Silent No More, Part 1

by *Mable C. Dunbar, PhD, LPC

I often wonder how many of us Christians realize or can even conceive the deep, silent, and insidious pain and confusion that abused and abusive individuals face. Victims, advocates, and even perpetrators have cried aloud, have lifted up their voices to let the church know that there is a problem and they need help. But they are often ignored, ostracized, penalized and cautioned to remain silent. Their stories are discounted. The effect of their suffering is minimized. If they attempt to expose secrecy and eradicate apathy towards abuse they are seen as having an unforgiving spirit.

Research has verified the prevalence of abuse in Adventist homes. (Kasischke and Johnson, 1994; Drumm, et al, 2006.) Books have been written. Brochures have been placed in churches, public bathrooms, places of business, and schools. Self-supporting ministries struggle to sustain healing centers to help the wounded and broken who want to experience wholeness. Information about domestic violence and sexual abuse has been made available in packets distributed during workshops and conferences. Special days are set aside to bring awareness to church members. Thousands of signatures have been gathered to let the world know that Seventh-day Adventist Christians want to end domestic violence and sexual abuse against women and girls now (enditnow). The first NAD-sponsored Summit on Abuse is scheduled to help professionals, pastors, church leaders and lay persons learn to help people deal with this problem. Praise the Lord!

But HOW do we ENDITNOW? Do we conduct more research, write more books, produce more brochures, plan more workshops, forums, and conferences before we can help individuals in current crisis? What is the long term effect on the church when it is not proactive in addressing this dilemma NOW? The following quotation succinctly, yet sadly outlines the reality of why domestic violence and sexual abuse continue in our homes,
schools, churches and society at large and whose agenda is being purported and supported when the church ignores cries for help:

“I believe that there is a devil, and here’s Satan’s agenda. First, he doesn’t want anyone having kids. Secondly, if they do conceive, he wants them killed. If they’re not killed through abortion, he wants them neglected or abused physically, emotionally, sexually... One way or another, the legions of hell want to destroy children because children become the future adults and leaders. If they can warp or wound a child, he or she becomes a warped or wounded adult who passes on this affliction to the next generation”. -Terry Randall in TIME Magazine, October 21, 1991.

What can we do to prevent our children from growing up to be wounded individuals who pass on their affliction to the next generation, our grandchildren? How can we minimize or end this intergenerational cycle of physical and sexual violence? “The reign of violence within many homes is evidence most basically of Satan’s kingdom at work destroying order, love and happiness in human relationships. And until we enter the arena of domestic violence willing to battle evil, our efforts to see violence stopped and families transformed will be ineffective at best. We cannot dismiss evil as some vague spiritual force that presides outside of human behavior. Evil is rooted in a superhuman personality: Satan. And when people are violent, hostile, argumentative, deceiving, accumulating, as it were, a treasure of evil goods within the economy of Satan, they gradually permit Satan to restructure their character and own them. Whether using psychological or theological language, the truth remains that acts of evil are acts of sin. They are assaults on God’s moral laws. They separate the evildoer from God and from fellow human beings. The problem of wife (husband) abuse is not one of feminism, secular humanism, or a lack of leadership in the home. It is the problem of evil - unseen and unopposed.” - James and Phyllis Alsdurf, Battered Into Submission. (Illinois: Varsity Press, 1986) p. 62. (Part 2 will appear next week)

*Mable Dunbar is one of the foremost authorities on domestic abuse and healing in the North American Division and operates three abuse healing centers, email: info@whenetwork.com. She has served as Women's Ministries director and Family Life educator for the Upper Columbia Conference and as Children's Ministries director for the Bermuda Conference.

Washington Adventist Hospital Named in Top 5 in D.C.

The U.S. News & World Report recently released its latest ranking of the nation’s best hospitals and named Washington Adventist Hospital (WAH) in Takoma Park, Md., as one of the top hospitals in the Washington, D.C., metropolitan region. Out of 4,825 hospitals that the news magazine
reviewed, only 140 performed well enough to rank in even one specialty. As a top five hospital, WAH bested 50 other hospitals in the area. MORE

WAH was recognized for expertise in diabetes and endocrinology, heart and heart surgery, geriatrics, gastroenterology and five other specialties. -- from Columbia Union Visitor News Bulletin, July 27

Olivers Recipients of Family Ministries Distinguished Service Award

The NAD Family Ministries Distinguished Service Award was presented to Dr. Willie and Elaine Oliver at the Family Celebration Sabbath, held at Andrews University on Sabbath, July 16. Presenting the award were the current NAD Family Ministries directors, Claudio and Pamela Consuegra. The award contains an INUKSHUK. The Inukshuk were stone man-like figures, traditionally used by the Inuits. They were constructed along the Canadian shores to point the wayward traveler back home. The Olivers have faithfully served in the North American Division making a positive impact upon families by pointing them back towards home. Dr. Willie and Elaine Oliver currently serve as the General Conference Family Ministries directors. (Photo, left to right: Claudio and Pamela Consuegra, Elaine and Willie Oliver)

AUC Lays Off All Staff as Partnership with WAU Delayed

Atlantic Union College (AUC) laid off its entire staff of 97 full-time employees on July 31 because of a delay in a partnership with Washington Adventist University (WAU) following the loss of AUC’s accreditation from a regional accrediting agency effective July 31. In addition, arrangements are being made to enable about 450 current and prospective AUC to attend WAU and other schools during the fall semester.

In a July 14 press release, WAU officials said that the Massachusetts Department of Higher Education (MDHE) has not processed the university’s application to establish a satellite campus at AUC as school officials had planned. The proposal could take “up to a year,” said Katy Abel, associate commissioner for external affairs for the MDHE. MORE

The following are positive stories that appeared this week in the news about Seventh-day Adventists in the North American Division territory.

Adventists in the News

Cooked green vegetables, dried fruit, legumes, and brown rice


NAD Summit on Abuse, Oct. 15-17

180 Symposium, Oct. 18-20

Prophecies Decoded: Can the Past Reveal Your Future? Sept. 30–Oct. 29

Society of Adventist Communicators Convention, Oct. 20–22

Special Needs Children’s Ministry Training, Nov. 11-13

Cruise With a Mission, Dec. 11-18

Adventist Ministries Convention, Jan. 15–18

Health Summit 2012, Jan. 27- Feb. 5

Adventist World

NAD Edition
August Offerings and Special Days
Focus: Spiritual Gifts
Related Resources
Quick Links:
Festival of the Laity (Ministry Conference)
AdventSource
Pacific Press Resources on Spiritual Gifts

- August 27 – Abuse Prevention Emphasis Day

Helpful websites:
www.nadwm.org
www.enditnow.org

Related Resources and QuickLinks:
Abuse, Domestic Violence Prevention
Enditnow
Pacific Press Resources on Abuse
Additional resources

Offerings:
- August 6, Local Church Budget
- August 13, Oakwood College/Andrews University/Loma Linda University
- August 20, Local Church Budget
- August 27, Local Conference Advance

Union Magazines and Websites
Atlantic Union GLEANER
Canadian Adventist MESSENGER
Columbia Union VISITOR
Lake Union HERALD
Mid-America OUTLOOK
North Pacific Union GLEANER

associated with …
EurekAlert (press release)
August 2

Hospital officials plan more focus groups for cancer center in Hinsdale
The Doings Weekly
August 2

Here's to your health
Rapid City Journal
August 2

Carmel woman makes Bags of Love for children removed from their homes
Bangor Daily News
August 2

Andrews unveils a new place to study, stay
Herald Palladium (subscription)
July 30

PAHO, Seventh-day Adventists Partner to Strengthen Health Efforts in the Americas
Pharmaceutical Processing
July 28

Senate chaplain implores God to help in debt crisis
Washington Post (blog)
July 31

Dr. Frank Hale, former Oakwood College president, dies at 84
al.com (blog)
July 28

Mrs. Twinkles: Jean Pabian is her own parade
MyWebTimes.com
July 28

Ben Carson Finds Rare Proof of African Ties
The Root
July 27

Walking while she works
Sandy Post
July 27

EXCLUSIVE: An "extraordinary" academy amid orange groves
North County Times
July 26
Cruise with a Mission

Cruise with a Mission (CWM) 2011, December 11-18, is a 7-day cruise with a mission, sponsored by NAD’s Center for Youth Evangelism. It is a spiritual retreat, social gathering, and service opportunity - all in one - for young adults ages 18 (by December 11) to 35. The goal is that they will renew their spiritual journeys, discover meaningful community, and explore the joy of service. Many young adults are disengaged from God and authentic community. Our hope is that Cruise with a Mission will be a catalyst for our somewhat disengaged generation to cultivate a transforming lifestyle of connecting with God, building authentic Christian community, and engaging in service.

The ship stops at several ports, including: Cozumel, Mexico; Belize City, Belize; Mahogany Bay, Honduras; Costa Maya, Mexico. If you and/or your group are interested in going on the cruise, go to http://cruisewithamission.org/ for more information. If you would like to serve in leadership in areas such as photography, mission trip leader, or on-ship programming, fill in the application form.

Emotional Health and Wellness Conference Early-bird Registration Ends August 11

October 12-15, the Seventh-day Adventist Church will hold its first international conference on "Emotional Health and Wellness." It will be held at Loma Linda University.

“The Seventh-day Adventist church has a major commitment to alleviating emotional stress, and its spiritual message has brought hope and a new life to many around the world,” says Carlos Fayard, associate professor of psychiatry at the Loma Linda University School of Medicine, assistant director of the GC Health Ministries Department, and principal organizer of the Emotional Health and Wellness conference. “Robust prevention programs launched by the Women’s Ministries and Family Ministries departments give a new opportunity to thousands every week.”

The conference will include cutting-edge plenary lectures from renowned speakers, workshops in ten different tracks that will focus on specific skills development ranging from church-based interventions to individuals and communities, addictions, psychotherapy, international mental health, and whole-person care to the medical patient, to research strategies, clinical education and supervision, curricular development, and organizational leadership applied to the promotion, prevention and healing of emotional health. MORE

Visit www.globalemotionalhealth.com to learn more about the event and to register.

Remember that the First NAD Summit on Abuse will be held at Loma Linda University immediately following the Conference on Emotional Health and Wellness. It will address current abuse issues in Adventist families, churches, and institutions. Church administrators, pastors, medical personnel, school administrators, teachers, Sabbath school and youth leaders, lay persons should attend. Register
New Fundraising Opportunity for Church Schools and Youth Groups

Raise money for your church school or youth group by selling *The Adventists*, a DVD that should be in every Adventist home. To get started, purchase a case of 30 at $9.95 for each DVD. Next, sell the DVDs to family, friends, and church members for $20 and make a $300 profit. Each case includes a professionally produced promotional kit to help you advertise your fundraiser. Order online or call 800-328-0525 (catalog #416512).

Gone but not Forgotten

Henry T. Bergh: Pathfinder pioneer and writer of the Pathfinder Song, passed away on July 15. Henry has left an inspiring legacy to youth around the world. MORE

Frank W. Hale Jr. died July 27 at age 84. Hale mentored thousands of students as a professor, and his promotion of scholarships for minorities helped the Ohio State University become the top producer of black Ph.D.s in the 1970s. He was the first black dean at the Ohio State Graduate School and the first non-clergy to serve as president of Oakwood University, teaching a class each year he served as Oakwood president.

“Dr. Hale was a pioneer in the educational field for this nation and for the Seventh-day Adventist Church,” said Ella Simmons, a General Conference vice president.

“We have lost one of the true giants of the Ohio State community,” Ohio State President E. Gordon Gee said in a statement yesterday. “Dr. Frank Hale was a scholar, teacher, researcher, administrator, a civil rights pioneer. More than that, he was a force to be reckoned with who opened the doors of opportunity to underserved students through sheer force of his intellect and determination,” Gee said.

Hale was inducted in the Ohio Civil Rights Hall of Fame (See video) in October. MORE

Don Roth, 84, a veteran Seventh-day Adventist communicator, pastor, and advocate for retired denominational workers, died at his home in Loma Linda, California, on July 26 following a brief illness. Roth, a former associate secretary at the General Conference (GC), also played a major role in evacuating national employees of the Saigon Adventist Hospital during the fall of South Vietnam in April, 1975.

