Understanding Aright
the "DAILY"

Scripturally & Historically

Part 5
I am sure by now that most of you, unless you just started your subscription, are aware of Heidi Heik’s new book. We have advertised it quite heavily as we consider this to be an extremely important book for all Seventh-day Adventists.

Surely almost all of us have heard the “winds of doctrine” that are flowing through our beloved church. Unfortunately, many of these “doctrines” are being taught by professors, pastors, teachers and elders as if they are gospel. When I came into the church in the late 70’s, I was coming into some of the fiercest battles over the “old ways” that many had ever experienced. I won’t even name the names, but you who were around then know just who and what I am referring to.

Fortunately, at least as far as my little microcosm of the world was concerned, we were all in agreement over what happened in 508 and 538 and, ultimately, 1798 and 1843/1844. But things that I had always known to be true then are now being questioned and even attacked.

I couldn’t believe it the first time I heard it taught that we as Seventh-day Adventists just made up the sanctuary doctrine to cover up our embarrassment for the Lord not returning in 1844. Then I heard that we could not even verify that anything of significance happened in 508—or even in 538. I was in shock! How could that be? Could it be true? The accusations drove me to the Bible and Spirit of Prophecy to make sure my foundation was solid.

Then there was the question about the “daily” in Daniel and what it meant. I had always thought, just from looking at the context that the word was in, that the “daily” referred to Christ’s ministerial work in heaven, although I certainly did not have a theologian’s background or abilities to deduce that fact. All I had was the Bible, the Spirit of Prophecy and my Strong’s Concordance.

As I studied these things out for myself, I was assured that what I had always been taught and believed was indeed correct, although there were some quotes, especially from Ellen White, that I couldn’t understand. I continued to study and read and pray, but the answers were not becoming as clear to me as I had hoped, and not nearly as fast as I wanted them.

Long before Heidi came to Hope International, he had sent me the manuscript for his “Source” book. When I read it the first time, I was astounded by the information he had gathered, but especially the information about some of the Ellen White quotes and the supposed “old view – new view” relating to the “daily.” I have read and reread this manuscript and I learn more from it each time.

We all realize that time is short, and most of us know that many are going to be hauled in before courts and tribunals to give an answer for our faith. One of the things that will be addressed, besides the Sabbath, will be our church’s teaching about the Catholic Church and when, according to the Bible, it started and ended and came back to life again.

How many are ready to give an authoritative answer? How many can even give, much less know, any of the historical facts behind the dates 508 and 538? Where can we get this invaluable information in an easy-to-follow, easy-to-understand small volume? Brother Heiks, by God’s enabling grace, has come to the aid of the Lord’s people.

In this small volume, Heidi has put all of the pertinent information relating to the dates and understanding of the Seventh-day Adventist people. I have watched as the information has gone out and what the responses have been. I wish I could show you some of the letters we have received arguing against this Biblical position. It is actually embarrassing to see how little the writers have to stand on, or to note how little actual factual information we have, yet quite an object lesson. Thankfully, the Lord has allowed us to be embarrassed among ourselves before we are taken into the public forum.

I would highly recommend that everyone have a copy of this book so that they will be well-armed for the conflicts that are now facing us, and especially for the conflicts that are ahead. There is absolutely no other book out there that will answer the objections so clearly and thoroughly. And be on the lookout in the months to come for the expanded version that has all of the actual documentation for an exhaustive study into these important topics!

Joe Olson serves as the executive director and chairman of the board of Hope International. He also travels as an international speaker.

Our Firm Foundation
OUR MISSION - It is the mission of Hope International and the editors of Our Firm Foundation to clearly present Christ and His truth. The days remaining for this world are few, and we must work quickly. We must boldly proclaim the historic truths of Adventism that place us on so firm a foundation in the midst of this troubled world.—Editors

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Understanding Aright the “Daily,” Scripturally and Historically – Part 5
Heidi Heiks

How and When Christ’s Sanctuary Ministry Was “Taken Away;” Church-State Issues in AD 508.

The Blessing of Obedience
Ellen G. White

Christ’s human obedience instructs and ennobles humanity.

Life in the White House
Oliver Jacques

Memories shared by Willie White’s grandson reveal faith and love in action.

A Thoughtful Hour
David Hebert

Contemplating the life of Christ leads to humility and full surrender.

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Heidi Heiks has supplied for Adventist readership, both scholarly and lay, the historical and legislative documentation from primary sources that describes what really happened in AD 508 and 538. Finally, the dates for the commencement of the 1290- and 1260-year prophecies are fully established. Submitted beforehand for critical review before the most prestigious scholarly institutions within Adventism the world over, it is now presented with the endorsements of William H. Shea, Ph.D., associate of the Biblical Research Institute of the General Conference, professor at Andrews University; Herbert Edgar Douglass, Th.D., professor at Pacific Union College, president of Atlantic Union College; and others. To obtain your copy of this documentation in hardback, call or visit our bookstore and request the 508 538 1798 1843 Source Book (Preliminary).
It is in this issue that we will present some of our most definitive historical and legislative documentation on the “daily.” Taken directly from the book 508 538 1798 1843 Source Book (Preliminary) (hereafter called Source Book), it shows what really happened in those prophetic years. Finally, the guesswork and debates can end, and Adventism can present a united front on this topic.

We have already witnessed from the scriptures that the “daily,” when used in the context of the sanctuary, always referred to the work of the priest in the first apartment. We also discovered that there is no scripture or Spirit of Prophecy support whatsoever for the supposition that the “daily” is paganism, thus revealing that interpretation’s human origin. Our understanding of the “daily” can now be applied to Daniel 11:31 and 12:11, in order to fully grasp what is meant by the similar clauses in those two verses:

11:31 — “And arms shall stand on his part, and they shall pollute the sanctuary of strength, and shall take away the daily sacrifice, and they shall place the abomination that maketh desolate.”

12:11 — “And from the time that the daily sacrifice shall be taken away, and the abomination that maketh desolate set up, there shall be a thousand two hundred and ninety days.”

