Walk in their Shoes

Travel through the high desert landscape of north-central Arizona and you'll come to the town of Page, which is two and a half hours from Flagstaff and the closest Seventh-day Adventist church. Head south and you'll enter Navajo nation land. This is the reservation of the largest Native American tribe. There is no Seventh-day Adventist Church in Page - at least not yet. But one family has been hoping and praying for a church there.

"Well, our Native American peoples, to begin with, originally occupied the land. The rest of us are really immigrants," says Dan Jackson, president, Seventh-day Adventist Church in North America. "And yet our First Nations or Aboriginal peoples are among the most underserved populations in our ministry outreach in North America."

This quarter, 25% of the mission offerings collected on Thirteenth Sabbath will help projects in North America, including Native and immigrant ministries. "Nihiká aniyyeed." ("Help us" in Navaho). Be sure your church receives and uses the Adventist Mission Quarterly and DVD. Show the video story for October, "Walk in their Shoes." It tells of the mission outreach needs right here in North America.

Every week the current Adventist Mission Quarterly and DVD are linked in NewsPoints in the right hand sidebar. Watch, order podcast, or download the Adventist Mission DVD.

To learn more about Native Ministries in North America, go to www.nadadventist.org/article.php?id=470.
Radio of Hope KROH 91.1FM, has joined KACS 90.5FM as a second Adventist radio station in western Washington, with hopes to expand and converge in Seattle in the near future. Glenn Gately, a fisheries biologist from Port Townsend, Wa. and “not a radio person,” heard about the Federal Communication Commission’s (FCC) one-week window opened in 2007 for filing applications for a noncommercial broadcast license, and since then “a lot of things happened providentially,” said Gately. MORE (Photo by Heidi Martella)

The Longest Table, an annual Walla Walla University (WWU) event, attracted more than 2,000 students, University Church members and area residents this year. All ate at 176 tables placed down the center of a 5-block long stretch of College Avenue which runs through the WWU campus. The event provides an opportunity for WWU church members to interact with the students as they begin their new school year.

Think of the welcome table in heaven, and then look at the photos and the rest of the story.

WWU placed in the top tier of the U.S. News and World Report 2012 Best Colleges report, ranking 39th out of 118 schools in the “Regional Universities - West” category. In addition, WWU was listed as having a top social work program. MORE

Eighty-six locations are individually presenting “Unlocking Revelation” prophecy seminars in western Washington. Speakers of all ages and backgrounds are starting at all sites on the same date (Sept. 30). The Washington Conference arranged for 1 million handbills with customized information for each community. Each site has a slightly different format and/or frequency. (NewsPoints incorrectly gave the impression last week that “Unlocking Revelation” was a series by Shawn Boonstra. He did not lead out in the series but was actually scheduled to present a prayer rally.)

One of the first reports to come in was from the new Lynnwood Seventh-day Adventist Group which had 77 people (including 57 community guests) attend opening night at their rented facility. “The hotel allowed us to get chairs from their breakfast nook to try to give everyone a place to sit,” said Cody Francis, the church leader presenting the prophecy seminar in his community.

More: English, Spanish, Russian

The following are positive stories that appeared this week in the news

Adventists in the News

2012:

Upcoming Events

Prophecies Decoded: Can the Past Reveal Your Future?
Sept. 30–Oct. 29

Go Fish! Children’s Ministries Convention, Oct. 7-9

Jesus Loves Jeans, Oct. 8-15


NAD Summit on Abuse, Oct. 15-17

180 Symposium, Oct. 18-20

Society of Adventist Communicators Convention, Oct. 20–22

Special Needs Children’s Ministry Training, Nov. 11-13

Cruise With a Mission, Dec. 11-18

Adventist Ministries Convention, Jan. 15–18
Adventists in the News

Birthpangs have started
*Mason City Globe Gazette*
October 4

Angel Food impacts
*Tbo.com*
October 4

Full-scale model of ancient Hebrew tabernacle coming to Little Rock
*Today's THV*
October 4

Memphis Hospital Teams Up With Churches To Deliver Health Care Services
*Gant Daily*
October 4

Ahead of the curve
*Times Record*
October 3

Legumes and Brown Rice Fight Colon Cancer, Research Suggests
*EmpowHer*
October 3

Warren library sold to Adventist church
*Press Herald*
September 28

Dr. Peter Weiss Named President Of Florida Hospital Healthcare System
*Space Coast Medicine and Healthy Living*
September 28

Avista, Exempla make women’s list
*Boulder County Business Report*
September 28

Denver Celebrates the June Cover With a Reception
*MD News*
September 28

Private school enrollment on the rise in Lodi
*Lodi News-Sentinel*
September 28

Golden Apple Winner: Mark Sargeant Teaches Through Encouragement
*WDEF News 12*
September 28

Health Summit 2012, Jan. 27-Feb. 5
the One project, Feb. 13-14
Just Claim It 3, Mar. 7-10
Pathfinder Bible Experience, Apr. 21
La Red (Hispanic NET), Oct. 13-20

Adventist World
NAD Edition

News: REACH North America - A collaborative strategy for the church at every level, pp. 11-14
Perspective: Living Up to Our Potential, p. 17
Feature: "Our Praying Pioneers," pp. 36-37
Adventist Service: Walking in their Shoes, pp. 38-39
NAD Letters: p. 45

October Offerings and Special Days

October Focus: Adventist Heritage

Helpful Websites:
Adventist Heritage
Adventist Heritage Magazine Collection
Archives and Statistics, GC
Biblical Research Institute
Center for Adventist Research, Andrews Univ.
Ellen G. White Estate Official Web Site
La Sierra Library Heritage Room

Special Days:
The One Project started in Atlanta, Ga., in February, 2010, as a personal journey for seven Adventist ministers from North America and Europe. Articulating and applying a “Jesus. All.” philosophy so transformed them that they had to ask, “What if we gathered leaders from all over the world and focused on what the supremacy of Jesus means for us?” Since then, it has expanded its reach worldwide with the goal to to become a global movement in reshaping peoples’ lives and ministries.

The One Project will hold a gathering in Seattle, Wa., February 14-15. Next month’s gathering in Helsinki is sold out. Plans are being laid for a gathering in Australia in 2012. MORE

Learn more about the One project, reactions, future gatherings through the One Project - Jesus. All. newsletter

Arizona Conference re-elected their three officers this past Sunday at the 29th regular session: Tony Anobile, president; Ed Keyes, executive secretary (and ministerial/evangelism director); and Robert Hastings, treasurer. Delegates also approved holding future constituency sessions every five years instead of every four years. MORE (Photo: From left, Robert Hastings, treasurer; Tony Anobile, president; Ed Keyes, executive secretary.)

The Breath of Life (BOL) Christmas Special on NBC invites all to pray for, and to attend the live recording of the BOL Christmas Special entitled, “The Present: Unwrapping the Gift of Christmas,” on Saturday evening, October 15, at 7:00 PM, at the Berean Seventh-day Adventist Church in Atlanta, Ga.

This special NBC broadcast will be shown on Christmas Eve, December 24. It will feature the preaching ministry of Dr. Carlton P.
Byrd, BOL Speaker/Director (pictured); the Music Ministry of the Grammy award-winning-group, Take Six; Jennifer LaMountain; Jaime Jorge; and the Greater Atlanta Adventist Academy Concert Choir.