In North America he has served as a departmental secretary of the former East Pennsylvania Conference, public relations and radio-TV secretary of the Columbia Union Conference, and editor of the Columbia Union Visitor. He received a Lifetime Achievement Award at the annual meeting of the Society of Adventist Communicators in 2009. He was also recognized by the Loma Linda University School of Medicine for his ongoing work with alumni projects and recruitment of physicians for
overseas mission service. In May, Roth was presented an award by GC Secretary G. T. Ng for his lifetime of denominational service. MORE

**ASI Convention - You Can Enjoy it Too**

The widely-acclaimed and popular Adventist-Laymen’s Services & Industries (ASI) Convention begins today. If you are not attending, you can still enjoy the general sessions and seminars from afar. They will be posted for online viewing or download as soon as the media files become available. DVDs and audio recordings of convention programs will be available on the AudioVerse website.

Featured session speakers will be Doug Batchelor, Chester Clark III, Frank Fournier, David Kulakov, Ivor Myers, Matt Parra, Lyndi Schwartz and Ted N.C. Wilson. There will be seminars for non-profits, businesses, on evangelism, spiritual grown, and health.

Learn about ASI’s inspiring mission projects and the use of the $1.8 million offering received at last year’s ASI Convention held in Orlando, Fla., which drew more than 2,000 people.

### REACH North America

**A Message from Dan Jackson**

**President, North American Division**

Before our Lord left this earth, He challenged His people to reach out to the world around them. He said, “GO”! Our mission as a church is to reach out to every person of every background and every language group in our territory. All of us are called to be involved.

Jesus is coming soon. Let us join together in the final thrust of God’s gospel outreach on planet earth.

**Satellite evangelism opportunities**

- Astonishing Discoveries in the Land of the Bible, September 14-18
- Prophecies Decoded: Can the Past Reveal Your Future? September 30-October 29
Global Internet Evangelism Network (GIEN) Conference Videos Now Online

If you were not among those who attended the popular GIEN Conference held in Jamaica in June, and are looking for new ways to reach your members or community; if you want to know what the most effective methods of connecting are, do RUN to the GIEN website and watch the videos that are now available for viewing. Topics such as Ads and Publicity on Facebook, Staying Relevant, Technology in the Developing World, Social Media Revolution, Know Before you Build, Writing for the Web, and more, were covered at the GIEN conference in Jamaica. You can now attend virtually, and gain the benefit, free of charge, of learning what outreach and technology experts in the church know. MORE

(Photo: 150+ attenders at the GIEN Conference held in Montego Bay, June, 2011)

"Adventists InStep for Life" Webinars

If you were unable to attend the July 26 NAD Health Ministries' first Webinar about the new, “Adventists InStep for Life” initiative, or would like to see it again, the video and PowerPoint are now available online. All future Webinar recordings will be accessible from this site.

The next "Adventists InStep for Life" Webinar will be August 22 at 8:00 p.m. EDT. Learn and ask questions -
- What is Let's Move Day?
- How to organize a Let's Move Day event
- Creating community partnerships and collaboration
- How individuals, churches, and schools can participate
- How to report physical activity miles towards our 1 million mile goal
- NAD Active Lifestyle awards, PALA awards, and organizational awards

Register
“You can never get enough of what you don’t need, because what you don’t need will never satisfy you.”

(Katia Reinert, NAD Health Ministries Director, in her “Building Resilience to Face Life’s Challenges” workshop series at the Chesapeake Conference camp meeting.)

“What will be on your tombstone? How will you be remembered? It’s not up to the guy at the monument factory, it’s up to You. Your epitaph is getting written right now by your own personal mission statement. How would you like to be remembered?”

(Dave Gemmell, Associate Director of NAD Ministerial in preaching recently at New Hope church in Fulton, Md.)

Stay Socially Connected with NAD

© 2011 North American Division of Seventh-day Adventists
12501 Old Columbia Pike, Silver Spring, MD 20904 | Visit: nadadventist.org

George Johnson Jr., communication director | Bernadine Delafield, NET evangelism coordinator
Lynetta Murdoch, editorial assistant. Email: newspoints@nad.adventist.org
The Christian community has been slow to address domestic violence and abuse as a sinful act. Many times the religious community has given erroneous messages, and even used Bible texts out of context to condone or ignore abuse. In some situations, religion has prevented victims as well as perpetrators from getting the assistance they need in order to eradicate abuse in their homes and communities.

No More Excuses outlines a clear theology for pastors, elders, and church leaders on how the church should respond to people in abusive situations. As you read this book you will gain a better understanding of what domestic violence does to individuals, couples, families, and the church, and learn how to help those whose relationships create this kind of suffering.

No More Excuses will help you:

- Learn about the social dynamics and foundational elements that perpetuate domestic violence and abuse in Christian homes and religious institutions.
- Explore the interpretation of texts used out of context to justify abuse.
- Find information to help in assisting individuals as well as leaders respond appropriately and effectively to victims and perpetrators.
- Discover resources that can help the religious community minimize and eradicate domestic violence and abuse in homes, churches, schools, and communities.

This book is an essential guide for everyone who wants to be prepared to assist the families in their church and community. It will help you learn more about God's will for your life and the lives of those in the shadow of abuse.

Paperback. Copyright 2010.
<table>
<thead>
<tr>
<th><strong>FAITH AND FINANCE PARTICIPANT GUIDE</strong></th>
<th><strong>40 DAYS OF PRAYER</strong></th>
<th><strong>WOMEN'S MINISTRIES HANDBOOK</strong></th>
<th><strong>FOOTPRINTS FOR PARENTS AND MENTORS...</strong></th>
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<td>Faith and Finance is a unique combination of the biblical principles of money</td>
<td>If you would like to embark on a personal journey with God, try 40 Days of Prayer...</td>
<td>This easy-to-use handbook is a complete resource for women's ministries directors</td>
<td>Footprints for Parents &amp; Mentors is a unique 12-lesson small group Bible study</td>
<td>This CD contains PDFs of Footprints for Parents and Mentors study guides. Use this</td>
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**LINKS**
Find us online:

- **Webinars**
- **Church websites**
- **7Day Wear**
- **Contact**
- **Help**
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800.328.0525
402.486.8800

**ADVENTSOURCE**
5040 Prescott Avenue
Lincoln NE 68506

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Domestic Violence Resources

- **Breaking the Silence**, Set of 7 brochures (Spanish, "Rompiendo el Silencio" as individual brochures)

- **Canadian Government** supplies three full-color brochures which can be ordered free by Canadians, or downloaded from the web site by anyone, (be aware that the toll-free number is for Canadians but the advice is good for anyone) in 5-panel brochures and business card-size fold outs (this size is the safest for abused women to walk away with) in the following topics:
  * Warning Signs to Identify and Help Women at Risk of Abuse
  * Safety Planning for Women Who are Abused
  * How to Talk to Men Who are Abusive
    - Canadans order [here](#)
    - Download (in English) [here](#)
    - Downloadable in 17 languages [here](#)

- **Child Abuse Awareness**, "What you need to know if a child is being abused or neglected; "Traducción al Español (Spanish translation); 한글 번역 (Korean translation); a CD for you to have brochure printed, and add your own contact information.

- **U. S. Government Information and Help for Child Abuse and Neglect**, [www.childwelfare.gov/can/index.cfm](http://www.childwelfare.gov/can/index.cfm); in Spanish

- **Internet Safety for Children and Teens**, [www.ikeepsafe.org](http://www.ikeepsafe.org)

- **FaithTrust Institute**, [http://www.faithtrustinstitute.org](http://www.faithtrustinstitute.org), a multi-faith organization working to end sexual and domestic abuse; browse in other languages

- **FaithTrust Institute Catalog**, recommended resources in video: Broken Vows: Religious Perspectives on Domestic Violence (also a Spanish-dubbed version of Broken Vows: Una versión doblada al español del video Broken Vows); Wings like a Dove; What Churches Can Do; Recommended book: Sexual Violence: The Sin Revisited; Recommended brochure: What you need to know about Sexual Violence

- **National Coalition Against Domestic Violence** - dedicated to the elimination of personal and societal violence in the lives of women and their children. Site provides resources to local coalitions and other organizations. [http://www.ncadv.org/](http://www.ncadv.org/)

- **Partnership Against Domestic Violence** - [www.padv.org](http://www.padv.org)

- **National Domestic Violence Hotline** - includes hotline services, statistics, and more. [http://www.ndvh.org/](http://www.ndvh.org/)

- **Domestic Violence Hotlines and Resources** - national and state information.
  - 1-800-799-7233 on domestic violence and telephone numbers of shelters in your area.
  - Find a state or local shelter: [http://www.womenslaw.org/gethelp_type.php?type_name=State%20and%20Local%20Programs](http://www.womenslaw.org/gethelp_type.php?type_name=State%20and%20Local%20Programs)

- **Domestic Violence Shelter Tour** - learn about life in a shelter by taking a virtual tour. Also includes facts, contacts, and other information at [www.safehorizon.org](http://www.safehorizon.org).
- Religion and Violence e-Learning, [www.theraveproject.org](http://www.theraveproject.org). RAVE is an initiative that seeks to bring knowledge and social action together to assist families of faith impacted by abuse.


- U. S. Social Services by State - [http://www.aphsa.org/Links/links-state.asp](http://www.aphsa.org/Links/links-state.asp)

- [www.ecounseling.com](http://www.ecounseling.com) (for Abuse resources, click on "More Topics")

- Mending the Soul Ministries ([www.mendingthesoul.org](http://www.mendingthesoul.org))


- Confronting Domestic Violence - [Christianity Today](http://www.christianitytoday.com)

- Women's Law: [www.womenslaw.org](http://www.womenslaw.org)

- Stalking Resource Center: 1-800-FYI-CALL, M-F 8:30 AM - 8:30 PM EST, or email gethelp@ncvc.org.
Welcome

Thank you for visiting our website. Domestic violence, in its many forms, can no longer remain “a family secret”, “family dispute” or “family disagreement”. It affects our entire society, our homes, schools and churches. Individuals who feel that they will never be affected by domestic violence and/or sexual abuse are keeping their heads buried in the sand. While your home may be free from violence and abuse, the chances increase each day for your son, daughter, sister, brother, aunt, uncle, mother, father, cousin, etc to become a perpetrator or victim of abuse. Domestic violence does not escape any race, culture, religion, gender, age or socio-economic background. It is a global problem that is having devastating effects on our families and communities. Read More...

Mission

W.H.E. Network helps to provide healing and empowerment to individuals, families, homes, churches, schools and other organizations through faith-based education, counseling, healing centers, resources and other support services in the areas of domestic violence, sexual abuse and related abuse. We also assist religious organizations in establishing policies and procedures that can help prevent child abuse, protect victims and hold perpetrators accountable for their actions.

Vision

It is our vision that individuals accessing the programs and services offered and supported by W.H.E. Network will:

- Discover their value to God;
- Recover from dysfunctional thoughts, feelings and behaviors that predispose them to being abused or abusive;
- Experience wholeness, healing, and renewal;
- Grow physically, mentally, spiritually, emotionally, and socially;
- Become positive role models for future generations;

Become advocates in promoting and maintaining healthy Christian family systems.

Philosophy

Christ has commissioned us to “…heal the brokenhearted, preach deliverance to the captives, recovery of sight to the blind, and set at liberty them that are bruised.” Luke 4:18.
Women’s Healing and Empowerment Network, a non-profit organization, was founded in 2008 by Mable Dunbar as a response to the growing need for programs and services to address the issues of domestic violence and sexual abuse in the faith community. Mable C. Dunbar, Ph.D., is President and CEO of Women's Healing and Empowerment Network, and Executive Director of Patty’s, Frieda’s and Ellen’s Healing Centers. She is a Licensed Professional Counselor, Certified Cognitive Behavioral Therapist, and Clinically Certified Domestic Violence Counselor. She is the author of *The Truth About Us: How to Discover the Potential God Has Given You*, a contributing author to *Intimate Violence and Peace and Healing*, co-author of *We Suffered in Silence* and *No More Excuses: A Church Response to domestic Violence*. Mable is passionate about helping individuals find their potential in Christ because she believes that “every human being created in the image of God is endowed with power akin to that of the Creator: individuality, power to think and to do.” E.G. White, Education, p. 17.