In Daniel 7, the little horn attacks the law of God. In Daniel 8 the little horn attacks the gospel, the work of the high priestly ministry of Jesus Christ. The work of the priest is the process by which fallen humans are reconciled to their Creator. That is none other than the gospel work, the gospel of Christ. When church and state amalgamated in 508, as we will soon show, the gospel message of Christ’s high priestly ministry in the first apartment, i.e., the “daily,” was immediately usurped or taken away, to be replaced by a hellish, presumptuous counterfeit that could not offer salvation. Ellen White confirms this:

“The accession of the Roman Church to power marked the beginning of the Dark Ages. As her power increased, the darkness deepened. Faith was transferred from Christ, the true foundation, to the pope of Rome. Instead of trusting in the Son of God for forgiveness of sins and for eternal salvation, the people looked to the pope, and to the priests and prelates to whom he delegated authority. They were taught that the pope was their earthly mediator and that none could approach God except through him; and, further, that he stood in the place of God to them and was therefore to be implicitly obeyed. A deviation from his requirements was sufficient cause for the severest punishment to be visited upon the bodies and souls of the offenders. Thus the minds of the people were turned away [taken away] to fallible, erring, and cruel men, nay, more, to the prince of darkness himself, who exercised his power through them. Sin was disguised in a garb of sanctity. When the Scriptures are suppressed, and man comes to regard himself as supreme, we need look only for fraud, deception, and debasing iniquity. With the elevation of human laws and traditions was manifest the corruption that ever results from setting aside the law of God.

“Those were days of peril for the church of Christ. The faithful standard-bearers were few indeed. Though the truth was not left without witnesses, yet at times it seemed that error and superstition would wholly prevail, and true religion would be banished from
the earth. The gospel was lost sight of, but the forms of religion were multiplied, and the people were burdened with rigorous exactions. They were taught not only to look to the pope as their mediator, but to trust to works of their own to atone for sin.” *Great Controversy*, 55.

The scriptures and Ellen White confirm that the “daily” was indeed “taken away” as the pope presumed to supplant Christ as humanity’s intercessor. Faith was transferred or cast down from heaven to the earth.

### Restoration of Knowledge of Sanctuary Ministry Foretold

In Revelation 10, in the eating of the little book lying open in the angel’s hand, John the Revelator foresaw that this suppression of truth would end. Then in Revelation 11:1, referring to the time after the Great Disappointment of 1844 described so vividly in the previous chapter and the additional understanding that followed in its wake, Christ’s command was given to spread far and wide the great gospel of Christ’s present intercession for us in heaven:

Revelation 11:1 “And there was given me a reed like unto a rod: and the angel stood, saying, Rise, and measure the temple of God, and the altar, and them that worship therein.”

Why was the church then told to take a reed and measure the temple and the altar? The word “reed” in the Greek is *kanne*, from which we get our word “canon.” *Canon* means “rule” or “law,” or, as Webster defines it, “a standard used in judging something; criterion.” For the sake of clarity, *criterion* means “a standard, rule, or test by which a judgment of something can be formed.” The Greek word for measure, when it is applied to a building or object, means to “preserve” or “restore” it. In other words, we are to use the Bible, the canon or rule of scripture, in our work of examining and restoring the temple and the altar. The temple and altar were to be restored because Daniel said it was going to be taken away. While the Protestant Reformation did emphasize the priesthood of believers, it did not restore the truth concerning the heavenly sanctuary or the “daily,” Christ’s ministration and function at the altar in that sanctuary.

### “Temple of God, and the Altar”

As we have already seen in Daniel 8:11, the “daily” would be taken away, and the place of his sanctuary would be cast down. The papacy took away the “daily” and cast down the “place” (His foundation, to hear and answer prayers and to forgive sins) of his (Christ's) sanctuary by setting up a counterfeit priesthood, sanctuary and altar. The altar that was to be measured or restored is the altar of incense. The altar of incense in the earthly sanctuary was especially connected with the ministry of the priest in the first apartment. When the Roman Catholic system developed, the world was deceived into looking to the Catholic system of priesthood for its salvation. The great truths of Christ’s heavenly sanctuary and of His mediation before the altar in that sanctuary were cast down, lost or, better stated, usurped. Since 1844 these grand truths have been restored to the world through the remnant church. (See Daniel 8:13 and Revelation 11:1-2.) No wonder Ellen White said:


A correct identification and understanding of terms and events is crucial to prophetic interpretation. Thus before we can fully analyze those two verses of Daniel 11:31 and 12:11 and further cement our understanding of Daniel 8:11, it is necessary to establish some background with historical documentation from the Frankish dynasties, in and around A.D. 508. In doing so, we will illustrate for the first time historically how the “daily” [was] taken away, and at the same time “the abomination that maketh desolate [was] set up.”

### History of Franks circa AD 508

“Clovis died a Catholic Christian. He had been converted under the influence of his wife,
the Burgundian princess Clotilda [a Catholic]. Very probably the main reason for his change of faith was political, for Christianity constituted a bridge between the Merovingian dynasty and the Gallo-Roman population. The Franks owed much of their long-term success to such strategies of shrewd accommodation. As they themselves were a tiny minority—probably numbering only 150,000-200,000—there was a limit to what they could achieve by force. Thus the Salic laws associated with Clovis were not imposed on Gallo-Romans, who were still judged under Roman law. The old civitates and pagi (plural of pagus) divisions were maintained, and posts of count at civitas (singular of civitates) level were frequently occupied by the local elites. The Franks also understood the need to have the church of the Gallo-Romans on their side. Bishops played a more important role in local government than most counts, to whom they were often related by ties of kinship. The existing diocesan frame-work was maintained, forming links with classical antiquity that would last until 1790, when the Revolutionaries reorganized France's ecclesiastical geography. John Ardagh, Cultural Atlas of France (Alexandria, VA: Stonehenge Press, 1992), 28.

"...Clovis played a significant role in establishing a political and religious order which provided a framework in which the Germanic and Roman worlds could join hands in shaping a new civilization in Western Europe."

