“The Update” eNewsletter, January 2014

Why I Cried in Russia!

Unfortunately, you will have to be at the 4th World Youth Prayer Congress (Just Claim It 4) in Miami to hear and know why I cried in Russia. For the past 24 years, my entire life has been consumed in helping youth and young adults know God's plan and will for their lives. As you read this editorial, ask yourself the question – "Do you know God's plan and will for your life?"

When thousands of youth and young adults assemble in Miami in just 31 days, this is one of the questions that will be put before them. I am convinced that we are no longer at the crossroad but clearly heading down a path where God is seriously challenging the "now generation" to prepare for greater spiritual warfare. The fact is that we are not called to train young people to lose in battle. Sometimes it appears as if the enemy has the upper hand, but God has assured us that if we claim His power that "nothing shall be impossible..." to conquer in His name – Matthew 17:19. Mountains will have no choice but to move. It is our desire to see every young person in the North American Division territory and beyond, become a mountain-mover for Jesus.

It is equally important that each one have an audience as a witness for God. This is why we are encouraging churches who are sending youth to Miami, to not just send youth who are members of their church, but in addition, to bring their non-Christian friends. For decades we have practiced coming to events just for us, but when you stop and realize the opportunity, JCI is perfect for friends of youth to really get to know Jesus. They are able to share in a spiritual journey together that will never end. Oh, and BTW, please do not vote to send all the "good kids" those who you feel are more deserving than others and allow those with serious issues to remain behind. Please send them all to the JCI Garden of Gethsemane. When they watch with Jesus for while, they will see Him face to face and their lives will forever be changed. I know what I am saying because I was one of those who was often left behind.

When I share at JCI the reason why I cried in Russia, there's no doubt that they will see and understand that God is serious about the calling in their life. Jesus is calling now and unfortunately many cannot hear. Please join me in prayer for the next 40 days as we pled with God to reveal Himself in the lives of those who need Him most, and are expected to carry out His mission in these last days.

www.jci4.org

See ya soon!!!

Blessings

Pastor JB
North American Division
Youth & Young Adult Ministries Director

Prayers

Prayer for Family of Missionary
On January 3, Brian Townsend, missionary missing in Belize, was confirmed dead. We pray for his family and community. [More info]

**Just Claim It 4 / Ignition**

Only a few more days remain until thousands of young people, descend upon Miami FL for an event that isn't just an event but a change in life. Pray for us as we plan and the young people as they register and come. YPAC leadership meeting are happening the previous weekend also in Miami. Please pray for the leaders' decisions during that process.

**Just Claim It 4 / Ignition!**

**Monday and Friday Social Media Shoutouts!**
We are now 31 days until the start of JCI4. As requested on the teleconference, please give a JCI shout out via social media networks and newsletters on Monday and Fridays from now until the start. More importantly, please pray now as never before that God will move in a miraculous way in the lives of our youth and young adults. My shout out today on FaceBook is the same editorial in the January Update Newsletter you will be receiving today. #jci4 #ignition2014.
Read More: Other ways to Shoutout about JCI4/Ignition

**Join the Orchestra and Choir!**
Lift your voice or instrument in SONG! However, you must register! When you do, you will receive a link to FREE music downloads for your instrument!
Read More...

**Local “Weekend Only” Registration Option!**
Local “Weekend” Only Option is now available for only $40. Attendees whom live locally or wish to drive in may experience Friday afternoon and Sabbath programming (inc. Sabbath lunch). Register NOW!

**Registration Regular and Late Fee Deadlines Approaching!**
Registration “regular” fees rate ends January 23. Late Registration extends ONLY until February 5th. Register now!

**JCI4/Ignition Volunteers Needed!**
Many volunteers (including all Master Guides) are needed to help make JCI a success. We ask that volunteers serve wherever assigned. Volunteer MUST also register for the event in order to have unlimited access. Please complete the online form ASAP. Thanks

**JCI4/Ignition Teleconference Agenda Items**
Read More...

**Conference Leadership**

**Directors and Associates YPAC / JCI / Ignition**
Please let us know when you are arriving at YPAC / JCI/Ignition. Thank you to the many of you who are involved on committees, taskforces, and advisories.

**GC 2014 Junior & Youth Week of Prayer Scripts Now Available!**
http://ow.ly/sKaO6

**ACF at JCI!**
This years Just Claim It Youth/Young Adult Conference in Miami, February 19-23 will be much more of a missional event reaching the city of Miami with youth, collegiate and young adult events across the city. ACF will be hosting an outreach event at Florida International University on Thursday afternoon, February 20 from 3 - 5 pm. Students are invited to reach out on campus with Creation Health surveys, spoken word by Nico Hill and
Announcements / Highlights / Reports

Travel Schedules

Pastor James Black:
January 17-19 Greater New York Conference Youth Congress – Stamford, CT
February 3-5 SDAC Canada – Youth Advisory – Canadian University College – Lacombe, Alberta Canada
7-9 Prairie View University ACF Speaker – Prairie View, TX
14-18 NADYM Committees/Advisories/Focus Groups – Miami, FL
19-23 Just Claim It 4 – Miami, FL
28 Altholton Adventist Academy – Columbia, MD

