the annual North American Division Women’s Ministries offering, which is restricted to use by the conference, union, and division Women’s Ministries departments for evangelistic outreach by women and leadership training for women. Though it is a NAD offering, only 30% is returned to the NAD; 40% is retained at the local conference level; and 30% goes to the union Women’s Ministries Department. In sharing the offering with the participating conferences and unions, it is the intention of the NAD Women’s Ministries Department to help provide funds for conference and union Women’s Ministries departments to plan and conduct ministry activities and events.

Bulletin inserts are available for downloading on the NAD Women’s Ministries web site. Follow the NAD WM Offering icon on the home page.
Festival of the Laity Exhibitors - Registration Deadline

A single exhibit booth is an 8’ x 10’ pipe and drape carpeted space that includes one skirted 8’ table, two chairs, trash can, and up to four additional people per space. An exhibit registration does not include attendance to the Festival of the Laity event.

The registration fees are per booth: $495 - (1) 8 X 10 ft space now through August 25.

Exhibitor registration

Need handbills for NET events?
The sooner you order, the better the price.

Astonishing Discoveries:
July 11--$69/1000
July 25--$89/1000
August 8--$109/1000
July 27—Last day to order support resources (mini handbills, posters, door hangers, tickets).

Prophecies Decoded:
July 11--$59/1000
July 25--$69/1000
August 8--$89/1000
August 2--$109/1000
August 31—Last day to order support resources.

Register to host at http://host.propheciesdecoded.com.

Forks over Knives DVD, Blu-ray and Companion Book

Forks Over Knives DVD and Blu-ray are now available for pre-order, and will ship by August 9. The companion book is also available and in-stock. Order

The DVD and Blu-rays will ship weeks before other online retailers. Please help spread the word, and
ViewPoints... Heard at the Allegheny East Camp Meeting

“Divinity in Residence,” by Alvin Kibble, NAD Vice President

“Have you received the Holy Spirit? Is God living in your life, right now?” Elder Kibble acknowledges that that question is not typically an Adventist question. “However,” he remarked, “Christ is an indwelling Savior! The only defense [we have] against evil is the indwelling of Christ in the heart through faith in His righteousness.” DA 324

Capsulizing Paul’s query to the Galatians he asked, “Which prescription, faith or law, led to your receiving the Spirit and salvation? The heart of Paul’s argument was the difference between trusting and trying, faith and law, human effort and God’s grace. The Galatians had found new life. They had experienced God. Divinity had come to dwell in them and that was their ‘hope of glory!’” (Photo by Keith S. Goodman)

“It Is No Secret What God Can Do,” by Elder Alfred Johnson, Adult Ministries director

Elder Johnson conducted a seminar where he says he gave his “testimony of gratitude to our Lord for bringing me from 240 pounds and a Type II diabetes diagnosis in 2007, to a reversal of the diabetes diagnosis in less than one year, and an average loss of 55 pounds.” He now weighs 183 pounds. His suit size reduced from 52 to 44, waist went from 46 to 38, and his shirt size from 18½ to 16.

“The method has been through walking no less than 30 minutes per day, drinking one half my weight in ounces of water per day, and in greatly limiting intake of foods containing processed sugars,” he said. “Consistency has been the fruit, and only the fruit, of committing this process to our Lord from a motivation of ‘Giving Glory and Honor to The Lord in my body,’” said Johnson. “It Is No Secret What God Can Do!” (Photo by Joshua Martin)
CALENDAR OF SPECIAL DAYS
NORTH AMERICAN DIVISION 2011

JANUARY

Curriculum Focus for the Month — Friendship Evangelism+
Day of Prayer ................................................................. January 1
Religious Liberty Week .................................................. January 16-22 *

FEBRUARY

Curriculum Focus for the Month — Family Life+
Black History Month .................................................... February 5-26
Christian Home and Marriage Week .............................. February 6-12 *
Health Ministries Sabbath ........................................... February 19 *

MARCH

Curriculum Focus for the Month — Women in the Church+
Women's Day of Prayer .................................................. March 5
Adventist Youth Week of Prayer ................................... March 6-12 *
Disabilities Awareness Sabbath .................................... March 19

APRIL

Curriculum Focus for the Month — Stewardship+
Missionary Magazines (Signs, Message, El Centinela, Priorities) ........................ April 2 *
Stewardship Sabbath ..................................................... April 9
Literature Evangelism Sabbath ...................................... April 16 *
Education Sabbath ....................................................... April 23 *

MAY

Curriculum Focus for the Month — Community Services+
Community Services Sabbath ........................................ May 7
Youth Sabbath ............................................................... May 14
Single Adults Sabbath .................................................. May 21

JUNE

Curriculum Focus for the Month — Church Growth and Evangelism+
Women's Ministries Emphasis Day ............................... June 11
CALENDAR OF SPECIAL DAYS
NORTH AMERICAN DIVISION 2011 - 2

JULY

Curriculum Focus for the Month — Adventist Lifestyle+
Home Study International Promotional Day ................................................................. July 9

AUGUST

Curriculum Focus for the Month — Spiritual Gifts+
Abuse Prevention Emphasis Day ................................................................................. August 27

