ACS DR Responding to Earthquake and Hurricane Irene Aftermath

Widespread damage was incurred from both the earthquake and Hurricane Irene disasters in Va. Seventh-day Adventist institutions and members appear to have escaped major damage in the state. ACS DR (Adventist Community Services Disaster Response) is still assessing the devastation in the mid and north Atlantic states.

A mobile feeding unit has been set up in Goshen, Pa., and ACS DR is studying storage options at a central location for survivor assistance.

New Jersey ACS DR teams are distributing personal care kits and flood buckets.

In upstate New York there was more water and wind damage than in New York City, and a multi-agency warehouse for the state is under consideration.

North Carolina is still assessing, and is exploring the possibility of setting up a distribution center. Maryland needs are minimal.

No information is available yet from the greatly devastated New England states.

Please pray for all who have been affected by the earthquake and hurricane, as well as those helping survivors.

Your donations enable ACS DR operations to continue. Go to www.communityservices.org, call 1-800-381-7171, or mail a check or money order to: Adventist Community Services Disaster Response, 12501 Old Columbia Pike, Silver Spring, MD 20904.

ACS DR Responding to Earthquake and Hurricane Irene Aftermath

News Notes

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News Notes
The Adventists has attracted more than 40,000 "hits" on YouTube. It tells the story of Seventh-day Adventists and our commitment to medical advancement and a healthy lifestyle.

Add your "Like" to the over-8,000 "likes" on its Facebook page. Share your ideas about themes and topics and your experiences and reflections on the role of religion and health. Dobmeier, producer, plans to do a second film about the church's involvement in medical mission work. (Columbia Union Visitor News Bulletin, 8/24/11)

Message magazine is breaking into a wider market, with a publisher distribution agreement from Ingram Periodicals, Inc. of La Vergne, Tn. This major periodical distribution company provides publications to venues such as: Barnes and Nobles (internet retail included); Gander Mountain (sports outfitters); Hastings (a unique new and used book retailer); and Jo-Ann’s. Message is the oldest Christian outreach publication targeted to but not exclusively for African-Americans. Originally published under the title The Gospel Herald in 1898, Message has morphed in its 113 year existence. MORE

The following are positive stories that appeared this week in the news about Seventh-day Adventists in the North American Division territory.

Adventists in the News

Seventh-day Adventists, MWC begin dialogue
Mennonite Weekly Review
August 30

Wine Notes: Health care comes to vineyard workers through Salud mobile clinics
OregonLive.com
August 30

Aliana, 11, helps Haiti with her 'Project 1000 Give $20'
Royal Gazette
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Adventist Hinsdale Hospital employees leave their mark in new chapel
The Doings Weekly
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Parker hospital names new CEO
Denver Business Journal
August 25

- Adventist World NAD Edition
- September Offerings and Special Days
- Union Magazines and Websites
- Adventist Mission DVD and Quarterly

Upcoming Events
La Voz de la Esperanza in NYC, Aug. 31 - Sept. 3
Festival of the Laity, Sept. 7–10
Astonishing Discoveries in the Land of the Bible, Sept. 14–18
Let’s Move Day, Sept. 25
Nonprofit Leadership Certification Advanced - Sept. 25-29
Prophecies Decoded: Can the Past Reveal Your Future? Sept. 30–Oct. 29
Go Fish! Children’s Ministries Convention, Oct. 7-9
Jesus Loves Jeans, Oct. 8-15
NAD Summit on Abuse, Oct. 15-17
180 Symposium, Oct. 18-20
Society of Adventist Communicators Convention, Oct. 20–22
Special Needs Children's
More than 1500 attend Sabbath
Andrews Journal
August 24

SAU Freshmen Build Friendships, Rebuild Apison
WTVC
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Business briefs for Aug. 24
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Trying to lose weight? Fill your plate with fiber
Jackson Sun
August 24

Coquitlam Home Team provides renos
Coquitlam Now
August 23

Ministry Training, Nov. 11-13
Cruise With a Mission, Dec. 11-18
Adventist Ministries Convention, Jan. 15–18

2012:
Health Summit 2012, Jan. 27-Feb. 5
the One project, Feb. 13-14
Just Claim It 3, Mar. 7-10
Pathfinder Bible Experience, Apr. 21
La Red (Hispanic NET), Oct. 13-20

Adventist World NAD Edition
News: Helping Children Understand REACH North America, and more, pp. 11-13
Update: Join Us for the Journey, pp. 14-15
Perspective: A Day of Remembrance, p. 17
Feature: "His Voice to Alaska," pp. 36-38; Also in Spanish, p. 39

September Offerings and Special Days
September Focus:
Family Life

Helpful Websites:
Family Ministries
Men's Ministries

Special Days:
• September 3:
  Men's Day of Prayer
• September 4-10:
  Nurture Periodicals (Adventist Review, Insight, Guide, Primary Treasure, Little Friend)
• September 11-17:
  Family Togetherness Week
• September 18-24:
  Hispanic Heritage Week

Offerings:
The Pacific Union re-elected Recardo Graham as president in their 2011 Quinquennial Constituency Session Monday, Aug. 29. Also re-elected were executive secretary Bradford Newton, vice president Arnold Trujillo and treasurer Theodore Benson to office. In addition, Bobby Mitchell, Regional Ministries, and Jorge Soria, Hispanic Ministries, were re-elected. Newly elected was VicLouis Arreola as Asian/Pacific Ministries coordinator, replacing George Atiga, who retired. MORE

(Photo by Gerry Chudleigh. From left: Bobby Mitchell, Regional Ministries; Theodore Benson, treasurer; Ricardo Graham, president; VicLouis Arreola, Asian/Pacific Ministries; Bradford Newton, executive secretary; Jorge Soria, Hispanic Ministries; Arnold Trujillo, vice president.)

