Multi-Media Parenting Resource Being Developed

No job is more challenging or more rewarding than parenthood. The challenges are bigger than expectant parents often realize. However, the rewards are eternal.

The NAD Department of Family Ministries is committed to developing a multi-media parenting resource and making it available for distribution and implementation by the end of this quinquennium. This product development will be guided by results gleaned from a parenting survey that was conducted by *Adventist Parenting Newsletter*. The data has been coded and the themes that emerged will make up the main components for the resource.

Some of the challenges that today’s parents face is how to deal with all the social media that our kids are exposed to, how to teach our kids to stand up to peer pressure, how to respond to bullying, and how to teach spiritual values that will take our children to heaven with us.

“A desired outcome is that this resource will enable and empower parents to become the primary disciple-makers for their children,” said Pamela Consuegra, Associate Director of Family Ministries. “Your prayers are solicited for this parenting project, that it will be guided by our heavenly Parent.”

Mid-Atlantic Region 5.8 Earthquake. Are You Prepared for Disasters?

Much of the mid-Atlantic U.S. region, including the area around the Division office, experienced the 5.8 earthquake...
centered in Mineral, Va., yesterday. No reports of serious damage to members or Adventist entities have been reported.

Adventist Community Services (ACS) has shared a statement from the Federal Emergency Management Agency (FEMA) on their website.

Included are links for more information from FEMA about what to do before, during, and after an earthquake, and a link to "Introduction to Disaster Preparedness" as offered by ACS.

Go "Like" Adventist Community Services Facebook page and the ACS Disaster Response page for up-to-date information, news, needs, and preparedness help.

"Rev it Up" Revival Camp Meeting

An "old fashioned motorcycle camp meeting" is what Elder Dave Weigley, president of Columbia Union called the three-day Motorcycle Camp Meeting held in Mount Vernon, Ohio. It was organized by Pastor Tom Hughes, Founder of Bible Biker Ministries. Tom's vision was to ask various Adventist motorcycle groups to come, bringing "unchurched and unsaved" motorcycling friends with them.

There are around 7-10 million motorcyclists across the country. Goals included evangelism, to connect with and break down prejudice of other Christians, and to provide a training event for bikers. Included were motorcycle games and a 100-mile day ride. View video report.

Carolina Conference Officers and Directors Re-elected

On Friday, August 19, at the 41st Carolina Conference Constituency Session, Elder Gordon Retzer, Southern Union president, announced the re-election of each of the conference officers, Jim Davidson, conference president, Gary Moyer, executive secretary and Richard Russell, treasurer. Also, each of the department directors were re-elected to their positions. The three-day-event was held at Nosoca Pines Ranch, the conference owned youth camp in Liberty Hill, S.C. MORE on Facebook (Photo from left: Richard and Kathy Russell, treasurer; Jim and Bonnie Davidson, president; Gary and Lisa Moyer, executive secretary)

The following are positive stories that appeared this week in the news about Seventh-day Adventists in the North American Division territory.
Adventists in the News

Ex-Blazer Washington recounts his first aid trip to Congo
NBA.com (blog)
August 22

Health Expo helps community keep on track
BlueRidgeNow.com
August 22

Angwin: Where conviction meets cabernet
Napa Valley Register
August 21

Christian School Reopens in Pocatello
KPVI-TV
August 19

Northwest Regional Heart Center Excelling at Quality Outcomes
Sacramento Bee
August 18

Author tells of 1994 genocide
Austin Herald
August 19

Community partnerships produce fresh results for soup kitchens
NorthJersey.com
August 19

Local activists keeping seniors fed
NorthJersey.com
August 18

Adventist Hinsdale Hospital’s pet therapy gets two paws up from pediatric patients
TribLocal
August 18

NEEDED: More Lay Youth Pastors

Did you know that there are fewer than 200 youth pastors in NAD? James Black, Sr., director of the NAD youth/young adult ministries, has set a goal to have trained youth leaders in every Seventh-day Adventist Church in the North American Division territory. That’s where CLYP - the Certified Lay Youth Pastor Training Program comes in.

CLYP is a complete training program - with webinars, mentors, and...
a progression of practical, field-tested curriculum elements to allow volunteer youth leaders to gain the experience necessary, as lay youth pastors/leaders, to lead the youth of their church and community. Students work at their own pace. Potential participants begin registration online. Once accepted into the program, they will be assigned a primary mentor for support and feedback. Curriculum, practicum requirements and general information are online. Register now so that the approval process can be finished in time for the first webinar, September 6!