Pastor Manny Cruz:
January 17 - 19 Central California Conference: Youth Leaders/Pastors Training: Presenter, Speaker
January 24 - 26 Orlando, FL: NAD Health Ministries Convention, Awards Ceremony: Presenter
January 28 - February 1 Miami, FL: NAD Hispanic Leadership meetings: Committee Member
February 15 Orlando, FL: Youth Ministry Class: Presenter
February 16 - 18 Miami, FL: YPAC Committees/Advisories
February 19 - 23 Miami, FL: 4th World Youth Prayer Conference "Just Claim It" / Ignition (#justclaimit #jci4 #ignition2014)

Voice of Prophecy (VOP) Relocation to Colorado
After 84 years in California, the Voice of Prophecy (VOP) will be moving its ministry headquarters from Simi Valley to temporary offices in Loveland, Colo., this fall. Their long term plans include developing land adjacent to Campion Academy. H.M.S. Richards began regular radio broadcasts in 1929 and the radio ministry was based in Glendale, Calif., from the mid 1930s to 1978 when it moved to Simi Valley. “H.M.S. Richards started his evangelistic ministry in Colorado, and we can’t imagine a better place to relocate this ministry,” says Shawn Boonstra, speaker/director.
Source: GleanerWeekly Jan 9, 2014

REPOST: Mission Lifeguard NEW Newsletter!
Steve Case and Carol Moses join the team that is adding energy and passion to an incredible resource for those wishing to "reclaim" their young adults! Sign up for the newsletter today

Camp (website)

Important Dates to Remember
ACA Convention February 5 - 8, 2014 Orlando, Florida
CCCA Convention will be held in Orlando, Florida, December 1-4 at the Rosen Centre Hotel. Those who have attended the CCCA conventions would encourage you, too, to attend. A lot of valuable information is shared along with a great opportunity to network with the Christian community of camp professionals in North America.
Source: AACP Newsletter, January 2014

Sunset Lake Critter Cam
Sunset Lake has a camera set up to catch those special animals often not seen during the day. Take a look at the video! This one was caught on the Sunset Lake Critter Camp. Their note says, "These woods are filled with so many amazing creatures! https://www.facebook.com/photo.php?v=10151681481755474
Young Adults / ACF (Public Campus website)

New Barna Resources/Research for Millennials (Can YOU Help?)!
Find here the information about Barna Labs and the discount we've arranged for Seventh-day Adventists. You can find more detail on their website.

A Allan Martin signed up to do Barna Labs in the "local church" context.
Read More...

Roger Wade has signed up to do Barna Labs in the "local conference" context.
Read More...

Ignition 2014 ~ Miami, FL
It's not just for youth! Just Claim It 4 is also about IGNITION, the unique gathering for training, networking, praise, and much more specifically for young adults. Look for more information in a news update later this week, along with information being published on Just Claim It 4 (website, Facebook, and Twitter (@justclaimit)).

GODencounters @ Atlantic Union
January 31-February 2, 2014
Cost $99, Hotel rooms for $75 per night
More info: Facebook

CRAVE Campus Outreach @ JCI
CRAVE Campus Outreach at NAD Just Claim It Miami, 2014: February 19-23, 2014. Join us for CRAVE campus outreach event at Florida International University, Miami Florida, on Thursday evening, February 20. More information will be coming at: CRAVE

Campus Catalyst Training
Jump start your campus ministry with the North American Division ACF Campus Catalyst Training (CCT). CCT introduces student leaders, participating church members and pastors to the ten essentials of campus ministry helping launch, grow and sustain Adventist public campus ministry. To learn more about CCT go to: CCT Schedules for upcoming CCT events:
-Atlantic Union Conference Young Adult/CCT, April 18 - 20, 2014
More Info: Upcoming CCT Events Calendar
Source: ACF Today, October 2013

ACF Today Monthly Newsletter
We can't list all the resources you would receive on a monthly basis if you took the 20 seconds to sign up! Even YOU can take 20 seconds! Sign Up Now!

Adventurers (website)

REPOST: White Shirts at AdventSource!
AdventSource is now carrying white Adventurer shirts and blouses for Conferences that choose that option for their Adventurers

Cooperation, Bread of Life, and Fruit of the Spirit are great "cold weather" award options
When the weather outside is frightful, make sure you help the kids have a great time indoors!

- Cooperation, multi-grade
- Bread of Life, multi-grade
- Fruit of the Spirit Helping Hand (grade 4)

Pathfinders (website)
InStep 4 Life $1,000 Awards

The winners of the Pathfinder INSTEP4LIFE Challenge for 2013 have been selected. We will first announce them during the InStep4Life award celebration which will be live on Hope Church Channel or via stream at www.ChooseFullLife.org at 4pm EST on Jan 25, 2016. There are 8 clubs receiving $1000 and 1 club will receive $2000 since they were among the top 5 in miles and top 5 in participation rates as well!!

Many clubs started to report late but in 2014 everyone can begin now. Let's see if we can keep the momentum in 2014 and at Oshkosh when other awards will be given. Register your clubs at to participate at Oshkosh and throughout the year at: www.AdventistsInStepForLife.org

South American Division (SAD) Camporee Attracts 35,000!