SEPTEMBER

Curriculum Focus for the Month — Family Life+
Men's Day of Prayer ............................................................................................... September 3
Nurture Periodicals (Adventist Review, Insight, Guide, Primary Treasure, Little Friend) .......................................................... September 4-10
Family Togetherness Week .............................................................................. September 11-17 *
Hispanic Heritage Week ....................................................................................... September 18-24

OCTOBER

Curriculum Focus for the Month — Adventist Heritage+
Children's Sabbath ................................................................................................. October 1
Health Education Week (Vibrant Life) ................................................................ October 2-8 *
Spirit of Prophecy Sabbath .................................................................................. October 15 *
Pathfinder Sabbath ............................................................................................... October 22 *

NOVEMBER

Curriculum Focus for the Month — Health+
Native Heritage Month ......................................................................................... November 5-26
Stewardship Sabbath ............................................................................................ November 5
Week of Prayer ..................................................................................................... November 6-12
Human Relations Sabbath ................................................................................... November 19
Welcome Home Sabbath ...................................................................................... November 26 *

DECEMBER

Curriculum Focus for the Month — Christian Hospitality
Bible Sabbath .......................................................................................................... December 3

+Curriculum resource materials are published in NAD church resource journals — Sabbath
CALENDAR OF SPECIAL DAYS
NORTH AMERICAN DIVISION 2011 - 3


* Special Materials Provided
Welcome!

Adventists In Step for Life was created by the North American Division of the Seventh-day Adventist Church to assist Adventist churches, schools and health care organizations in tackling the challenge of childhood obesity. Every conference, church, school, university and health care organization in the North American Division is encouraged to form an Adventists In Step for Life team to coordinate activities that inspire healthy eating and physical activity and further awareness of childhood obesity in their community.

The North American Division has set the following 4 annual goals for Adventists In Step for Life:

**Increase physical activity by:**

1. Accumulating 1 million physical activity miles through walking and other physical activities
2. 60% of Adventist students achieving the Presidential Active Lifestyle Award (United States only) or NAD Active Lifestyle Award.

**Focus on nutrition and increased fruit and vegetable servings by:**

3. Launching 100 summer feeding sites (at least one church and one school site per conference)
4. Starting 100 vegetable gardens or farmer's markets (at least one church and one school garden or market per conference)

**Engage kids, youth, parents, schools and the community in working together to fight obesity**

This website offers information on how to develop an Adventists In Step for Life team that can plan and implement a strategy that works for your organization; information for carrying out the primary NAD goals of promoting physical activity, hosting a summer feeding site and starting a community garden;
Let's Move Day

The North American Division has set aside Sunday, September 25, 2011 as Let's Move Day. Our goal is to get as many people possible involved in physical activity on that day. Consider what kind of event your church, school, university or hospital can sponsor and/or promote—a group walk in the park, youth sports event, organized 5K run/walk, or any other event involving physical activity. Invite other community groups, like the local health department, a university, church, or other agencies, to partner with you. Your event will create community awareness for childhood obesity and can also be used as a fundraiser for other projects, such as a community garden. You can also join an existing community event. Whatever your organization plans, remember to invite your community to join you as we move together and promote a healthier lifestyle.

- Download the Let's Move logo and create your own advertising or use our designed bulletin inserts.
- Organize a run/walk event
- Order shirts for your Let's Move Day event.
- Remember to report your collective miles (or physical activity equivalent) of members and community friends participating in your event on the website, as they will count towards our 1 million mile goal. In fact, we could easily meet or exceed that goal in one day! Do the math: If 2500 institutions participated, involving 100 members (who also invited 100 community friends), and they averaged 2 miles each... 2500 x (100 + 100) x 2 = 1 million miles!
Emmy Awards name Loma Linda TV show best in region

The National Academy of Television Arts and Sciences named "Loma Linda 360" the best health/sciences program and the best magazine program in the region at the 37th Annual Pacific Southwest Emmy Awards. This past weekend, the office of university relations at Loma Linda University won Emmys in four categories:

Health/Science – Program or Special
• "Loma Linda 360," episode 3—"Stephanie's Heart: Part 2," Michael Wolcott, Larry Kidder, Loma Linda University

Magazine Program
• "Loma Linda 360," episode 5, Patricia Thio, Maranatha Hay, Cosmin Cosma, Loma Linda University

Human Interest – Single Story or Series
• "Crossing Out Fear," Patricia Thio, Cosmin Cosma, Loma Linda University

Documentary – Topical
• "Baby Blue," Maranatha Hay, Loma Linda University

According to Patricia Thio, associate director of PR video, "Loma Linda 360" highlights Loma Linda's unique stories of transforming lives. "We tell these stories so that the community can experience what Loma Linda is all about," she says, "and to inspire viewers to help make a positive difference."

Season 3 featured gripping documentary footage taken just minutes after the 2010 Haiti earthquake, the story of Baby Fae who captured the hearts of our nation 25 years ago, and other documentaries that take place at home and around the globe.

The show aired last year on the PBS affiliate KVCR and KVCR-DC. It can be viewed online at llu.edu/360, youtube.com/lomalinda360, and vimeo.com/channels/ll360.