Check local listings for broadcast times. For more information, please visit [www.breathoflife.tv](http://www.breathoflife.tv) or call (404) 799-7288.

Memorial Services for Dr. Virginia-Gene Rittenhouse, professor and director of the New England Youth Ensemble (NEYE) at Washington Adventist University, will be held Friday, October 14 at 7:30 p.m., at the Atlantic Union College Seventh-day Adventist Church, 337 Main Street, South Lancaster, MA 01561; and Sabbath, October 22, at 4 p.m., at the Spencerville Seventh-day Adventist Church, 16325 New Hampshire Ave., Silver Spring, MD 20905.

In last week’s NewsPoints we incorrectly stated that Adventists and about 50 other faith and community organizations participated in “Let’s Move Day.” While that is true of the “Let’s Move!” initiative, the Let’s Move Day was initiated specifically by the North American Division Health Ministries Department.

More than 900 people attended opening night (Sept. 30) of “Prophecies Decoded” at the Madison Campus Church in Nashville, Tenn. Attendance remained constant the following night with at least 350 non-member guests.

There was an amazing response from Internet, website, Hope Channel and DirectTV viewers. Questions and requests for handouts and Bibles flooded in via the website. Customer service representatives at Adventist Information Ministry, the call center of the North American Division, responded to a wide range of questions from broadcast times, to Bible questions, to requests for prayer and spiritual guidance. A large number of the questions came from people who know very little about us.

The Internet is playing a larger role in evangelism than ever before. It is our challenge to meet the needs of people who may not be in church, but are watching online.

More than 640 churches and homes throughout the North American Division are hosting the event. Host sites are encouraged to send reports to reports@propheciesdecoded.com. Ron Clouzet will personally answer questions sent to questions@propheciesdecoded.com.
Network with the North American Division on Flickr (photos), YouTube (videos), Twitter (updates), Vimeo (videos) and Facebook (news, updates, questions). Links are now included at the bottom of every NewsPoints.

NAD’s October Offerings and Special Days Calendar is now posted in the sidebar to the right. Helpful websites and resources are listed under “October” on the Calendar of Special Days page on the North American Division website. These are provided to make it easier for churches to follow the Calendar of Special Days, and to provide well-rounded coverage of all aspects of the church. Check the website regularly for updates.

The month of October is “Adventist Heritage Month.” The Seventh-day Adventist Church had its beginning in the North American Division. October 15 will be “Spirit of Prophecy Sabbath.” Program suggestions were emailed to every division from the Ellen White Estate, and if you have not received them, they also are posted at the Ellen White Estate website. Helpful resources include a suggested sermon, “God’s People and the Testimony,” by Jud Lake, professor of Preaching and Adventist Studies and director of the Institute for the Study of Ellen G. White and Adventist Heritage at Southern Adventist University; a children’s story; suggested hymns; and more. Programs for previous years are also linked there.

“A Forgiving Father” John 3:16

G. Alexander Bryant, Executive Secretary
North American Division

Stay Socially Connected with NAD
10-5-2011 Radio of Hope Begins Broadcasting to Northwest Washington

"A lot of things happen providentially..."

The Federal Communication Commission (FCC) opened a one-week window in 2007 where nonprofit community groups in the United States could file an application for a noncommercial broadcast license.

Glenn Gately, a fisheries biologist from Port Townsend, Wash., heard about this once-in-a-generation opportunity and felt God prompt him to take action.

"I'm not a radio person, but I know Jesus is coming soon," says Gately. "A lot of things happen providentially and I had no real plan except to start a radio station."

Casting the Vision

Gately began networking with radio ministry experts, engineers, lawyers, church leaders and anyone who would listen, give advice or provide support to this grassroots effort.

Gately worked with Don Martin, an attorney who specializes in helping Adventist radio stations, to complete an application for 91.1 FM, the only available frequency in the area, and continued casting the vision for KROH - Radio of Hope.

Initially, the application was MX'ed (FCC terminology for competing) with four other potential stations. Out of the four potential stations, Port Townsend Adventist Church's proposed station offered the largest broadcasting area. The FCC issued the church a construction permit in April 2009.

The church originally planned to rent space on an existing tower, but when no space was ultimately available the church decided to lease a plot of land and build its own 80-foot tower on 2,100-foot high Maynard Peak in the Olympic Mountains. The station's three antennae are 35 feet higher on its own tower to give better coverage than originally planned with the existing tower. And the annual rental cost is only half as much as was anticipated.

Exercising Faith

From the beginning, the building of KROH has been a faith venture. Gately said his faith has increased tremendously in watching God build this station. Skilled volunteers came from several of Seventh-day Adventist churches in the area to assemble the tower and build the equipment shed.

Assistance also came from within the community. When a crane was needed to erect the tower, Gately looked up a crane company in the Yellow Pages. After quoting a price, the owner asked what the station would be broadcasting. When hearing that it was a Christian station, he excitedly replied, "Well, there won't be any charge for that!"

A surveyor, who Gately befriended while coleportering several years before, donated his time and the owner of a metal fabrication shop donated both parts and labor.

God has supplied over $120,000 in funding. Donations have come in just when needed and no phase of construction has ever been delayed due to a lack of funds. The station is still depending upon God to bring in the $5000 per month operating expenses.

"I have to admit," Gately says, "this radio project has had its scary moments. I still find myself asking God for more faith."

Each of the KROH board meetings begins with a season of prayer in which members claim Bible promises.

Establishing a Purpose

KROH 91.1 FM has as its primary mission the airing of programming that will educate the listening audience in the Christian gospel, family values, lifestyle issues and health principles as these are understood in the Seventh-day Adventist context.

"We want to foster a sense of ownership among our listeners and supporters," says Joe Mann, KROH general manager who has 30 years of broadcast experience. "We don't want people to refer to us as just that Adventist station, but as my station."
Content will be localized, but will interface with established Adventist Christian radio content providers, while also helping new producers to reach the public.

“We want to select the ‘best of the best’ programming for our station,” says Gately. “We want to uplift Jesus in our music and our talk.”

“New listeners routinely discover KROH, while scanning the FM dial, and several have told us that they immediately noted the different sound,” says Mann. “The ‘best of the best’ does sound different.”

Broadcasting Hope

Radio of Hope began broadcasting over the airwaves in mid-August 2011 after launching an online broadcast in September 2010.

Radio of Hope joins a second Adventist radio station in western Washington. KROH 91.1 FM – Port Townsend reaches northwestern Washington while KACS 90.5 FM – Chehalis reaches southwestern Washington. One goal is to have these two radio stations converge in Seattle in the near future.

“We are on the air, but the work is by no means finished,” Gately says. “We are now working on getting our own emergency power generators set up at the studio and tower site.”

Originally, plans were laid to broadcast only in English with a typical analog FM transmitter. However, with sizable immigrant populations in the area, the opportunity to add 24-hour programming in Russian and in Spanish, via HD (hybrid digital) channels, provided a much larger horizon and resulted in the purchase of a more advanced transmitter. Partnerships with native speakers of the additional languages are under development.

“We are grateful that God has chosen to move our thinking out of the smaller box in which we started,” says Mann.

If you live in northwestern Washington or you are traveling through, tune to 91.1 FM and help KROH update its reception map at www.radioofhope.org/map.

Listen online or through your iPhone at www.radioofhope.org/listen.