Event draws visitors from 12 nations & promoted Christian living, according to ANN.

“A record 35,000 young people, mostly Seventh-day Adventists, from 12 nations gathered in Barretos, in the Brazilian state of São Paulo from January 7 through 12 for the Fourth South American Pathfinder Camporee, a gathering of young people that promotes Christian living and community service....”

Source: Adventist News Network (news.adventist.org)


"Dear friends of the Ministry to our Young People! May the Lord be with you in 2014. Let me share a few thoughts of the largest SAD Camporee, with 35.000 PFs. in attendance and one of the largest in our Church. Jonathan Tejel, our World Leader and I were there, Jan. 7-12 in the city of Barretos, State of S. Paulo site for the International Rodeos in Brazil. ...." Read More

PBE Information

PBE 2 Samuel Activity Guide
PBE SDA Bible Commentary 1 & 2 Samuel

Feeling super-motivated? Already dreaming of "next year"?
Study Books for 2015-2020

Critical Mental Health Resources for College Students

With the pressures facing most people today, it is essential to take your mental health seriously. This is especially true for college students and young people, whose lack of experience in the real world could lead to major mental health issues resulting from stress, overwork, fatigue, or even the onset of a more serious mental illness. In fact, up to 75 percent of college students with possible mental health issues do not seek help for what ails them. While this resource is meant to provide college students and young people with quality information on maintaining good mental health and identifying mental health issues,

Read More...

Ministry Welcomings/ Openings / Ministry Seekers

Job Openings in Camp Ministry!
Camp Winnekeag
Assistant Camp Ranger - Must be at least 21 and have a positive attitude. Call for a full job description. Salaried with full health benefits. Contact Roger Henderson (Camp Manager) at 978.815.3377, FAX 978.927.5621 or email ridakhen@aol.com.
Assistant Food Service/Housekeeping Director - Must be 21 or older, have a positive attitude, and be able to work up to 30 hours per week (mostly on weekends) in the off season, and up to 50 hours per week in the
Wewoka Woods Adventist Center

Food Service Supervisor (For Summer Camp program 2014)


Essential Duties and Responsibilities:
- Answers to the Camp Director. Prepare, serve and clean up. Keep kitchen and staff well organized and maintained at all times.
- Experience: Serving large groups at a camp, school, or cafeteria.
- Education: High School or equivalent
- Skills: Positive attitude, ability to be on your feet for long periods of time, able to lift 40 lbs.

Salary: Competitive pay based on experience and certification status

Contact Name: Carol Chadwick – Oklahoma Conference Youth Department
Contact Mailing Address:
P.O. Box 32098
Oklahoma City, OK 73123
Contact Phone: 405-721-6110
Contact Fax: 405-721-7594
Contact e-mail: youth@okla-adventist.org

In Closing

Thank you for your prayers as we, in the YM office put together the finishing touches for JCI4/Ignition. We look forward to seeing many of you there.

In Christ,

NADYM

To unsubscribe from our list(s), CLICK HERE

Spam
Not spam
Forget previous vote
Brian Townsend, missionary missing in Belize, confirmed dead

A badly decomposed body of a man found in Guatemala has been identified as Brian Townsend, the Edmonton missionary who went missing in Belize on Christmas.

"We have made formal identification," said Belize Commanding Officer Dinsdale Thompson, who added that the wounds sustained by Townsend show that he was killed.

"We do know that, for sure, that it is a homicide and we are looking [in] that direction as well of the motive, of why they have killed him."

Police have two male suspects and are working with authorities in Guatemala in tracking them down.

The confirmation was first revealed through a posting by a family member on the "Brian Townsend — Missing Belize" Facebook page: "With grieving hearts we inform you that the body found in Guatemala is Brian Townsend."

Townsend, 64, had been living and working in the Central American country for nearly a decade.

He was last heard from when he asked his cook to prepare dinner for him on Christmas Day. By the time she got to his house, Townsend was gone.

His vehicle was missing and it looked as if his house had been vandalized. The cook also saw a trail of blood outside the house.

Kory Townsend flew to Belize on Saturday to help look for his father. He called off the search after he learned a body was found in the river, just over the border in Guatemala.

Townsend said the Canadian Consulate had been instrumental in arranging the identification.

“I’m exhausted. I’m trying to stay strong and and finish this process out,” he said.
SOCIAL BUZZ ABOUT JCI4/IGNITION! [/INFORMATION /CREATE-SOCIAL-BUZZ]

Some have asked about ways to spread the word regarding JCI4 using social media. Here is a practical and easy, step-by-step guide to create a “buzz” using social media

1. SHARE the JCI4 promo VIDEOS that are on YouTube using your Facebook and Twitter:
   http://youtu.be/JbQbfQ68mls
   [http://youtu.be/JbQbfQ68mls]
   http://youtu.be/9f4ZNjx1IlS
   [http://youtu.be/9f4ZNjx1IlS]
   http://youtu.be/-3pr2KpCl4Q [http://youtu.be/-3pr2KpCl4Q]

2. Go to the JCI4 Facebook page and “LIKE” us
   https://www.facebook.com/pages/Just-Claim-It-Ignition-SDA-Youth-Young-Adults/336267366507009
   [https://www.facebook.com/pages/Just-Claim-It-Ignition-SDA-Youth-Young-Adults/336267366507009]