...The Franks were heavily recruited into the Roman army and a segment known as the Salians was settled in what is now the Netherlands. In the early 6th C., the Franks were united politically by Clovis (Chlodovechus, 481½ - 511), who extended Frankish rule over the whole of Roman Gaul with the exception of Septimania and Provence. Clovis also converted to Orthodox [Catholic] Christianity, the first barbarian king to do so. This conversion and his victory over the VISIGOTHS (508) contributed to a Byz. perception of the Franks as potential allies against the Arian Gothic kingdoms and later the Lombards in Italy. Merovingian kings from Clovis onward were frequently honored by Constantinople with the titles consul and patrikios." The Oxford Dictionary of Byzantium, s.v. "Franks" (New York: Oxford University Press, 1991), 2.803.

"The Church of France was distinguished for many ages by its zeal for the independence and purity of ecclesiastical elections. Under the first and second Frankish dynasties the Church was the main source and principle of civilization—the dominant power of society. All important acts of legislation emanated from its Councils. Its prelates were Ministers of State; its priests were civil magistrates; justice was ordinarily dispensed through its tribunals. Church and State were in fact so intimately blended, as to be scarcely distinguishable the one from the other. During this period, the right of the Church to freedom of action in the choice of its chief pastors was fully admitted in theory; and elections to the episcopate were made, according to primitive usage, by the suffrages of the clergy and faithful laity of the diocese; subject always to the regulations of the canons, and to the approval of the sovereign. It is true that this practice was often interfered with, especially under the later Merovingian princes; but such cases were exceptions and abuses. Freedom of election was the universally acknowledged rule, and was more or less exactly followed until after the fall of the Carolingian Empire." W. Henley Jervis, The Gallican Church: A History of the Church of France (London: John Murray, Albemarle Street, 1872), 1:16.

In the late 560s or early 570s, when the Byzantine historian Agathias was writing the history

**Catholic View of Clovis**

The perspective of the Catholic Church regarding events and conditions in A.D. 508 must be considered, in conjunction with the prophecies of Daniel 11:31 and 12:11. The New Catholic Encyclopedia describes the issues, motives, and significance of what occurred in that decisive year.

“Beyond encouraging individual bishops to play a vital role in his kingdom, Clovis sought to use their collective presence as a force to shape a ‘National’ church that would serve under royal direction to institute a common religious life throughout his realm. . . . His entire religious policy played an important role in bringing the Christian establishment into support for the new regime. . . . At the same time Clovis played a significant role in establishing a political and religious order which provided a framework in which the Germanic and Roman worlds could join hands in shaping a new civilization in Western Europe.” New Catholic Encyclopedia, s.v. “Clovis” (Thomson-Gale, 2003), 809-11. In asso. with Catholic University, Washington, D.C.

It was Clovis and Catholicism, the latter being under royal or state direction, that was to institute (according to Webster’s Dictionary: to “set up” or “place”) a “National” church, a state-sponsored religion. What a powerful admission on the part of the church.

And in order for a “National” church to be instituted or set up, a law or laws would have to be in place to serve that purpose. After all, how does a nation speak?

“The ‘speaking’ of the nation is the action of its legislative and judicial authorities.” Great Controversy, 442.

**Breviary Law Code Used by Franks**

Confirmation of the existence of legislation that set up a “National” religion can be found in the Breviary, the law code that governed the lives of all Gallo-Roman subjects in Gaul. As already witnessed by the historian Agathias and now others, it will be seen that the Franks also came under this law code, including its religious edicts.

In excerpts immediately following, the establishment of this significant law code by Alaric in A.D. 506 and its widespread and long-standing usage will be confirmed by historians. In Gaul it served Clovis and his subjects after his defeat of Alaric, and it continued long after Clovis passed from the stage of history. The inclusion in the Breviary of extracts from the Theodosian Code, which fact is mentioned in the following excerpts, has special significance, which will shortly be discussed.

“Alaric II composed, in 506, the Lex Romana Visigothorum, commonly called “Breviarium Alaricianum,” for the benefit of the Roman residents in the kingdom of the Visigoths. It contains extracts from the Theodosian Code and the Novels annexed to it, from the two works of Gaius and Paulus, from the Gregorian and Hermagenian Codes, and from the Responses of Papinian. This code was in force in Spain till the middle of the seventh century. In Gaul the code of Alaric was also in force throughout those provinces, which the Franks conquered from the Visigoths. The Burgundians also formed a code, in 517, known as the Lex Romana Burgundiorum. This was the shortest and most
insignificant of them all. It was in force until 536 when the kingdom of the Burgundians was conquered by the Franks, when it was superseded by the Breviariuim.” Andrew Stephenson, History of Roman Law (Boston: Little, Brown, and Company, 1912; reprint, Littleton, CO: Fred B. Rothman, 1992), 106-7.

What is of interest, for our study’s purpose, is why Alaric composed his code of law, and what the political and ecclesiastical conditions were at that time. Notice, too, that Alaric, an Arian Christian, undertook his compilation of law in part to “conciliate his Catholic subjects;” and that bishops participated in its formulation and in its approval.

“The sources of Roman law, however, which included the Hermogenian, Gregorian and Theodosian codes, the Theodosian Novels and the writings of the jurists, and interpretations of law now unknown were too voluminous, their language was not sufficiently clear for popular use, and custom had also made changes in their interpretation. These facts and the opportunity to conciliate his Catholic subjects, who had suffered persecution under Euric, and who, it was feared, might support the Franks in the conflict with that nation which seemed imminent, led Alaric II to undertake a compilation of Roman law for use in purely Roman litigation. This was the Lex Romana Visigothorum, generally known as the Breviary of Alaric. It is the work of a commission of provincial Roman lawyers and bishops. It was approved by a council of bishops and nobles and was then published in 506 with the command that in the future no other source of law should be used by Roman subjects. In its legislation and interpretations of law, which were derived from existing glosses, we have the Roman law of the fifth and early sixth centuries as it was applied in the courts. A review of its provisions relating to the church and clergy will illustrate their position in an age when the civilizations of German and Roman were blending and ecclesiastical aims were coming to dominate both. The political conditions under which the Breviary was compiled prevented any extensive reproduction of the imperial edicts against heresy. Only two of these in the Theodosian code were included, one in which Honorius ordered the ‘one and true Catholic faith’ to be observed in Africa, the other his confirmation of the legislation of Theodosius, while the Novels of Theodosius II and Valentinian III, enacted when heresy was no longer a political problem, is recognized. Notice the statement that the Breviary, although a civil code of law, “served the church.”

