The Quinquennium worldwide session of the General Conference of Seventh-day Adventists was held in San Antonio, Texas, this summer from July 2-10. More than 60,000 people came from all over the world to assembled and interact in San Antonio! Thousands of exhibitors from various church entities and mission organizations were busy for 10 days of non-stop action in the convention center while about 2,500 delegates met for daily business meetings in the Alamo Dome. Many people had been planning for this event since the last GC Session in 2010 and it was a grand event!

NASDAD teamed up with the Dental Affairs section of the General Conference Health Ministries Department to present a booth which emphasized dental health, humanitarian service, and dental missions. This booth was manned by dentists and NASDAD-related people to talk with visitors about dental subjects and two dental chairs were incorporated into the booth in which dental screenings we provided, free, to those visiting the exhibit hall. This screening opportunity is an educational opportunity that many of the people had never before had.

NASDAD recruited volunteer dentists who conducted an oral cancer exam followed by a visual dental examination. Rob Foster went out of his way to bring in 2 dental chairs to be used during this session and NASDAD purchased 2 intraoral cameras and 2 tablets to allow the patients to see what the dentist saw. Many people had never seen their teeth and gums so well and they found a whole new world to learn about. The dentists had the opportunity to teach people about good oral health and on several occasions were even able to teach a person, for the first time, about dental floss and how to use it! At the conclusion of each screening, the recipient was given a new toothbrush and dental floss as well as printed material that was selected based on their interest and needs. The entire screening process took only about 10 minutes per person but time was scheduled to answer question, explain, discuss, and make friends.

A HUGE THANK YOU to the 24 volunteer dentists who provided a total of over 124 man hours of dental screenings, as well as to Dr. Quint & Norene Nicola, Drs. Ken & Crystal Pierson, and Dr. Gene & Blanche Wilson, and Katie Layon, who made everything work so smoothly and effectively!
The names above are of everyone who volunteered in the dental screening booth. The names are not intended to describe each person in the picture that it is next to. We appreciated everyone who volunteered and want to thank them each by name.
I have just returned from a month-long trip to Zambia and I have just one word to describe my trip: AWESOME! The whole experience was truly an amazing opportunity for me and I am so thankful to have been able to go.

I traveled to Lusaka, Zambia where I volunteered at the Lusaka Adventist Dental Services clinic where Dr. Paul Yoo is a missionary dentist. I spent a month there as part of the NASDAD International Clerkship, providing dental care, learning about how to run a private practice, and experiencing Zambian culture. It was a tremendous opportunity, one I will be forever grateful for.

Dr. Yoo’s clinic was a cash only clinic, where we saw children, elderly, missionaries from around the world, government officials, tourists, villagers, wealthy business owners, and everyone in between. It was great to be able to work with a missionary dentist in an established practice and see how he runs a practice that not only makes decent money, but also generously spends money and resources to help those who otherwise wouldn’t be able to afford dental work. I was able to help provide fillings, extractions, endodontic treatment, exams, prophylaxis, fixed and removable prosthodontics, and assist in implant placement surgeries. For a couple of the days I was there, we ran a mobile dental clinic at Riverside Farms Institute, about an hour from Lusaka, inviting staff and people from neighbor-
Dr. Paul Yoo has done a lot with the dental clinic and so it has given me a positive example of how to run a dental clinic in a foreign country.

For a couple of the weekends, I was able to travel around and see some of the beautiful places in Zambia. One weekend, the Yoos, other short-term missionaries at Lusaka, and I traveled to South Luangwa National Park in eastern Zambia for a weekend of game drives. It was awesome to see the large animals in person for the first time! Another weekend, a group of us traveled to Livingstone to see Victoria Falls. It was spectacular as it was at the end of rainy season and the falls were very full!

God clearly paved a way for me to go to Lusaka, Zambia and I was so tremendously blessed by my time there. The Yoos and the dental clinic staff were awesome! The country was a beautiful place to visit and I am so very thankful to God and NASDAD for the opportunity to go to Zambia.

My husband and I are planning to go as Deferred Mission Appointees (DMA) after he completes his general surgery residency program and since the Yoos are also both DMAs, it was great to see a real-life example of how they balance living in another country, raising children, and working for the church in the medical/dental field.

One of the things that stood out to me was the use of resources. In dental school we have no concept of the cost of materials and how to be conservative with their usage without compromising quality dental care. One just goes to the clinic supply window, asks for some more impression material and voilà, a new tube of impression material appears. Upon arrival in Zambia, I was immediately forced to think about how I could conserve materials without compromising quality patient care.

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Laura Sherwin, LLUSD, c/o 2016
DID YOU KNOW?? 16 YEARS AGO NASDAD ESTABLISHED AN ENDOWMENT FUND AT LOMA LINDA UNIVERSITY SCHOOL OF DENTISTRY TO BENEFIT STUDENTS WHO PARTICIPATE IN AN LLUSD SERVICE LEARNING MISSION TRIP? EACH YEAR NASDAD CONTRIBUTES TO THIS FUND AND THE INTEREST CAN BE USED TO OFFSET A PORTION OF THE TRAVEL COSTS FOR 1 TRIP PER STUDENT, PER ACADEMIC PROGRAM.

BELOW IS THANK YOU NOTE FROM A STUDENT WHO WENT TO NICARAGUA DURING THE SUMMER BREAK THIS YEAR, 2015. HER WORDS REINFORCE THE REASON NASDAD CONTINUES TO ENCOURAGE AND CONTRIBUTE TO DENTAL MISSIONS FOR STUDENTS.