**The Problem**

The escalation of emotional and mental disorders resulting from unresolved issues connected with child abuse, domestic violence are prevalent in Christian families, relationships and communities.

"*People with strong religious beliefs stay longer in abusive relationships because it gets mixed up with their faith beliefs.*"

- Dr. Nancy Nason-Clark

**The Solution**

"*Treatment of families experiencing violence and abuse requires integrating the needs of the whole person. Thus, the importance of developing a shared understanding and cooperation between secular and religious helpers to deal with family violence cannot be emphasized too strongly.*"

- Marie M. Fortune

**Questions**

*Scope of the Problem*
How Will the Network Impact Lives?

How Many People Will Be Affected?

Ethical Principles

Did You Know? Statistics (.pdf)

Network
P.O. Box 9637, Spokane, WA 99209
(509) 323-2123

E-mail: mcdunbar@gmail.com
Dear Friend:

Thank you for visiting our website.

Why should the Christian community be concerned about domestic violence and sexual abuse?

Domestic violence, in its many forms, can no longer remain “a family secret”, “family dispute” or “family disagreement”. It affects our entire society, our homes, schools and churches. Individuals who feel that they will never be affected by domestic violence and/or sexual abuse are keeping their heads buried in the sand. While your home may be free from violence and abuse, the chances increase each day for your son, daughter, sister, brother, aunt, uncle, mother, father, cousin, etc to become a perpetrator or victim of abuse. Domestic violence does not escape any race, culture, religion, gender, age or socio-economic background. It is a global problem that is having devastating effects on our families and communities.

Domestic violence is OUR problem, and we must work together to find the solutions to end this terror. As we work together and take on the whole armor of God, we will withstand the enemy. We will save lives, protect our children, and decrease the intergenerational cycle of abuse. When individuals are in crisis, they turn to sources and resources they hope will be of help. If religious organizations are not helpful, concerned about domestic violence, or unwilling to assist them, they turn away from the church, and we lose the opportunity to fulfill the mission of Christ as stated in Isaiah 61:1 and Luke 4:18 which is “to preach the gospel to the poor, heal and bind up the broken-hearted, proclaim liberty to the captives, recovery of sight to the blind and set at liberty those who are bruised.”

Because we are His disciples, we are commissioned to continue His work of healing, recovery and restoration. Domestic violence robs individuals of their God given rights to individuality, creativity, mobility, independent thoughts, feelings, spirituality, emotional and physical well-being. It is my sincere desire that you will join Women’s Healing and Empowerment Network and become a change agent to end domestic violence and sexual abuse in your church or community. You may never know how your efforts will help someone dealing with domestic violence or sexual abuse. But one thing is certain, when you partner with us you will make a difference to someone by giving them hope, and contribute to their healing and empowerment through Christ.

Mable Dunbar,
President/CEO
Abuse Prevention Emphasis Day

Theme:  Loved and Empowered  
Fourth Sabbath in August*

God designed our homes to be centers of peace and happiness, models of our heavenly home. However, abuse in all forms is both universal and on the increase. Abuse exists in the Seventh-day Adventist Church as well as society in general. Worldwide statistics indicate that many lives are lost or endangered by abuse. Women and children are more often directly affected by this curse, although many men suffer from abuse also.

According to a survey of Adventist Church members in the North American Division that was published in the Adventist Review (Oct. 11, 2007), a large number of Adventists have suffered some kind of abuse. Those responding to the survey reported controlling and demeaning behavior (61%), intimidation and physical violence (42%), sexual victimization (26%), resource deprivation and leveraging the children (22%), and potentially lethal actions (9%).

In view of the prevalence of abuse in the Seventh-day Adventist Church, the 2001 Annual Council of the General Conference of Seventh-day Adventists voted to designate the fourth Sabbath in August as Abuse Prevention Emphasis Day and to include it in the Church's annual Calendar of Special Days and Events each year.

Resources are available each year from the NAD Women's Ministries Department, as well as other NAD ministries departments, to assist churches in observing Abuse Prevention Emphasis Day.

*If the fourth Sabbath in August is not a convenient date for your church to observe Abuse Prevention Emphasis Day, please work with your pastor to find another date. This year's resources will be available on the web site beginning in June.
Best Hospitals in Washington, DC

How we picked them

Of all 59 hospitals in the Washington DC metropolitan area, the 24 listed below are the top-ranking. This metro area, also called DC, includes Alexandria and Arlington County, Va., and Bethesda and Rockville, Md.
Children's Hospitals

Children's National Medical Center
Washington, DC

10 Cancer; Cardiology & Heart Surgery; Diabetes & Endocrinology; and 7 other specialties.

DIETS »
Best Diets for You
- Best Diets Overall
- Best Weight-Loss Diets
- Best Diabetes Diets
- Best Heart-Healthy Diets
- Best Commercial Diet Plans

SENIOR HOUSING »
Best Nursing Homes
- California Nursing Homes
- Florida Nursing Homes
- Illinois Nursing Homes
- New York Nursing Homes
- Penn. Nursing Homes

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AUC to lay off all staff as partnership with WAU delayed

Arrangements made for Mass. students to attend WAU, other schools

26 Jul 2011, Silver Spring, Maryland, United States

ANN staff

The Seventh-day Adventist Church's oldest educational institution, Atlantic Union College, plans to lay off its entire staff of 97 full-time employees on July 31 because of a delay in a partnership proposal of the institution with church-run Washington Adventist University in Maryland.

Leaders of both institutions have been working to secure permission from Massachusetts' education authorities to operate AUC as a satellite campus of WAU following the loss of its accreditation from a regional accrediting agency effective July 31. The New England Association of Schools and Colleges cited financial reasons in its decision.

Meanwhile, plans are in place to enable the current and prospective AUC students to attend WAU during fall semester. About 450 current AUC students were affected, said William Jackson, director of marketing and recruitment at WAU.

In March, both Adventist-owned institutions signed a "memorandum of understanding" meant to allow WAU to establish a satellite location on the South Lancaster, Massachusetts campus.

In a July 14 press release, WAU officials said that the Massachusetts Department of Higher Education has not processed the university's application to establish a satellite campus at AUC as school officials had planned. The proposal could take "up to a year," said Katy Abel, associate commissioner for external affairs for the Massachusetts Department of Higher Education.

"We're working through the process and are optimistic that we'll be able to operate once permission is granted by the commonwealth," WAU President Weymouth Spence said in the release.

"Fortunately, WAU has already been working with our students to provide a smooth transition to the Takoma Park campus," AUC President Norman Wendth said in the release.

ANN World News Bulletin is a review of news issued by the Communication department of the Seventh-day Adventist Church World Headquarters and released as part of the service of Adventist News Network. For reproduction requirements, click here. The opinions expressed by Commentary authors and sources in ANN news stories do not necessarily reflect those of Adventist News Network© and/or the Seventh-day Adventist© Church.

5 Comments

Jesus is the only sure foundation! I believe it’s full-time we get back to God’s divine plan for our schools. The current sentiment of the world is to go against God’s order why are we hungering for it’s approval, we know how it all plays out.--read The Great Controversy again!

Grace | July 28, 2011 6:19 PM | Reply

AUCconference should substantially reduce it’s operating cost and overhead, especially now that they’ve dropped the ball on their only major institution: Atlantic Union College.

Why not escrow the approximate $1.7 Million dollar annual AUC subsidy money for the next 3-5 years, re-group and reopen as an independant, improved college that truly serves the Lord’s mission and work in the northeast?

There are more accrediting bodies than NEASC that are likewise recognized by the US Department of Education (i.e. college’s students would be eligible to government student financial aid programs). Why not seek accreditation to a group that is friendlier towards small, Christian private colleges... such as perhaps the Transnational Association of Christian Colleges and Schools ???

http://www.tracs.org/

AUCconference should NOT lose title to the AUC assets, including real estate and SDA historical items. AUCconference should focus it’s full resources on soul-searching solutions to remedy AUCcollege’s problems and rededicate itself to diligently upholding the Lord’s mission and work for the Constituency and territory.

http://www.tracs.org/
AUConference should not be costing 44% of the sacred tithe funds entrusted to it for operations. AUConference should channel more of its sacred tithe funds towards AUC, evangelism, mission, etc.

Let us not sell our birthright for a half-filled bowl of cold lumpy porridge. Let us repent and rededicate our selves and our resources to the Gospel mission and the Three Angels Messages.

John C. Schumacher-Hardy | July 29, 2011 8:04 AM | Reply

This is heartbreaking news! Two of my family members either attended AUC or taught at AUC, and I feel we are losing a very important part of our Adventist Heritage!!!

Clarine Kennedy | July 29, 2011 5:20 PM | Reply

Duh! The Massachusetts Department of Higher Education operates how many universities in competition to AUC? As I see it MDHE moved the goal posts that they gave AUC to be accredited in the first place, and caused AUC to die. As a business, MDHE should be charged for the upkeep of the campus for a year and the loss of revenue due to their not acting in good faith.

Edward | August 3, 2011 4:00 PM | Reply

I wonder if AUC's problems was part of the reason that Andrews University was once considering an offer to merge with or assume ownership of AUC back during the 1990's.

Glenn Whitt | August 3, 2011 4:47 PM | Reply
Cooked green vegetables, dried fruit, legumes, and brown rice associated with fewer colon polyps

High consumption of these foods may decrease risk for colorectal cancer, says Loma Linda University

LOMA LINDA, Calif. — Eating legumes at least three times a week and brown rice at least once a week was linked to a reduced risk of colon polyps by 33 percent and 40 percent respectively, according to Loma Linda University research recently published in *Nutrition and Cancer*. High consumption of cooked green vegetables and dried fruit was also associated with greater protection, the study shows.

"Eating these foods is likely to decrease your risk for colon polyps, which would in turn decrease your risk for colorectal cancer," says lead author Yessenia Tantamango, MD, a post-doctoral research fellow with Adventist Health Study-2 at Loma Linda University. "While a majority of past research has focused on broad food groups, such as fruits and vegetables, in relation to colon cancer, our study focused on specific foods, as well as more narrowed food groups, in relation to colon polyps, a precursor to colon cancer. Our study confirms the results of past studies that have been done in different populations analyzing risks for colon cancer."

Colon cancer is the second leading cause of cancer death in the United States and the third most common cancer in both men and women, according to the American Cancer Society.

Results also show that consuming cooked green vegetables once a day or more, as compared to less than five times a week, was associated with a 24 percent reduction in the risk of rectal/colon polyps. Consuming dried fruit three times a week or more, versus less than once a week, was associated with a 26 percent reduced risk.

The protective effects of these foods could be due in part to their cancer-fighting agents, the study reported.

"Legumes, dried fruits, and brown rice all have a high content of fiber, known to dilute potential carcinogens," Dr. Tantamango says. "Additionally, cruciferous vegetables, such as broccoli, contain detoxifying compounds, which would improve their protective function."

Past studies examining the effect of meat intake and legumes on colon cancer have shown that people eating meat, associated with an increased risk of colon cancer, may receive some protection when they also consume legumes. Dr. Tantamango says this suggests that besides fiber content, there may be something else present in legumes that provides a protective effect.

Researchers analyzed data from 2,818 subjects who participated in Adventist Health Study-1 (administered from 1976-77) and who answered a follow-up survey 26 years later from Adventist Health Study-2. The first survey asked respondents to indicate how often, on average, they consumed specific foods. The follow-up survey asked respondents who had undergone colonoscopies to indicate physician-diagnosed colorectal polyps. During the 26-year follow-up, 441 cases of rectal/colon polyps were identified.

The study assessed several possible confounding factors, including a family history of colorectal cancer, education, physical activity level, alcohol intake, smoking, constipation, intake of sweets, pain medication, and multivitamins, as well as different food variables. The study then adjusted for those factors that were shown to distort the effect of the foods and food groups under study. About 25 foods and food groups in total were examined.

Dr. Tantamango says there is a need for future studies to examine foods shown to reduce the risk of colon polyps, since it is possible that interactions between various nutrients with anti-cancerous
properties will be better able to explain these findings.

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Adventist Health Studies are long-term studies examining the links between diet, lifestyle, and disease among Seventh-day Adventists. The Seventh-day Adventist Church is a Christian denomination that advocates temperance and healthy living. The research for this report was supported in part from grants from the National Institutes of Health.
Officials of Adventist Hinsdale and La Grange Memorial hospitals are planning more focus groups prior to the planned 2012 start of construction of a new cancer and outpatient treatment center on the north side of Ogden Avenue, just west of Interstate 294.