###

Heidi Martella
Washington Conference communication director
The Longest Table Kicks off School Year

2,000+ people enjoy the biggest meal of the year

By: Rosa Jimenez

Lasagna, enchiladas, scalloped potatoes, gluten steaks, and more Sabbath dinner favorites drew scores of hungry university students to “The Longest Table,” an annual event held after the first church service of the school year.

More than 2,000 students, University Church members, and area residents, ate at 176 tables placed at the center of a 5-block long stretch of College Avenue, the street that intersects the College Place campus.

“The Longest Table is a celebration of community and the new school year,” says Alex Bryan, senior pastor of the Walla Walla University Church. Bryan initiated the event in 2009, soon after he joined the church’s pastoral staff. Each year, more have attended, and Bryan expects the event to draw even more attendees next year.

Church and community members pitch in to make the event successful by signing up for tables beforehand and bringing enough food for guests that will find places at those tables.

“It’s a great way to catch up with friends at the beginning of the year,” says one student. “I think it’s one of the best events of the school year.”

“We enjoy meeting the students and welcoming them to College Place,” says Hitomi Johnson, a member of the University Church. At Johnson’s table, sushi, rice, cabbage salad and other accompaniments drew several students, who also enjoyed sampling enchiladas, rice, and beans from the neighboring table.

After the event, students loaded take-out trays with leftovers, and not just from their own table. Some students walked the length of the 176 tables, happy to accept more offers of food from church and community members.
Birthpangs have started (Editor's Inbox)

By JOYCE PINKE, Clear Lake | Posted: Tuesday, October 4, 2011 2:10 am

We’ve always had crime and immorality, earthquakes, tornadoes, hurricanes, etc., but most people are noticing the increase and frequency of these things.

Many people realize that this can be a sign that Jesus is coming soon. Others say we’ve always had these things and that people for 2,000 years have thought that Jesus was coming in their lifetime and he hasn’t come yet.

Who’s right?

It’s just like when you’re expecting a baby. The doctor gives you a due date in nine months. Well, after 8-1/2 months, you think this baby is never going to come but it does. It may come early, late or on time, but it will come.

It’s the same for Jesus’ return. Only this time, Jesus isn’t coming quietly as a baby, but as a conquering king to claim his own. No one knows the day nor hour, but the birthpangs have started.

Do you want to know what’s happening? Do you want to know who is the Antichrist and what is the mark of the beast and how to avoid it? Who are the four horsemen of the apocalypse, what are the seven last plagues and how can I avoid them? Will there be a secret rapture or are we here to the end of the world?

A prophecy seminar is coming to Mason City. Opening night is Friday, Oct. 21, at 7 p.m., at the Seventh-day Adventist Church. It is free, no offerings taken and child care provided for the series of meetings.

There will be many exciting nights.
Angel Food impacts

BY JOE SEELIG

Highlands Today

It's hard keeping the shelves stocked at the Heartland Food Reservoir. The cupboards were nearly bare Monday morning as the center awaited a truck with a food shipment.

One worker said some of the canned food goes out nearly as fast as it comes in.

The recent closure of Angel Food Ministries has strained an already overburdened system of food delivery to the needy, according to Bill Stephenson, president of the Heartland Food Reservoir.

The food reservoir supplies bulk food items to many qualifying local food pantries.

"Our agencies are finding that the increase in families needing support of food has grown," Stephenson said.

"There's a double reason for that. One of them is the economy is still very deep in its recession.

"And, secondly, the closing of the Angel Food ministry has eliminated one source of food in the community."

The fact that the food orders at Grace Bible Church had dropped from 1,400 boxes to a little more than 60 shows the economic impact of the recession, Stephenson said.

"Honestly, that's a reflection of the people not able to come up with the $30 or $40 to buy the food," he said.

He pointed to a Florida survey that showed a number of students eligible to receive free food in the schools had jumped from 64 percent to 77 percent.

"We are right now in the throes of our annual fundraiser," he said. "And that's the Empty Bowls Luncheon I'm referring to."

That fundraiser is supported by Florida Hospital and Panera Bread.

Another issue the reservoir is facing is that it gets expired goods from many of the supermarkets, but because of more careful ordering, the stores have less waste and therefore have less expired goods to give the agency.

Natalie Simons, office manager at Heartland Food Reservoir, said Monday the Church of the Nazarene in Sebring also sold the Angel Food boxes, for which the church received $1 per box, or about $50 per month.
The church, in turn, used the $50 to buy from the food reservoir, so the loss of Angel Food affected the agency in more ways than one.

Pastor Darryl George, in charge of the First Baptist Church of Placid Lakes' food pantry, said in the last few days they've had people come in because Angel Food is no longer available.

They need food," George said. "They've made mention of Angel Food shutting down; 'Can we get help?'"

But the needy don't have many places to go for food, the pastor said.

The church â at 116 Cleveland Ave., N.W. in Lake Placid â has its main food giveaway once a month but is continually giving out food during the week.

"We have noticed the amount of food available (from the food reservoir) is greatly diminished," George said.

Although the church is unable to help, it also has been getting requests for assistance in paying electric bills, he said.

Mercy Seralde, program director, for the Helping Hands food pantry at the Seventh-day Adventist Church, on State Road 17 in Sebring, said the agency serves 40 families in need of food.

Recently, the folks at Helping Hands have seen more walk-ins, she said.

If any of the regular families don't pick up their food, it is given to the walk-ins, she said.

"Ours is just a small ministry," Seralde said. "I don't know how much is an impact from Angel Food or other factors.

"None have said they had Angel Food. Most of them lost their jobs."
Full-scale model of ancient Hebrew tabernacle coming to Seventh-day Adventist Church in Little Rock

LITTLE ROCK, Ark. (KTHV) - A full-scale model of the ancient Hebrew tabernacle built in the wilderness by the Hebrew nation will be on display and available for tours at the Seventh-day Adventist Church, 8700 N. Rodney Parham Road in Little Rock.

The tours are free and will run every 15 minutes daily from 1 p.m.-7 p.m. Oct. 8-15.

Tours for clergy will be given on Oct. 7.

The Messiah's Mansion tour is broken into five sections, and there will be tour guides for each.

Messiah's Mansion is based at Oklahoma Academy in Harrah, OK. For more information, call 501-352-3488.
Memphis Hospital Teams Up With Churches To Deliver Health Care Services

October 4, 2011 at 2:32 AM by AHN · Leave a Comment

Memphis, TN, United States (KaiserHealth) – Two mainstays of the Memphis community — the Methodist Le Bonheur hospital system and nearly 400 local churches — have teamed up for an innovative program that helps keep church members healthy while reducing health-care costs. If not actually made in heaven, it’s a match that has significantly benefited all parties. Other health-care systems are taking note.

Methodist says 70 percent of its patients belong to churches. To help people get the care they need when they need it, the system assigns hospital staff, appropriately called “navigators,” to work with volunteer liaisons at area churches that have joined the health system’s Congregational Health Network. When a member of one of these congregations is admitted to the hospital, the navigator notifies the liaison. The liaison then plans a visit, if the member wishes, “so they have a support structure, not just the nurse and doctor,” says Valerie Murphy, the liaison for her small church of six families in Millington, a rural area north of Memphis.

When it comes time to discharge the patient, the liaison works with the navigator to make sure that the transition happens smoothly, connecting the patient with community services such as meals-on-wheels and transportation.

“It’s the social connections, the nitty-gritty practical stuff that makes a huge difference,” says Gary Gunderson, senior vice president for the health system. “Whether people understand how to take their medications, whether there’s food in the house.”