The 37th Annual Pacific Southwest Emmy Awards took place on June 18, 2011, in Carlsbad, California. This is the show's second year to win Emmy Awards. Last year, LLU swept its categories by bringing home three Emmys.
7-05-11 First Adventist Foreign-Language Church in the World to Celebrate 150th

Norwegian-American Church Began in Oakland, Wisconsin

"If you want to follow the Bible literally, you ought to keep Saturday instead of Sunday," said the Lutheran minister to a small group of people meeting in Ole Sern’s home in Norway. Little did that Lutheran minister realize that years later his words would result in rising up the first foreign-language Seventh-day Adventist® (SDA) church in the world, and that many influential ministers, missionaries and leaders would come from that church. On September 2 and 3, 2011, that first foreign-language church, Oakland Seventh-day Adventist church will be hosting their 150th anniversary celebration.

Weary of the formality of their Lutheran church, and looking for improved economic conditions, Ole Serns and several other Norwegian families migrated to the United States, eventually settling in the township of Oakland, Wisconsin. The idea that Saturday was the true Bible Sabbath, suggested by that Lutheran minister back in Norway was not forgotten. In the fall of 1854, Ole and his friends decided to study the subject deeper. By the spring of 1855, four families in Oakland were keeping the seventh day Sabbath with Ole. Within two years, the number had doubled. For all they knew, they were the only Sabbath-keepers in the world. Later they learned that there was a group of Sabbath-keeping Adventists in a nearby settlement. In April of 1858, an Adventist pastor, Elder Phelps visited the Oakland group and shared the "three angels' messages" with them. One month later, the first baptism was held.

In December 1861, the Oakland Adventist church was organized, making it the first Norwegian-American Adventist church in the world. Three years later they erected a church building which is still in use today. It has undergone alterations and additions, and now houses an English-speaking congregation.

Over the past 150 years, a large number of church leaders have received their early training in the Oakland SDA Church. One, Elder O. A. Olsen, became president of the Wisconsin Conference and later president of the General Conference in 1888. Elder O. A. Johnson became president of the Dakota Conference, and four years later president of the Wisconsin Conference. Elder John Mattson was from Oakland became known as the Adventist apostle to the Scandinavians. He conducted the first Scandinavian mission school in America, traveled throughout the Midwestern states establishing Scandinavian churches, and labored many years in Denmark. Before returning to the United States Mattson helped convert over 700 Scandinavian Adventist in Denmark, and organized the first conference organization outside the United States. These are only a few of the numerous ministers, teachers, and missionaries Oakland SDA church has sent to share God's truth to the world.

On September 2 and 3, 2011, Oakland SDA church will be hosting their 150th anniversary celebration. Dr. Bjorgvin Snorason, a native Norwegian doctoral graduate from Andrews University will be the guest speaker for the weekend. He wrote his doctoral dissertation on the history of the Norwegian Adventist church from the 1840's to 1887. Currently he serves as Sabbath school and personal ministries director for the Iceland Conference in Reykjavik, Iceland. The weekend begins with a vespers Friday night at 7:00 p.m., and ends with a evening of music held Saturday evening at 7:00 p.m. For more information contact Lois Elmer at loiselmer@yahoo.com.
You can now register online for the 2011 Women's Ministry Retreat "Designer of our Lives" that will be held in Ocean City, MD!

Women's Ministries
www.ccosda.org
Tuesday at 10:29am · Like · Comment

All of the audio files that will be available from The Gathering are now up and ready to be listened to! This includes Dick Duerksen and Katia Reinert.

Audio of The Gathering
chesapeake.adventistchurchconnect.org
June 29 at 12:30pm · Like · Comment

Here are some photos from the Chesapeake Conference of Seventh-day Adventists Hispanic campmeeting. Send your photos to VisitorFacebook@columbiaunion.net and we'll share yours, too!

Crest Lane Seventh-day Adventist School
Columbia Union Visitor
Hispanic Camp Meeting, 2011
Photos by JosueSanchez.com
By: Chesapeake Conference of Seventh-day Adventists
Photos: 146
June 15 at 10:47am

Frederick Launches Radio Program to Tell Gospel Stories
www.ccosda.org
Jesus taught life-changing principles by using stories that would fascinate and connect with his listeners. His approach has proven timeless, and it now serves...
as inspiration for the growing media ministry at the Frederick church, in Frederick, Md.

June 23 at 12:59pm · Like · Comment

Chesapeake Conference of Seventh-day Adventists

Washington-Spencerville Korean Adopts Congo Projects
www.ccosda.org

Washington-Spencerville Korean church has forged close ties since 2009 with the churches and mission efforts in the Democratic Republic of Congo.

June 23 at 12:59pm · Like · Comment

Chesapeake Conference of Seventh-day Adventists

Bowie Brings Evangelism into Small Groups
www.ccosda.org

"La Caravana de La Esperanza" was the title of a new approach for spiritual revitalization and evangelism within the Bowie Spanish Company, Bowie, Md.

June 23 at 12:58pm · Like · Comment

Columbia Union Visitor

These Chesapeake Conference of Seventh-day Adventists homeschoolers are learning to give at an early age!