Nine focus group meetings with 150 participants have been conducted in 2011 to get feedback on what people want from the new facility.

The most common response was a desire for ease in using a new facility, including location, access and navigation throughout the building, transport to and from the main campus, and a seamless experience with all cancer-related components under one roof.

Also mentioned by many was having a “patient navigator” to assist with scheduling and communication, and help with financial and insurance matters.

Architectural planning for the new cancer and outpatient treatment center is scheduled for the fall of 2011, followed by the focus group meetings at which building plans will be reviewed prior to construction.

The vision for the new cancer center is “to create superior outcomes for cancer patients by providing an integrated and seamless system of care reflected in technologically advanced, personal care delivered by clinically outstanding, compassionate caregivers in a healing environment that is convenient, welcoming, and patient and family focused,” according to information from Hinsdale Hospital.

The focus groups about a cancer and outpatient treatment center grew out of community feedback a couple of years ago, citing a desire for such a facility in the area to serve patients now going to Hinsdale and La Grange.

A cancer and outpatient treatment center is the second phase of Hinsdale Hospital’s modernization project. The first phase, still is in progress, is the construction of a new patient pavilion on the hospital’s main campus.

“We want to put everything in one place, provide world class care and eliminate the need for travel,” said Dave Crane, president and chief executive officer.

“Convenience is so important,” said Julie Hafner, who has gone through post-surgery outpatient cancer
treatment at Hinsdale Hospital.

The building of a new facility would “give us the opportunity to do cancer better.” said Susan King, executive director of the Hinsdale Hospital Foundation.
"You are the gatekeeper of your health," say John and Kimberly Dinsley, of Crawford, Neb. The Dinsleys were in Hot Springs last week for a presentation on natural remedies sponsored by the Seventh Day Adventist Church. "The number one cause of bankruptcy is health care debt," said John Dinsley, noting that affordable options are available on the "Health Care Highway."

It was disappointing to see a sparse crowd at such an informative and enlightening seminar that did, indeed, teach folks how to be their own doctor using natural and folk remedies. There's no slamming of doctors and the medical profession.

"We're lucky to have them," John said. However, with U.S. healthcare spending in the trillions of dollars, simple remedies for simple medical issues, sometimes even complex issues, can ease the burden on this industry. After all, the winners in this game are the pharmaceutical companies, who are lobbying hard to have lawmakers "impose onerous restrictions on the nutraceutical industry, which produces dietary supplements."

One such folk remedy and dietary supplement, activated charcoal, has captured the attention of scientists worldwide who are using it in applications in the food industry, the aerospace industry, and especially in water and air filtration systems.

"It has a tremendous scientific profile," said John Dinsley. "It is used extensively in developing countries, to filter water, filter blood, filter the air we breathe, the water we drink, and to accommodate certain food products."

For instance, vegetable oils are often filtered through charcoal to remove unwanted odors. Charcoal is used to remove coloring from purple grape juice to make it white grape juice (ditto cranberry juice), and, conversely, to put color back into foods, such as black licorice and caviar.

Charcoal has myriad applications across the board and is my go to remedy for many things, especially digestive issues. It is used today in some emergency rooms as an antidote to poisoning, and to reduce high levels of toxicity.

Charcoal is also great for cleansing the liver and kidneys, and helps reduce cholesterol. "When you consider that manmade dialysis machines use charcoal as filters, it makes sense that we can use charcoal either externally or internally for the work of a sick liver or sick kidney. After all, the liver and kidneys are dialysis machines inside our own bodies," John said.

There is a host of diseases and illnesses and conditions that can be helped with the use of activated charcoal. Those suffering through Crohn's, or any intestinal distress, will benefit greatly by taking just a teaspoon of charcoal in water or a few capsules of activated charcoal daily. (I can attest to this personally.) There's so much information, John Dinsley even wrote a book, "Charcoal Remedies.com, The Complete Handbook of Medicinal Charcoal and its Applications."

Not just focusing on charcoal however, the Dinsleys talked about other remedies as well, compliments of Mother Earth. Calendula, the tall bright yellowish-orange flower from the marigold family, is famous for its healing of skin conditions. Smartweed is an analgesic used for pain management, a diuretic to rid the body of excess fluid, and helps dissipate cold symptoms. Buchu leaf treats urinary problems, indigestion, and hypertension. Aloe vera, long known for its ability to heal burns, was front and center as a popular internal and external remedy, "to put out the fire."

Light therapy and hydrotherapy were touched on as well, with light, using incandescent lightbulbs, in use for treatment of sinusitis, and hydrotherapy with a hot foot bath, said to help improve the body's immunity and fight disease. (Don't mix the two, i.e., don't be taking a hot foot bath with a lit bulb in your hand.)

The hot foot bath, at 110 degrees, is sure to heat up more than your feet. It will induce sweating to help remove toxins and wastes.

We'll have more on some of these remedies in future issues. In the meantime, check out www.charcoalremedies.com and even peruse the library for books on home remedies. You'll find a plethora of information and, as always, be cautious how you use it.
Eda Stoll (right) and Linda Applebee with quilts and teddy bear, which are included in the "Bags of Love" given to children who are removed from their homes by social service agencies for their own protection.

By Joni Averill
Posted Aug. 02, 2011, at 4:50 p.m.

When children are removed from their homes for their own protection by social service agencies, they often leave in a hurry with nothing except the clothes on their back, Eda Stoll of Carmel explained when she contacted me to pass along information about “It’s My Very Own,” a program that provides Bags of Love for each child in that situation.

Eda said she first learned of the program while attending a women’s retreat and met a woman from Saco who was part of the program that was founded by a woman in Kentucky.

“I am one of two chapters in Maine,” Eda explained. “I work through the [Maine] Department of Health and Human Services, and the bags I make go to children in Penobscot County.”

The handmade cloth bags contain several items including a handmade quilt, a stuffed animal and age-
gender-appropriate toys and personal items, she said.

“As you might imagine, these bags become a very important part of these children’s lives,” Eda said. The bags are 30 inches high and 25 inches wide.

“They’re just like a duffel bag with a drawstring,” Eda said. “They are for children birth to 17 who are, for any reason, removed from their home.”

And while Eda does most of the work herself, she receives help from her Dexter Seventh Day Adventist Church members and fellow members of the Common Notions Quilters Guild of Carmel.

“Everybody helps me,” Eda said. “I’ve been able to give, probably, 130 bags in the past three years.”

Eda said she believes she was pressed by the Lord to do this even though “I told Him I was too busy and you’ve got to provide everything, and He’s provided.”

Eda and her husband, David Stoll, have faced hardship in their lives, losing one son a year ago in a motorcycle accident, having another son with Asperger’s syndrome and a third son who is a member of the U.S. Army stationed now in Afghanistan after having served three tours in Iraq.

But that has not stopped Eda from reaching out to others she believes are having a more difficult time in life than she is: youngsters removed from their homes with nothing to call their own.

Many young people in the Carmel area know Eda well, since she is the head cook at Carmel Elementary.

“I have the summer off, so I can get a lot done,” she told me, “And I have the afternoons off [during the school year].”

This winter, she sewed a lot, too.

“I just opened my home once a week, and if they (her fellow sewers) could come, they came and, if they couldn’t, they couldn’t. I put my sewing machine on the kitchen table and it stayed there.”

Eda loves what she is doing and would be happy to explain the project to others, work with others to make their own Bags of Love or help in any other way.

She would also be happy to receive donations of items to put in the bags, from toys to toothpaste and pens to ponytail holders. Phone cards and disposable cameras are placed in bags for teens, and baby items for infants.

“People can call me to make arrangements for donations,” she said, and for more information as well. Her telephone number is 848-5257.

Monetary donations can be made payable to It’s My Very Own or Bags of Love and mailed to her at 29 Orchard Lane, Carmel 04419.

More information about this program is also available at www.itsmyveryown.org.

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Cynthia Hartofelis of Gardiner wrote the BDN recently to thank a good Samaritan who helped her and her boyfriend out of a jam.

After leaving a campsite on a rough road Sunday, Aug. 24, in Aurora, they pulled off Route 9 to find out what was wrong with their truck. It turned out the back tire was destroyed, Cynthia wrote.

Drivers of two vehicles offered to help but were unable to do so.

But then someone driving a white Chevy truck “appeared like an angel from God,” Cynthia wrote. The men discussed locating a spare tire but, instead, the driver of the Chevy, James Travis of Bangor, gave them his.

“I believe there are angels among us,” Cynthia wrote in expressing her gratitude to James for his kindness.

Joni Averill. Bangor Daily News. P.O. Box 1329, Bangor 04402; iaverill@bangordailynews.com; 990-8288.
Andrews unveils a new place to study, stay

Andrews opens new classroom building

By DEBRA HAIT - H-P Correspondent
Published: Saturday, July 30, 2011 1:06 PM EDT

BERRIEN SPRINGS - A new classroom building awaits Andrews University undergraduates this fall with the opening of the $9 million Buller Hall. Together with the newly renovated Nethery Hall next door, the buildings form the core of the university's undergraduate learning center.

A ribbon-cutting ceremony followed by tours of the building were held Friday morning on campus. Speakers included Andrews officials and donor Allan Buller. Buller and his wife, Mickey, both Andrews graduates, donated $7 million toward the construction.

While the concept had been in the plans for more than a decade, actual construction work didn't begin until late April 2010 when the Griggs Hall classroom building was demolished to make way for the new structure. Griggs had four classrooms, while the 42,000-square-foot Buller Hall has seven classrooms and a 263-person auditorium.
Dick Scott, Andrews' director of plant administration, said the new building has been constructed to take advantage of technological advances, including smart lighting that turns off lights when rooms aren't in use. The building is adapted to wireless communications, but there is hardware in the auditorium to handle plugging in computers.

Scott said the building is in the "collegiate Gothic" architectural style so as to match the adjoining Nethery Hall. Nethery Hall is also getting a face lift, including new windows that match Buller Hall and other interior and exterior work. Work on Nethery Hall is scheduled to be done Aug. 22.

Andrews Vice President David Faehner said the project has come to a successful conclusion because people worked together as a team. "Specifically, Allan Buller was like a player-coach. He gave us advice and continues to donate money," Faehner said.

"Over 500 people made this possible as they donated nearly $9 million, including 20 faculty members who gave $5,000 each. People started giving for this 20 to 30 years ago before we had a name or a plan."

Faehner described the Bullers as "people of unusual character" who showed patience, humbleness and generosity. "This effort began 15 years ago and then was put on hold when we expanded the seminary," he said. "The Bullers said do that first, and then it was the Howard Performing Arts Center and another interruption."

Allan Buller said, "It is a source of great pride and pleasure" to have the building named after him and his wife. He said Andrews holds a special place in his heart as it was where he met God or, as he put it, "He met me." It was also where he met his future wife, with whom he has shared 70 years of happy marriage, and where he met many lifelong friends and business partners.

"This building is designed to encourage social, spiritual and academic relationships," he said. "It's a beautiful building and one any college would be proud to claim."

College of Arts and Sciences Dean Keith Mattingly said that while he had fond memories of Griggs Hall, the new building have exceeded all his expectations. "It keeps with our philosophy of 'class is over, please stay,'" he said.

University President Niels-Erik Andreasen was the last to speak before the ribbon cutting.

"I have been looking forward to this event since I arrived on campus," he said. "I'm glad this day has arrived. The Undergraduate Learning Center is very important.

"This facility represents the promise I made to myself, Andrews and the Adventist community that one day we would invest funds in what the university is all about. ... When I first approached Allan Buller, he asked if in future years whether this would still be a good Christian college, and I said I promise and asked him to help."

He said the construction of Buller Hall and the establishment of the Undergraduate Learning Center fulfills what a college and university should be about. "It's not only to prepare people for a profession, but even more importantly to think clearly, communicate truthfully and effectively and to learn to be faithful to God and act morally and responsibly."
Washington, DC, 28 July 2011 (PAHO/WHO) — The Pan American Health Organization/World Health Organization (PAHO/WHO) and the General Conference of Seventh-day Adventists have agreed to work together to improve health in five PAHO priority countries—Bolivia, Haiti, Honduras, Guyana, and Nicaragua—through a new partnership aimed at enhancing both organizations’ technical cooperation and support.