3. Go to the JCI4 Facebook page and after you “LIKE” the page, please “SHARE” with your friends and network
   https://www.facebook.com/pages/Just-Claim-It-Ignition-SDA-Youth-Young-Adults/336267366507009
   [https://www.facebook.com/pages/Just-Claim-It-Ignition-SDA-Youth-Young-Adults/336267366507009]

4. FOLLOW us on Twitter: @JustClaimIt
   https://twitter.com/JustClaimIt [https://twitter.com/JustClaimIt]

5. RETWEET our JCI4 Tweets
6. Please be sure to use the HASHTAG #JCI4 and #IGNITION2014 when using FB, Twitter and especially Instagram

7. Post VIDEOS and PICS of your youth group before JCI4, during your travel to Miami and throughout the entire JCI Conference. #JCI4 and #IGNITION2014

“SEEK FIRST THE KINGDOM OF GOD AND HIS RIGHTEOUSNESS...”
MATTHEW 6:33
Rally
Volunteers
Info about Miami
Register
Contact Us
Ignition!
Orchestra Registration / Music

Newsletter
Newsletter, October 2013
Share JCI4/Ignition!
90 Days Until JCI4/Ignition
Newsletter Signup
Choir/Orchestra Open Letter to Leadership

Just Claim It 4
Seventh-Day Adventist Church
12501 Old Columbia Pike
Silver Spring, Maryland 20904

© Copyright 2013, All Rights Reserved.
Create a login, then access sheet music and rehearsal schedules. Sheet music is only available for your instrument once you register!

Register
Other Resources:

Choral and Orchestra Group / Individual Event Registration Forms

Orchestra and Choir Seating Setup Map (pdf)

Sheet Music (only accessible to registered users)

Rehearsal Schedule -- Orchestra Practice Schedule before/during JCI4

“SEEK FIRST THE KINGDOM OF GOD AND HIS RIGHTEOUSNESS...”
MATTHEW 6:33
The Voice of Prophecy will relocate to Loveland, Colorado sometime this fall. The relocation from current headquarters in Simi Valley, California follows the decision by Voice of Prophecy’s parent organization, the North American Division, to close and sell the Adventist Media Center.

“We are excited to be re-booting the ministry in Colorado,” said Shawn Boonstra, speaker/director. “Voice of Prophecy will always be about one thing, and one thing only—saving lost souls for eternity. Colorado will offer us a cost-effective, centrally located place to continue our evangelistic work, and to develop new and innovative outreach platforms. Technology has advanced in the last 84 years to the point that we can produce quality media content from almost anywhere. H.M.S. Richards started his evangelistic ministry in Colorado, and we can’t imagine a better place to relocate this ministry.”

The Voice of Prophecy plans to develop land adjacent to Campion Academy sometime in the near future. This fall they will move into temporary offices in Loveland. Victor Pires, manager/treasurer said, “The ministry will have the opportunity to grow and thrive in this new environment. The brightest days for the Voice of Prophecy are still ahead.”

The Voice of Prophecy headquarters has been at the Adventist Media Center since June 1978, from then until November 1995 in Newbury Park, California, and since 1995 at the present Simi Valley location. From the mid-1930s to 1978, Voice of Prophecy was based in Glendale (north of Los Angeles).

H. M. S. Richards began regular radio broadcasts on October 19, 1929 on KNX (AM) in Los Angeles. Later Richards presented daily live broadcasts of The Tabernacle of the Air over KGER in Long Beach, and live weekly remote broadcasts from his tabernacle to KMPC (AM) in Beverly Hills. In January 1937 his footprint expanded over a network of several stations of the Don Lee Broadcasting System, and the name of the broadcast was changed to the Voice of Prophecy. His first coast-to-coast broadcast over 89 stations of the Mutual Broadcasting System was on Sunday, January 4, 1942.
35,000 Youth Attend Adventist Camporee in Brazil

Adventist youth met in Brazil last week for the Fourth South American Pathfinder Camporee, one of the largest Christian youth events in the world. [photo courtesy ASN]

Event draws visitors from 12 nations, promotes Christian living

January 17, 2014 | Barretos, São Paulo, Brazil | Mark A. Kellner, Adventist World, with Felipe Lemos and Deborah Calixto, ASN

A record 35,000 young people, mostly Seventh-day Adventists, from 12 nations gathered in Barretos, in the Brazilian state of São Paulo from January 7 through 12 for the Fourth South American Pathfinder Camporee, a gathering of young people that promotes Christian living and community service.

The Governor of the State of São Paulo, Geraldo Alckmin formally welcomed the participants, who came from nations in South America, North America, Europe, Africa and Asia.

The thousand-club Pathfinders Camporee is one of the largest global projects for spiritual, social and educational support for children and youth. Throughout the year, about 150,000 children and adolescents between 10 and 15 years, meet on Saturdays and Sundays to learn dozens of skills, ranging from how to give first aid to someone injured or how survive in the wilderness and care for the environment.

The city received 850 busses carrying participants predominantly from the Americas, but some also having first traveled from Asia and Europe. An estimated 800 dining areas were designated to feed the attendees.