Abuse Prevention Emphasis Day

The annual Abuse Prevention Emphasis Day (APED) is August 27. This year’s theme, “Loved and Empowered,” augments the ongoing “Enditnow: Adventists Say No to Violence Against Women” campaign by ADRA and the Women’s Ministries Department. Resources, including a sermon with PowerPoint presentation, a children’s story, and Sabbath afternoon or Friday evening programs for both adults and young adults, are provided at www.nadwm.org/article.php?id=39. If you can't schedule APED for August 27, you can do it another Sabbath. The important thing is to help eliminate violence from the Seventh-day Adventist Church.

Men's Ministries Day of Prayer

Men’s Ministries Day of Prayer will be September 3. Sermon and program ideas (in English and Spanish) are available at http://www.emale.org/.

Required Supplies for NET 2011

Prophecies Decoded, September 30 - October 29

1. Andrews University Outreach Bible.
2. Prophecy Seminar lessons.
3. Decoding Bible Prophecy, Elder Clouzet’s recent book on prophetic interpretation.
4. Scripture Detective Agency. Children’s materials designed to coordinate with Clouzet’s sermons.
5. Happiness Digest
7. Decision cards.

Visit the host site for an explanation of how to use and how to

- Perspective: Christ’s Radical Kingdom, p 17
- Update: When Stones Cry Out, 14, 15

August - September

Offerings and Special Days

August Focus: Spiritual Gifts:

Related Resources Quick Links:
- Festival of the Laity (Ministry Conference)
- AdventSource
- Pacific Press Resources on Spiritual Gifts

- August 27 – Abuse Prevention Emphasis Day

Helpful websites:
- www.nadwm.org
- www.enditnow.org

Related Resources and QuickLinks:
- Abuse, Domestic Violence Prevention
- Enditnow
- Pacific Press Resources on Abuse
- Additional resources

Offerings:
- August 27, Local Conference Advance

September Focus: Family Life

Helpful Websites:
- Family Ministries
- Men’s Ministries

Special Days:
- September 3: Men's Day of Prayer
- September 4-10: Nurture Periodicals (Adventist Review, Insight, Guide, Primary Treasure, Little Friend)
Voice of Hope

La Voz de la Esperanza, (The Voice of Hope), a four-day reaping event led by La Voz Speaker/Director Frank González, will be held at the Lincoln Center for the Performing Arts, August 31 to September 3. La Voz chose New York city to coordinate with NAD’s emphasis on big city evangelism.

"Favorite" Family Ministries Resource:
Curriculum for Local Church Leaders

The Family Ministries Curriculum for Local Church Leaders includes ten 90-minute modules written by Adventist family ministry educators. Each module can be used as a training event for local family ministry personnel. The 10 training modules include:

- Biblical foundations of family ministries
- Human growth and development
- Understanding the family as a system
- Spiritual parenting
- Sexuality education
- Marriage strengthening
- Communication
- Effective family ministries in the local church
- Anger and conflict resolution
- Family: center for evangelism

Adventist Health Study-2 Resources for Churches

Adventist Health Study-2 (AHS-2) has a new section on their website with health resources for local churches. Just added are:

- PowerPoint presentation, with speaker’s notes, showing an overview of AHS-2
- Bulletin insert with helpful health information
- Bookmark sheet that can be printed, laminated, cut, and distributed to church members
- Fact sheet highlighting findings on cancer from Adventist Health

ORDER

Offerings:

- September 11-17: Family Togetherness Week
- September 18-24: Hispanic Heritage Week

Union Magazines and Websites

Atlantic Union GLEANER

Canadian Adventist MESSENGER

Columbia Union VISITOR

Lake Union HERALD

Mid-America OUTLOOK

North Pacific Union GLEANER

Pacific Union RECORDER

Southern Union TIDINGS

Southwestern Union RECORD

Adventist Mission DVD and Quarterly

3rd Quarter, 2011

West Central Africa Division
Check it out! Pass this information along to all of your churches.