“LEXROMANAVIDISOThORUM, also called, since the 16th century, the Breviarium Alarici. It is a code of Roman law issued by the Westgothic King Alaric II in 506 for the Latin population living in his kingdom. A commission made up of legal specialists prepared a draft of the code, which was then examined and approved by an assembly of bishops and provincials. It was abolished in the Westgothic kingdom by King Recceswind in 654, but in southern France, even after the collapse of Westgothic rule, it served the Roman population and the Church into the 12th century, as one of the most important sources for the knowledge of Roman law. The Lex Romana Visigothorum contains extracts from the *Theodosian Code (438) and imperial constitutions of the successors of Theodosius to 463, worked-over material from the Institutes of Gaius, the Sentences of Paul, parts of the Codex Gregorianus

“We command that those regulations in regard to the Catholic law shall be preserved unimpaired and inviolate. . . .”
and Codex Hermogenianus, and also a citation from Papinian. In addition, it contains interpretations that explain the meaning of the extracts or fit them into the altered conditions of its own time. While quite inferior to the codification of *Justinian (the *Corpus Iuris Civilis, which appeared only 30 years later), the *Lex Romana Visigothorum constitutes a significant contribution to late Roman legal science in the western half of the empire.” New Catholic Encyclopedia, s.v. “Lex Romana Visigothorum” (Washington: Catholic University of America, 1967), 8:688.

In yet another source, the long-standing, far-reaching dominance of the *Lex Romana Visigothorum is again validated. This fact is noteworthy, in our investigation’s focus, because of the religious content of portions of that law code.

“In 654 it was repealed by Recceswind, who enacted a new code which was to apply to Goths and Romans indifferently, and thereafter it was forgotten in Spain. In other countries, however, especially France, though it had no formal validity, it continued to be used. (See especially Wretschko’s article printed in Mommsen’s Theodosianus, I, ccvii sqq.) and was the chief document through which knowledge of Roman law was preserved in the West until, in the eleventh century. . . .” H. F. Jolowicz, *Historical Introduction to the Study of Roman Law* (London: Cambridge University Press, 1932), 482.

Thus far, we have established that the *Breviary law code, an extensive and complex code of law established in 506, was an important development for the regulation of civil life of Gallo-Romans in Gaul, as well as of the Franks. Its merits caused long and widespread use in maintaining social order and civil peace. However, in our study the *Breviary has even greater significance because it contained certain constitutions from the pre-existing Theodosian law code. Those constitutions, which all citizens under the *Breviary law code were legally bound to obey, were religious in nature.

**Theodosian Constitutions in Breviary Call for “One and True Catholic Faith”**

The Theodosian law code, compiled in A.D. 438, contained three constitutions of particular importance.

**“TITLE 11: RELIGION (DE RELIGIONE)**

1 Emperors Arcadius and Honorius Augustuses to Apollodorus, Proconsul of Africa. Whenever there is an action involving matters of religion, the bishops must conduct such action. But all other cases which belong to the judges ordinary and to the usage of the secular law must be heard in accordance with the laws.

Given on the thirteenth day before the kalends of September at Padua in the year of the consulsip of the Most Noble Theodorus. – August 20, 399.

[Interpretation:] This law does not need any interpretation.

2 Emperors Arcadius, Honorius, and Theodosius Augustuses to Diotimus, Proconsul of Africa. It is Our will that the edict regarding unity which Our Clemency dispatched throughout the districts of Africa shall be posted, throughout various regions, in order that all men may know that the one and true Catholic faith in Almighty God, as confessed by right belief, shall be preserved.

Given on the third day before the nones of March at Revenna in the year of the second consulsip of Stilicho and the consulsip of Anthemius. – March 5, 405.

3 Emperors Honorius and Theodosius Augustuses to Their dear friend, Marcellinus, Greetings. We abolish the new superstition, and We command that those regulations in regard to the Catholic law shall be preserved unimpaired and inviolate as they were formerly ordained by antiquity or established by the religious authority of Our Fathers or confirmed by Our Serenity.

Given on the day before the ides of October at Revenna in the year of the consulsip of the Most Noble Varanes. –October 14, 410.” Clyde Pharr, *The Theodosian Code and Novels and the Sirmondian Constitutions* (Clark, New Jersey: Lawbook
Exchange, 2001), 476. Clyde Pharr lists the Breviary of Alaric law codes in his footnotes for title 11 on pg. 476. See also page 600.

As can be seen, one of the constitutions called for “all men [to] know that the one and true Catholic faith . . . shall be preserved.” In claiming only one “true” faith, religious freedom was thereby denied in the Breviary law code.

**Breviary Law Code “Set Up” “National” Catholic Religion**

These three constitutions from the Theodosian law code were incorporated into the Breviary law code in 506. See Gustavus Haenel, *Lex Romana Visigothorum* (n.p., 1962), 252. This is the most complete work of this law code to date, also called the Breviary of Alaric, which was issued in 506 in Latin. For this same work in German, see Max Conrat (Cohn), *Breviarium Alaricianum* (1903, 1963). See also Theodor Mommsen, *Theodosiani*, for a good reference to the Breviary codes in Latin.

Their presence in the Breviary law code gives unmistakable prophetic significance to the following historical summation, linked to the continuation of the Breviary throughout Clovis’ reign:

After Clovis received the titles and dignity of Roman Patricius and consul from the Greek Emperor Anastasius, the diadem and purple robe in the Church of St. Martin, and baptism at Tours in 508, he was then on his way to Paris, to his royal residence and capital. Henceforth from his coronation in 508, it was the Breviary law code that was in place and implemented as the official law code in the provinces of the Gallo-Romans, and also in those provinces that were conquered by the Franks. That same law code remained in use until the twelfth century, as already established by legal historians.