Dear NASDAD,

Thank you so very much for your incredible generosity in allowing me to participate in my first Loma Linda Dental Mission Trip to Nicaragua. It was life changing! Being able to serve on that trip confirmed my passion for dentistry & most of all, dental missions. I attended the NASDAD conference last October & was inspired by each of the dentists who dedicated their lives to serving the Lord—you are my role models. Thank you for making Nicaragua possible for me!

Amy Giroux
LLUSD 2018
Mission Trip to Grenada, by Jasmin Ayala

At 1 AM on Sunday, my family woke up to kiss me goodbye and have a very heart-felt family prayer for a safe journey to Grenada. It wasn’t until this moment that I realized that the trip was here and we were actually leaving. When we arrived at the school I was met by familiar faces as well as people that I’d never met before. Little did I know that these other students would join me in the bonding trip of a lifetime.

On the first day, after we touched down at the St. George airport and exited the plane, I could instantly feel the Grenadian humidity. This was one of the many differences that I had not expected when leaving my comfortable Southern California home. We went to our quaint guesthouse on the beach to finish the day with a snack and a long night of lying awake. This was partially from the excitement to come and partially from the lack of air conditioning.

On the second day, we woke up to a nice breakfast and had the opportunity for fellowship before our workday. We were able to help over 20 patients who were in great need of dental care. Many of these patients were people who hadn’t had a dental visit in 10 years, but for others, this was their first visit ever. Not being accustomed to the humid heat, we were exhausted. Many of us took a nap on the hour and a half bus ride home and were eager to eat dinner and go to bed. The dinner that we had this night was provided to by the SDA church and was beautiful. The four-course dinner included fruits (wax apples and white watermelon) that I had never seen before. My favorite part of the meal was the pea soup and rhubarb pie!

On the third day, we were able to provide care in Tivoli. This is where I felt most helpful to the Grenadian locals. There were many more patients here that had never had a cleaning. With no air conditioning, we were able to provide patients with care outside in the open air or inside a small clinic with open doors for plenty of air flow. Being the second working day, our group was much more aware of our work and much more organized. The locals were so thankful for our work. One patient asked how much a cleaning would typically cost in the US and could not stop expressing how thankful she was. These were the moments that

Continued on next page
showed me that I was truly making a difference. These were the moments where I knew that my career choice was never my own, but has always been a part of His plan. God has given me these gifts so that I can help people.

On the fourth day, we were able to work more in St George. The local radio station, news, and word of mouth spread the message that we were giving dental care. Because of the news, and patients we were unable to tend to a few days prior, there were many more people that needed care. By this day I was starting to get accustomed to the weather and not having some of my luxuries I was used to (although a dental chair would have been much appreciated). I wasn’t feeling nearly as tired this night and I had much more energy during dinner and our fellowship time.

On the fifth day, we returned to Tivoli. Sandra and I were personally able to care for over 50 patients, making this our busiest day yet! When we returned to our guesthouse we were awarded a certificate in recognition of our stewardship. After five days of working together, the other students and I had found that we had a lot in common. When we first started our trip many of us kept to students we knew, but by now our social circles had started mixing and we were becoming closer than ever.

On the sixth day, we did simple cleanings for the local SDA church to wrap up our week's work. After work, we were able to visit the beach to conclude our Grenada trip music video. After this, our free time started! We spent time swimming and eating at one of the local restaurants. To welcome the Sabbath, we had a beautiful beach vespers. This was an opportunity to come together and express how we were able to grow closer to God by embracing a servant’s spirit.

On the Sabbath, we were able to attend church and come together for communion. It was beautiful to hear people sing and praise God all Sabbath long. I was humbled to see how people with so much less than I have can be grateful to God for the things they do have. It has never been clearer than me that like Philippians 4:19 says "...my God will provide all your needs". Later in the day I was able to play with the locals. Many of the young kids enjoyed playing with our hair or playing cards with us. Their fun was less based on material possessions like video games and more focused on interactions with other people.

Our last two days in Grenada were full of adventure. Our class was able to go scuba diving, snorkeling, and hiking. I will never forget the fun that I’ve had with the locals and my new friends.

The biggest impact on me, spiritually, were the people I was able to help. In one instance, a local named Kings- ly spent hours and hours preparing lots of food for our group just to show his deep appreciation for us. In another instance, we would see patients showing up as early as 5:30 AM when we wouldn’t get there until 9:30. This showed me what a great need there was for our service. I cannot think of a more fulfilling time in my life.

Serving God through helping people in Grenada will be, without a doubt, one of my most fond memories. I could not think of a better place to serve. Even the island, in its beauty, is a reminder of how beautiful God’s creation is. I hope that I will have an opportunity to return and help those in need of deep cleanings. I would also love the chance to help future dental hygiene students in their future mission trips. As fulfilling as this trip has been, I would recommend going to anyone who has considered doing missions work. Personally, this trip has opened my eyes that mission work may be something I would like to pursue in the future when the opportunities present themselves.

I would like to thank all parties involved in organizing our trip. Thank you!

Jasmin Ayala, LLU DH, c/o 2016

Here is a video that was made as a review for the Grenada Mission Trip. Click here to enjoy it!
Missions Emphasis Breakfast
Friday, February 26, 2016
Join us at Loma Linda University for the annual Missions Breakfast.
Be inspired by fellowship with old friends and make a few new ones while you’re at it.

Mission Emphasis Vespers
Saturday, February 27, 2016, 4:30 pm
Join us on Sabbath, February 27, at 4:30 in the afternoon for a special Mission Emphasis vespers program at the Loma Linda University Church.

73rd NASDAD Convention - Colorado Springs, Colorado
October 14-17, 2016
Mark your calendar and plan to join us at Cheyenne Mountain Resort from October 14-17, 2016! Cheyenne. You will most definitely enjoy spectacular scenery and fellowship with your NASDAD friends! The ADA annual session will meet in Denver from October 20-23, 2016.