Rick Remmers was named president of Chesapeake Conference yesterday by the conference executive committee. He replaces Robert Vandeman, now executive secretary of the Columbia Union Conference. Remmers has been Chesapeake’s executive secretary since early 2010, where he was an active strategic planner for conference initiatives, camp meeting and human resources. He also directed prayer and health ministries and developed prayer ministries resources for the North American Division. He has spent more than 20 years in pastoral, evangelistic and administrative ministry in Ohio, Ill. and Md. MORE

Oakwood is offering “LEAP” (Leadership Education for the Adult Professional) tuition forgiveness for its adult degree completion program. LEAP applies to former students from 2005 and before who wish to finish their Oakwood degrees. To qualify, former Oakwood students must complete one of LEAP’s five adult degree completion programs and must keep their new LEAP tuition payments current. MORE

Scripture Detective Agency is a new series of meetings for children, designed to coordinate with the nightly topics of Prophecies Decoded NET 2011 series. The meetings to begin September 30, lead children to discover and understand specific scripture that supports Bible teachings that Adventists hold dear.

Well-run children’s meetings build attendance for adults meetings. “It is a fact,” says Ron Clouzet, speaker for NET 2011, “that if children
find their meetings exciting and fun, they will encourage their parents to take them night after night. Learning takes place for the entire family.”

To order the series and more NET resources, call NADEI today. 269-471-8303. Materials are ready to ship.

The Family Ministries Handbook is full of helpful advice on committees and planning, sample survey forms, teaching resources and program outlines. It offers practical suggestions on how family ministries can become an integral part of church life. It also includes ideas for reaching out to families in transition and families in crisis.

It will help leaders provide seminars for church and community members with programs on subjects such as marriage, divorce, parenting, and empty nest couples. Also included are important chapters on protecting children from abusive situations and church policies relating to family ministries. (English and Spanish) MORE

Join us on Let’s Move Day to reach 1 million miles of physical activity. Get a pedometer. Then register and keep a record of your number of steps and other physical activity each day. Your recorded activity will be added to the 1-million-mile goal for the North American Division.

Order Let’s Move Day shirts ($10).

Watch a video from NAD Health Ministries speaking about Adventists in Step for Life. Learn more about Let’s Move Day, September 25. Watch video

ViewPoints: Ted Wilson, GC president

“Things are changing rapidly. We don’t know what is going to happen tomorrow. We do know what Bible prophecy has predicted. We know that the Church will finish strong - maybe not in ways we have imagined - but in truth.” - Ted Wilson at NADOUP (North American Division Officers and Union Presidents Committee), August 4 in Sacramento, Ca.
8-30-11 Message Obtains Publisher Distribution Agreement

Goal to break open the urban market

August 23, 2011 - Message magazine has been presented with a publisher distribution agreement from Ingram Periodicals, Inc. of La Vergne, Tn. One of the nation's largest periodical distribution organizations, Ingram Periodicals provides publications of choice by point-of-sale, or bulk within such venues as: Barnes and Nobles (internet retail included); Gander Mountain (sport outfitters); Hastings (a unique new and used book retailer); and Jo-Ann’s.

Message magazine is the oldest Christian outreach publication targeted to, but not exclusively for African-Americans within the U.S. Originally published under the title The Gospel Herald in 1898, Message has morphed in its 113 year existence. Ever mindful of its purpose, it is instructional, informational, and inspirational to the end user. Since late 2007, the marketing department of Message in conjunction with the editor, Dr. Washington Johnson, has pursued a single focus of reaching the masses of our metropolitan centers more effectively. A constant objective, this mission has been coupled with persistent prayer.

During the last four years we have experienced expanded reach through three targeted 100,000 distribution events in Washington, DC ’09, Atlanta, Ga. ’10, and Orlando, Fl. ’11. All of these initiatives along with other high profile events, such as our international cruise that was a Spiritual Retreat in February 2011, gave the Holy Spirit the necessary elements for Ingram Periodicals to pursue distribution of our product. We did our part to raise the visibility of Message. God gave His blessing by sending Ingram Periodicals to our door.

What began as a casual contact to the marketing office of Message from Ingram Publishing, promises to break open the urban market for non-Christian and other Christian receivers to engage our publication. Dr. Johnson notes, “This is a day we never anticipated, but it shows God’s power to get the message out in these last hours of earth’s history.”

There are more exciting opportunities Message is exploring to reach the diverse population groups within metro societies. We encourage you to partner with us as a sponsor to your family, friends, and neighbors. Become a donor to our Prisoner Partnership program where we send Message to incarcerated individuals, and their families as we point them to the Hope of all ages–Jesus Christ.

By Samuel Thomas, Jr., Director of Marketing for Message magazine
Seventh-day Adventists, MWC begin dialogue

By Mennonite World Conference staff

SILVER SPRING, Md. — The General Conference of Seventh-day Adventists and Mennonite World Conference recently explored areas of common ground, both in history and theology.

Representatives of both groups held the first of several theological conversations June 28-July 1 at the world headquarters of the 17 million-member Seventh-day Adventist Church, where they exchanged ideas on “Living the Christian Life in Today’s World.”

After each group presented an overview of its history, papers were presented on peace, nonviolence and military service; discipleship and nonconformity; health, healing/salvation and ecology; and the nature and mission of the church.