**Start of 1290-Year Prophecy**

Thus there is indisputable historical confirmation and legislative documentation that the one and true Catholic faith was indeed being “set up,” as prophesied. Clovis had become the first Catholic king of the ten divisions of the Western Roman Empire dating from A.D. 476. His ascension to the throne in 508 brought in its train the first instituted “National” religion. All other faiths were outlawed. Then began the long chain reaction during 1290 years of prophetic history until every European nation accepted the one and true Catholic faith and was led to follow the example of the Franks in using the civil power to enforce the church’s dogmas!

**Next: An Astounding and Portentous Document in AD 538!**

In the next issue, we will undertake clarifying word studies of Daniel 11:31 and 12:11, and then move to an analysis of Daniel 8:12. Moreover, it will be shown from a rare historical document exactly what marked the beginning of the 1260-year prophecy. We still experience the consequences set in motion by that event. The author considers that particular document one of his most significant finds during his years of research.

Heidi Heiks, editor of Our Firm Foundation magazine, has been a college educator, an author, and a radio speaker for The People of the Book radio program. He continues to write and is currently a teacher and speaker for Hope International throughout the United States.
And one of the scribes came, and having heard them reasoning together, and perceiving that He had answered them well, asked Him, Which is the first commandment of all? “Christ’s answer was direct and explicit. “The first of all the commandments,” he said, “is, Hear, O Israel: The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength; this is the first commandment. “The second is like, namely this,” Christ continued; for it flows out of it and is founded upon it, “Thou shalt love thy neighbor as thyself. There is none other commandment greater than these.”

When Jesus saw that the scribe had the moral courage to speak the truth before the frowning Pharisees, and that “he answered discreetly, He said unto him, Thou art not far from the kingdom of God. And no man aSUMER that durst ask Him any question.”

Law of God a Sacred Unit

This response from one of the scribes, the plain statement of his convictions, was more than the scribes and Pharisees thought to hear. Truth that condemned their own traditions and example had been expressed by Christ, and voiced by one of their own number.

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When Jesus saw that the scribe had the moral courage to speak the truth before the frowning Pharisees, and that “he answered discreetly, He said unto him, Thou art not far from the kingdom of God. And no man after that durst ask Him any question.”

And the scribe said unto Him, Well, Master, Thou hast said the truth; for there is one God; and there is none other but He; and to love Him with all the heart, and with all the understanding, and with all the soul, and with all the strength, and to love his neighbor as himself, is more than all whole burnt-offerings and sacrifices.”

This response from one of the scribes, the plain statement of his convictions, was more than the scribes and Pharisees thought to hear. Truth that condemned their own traditions and example had been expressed by Christ, and voiced by one of their own number.

When Jesus saw that the scribe had the moral courage to speak the truth before the frowning Pharisees, and that “he answered discreetly, He said unto him, Thou art not far from the kingdom of God. And no man after that durst ask Him any question.”

The Law of Self

But when man fell, the law of self was set up. This law harmonizes with the will of sinful humanity. There is no strife between them. But when the Word of God speaks to the conscience, telling of a higher than human will, even the will of God, man’s will desires to go its own way, irrespective of consequences. The charm of obedience
was broken by Adam’s disobedience. A sense of the importance of obedience as an absolute necessity, ceased to exist in the mind. And now man thinks, If I choose, I can obey God; and if I choose, I can disobey Him.

**Christ’s Humanity Instructs Us**

Christ came to this earth to show the human race how to obey God. He might have remained in heaven, and from there given exact rules for man’s guidance. But he did not do this. In order that we might make no mistake, He took our nature, and in it lived a life of perfect obedience. He obeyed in humanity, ennobling and elevating humanity by obedience. He lived in obedience to God, that not only by word of mouth, but by His every action, He might honor the law. By so doing, He not only declared that we ought to obey, but showed us how to obey.

Our only safety is in dying to self, and depending wholly on Christ. We need to keep ever before us the reality of Christ’s humanity. When He became our Substitute and Surety, it was as a human being. He came as a man, to render obedience to the only true God. He came not to reveal God as wanting in power, but God in all His fulness. He came to show what God is willing to do and what He has done that we might be made partakers of the divine nature. While enduring the contradiction of sinners against Himself, our Saviour lived a perfect human life.

This He did that we also might be perfect. He is everything to us, and He bids us look to Him, for “without Me,” He says, “ye can do nothing.”

**Christ’s Obedience to be Ours**

The obedience that Christ rendered is exactly the obedience that God requires from human beings today. It was the obedience of a son. He served His Father in willingness and freedom, and with love, because it was the right thing for Him to do. “I delight to do Thy will, O My God,” He declared; “yea, Thy law is within My heart.” Thus we are to serve God. Our obedience must be heart-service. It was always this with Christ. If we love Him, we shall not find it a hard task to obey. We shall obey as members of the royal family. We may not be able to see the path before us, but we shall go forward in obedience, knowing that all issues and results are to be left with God.

**Temporal and Eternal Rewards**

In keeping God’s commandments there is great reward, even in this life. If we are obedient, our conscience does not condemn us. Our hearts are not at enmity with God, but at peace with Him. “The law of the Lord is perfect, converting the soul; the testimony of the Lord is sure, making wise the simple. The statutes of the Lord are right, rejoicing the heart; the commandment of the Lord is pure, enlightening the eyes. The fear of the Lord is clean, enduring forever; the judgments of the Lord are true and righteous altogether. More to be desired are they than gold, yea, than much fine gold; sweeter also than honey and the honey-comb. Moreover by them is Thy servant warned, and in keeping of them there is great reward.” “The mercy of the Lord is from everlasting to everlasting upon them that fear Him, and His righteousness unto children’s children; to such as keep His covenant, and to those that remember His commandments to do them.”