The health system compared the experiences and costs of 473 patients in the program with those of similar non-participating patients who received standard care from 2007 to 2009: The mortality rate for those in the network was 50 percent lower than for non-participating patients; their hospital readmission rates were 20 percent lower.

In the future, Methodist expects to reap savings by reducing the need for high-end specialized care and avoiding penalties for hospital readmission, says Teresa Cutts, Methodist’s director of research for innovation at its Center of Excellence in Faith and Health.

Patient education is another key to the program’s long-term success. In addition to helping hospital patients, the liaisons work to educate members of their congregations about healthful living and disease prevention. Murphy, for example, regularly posts information about risk factors for chronic conditions such as diabetes and heart disease in the church bulletin and on the church bulletin board, and she brings in experts to discuss chronic conditions.

Tyrone Griggs credits a sharp-eyed liaison at his church with his diabetes diagnosis nine months ago. The liaison noticed he was having trouble reading his Bible, he says, and talked with his wife about getting him tested. Griggs, 48, drives a truck and doesn’t have health insurance. But the liaison referred him to a nonprofit clinic that serves the uninsured.

“They monitor me and taught me how to take care of myself,” he says. “I’ve been going there ever since.”

Methodist may have one of the most extensive programs, but it’s by no means the only health system partnering with churches to improve congregation members’ health. At Loma Linda University Medical Center in Southern California, medical staff from the Seventh-day Adventist health system provide free health screening and education to members of area churches, says Dora Barilla, the medical center’s director of community health development.

Recently, for example, a neurologist with the Loma Linda physicians group spoke at a Temecula church with a large Hispanic population about the signs of stroke and early dementia, and about available services. “Our research showed that Spanish-speaking populations weren’t necessarily accessing dementia services,” says Barilla.

Although many health systems that are working with churches to develop their “health ministries” are faith-based, not all are. For more than a decade, the Inova Health System in Northern Virginia has been working with religious
Memphis Hospital Teams Up With Churches To Deliver Health Care Ser... http://gantdaily.com/2011/10/04/memphis-hospital-teams-up-with-churches-to-deliver-health-care-ser...
Memphis Hospital Teams Up With Churches To Deliver Health Care Ser...

http://gantdaily.com/2011/10/04/memphis-hospital-teams-up-with-church...
Given Parkview Adventist Medical Center’s impressive record of information technology innovations, it’s no surprise that the Brunswick hospital was the first in Maine to receive funding from the federal government for advances in implementing a secure electronic records system. The hospital collected its $1.4 million check last week.

Motivated by Bill McQuaid, the wizard who manages Parkview’s IT system, the 55-bed hospital committed in 2004 to installing a state-of-the-art, electronic records system. Parkview seems well on the way to achieving that goal.

Working with a single vendor, Meditech, and relying on McQuaid’s uncanny ability to find outside-the-box solutions to new challenges — the Toilet Flushing Technology sensors used to protect patient confidentiality is brilliant — Parkview quickly became a national model for modernizing medical records management.

These accomplishments go well beyond technological tinkering. They enhance services to doctors, other care givers and patients by providing a secure, rapid way to transmit and store data that could be used in immediate life-saving situations or for crafting long-term wellness regimens.

The reason Parkview’s system caught the Obama administration’s attention is that it holds great potential to help contain the skyrocketing cost of health care. If a small hospital in Brunswick can help on that score, the $1.4 million investment will yield a healthy return.

letters@timesrecord.com
With a history of colon cancer in my family, I am naturally drawn to any information about preventive measures through diet.

A recent study from Loma Linda University in California spells out the advice pretty simply: eat legumes and brown rice. That means more beans and lentils -- in soups, salads, casseroles and chili -- and more peas, which is my least favorite vegetable.

I am not so crazy about brown rice either, but the study makes a convincing case for learning to like all these foods.

Eating legumes at least three times a week and eating brown rice at least once a week have been shown to reduce the risk of colon polyps by 33 percent and 40 percent, respectively, according to a July 28, 2011, Loma Linda University School of Public Health media release.

Cooked green vegetables and dried fruit also were linked to protective benefits, said Loma Linda researchers, who published their work in the May 2011 issue of Nutrition and Cancer.

Colon polyps set off an alarm whenever doctors find them during colonoscopies because they sometimes lead to colon or colorectal cancer. Colon cancer is the second-leading cause of cancer deaths in the United States and the third most common form of cancer when grouping men and women, according to the American Cancer Society.

As medical experts often note, your diet can play a huge role in your susceptibility to cancer.

“While a majority of past research has focused on broad food groups, such as fruits and vegetables, in relation to colon cancer, our study focused on specific foods, as well as more narrowed food groups, in relation to colon polyps, a precursor to colon cancer. Our study confirms the results of past studies that have been done in different populations analyzing risks for colon cancer,” said Dr. Yessenia Tantamango, lead author of the study and a postdoctoral research fellow for Loma Linda’s Adventist Health Studies.

Beyond legumes and brown rice, the research revealed cancer-fighting benefits when subjects ate cooked green vegetables once a day or more and dried fruit three times a week or more. Consumption at that rate cut the risk of rectal/colon polyps by 24 percent and 26 percent, respectively.
The high fiber content in legumes, brown rice and dried fruit helps dilute potential carcinogens, and green vegetables such as broccoli contain a detoxifying compound, Tantamango explained.

The research looked at data from 2,818 people, surveyed about their eating habits in 1976-77 and again 26 years later when researchers inquired about the results of their colonoscopies. The study adjusted for factors such as family history of colorectal cancer, physical activity, constipation, alcohol intake and smoking, as well as variables in diet.

Dr. Andrew Weil, a nationally known wellness expert and developer of the Anti-Inflammatory Diet, said in his weekly newsletter of Aug. 11, 2011, that he welcomes more support through research of dietary strategies that help prevent colon polyps and colon cancer.

He also reminded readers that avoiding red meat can reduce the risk of polyps and colon cancer, as can limiting alcohol intake.

So you might be able to guess what I’m making for dinner tonight: vegetarian chili with three varieties of beans, along with lentils. No peas, not yet.

Sources:


Reviewed October 3, 2011
by Michele Blacksberg RN
Edited by Jody Smith

Image Caption:
Photo: Getty Images
Copyright © 2011 HW, LLC d/b/a EmpowHER Media unless otherwise noted. EmpowHER does not provide medical advice, diagnosis, or treatment.

WESTBROOK — The Warren Memorial Library, which closed in 2009 due to a dwindling endowment, has been sold to the Seventh-day Adventist Church for $900,000.

The Northern New England Conference of Seventh-day Adventists, now based on Allen Avenue in Portland, hopes to move its office and build a new heritage center at the former library on Main Street for a grand opening in the spring, said Randee Reynolds, the conference's treasurer.

Reynolds said the Seventh-day Adventist Church started in Portland and Gorham in 1863, and the heritage center will celebrate that history through artifacts and displays.

"This just seems perfect for us to be between the two towns," Reynolds said.

The former library went up for sale last spring – about a year after its closure spurred an outcry from its loyal patrons.

The private library was established in 1876 by Samuel D. Warren for employees of his paper mill and their families. It was opened to the public in 1930, after the establishment of the nonprofit Warren Memorial Fund, which paid for its operations.

The city-run Walker Memorial Library, across Main Street from the Warren building, is now Westbrook's only library.
ORLANDO, FLORIDA (Sept. 28, 2011) – Dr. Peter Weiss has been named the new president of the Florida Hospital Healthcare System.