"The Kingdom"

Lincoln Steed, Associate Director, Public Affairs and Religious Liberty; Editor, Liberty magazine

Stay Socially Connected with NAD

Watch DVD
Read Mission Quarterly

Hope Channel
Programs

- Really Living – Chaplain Barry Black, Ganoone Diop, Jim Nix, Pat Gustin, August 22-25, 7 p.m. ET

Hope Church Channel

- Revival & Reformation, parts 1-8, with speakers Ted Wilson, Derek Morris, CD Brooks, Doug Batchelor, Dwight Nelson, Jose Rojas, & Mark Finley & World Day of Prayer, August 21-25 & 29-31, 10 p.m. ET; August 24-26; 28 - September 1, 1 p.m. ET

Visit our website
Share This Newsletter
Ex-Blazer Washington recounts his first aid trip to Congo

Welcome to The Morning Tip. While I'm away on vacation I've again arranged for four very different folks to write guest columns, each of whom has a special love for the NBA game. I hope you enjoy them.

Our first guest columnist is former Lakers, Celtics, Blazers and Warriors big man Kermit Washington. The last college player to average 20 points and 20 rebounds in a season (for my beloved American University Eagles, in 1973), Washington established himself early in his NBA days as a tough inside complimentary player to the likes of Kareem Abdul-Jabbar. Washington was a rugged rebounder who was improving as a scorer. But his pro career was defined by one horrible decision in his fifth NBA season, with the Lakers, when his infamous punch broke the nose and jaw of Rockets forward Rudy Tomjanovich. Washington was suspended for 60 days (26 games) and, despite highlights like making the 1980 All-Star Game for Portland, believed he was made an outcast for much of the rest of his pro career.

But Washington's second act in life has been ennobling.

In the summer of 1994, I was working with Pete Newell at his Big Man Camp. At the time, his camp was probably the No. 1 camp in the world. Pete was a world-renowned coach and former general manager of the Lakers. He was the gentleman who drafted me to the Lakers out of college (No. 5 overall in 1973 Draft), and was responsible for me earning a spot as a starter in the NBA. I was working on the camp when the situation in Rwanda broke out. The news was flooded with horrendous accounts of murder and terror, affecting hundreds of thousands of lives. My daughter, Dana, came into the room after watching the news on TV and was incredibly upset. Here was a young girl who was so sensitive and caring that if she saw a dog or cat hit by a car, she would always make me stop and pull it out of the street. She was compassionate for everyone and everything. She told me I better do something about this situation. I saw the broadcasts and it reminded me of the problems in Somalia years before when people were suffering and dying from the drought. I felt as though I should have helped those people and didn't, and even years later still had residual guilt. I felt like this was my opportunity to change that feeling, so I looked in the phone book for an organization where I could donate money.

I called Doctors Without Borders and the Red Cross. I didn't have any success speaking to a person, just to an automated teller telling me how to donate money. When I called the Northwest Medical team in Beaverton, Ore., my luck changed. They were operating 10 minutes from where I was living, and got a person on the line that was able to talk to me and give me information. They also knew who I was and were very thankful that I called so I decided to donate to them. I don't remember how much I donated on my credit card, but I did happen to say to them before I hung up that one day I would like to go and see for myself what the conditions were really like. They were operating 10 minutes from where I was living, and got a person on the line that was able to talk to me and give me information. They also knew who I was and were very thankful that I called so I decided to donate to them. I don't remember how much I donated on my credit card, but I did happen to say to them before I hung up that one day I would like to go and see for myself what the conditions were really like. They said, you can go with us next week, we're taking a group over.

The head of the organization, Ron Post, got on the phone, hoping that he would be able to convince me to make the trip. He knew that if I went it would help generate a lot of exposure for his organization because of my affiliation with the NBA. I told him I would talk to my wife, Pat, and make a decision in a few days. Pat was out of town, and when she came back Dana told her what I wanted to do and I asked her if it would be all right with her if I went. She was never the kind of woman who would tell me not to go or stand in my way, but I asked just to respect her feelings. Ultimately I had to make up my own mind. This was still during the war so things in that area hadn't calmed down.

The next day, I told Post I had decided to go. I asked what I needed to do to get ready. They were very happy about me going and told I had to get vaccination shots from the doctor, make sure my passport was up to date,
Health Expo helps community keep on track

By Gary Glancy
Times-News Staff Writer
Published: Monday, August 22, 2011 at 4:30 a.m.