The Camporee also boasted a museum displaying the history of Pathfinders, a shopping mall, a supermarket, bakery, snack bar, police and fire outposts and at least 500 people in charge of security and internal transit.

“It’s a massive structure to ensure safety for all participants,” said Udolcy Zukowski, general coordinator of the event. “We do this type of event once every 10 years because of the logistics involved. Pathfinders is an ongoing project: every Saturday and Sunday, the clubs meet for children and adolescents to help them not to get involved in negative activities such as drugs or crime. We teach values that we hope will remain in their lives.”

And while the Pathfinder “city” at the Barretos “Cowboy Park” was a center of youth activity and fun, not everything was centered on enjoyment. Community service and outreach was a major part of the event as well.

In a single day, Pathfinders visited 40,000 homes in Barretos, delivering information on protecting children from abuse as well as an informational “flywheel” brochure on Dengue fever prevention. The following day, 40,000 copies of “The Only Hope,” an outreach book by Seventh-day Adventist pastor Alejandro Bullón, were distributed free of charge.

And on Friday, January 10, citizens were given a DVD with images of Israel, Turkey, Greece and Rome and a special message from the Bible about what happened in these historical places.

On the afternoons of January 8-10, a Health Fair took place at three locations in Barretos, where health professionals and speakers offered advice on eight natural remedies and their use to achieve health. Special features for women’s health were also offered at these locations.

A unique feature of the Fourth South American Camporee was its effort to include people with disabilities. Natalia Paola Blanco is 22 years old, and belongs to the Ebenezer Pathfinder Club, located in northwestern Argentina. She has Down syndrome. “The opening was beautiful,” she said.
Her mother, Elva Blanco, emphasized that contact with the club has contributed greatly to her daughter’s social involvement, communication and learning. It’s also an opportunity for Adventist youth to learn a lesson about equality and social participation.

Elias Santos, 19, is an instructor at the Five Oceans Pathfinder Club, in the Brazilian city of Bahia, and is handicapped. For him, attending the event is the realization of a dream. “I participate in all activities of the club and the guys never disrespected me,” he said.

A childhood friend of Elias, Diego Barreto, said the friendship found in the club undoubtedly influenced Elias to overcome injuries to his left leg. Diego said Elias “joined the club and then had his accident. But the Pathfinders embrace him, because to us he is not disabled. Besides, he still plays ball with us, and better than me!”

Like Elijah, Leonardo Fontan, who joined the Villa Luzuriaga Herederos Pathfinder Club in Argentina three years ago, also has a physical disability and attended the Camporee. “I like to camp, to participate in events and help people,” he explained. On December 14, 2013, three weeks before the Camporee, Fontan decided to express publicly his decision to follow Christ through baptism, the result of involvement in Pathfinders.

Beyond the campers that were on the ground, another significant group also participated in the event, but with a twist: a Virtual Camporee, with live broadcasts of programming and interaction via social networks.

A virtual version was not something planned by the communications team that coordinated the activities. Rogério Ferraz, manager of digital strategies of the Seventh-day Adventist Church in South America, said the idea arose spontaneously through the Pathfinders who were participating in the webcast. “The initial goal was to bring to the Pathfinders what was going on here for those who could not come, so they could have a sense of what is happening and to share a little bit too,” he said.

Two groups were created on Facebook by the virtual campers, “#CampanhaTrunfoParaOsInternautas” and “I did not go in but I’m in #CamporiDSA.” The groups operated alongside the official webcasts on the CamporiDSA website.

“I was watching the chat CamporiTV, and many [people online] were sad for not being able to go to the program. As I do not like to see anyone sad, I had the idea of creating the group, to get everyone motivated and happy,” said Pathfinder Henry Santos from Porto Seguro, who created the Facebook group with the hashtag #CampanhaTrunfoParaOsInternautas.

Because they are so connected to what was happening, online participants began to also feel part of the Camporee, and wanted to earn an award for their participation.

“So we created the idea of a Virtual Camporee and started to put some requirements that they could complete to earn an award, something to show that they were actually participating in day-to-day programming, watching and interacting. Fulfilling these requirements, they will be able to win the award,” Ferraz said.

And not only were the pathfinders who were in Barretos that heard the messages of pastor Odailson Fonseca, speaker of the event. Viewers thousands of miles away also felt part of the invitation to the “Meeting scheduled in eternity.” “It was not for the Camporee IV, but I’m connected to CamporiTV... I also have an appointment with JESUS ... #camporiDSA #campanhaTrunfoParaOsInternautas ” posted Ana Leticia, Maranhao, on Facebook.

The Internet outreach had its consequences, Ferraz said. One girl, who had planned to attend the Camporee but withdrew at the last minute, saw the online programming and sent a message saying she would return to the church. Another sign of success: 680 online applications for the merit award from virtual participants.

In all, there were 337,000 viewings of Camporee content by 80,000 people in 97 countries, officials reported.
Pastor Leo Ranzolin brings us a wonderful report from the SAD Camporee in January 2014.

"Dear friends of the Ministry to our Young People! May the Lord be with you in 2014. Let me share a few thoughts of the largest SAD Camporee, with 35,000 PFs in attendance and one of the largest in our Church. Jonathan Tejel, our World Leader and I were there, Jan. 7-12 in the city of Barretos, State of S. Paulo site for the International Rodeos in Brazil.