The grace of God is the line of demarcation between God’s children and the multitude that believe not. While one is brought into captivity to Christ, another is brought into captivity to the prince of darkness. The heart of the one who responds to the drawing of Christ glows with the Saviour’s love. He shows forth the praises of Him who has called him from darkness into marvelous light. He can not help using his talent of speech to tell of the grace which has been so abundantly bestowed on him; for he has enlisted with those who are striving to advance the glory of God, and has thus become a channel of light. Willing and obedient, he is one of the number called by Inspiration “a royal priesthood, an holy nation, a peculiar people.” *Signs of the Times, January 25, 1899.*

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Ellen G. White, 1827-1915, received the spiritual gift of prophecy, and the fruits of her life and work accord with the biblical tests of a true messenger of God. To this day, her counsels are an incalculable blessing to God’s people around the world.
For me, life in the White house was special. It was both exciting and soul-nurturing. The place of my birth, it was my first home and, until I was seventeen, the home where I spent many summers, and, occasionally, winters. It was the place where my emotions and sense of identity took root. My parents’ frequent moves through the years reflected a world in transition, but the White house, with its manifold attractions, held firm. It took first place in my heart. The house I’m talking about is not on Pennsylvania Avenue. It was the home of William C. White, built on a seven-acre lot given him by Ellen White, his mother. Her place, across a bridge and 800 yards to the west, is registered as a National Historic Landmark. It is called Elmshaven.

As a boy, my heart never failed to leap as we approached the pine-guarded lane leading to the house where Grandpa and Grandma had lived since 1901. But it was the thought of seeing
them, rather than the house, that evoked ecstasy. Passing through a small valley, we turned and there, on a slight rise, was the three-storey residence our family called “The White House.”

My brother, sisters, and I were blessed by talented, devout and warm-hearted parents, but there was magic in the atmosphere created by our grandparents. It was a composite of love, beauty, industry, dignity, and fun. Beneath it all was sheer goodness grounded in a pervasive but unaffected spirituality. Their welcome, expressed with hugs and kisses, brought one as close to Heaven as is possible on this terrestrial ball! Or so it seemed.

**Morning Routines A Joy**

Life at the White house begins with morning chores, working with Grandpa in the garden or woodshed, or with Francis, an uncle six years older than I, feeding and milking the cow. I rejoice in the camaraderie. Grandma has been in the kitchen for hours. We never know when she gets up.

Worship at seven. When all are present, a Psalm or promise comes to life as Grandpa reads from the Bible. His formal education ended at the third grade, but Charlton Heston would be hard pressed to improve on his interpretation. When Jesus or David, prophet or apostle, rejoices, Grandpa rejoices. When David cries, Grandpa cries. When judgments are uttered, we grow solemn. It is holy drama. His prayer is short, but he is talking to God.

Worship over, Grandma assigns seats for breakfast. I sit at her right. After all, am I not her first grandchild? She and Grandpa face each other midway across the long table. We bow our heads, but Grandpa does not. With eyes open, he admires each of Grandma’s creations and thanks God for His love and providence! Does one close his eyes when receiving a gift? From a Friend? And then, commending Grandma for the meal, he serves her first. Plates or bowls are stacked at his place. When each is served according to his perceived need, Grandma picks up her fork or spoon, and we all, having taken our serviettes (not “napkins”) out of their rings, get busy eating. There is consistent, if not rigid, decorum at table!

**About Francis**

Grandpa walks to the office at Elmshaven. In the workshop, Francis makes toys for his nephews. He’s so full of fun, and so accepting of nephews and nieces. We never get the “brush-off.” He has recently recovered from osteomyelitis. Fourteen operations were performed to remove diseased bone tissue. His spine and right leg were infected. It cost him his left big toe. For two years, Grandma had applied fomentations and prepared a dietary supplement of egg yolks and carrot juice. There are no antibiotics. Francis credits God and the tireless efforts of his mother for his recovery and becomes the heartiest youth in the valley.

**Noon Meal at White Home**

Dinner is at noon. With research going on in the vaults of the E. G. White Estate, there are guests. The table is impeccably and tastefully set. As at breakfast, Grandpa, smiling, commends Grandma for the meal, but instead of the regular blessing, he calls for us to join him in saying thanks. Together, we say, “O give thanks unto the Lord, for He is good, for His mercy endureth for ever. Who by wisdom made the heavens and

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**Beneath it all was sheer goodness grounded in a pervasive but unaffected spirituality.**

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*For children, afternoons are for play and rest. During summer there are evening picnics. A neighbor’s swimming hole is a perfect spot for family fun. Occasionally, Grandpa joins us, making sure that each kid learns how to swim. (When he was a baby, he drowned in a pail of scrubbing water, but was revived when*
his mother rolled him in the grass until he began to breathe.) Mom shows me the tree under which Ellen White used to sit, laughing at the hijinks of her grandchildren.

A clan picnic at Russian River triggers a revealing exchange between my grandparents. With the house full of children and grandkids, Grandma is working to get things ready. She has been in the kitchen for hours, preparing lunch for the outing. Breakfast for the horde is, with my mother's help, going on the table, but morning worship comes first. As Grandpa walks into the room, Grandma says, “We're running late, Papa. May we have a short worship?”

The old man freezes as though stung, and then, with the dignity of a pope saying mass, responds, “I shall read an entire Psalm.” He calls us together and with seemingly deliberation, reads Psalm 131. 'Lord, my heart is not haughty, nor mine eyes lofty; neither do I exercise myself in great matters, or in things too high for me. Surely I have behaved and quieted myself, as a child that is weaned of his mother: my soul is even as a weaned child. Let Israel hope in the Lord from henceforth and for ever.’” That's it... an entire psalm! After a concise prayer we find our places at the table. I get a nudge from Francis. Grandma smiles. With breakfast over, we’re off for a day of fun.

**Mealtime Memories, and A Broken Platter**

On regular days, supper, featuring a rice dish with fresh or canned fruit, is as orderly and congenial as the other meals. Curried rice, like Grandma had in India, is a favorite. Long before hearing of Adventists and their dietary preferences, she and her parents, David and Annie Lacey, had become vegetarians.

The meal over, my grandmother assigns the dish-washing. Francis and I are nominated, and we go to work in the narrow room off the kitchen where china is washed and stored. I am twelve years old, and enjoy doing things with my eighteen-year-old uncle. Things go well, with him washing and me drying, until he hands me the giant platter on which a mound of rice has been served. It slips and crashes to the floor. We had been teasing, I pick up the pieces and carry them to Grandma, busy making cinnamon rolls in the pantry. With contrition, I show her the remains. She pauses, catches her breath, and then, kissing me on the head, says, “Don't worry, dear, it was an old dish, my mother's.” Her tone of voice assures me that the platter must be of little value. She almost seems relieved that I've gotten rid of it.