Williamsport Homeschoolers Make Dresses for African Girls
www.columbiaunion.org

Scissors snipped and sewing machines whirred as the senior class, grades 4-12, of the Home Sweet Home School Co-op created dresses this past spring to support a program called Little Dresses for Africa.

June 14 at 10:15am

Chesapeake Conference of Seventh-day Adventists

Vandeman Elected Columbia Union Executive Secretary
www.ccosda.org

Robert T. Vandeman, Chesapeake conference president, was today elected to serve as executive secretary of the Columbia Union Conference of Seventh-day Adventists.

June 22 at 10:42am · Like · Comment

Manuel 'Manny' Martinez, Prithy David and Marie Grulkey like this.

Marie Grulkey He will do an excellent job, really have appreciated his leadership in the Chesapeake Conf. May he continue to seek God's leading.

June 22 at 10:43am · 1 person

Chesapeake Conference of Seventh-day Adventists

We need your opinion! If you attended The Gathering and have not filled out the survey, please take a couple of minutes to do so. Your input will help in the planning of next year's camp meeting.

The Gathering: A Renewed Camp Meeting Experience - Survey powered by eSurveysPro.com
www.esurveyspro.com

June 20 at 12:42pm · Like · Comment
Marie Grulkey and Chesapeake Conference of Seventh-day Adventists like this.

Chesapeake Conference of Seventh-day Adventists

Camp Meeting 2011 (4)

www.vimeo.com

Chesapeake Conference Saturday's Slideshow
Pictures by Josue Sanchez & others

June 18 at 3:20pm · Like · Comment

Jennifer Bell Andres and Marie Grulkey like this.

Chesapeake Conference of Seventh-day Adventists added 139 new photos to the album Camp Meeting 2011 (3).

Camp Meeting 2011 (3)

June 18 at 1:30pm · Like · Comment

Jennifer Bell Andres, Marie Grulkey, Patito Kolor D' Kafe and 2 others like this.

Chesapeake Conference of Seventh-day Adventists

http://www.vimeo.com/25255405

Camp Meeting 2011 (3)

www.vimeo.com

Chesapeake Conference Wednesday Slideshow
Pictures by Josue Sanchez & others

June 17 at 2:17pm · Like · Comment

Jennifer Bell Andres, Marie Grulkey and Patito Kolor D' Kafe like this.

Chesapeake Conference of Seventh-day Adventists added 87 new photos to the album Camp Meeting 2011 (2).

Camp Meeting 2011 (2)
You can now listen to programs of The Gathering online!

Audio of The Gathering
www.ccosda.org
UCH bans smoking at four campuses

Last Updated: Tuesday, July 5, 2011

TAMPA -- Four University Community Health campuses are tobacco free.

The four -- Main Med Center, Pepin Heart, Carrollwood and Long Term Acute Care Hospital at Connerton -- will hold a joint news conference at noon today to announce their "Freedom from Smoking."

"This has been a long time coming for UCH and now with the affiliation of Adventist Health System it's the right time to stomp out tobacco use at all of our campuses," Peter Bath, vice president of mission for Adventist Health System/University Community Health said in a news release.

"We are excited about this event and know it's one of many steps we're taking as a health system to encourage our employees, patients and visitors to make healthy choices in their lives. Eliminating tobacco use across our campuses is one large and healthy choice people can make in their daily lives."
Wear your Sunday best on Saturday
Seventh-day sabbath Christians known for healthy lifestyle, longevity

Thandiwe Vela
Northern News Services
Published Friday, July 1, 2011

SOMBA K’E/YELLOWKNIFE - At the Yellowknife Seventh-day Adventist church, everyone wears their Sunday best on Saturday.

On a Sunday morning - deemed the first day of the work week for both Seventh-day Christians and the Jewish faith - you might find an Adventist at a yoga or cardio class; the denomination's commitment to healthy living has made them the subject of many highly-publicized longevity and health studies.

"The healthier you are, the better able you are to serve others," said Brad Dahr, pastor of Yellowknife's Seventh-day Adventist church, explaining the holistic premise established by the health visions of church co-founder Ellen White before the church was formed in 1863.

Healthy behaviour promoted by the SDA church - a plant-based diet, need for sunshine, no smoking, nuts, fibres, exercise and reduction of sugar - translate into a longer life, American studies find, with Adventists recorded to live up to 10 years longer than other subgroups.

SDA churches all over the world, including the Yk SDA church, have designated health ministries, which reinforce the church's commitment to the close relationship between bodily health and spiritual wholeness.

"It's a holistic approach that ultimately comes down to serving others," Dahr said, adding the church's main purpose is to spread the message of Jesus Christ to as many people in the world as possible, before the advent, or second coming.

"We don't date-set," Dahr said, citing the recent doomsday misstep of American Christian radio broadcaster Harold Camping.

"We are very adamant that what we say comes from the Bible," Dahr added. "We don't pick and choose."

Yk SDA member Grace Karambi, who was baptized in the church in 1999, says its faithfulness to the scriptures of the Bible is what drew her to the church, which now has more than 16 million members worldwide.

"It's about the truth according to the Bible," Karambi said. "Nothing is added or omitted. That's what I like."