The first SAD Camporee took place at Iguaçu, where the falls are located, in 1984. Mike Stevenson and I were there and they had 6,000 PFs, 2nd, 1999 in Ponta Grossa Parana with 9,000. Third, 2005, at Sta. Helena, near Iguaçu with 22,000. By the way, the PF leader for the Division-Udolcy Zukowski, was the director assisted by Areli Barbosa, SAD Youth Director. Just a few years ago Udolcy had a camporee in the Central Brazil Union with 15,000 Pfs. probably one of the largest Union camporees in the History of our Church!

WEATHER PROBLEMS- I had a hard time getting out of here. I don't know why they scheduled me to go to Newark, NJ and then S. Paulo. That was cancelled because of the Artic cold last week. They flew me to Chicago and lo and behold, I sat by the President of Andrews, Dr. N. Andreasen. Andrews was closed for 3 days. He had meetings in Marco Island, Florida. South Bend was closed and he had to take a bus. The wonderful part was that he placed me in the United Lounge and I stayed there for 12 hours before flying to S. Paulo. Flew almost 10 hours to S. Paulo, got another flight to S. Jose do Rio Preto (1 1/2 hrs.) and then by car another 2 1/2 hour to Barretos. You would not believe my emotions to see 35,000 Pfs in the arena where they have the rodeos. Absolutely fantastic.

ORGANIZATION- The organization was excellent! There were no accidents, nobody broke an arm, etc. One sad thing was that 3 PFs had to go home because their mom died. Jonatan, myself, President Erton Kohler, Odailson Fonseca were the speakers. Odailson is a very good speaker, Dir. of TV Novo Tempo in Brazil. They had a supermarket, store, media center, you name it. The sound was very good. Pr. Kohler, President of the Division said that they could have 40,000 but there was no room in the arena.

MEDIA AND PROMOTION - Our TV network covered the whole event. My wife, Lucila saw the whole thing in the Internet.

There were interviews on TV, Our local University Radio station, etc. The governor of the State was very impressed and came to see the event. The Brazilian TV Globo gave us more than 2 minutes. We are working...
to put an article in the World SDA Review.

SPECIAL GUESTS - Invitees included Pr., Claudio Belz (Great Grandfather was the first baptized member in Brazil) Former SAD Youth Dir. and leader of the First SAD Camporee, Pr. Jose Maria, former SAD Dir. and leaders of the 2nd Camporee and Pr. Kohler, Division President and the one who organized the III Camporee. I was also invited as the first Brazilian to serve as Youth Dir. and Pf. leader in the GC. My big surprise and humbling experience was to receive a special medal with my name which was given to the 3 leaders of the Camporees, to our people in Ecuador and also to the group who came from Mongolia to the Camporee. I told Pr. Kohler, the President that he was being demoted from the Presidency to a Youth Leader again!!!! By the way, all Union and Conference Presidents were present and just about the whole staff of the Division to assist Pr. Zukowski.

MUSEUM - Pr. Claudio Belz and myself spent most of the time in the Museum, with Sergio Rigoli and his staff. He and his wife have organized the Museum for the Division. They have a room in their home with all the Memorabilia and his mother-in-law keeps it nice and clean. I have donated a lot of my stuff and as the clubs and countries came by gave them a glimpse of the origin and beginnings of the PF Club. You do not believe how many clubs, countries I saw and how many booklets and neckerchiefs I had to sign and also take pictures with them. I loved it. If the Lord will, I want to do the same in Oshkosh working with the Platas, where they are expecting 38,000. Ron Whitehead was supposed to come but was caught with the weather as well. Too bad!

Maranatha!

Leo Ranzolin
North American Division Guidelines for Adventurer Family Camping

MARCH 2013

As stated in the introduction of the NAD Adventurer Club Manual on page XI, the purpose of the program is to assist parents as they strengthen their relationship with their children in spiritual growth and development.

When it comes to camping, we must be careful to not confuse Adventurer ministry with that of Pathfinders. The main difference is that the Pathfinder program does not require parental participation.

The only allowance stated in the Adventurer Manual for a camping experience is earning the Adventurer Camper Award (Page 251). Requirements #1 and 2 make it very clear that the parent(s) is the one teaching the camp award to her/his child(ren).

Given the fact that several of our conferences are engaging camping with Adventurers, in order to protect the children and staff we are implementing the following guidelines to be adhered to:

1. In the event of an Adventurer Family Camping experience, a parent or legal guardian MUST accompany their own child(ren) at all times. No exceptions.
   Note: This guideline makes a provision for Adventurers to camp, but only with their parent(s) or legal guardian.
2. Parents or legal guardians are not permitted to grant permission to Adventurer Staff to take their minor children overnight camping under no circumstances. No Exceptions.
3. Adventurer Staff are not permitted to accept permission or release forms from a parent or legal guardian to take their minor child(ren) camping overnight. No exceptions.
4. Adventurer Staff is prohibited from sleeping with children that are not their own. No exceptions.
5. Adventurers are not permitted to sleep in tents or cabins unsupervised. Neither are they permitted to sleep with another child, except they are siblings and the parent(s) is present. No exceptions.
6. Each union and conference has the responsibility of introducing, implementing, and managing these guidelines to there constituents.
We trust that these guidelines will increase safety for our Adventurer children and their parents as well as reduce the liability for the Adventurer Staff.