With a sigh of relief, feeling that I may even have done her a favor, I am back at the sink. Francis is strangely quiet. “Grandma says the platter was old, probably not worth much,” I mutter.

“Yeah,” groans Francis. He has repeatedly expressed his dislike of anything old, especially the “ridiculous” Victorian beds with their high headboards; in fact, he recently acted to make his bed “modern” by sawing off all but four feet of the highly-carved board. I share his distaste for “old” things, but sense that he is less than comfortable about the platter. I begin to worry.

**Grandma's India Stories**

After evening worship, Grandpa...
goes upstairs. Grandma, seating herself on the long couch that runs parallel to the dining table, beckons me to join her. The horde of grandchildren that had filled the house the year of the “Great White Reunion” (1929-30) have, with their parents, long since departed. “Here, Dear, you look tired. Thank you for helping with the dishes. Would you like me to rub your head?” I nod and stretch out on the sofa. With a gentle laugh, she says, “When I was a girl, I lived in India. Did I ever tell you about it?”

“You were born there. Mamma told me.”

“Yes, I was born there, but I lived there, too. It was a very different life. My father was one of India’s rulers. We lived in a great house surrounded with gardens and woods. You’ve seen a picture of it, haven’t you?”

“Yes,” I murmur, recalling a photo of a great white edifice. I sense love through her fingers.

“Well, in the house were many servants. I never counted them. We had a guard around the house and garden; twenty soldiers, round the clock. They looked smart in their colorful uniforms. Herbert and I liked them. They were kind and courteous.” She sighed and, for moments, silently stroked my head.

“There were big dinners . . . lots of guests, important people. My mother was a gracious hostess. The table was set with beautiful dishes, gilded china, and gold and silver serving dishes and tableware.”

“Yes, that’s what Mamma says.”

“My mother liked Indian food. This made visiting Indian princes happy. But there was one guest that didn’t make Daddy happy.” Grandma laughed. “Wrapped around the table leg was a snake, a cobra. It was just a few inches from Daddy’s leg. A servant saw it and whispered in my father’s ear. Cautiously, he backed away. Then our faithful waiter went after it with a cane!

“Your great grandfather took people hunting, sometimes, nobility from England, but he liked and enjoyed the Indian people. And I guess they liked him! He and his guests rode on decorated platforms on top of elephants. You would like that!”

“Mamma told me that the gold and silver dishes were used even on camping or hunting trips!” I said.

“Yes, even on trips!”

“Out in the jungle?”

“Yes, camps for each night

The Tiger Story

“Did I tell you about the tiger that almost ate my mother? It happened before I was born. Mother was being carried through the woods in a sedan chair when a tiger charged. The four porters dropped her and ran for the trees. She was left alone with the tiger that sniffed her and then just walked away. I don’t know why. Maybe it was her perfume! Anyway, I’m glad it turned out as it did. Had the tiger eaten her, I wouldn’t be here to tell you about it.”

“I wouldn’t be here, either, would I?” I laughed.

With the tiger story, she sent me off to bed. For all her tender gentility, she could tell some scary stories.

Family History and the Platter

Decades later I begin to realize what really happened the evening I broke Grandma’s platter. I had needlessly robbed her of something she treasured. I’ll never know what it had meant to her, but I cannot but wonder. I did learn something of her character and about the mother who had given her the elegant platter.

When I was twenty, I learned from Great Uncle Herbert (H. Camden Lacey) a son’s description of what my great-grandmother was like. Showing me a photo, he says, “Beautiful woman, an Angrave . . . fine family. She met my father in a Paris hotel. Both were touring Europe. I guess it was love at first sight. It was a good marriage.”
He was the twentieth of my grandmother’s twenty-one children! He pauses, stroking his chin. “There’s a picture of his mother, my grandmother, somewhere. “There were farms, estates, but, of course, nearly everything went to older brothers. That’s how it’s done in England. So Father went to India and into government service. Mother was with him, though a home was kept in England. He was an administrator, had a staff of English gentlemen and native clerks. My mother was a lady; keen wit, sense of humour, talented. My father retired after completing twenty years service and we moved to Tasmania, the island near Australia, you know.

“At Hobart, the island’s capital, we lived in a place called ‘The Tower.’ Later, when my father returned to England, it became a convent.”

“Grandma told me about big gardens, lawns, trees and flowers,” I interrupted.

“Yes, it was a grand place, but Mother was the real attraction. And there were guests. She was organist at the Church of England, even after we became Adventists.”

“Yes, that’s what my mother says.”

“She died a young woman, in her prime,” he sighs.

“Grandma said it was tuberculosis.”

“That’s what they said. I’m not sure. Her death was sudden.” Uncle Herbert, who doesn’t cry, clears his throat.

With a flesh-and-blood great-grandmother forming in my imagination, I begin to sense what the shattered platter must have meant to her oldest daughter.

Thanks to Auntie Nora, Grandma’s sister, I cherish an elegant silver serving dish; its cover is embellished with a wreath of grape clusters. Grandpa Lacey gave it to her a century ago. As I polish it from time to time, I catch reflections of Grandma and her family in England, India or Tasmania. Was it used on those fabulous hunting trips? What kinds of food did it contain when the Indian princes came to dinner? And the platter; what about it?

Grandfather Lacey told Aunt Daphne, a younger sister of Grandma’s, about a feast prepared for the British Empire’s Edward VII, when, as Prince of Wales, he was scheduled to touch David Lacey on each shoulder with his sword and, embracing him, endow knighthood. Many guests, mountains of food—-but the prince never arrived! The monsoons had washed out a bridge and the royal train, miles short of its destination, had returned to Calcutta. I wonder: was Grandma’s platter, along with my silver dish, on that banquet table? More importantly, would my great grandfather, as Sir David Lacey, have taken his family to Tasmania, where he became one of the island’s pioneer Seventh-day Adventists? If not, where would I be?