Weiss, who began his career as a Navy medical officer, joins Florida Hospital following a successful career with Health First in Brevard County.

Dr. Pete Weiss

He obtained his medical degree at Washington University and interned at the Naval Hospital in Bethesda, Md. His residency in internal medicine and a fellowship in infectious disease were completed at the Naval Hospital in San Diego.

“IT’s my honor to be joining Florida Hospital and the Adventist Health System, known for high quality and compassionate health care,” Weiss said.

“I’m grateful for the opportunity and looking forward to making my contribution to the Adventist Health System’s healing and wellness work across Florida.”

Originally from St. Petersburg, Weiss worked for MIMA in Brevard before joining Health First 12 years ago. During his time with Health First, he served as vice president and medical director, then president/Chief
operating officer and was promoted to chief executive officer.

“The caliber of medicine in Central Florida is very high quality and we have some very high quality practitioners here,” he said.

“I hope to help people be healthy in my new position. Adventist is well-organized and has high ethics. I’m looking forward to this new challenge.”

Growing up the son of a physician, Weiss often accompanied his father on his rounds as a child and said it was a natural progression for him to follow his father into the medical profession.

“We’re excited that Dr. Weiss decided to join Florida Hospital Healthcare System,” said Mike Schultz, President/CEO Florida Region for FHHS and executive vice president of the Adventist Health System.

“His expertise in health plan management and his expertise in wellness and health management is a perfect fit.”

The Florida Hospital Healthcare System serves the group health care needs of businesses and members within Orange, Osceola and Seminole Counties and provides a comprehensive managed care network of eight hospitals, 18 urgent care centers, more than 1,300 physicians and multiple ancillary providers.

It also has contracted with high quality physicians, hospitals, and ancillary providers in Flagler, Hardee, Highlands, Lake, Polk, and Volusia Counties.

Married and the father of two grown children, Weiss said the hardest part of new job will be leaving Brevard County and his co-workers at Health First.

“From a personal standpoint, Sharon and I will miss our many friends in Brevard, but fortunately we’re not moving too far away,” he said.

“I’m sure we’ll be back to visit and everyone is invited to visit us in when we get settled in Orlando.”

Weiss will start his new duties Oct. 31.

Related posts:
1. Q&A With Dr. Peter Weiss: The More Health Less Care Alliance
2. Johnson Named President & CEO of Health First
3. Florida Hospital Promotes Marcarelli, Celano and Bowman
4. Mikitarian Named Healing Hospital CEO of the Year
5. Beacon Award Recognizes Excellence In Healthcare

Filed Under: Breaking News, Health Care Plans, Hospital News, Hospitals + Doctors Tagged With: Adventist Health, Adventist Health System Sunbelt, BREVARD COUNTY FLORIDA, Florida Hospital Orlando, Florida Region, Health/Medical/Pharmaceuticals, Orlando, Pete Weiss

Add New Comment

Showing 1 comment

From Our Sponsors

Beating cancer. You’ll want every advantage.

TRILOGY | New generation cancer care
An Affiliate of Moffitt Cancer Center
Offices: Titusville, Merritt Island, Cocoa Beach, Rockledge
321.268.4200 + www.spacecoastcancer.com
- Check out the latest edition of Space Coast Medicine
- Get your FREE subscription!

Follow Us on Facebook

Sign Up
Create an account or log in to see what your friends like.

Space Coast Medicine on Facebook
Like 226

Space Coast Medicine
HOT OFF THE PRESS - Special Humanitarian Edition
http://conta.cc/pb1dEn

HOT OFF THE PRESS - Special Humanitarian Edition
Check out my latest campaign by Constant Contact.

Yesterday at 3:14am via Constant Contact - Making Social Simple

From Our Sponsors
Email Updates

Get email updates from Space Coast Medicine & Healthy Living now! Submit your email address and we'll send you weekly updates on the latest medical news in Brevard County.

Your email address

Submit

From Our Sponsors

Healthcare Admin Degree
Get a Degree As a Healthcare Admin Online or At a School Near You.
HealthcareAdministra...

Hospital Performance Mgmt
Get the IBM White Paper on Managing Hospital and Clinical Performance.
IBM.com

A Hospital Call Center
OnBrand24 Provides Expert Call Support to Hospitals and Healthcare
www.onbrand24.co...

PPS Plus Software Ver 6.0
New & Improved for OASIS-C Schedule Your Online Demo Today!
www.ppsplus.com

Recent Comments

- Michael Sackey on Dr. Peter Weiss Named President Of Florida Hospital Healthcare System
- lasley herald on Caring for Mature Skin
- Anonymous on Baskets & Blankets 4 Brevard
- May Lin on Electronic Medical Records Firm Born Out Of Necessity
Avista, Exempla make women’s list
By Beth Potter

September 28, 2011 —

LOUISVILLE/LAFAYETTE - Two hospitals in the Boulder Valley are among those honored nationally for having top patient experiences for women, according to a list from a women’s consumer group.

Avista Adventist Hospital in Louisville and Exempla Good Samaritan Medical Center in Lafayette are both on a Top 100 Hospitals for Patient Experience list from WomenCertified, the national consumer group. The list is based on customer assessment scores and a gender-focused customer satisfaction study done by the Wharton School of the University of Pennsylvania, said Kate Payne, a spokeswoman for the national group.

"Hospitals cannot request to be considered, and it's not a 'pay-for-play' type of list," Payne said.

Female patients at hospitals gave feedback on things like the quality of doctor communications, responsiveness of nurses, cleanliness and referrals from other women, according to a press statement announcing the list.

The list categorizes hospitals up by bed size - both Avista and Exempla were in the medium category for hospitals with 101 to 250 beds. In all, the list honors 400 hospitals across the country, or 100 hospitals for each category of bed size.

University of Colorado Hospital in Aurora and Exempla Lutheran Medical Center in Wheat Ridge both ranked among the Top 100 hospitals in the large hospital category, with 251 to 400 beds.

Also honored in the medium-size hospital category in Colorado were McKee Medical Center of Loveland, Medical Center of the Rockies of Loveland and Poudre Valley Hospital of Fort Collins.

For more Daily news click here and look under 'Breaking News'
MD News Denver Celebrates the June Cover With a Reception

Wednesday, September 28, 2011

MD News helped Porter Adventist Hospital celebrate their June cover with a reception for employees, family and friends.

On Tuesday, August 16, MD News gathered with Porter Adventist Hospital employees, officials and friends in Denver to celebrate the publication of the June issue of MD News Denver, which featured the hospital’s Center for Liver Care and Transplant on its cover. Congratulations to Porter Adventist Hospital for raising the bar in liver care!

Porter Adventist Hospital

Celebrating the June Cover

MD News September/October 2011, Denver
According to a recent study, compliance rates for hand washing in American hospitals average 40%. What should be done to improve this number?

- Change signage wording to remind doctors and staff to protect patient safety by washing hands.
- Install electronic system that sounds an audible alarm when staff enters patient area without washing hands.
- Do nothing. A 40% compliance rate is fine.

Previous Poll:
Physicians recognize that obesity is a serious health problem, but according to a recent survey, many have trouble discussing weight with their patients. Why is that?

36% The problem lies elsewhere, or it is a combination of both.

32% Physicians lack the training necessary to start a weight discussion.