Blessings,

James L. Black, Sr.
NAD Adventurer Ministry Director

Printable PDF
Critical Mental Health Resources for College Students

With the pressures facing most people today, it is essential to take your mental health seriously. This is especially true for college students and young people, whose lack of experience in the real world could lead to major mental health issues resulting from stress, overwork, fatigue, or even the onset of a more serious mental illness. In fact, up to 75 percent of college students with possible mental health issues do not seek help for what ails them.

While this resource is meant to provide college students and young people with quality information on maintaining good mental health and identifying mental health issues, it is not meant to take the place of professional advice from a qualified mental health specialist. Anyone who wishes to learn more keeping tabs on their mental health should consider taking this mental health assessment before diving into the resource.

Most Common Mental Health Issues Facing College Students

Below is a list of serious mental health issues known to affect college students and young people:

**Depression:** While it might be easy for a busy college student to write their depression off as school-induced stress, depressive tendencies can of course be symptoms of more serious mental health issues. In fact, a 2012 study reported that 44 percent of college students have one or more symptoms of depression. This startling statistic shows that hits depression faced by nearly half of all college students could lead to more complex mental health issues without the proper counselling to help them identify the source of their depression.

**Anxiety:** It goes without saying that most college students experience some degree of anxiety. As you might expect, juggling assignments, exams, and part-time jobs can lead to serious levels of anxiety, which could then escalate into a major mental health issue or disorder. Students who feel like anxiety is getting the better of them should schedule some time to speak with a counsellor or mental health specialist in order to pinpoint the source of anxiety and figure out solutions to overcome it.

**Suicide:** The worst possible outcome of an untreated mental illness is suicide. Even for people without a serious mental disorder, the stress of an independent environment can lead to suicidal thoughts. Anyone who has seriously considered suicide should seek professional help immediately. Suicide hotlines staffed by specialists are usually the quickest and most discreet options for people to get the care and attention they need.

**Bipolar Disorder:** This is a major mental health disorder often characterized by extreme bouts of depression followed by periods of manic activity. With the stress and workload many college students face, it’s easy to pass off symptoms of bipolar disorder as mood swings. According to WebMD, severe enough mood swings will interfere with a person’s functioning could be related to an underlying bi-polar disorder. Young people who find that their mood swings are causing difficulties in their personal or academic life should seek counseling from a mental health specialist immediately.

**Eating Disorders:** According to the National Eating Disorders Association, approximately 20 percent of women and 10 percent of men in college struggle with an eating disorder. For some, the pressure of losing weight and “looking good” might be enough to trigger the beginning of an eating disorder. For others, the stress of a busy social, academic and work schedule may make it difficult for them to find time to eat properly, which could also lead to a serious eating disorder down the line. While there are several different eating disorders, anorexia and bulimia are two of the most common. Eating disorders are serious and could lead to devastating consequences for a young person’s health without immediate treatment from a mental health specialist.

**Addiction:** For individuals of any age, addiction can lead to significant and life threatening health issues without proper treatment. Addiction can be especially devastating for young people, who may turn to drugs, alcohol, or food to deal with general stress or an underlying mental health disorder. Binge drinking is an especially common form of addiction found on American campuses. According to the National Survey on Drug Use and Health, of the 61 percent of surveyed college students that drank, 40.5 percent binge drank and 16.3 percent were heavy drinkers. For many who struggle with addiction, often the hardest hurdle for them to overcome is admitting that they have a problem. If you or a young person you know is struggling with addiction, counselling from a mental health specialist or admission to a substance rehabilitation center are two viable treatment options.

**Self-harm:** Unlike other mental health issues, the underlying reason behind why young people choose to physically harm themselves still eludes researchers. Moreover, people who do harm themselves tend to do so in private and on areas of the body that may not be visible to
others. Some estimate that up to 15 percent of college students have engaged in some form of self-harming behavior. Self-harm is a serious mental health issue that should be monitored by a trained mental health specialist.

**Struggles with Identity:** U.S. society has gradually come to accept the many disparate identities found within its borders. That said, in certain areas of the country, there is still a significant amount of intolerance directed towards people who identify themselves in a certain way. While a given identity will not necessarily indicate mental health struggles, the pressures of withstanding a hostile social environment could lead to severe stress and anxiety. Anyone struggling with extreme social pressures due to their lifestyle or identity should immediately seek help from a qualified specialist at their school or workplace.

**Links to Each State’s Social and Health Services Site**

Each state in the U.S. maintains their own health and social services department. Some states even have departments entirely dedicated to mental health. These resources can be helpful for state residents who struggle with their mental health, or know someone who may need help. Below is a list of links to health and social services departments organized by state.

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**Links to Recognized National Orgs that Sponsor Support Groups**

In addition to the government resources listed above, there are also many recognized national organizations that sponsor or host mental health support groups. These support groups offer those who struggle with their mental health an opportunity to listen and be heard in a community setting. Below is a list of some of the most respected mental health organizations in the United States.