No Bible? That's no problem if you plan to visit the chapel on Forrest Drive, between Franklin Avenue and Taylor Road, because along with copies of SDA hymnals, there are multiple New King James version Holy Bibles in front of each wooden pew.

Glass doors at the entrance give visitors an opportunity to peep the service on Saturday, which starts at 10:30 a.m., before going in. Brace to introduce yourself many times when visiting this church for the first time, as the congregation can seem overzealous to newcomers.

"Our desire is to let God's love flow through us to others, so this congregation is very naturally friendly," Dahr said. "It's not something you can manufacture."
Local vegan dinners a community outreach

Meant to help those with health concerns
JUNE, 30 2011
BY KATHRYN CORAZZELLI
SUMMIT DAILY NEWS

Barbara Taylor and Kathy Tavares chopped up avocados last Thursday afternoon while the smell of freshly baked pita bread wafted from the oven. They were busy preparing a vegan meal at the Summit County Community and Senior Center for about 50 people — one coordinated every quarter by the friends and church mates for almost 10 years.

“We have a lot of different people up here from all walks of life that really are concerned about their health,” Taylor said. “Colorado is known for its lifestyle.”

The meals are free and sponsored by the friends’ church, the Summit Fellowship of Seventh-day Adventist Church in Copper. Taylor said the dinners are based on the principles of NEWSTART, a lifestyle program advocating nutrition, exercise, water, sunlight, temperance, air, rest and trust in divine power.

Humans need all of those components, Taylor said, to lead a healthy lifestyle. The quarterly dinners — along with free vegetarian meals every Saturday at the church — are a community outreach to help people with health concerns or stress-related illnesses.

“It’s our mission,” Taylor said. “You’re going to work a lot better, you’re going to feel a lot better and you’re going to have less disease.”

The seven secrets

The quarterly meals all have a theme — like Mediterranean, Cinco de Mayo, or even Hawaiian — and sometimes include special guest lecturers and cooking demonstrations. Last week’s guests were Jim and Neva Brackett, who together have three cookbooks, DVD sets and run seminars advocating a non-refined plant-based diet. Jim spoke to Thursday’s attendees, while Neva prepared recipes from her latest book, the “Seven Secrets Cookbook.”

“The general topic we deal with is when people have what we call Western diseases,” Jim said. “Things that aren’t caused by germs, but caused by lifestyle.”

Jim said almost all of these diseases — like hypertension, heart disease, diabetes, gout and arthritis — can be corrected by switching to an unrefined plant-based diet.

The couple has been living a vegan lifestyle for over 40 years.

“The hard thing is for people to make the change,” Neva said. “But once they do, they find it to be very simple.”

Neva often uses nuts blended in sauces to take the place of milk, cream and cheeses. She even makes a macaroni and “cheese” using cashews.

“We’re making it taste good by adding a fat in a natural form,” she said.

For Thursday’s meal, Neva prepared homemade pita bread, which she said is much more fresh and pliable, and numerous dips like hummus, avocado and tahini. She even made a potato salad with coconut milk and cashews instead of mayonnaise. For dessert, a tapioca pudding with fresh raspberry pudding and granola on top.

“Healthy food can be made to taste delicious,” Jim said.

“Most people who have never eaten a vegan or vegetarian diet are amazed at the wonderful tastes of the food,” Taylor
said. “Every time they come back and tell us ‘that was the best you ever had.’”

For more information about the church and its community meals, go to www.summitfellowship22.adventistchurchconnect.org.

To learn more about the Bracketts, go to www.livebetterlivelonger.org.
Tri-City Diaper Bank continues to grow

By Jacques Von Lunen, Herald staff writer

Tri-Citians get it -- diapers are a basic human need too.

How else to explain the success of the Tri-City Diaper Bank, a new organization with a new idea that has caught on quickly, even in a time when money is tight everywhere?

The nonprofit, which provides social service agencies with diapers for their clients, started as a small offshoot of the Adventist Community Food Bank in December. It has since grown steadily and now comprises two local distribution centers.

The diaper bank now has its own office and storage space, a modular building behind the Riverview Seventh-day Church in Pasco donated by Pacific Mobile, said Adra Johnson, the diaper bank's program director.

And it has set up a second distribution center at the Richland Seventh-day Adventist Church.

The group serves several key agencies in the Tri-Cities, including the Benton-Franklin Health Department, the Children's Developmental Center, Catholic Family & Child Service, Benton-Franklin Community Action Committee and Safe Harbor Crisis Nursery.

At the health department, for example, these diapers help the very poorest families, said Carla Prock, the agency's nursing supervisor.

"When you have to choose between buying diapers and buying food, this frees up some of those limited resources," she said. "This helps them get through the month where tough choices have to be made."

One common factor among all of these agencies is their careful screening of clients to ensure that only those in real need receive their services.

"That's very important to us," Johnson said. "We can only provide for those with the greatest need."

The nonprofit has given out nearly 20,000 diapers through these agencies, she said.

Overwhelming community support has made that possible.

After seeing a Herald story about the diaper bank's launch, the Pasco chapter of Moms Offering Moms Support collected about 2,000 diapers for the group, Johnson said.

And last week, the diaper bank organized a campaign it called "Stuff the Bus."