PAHO/WHO will provide technical guidance to the Church’s local congregations and national ministries of health to establish and enhance community health centers with the overall aim of increasing access to primary health care. The Seventh-day Adventist Church will facilitate and establish academic links through its global network of universities and schools of public health and in Latin America and the Caribbean.

On 26 July 2011, Dr. Mirta Roses, Director of PAHO/WHO, and Ted Wilson, President of the General Conference of the Seventh-day Adventist Church, met at the Church’s world headquarters in Silver Spring, MD, to form a unique partnership by signing a memorandum of understanding that strengthens and improves health initiatives in the Americas.

"Basing health systems on primary health care is the best approach for producing sustained and equitable improvement in the health of the peoples of the Americas," said PAHO Director Mirta Roses.

Under the new partnership, PAHO/WHO and the Seventh-day Adventist Church will work together to improve the promotion of health in priority countries and conduct joint visits to enhance technical cooperation and support. PAHO/WHO will also provide support and technical expertise during emergency situations such as the earthquake and the cholera epidemic that struck Haiti and the Dominican Republic in 2010.

The new collaboration is unique in that PAHO/WHO—a United Nations and inter-American agency specializing in health and focused on the regional and national levels—will partner with a Church that has 16,307,880 members in congregations worldwide, is active at the community level with an impressive network of hospitals, clinics, and schools, and works with ministries of health of PAHO/WHO member countries.

The Strategic Plan 2010-2015 of the Seventh-day Adventist Church calls upon its members to Reach Up, Reach Out, and Reach Across. The plan calls for its members to reach out to others as a friendly church that puts Christ’s mission first, invites all peoples to fellowship and makes a difference daily in the community. One of the indicators of progress in this plan is the percentage involved in community projects. This strategic tenet of the Church serves as the basis for a call by its General Conference to the congregations to make every church serve as a community health center six days per week while not being used as a house of worship on Saturday. PAHO proposes to work with the local congregations and national ministries of health in providing technical guidance in establishing and enhancing community health centers with the overall aim of increasing access to primary health care.

The Seventh-day Adventist Church originated in the 1840's in the United States as a church with the expectation of the second coming of Jesus Christ. It was formally established in 1860 by Dr. John H Kellogg, who built the Battle Creek Sanatorium and made health a priority for the Church. The Church works in 215 countries, with many health clinics started by individuals but eventually handed over to the Church. This network grew into 167 hospitals, 400 clinics, and 50 nursing schools established worldwide as well as 7,804 schools. Managing hospitals is complex and calls for special expertise, so the Church separated religious affairs from its health care systems. Starting in 1905, the Church founded schools to train nurses as well as the Medical Evangelist Medical Schools in Mexico and Argentina and Loma Linda University in California.

PAHO is the oldest public health organization in the world, with 109 years of operation, and serves as the Regional Office for the Americas of the World Health Organization. PAHO/WHO’s expertise and experiences, coupled with the Seventh-day Adventist Church’s years of service and presence in over 200 countries, will enhance the shared missions of both organizations and promote health in countries of the Americas.
Senate chaplain implores God to help in debt crisis

By David A. Fahrenthold

As the Senate has mired itself in bickering and deadlock this week, there has been at least one voice of the panic rising in the country around Washington.

It's been the deep, solemn voice of the Senate's chaplain, retired Admiral Barry C. Black.

Back on July 20, Black was speaking only in hopeful generalities. In the prayer that began that session, he asked the Almighty to "give to our lawmakers the wisdom to know the role they should play, in keeping freedom's holy light bright."

But, as the days passed by, it became apparent that the Senate was not showing any more wisdom that it had previously. By last Tuesday, Black's request indicated that his senators might need more divine help.

"Keep them," he prayed, "from the pit of disunity and discord. And empower them to build bridges of cooperation. Give them the courage and humility to do what is right, knowing that you are the only constituent they absolutely must please."

But lawmakers only descended further into that pit of disunity. In fact, the Senate seemed to be digging that hole deeper.

So Black's prayers began to warn of the consequences if the Senate did not straighten up and act right.

"Lord," he prayed on Wednesday, "as our nation faces the potentially catastrophic, inspire our lawmakers to seek your counsel which will stand forever."

Still nothing. The two sides remained far apart, and the "potentially catastrophic" crept closer.

On Friday, Black dialed it up another notch.

"Lord, help them to comprehend the global repercussions of some poor decisions, and the irreversibility of some tragic consequences," he prayed. "Quicken their ears to hear. Their eyes to see. Their hearts to believe and their wills to obey you. Before..."

And here Black slowed his usual stately cadence down even further, in case people weren't getting it.

"...it is. too late."

Nothing. On Saturday, Black seemed to be more specific with God: "We need you on Capitol Hill," he said.

And his warnings to the lawmakers became even more dire. He spoke of "when night comes"--a reference to a verse from the Bible's Book of John, where night is a metaphor for death.

"Deliver our lawmakers from the paralysis of analysis, when constructive and prompt action is desperately needed," he asked. "Faced with potentially disastrous consequences, give the members of this body the wisdom to work while it is day. For the night comes, when no one can work."
Finally, on Sunday morning, Black gave a prayer that might have fit the crew of a sinking ship.

"The waters are coming in upon us," Black said. "We are weary from the struggle, tempted to throw in the towel. But quitting isn't an option."

After he spoke, the Senate said the Pledge of Allegiance. And then Senate Majority Leader Harry M. Reid (D-Nev.) got up to speak, hopefully, of the possibility of a deal to end the crisis.
Dr. Frank Hale, former Oakwood College president, dies at 84

HUNTSVILLE, Alabama -- Dr. Frank Hale Jr., 84, who was president of Oakwood College in Huntsville from 1966 until 1971, died Wednesday at his home in Columbus, Ohio.

He'll be remembered at what is now Oakwood University for his communication skills and his generosity in mentoring young leaders, said Dr. Mervyn Warren, former interim Oakwood president, who was a student of Hale's at Oakwood in the 1950s and a professor in the religion department when Hale was president.

"His work was always groundbreaking," Warren said. "He opened the first public relations office the college had. He was energetic, visionary and positive - always positive."

Hale's legacy continues in a personal way at Oakwood: His daughter, Dr. Ifeoma Kwesi, is currently a professor in Oakwood's Department of Religion.

Hale brought his energy and optimism to the Civil Rights struggles of the 1960s. He organized a three-car caravan of Oakwood students to Montgomery to witness the trial of Rosa Parks after that city's bus boycott. It was Hale's vision that moved Oakwood into the network of the United Negro College Fund, said Debbe Millet, Oakwood spokeswoman.

During Hale's years at The Ohio State University, where he became associate dean in 1971, he started the Minority Scholars Program. That program attracted so many African American students that Ohio State graduated more African Americans with doctorates than any other U.S. college or university during the 1970s and '80s, according to The Ohio State media office. The author of 12 books and numerous articles, Hale is recognized nationally as a leader in creating racial diversity in a university setting.

Hale was inducted into the Ohio Civil Rights Hall of Fame in 2010, shortly before he was diagnosed with pancreatic cancer. Ohio State University's Cultural Center is named for him.
A funeral service will be held at Ephesus Seventh-day Adventist Church in Columbus Aug. 7. **Diehl Whittaker Funeral Home** is in charge of the arrangements.

**A story** in Thursday's *Columbus Dispatch* includes tributes from Hale's colleagues at The Ohio State University.

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Mrs. Twinkles: Jean Pabian is her own parade

07/28/2011, 6:41 pm

Charles Stanley, charless@mywebtimes.com, 815-431-4063

On a typical work day, Jean Pabian is happy to see a lot of people who are happy to see her.

And really, that's no surprise, because Pabian is better known on Ottawa streets as Mrs. Twinkles the ice cream lady.

The view through her windshield can be heartwarming.

Coming into sight in the distance are people standing alongside the road. The tall quiet ones are parents or grandparents. The shorter ones are children or grandchildren, typically jumping up and down with outstretched arms or dancing to the Beach Boys music from the ice cream truck's loudspeaker.

"There's nothing cuter than a kid jumping up and down," said Pabian. "How many people get this at their job?"

Her career started nearly 13 years ago.

"I had no idea I was going to be doing this," she said. "No idea whatsoever.

"Then one night I had a very vivid dream and God talked to me and told me to do this for the children of our community and said how I would be serving him. So, He's my boss."

That was an October day, so Pabian and her husband spent the next few months planning their venture.

Finding the right truck was a big step. She and her husband looked as far as Wisconsin and Oklahoma before finding her truck in Missouri.
"It was like a fairy tale. It was sitting right on top of the hill with the sun shining down on it like 'Ta, da! Here I am!' My husband said, 'There's your truck."

The truck was painted and rigged for ice cream sales with a freezer and other equipment. On the first nice spring day she was going to take the Twinkles truck out to get gas, but when neighborhood kids saw it they clamored for the treats. The result was she ran out of gas a block before she reached the station and had to call her husband for help.

Her first season was such a success she told her husband, "Honey, you're going to have to quit your job and build another truck." Now they are Mr. and Mrs. Twinkles, each with their own truck and areas where they work. Jean has Ottawa and her husband drives in Utica and Oglesby.

As Jean drives she waves, and everyone, including other drivers, seem to wave back.

"One man said, 'Will you look at her? She thinks she's her own parade.' And I liked that. I think I am my own parade."

Most of her ice cream treats are $2. But there are basic ice cream bars for $1 as well.

"I don't make any money off the dollar items. But some kids come up to the window and only have one dollar, and I don't want to disappoint them."

Best sellers are the SpongeBob Square Pants bars for kids, chocolate éclairs for women and chocolate tacos for men. She also makes snow cones and lemon shake-ups.

It has been a great career, Pabian said.

"This is my 12th season. I just can't believe it has been that long. But I have loved it. There have been so many blessings — so many.

"One of the neatest things is I've watched the kids grow up. Some of the ones who were 12 when I started now have babies of their own."

"Usually I'm happy, but there can be sad times if some of my customers are not feeling well or something's happened to them. I'll pray for them, or with them, if they want. It comes natural. A lot of them will say, 'Will you pray for me?' And I say, 'Absolutely!'"

Pabian keeps a Bible in her truck and has the Ten Commandments posted near her serving window. A Seventh-day Adventist, she will talk religion with any customer who is interested.

One other thing Pabian will do for her customers is sprinkle them with twinkle dust.

The twinkle dust is in a pouch and she applies it with a feather wand.

"I twinkle people for God's angels to watch over them," said Pabian. "I twinkle the kids, pregnant mommies, dogs, cats, birds and one time a frog."

The kids are eager, and so are the moms. The dads are not so sure at first, but usually give in.

Is there a secret to her success as Mrs. Twinkles?

Pabian says there is.

"My secret ingredient is love. I put my love and feelings into what I do. If you're going to have a business you have to put your love into it. I think my customers are excited because there's something else they feel, but they don't quite know what it is. It's my love."

Pabian gets ready to pull out from the roadside. She looks all around, checking her rear-view mirrors carefully.

"I'm always telling the kids to watch out for the cars, but my job is to watch out for them."

Suddenly a small girl runs alongside the slowly moving truck, smiling and waiving her ice cream bar and calls out to Pabian.

"Thanks for coming back!"
Ben Carson Finds Rare Proof of African Ties

By: Henry Louis Gates Jr.
Posted: July 27, 2011 at 12:53 AM

The genealogy project African American Lives traces a leading neurosurgeon’s African roots back to a census document.

On the Ash side, we had been able to trace his oldest ancestor to a birth before the Revolutionary War, an extraordinary accomplishment for a black person who was not freed before the Civil War. On the Copeland side, we went back well into the early 19th century.

Benjamin Solomon Carson was born on Sept. 18, 1951, in Detroit, the second son of Sonya Copeland Carson and Robert Carson. Both parents came from large families in rural Georgia and were living in rural Tennessee when they met and married. His mother was only 13 on the day of her wedding. His father, a Seventh-day Adventist minister, was 28. Neither saw any future in the Jim Crow South, so when his father finished military service, the couple moved north to Detroit. Carson was born shortly afterward.

"There were opportunities in Detroit," said Carson. "My father got a job in the Cadillac plant, and was able to purchase one of those little GI homes."