Fifty-eight years ago, Harold Case decided it was time to turn his life around. He joined the Seventh-day Adventist Church in Battle Creek, Mich., and made the choice to give up smoking and drinking.

“When I was 30 years old, I decided that I needed the Lord in my life, and I knew that smoking wasn’t good for me,” said the Fletcher resident, who moved to Western North Carolina more than 40 years ago. “My father died when he was only 47 years old. He was a smoker, and it was smoking that killed him, so that impressed me very much.”

Nearly six decades later, Case, 88, is going strong — though he’s still learning and altering the way he approaches his health. On Sunday, he was one of many to take advantage of a free Health Expo at the Mills River Seventh-day Adventist Church, where Case is a member.

Co-sponsored by the church and Park Ridge Health, the third annual event included cholesterol and prostate screenings, a bone-density test, blood analysis, gait analysis and massage therapy.

After checking in at several stations, attendees had the opportunity to bring their results to the final station where a computer printout revealed the person’s “health age.”

Shanti McKinnie of Asheville, for example, discovered that while she’s actually 59, the age of her body and health is more like 54.6, a figure based on factors such as getting the right amount of sleep, exercising regularly, not smoking or drinking, eating breakfast daily and maintaining proper weight.

"It confirmed what I felt," said McKinnie, who moved here from Memphis in March. “My body mass index was good, blood pressure was good; I did well on the exercise test. And, since I’ve been in Asheville, I’ve maintained — or actually gotten my health a bit better — because of all the outdoor opportunities. I do a good bit of hiking and kayaking as well as just daily exercise."

That's something Case — who attributes his longevity to giving up smoking and drinking and, years later, soda and coffee — learned he needs to do more of, in addition to drinking more water daily.

The event was also a productive one for Connie Maros of Brevard.

“"It's great because you get individual care here — at some of the bigger expos you don't, there's so many people there,” she said following a therapeutic massage from therapist Sallina Freeman. “This was wonderful.”

Joseph Ludwig, an elder of the church and coordinator of its health ministry, said
the goal of the expo is to raise awareness of the importance of good health and preventive measures to attain it.

“God is interested in the whole person,” he said. “He wants us to be fit and well — physically and emotionally — so we just want to let people know God is good, He wants us to be well and there are things you can do to contribute to that. It's not just all in the genes, it's not just all fate, it's not all in the family. There's a lot we can do to help ourselves, and that's what we want to encourage.”

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Angwin: Where conviction meets cabernet

James Noonan | Posted: Sunday, August 21, 2011 12:00 am

ANGWIN — The city of Napa is one of the Bay Area’s more insulated locations, but it’s a virtual metropolis compared to the rural, slow-moving pace in Angwin.

Here — nestled among the trees on the slopes of Howell Mountain — the remote, tight-knit village has stood apart from the hustle-bustle on the Napa Valley floor for more than a century.

Along Howell Mountain Road — the village’s main drag — spying even the occasional pedestrian or bicyclist is a rare occurrence during the summer months. For those who do venture out for a stroll, a calming Alpine-like silence reigns, broken only by the occasional car heading down or up “the hill.”

Yet, despite its somewhat remote location, Angwin — and the greater Howell Mountain region — has become a popular proving ground for vintners and grape growers, all hoping that the area’s unique terroir will help distinguish their product from the countless other labels sporting the Napa Valley name.

For this reason, Angwin might be thought of as a community in flux — one that is attempting to balance a budding wine culture with an older community whose Seventh-day Adventist roots spurn the consumption of alcohol.

According to the latest census, roughly 3,050 people call the town home. Of that figure, many have some link to Pacific Union College, a four-year Adventist institution.

Emerging from the winding mountain pathway, visitors to Angwin are greeted by a collection of small shops and structures bordering the roadside for only a few hundred yards before giving way to the forest once again.

On one side sits a token strip mall offering a collection of essential services — things valley floor residents might expect to see on nearly every corner.

There’s a post office, a bank, a market and a hardware store — and little else — at Angwin’s community hub.

Across the road, the towering church and sanctuary of Pacific Union College dominates the mountain landscape, serving as a reminder that the Seventh-day Adventist faith plays a large role in the town and, for decades, has served as a steering hand in its development.

“I think it’s safe to say that the college has been kind of the keeper in Angwin,” said Herb Ford, a professor emeritus at the college and former president of the Angwin Community Council.