- Anxiety and Depression Association of America
- American Foundation for Suicide Prevention
- Depression and Bipolar Support Alliance
General Online Resources

Below is a general list of links to websites and portals that deal specifically with issues related to mental health.

- ULifeline
- SAMHSA Treatment Locator
- MentalHelp.net
- MentalHealth.com
- NICHY’s State Search Tool
- MentalHealth.gov
- UCLA’s Center for Mental Health in Schools
- UMD’s Center for School Mental Health
- The Balanced Mind Foundation
- Hazelden.org’s Resources for Family Members
- The Dart Foundation’s Gateway to Post Traumatic Stress Disorder Information
- University of Michigan’s Mental Health Resources
- The Brain & Behavior Research Foundation
- National Institute on Alcohol Abuse & Alcoholism
- National Institute on Drug Abuse
- Healthy Place: America’s Mental Health Channel
- Choices in Recovery
- ACHA’s Mental Health Resources
- Active Mind’s Mental Health Resources
- The Jed Foundation’s Programs & Research
- McLean Hospital’s College Mental Health Program
- Behavior Online
For college students and young people who do not struggle with significant mental health issues, there are still actionable steps to take in order to relieve stress and anxiety. Here are some suggestions to take into consideration:

**Physical Activity:** Physical activity releases “happy chemicals” in our brain known as endorphins that can have an almost immediate impact in balancing our mind and body’s negative reaction toward stress and anxiety. Physical activity can also boost self-confidence and increase our ability to think clearly, focus, and inspire others to do the same.

**Sleep and Diet Changes:** Major changes in diet or sleep habits can also lead to elevated levels of stress or anxiety in a college student. Consistently staying up late to study for exams or finish assignments can mean some degree of sleep deprivation, which could lead to poor academic performance or more serious mental health issues. What’s worse is that sleep deprivation and poor diet often go hand in hand. Dramatic shifts in diet will also impact a student’s academic performance and mental health.

**Psychiatric Care:** If a student finds that the amount of stress they face is becoming too much to handle on their own, obtaining psychiatric care should be given serious consideration. Inpatient or outpatient care may be pursued depending on the severity of the mental health issues faced by the individual in need of care. Mental health specialists are there to help us overcome stress, anxiety, and many other issues impacting mental health. Remember that seeking psychiatric care should never be thought of as unreasonable.

**Relaxation Exercises:** No matter how stressed or anxious students become, there should always be something to count on as a source of positive relaxation. That said, many young people may not be able to find the opportunity to relax in the way that they prefer. Nonetheless, there are several quick and easy relaxation exercises to explore. Taking a few breaks each day to stretch, meditate, or even pick out a comfortable set of clothing can work to significantly reduce anxiety throughout the day.

**Therapy and Counseling:** Even if a young person feels that the stress in their life is not affecting their mental health, seeking therapy and counseling to understand how to better manage anxiety can still be helpful. Students may feel they have an exceptionally high tolerance for stress and anxiety, but that failing to learn new and better ways to manage their stress could rapidly lead to more serious mental health issues. Seeking therapy and counseling is often the safest and most effective way to get personalized advice before stress becomes a much more serious problem.

**Your Right to Mental Health: Understanding Confidentiality and Insurance**

As the public’s awareness about the importance of mental health grows, more attention is being directed toward insurance and confidentiality solutions for people struggling with mental health issues. The stigma of mental health as being less important than maintaining good physical health has led to a crisis of mental health, which can only be corrected as more and more citizens recognize the power of quality mental health treatment.

A major trend bringing attention to the mental health of college students is the fact that more student than ever before are seeking mental health care. As with any rising demand for an important health service, institutions that work closely with students – like their colleges and universities – are incorporating mental care into the health care offered to students. Moreover, people who are 26 years old or younger are now able to be covered by their parent’s health insurance policy as a result of the 2010 Affordable Care Act (also known as “Obamacare”).

On top of providing young people with more health insurance options, the Affordable Care Act has also introduced some great provisions
regarding mental health care. Supporters of the health law recognize mental health care as an important part of physical health care. As such, the ACA makes it easier for young people to afford health insurance and expands Medicaid to help more people that struggle daily with mental health issues. The law also ensures that certain mental health services and treatments that may have traditionally been declined by private insurance companies or Medicaid must now be covered.

Confidentiality is also a major roadblock discouraging people from seeking out the mental health treatment they need. Even though mental disorders are becoming more understood and accepted by the public-at-large, students may still feel embarrassed of their own mental health issues. Everyone should understand that the professional mental health community employs many safeguards to help keep information about your mental health confidential and only shared when coordinating a patient’s care.

While the Affordable Care Act should ensure that all young Americans have access to affordable, high quality health care, there are still many young people today that remain uninsured. Young people who find themselves uninsured, however, should remain vigilant about obtaining mental health care the minute they need it. To help uninsured people find proper mental health treatment, Mental Health America has compiled an extensive list of options that should be kept handy in the event of a mental health crisis.

As the inclusion of mental health treatment becomes the rule and not the exception for health plans across the nation, college students will finally have the resources and support needed to help maintain both their physical and mental well-being while on-campus.

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