A red bus provided by Ben Franklin Transit was parked in front of the Pasco and Richland Walmart stores for a whole day each, encouraging shoppers to drop off a bag of diapers on their way out.

Many did. The group collected more than 18,000 diapers in those two days, Johnson said. She still hasn't gotten used to such overwhelming support.

"We get kind of teary eyed when people bring us packs of diapers," she said. "It's a real sacrifice for some of them."

Diaper banks are a new concept in the world of charitable giving. "The idea of diapers as a basic human need has lagged behind the demand," Johnson said. "But diapers are the most basic clothing a child can have."

The need for diapers in the community far outstrips what the diaper bank can provide, but the group hopes to grow further, Johnson said.

So far, all positions within the nonprofit are filled by volunteers. As the operation grows, some paid staff will have to be hired to keep fundraising and distribution organized, Johnson said.

And the group hopes to expand its reach into the schools, to reach younger siblings of homeless students. It is looking to partner with the school districts in this effort.

The faith-based organization has achieved a lot in just a few months through collaboration with others.

"We believe we can make significant change when we work together," Johnson said.

How to help:

Call 946-8807
Email tricitiesdiapers@gmail.com
The Calistoga Chamber of Commerce honored some of the town’s standouts Monday night as it handed out its annual Community Awards.

“It recognizes and applauds Calistoga’s best, who selflessly give back to the community to make it what it is,” Chamber Executive Director Chris Canning said after the event, held at Brannan’s Grill.

Larry Kromann was named Citizen of the Year for his work as board president for Calistoga Affordable Housing, a 10-year-old nonprofit that works to develop and maintain low- to moderate-income housing in the area. He had previously spent four decades in education, including serving in the Midwest as superintendent for several Seventh-day Adventist Conferences.

Calistoga “is a great little town,” he said, explaining his dedication to housing issues in Calistoga even after he was nominally retired from his other professions. “All my life has been in service to people.”

The Community Volunteer of the Year award went to Edie Engelhard, who has given her time to projects for youth, including staging productions of the high school’s drama program, organizing teen movie nights and the annual haunted house. She and her husband ran businesses in the Lake Tahoe area before moving more than a decade ago to Calistoga, where they run a vineyard and are avid home winemakers.

“We love being part of a small town,” she said of their decision to move here. “And we didn’t have to shovel snow.”

The chamber picked Shirley Blomquist, who has served on the board of the Sharpsteen Museum for more than a decade, for the Gary Barrett Lifetime Achievement Award. Among her many other community activities, she has served on the Napa County Commission on Aging, the Chateau Calistoga Homeowners Organization, the Calistoga Pool Advisory Committee, and the Senior Association of Calistoga.

Despite her extensive record of service, Blomquist was modest about the award, saying when she first got the call, she thought the chamber was asking for her help in picking a recipient, not proposing to give it to her.

She said the “lifetime” part of the award shouldn’t be interpreted as some sort of signal that her career of public service is over.

“I’ll keep going,” she promised to warm applause.

Business of the Year went to Café Sarafornia, owned by Drake and Madeline Dierkhising, who have been fixtures of Calistoga’s restaurant scene for 35 years. Drake Dierkhising told the crowd that when his brother told him there was a restaurant for sale in Calistoga back in 1976, he and his wife took only one evening to decide to drop their lives in Maryland and head west to open the first of several eateries they have run in town.

Calistoga, he said, “is the only town left in the valley that is authentic.”
Englewood church takes on new partners for program that feeds seniors

WEDNESDAY, JUNE 29, 2011
BY MIKE CURLEY
STAFF WRITER
NORTHERN VALLEY SUBURBANITE

TEANECK - The First Seventh-Day Adventist Church in Teaneck is working with the Bergen County Relief Center and SHARE Inc. to expand its helping ministry’s delivery of weekly meals to area senior citizens.

The program started two years ago at the church to deliver meals to five senior citizens every other weekend, and has since grown to serve more than 20 every weekend in Teaneck, Englewood, Maywood, Bogota and Hackensack.

The coordinator, Claudette Lewis, said during the kickoff of the collaboration on June 17, that the program is teaming up with the two agencies to broaden the scope, eventually hoping to provide clothing, shelter and other aid to area seniors.

Working with the Bergen County Relief Center, she said, will help get the word out about the program, while SHARE’s access to its senior buildings will help more senior citizens receive the meals. Additionally, she said, it’s hoped that food deliveries can be made daily.

"We're looking to keep them healthy," she said, adding this kind of community service comes naturally to the members of the church. The meals are made with the individual seniors' dietary and medicinal needs in mind, she added.

"The church is there for the seniors to help in whatever way we can," Lewis said.

Senior Pastor Orlando Moncrieffe said programs like this are part of the church’s mission of selfless human service and are among a broad base of service projects undertaken by the church. The meals are prepared at the church by volunteers, while other volunteers drive the hot meals to the seniors. The church itself provides financing for the food.
He said one of the next steps of the program is to provide companionship to seniors, many of whom live alone and do not have people who can visit regularly.

"These people were once active, productive members of the community," Moncrieffe said. "We want to do anything to improve their lifestyle."