Many of the service’s that Angwinites depend on — including the village’s only market — are operated by the college, meaning they adhere to the strict religious restrictions called for by the Adventist faith, Ford said.

Members of the church are expected to abstain from tobacco, alcohol and meat. As a result, Angwin’s College Market carries none of these worldly temptations.

Inside, patrons can sift through freezers full of faux-meat products such as “vege-salami,” “rice burgers” and packages of imitation “scallop delights,” but not an ounce of real meat — or drop of alcoholic Napa Valley wine — can be found.

On Saturdays — the Adventist Sabbath — businesses are closed, further evidence of the role religion plays in the mountain-side hamlet.

However, roughly a mile up the road from the center of the PUC campus, a different culture is evolving.

Here — carved into the side of the Howell Mountain — the tasting room at Arkenstone Vineyards stands ready to pour premium reds and whites for those who are willing to make the trip up the hill.

Planting its first vineyard blocks in 1998, Arkenstone now boasts a 25,000 square-foot cave complex featuring state-of-the-art fermentation equipment and a new hospitality area — a far cry from the rural and rustic image that many have come to associate with
the Angwin name.

In 2009, Cade Winery, a project of the Plumpjack Group — which counts former San Francisco Mayor and current state lieutenant governor Gavin Newsom as a partner and also operates Napa’s Carneros Inn — opened shop only a few miles down the road from Angwin.

As with Arkenstone, Cade offers on-site tasting by appointment.

Other wineries, including Ladera, Cimarossa and Howell at the Moon, also call Howell Mountain home and list Angwin addresses on their websites.

Drawn to the area by its natural beauty and unique microclimate, Arkenstone owner Susan Krausz says that fusing a wine culture with Angwin’s traditionalist past has presented little challenge.

“I guess it’s been pretty normal,” Krausz said. “We’ve co-existed pretty well.”

Visitors take little notice of Angwin’s religious roots, simply passing through as tourists tend to do, she said.

“When they’re in the valley, they’re in the valley,” she said. “Whether it’s Angwin or the valley floor.”

Angwinites have adopted a similar live-and-let-live approach to the area’s growing reputation in the wine industry.

Duane Cronk, long-time resident and publisher of the online Angwin Reporter, said that — with the exception of some of the surrounding forest being cleared to make way for vineyard blocks — a developing wine culture has had little effect on village residents.

Ford agrees, noting that conflict between the two interests has been almost nonexistent.

“I think it’s safe to say that they get along with the Adventists pretty well and the Adventists get along with them,” he said.

With Angwin offering no lodging, the village hasn’t developed into a destination the way that valley floor towns have. When volunteers with the Napa Valley Destination Council field requests from visitors looking for overnight accommodations, they steer them elsewhere, a council representative said.

In Angwin — where growth has long been a controversial topic — this likely suits residents just fine.

“This is not a place to grow,” said Cronk from the living room of his home on Hill Street. “Away from the college, there are no sidewalks in Angwin. There are no jobs here ... we don’t even have a doctor’s office.”

In recent years, the college’s plan to develop more than 300 homes through its “eco-village” project was met with staunch opposition. The plan was ultimately dropped, but only after years of protest from a faction of village residents.

“That left some scars on the community,” said Ford.

When compared to the threat of new housing, wineries setting up shop on the hill haven’t riled most residents, said Cronk, who was an adamant opponent of the eco-village project.

“The community now has a wine culture,” he said. “For some reason, it doesn’t clash here.”
Some schools are already in session and others are about to start. One school in Pocatello is re-opening their doors for the first time in several years. Phil Campbell tells us why the timing might just play in their favor.

The Seventh Day Adventist church has operated a school in Pocatello since the 1930s. Their school, which is adjacent to O.K. Ward Park, closed a few years ago after a few families left and economic conditions made the school unviable but now they are back.

The school will offer a variety of options for parents including daycare and after school programs. They can accommodate children from as young as two up all the way through the eighth grade.

The school is part of the second largest school district in the United States and that's something they feel like will help them in educating their students.

"Kids that go through our school system, the longer that they stay in our school system, the higher that they place on placement tests," said Ella Dingman, School Board Chair. "It's really kind of exciting because the test have never been the focus of our attention. We don't pay attention to all the details of the tests. We teach to the whole child."