A decent job in a factory, a home of their own -- things seemed to be going very well for Ben's parents in the earliest years of his life. But a terrible secret destroyed his family before it really began. Ben's mother discovered his father had another family and his parents' marriage fell apart.

Sonya took her two sons to live with her sister in Boston, "a very different kind of place," he recalled. Sirens, gangs, murders, rats, roaches -- the whole nine yards. "Our heroes were the drug dealers, who brought candy for the kids. Both of my cousins who lived with us were killed in that environment."

Sonya Carson's challenges as a single mother were compounded by the fact that both Carson and his brother, Curtis, struggled in school during their early years. Something one might find hard to believe given the fact that Carson is a world-renowned surgeon today.

He credits his mother -- who never got past third grade -- with encouraging him to transform himself. "She wanted something better for us," he said.

Sonya Carson decided to overhaul their lives by limiting television viewing and requiring that her children spend their spare time reading books from the Detroit Public Library, then writing reports...
on them.

Soon the boys were giving their mother two or three book reports every week, then sitting by as she pored over them. "She couldn't read a word," Carson recalled. "But she'd say, 'Let's hear your book report.' When we started talking about it, she could discuss it. She fooled us. She was a smart woman. She just couldn't read."

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This new routine had a transformative effect upon both boys. "It made just an enormous difference in me and my academic performance," Carson said. His academic success in high school led him to Yale. He went on to the University of Michigan Medical School and into a residency at Johns Hopkins. When he decided to focus on neurosurgery, his career took off. Today he is one of the leading pediatric neurosurgeons in the world.

Carson has never failed to credit Sonya. "We have these opportunities because people like my mother were willing to put themselves on the line. They didn't want another generation to grow up like they did." Today, Sonya lives with Carson and his wife in Baltimore.

She rarely discussed her childhood when her sons were young. We began to explore Ben's ancestry by looking at his mother's line. "You know, it was a difficult childhood," Carson said. She was among the youngest of her parents' 24 children. Most of her siblings were significantly older and had left home. To ease the burden on her parents Sonya was sent to live with different siblings on a rotating basis.

Sonya's parents were both born in Harris County, Ga. -- John Martin Copeland on March 15, 1888, and Ruby Stanley sometime in January 1894.

Ruby's parents, Ben's great-grandparents, were Coleman Stanley and Lucy Smith. Coleman was born a slave in 1831 and does not appear in any census record before 1900, so it's hard to determine what he did under slavery or after emancipation before the turn of the century. We tried to locate Coleman's former owner by looking for white families in the area with his surname. But there were no Stanleys in Harris County until after the Civil War, when black people started using the name.

We searched for records pertinent to a broker named John D. Stanley who had acted between 1850 and 1860 as an agent for an estate that included 51 slaves. We hoped to find a connection between Copeland and the white slave broker. Unfortunately, I had to explain to Carson that we were unable to prove a link between Coleman Stanley and John D. Stanley. The paper trail runs out at this point.

We found records of Carson's great-grandmother -- Coleman's future wife -- Lucy Smith, and her parents, Emily and Green Smith, in the 1870 census. However, like that of her husband, Lucy's trail soon goes cold. We could find out nothing more about her parents. Carson was growing a bit frustrated with all the dead ends.

We were luckier with Sonya's father's line. Tom Copeland, his mother's cousin, was able to provide fascinating stories. He said his cousin John Copeland migrated to Tennessee from Georgia in the early 1940s. The Copelands were sharecroppers who also "dabbled in moonshine," working for "a white man who never paid what he owed." An argument with this man led to a killing, ultimately forcing John Copeland and his brothers to flee to Tennessee.
as masons, they built foundations for a number of Chattanooga homes.

Further research revealed that Carson's maternal grandfather, John Martin Copeland, was the son of John H. Copeland and a woman named Indiana Ash. The 1870 census included several pages related to this Ash family. The report lists "India Ash" as a 9-year-old, living with her father, Thomas Ash, and mother, Millie. Two nearby households bear the same Ash name. Although the relationship between them is not spelled out, we can reasonably guess they are related families.

One of those neighboring households lists a James Ash, described as a 100-year-old black male. And here's the kicker: His birthplace is listed as "Africa."

I strongly suspect James Ash is Ben's ancestor, and that his claim of being born in Africa is correct. This is unusual: a 100-year-old black man, telling the census takers in 1870 Georgia that he was born in 1770 in Africa!

Seventy-five percent of our African-born ancestors had arrived in the United States by 1776. Most were dead by 1870. Our genealogists say they've rarely found a person in the 1870 census whose birthplace is listed as Africa.

Carson was captivated by this revelation and wanted to know what his relationship to this James Ash might be. I told him it seems likely that James Ash could have been the father of Indiana's father, Thomas Ash, and of her Uncle Green, which would make James Ash Carson's great-great-great-grandfather. For African-American genealogy, this is a great success.

*Henry Louis Gates Jr. is editor-in-chief of The Root.*

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For more than four decades, Jean Riquelme, M.D., lived in a small town in northern Wisconsin, where she said there was no fresh food.

Her diet, typical for a family with German-Polish-Russian roots, included a lot of bratwurst, deep-fried fish, fried potatoes, fried cheese curds and bakery delicacies.

Her husband's job was transferred, and they moved to Oregon late last year. Even after 20 years in family medical practice, she was not the picture of health. Her body, just 5 feet tall, weighed 270 pounds.

Something had to change. She knew she needed radical adjustments in her lifestyle.

Getting started was the issue.

Holding her thumb and forefinger just one-eighth-inch apart, she said, “I was this close to diabetes (due to her weight) when I came to Oregon. And I wanted to lose weight. But I never had a job where they cared about your personal health, like they do here (at the Sandy Adventist Health Clinic, where she is on staff).

“I also wanted to walk the talk for my patients. If you’re really fat and you tell your patient to lose weight, they’re like: ‘you first.’ ”

In mid-January, she began a three-week “Kick Start” program to become a vegetarian, because research has shown pre-diabetics are better off with a vegetarian diet.

“It was pretty compelling science,” she said. “This is the statement that I read that totally changed my life: ‘The latest studies on diabetes show that a vegetarian diet high in complex carbohydrates and low in fat is the best dietary prescription for controlling diabetes.’ ”

That gave her confidence. She joined a support group, but she still needed to lose fat, and she knew that couldn’t be accomplished without increasing muscles.

“Fat can only be burned fast in your muscles,” she said. “But my job is totally sedentary. I was a TV addict; the only exercise I had was walking my dog.”

Then she began a supervised exercise program.

Six months into the program, she awakes at 3 a.m., goes to the gym at 4 a.m. each day, logging at least 45 minutes of lifting weights twice a week, 30 minutes of cardio every day on the stationary bicycle or rowing machine and 1 or 2 miles of swimming every day.

She adds resistance training during her lunch hour at work. She also walks her dog every day and hikes local trails every weekend she’s not working at the Sandy Urgent Care Center.

And she burns calories at work by standing instead of sitting.

She removed her desk and all the chairs from her office and installed a treadmill with a wrap-around
computer table hovering over it. Now she can walk for exercise while she's working. She logs from 2 to 4 miles each day.

Riquelme also keeps things interesting with horseback riding, kayaking and salsa dancing. Her face beams with pride when she talks about her climb up Multnomah Falls.

“I never thought I’d ever be able to do that,” she said.

All of these exercises are under the watchful eye of a medical doctor.

Another doctor.

“I don’t doctor myself,” she said. “I’m not that dumb.”

Now she’s looking forward to riding a bicycle, perhaps by summer’s end. She has wanted to ride a bike all her life, but she’d run short of breath when she tried to ride, and it was difficult to find a bike that would hold her weight.

Riquelme praised the program she is using, but admitted it was difficult to begin. She had to give up caffeine, which slows weight loss; set a bedtime alarm for 7:30 p.m. every day so she would remember to go to bed early; eat breakfast every day; change to a vegetarian diet; eat small meals more often; begin a multifaceted exercise program; and count calories.

This summer she’s trying to become vegan instead of just vegetarian because she has read some research that says consuming less animal products of any type is good for blood vessel health.

Her next step is to learn how to meditate better. She wants to join a group because research has shown meditation is heart healthy and helps lower blood pressure.

“(This program) does change your life,” she said. “It’s so hard to start, but studies show once you do anything for three weeks, it becomes much easier.”

When she steps on the scale today, she’ll be in the mid-180s, about 85 pounds less than she was six months ago.

Of course, that brings a smile to her face, but she wears an even wider smile every time she has to go shopping.

For clothing of a smaller size.
EXCLUSIVE: An "extraordinary" academy amid orange groves

By CHRIS NICHOLS cnichols@nctimes.com | Posted: Tuesday, July 26, 2011 7:00 pm

Take away the blue-trimmed cottages next to San Pasqual Academy's main office, and at first glance, you would think you had stumbled across a traditional high school amid the orange groves and brown, boulder-pitted mountains outside Escondido.

Boisterous teens laugh and joke with each other outside the academy's cafeteria, some wearing baggy shorts, others wearing baseball caps. Others sit quietly inside sending text messages.

A few students sport lettermen's jackets.

But when appearances are peeled away, it's clear this academy is no ordinary place.

The rural campus serves as a first-of-its-kind high school and residential home for 130 foster teens from across San Diego County.

It opened in September 2001 as a joint project of San Diego County education and health agencies. Since then, it has won high praise from county leaders and outside experts for providing foster teens with a focus on education, residential stability and a path to success.

San Diego County Supervisor Greg Cox, who spearheaded the academy's development, called its performance over the past decade "nothing short of extraordinary."

"There just isn't anything like this in the country," added Supervisor Ron Roberts, who also championed the academy.

Graduation rates are one reason for the academy's acclaim: They regularly reach 90 percent or higher. Twenty-eight of 29 seniors graduated in June, the academy said.

A decade ago, the graduation rate for foster teens in the county was just 50 percent. That rate, with the academy's help, is now up to 85 percent, Cox said.

During that time, the overall number of foster children in the county has dropped from 7,000 to roughly 4,000, as the county has worked to reunite more families, officials said.

The percentage of academy students enrolling in college is impressive, too. Enrollment rates have steadily increased from about 60 percent in the academy's first few years to 90 percent or even 100 percent.

In 2010, all 17 seniors who graduated from the academy enrolled in either a two-year or four-year college, the academy reported. In 2009, 24 of 27 seniors, or 89 percent, enrolled in college. Enrollment figures for 2011 are not yet known.

Along with steering students toward college, job placement is a priority at the academy.

San Pasqual reported this month that of its 243 total graduates, 45 percent were employed and enrolled in college; 20 percent were enrolled in college only; 29 percent were working only and 6 percent were neither working nor in college.

Experts say the key to the academy's success is two-fold.

First, there's help for nearly every student need: Teens receive job training, academic and career counseling, tutoring, medical check-ups and visits with social workers, all on the neatly maintained, 238-acre campus.

The second ingredient is teamwork. Academy staff range from teachers hired by the county's office of education, to "house parents" contracted to supervise students at their on-campus cottages, to social workers hired by a separate county health agency.

They work together at the same site, preventing communication failures that can stunt students' progress or even harm their health, officials said.

Alan Litrownik, associate director of San Diego State University's Child & Adolescent Services Research Center, said this coordinated effort has led to the academy's "very positive reputation."

Seeking "a normal experience"
The academy's coordinated and comprehensive approach is designed to prepare the teens for life on their own — foster youths leave county guardianship once they graduate high school and reach 18 years of age.

Most of the academy's students have been legally separated from their biological parents for years. Many have bounced among a half-dozen or more foster homes before enrolling at the campus.

By design, the academy offers the trappings of a typical school, to go along with its atypical services.

There's a full-size gymnasium, where banners tout the San Pasqual Academy Dragons' eight-man football championships. There's a newly built football field and a technology center, too.

"We are out in the middle of nowhere," said Margo Fudge of the county's child welfare office, giving a reporter and photographer a tour of the campus, which is a few miles east of the San Diego Zoo Safari Park off Highway 78.

"We want kids when they get here to feel like this is a regular school ... that they can have a normal experience," Fudge said.

A permanent home

Students are encouraged by academy staff to stay throughout their high school years. Such continuity offers students the best prospects for the future, school leaders say.