Esther Hilliard, 97, an Englewood resident since 1940 and current president of the Englewood chapter of the AARP, said it was very helpful to her and other seniors to have food delivered so that they don't have to leave the house. She added that the food is excellent.

The church is also looking for more volunteers to prepare and deliver food, Lewis said.

"We want to get the word out to the community," said Derek Boone, executive director of the Bergen County Relief Center. "We want to keep this going, and make this as big as we can."

Email: curley@northjersey.com or call 201-894-6705

Find this article at:
http://www.northjersey.com/news/124708684_Church_takes_on_new_partners_for_program_that_feeds_seniors.html

Check the box to include the list of links referenced in the article.

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Unlike the pop tabs effort tops 200 pounds :: Sequim Gazette

Sequim youth's pop tabs effort tops 200 pounds
Published on Wed, Jun 29, 2011 by Gazette staff

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Sequim's Sam Manders, second from left, brings in more than 350,000 pop tabs to the Ronald McDonald House in Portland, Ore., with some help from executive director Tom Soma, left, and communications manager Chad Greenwood. Submitted photo

Eight years and still going strong.
Sam Manders of Sequim is a familiar contributor to the Ronald McDonald House through the charity's Tab Top Program. In his eighth year, Manders collected 209.9 pounds or 355,990 individual tabs.
At the Ronald McDonald House, workers assist families with housing while their children are being treated for illness at one of three hospitals in Portland, Ore.
The house is adjacent to the Doernbecher Children's Hospital, Oregon Health and Sciences University and the Shriners Hospital. Many families and patients who are eligible for outpatient status are able to save a bundle of money by living at the house.
The house has televisions, computers, board games and books for youths, plus laundry facilities and a huge kitchen with volunteers helping each week to prepare dinners for weary families.
Manders, 15, started collecting the tab tops in 2005. His first collection brought in 1,581 pop tops. By 2008, his collection totaled 50 pounds worth of tab tops. Last year he collected nearly 440,000 tab tops.
Since the Seattle McDonald's doesn't have a tab top program, Manders and mom Kathrin Sumpter travel to the Ronald McDonald House in Portland.
Sumpter notes that Manders got plenty of help this year, as people also donated cash that went for paper products for the house.
Sumpter said a number of local residents and organizations helped with Manders' efforts in 2011: QFC in Sequim, Janet Abbott and others at the George Washington Inn, Joanne Alford and others at the Peninsula Friends of Animals, Chrissy Amundson, Kathie Blanton, Blue Sky Real Estate, Karen Boyd, Jo Candler, Clallam County, Clark Culver, Patrice Davis, Kelly Dowell, Frick Drugs, Greywolf Elementary School, Eric and Kathy Feinmann, Kathym and Neal Fridley, Neva Fowles, Linda Frick, Donna Gallaher and others at the Sequim Prairie Grange, Carol Gates and others at Agnew Helpful Neighbors, the Sequim Gazette, Mrs. Gilbert, Nadine Gilden, Marguerite Glover and others at Peter Black Real Estate and Nancy Goldstein. Also, Dorothy Hall, Judy and Roy Hamiss, Christlyn Hill, Diane Horton, Nancy Kohn, Gary Laxson, Ingrid Lehrer, Janie McDermott, Renate Melvey, Sue Noe, Oasis Bar & Grill, Candy Olmer, Anne Olsen, Jan Reichel, Jay Richmond and others at Seventh-day Adventist Church, Mary Sanderson, Deanna Schrader, Sequim Auto Clinic, Sequim Martial Arts, Betty Sofie, Hilary Steeby, Gail Sumpter, Dan and Linda Tash, Katy Thompson, Debra Trussell, Pat Vautier and Margaret Yates.

Like

Add New Comment
Thanks to church groups, and to the sweat of skilled friends, Arthur Bates is rebuilding all that the tornadoes took of his home and property, when they roared through Apison April 27.

"I wouldn't have dreamt there would have been this many good people in the world as there are today," he says.

"It's awesome. I mean the love that people have for each other."

He lost everything but his life. For six weeks, home would be a dorm room at Thatcher Hall, on the campus of Southern Adventist University in Collegedale.

"They offered a place to stay free of charge," Bates says. "Hey, the Lord has blessed me!"

"From housing people, to sending crews out to remove trees, to providing temporary storage, this is probably the biggest disaster we've been part of," SAU Associate Vice President Marty Hamilton tells Eyewitness News.

"This was a big deal for the University."

SAU has played host to FEMA and TEMA. Bedded and boarded faculty and staff members who lost their homes.

Administrators discovered very quickly, that providing facilities was much easier than managing their guests' basic emotional needs.

"I was challenged with really holding back," says Outreach Coordinator Melissa Tortal, a graduate student seeking her Master's in social work.

Her assignment could well have been a field study under fire.

"I just wanted to be here all the time, and give all of my time here"

The volunteers and victims have moved out of Thatcher Hall. But SAU hasn't moved on yet.

Its Physical Education Center will host a benefit for Apison's storm victims July 13. It's expected to draw, and to raise, thousands.

"If anything, this really has reassured me that this is the field I want to get into," Tortal says.

The aftermath has renewed Arthur Bates' faith too. Three crosses stand in his front yard. They're reminders of the neighbors who lost all.