The curriculum has a play element to it and that will likely benefit when Brooklyn's Playground opens up in the adjacent park.

On top of already being close to O.K. Ward Park, we'll be able to use Brooklyn's Playground for P.E. or recesses, special events and so we're really excited to be able to offer our students that ability to go over and play," said Pam Butherus, Principal.

Registration is this Monday from 4:00 until 7:00 PM. You can find more information about the school at this link:
http://www.jessieclarkchristianschool.org/
PORTLAND, Ore., Aug. 18, 2011 -- Adventist Medical Center receives Gold Performance Achievement Award for the treatment of heart attack patients.

PORTLAND, Ore., Aug. 18, 2011 /PRNewswire-USNewswire/ -- Adventist Health's Northwest Regional Heart Center is one of the few hospitals nationwide to receive the American College of Cardiology Foundation's National Cardiovascular Data Action Registry–Get With The Guidelines (GWTG) Gold Performance Achievement Award. Adventist Medical Center (AMC) is one of only two accredited chest pain centers in Oregon.

The award recognizes AMC's commitment and success in implementing a higher standard of care for heart attack patients, and signifies that AMC has reached an aggressive goal of treating these patients to standard levels of care as outlined by the American College of Cardiology/American Heart Association clinical guidelines and recommendations.

To receive the ACTION Registry–GWTG Gold Performance Achievement Award, AMC consistently followed the treatment guidelines in ACTION Registry–GWTG for 8 consecutive quarters and met a performance standard of 85% for specific performance measures.

"Providing the right care at the right time for every patient continues to be our goal at AMC," states Tom Russell, president and CEO of AMC. Following these treatment guidelines improves adherence to ACC/AHA Clinical Guideline recommendations, monitors drug safety and the overall quality of care provided to ST-elevation myocardial infarction (STEMI) and non-ST- elevation myocardial infarction patients (NSTEMI).

The full implementation of acute and secondary prevention guideline-recommended therapy is a critical step in saving the lives and improving outcomes of heart attack patients. The award highlights AMC's efforts to consistently treat heart attack patients according to the most current, science-based guidelines. It also establishes a national standard for understanding and improving the quality, safety and outcomes of care provided for patients with coronary artery disease, specifically high-risk STEMI and NSTEMI patients.

"The Northwest Regional Heart Center is focused on improving the quality of cardiovascular care by implementing ACTION Registry–GWTG. The number of acute myocardial infarction patients eligible for treatment is expected to grow over the next decade due to increasing incidence of heart disease and a large aging population," says Brad Titus, MD, cardiovascular medical director of AMC's Northwest Regional Heart Center.

About Adventist Medical Center (AMC)

Adventist Medical Center (AMC), located in southeast Portland, is a nonprofit, 302-bed acute care facility, offering a full range of inpatient, outpatient and emergency services throughout the Portland/Vancouver metropolitan area.

Adventist Medical Center is part of Adventist Health, a faith-based, not-for-profit integrated health...
care delivery system with nearly 20,000 employees serving communities in California, Hawaii, Oregon and Washington. Founded on Seventh-day Adventist health values, Adventist Health provides compassionate care in 17 hospitals, more than 130 physician and rural health clinics, 14 home care agencies and four joint-venture retirement centers. We invite you to visit http://www.adventisthealthnw.com for more information.

Media Contacts: Judy Leach, Director Adventist Health (503) 251-6162 leachjl@ah.org

SOURCE Adventist Medical Center
Server not found

Firefox can't find the server at www.%20http.com.

- Check the address for typing errors such as www.example.com instead of www.example.com.
- If you are unable to load any pages, check your computer's network connection.
- If your computer or network is protected by a firewall or proxy, make sure that Firefox is permitted to access the Web.

Try Again
Community partnerships produce fresh results for soup kitchens

BY ELIZABETH OGUSS
THE MONTCLAIR TIMES

Partnerships produce fresh results for soup kitchens

A beautiful and nutritious August tomato growing from tangled roots might be a good symbol for what's happening in Montclair gardens and kitchens.

Because high prices keep fresh fruits and vegetables out of many market baskets, several entities in town are working together to make fresh produce available to people who need it.

Pantry Partners, a program of the United Way of Northern New Jersey that is supported by the Partners for Health Foundation, supports area food pantries and soup kitchens.