Suzanne Miyasaki, the academy's principal, said she employs everything from math and literacy tutors to academic counselors to keep students on track to graduate.

"I want to exhaust everything I can, so I'm not looking back thinking I should have done this or I could have done that," Miyasaki said from her office at the campus, a former Seventh-day Adventist boarding school.

She knows that the foster teens at the academy won't have the safety nets that other children have once they're finished with school.

Without parents to fall back on, many foster teens end up homeless once they become adults and leave the foster care system. The academy cites studies from early in the decade showing 30 percent of emancipated foster teens experience homelessness within a year of leaving the system.

To head off such outcomes, the academy works repeatedly with students that other schools might expel. For example, students found abusing drugs are removed from the academy but offered a chance to return after completing an offsite rehabilitation program, Fudge said.

"We know once we ask them (students) to leave, that's devastating to them ... (and) may push them onto a downward spiral," Fudge added while speaking outside an English classroom where students used Web-based Google documents and blogs to write their peer-reviewed assignments.

Tracking medical records

San Pasqual students have more than just their academic and housing needs met on campus. They also receive mental and physical health services at the academy's onsite medical centers.

A health and wellness center has exam rooms and offers nutrition, fitness and stress management workshops, the academy said.

A rehabilitation clinic next door, housed inside the former church run by the Adventists, counsels youths on "impulse control, team work, leisure skill development ... and relieving depressive and anxious symptoms," an academy brochure said. The clinic's director declined to elaborate on its services.

Having the medical centers onsite means the academy can more easily track students' medical records.

Such tracking at traditional foster youth centers is no easy task. Paperwork may be spread across several counties and multiple doctors. The academy's onsite medical center helps organize the records.

Advocates for foster children say accessible and complete records can make the difference between a child receiving treatment that keeps an ailment at bay, such as asthma, or neglect that turns it into a lifelong condition. Some say medical record-keeping across California's foster-care system needs vast improvement.

Fudge, of the county child welfare office, said the academy uses a paper-based Health and Education Passport and an electronic case management system to track students' medical records.
She said San Diego County initiated the passport system in 1994. The paper and electronic systems include information on a foster child's education, home placements and medical history.

During check-ups at the academy's wellness center, nurses record students' medical information on standard forms. The nurses then fax or mail those forms to county foster care nurses to be entered into the electronic system, Fudge said.

"We don't see that there's a problem here in San Diego County," she said. "If it has been, I haven't heard about it."

**A village approach**

Advocates for foster youths are sprinkled across San Pasqual's campus.

The San Pasqual Volunteer Fire Department operates on the same property, and offers job shadowing and internship programs, the academy said.

Academy staff members such as Jackie Taylor and Kristie Buckley, who run the campus's career center and work training program, respectively, say they embrace both their "professional" and "parental role" at San Pasqual.

The academy relies on a handful of "grandparents," too.

"We just fill a different niche," said Lauren Pickard, one of several surrogate "grandparents" who live on campus and assist the academy's students in exchange for a reduced rent.

Pickard, who coaches softball at the campus, says his role is:

"Not to judge the kids in any way. Just listen to them, help them. Give them advice. ... We just try to do what's best for them."
Commentary: Denomination's first emotional health conference seeks to destigmatize mental illness

Adventist churches should be 'havens of acceptance' in community

6 Jul 2011, Loma Linda, California, United States

Carlos Fayard

Emotional problems are amongst the most challenging and pervasive difficulties faced by our world today. In the church, there is still progress to be made in understanding the role of emotional health and abolishing the stigma of emotional imbalance.

In October, the Seventh-day Adventist Church will hold its first international conference on "Emotional Health & Wellness." I urge members, pastors and administrators to attend and consider their approach to the issues of mental health and depression among their workers.

Too often, God-fearing people tell those suffering from depression or other emotional difficulties that they just need to trust God, read the Bible more, exercise more and eat more healthfully. While these are very important and necessary for someone who has a major emotional challenge, there needs to be an approach where the grace of Jesus is reflected with an understanding of emotional health. It's inappropriate and potentially dangerous to just tell people to throw their pills away or stop seeing a counselor when they really need the assistance.

Worldwide an estimated 450 million people have a psychiatric disorder, including 121 million people with depression, 200 million with alcohol dependence, 37 million with dementia, and 24 million with schizophrenia, according to figures from the World Health Organization. Five out of the 10 leading causes of disability around the world are the result of major forms of emotional distress. These conditions account for a significant financial and social burdens on individuals, families and nations.

Indeed, the pain of emotional distress can be grave, to the point of loss of life through suicide. Mental conditions can often aggravate medical disorders and complicate their treatment and final outcome.

The Seventh-day Adventist church has a major commitment to alleviating emotional stress, and its spiritual message has brought hope and a new life to many around the world. Many of the denomination's hospitals provide mental health services, and the last few years have seen an explosion of educational programs to train professionals equipped to deliver mental health services.

In Latin American alone, there are about 1,000 students enrolled in psychology degrees at Adventist universities, which will turn out primarily counselors and therapists. Robust prevention programs launched by the Women's Ministries and Family Ministries departments give a new opportunity to thousands every week.

Still, more can be done to strengthen our ministry:

First, resource-scarce nations do not allocate enough funding to the prevention or treatment of emotional distress. Our church has embraced a "whole-person" approach, meaning that we are interested in the physical, spiritual and emotional well-being of those that come to our health institutions. We should see that we do so everywhere.

Second, we could apply biblical truths in a more systematic and integrated way in all our educational efforts to see that the "healing ministry of Jesus" is fully realized. More help for those who suffer from emotional problems could come through the active ministry of the graduates of Adventist universities.

Third, we should work toward a "blended ministries" approach, in which educational, health and local church ministries team up to address the enormous challenges faced by the communities that surround us, and increasingly, those found within our own families.

We have taken a blended ministries approach in organizing this conference, which is sponsored by the church’s departments of Health, Education, Family Ministries, Women's Ministries and Chaplaincy.

Additionally, the conference will include a special track for church leaders and administrators. Within the rank of our church there are many who suffer emotional isolation and distress, and the entire church -- from the folks in the pews to those in leadership -- needs to fully appreciate the difficulties faced by many in our church family. As a psychologist who has worked with clergy for many years, I have come to appreciate the burden church employees have to carry and the impact it has on their families.

The church offers a wonderful opportunity to be a conduit of the grace of Christ in the community. Hopefully churches will be havens of acceptance as opposed to courts of judgment for those who struggle with issues of mental health.

I believe that by the concerted effort of our church family, humbly guided by the Holy Spirit and the Word, we can contribute to healing the world.

--Dr. Carlos Fayard is an Associate Professor of Psychiatry at the Loma Linda University School of Medicine, assistant director of the Seventh-day Adventist world church's Health Ministries Department, and
I have been working with this population (Co-Ocurring Disordered) for most of my career as a Forensic Psychologist with the New York State Office of Mental Health. As an Adventist I have always believed and promoted the therapeutic value of traditional psychotropic medication in conjunction with religion/spirituality. My wife is a licensed Chemical Dependency Specialist who functions as the Administrator for the Dutchess Co. Supreme Court Drug Court Diversion program. We both have collaborated with 3 other Faith-Based organizations in our community to provide an evidenced Based Substance Abuse program for adolescents. The unique feature of our program is a spiritual component added to the curriculum to assist and educate young people about the power of God and his ability to help them resist the temptations of sin. We would be particularly interested in attending and participating in a discussion about removing the stigma of Mental Illness for our church family.

Dr. Ivan Godfrey
Mental Health Treatment Team Leader
Hudson River Psychiatric Center
10 Ross Circle Poughkeepsie NY. 12601
(845) 616-9029

As a social worker in NY, I encounter individuals with chronic and acute mental illnesses on a daily basis. I am happy that seventh day adventists are doing more to increase awareness about this sensitive yet important topic. Our pastors and church leaders are in desperate need of training on how to work with individuals with an Axis 1 or Axis 2 diagnosis. Many of them are a part of our church and because of a lack of understanding on the members and church leaders part, these individuals are often isolated. Reading this article, really make5 me believe that as a church we are progressing.

David | July 8, 2011 8:36 AM | Reply

Oh! Thank God our church is going to be educated in this matter. I have a sister who suffers from mental illness and when I have mentioned to some members in the church about what I have been going thru when my sister was hospitalized a year ago, instead of giving me the support I need, I'm told to surrender to God as if I don't have a relationship with God..........So I know how difficult is for the person suffering of this illness and the family members not getting the right support for our brothers and sisters in church.

Ruth | July 9, 2011 6:26 PM | Reply

It is very important that the subject of mental and emotional health to be in our church in the equal interes as phisical health. My opinion is that there is much to do further in this area of mental and emotional health. Probably, we as church have need to understant better that Jesus Christ is not only our Savior who forgive our sins, but also the healer of our souls from inner wounds.

In our churches there are members that suffer emotionaly, and the quetions of Jeremiah 8:22 are very fit: “ Is there no balm in Gilead? Is there no physician there? So why is there no healing for my people? ” The answer is “ yes ”. There is balm in Gilead, is the Great Physician Jesus Christ by Holy Spirit who works in His church by His Word and ministers. I believe that we have need to discover in Holy Scriptures tha true principles of pschyology- as Ellen White said- and in conecction with all that is true in secular pschyology and pschyoterapy and to applay it to the emotional and mental needs of christian with inner serious pains.

Liviu Vaduva | July 12, 2011 10:01 AM | Reply

I am thrilled that our church is embracing a more complete ministry of health. I can testify to the lack of understanding of depression. When I was unable to come to church due to my illness,
some well-meaning friends said the wrong thing because they thought of depression as a lack of
faith. Few reached out to me--I think because they did not know how. I have been healthy for
the past 6 years because I discovered why I was depressed. Dr. Neil Nedley's program offered a
holistic approach to this disease. It saved my life and I am eternally grateful to him and to a local
SDA church that provided this amazing program. I recommend it to anyone who has a friend or
family member who is 'living in the shadows' because of depression.

S. Gilmore | July 14, 2011 8:49 PM | Reply

Thank the Lord for this new emphasis. As stated above, our pastors and gospel workers could
benefit from training in the basics of counseling and mental health treatments. Our congregations
also are in want of training and encouragement on how to treat the mentally ill. We need to know
how to recognized and respond to it when we face it ourselves. There are many among us who
run away from the slightest hint of mental health problems. Like the ancient Israelites who
stigmatized physical ailments as signs of sin, we often identify mental health problems as
ungodliness.

It would change our church for the better if the mental hygiene professions were as accepted and
as numerous as the dental hygiene professions currently are. Then stigma will disappear. This will
take both top down leadership and much kindhearted encouragement from those of us in the
pews who recognize this great need among our people and those precious souls we are working
to win to God's truths for this time. Remember, nearly half of those Jesus cured were the
mentally ill.

George Odell | July 30, 2011 9:04 PM | Reply

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Overview

This conference brings together a superb group of experts on the promotion, prevention, and treatment of emotional health from a variety of academic and faith backgrounds, offering four days of intense, thought-provoking presentations along with practical skills that you can take home with you. You will hear cutting edge plenary lectures from renowned speakers, and select to attend workshops from amongst ten different tracks that will focus on specific skills development ranging from Church-based interventions to individuals and communities, Addictions, Psychotherapy, International Mental Health, and Whole-Person Care to the Medical Patient, to research strategies, clinical education and supervision, curricular development, and organizational leadership applied to the promotion, prevention and healing of emotional health.

What are the potential benefits of attendance?

- Promote the application of a biblical worldview to the development of emotional wellbeing locally and internationally
- Emphasize the development of practical skills that can help you transform your teaching, clinical practice, and ministry
- Challenge educators, clinicians, and administrators to fulfill their mission to extend the healing ministry of Jesus
- Include basic ideas about science, human nature, and human destiny as informed by the Scriptures to enhance the welfare of individuals and communities
- Understand the skills required to minister to individuals, families, and communities from a whole-person care perspective
- Support the goals and objectives of faith-based organizations in their mission to provide spiritual care to those in need of service to restore their emotional health
History of Pathfinder Song

In the spring of 1949, Henry T. Bergh, John H. Handcock, Clark Smith and Miller Brocket met for the MV Director’s Council. Among other items that were worked on, John Hancock suggested to Henry Bergh that he write a Pathfinder song. Henry replied, “I’m no song writer. I’ve never written a song and I am not a musician.”