Conversation co-chair Jack Suderman said recent SDA interest in investigating and recovering their Anabaptist affinities led them to seek these conversations.

Adventists and Anabaptists come from diverse historical backgrounds — Mennonites from the Anabaptist movement during the Reformation in the 16th century and Adventists from the Second Great Awakening in the U.S. in the 19th century.

They share a desire to recover the authenticity and passion of the New Testament church, a commitment to be nurtured by the Bible, a sense that obedience implies nonconformity, a similar understanding of Christian history, and a strong commitment to be followers of Jesus.

In its early days, the Adventist church stressed community, was pacifist, advocated adult baptism and encouraged discipleship to Jesus as Lord in ways similar to Anabaptism.

In a joint statement, SDA and MWC leaders said each shares “a desire to recover the authenticity and passion of the New Testament church, a similar understanding of Christian history, and a strong commitment to be followers of Jesus in their personal lives and in their corporate witness to the world.”

“By sitting down and talking with those of other faiths, we gain a deeper understanding of who they are,” said John Graz, SDA public affairs and religious liberty director and event coordinator.

MWC President Danisa Ndlovu expressed his thanks to the Adventist Church for hosting the conversation.

“When you see people from a distance you can’t say that you know them,” he said. “But it is different when you sit down with someone and exchange ideas — now we can say ‘We know you.’ ”

Three topics Adventists focus on more than Mennonites include the theology of Sabbath, a concern for healthy living based on a vegetarian framework, and the Second Coming of Christ. Adventists hold their Sabbath day of worship from Friday sundown to Saturday sundown.

The MWC delegation requested an opportunity to experience how Adventists keep the Sabbath, and they stayed an extra day to attend a Friday evening supper and a church service on Saturday.
MWC delegation members said they were interested to learn of the Adventist Church’s focus and commitment of resources to issues of healthful living and religious freedom. The Adventist Church incorporates health as part of its faith and operates the largest integrated network of Protestant hospitals worldwide.

The next conversation will take place next year in Switzerland.
On a sunny Wednesday morning in August at Knudsen Vineyard, Allen Holstein climbs up the steps of a white bus and offers his arm. The bus is parked on a patch of grass dotted with wildflowers in front of a stand of Douglas fir; behind it are neat rows of grapevines, each supporting a few tight bunches of tiny and still-green grapes.

Holstein is the vineyard manager for Argyle Winery, and he’s leading by example, showing his team of workers that it’s OK to get on this bus and have his blood pressure checked. Not that he had much trouble convincing them to come here. “My guys are happy to come in, particularly if it’s on paid time,” he says with a chuckle.

The bus, from Adventist Health, is actually a mobile clinic, set up to efficiently provide annual checkups to many patients in a short window of time. It’s here and at other sites throughout the Willamette Valley all summer long, thanks to Salud, a local winery-powered nonprofit that has been providing health care to migrant workers for the past two decades.

Outside on the grass, nurses measure the height, weight and body mass index of each laborer. Once on the bus, the patients receive blood pressure, diabetes and cholesterol screenings as well as tetanus shots -- essential for workers who often are exposed to rusty wires.

Jose Sanchéz, tall and affable, steps up to be measured and weighed. Originally from Jalisco, Mexico, Sanchéz now lives in McMinnville; he has been a vineyard worker for Argyle Winery for four years. He drives a tractor and sprays pesticides; today, he’s been tilling the earth between the rows of newly planted vines, turning over the soil to keep it soft.

Sanchéz has been attending these mobile health clinics three times annually since he started with Argyle: once for a health exam and twice for dental checkups. The great thing about Salud, he says in Spanish, is that, “Anyone can go -- they don’t ask to see your papers. They just want to be sure that you are healthy.”
There's an irony about a fine, expensive bottle of wine: In the United States, the fruit that made it was almost certainly nurtured and harvested by migrant laborers, many of them undocumented. These workers often sleep in tents, and their occupation can be backbreaking: Hours spent bent over, pruning or weeding, in the hot sun or pouring rain; carrying heavy buckets of grapes up and down steep hillsides at harvest time.

That said, the Oregon vineyard worker's lot is better than that of laborers in many comparable industries.

For example, food writer Barry Estabrook's new book, "Tomatoland: How Modern Industrial Agriculture Destroyed Our Most Alluring Fruit," exposes the shocking underbelly of the positively medieval Florida tomato industry: babies born deformed and workers sickened by chemical exposure, beatings and mistreatment, filthy living conditions, even modern-day slavery.

By comparison, the Willamette Valley wine industry is much more humane, and, through Salud, offers the only health care program of its kind in the U.S. In no other farming industry in this country, according to Salud organizers, do workers receive regular and comprehensive on-site, free medical assistance, no questions asked.

Of course, not every medical problem can be easily resolved. One 53-year-old laborer, short but solid, in jeans and a white shirt, his skin dark from the sun, sits on a portable treatment table that's set up on the grass as Melanie Sharp, a student in the physical therapy department at Pacific University, shows him some leg exercises. The laborer prefers not to share his name; Sharp later tells me that he fractured his knee eight years ago and never received medical attention for it. All this time, he has been performing demanding field work despite the painful injury.

"He's been in the program a long time," remarks Myriam Vazquez, a health educator with Tuality and Salud. "He always says, 'I'm fine.' We have to tell him to go and get treatment."

**Barriers to care**

As with so many agricultural industries, the Oregon wine-grape community can't provide health care to its laborers through normal channels because so many of the workers are seasonal; it's not clear how many are here legally and thus eligible for traditional health care coverage; and very few of them speak English.