A Lot to Grow, a Partners for Health program, enlists volunteers to grow produce for the pantries and kitchens in four garden plots donated for the purpose, two of them in Montclair.

Farmers at the Montclair Farmers Market donate their unsold produce, assisted by Pantry Partners and students at Montclair State University.

The Miller Street Garden, a project sponsored by the United Way, HOMECorp, and several other entities, teaches young people how to farm and to operate a farm stand, selling the fruits of their labor at affordable prices.

It all results in more fresh food getting to people who might otherwise not have anything fresh on their plates, and that's both beautiful and nutritious.

Roots

In 2009, social service agencies, food providers, and other organizations interested in the topic of food security - meaning the availability of food, and a person or family's access to it - held the Montclair-Area Community Food Security Colloquium.

Not everyone in the Montclair area is food-secure. According to the United Way of Northern New Jersey, U.S. Census data show that nearly 30 percent of families in the 11 communities served by the North Essex office do not earn enough to be self-sufficient. When meeting basic needs is a struggle, fresh food becomes a luxury.

Colloquium participants discussed how best to support the food pantries and soup kitchens that serve the
food-insecure population.

Pam Scott, executive director of the Partners for Health Foundation, told The Times that the vision of supporting the pantries didn’t mean simply assisting with getting food, but also helping the clients with social services and access to mental health care so that they might not need to get their meals at soup kitchens.

From that colloquium came the seeds for Pantry Partners; Eileen Sweeny joined the staff at United Way to administer it. Sweeny facilitates connections between the kitchens and pantries and the mental health and other services.

"The other piece is increasing access to healthy foods," Sweeny said. With technical assistance including grant-writing, Sweeny helps get produce from growers to the plates of soup-kitchen clients.

Founded by Patrice Kelly, a Glen Ridge resident and Master Gardener, A Lot to Grow began in a lot opposite Mountainside Hospital. Everything was donated: soil, raised beds, seeds, plants, organic fertilizer, a watering system, and labor. That garden later spun off into four gardens, two of them in Montclair, where volunteers help raise organic cucumbers, tomatoes, green beans, green peppers, lettuce, and squash.

The recipients are Toni’s Kitchen, the Salvation Army Soup Kitchen, and the kitchen at the First Seventh-Day Adventist Church, all in Montclair, and the Rehoboth Food Pantry and Meal Center in Bloomfield.

In addition, smaller food programs at Immaculate Conception, St. Peter Claver, and Union Baptist churches also receive donations, Sweeny said.

Deanna London, longtime director of the Human Needs Food Pantry, doesn’t mince words about the vegetables from A Lot to Grow. "I love them! The food is gorgeous," London said.

“They’ve giving us the most beautiful cucumbers and tomatoes and basil.
Community partnerships produce fresh results for soup kitchens - NorthJ... http://www.northjersey.com/community/128009818_Green_thumbs__ha...
Local activists keeping seniors fed

THURSDAY, AUGUST 18, 2011  LAST UPDATED: THURSDAY AUGUST 18, 2011, 1:24 AM
BY MARC LIGHTDALE
STAFF WRITER
NORTHERN VALLEY SUBURBANITE

ENGLEWOOD — Three community activists came together to create a program that feeds seniors one night a week.

Claudette Lewis, a member of the First Seventh-Day Adventist Church in Teaneck, originated the idea of feeding seniors in need. Word got to Derek Boone, executive director of the Bergen County Relief Center, and Esther Hilliard, president of the Englewood Chapter of the NAACP.

Lewis cares a lot when it comes to helping senior citizens.

"One day of the week, the seniors need a break," she said.

They started offering one meal every other week for seniors in the area, but are now serving it up once every week.

"We’re hoping in the future to make it more meals per week," Lewis said.

Before any meals are served, Lewis, who works at Jersey City Medical Center as a patient care technician, said that a medical assessment is done. Blood pressure, diabetes, kidneys and other facets of the body are checked out in order to design a nutritionally-appropriate meal for the individual.

The meals are free, but donations are accepted. A group of women come together at Lewis’ church in Teaneck to prepare the meals for the seniors. The meals are delivered between 5:30 and 6:30 p.m. on Friday nights. Lewis said the people appreciate the weekly respite from having to cook.

"At the Maywood Senior Center, eight to ten people are waiting in the lobby because they are eager for this service," Lewis said. "You get what you are supposed to get. You get the carbohydrates and protein to keep you healthy."