32% Physicians are not sure what to say to patients to help them lose weight.
Private school enrollment on the rise in Lodi

By Jennifer Bonnett/News-Sentinel Staff Writer | Posted: Wednesday, September 28, 2011 12:00 am

Despite a sluggish economy, families are still paying for private school in Lodi — and at least one local school has a waiting list for the first time in years.

Two years ago, some were doing well and seeing an increase in donations, while others were struggling to keep enrollment up and the coffers full.

"The reality is, private school is a luxury that some families can’t afford," Century Christian School Principal Chris Finch said at the time. "They have to decide between keeping the lights on and paying the mortgage."

Two years ago, enrollment for the fall semester was down 20 to 25 percent. This year’s is in line with 2010-11.

"To date, we are only down about 15 students from last year, and considering the substantial drops in enrollment from each of the last three years, we are glad that this year things seem to be slowly turning around," Finch said this week.

The Association of Christian Schools International has been studying the trend. Researchers found that beginning last school year, with fewer Christian schools in operation — 210 closed in the greater Sacramento area in 2008 — student enrollment appeared to be stabilizing throughout the country.

Rohn Ritzema, director of the Northern California region, said roughly 60 percent of schools in the area are reporting increased enrollment.

Despite a tough economy, these parents are paying more than $3,500 annually for their education.

"Parents know that despite the challenges in the economy, their children are their most important investment, and we have seen that committed and caring parents are willing to make sacrifices to ensure their kids receive the best education possible," Finch said.

"At the end of the day, the best schools, public or private, have excellent teachers and small class sizes. We at Century are blessed to have both, and I am confident that that is why we continue to have some of the best students in the Lodi area — in spite of the financial climate we all face today," he said.

**Smaller class sizes**

Private schools boast smaller class sizes than their public counterparts and expanded curriculum often cut at public schools. Private students also go on field trips, a luxury that has been cut at some public schools due to shrinking budgets.

Vineyard Christian Middle School sixth-graders recently returned from a week-long science camp in the Santa Cruz Mountains, while the seventh-graders spent a week in Catalina, where they lived aboard a tall ship.

They received science and history lessons, in addition to kayaking, snorkeling with sea lions and learning to sail, Principal Karen Hale said. All schools teach core subjects, but the faith-based ones strive for more, according to Audie Silber, a teacher at Lodi Seventh-day Adventist Elementary School.

"Although we teach reading, writing and math just as the public schools do, we also continue to teach social studies, science and art as an integral part of the curriculum," she said. "If you talk to any teachers of lower grades at (Lodi Unified School District), you’ll find that these subjects have become ‘off-task’ activities because they are not tested in the state standardized tests — they are viewed as time-wasters by many school administrations."

She claims Lodi SDA students get at least twice as much music instruction as their K-8 public school counterparts, including twice-weekly music theory in kindergarten through fourth grade, and band, choir and bell choir for fifth through eighth grade, with opportunities to perform. Students can also take private music lessons during the school day.
Student learning, as opposed to student testing, is the focus, Silber said.

"Our students participate in annual standardized testing one week per year. The public school counterparts spend seven weeks per year with state and district testing. That’s almost a whole school quarter lost to testing," she said.

She taught fourth through sixth grades in Lodi Unified and instructed teachers in the district’s now-defunct Writing Institute before being hired at SDA. The school has seen a large number of students transfer from public schools in recent years.

Among them are the Hill family. Fourth-grader Elise was moved last year, and her third-grade brother, Rhett, followed this year.

"We were tired of our kids being taught to take tests and were ready to be taught a love of learning," father Erik Hill said.

"Other benefits (to transferring) are the humanity the kids are taught creates kids you want your kids to emulate and be around. That has nothing to do with religious teachings," he said. "When I saw that with my daughter, I wanted it for my son. It costs a lot more, but so be it."

Jihyen Park enrolled her second and third-grade sons in private school this year because she wanted them to have a Christian learning foundation.

"When they are young, it is more important to have that kind of education because they are more active and learning more," she said.

She has two older daughters attending public high school, but they went to private elementary school.

"We had a good outcome at the Adventist school they attended. They focused on building character and leadership," Park said, adding that she now sees a disparity between teacher-student ratio at the public and private schools.

"I don’t think the teacher can give all the attention needed for my older kids," she said of the 35 students in some of their public school classes.

Full kindergartens

At Century Christian School, families from last year re-enrolled, which seems to indicate families’ incomes have at least stabilized, according to the Finch.

"The most encouraging news is in our younger grades, as they are doing very well," he said.

As with public schools, kindergarten is full.

"That is encouraging, as usually that means a greater confidence in younger families to enroll their children in private education," Finch said.

Enrollment at Jim Elliot Christian High School has remained good, despite the economy. It is currently at capacity with 224 students enrolled, and for the first time has a waiting list of others who would like to attend.

With 149 students in the elementary program, Lodi Christian School is also up five students, according to Principal Nadine Zerbe.

And St. Anne’s Catholic School has three more students than at the end of the school year.

"In this economy, just maintaining is a challenge," Principal Dennis Taricco said, giving much credit to the school’s advisory committee for marketing the school.

Class sizes in kindergarten through fifth grade average 26 students, and each class has an aide from 8 a.m. to noon.

The average class size in sixth through eighth grade is 29. However, math, science and language classes are divided so no teacher is teaching more than 16 students at a time, according to Taricco.

At Vineyard Christian, enrollment is holding steady with 78 students currently in sixth through eighth grade. That is two more students than last year at this time, according to Hale.

The school is currently at 90 percent capacity, with 30 students in eighth grade, 26 in seventh and 20 in sixth. The school’s policy permit a maximum of 30 in one grade (or two), if another grade is low in enrollment.

"We are obviously happy and grateful that our enrollment has held steady over the years, and during this economy," Hale said. "Many of our families are making great sacrifices in order to have their children attend."

Contact reporter Jennifer Bonnett at jenniferb@lodinews.com.
While some teachers use words like achieve and excel to describe their classroom expectations, peace serves as the theme for Mark Sargeant's class. "The Lord gives us peace and that's what we want for all of us. The children and the big children."

Sargeant started teaching 37 years ago. Over the years, he's taught everything from 1st to 12th grade -- in various combinations. "I've been in a one teacher school and had all 8 grades, I have also taught grades 2 & 3, 5 & 8, grades 5 & 6, I've taught in high school," he says.

Although he's the principal at Lester Coon Adventist School in Apison -- he's also a full time teacher... managing a classroom of third, fourth, and fifth graders. "There are many times that there are hands up and I wish I could be two people."

Sargeant counts on his older students to peer tutor, like 5th grader Tre' Smith. "When I'm done with my math and social studies, I can go around and help the other students with their math or social studies."

With three different age groups, Sargeant uses encouragement to pull his class together, like a team. Playing a game of ball toss, students must build up their classmates, telling them "good try" when things don't fall their way. 5th grader John Coulter says "its better to encourage them because if they fail they'll just try to try again."

When conflicts do arise, Sargeant pulls out this peace blanket to help students to deal with their disagreements. "You'd be surprised how many issues get solved right here and we actually bring it up in front of the class and they can do it in front of everyone."