And so, two decades ago, a group of winery owners and doctors got together to come up with a plan to provide health care to vineyard workers. Their program came together in 1991 when 18 Oregon wineries joined forces to plan an auction modeled on the Hospices de Beaune, the annual barrel sale in Burgundy that's said to be the oldest charity auction in the world.

The event kicks off every November on a Friday afternoon at Domaine Drouhin Oregon, where wineries offer barrel samples of their newest vintage of pinot noir, and participants bid on cases of special Salud cuvées. The next evening, a dinner and gala at Portland's Governor Hotel includes silent and live auctions for lots such as library wines and wine-travel experiences.

Because so many of the health services offered by Salud are donated, every dollar raised represents more than three
dollars in health care services provided to vineyard workers, according to Leda Garside, Salud clinical services manager at the Tuality Healthcare Foundation, which partners with Adventist to provide the medical services.

The benefit auctions have raised an average of close to $700,000 annually for the past four years. In addition, the International Pinot Noir Celebration, the Dundee Hills Winegrowers Association, Willamette Valley Wineries, McMenamins and individual wineries such as Winderlea and Raptor Ridge all run programs that benefit Salud.

Still, all this fundraising isn't enough to cover every vineyard worker in the state. The mobile clinic visits approximately 50 sites each summer season; at present, it only serves 40 percent of the vineyard workers in the Willamette Valley. But those who are able to use the services benefit hugely.

"Hypertension and diabetes are very common in the Latino community," Garside says. "People come to the U.S. and start making changes in their diet and lifestyles. We want to catch these issues early. We encourage them to keep walking, moving and continue eating those traditional foods, like beans and rice, fresh salsas, fresh fruits and vegetables -- all the things that they had in their home country. And to substitute oil for lard."

The goal is to get the workers eating healthfully, so as to avoid related health problems, such as diabetes or kidney failure, in the future.

In addition, Salud provides education and information for workers to take home to their families, connecting workers' wives with obstetric and gynecological services and their children with pediatric care. At today's clinic, participants are taught how to examine a breast for lumps and receive handouts on how to prevent their children from being exposed to pesticides.

When program participants are hospitalized, says Garside, "We help them through the entire process." For less serious medical issues, Salud connects patients with community health centers, such as the Virginia Garcia Memorial Health Center in McMinnville, for continuing care and low-cost prescription medications. "You have to close the circle," Garside explains. "You can't just say, 'Here are your test results, have a great day.'"

As the morning session draws to a close, 11 vine tenders in dirty boots and baseball caps gather in folding chairs to go over the results of their examinations. They listen attentively as health educators present quick, lively lessons in fluent Spanish on topics such as dental health, STD awareness and cancer detection. A special segment this year focuses on alcohol, tobacco and energy drinks. Yes, energy drinks: In a line of work where dehydration and heat stroke are real threats, an energy drink full of sugar and caffeine can wreak havoc on the body.

"It's a pretty comprehensive program," vineyard manager Allen Holstein reflects. "It started out as just tetanus vaccines, and now they're doing vision testing and dental care. I call it the 'Compassion Department.'"

Follow Oregon's wine scene with Katherine Cole on Twitter at twitter.com/kcoleuncorked and on YouTube at youtube.com/kcoleuncorked.

E-mail her at katherine@katherinecole.com.
Aliana, 11, helps Haiti with her ‘Project 1,000 Give $20’

By Jonathan Bell

When 11-year-old Aliana King set out to raise $20,000 for charity, she had no idea what she was getting herself into. “I was pretty nervous,” admitted Aliana, of the night in April when she first took to the stage in front of her church congregation.

Aliana had learned of local charity worker Phillip Rego through the Warwick Seventh-day Adventist Church, and she had decided to pledge her support to his efforts. Mr Rego’s charity Feed My Lambs operates a school, orphanage and clinic in Haiti.

The group urgently needed $20,000 for a new orphanage to house Haitian children left parentless by the devastating earthquake of January 2010.

“When someone cries, I cry too,” Aliana explained. “I always wanted to go and help, but when the chance came, Phillip said what he really needed was money.”

A surge of international aid followed Haiti’s earthquake, but donations have flagged since. Determined to help, Aliana created a short clip on her home computer, and brought it onstage. The audience that night was the first of many she would share her presentation with.

“I didn’t think I would get that much money,” she said. “But we got nearly $1,000 that night, and we knew it would work.”

Phillip said what he really needed was money.”

Aliana’s determination to assist the charity began when she was asked to complete three hours’ community service as part of her school work, her mother Eileen explained.

“Phillip needed this money, and we sat down and tried to figure out what we could do.”

With father David King and older sister Tatiana, 13, the family came up with ‘Project 1,000 Give $20’. Aliana then began a series of presentations throughout the Adventist community in Bermuda. She has raised $13,300 to date.

“One person can’t do all the work on their own. But if everybody comes together, there are more than enough of us to make it work,” said the seventh grade Bermuda Institute student.

The hours of work have gone far beyond anything required of school. Aliana now wants to focus on securing corporate donations.

“It’s been really fun going out there and doing this work,” she said. “When I get to $20,000, I want to go on and find another project. If I can, I want to continue and keep helping with Haiti.”

Her dream is to travel to the Caribbean island and meet others her age and to witness first-hand the work Mr Rego is doing there.

Feed My Lambs plans to have its new orphanage finished in about a month’s time. At that point it will have spent more than $110,000 on its various projects over the past year, making Aliana’s donation vital.

Aliana was invited to the Bethel Haitian Seventh-day Adventist Church in Orlando while visiting her grandparents in Florida last weekend.