"There's people from Washington State, California, calling me that I haven't heard from four years," he says, choking back tears.
SAU plays innkeeper, offers labor pool for victims, volunteers - WRCBtv...
On Sabbath, July 9, give a gift to the church by supporting women’s leadership training and outreach.

Your generous gift on Sabbath, July 9, 2011, will provide resources to equip women for service in the Church and in the community.

Mark your tithe envelope “NAD Women’s Ministries Offering.”

“When I was asked to be women’s ministries leader at my church, I felt incapable and started praying for God’s guidance. The leadership training event at Broken Arrow Ranch provided me with the tools I needed for the assignment, and I praise God for that.”

—Olajire (Joy) Kilanko
NORTH AMERICAN DIVISION
WOMEN'S MINISTRIES OFFERING
SABBATH, JULY 9, 2011

Through your gift and our training, women throughout
North America are partnering with God in service, and
He is blessing such ministries as...

- Nurturing New Members
- God in Shoes—ministry to the impoverished and disadvantaged
- “enditnow”—Adventists Say No To Violence Against Women

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"Since the women’s leadership training event,
my women’s Bible study group has been
going strong. We are studying Carla Geber’s
"Journey of Joy." This DVD series is exciting
because we are internalizing Bible truths like
never before through reading, journaling and
drawing.” —Karen Phillips

“When the women of my church conducted
an evangelistic series, the pastor and
members endorsed and strongly supported
the meetings. I experienced the presence
and power of the Holy Spirit as I prepared
and presented the messages each night.”
—Laura Smith

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NORTH AMERICAN DIVISION
WOMEN’S MINISTRIES OFFERING
SABBATH, JULY 9, 2011

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Adventist PlusLine

http://www.plusline.org/eventdetail.php?id=1066701

Festival of the Laity Exhibitor

Date & Location: September 7-10, 2011. Sheraton Dallas, 400 N Olive Street, Dallas, TX 75402.

Description: North American Division Full Ministries Festival of the Laity Ministry Training, motivation, and networking in all areas of ministry facilitated by the North American Division.

Who Should Attend: Anyone interested in strengthening ministry capacity in the areas of: Bible Instructors, Children's, Christian Education, Communication, Community Service, Deacons & Deaconess, Disabilities, Elders, Family (includes Men & Singles), Greeters & Ushers, Health, Hospitality, Information Technology, Pastors, Pastors' Spouses, Personal, Prayer, Prison, Sabbath School, Stewardship, Women's, Young Adult, Youth.

Featured Speakers: Mark Finley, Vice President, General Conference; James Black, Sr., Director, Youth & Young Adult Ministries, North American Division; Carlton Byrd, Senior Pastor, Berean Seventh-day Adventist Church; Frank Bondurant, Vice President, Columbia Union Conference; Sung Kwon, National Executive Director, Community Services, North American Division; Jose Rojas, Director Office of Volunteer Ministries, North American Division.

Schedule: Wednesday, September 7, 2011 at 7:00 pm through Sabbath, September 11, 2011 at 9:30 pm. For details please click here

Registration Fees: A single exhibit booth is an 8' x 10' pipe and drape carpeted space that includes one skirted 8' table, two chairs, trash can, and up to four additional people per space. An exhibit registration does not include attendance to the Festival of the Laity event.

The registration fees are per Booth.

$495 - (1) 8 X 10 ft space now through August 25, 2011
$950 - (2) 8 X 10 ft spaces now through August 25, 2011
$1350 - (3) 8 X 10 ft spaces now through August 25, 2011
$1700 - (4) 8 X 10 ft spaces now through August 25, 2011

To guarantee your place, please register ASAP. Register online or call PlusLine at (800) 732-7587. PlusLine will process registrations for this event through August 25, 2011. All major credit cards accepted. Checks and money orders should be made payable to AdventSource and mailed to AdventSource/PlusLine, 5040 Prescott Avenue, Lincoln, NE 68506-5431. All registrations by mail must be received by noon Thursday, August 25, 2011.

Refund Policy: No refunds will be given for this event.

Register Now: Online Registration | Paying by Check? For details please click here

Other Details: Please note the additional details below regarding this event:

Lodging: Sheraton Dallas, 400 North Olive Street, Dallas, TX 75402. Each registrant is responsible for booking their lodging by calling (214) 922-8000. Please use the code of "Seventh-day Adventist" to receive the rate of $112 per night, plus tax, for up to four per room. Please plan to register at regular hotel rates. There is a parking fee of $10 per day, or a valet parking fee of $14 per day.

Meals: Please plan to take care of all meals on your own.

Directions: Click for a Map | Weather
Nearest Airport: Dallas Fort Worth International Airport

Ground Transportation: DART light rail www.dart.org or you may use the Greyhound Bus Line www.greyhound.com for ground transportation.

On-Site Event Check-In: You may check-in on Thursday, September 8, 2011 from 2:00-9:00 pm.

Dress: Wednesday through Friday afternoon dressy casual; Sabbath dress is requested for the Sabbath hours.

Additional Questions: You may contact Lindsay Peterson (402) 486-8821 or via Email for additional information.