Sargeant believes children respond best when they're having a good time, but he's not afraid to law down the law. "Its always a challenge to blend that but when they trust you, when they have confidence in you, and when they know that your working for their best good and that you will be fair with them and will listen, then they are willing to accept your authority also."
Florida Hospital Flagler Breaks Ground on $15 Million Satellite Near Palm Coast Parkway

FlaglerLive | September 28, 2011

Florida Hospital Flagler hosted a ceremonial groundbreaking this morning at the future Florida Hospital Flagler Medical Plaza at 120 Cypress Edge, near the Golden Corral restaurant and parallel to Palm Coast Parkway, in Palm Coast.

Click On:

- Florida Hospital Flagler Expanding Again With Clinic and Offices Near Walmart by June 2012
- Florida Hospital Flagler’s David Ottati Is Among Northeast’s Ultimate CEO Award Winners
- Reform Minister: David Ottati’s Healthy Risks at Florida Hospital Flagler
- City OKs Hospital Growth—and Exceptions to Height, Density But Not Sign Rules

The hospital 3 acres in the Cobblestone Village in July 2011. Construction on the $8 million facility is scheduled to be complete by next summer. The hospital is investing $15 in all into the facility, when equipment is included. The Florida Hospital Flagler Medical Plaza will be a 34,000 square-foot facility with physician suites and outpatient hospital services, such as rehabilitation, imaging, laboratory, and a women’s center. The facility adds Florida Hospital’s imprint on the Palm Coast Parkway area of the city, until now home to many medical offices, particularly toward the western end of the parkway, but none belonging to the hospital.

The facility should result in a net increase of some 15 to 25 new, well-paying jobs.

“Several uses were proposed for this property, but none of them seemed quite right,” Palm Coast Mayor Jon Netts said. “This is better than we could have imagined. This will make it easier for our people to access the special kind of care available at Florida Hospital Flagler.”

Alan Peterson, chairman of the county commission, reminded the crowd what one of the uses was going to be: a tire shop. He and Netts were both on the city council when that was proposed—and prevented.
A brief presentation and blessing of the site marked the beginning of the project to bring the latest in health care technology and care to Palm Coast. Florida Hospital Flagler is a Seventh Day Adventist non-profit hospital, where faith has a central role in management and employee conduct.

“Over the last several years, Florida Hospital Flagler has continued to grow, adding new services such as minimally invasive robotic surgery and PCI,” David Ottati, the hospital’s CEO, said, referring to Percutaneous Coronary Intervention, also known as interventional cardiac care. “We had run out of space at our main campus and this will be a good location for us. We appreciate the outpouring of support from the community and we plan to bring even more new services to the area.”
Multiethnic churches still rare in 21st century

By LUCAS L. JOHNSON II, 09.28.11, 05:28 PM EDT

NASHVILLE, Tenn. -- As a young white minister, Michael Catt said he was fired from a Mississippi church for quoting Martin Luther King Jr. He never forgot it.

"Getting fired ... was really a pivotal, defining moment for me," he said.

Now 58, he's pastor of Sherwood Baptist Church in Albany, Ga., and among a few churches taking steps to create - and maintain - multiethnic congregations more than half a century after King gave his poignant sermon about the divisiveness among so-called Christians.

In 1956, King wrote a sermon entitled "Paul's Letter to American Christians," in which he spoke as if the Apostle Paul were delivering a message to the modern-day church.

King said: "You must face the tragic fact that when you stand at 11 o'clock on Sunday morning ... you stand in the most segregated hour of Christian America."

There are currently between 300,000 and 350,000 congregations in the U.S., according to Michael Emerson, a sociology professor and co-director of Rice University's Kinder Institute for Urban Research in Houston, Texas. Ninety-two percent are homogeneous, meaning at least 80 percent of the congregation is comprised of a single racial group.

When Catt became pastor of Sherwood Baptist in 1989, he noticed his predominantly white congregation was a stark contrast to the small city of Albany, whose population is about 65 percent black and where few concessions were achieved from the city government after King visited there during the civil
rights movement.

"You can't pastor a church in a community that's predominantly African American and look out on a lily white crowd, because you're not being honest," Catt recently told The Associated Press.

He began by diversifying the church's leadership. He ordained its first black elder, and would later appoint a black senior associate pastor.

But it was a tragic flood in Albany in 1994 that eroded racial barriers even more and created a sense of unity that still exists today. Catt and his congregation reached out to the predominantly black Mt. Zion Baptist Church, which had been damaged by the flood.

There Catt met Senior Pastor Daniel Simmons, who is black, and the two forged a friendship that spawned a novel idea: pulpit swapping. Now, the two regularly preach at each other's church and their congregations come together for those occasions. Catt, Simmons and their mixed congregation are featured in a new movie "Courageous", produced by Sherwood Baptist, which was also behind the successful movie "Fireproof."

"We learn from each other," Simmons said of the two churches. "We mutually support and encourage each other."

Pastors Ken Whitten and Jeffery Singletary have a similar practice. Whitten, who is white, is the pastor of Idlewild Baptist Church in Lutz, Fla., and Singletary, who is black, leads Exciting Central Baptist Church in Tampa.

Whitten said Singletary was pastor of a small 50-member church a few years ago when he approached him with the idea of starting a multiethnic church.

"If we're going to change our culture, they've got to see it," Whitten recalled telling Singletary at the time.

From that conversation was born Exciting Central Baptist, which currently has about 760 members. Former Indianapolis Colts coach Tony Dungy attends, and late NFL Hall of Famer Lee Roy Selmon was a member.

For one of Selmon's recent funeral services, Whitten allowed the service to be held at his nearly 10,000-member church and Singletary preached the eulogy, an example of how the two pastors also switch pulpits and merge their congregations.

Singletary says such a practice "aligns with the heart of the Lord."

"When we look at scripture, God's heart is on the nation; people of every tongue, of every tribe of every kindred," he said. "We serve a Baskin-Robbins kind of a God; a God of 32 flavors or more."

As was the case when there was a secular push for integration decades ago, multiethnic congregations have had resistance. Opponents often prefer a certain type of worship style or remain opposed to any type of change in regards to race.

Shaun Casey, professor of Christian ethics at Wesley Theological Seminary in Washington, D.C., said more congregations are "entertaining the question of becoming multiracial and multiethnic" because they're starting to pattern the diversity of the neighborhoods around them.

But he acknowledged "predominantly white churches are often very, very reluctant to actively pursue a multiracial composition.
out of pure fear and ignorance," and black churches "fear losing autonomy and tradition."

Rice Broocks, senior pastor of Bethel World Outreach Church in Brentwood, Tenn., has a congregation made up of people from more than 50 nations. While there may be some resistance, he believes churches like his are actually becoming more desirable.

"I believe that most pastors deep down would love to have a diverse congregation, they just don't know how to do it," said Broocks, who also heads similar churches in other parts of Middle Tennessee, as well as Dallas, New York and Phoenix. "And so my hope is ... discussions like this are motivating and inspiring."

Furman Fordham II is senior pastor of Riverside Chapel Seventh-day Adventist Church in Nashville, Tenn. He supports diversity, but understands why some ethnicities might want to have their own services, particularly when it comes to worship style.

For that reason, Riverside allows Latinos of the same faith to use a church building to have their own service, but also welcomes them to worship with the main congregation.

"I don't think there should be this expectation for us as African-Americans to say ... you must come in and worship according to an African-American style," said Fordham, whose church has an International Day each year that recognizes the congregation's different ethnicities.

"Because I think that's what some of the Euro missionaries did to Africans. And I think that's inappropriate. So somewhere in between there, I think that we give people an opportunity to participate with us, but we also give them the option to organize among their own."