“When the pastor heard about Aliana, he said that she had to come and give her talk,” Mrs King said. The family hadn’t expected to find themselves in front of a congregation speaking Haitian Creole.

“When I started to talk, they were surprised,” Aliana said. “I think they thought it would be just a kid’s presentation. But when everyone clapped, I felt so proud, and when the video played, there wasn’t a dry eye in the church. It made me cry too. I could hardly talk when I went up.

“I met a girl whose dad had died in the earthquake, and another who had moved to Florida because her house had fallen down.”

With $6,700 to go, Aliana plans to “regroup” and look for other donors around Bermuda.
Outside of fundraising, she enjoys “every subject” in school maths and science in particular and enjoys knitting and braiding.
“I like anything I can get my hands on,” she said.
Adventist Hinsdale Hospital employees leave their mark in new chapel

By Chuck Fieldman
cfieldman@pioneerlocal.com

Last Modified: Aug 30, 2011 01:18PM

Hard hats and markers were items of the day Aug. 25 for about 150 Adventist Hinsdale Hospital employees who decided to take advantage of an opportunity to leave their mark under what will be the floor and walls of a chapel inside the new patient pavilion under construction.

Hospital employees were invited to stop by the area to write a Scripture verse on the floor, which will be covered by carpeting, or on the wall, which will be covered by drywall. While the scripture verses won’t be visible once covered over, they will remain.

“We’re building on the foundation of God’s work,” said Tricia Treft, manager of pastoral care at the hospital. “We asked people to write their verses on paper, which we will make into a scrapbook and keep in the chapel, and then copy the verses onto the wall or floor with a marker.”

The idea to allow employees to write Scripture verses on the floor and wall of the new chapel came out of requests to leave signatures in a different place.

“We were putting up the last of the steel, and people wanted to sign it,” said Jim Today, administrative director of facilities/patient experience at the hospital. “God’s word is eternal. We wanted to give people who aren’t involved in the actual construction a chance to participate and be a part of this.”

And many employees were pleased to have that opportunity.

“This is a special moment,” said Toni Eiden, who works in physician relations at the hospital. “It’s a way to leave your mark on something you feel very strongly about. I can come back here in the future and know that I had a part in it, even though it’s all covered up.”

Brandon Hargrett, information services director, said writing a Scripture verse on the wall was a way for him to put his blessing in a historic building.

“It’s a great way to be a part of something new and monumental,” he said.

Darlene Broderick, who works for the Hinsdale Hospital Foundation, said she thought allowing employees to write Scripture verses on the walls and floor of an area that will be a new chapel was a great idea.

“It’s something very different and a way to be a part of history,” she said. “We had some donors who submitted verses for us to write, and we did some of our own, too.”

Today said the new patient pavilion is scheduled to open at the end of March 2012.
Parker hospital names new CEO

Denver Business Journal

Date: Thursday, August 25, 2011, 1:37pm MDT - Last Modified: Thursday, August 25, 2011, 1:46pm MDT

Related:

Health Care

Parker Adventist Hospital on Thursday announced Morre Dean has been named president and CEO.

Dean succeeds Terry Forde, who was promoted last month to become executive vice president and chief operating officer of Adventist HealthCare in Rockville, Md. Forde had been in charge of the 134-bed Parker hospital since March 2007.

Dean previously held executive positions at the Porter, Littleton and Avista hospitals from 1994 to 1999. Those are all part of the Adventist system. Dean spent the past five years as president and CEO of Glendale Adventist Hospital, a 457-bed facility in Los Angeles.

A CPA, Dean also has an MBA from the University of Central Florida.
Don Yancheson/ Contributing Photographer

Kenneth Cox, founder of Kenneth Cox Ministries, delivers an address to the crowd of more than 1,500 faithful during the Sabbath Celebration, a hometown convocation, on Aug. 13 at Bear Ridge Mall in Andrews.

By Lizz Harold
lharold@myandrewsjournal.com | Wednesday, August 24, 2011 9:07 PM CDT

The Sabbath Celebration on Aug. 13 drew in a crowd of more than 1,500 people to Bear Ridge Mall in Andrews and touched countless more while the event was streamed live in 42 countries.

Churches from Georgia, North Carolina and Tennessee sent parishioners to hear from touchstones of the Seventh-day Adventist Church community, and learn of the biblical Sabbath and end-of-times prophecies.

Ted Wilson, general conference president of the worldwide Adventist church, was the keynote speaker during the day long program. He leads more than 17 million faithful from the Protestant denomination and was joined by other Adventist leaders, such as Kenneth Cox of Kenneth Cox Ministries, Dr. Michael Hasel of Southern Adventist University in Collegedale, Tenn., and author Ed Reid.

David Gates, founder of Gospel Ministry International, gave an account of his mission work abroad. The program also was spotlighted by performances by the Covenant of Praise, a men's chorus group of 23 members, from Collegedale, Tenn.

“Sabbath Celebration was a tremendous success in many ways. It went far beyond our original plans and expectations. The Holy Spirit guided us each step of the way, and we witnessed miracle after miracle. Although the event is past, we’re still amazed at what the Lord did in sending the message of the biblical Sabbath around the plant,” said Don Yancheson, event organizer and pastor of the Andrews and Murphy Seventh-day Adventist churches.

The Andrews Broadband Network and Arrowhead Network Solutions provided the equipment to stream the event live over the Internet. A live feed was viewed, and the video was re-broadcast to the Philippines and southeast Asia.