Boone said that delivering meals in times of economic crisis could not be more vital.

"You don’t know what anybody is going through in their household," he said. "With the economy, and seniors on fixed income, that meal can be a sincere blessing. A good meal is being delivered."

Meanwhile, Hilliard, a 98-year-old Englewood resident and oldest member of her NAACP chapter, said that she is really supportive of this kind of program.

"There are so many seniors that can’t get a cooked meal," she said.

Boone explained that "spreading the word" is helpful and he hopes that the media and politicians see...
the results of this volunteering effort.

"This can really be big," he said. "I hope some local officials will respond to get involved."

Derek’s mother, Joan, said that her son has always "looked out for others," and that she was proud of his involvement.

"Ever since he’s been a little boy, he’s always tried to help someone, she said. "I’m so used to seeing him do this sort of thing."

Boone prepares meals for Thanksgiving and Christmas for those who do not have the resources to find a cooked meal. He’s helped to feed 300 seniors on Thanksgiving and also works to help those in need of meals for Christmas.

With her church and job, Lewis said she appreciates the need of the seniors to get meals delivered, especially during the tough economic times and sweltering summer.

"We are all living longer and need the extra meal to keep us healthy," Lewis said.

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Adventist Hinsdale Hospital’s pet therapy gets two paws up from pediatric patients

By Adventist Midwest Health Aug. 18 at 12:48 p.m.

Adventist Paulson Pediatric Rehabilitation patient Christopher Haines, 15, of Darien, with therapy dog Leila Mae, is one of the patients who benefits from pet therapy at the Hinsdale rehab center.

Hinsdale – No one can underestimate the influence a four-legged, best friend can have on a patient – especially a child. That’s why Adventist Hinsdale Hospital has partnered with the Hinsdale Humane Society to launch a program of canine assisted rehabilitation, also known as CARE, to incorporate the therapeutic role of animals as part of the clinical healthcare treatment process.

The CARE team visits carefully selected patients at the hospital’s outpatient Adventist Paulson Pediatric Rehabilitation facility, 222 E. Ogden Ave., Hinsdale. The goal of the program is to help patients achieve their physical rehabilitation goals, according to Deborah Kraus, pet therapy coordinator at Hinsdale Humane Society. Pet therapy helps children overcome fear of animals, further develop motor and coordination skills and improve their communication skills, among other benefits.

Karen Haines has seen those benefits firsthand. Her 15-year-old son, Christopher, underwent more than 10 sessions of pet therapy over the past several months. Diagnosed with cognitive disability, seizure disorder and developmental delays, Christopher has been coming to Adventist Paulson Pediatric Rehabilitation for therapy since age 1.

“After I was bitten by our neighbor’s dog, Christopher has been terrified of dogs and it got to the point where he wasn’t able to be in the same room as them,” said Haines, a Darien resident. “But after a few weeks in the CARE program, Christopher was able to slowly address dogs and in fact is now able to hold Leila Mae, his therapy dog. His progress and the success of this program are just remarkable and I couldn’t be happier.”

The CARE pet therapy teams help calm children who might be anxious about their therapy and provide interaction time which the children view as a reward for accomplishing certain tasks. The animals participate in therapist guided activities to enhance motor skill therapy and are involved as a non-judgmental companions during therapy sessions.

The therapy teams are registered with Delta Society, an international non-profit organization of pet owners, volunteers, therapists, educators, veterinarians and health professionals. The society trains and screens volunteers and their pets for participation in visiting animal programs in hospitals, nursing homes, rehabilitation centers and schools.

“Our patients and staff have gained so much by working with the pet therapy team,” said Carla Pister, manager of Adventist Paulson Pediatric Rehabilitation. “The animals have made a big difference in reducing patients’ anxiety – sometimes their presence alone can be comforting.”

Adventist Paulson Pediatric Rehabilitation patients include those diagnosed with cerebral palsy, developmental delays, autism spectrum disorders, speech disorders, feeding problems, fine motor/gross motor and speech delays, Down Syndrome and other diagnoses.

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Adventist Midwest Health includes Adventist Bolingbrook Hospital, Adventist GlenOaks Hospital, Adventist Hinsdale Hospital and Adventist La Grange Memorial Hospital. To find a physician, visit www.keepingyouwell.com.
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