However, accepting a different worship style or diverse congregation could be tough for some if they can't get past the color of the preacher.

Roland A. Scruggs, 73, recalled the first time he was asked by the United Methodist Church to pastor an all-white congregation just outside of Nashville, Tenn., in 1995. He said he had "mixed feelings" about going there, but received a warm welcome for the most part, except for a man who left the church because he wasn't comfortable with a black pastor.

That man, Clifton Baker, talked to the AP recently, and the 64-year-old acknowledged that he "didn't think it was a good fit for the church at first."

But he said he eventually changed his mind and asked Scruggs if he could rejoin the church after hearing him preach and personally talking to him.

"We had several conversations and I found out we have a whole lot in common," said Baker, who asked Scruggs to return to the church to christen his granddaughter. "We became very close friends, and still are."

Ken Bevel, the black associate pastor at Sherwood Baptist Church, acknowledges the church is different from his roots. But he decided he didn't just want to reach his own people, but "all people, all nations."

"I'm used to being around certain people, but I'm willing to put that to the side to reach a bigger audience for Christ," said Bevel, who is also a retired Marine and one of the stars of the movie "Courageous."
As the nation prepares to dedicate a monument to Dr. Martin Luther King Jr. in Washington next month, his daughter, Elder Bernice A. King, hopes churches will embrace the universal beliefs of her father and understand that “God is global.”

“We’re going to have to create what we want to see in society within the church,” she said. “I think it begins in the church.”

Copyright 2011 The Associated Press. All rights reserved. This material may not be published, broadcast, rewritten or redistributed.

How to Get a Great Job Today

The Perils of Leading Like Steve Jobs

Online Pastor Degrees  eLearners.com/ReligiousStudies
Pastoral Studies From Home. Earn A Degree. Request Free Info Today!

Want to retire in Panama?  costapedasi.com
Purchase an exclusive beach villa in Pedasi. Contact us today!

Hilliard Breaks Silence  bishopivhilliardbreakssilence.com
Bishop I.V. Hilliard Breaks 10 Year Silence in Response to New Book!

Willow Creek Church  www.billhybels.com
Willow Creek Community Church IL. Founded By Bill Hybels. Join Today!
NEW WASHINGTON — A special guest made his way to New Washington High School on Tuesday morning to tell of a long journey.

The social studies department includes in its study of recent events in World History the genocide which occurred in the country of Rwanda in 1994. It’s been nearly 20 years since that horrific event in which more than 875,000 men, women and children were murdered as the world watched. On Tuesday, he told his story, hosted for students by Dr. Tim McDonald and the school.

In the early 1990s, Carl Wilkens was a missionary with the Adventist Church building schools and clinics for the people of Rwanda. Along with his wife Theresa and their three children, Mindy, Lisa and Shaun, they lived among the people of Rwanda establishing lifelong relationships.

When the genocide began, Carl and Theresa had a difficult decision to make. All expatriates were being ordered out of the country by their home countries, and that included Carl and his family. He and Theresa decided they were there to serve and help and the best way to do that was for Carl to remain and for Theresa and the children to leave with the U.S. Embassy convoy south to the country of Burundi.

New Washington High School Principal Ben Ledbetter listened with 100 students and was as moved as the students by Carl’s story.

“Carl Wilkens and his wife are examples of real courage and character,” Ledbetter said. “The choices they made in the face of real life dangers and challenges were beyond the scope of what most of us face at any time in our lives.”

Junior Kaetlin Hentrup noticed that as Carl spoke about the genocide, pain and empathy were evident on his face, while senior Kaira Doherty said that “a man who has been through so much, kept his faith and showed extraordinary courage is well worth any opportunity to observe or converse with.”

Carl spoke to the students about preconceived and prejudicial judgments about people. He went on to say that genocide starts out with thinking “my world would be better without you in it, and that we should not think of the world as ‘my world’ but ‘our world.’”

NEWS AND TRIBUNE
newsroom@newsandtribune.com

NEW WASHINGTON — A special guest made his way to New Washington High School on Tuesday morning to tell of a long journey.

The social studies department includes in its study of recent events in World History the genocide which occurred in the country of Rwanda in 1994. It’s been nearly 20 years since that horrific event in which more than 875,000 men, women and children were murdered as the world watched. On Tuesday, he told his story, hosted for students by Dr. Tim McDonald and the school.

In the early 1990s, Carl Wilkens was a missionary with the Adventist Church building schools and clinics for the people of Rwanda. Along with his wife Theresa and their three children, Mindy, Lisa and Shaun, they lived among the people of Rwanda establishing lifelong relationships.

When the genocide began, Carl and Theresa had a difficult decision to make. All expatriates were being ordered out of the country by their home countries, and that included Carl and his family. He and Theresa decided they were there to serve and help and the best way to do that was for Carl to remain and for Theresa and the children to leave with the U.S. Embassy convoy south to the country of Burundi.

New Washington High School Principal Ben Ledbetter listened with 100 students and was as moved as the students by Carl’s story.

“Carl Wilkens and his wife are examples of real courage and character,” Ledbetter said. “The choices they made in the face of real life dangers and challenges were beyond the scope of what most of us face at any time in our lives.”

Junior Kaetlin Hentrup noticed that as Carl spoke about the genocide, pain and empathy were evident on his face, while senior Kaira Doherty said that “a man who has been through so much, kept his faith and showed extraordinary courage is well worth any opportunity to observe or converse with.”

Carl spoke to the students about preconceived and prejudicial judgments about people. He went on to say that genocide starts out with thinking “my world would be better without you in it, and that we should not think of the world as ‘my world’ but ‘our world.’”
He told the students that we should always look for the good points in people as we have a much better chance of finding them than if we only see the bad. He said “I was in a position that I was working with people who had blood on their hands but were also helping me relocate people to safety. I do not know their conflicted motives, but I tried to look for the good.”

Senior Brad Baker said that “Carl is a Godly man who inspired me to be the best that I can and be friendly to all people. Humanitarians like Carl can help save the lives of many innocent people in horrifying situations.”

Carl and his wife Theresa founded the nonprofit organization World Outside My Shoes. Information on and donations to the organization can be made at www.worldoutsidemyshoes.org. His book, “I’m Not Leaving” can also be purchased there.

News and Tribune 221 Spring St. Jeffersonville, IN 47130
10-5-2011 Arizona Conference Re-elects Officers

Future constituency sessions every five years instead of four

The three officers of the Arizona Conference were re-elected Sunday, October 2, at the 29th regular session:
Tony Anobile, president; Ed Keyes, executive secretary (and ministerial/evangelism director); and Robert Hastings, treasurer.

Others elected included: Judy McGee, Adventist Book Center; Phil Draper, communication/development; Ruben Escalante, education/family ministries; Jason Carlson, literature ministries; Jack Robinson, religious liberty; Jose Marin, Hispanic and Sabbath school ministries; John Schachinger, trust services/stewardship; Benjamin Lundquist, youth adult ministries; Erik VanDenburgh, youth ministries; and Walter Arties, African-American ministries.

The delegates authorized the Conference Executive Committee to fill the native ministries leadership position.

Delegates also approved holding future constituency sessions every five years instead of every four years.

In his opening remarks, Anobile challenged the delegates to "Go Out." "It is me to finish the work," said Anobile. "People need to know. Do you have a burning heart to light the world? Well then, Go light your world.

###

By Gerry Chudleigh