CDs and DVDs of the event are being edited and will be available soon. For details on how to order a copy, visit www.sabbathcelebration.com.
Hundreds of freshmen at Southern Adventist University are got to work Wednesday. They aren't hitting the books in classrooms. Instead, they're getting their hands dirty helping tornado victims in Apison.

It's the start of another year for students at Southern Adventist University. Before freshmen start studying, they're stacking.. wood, that is.

Nearly 600 freshmen dressed in yellow dotted the Apison hillsides. They're organizing piles of wood from trees that were taken down by April's tornadoes.

"Tomorrow will be the first day of classes, we've all been at orientation and such, but we're out doing community service this Wednesday. We're trying to move all the log pile to one end to the other so we can come back and unload more," said Cassie Cookenmaster, an incoming freshman at SAU.

SAU requires incoming students to do some kind of community work.

Sophomore Jordan Vallieres remembers the tornadoes hitting on the last day of class. He says it's ironic seeing trees that did so much damage in the spring will now be doing so much good in the winter. "It's kind of like you take what happened and turn it into something good in a way. It's nice how we can use what happened and help the families out that got hit," said Vallieres.

The day of service is also a great way to make friends before the school year starts. "You can hear some people are starting to sing, and it's getting to know other people and starting relationships and stuff, so it's also a good ice breaker as well," added Cookenmaster.

Volunteers are calling for people with pick-up trucks to help move the wood piles. If you would like to volunteer your vehicle, you can simply show up at the intersection of Apison Pike and Clonts Road.
Business briefs for Aug. 24
The Gresham Outlook, Aug 24, 2011

Gresham chamber calendar

• Connect with Success AM Meeting from 7 to 9 a.m. Friday, Aug. 25, Center for the Arts Plaza, Northeast Hood Avenue and Kelly Street.

Medical center earns award

The American College of Cardiology Foundation’s National Cardiovascular Data Action Registry recently presented Portland’s Adventist Medical Center with the Get with the Guidelines Gold Performance Achievement Award.

It recognizes the medical center’s commitment and success in implementing higher standards of care for heart attack patients. The award also acknowledges staff efforts to consistently treat heart attack patients by utilizing the most current, science-based guidelines.

Adventist Medical Center is one of only two accredited chest pain centers in Oregon.

For more information on Adventist Medical Center, visit adventisthealthnw.com
Trying to lose weight? Fill your plate with fiber

By Ellen Kimbro
features@jacksonsun.com

Susan Harboldt of Jackson considers it a mission to help others develop the kind of eating habits that foster a healthy weight and ward off disease.

Harboldt will facilitate a four-week course next month in Jackson on the Full Plate Diet weight control program. The course will be held two days a week in the evenings at Hines Elementary School cafeteria, adjacent to the Seventh-Day Adventist Church on Campbell Street.

More information about the program, sponsored by the Lifestyle Center of America, can be found at fullplatediet.org. The concept behind the New York Times best-selling book that has sparked a weight-loss movement nationwide is that "most of us need to eat more (three to four times more) natural, fiber-rich foods," the website states. "When we do, we'll eat fewer calories than we burn, and we'll lose weight."

Those who visit the site also can view or download the book for free.

"I do this as a community service; I just think that this is something that needs to be done ... It's very gratifying to me to see people get into a healthy lifestyle," Harboldt said. "Lifestyle, exercise and diet can do absolute wonders for people's health. If people realized how simple it could be to get healthy, I think they would do it."

Harboldt mentioned Hippocrates' advice, "Let diet be your medicine."

"The fact is that there is hardly any heart disease or Type 2 diabetes in Third World countries where the Western diet has not yet affected them," she said. "These are diseases related to lifestyle. People think 'Oh, well, we just have the genes; a lot of people have some genetic disposition to something, but frequently it is lifestyle that turns these things on."

This is where eating a fiber-rich diet comes in, Harboldt said, and most people aren't aware of the many benefits of eating foods with fiber.

"Fiber slows digestion, so it helps us to have a much more even distribution of blood sugar," she said. "So you're not wearing out your pancreas."

The other major benefit is that eating more fiber with meals means greatly decreasing caloric intake.

"What happens when you eat a lot of naturally high-fiber foods is that they are going to be less calorically dense, so they will have a higher water content and will help give you satisfaction with fewer calories," she said.

Harboldt got interested in sharing about the lifestyle program with others after learning about materials produced by the Lifestyle Center of America, where doctors had developed a residential program to help those with Type 2 diabetes manage the disease with lifestyle changes that included diet.

"Doctors found they were having tremendous success with patients while they were there, but to get them to do it at home was challenging, so they shifted their focus to something that people could do at home that would have a lasting impact," Harboldt said. "Then they expanded it beyond diabetes (patients) to anyone who needs to lose weight."
Harboldt believes the program is exactly what Americans need to reach a healthy weight and then maintain it.

Statistics show that seven out of 10 people in the United States are overweight, she said, adding that Tennessee ranks fourth in the nation for its obesity rate.

"One thing about this program is that it will give you the tools you need to start losing weight. ... and another thing I like so much about this program is that there is a lot of group support, and people go at different paces," Harboldt said. "I had one man from Lexington in a class who made unbelievable progress. ...

"His dietary habits had been so wrong for him previously that when he made these changes, the results were so dramatic that it was hard to believe. He was a cardiac patient who had had three stints put in, and crossing a room was difficult for him. In three and a half weeks, he had lost 22 pounds."

By the end of the course, the participant was walking five miles a day, she said, "and he just felt like a new person. Now, if somebody already has a super diet, they won't experience as dramatic a result. I am not talking about taking a lot of fiber supplements and eating cardboard; what you need is foods that have fiber in them naturally, because those foods have a higher water content."