In a letter written to the World Pathfi nder Director, Michael Stevenson in 1984, Elder Bergh wrote, “I dispatched that idea very quickly. But along in May 1949, I was driving to a Sabbath appointment at Monterey Peninsula from San Jose (70-80 miles). I was riding along thinking about Pathfinders and about our need for the song and started thinking about a tune. What would be a good tune for a Pathfinder song? Then I thought, well, I could write the words. So I tried to compose a poem…. I started thinking of what things would I want to put in the poem for a Pathfinder song. I thought about the JMV pledge—pure and kind and true, with a message to go to the world, and things started to fall into place. I pulled over to the side of the road, took a piece of paper out of my Bible, and began to write:

Oh, we are the Pathfinders strong,  
The servants of God are we  
Faithful as we march along  
In kindness, truth, and purity.  
A message to tell to the world,  
A truth that will set us free  
King Jesus the Savior's coming back  
For you and me.

Well, I thought, that’s not bad…. I took off again for my Sabbath appointment and got down the road a ways and started to hum a tune. Then I started singing the words with that tune. I have said repeatedly that God gave me the tune because I am not a musician and I have never written a song before or since. The Lord just gave it to me. I pulled off the side of the road, turned the sheet of paper over, and put down five lines for a staff.

I knew enough about music to be able to read it, so I started humming the tune that was going through my mind and putting dots on the staff….

That evening when I got home, I asked my wife Miriam to play this thing for me from the dots on the page. We corrected where I had misplaced the dots and got the tune just as it is today. I still wasn’t confident that it was good enough for a Pathfinder Song, so I sent it to Wayne Hooper, who is a personal friend of ours and was the musical director for the radio program Voice of Prophecy. I asked Wayne to edit it and to harmonize it. He sent it back and said, ‘It’s a good song—go ahead and publish it!’

So we mimeographed it for use among our Pathfinder clubs (in the Central California Conference). I think that the first time it was really introduced on a conference-wide scale was at the Pathfinder Officer’s Convention in Ascilimar, near Monterey, California, January of 1950.”

Remembrance: Hale, 84, championed diversity in higher education

Funded minority scholarships at Ohio State, served as Oakwood president in 1960s

28 Jul 2011, Silver Spring, Maryland, United States
Ansel Oliver/ANN

Frank W. Hale Jr. mentored thousands of students as a professor, and his promotion of scholarships for minorities helped The Ohio State University become the top producer of black Ph.D.s in the 1970s. Hale, who died yesterday at age 84, was also the first black dean at the Ohio State Graduate School and the first non-clergy to serve as president of Oakwood University, an historically black college directly affiliated with the Seventh-day Adventist Church’s world headquarters and located in Huntsville, Alabama.

“He brought to leadership a broader base for Christian education, not simply religion, but also religion and pure education,” said Mervyn Warren, Oakwood provost, professor of religion and former interim president.

Hale taught a class each year he served as Oakwood president, and he established the school’s department of public relations. Under his tenure, Oakwood joined the United Negro College Fund. He served as president from 1966 to 1971, before accepting the position at Ohio State as associate dean of the graduate school, chair of the fellowship committee and professor of communication.

As the fellowship committee chair, Hale helped grant nearly $15 million to some 1,200 minority graduate students. He also initiated a minority scholars program for high school graduating seniors.

Hale served as a professor at Ohio State from 1971 to 1988, before his appointment as vice provost. A campus building is named after him -- Hale Hall, which also houses the Frank W. Hale, Jr. Black Cultural Center.

"Dr. Hale was a pioneer in the educational field for this nation and for the Seventh-day Adventist Church," said Ella Simmons, a vice president of the Adventist world church, who also served in executive posts at Oakwood, La Sierra University and the University of Louisville in Kentucky.

"He made the right connections to bridge the divide between public and private schools. I have learned a lot from him," Simmons said.

A native of Kansas City, Missouri, Hale attended the University of Nebraska-Lincoln, earning bachelor's and master's degrees in communication and political science in 1950 and 1951. He earned a Ph.D. in communication and political science from Ohio State in 1955.

Hale was also awarded a post-doctoral fellowship in English Literature from the University of London in 1960.

Hale served as a professor at Oakwood from 1951 to 1959 and chaired the department of English at Central State University from 1959 to 1966. He lectured at more than 300 colleges and universities.

He later received honorary doctoral degrees from Wilberforce University, Shaw University, University of Nebraska, Capital University, La Sierra and Andrews University.

The first two of his three retirement attempts were unsuccessful. Hale served as executive assistant for the president at Kenyon College from 1989 to 1992 and as distinguished university representative and consultant in the office of the president at Ohio State from 1999-2005.

"We have lost one of the true giants of the Ohio State community," Ohio State President E. Gordon Gee said in a statement yesterday.

"Dr. Frank Hale was a scholar, teacher, researcher, administrator, a civil rights pioneer. More than that, he was a force to be reckoned with who opened the doors of opportunity to underserved students through sheer force of his intellect and determination," Gee said.

Hale was inducted in the Ohio Civil Rights Hall of Fame in October.

He is survived by his wife Mignon Scott-Hale, a retired school teacher. His first wife, Ruth, preceded him in

Ifeoma Kwesi, one of his three children, is an assistant professor at Oakwood.

--additional reporting by Mark A. Kellner

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4 Comments

I had never heard of Dr. Hale before today. Reading this profile, about all his wonderful accomplishments, make me feel like I have known him forever.

As an Adventist, I thank God for allowing him to be among us and to help as many people as he did, to create the family he did, leave a lasting memory, and leave those he interacted with, better than he found them. May God Bless his soul and grant him everlasting life.

I wish his dear close and extended families, strength, acceptance and a happy celebration of his life; not mourning of his death. Amen.

Grambley K. Kemari | July 29, 2011 2:46 PM | Reply

I send my utmost condolences to Dr. Hale's sorrowing family. Dr. Hale's death is a sad milestone marking the death of one more of the church's remarkable and brilliant leaders. Dr. Hale's daughter, Ifeoma Kwesi, was once our pastor in Palo Alto, CA and we once had the memorable opportunity of hearing this great man deliver an inspirational message at the 11 o'clock church service. I know Dr. Hale will be greatly missed by thousands of those for whom he helped to open doors and inspire.

Karen Kotoske

Karen Kotoske | July 31, 2011 4:21 PM | Reply

I have very pleasant memories of spending time at the Hale home as a little girl with Dr. Hale's youngest daughter Shari. He was always such an encouraging, supportive and friendly man to me. Even when I saw Dr. Hale last spring at the Oakwood graduation he immediately knew who I was though I hadn't seen him in many years and we shared special memories about our families' friendship over the years. I know his family will miss his strength and humor. My prayers go out to each of them. - Marcye Slaughter-Brooks

Marcye Slaughter-Brooks | August 3, 2011 9:40 AM | Reply

Upon meeting Dr. Frank Hale, Jr. as a Freshman at Oakwood University, I was immediately impressed with his friendliness and warmth. To a first year college student this was a defining moment to have the president of the university take the time to put a student at ease. His scholarly manner and demeanor made a lasting impression on me.

Years later, I had the privilege of being the pastor of the Ephesus Seventh-day Adventist Church in Columbus, Ohio, where Dr. Hale and his family were members. For nearly 8 years I had the distinct opportunity of serving with and ministering the Hale family. Dr. Hale was one of the Elders of the church and the founder of one of its most profound organizations, the Frank Loris Peterson Society of Adventist Men. Through that organization many African American children, boys and girls alike, received scholarship funds to further their education. It also served as a bridge between the Ephesus church and the Columbus community.

Dr. Frank Hale, Jr. was a scholar, author, and spiritual leader in his home and community and a good friend to me and my family. He will be greatly missed. Our prayers are with the entire Hale family during this time. Be faithful in all that you do. The Lord is coming soon and the reunion with loved ones will be reality.

Pastor Buford Griffith, Jr.
Executive Secretary
Southwestern Union Conference of Seventh-Day Adventists
Burleson, Texas

Pastor Buford Griffith, Jr | August 3, 2011 3:20 PM | Reply
Remembrance: Communicator Roth, 84, reported church news during Vietnam War

Former world church associate secretary also aided evacuation at Saigon Adventist Hospital

29 Jul 2011, Riverside, California, United States
Jocelyn Fay/ANN staff

Don Roth, 84, a veteran Seventh-day Adventist communicator, pastor, and advocate for retired denominational workers, died at his home in Loma Linda, California, on July 26 following a brief illness.

Roth graduated from Greater New York Academy in Queens. In 1948, while attending Washington Missionary College -- now Washington Adventist University -- in Takoma Park, Maryland, he married fellow student Doris Ann Behringer. They graduated together in 1950.

Later that year he began denominational work in Philadelphia, Pennsylvania, serving as a departmental secretary of the former East Pennsylvania Conference.

In 1954, he accepted the position of public relations and radio-TV secretary of the Columbia Union Conference, the church administrative unit for the Mid-Atlantic United States. He also served as editor of the Columbia Union Visitor, then the church's weekly paper.

Roth was ordained as an Adventist minister in 1959.

In 1965, the Roth's accepted a position in Singapore, where he served as the assistant secretary of the Far Eastern Division, which then covered 17 nations of Asia.

Roth's personal relationship with United States news agencies stationed in Saigon provided him access to evacuation procedures when South Vietnam fell to Hanoi. Roth personally helped 36 individuals safely retreat to Guam.

At the church's 1975 General Conference Session, held in Vienna, Austria, Roth was elected as an associate secretary at the Adventist Church's world headquarters. In that role he recruited missionaries for the church's Far Eastern and Southern Asia territories. He continued in the post until September 1990, when he retired from full-time service and moved to Yucaipa, California.

He worked part time from 1991 to 2011 as a representative of the General Conference Secretariat on the campus of Loma Linda University. In this role, he maintained contact with retired Adventist workers in the region and often supplied information on their lives and careers to church media, including Adventist Review magazine and Adventist News Network.

He also contributed to city newspapers, including the Yucaipa News Mirror and the Loma Linda City News.

In 2009, Roth received a Lifetime Achievement Award at the annual meeting of the Society of Adventist Communicators. He was also recognized by the Loma Linda University School of Medicine for his ongoing work with alumni projects and recruitment of physicians for overseas mission service.

In May, Roth received an award from Adventist world church Secretary G. T. Ng for his lifetime of denominational service.

He is survived by his wife, three children, seven grandchildren, and two great-grandchildren.
In the Summer of 1969 while serving as a student missionary in Phuket, Thailand, I spent a month in Singapore awaiting a visa to re-enter Thailand. One of the homes I was privileged to stay in was that of Don Roth. Great host. I remember on a Saturday night get together it was fun listening to missionaries in Singapore bragging about being from either Union College or Washington Missionary College. Don Roth had a sense of humor, loved people, and had a warm smile. My uncle Walter Herrell told me that he was a roommate of Don at WMC and has fond memories. Other things I have in common with Don Roth include having visited the Saigon mission that year, and attending Columbia Union College which was the next name given WMC. Blessings and comfort to each of Don's loved ones. Sincerely, Pastor Lloyd Schomburg

Lloyd Schomburg | July 31, 2011 10:27 AM | Reply

Elder Roth was at a camp meeting with the Vietnamese groups at Camp Cedar Fall in the year 2000 (circa). I had the privilege to translate his message to the campers on Sabbath service, and to translate to him and his wife what was going on on our meeting (since the service was in Vietnamese). I only knew him by the name since I was much younger when he was serving in Southeast Asia. But during the encounter at Camp Cedar Fall, he left quite an impression. I thought he came across as a very knowledgeable person, especially on world's history and events!

In 2005, he ran a tireless campaign in the US to raise fund for the rebuilding project of the Saigon-PhuNhuan central church. The project was completed a couple years later, and it was quite a grand building.

Rachel Tom | August 1, 2011 10:49 PM | Reply

So sorry to hear of the passing of my "twin". With both of us being denominational workers, we have smiled at having our identity and mail mixed up! Once one of his itinerary expenses to the Far East Division was deducted from my Pacific Union College pay check! Also back in 1970 he received my seminary internship application to sign. He had been ordained for 11 years at that time!

Don A. Roth | August 4, 2011 9:35 AM | Reply

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