That intake includes eating a lot of legumes, Harboldt said.

"Beans and legumes are the king of fiber; legumes include black-eyed peas, beans, peas, garbanzo beans and lentils. And we really encourage you to use vegetables and fruits as well," she said. "This program is not vegetarian, per se, but people will tend to minimize eating meat, in a way.

"And some people who don't need to lose weight do this to help normalize and improve their numbers, such as blood pressure, cholesterol, blood sugar and CRP, which is a measurement of inflammation."

Harboldt enjoys sharing testimonials of some who have taken the Full Plate Diet course in Jackson.

One person who completed the course mentioned that she likes the program because it is simple and changes are gradual. She also saw her blood pressure and cholesterol levels improve, Harboldt said.

Another person said she now reads labels when buying food, and one couple mentioned that after sampling foods prepared by Harboldt, they wanted to eat differently.

Harboldt shares a high-fiber recipe for kale salad, along with other recipes she recommends from the "Naturally Gourmet Cookbook" by Karen Houghton.

Harboldt will facilitate the same class twice each night and will host cooking demonstrations between those classes that will include high-fiber recipes from the cookbook. More information can be found at naturallygourmet.com.

"The kale salad, it's really delicious. I got this over the phone from my daughter," she said. "I'm at a friend's house right now, and we're going to have this tomorrow."

*Recipe by Susan Harboldt of Jackson, courtesy of the "30-Day Diabetes Miracle Diet Cookbook"*

- 3 cups raw kale, thinly chopped
- 3/4 cup sliced radishes
- 1/4 cup diced red pepper
- 1 Roma tomato, chopped
- 2 medium green onions
- 2 1/2 T. sunflower seeds

For the dressing:

- 2 1/2 T. fresh lemon juice
• 2 T. light soy sauce
• 1/2 t. onion powder
• 1/4 t. garlic powder
• 2 1/2 T. water
• 1 1/2 t. olive oil

Yield: 5 one-cup servings.

Cook's note: I would keep it in the dressing for a couple of hours before serving it. I think it helps take the bitterness out of the kale. Put the sunflower seeds in last so they don’t get soggy.

Recipe by Susan Harboldt, Jackson

A frozen banana is added to pineapple juice (used as a base). Add strawberries or blueberries and a small amount of soy milk.

Cook's note: I like to have at least one thing frozen, either the berries or the banana. Sometimes I have both of them frozen. Another thing I like to do is to sometimes put in a peeled, frozen kiwi. Those really add a nice flavor to it. Sometimes I'll use grape juice when I use blueberries. Pineapple juice makes a wonderful base.

Recipe courtesy of Naturallygourmet.com

• 1 banana, frozen in chunks
• 1/2 cup frozen strawberries
• 1/2 cup frozen blueberries
• 1/2 cup frozen raspberries
• 1 to 1 1/2 cups soymilk
• 1 T. pure maple syrup (optional)

Blend all ingredients in blender. Yield: 3 servings.

Calories: 120. Fiber content: 5 grams.

Cook's note: Harboldt also recommends using honey if pure maple syrup is hard to find.

Recipe courtesy of Naturallygourmet.com

• 1 cup red lentils
• 4 cups water
• 1/2 to 1 t. salt
• 1 parsnip, diced
• 1 14-ounce can petite diced tomatoes
• 1/4 cup fresh cilantro, chopped
• 1 to 2 T. olive oil
• 1 carrot, diced
• 1/2 cup onion, chopped
2 to 3 cloves garlic, minced
1 T. lemon juice
1 vegetable bouillon cube
1/2 to 1 t. Mrs. Dash Southwest Chipotle seasoning blend

Rinse the lentils in cold water. Drain and place in a kettle with 4 cups water and the bouillon cube. Bring to a boil and cook for about half an hour or until tender. Sauté the carrots, parsnip, garlic and onion until tender. Add the diced tomatoes and Mrs. Dash seasoning. Add the vegetables and seasonings to the soup and cook a little longer. Remove kettle from the stove and add the lemon juice and chopped cilantro. Yield: 3 to 4 servings.


Cook’s note: Harboldt said, “This one is just great. When I’ve made this one, people have asked for the recipe.” Find the red lentils at the Whole Foods store in Memphis or in Green Hills (in Nashville) or at health food stores.

Recipe courtesy of Naturallygourmet.com

1 bag mixed salad greens (or 3 to 4 cups)
1 can black beans, drained and rinsed
2 tomatoes, chopped
1 red bell pepper, chopped
2 cups frozen corn, thawed or fresh kernels
1 avocado, chopped
1/4 cup cilantro, chopped

Layer ingredients in the order listed. Top with salsa or drizzle ranch dressing on top.

Hint: You can also add sliced olives to this.

Coquitlam Home Team provides renos

COQUITLAM NOW  AUGUST 23, 2011

COQUITLAM — The Home Team is preparing to launch its ninth home makeover project to help a family in need.

Based out of the Cornerstone Seventh Day Adventist Church in Coquitlam, the Home Team is a non-profit community outreach program that aims to improve the lives of people in the Tri-Cities and beyond.

Next month, the team will send the Kuris family of Maple Ridge on a surprise vacation.

Shelly and Sam Kuris had been planning a spring trip for their family to take a break from their ongoing home renovation project. After the couple purchased their home in 2005, they discovered many problems that needed to be fixed. Sam took on extra work to help pay for the mounting costs of home repairs.

However, tragedy struck on Jan. 22, 2011, when Sam was killed in a forklift accident at work. Shelly was left alone to care for their three children: 12-year-old Jack, seven-year-old Silver and five-year-old Liam.

From Sept. 16 to 25, the Home Team will send the Kuris family on a surprise trip while volunteers overhaul their home. Major repairs will be tackled, along with a complete kitchen renovation and exterior makeover.

Currently, the kitchen wiring is inadequate and the oven cannot be used. The cupboards are falling apart and the dining room is unfinished. The chimney is filled with insulation and has no proper chimney cap. The home has interior and exterior mould. Flashing and gutters need to be replaced, as well as the front door and deck. In addition, the driveway is cracked in several places.

Most improvements will be made possible by local businesses, volunteer labourers and contractors who will donate time and materials. Some of the contributing businesses include WestJet, Euro-Rite Cabinets, Penfolds Roofing, Ames Tile and Weatherguard Gutters Inc.

For more information about the Home Team, visit www.coquitlamsda.com/hometeam.

twitter.com/jennifermcfee

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8-31-11 Pacific Union Constituency Re-Elects Officers

Ricardo Graham re-elected as president

In its 2011 Quinquennial Constituency Session on Monday, Aug. 29, 2011, the Pacific Union constituency re-elected Ricardo Graham as president. Graham was first elected president by the Pacific Union Executive Committee in 2008.

“Our priorities during the next five years will be Reaching Up — that’s revival and reformation,” says Graham, “and Reaching Out — community outreach and evangelism.”

The constituency session, chaired by North American Division president Dan Jackson, also returned executive secretary Bradford Newton, vice president Arnold Trujillo and treasurer Theodore Benson to office. Two ethnic ministry coordinators were also reelected; Bobby Mitchell, Regional Ministries, and Jorge Soria, Hispanic Ministries. Delegates elected VicLouis Arreola as Asian/Pacific Ministries coordinator, replacing George Atiga, who retired.

“Prayer and effort, effort and prayer,” says Graham. “Ellen White says all God’s power is there for us, just a whisper away. That’s our plan of action.”

(Photo by Gerry Chudleigh. From left: Bobby Mitchell, Regional Ministries; Theodore Benson, treasurer; Ricardo Graham, president; VicLouis Arreola, Asian/Pacific Ministries; Bradford Newton, executive secretary; Jorge Soria, Hispanic Ministries; Arnold Trujillo, vice president.)
Rick Remmers Named President of Chesapeake Conference

After more than 20 years in pastoral, evangelistic and administrative ministry

August 30 - The Chesapeake Conference Executive Committee elected Rick Remmers, DMin, conference president today. He replaces Robert T. Vandeman who recently accepted a call to serve as executive secretary of the Columbia Union Conference.

“Rick is well qualified to lead the Chesapeake Conference, having served admirably as secretary in two conferences,” said Dave Weigley, Columbia Union Conference president. “He has a grasp of administration and has the respect of many of his constituents. We at the Columbia Union are very pleased.”

Remmers has been the Chesapeake Conference executive secretary since early 2010. In his role he is an active strategic planner for conference initiatives, camp meeting and human resources. He also directs the prayer and health ministries of the conference, frequently leading prayer-focused meetings and workshops. He developed prayer ministries resources for the North American Division.

A graduate of Andrews University in Berrien Springs, Michigan, and an ordained minister, Remmers has spent more than 20 years in pastoral, evangelistic and administrative ministry in Ohio, Illinois and Maryland. He was the senior pastor of the Atholton church in Columbia, Maryland, the Hagerstown church in western Maryland, and conference secretary and ministerial director for the Illinois Conference.

“I’m thankful for the opportunity to serve the Lord and His church in this way,” said Remmers following the meeting. “Working with our pastors, teachers and members, I hope we can build on the strong foundation that has already been laid and expand our outreach to impact even more people for the kingdom of God. As we get ever closer to Christ’s return, we need to have a vision for how God calls us to reach all ages, cultures and peoples with the Everlasting Gospel.”

Remmers is married to Shayne (Bromme) Remmers, a nurse specializing in cardiac care. The couple has two children, Andrew and Kari.

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8-30-11 Oakwood Offers "LEAP" Tuition Forgiveness to Former Non-grads

Applying Biblical Directives

HUNTSVILLE, AL – Through its LEAP (Leadership Education for the Adult Professional) adult degree completion program, Oakwood University now offers “tuition forgiveness” to former students from 2005 and before who wish to finish their Oakwood degrees.

Citing the Bible’s Deuteronomy 15:1 (NIV) directive, “At the end of every seven years, you must cancel debts,” LEAP Director, Dr. Rachel Williams-Smith explains that the offering is as easy as the Bible mandates: “Oakwood students who left the College owing a tuition bill from 2005 and before, now have the opportunity to return (through our blended online programs) and achieve both of their dreams: finally, their Oakwood degree and the forgiveness of their old college bill”

In order to receive tuition amnesty, former Oakwood students must:
1. enroll in and complete one of LEAP’s five adult degree completion programs; and
2. keep their new LEAP tuition payments current.

When the graduation requirements are completed, former students will be awarded their Oakwood degrees in either Organizational Management (Business), Psychology, General Studies, Church Leadership or Information Technology.

“And at the same time, the former Oakwood College debt will be erased,” Dr. Williams-Smith stated, adding, “What many don’t realize is that our LEAP adult degree completion program not only costs less than half of our traditional college, but LEAP’s costs are also in line with – or, often less than – what most public universities charge.”

For more information about LEAP, visit www.OakwoodLEAP.com, or call 256-726-7098.