Grandma as Bride, Wife, Mother, Helper

Then there is the day Grandma marries Grandpa, the widowed preacher, old enough to be her father! Big wedding! Married by the Anglican vicar. Banquet at the Tower, the Lacey residence. Ellen White, Grandpa’s mother, blesses with her attendance. The Hobart newspaper covering the event describes Ethel May Lacey as “the flower of English aristocracy.” A devout and fully-committed convert to a new faith, she had studied and served as a Bible worker but she had been called to assist Mrs. White, who was getting out new books.

Unaccustomed to household duties, the bride who had been waited on by servants all her life learns how to cook, sew, clean, garden, and entertain guests, while
played, and laughed in their magical "White House" are warmed and inspired by memories of grandparents whose tender, forgiving ways enrich their lives.

Oliver Jacques is the grandson of Willie and Ethel May (Lacey) White.

Sabbath Arrives; Last Memories

It is Friday evening. With my family we gather in the parlor to greet the Sabbath. Arthur and Ella, with their families, join in the weekly celebration. At the piano, Grandma sings as she plays. I, at seventeen, rejoice in Uncle Dores Robinson's bass as he sings the chorus. Grandpa does not sing. He has been fighting a chest cold. His voice is hoarse as he reads from the last chapters in the Bible. Familiar words lodge in my mind. "And I saw a new heaven and a new earth. . . . And I heard a great voice out of heaven saying, Behold, the tabernacle of God is with men, and He will dwell with them, and they shall be His people. And God shall wipe away all tears from their eyes, and there shall be no more death, neither sorrow nor crying. . . . Behold, I make all things new. . . . Even so, come, Lord Jesus."

When each of us has prayed, we stand and wait for stories. But Grandpa seems tired. Instead, he earnestly searches each of our faces and then, with deep affection, says, "Let's all be there!" Two weeks later, after a full day in the office, Grandpa dies of congestive heart failure. The E. G. White Estate moves to Washington, D.C., and our legendary "White House" is sold. For us, the place has lost its soul. Another thirty years of serving others, and Grandma dies at ninety-six.

Forgiveness Freely Given

As I reflect on her life, I hear her gentle voice, offering comfort to a nervous child. I now realize that as she rubbed my head while telling me stories of her childhood and mother, she wished me to feel her love and forgiveness. Did she, in expressing that love, find solace for the loss of a treasure?

Those who once lived, prayed,
Contemplating the life of Christ leads to humility and full surrender.

“I love to tell the story of Jesus and His love... because I know it is true... For some have never heard that old, old story of Jesus and His love.” Let us focus all thought on the lovely Jesus and His blood atonement for our sins. “Behold the Lamb of God that taketh away the sin of the world.” John 1:29.

“It would be well for us to spend a thoughtful hour each day in contemplation of the life of Christ. We should take it point by point, and let the imagination grasp each scene, especially the closing ones. As we thus dwell upon His great sacrifice for us, our confidence in Him will be more constant, our love will be quickened, and we shall be more deeply imbued with His spirit. If we would be saved at last, we must learn the lesson of penitence and humiliation at the foot of the cross.

“. . . Fear lest self shall interpose between your soul and the great Master Worker. . . .

“As we associate together, we may be a blessing to one another. If we are Christ’s, our sweetest thoughts will be of Him. We shall love to talk of Him; and as we speak to one another of His love, our hearts will be softened by divine influences. Beholding the beauty of His character, we shall be ‘changed into the same image from glory to glory.’ 2 Cor. 3:18.”
What does it mean to learn the lesson of penitence and humiliation at the foot of the cross? Take an hour each day to thoughtfully review God’s love towards us as demonstrated in the life of Christ. “Christ came to reveal God to the world as a God of love, full of mercy, tenderness, and compassion. . . .” 5T 738.

“Jesus, when he had cried again with a loud voice, yielded up the ghost. And, behold, the veil of the temple was rent in twain from the top to the bottom; and the earth did quake, and the rocks rent; And the graves were opened; and many bodies of the saints which slept arose, And came out of the graves after his resurrection, and went into the holy city, and appeared unto many. Now when the centurion, and they that were with him, watching Jesus, saw the earthquake, and those things that were done, they feared greatly, saying, truly this was the Son of God.” Matthew 27:50-54.

“...Jesus cried, It is Finished. Father, into Thy hands I commend My spirit. A light encircled the cross, and the face of the Saviour shone with a glory like the sun. He then bowed His head upon His breast, and died. . . . There was a violent earth earthquake. The people were shaken together in heaps. The wildest confusion and consternation ensued. In the surrounding mountains, rocks were rent asunder. . . .” DA 756.

Sorrow Yields Godly Dependence

God help me to have a deep sorrow and pain for sin, a pain necessary to be converted at the Cross of Calvary. May I be sincerely affected by a sense of guilt, that for my sins Jesus gave His life. This is very personal. It is for me He died; it is for me He suffered all to demonstrate His unconditional love. It is for me that He gave up the highest place in the heavenly courts to fulfill the Law of Love, because He was and is my only means of salvation.

The Son accompanies my prayer to the Father with a plea for the merits of His blood. Then the Father will bless me with the “washing of regeneration, and renewing of the Holy Ghost.” Titus 3:5.

Though Meritless, We Are Given Mercy

“. . . Our own merit will never commend us to the favor of God; it is the worthiness of Jesus that will save us, His blood that will
Because we are so utterly unworthy. Our only claim to His mercy is our great need.” MH 161.

**Fear Self**

“...Fear lest self shall interpose between your soul and the great Master Worker. Fear lest self-will shall mar the high purpose that through you God desires to accomplish. Fear to trust to your own strength, fear to withdraw your hand from the hand of Christ and attempt to walk life’s pathway without His abiding presence.” (COL 161.)

“I know that in me (that is, in my flesh) dwelleth no good thing.” (Rom. 7:18.) “God forbid that I should glory, save in the cross of our Lord Jesus Christ, by whom the world is crucified unto me, and I unto the world.” Gal. 6:14.

Oh, to be meek and humble like Jesus. To turn from this world and all its vanity. Each day may I turn with more full surrender to my Lord, who has demonstrated a love that will not fail, until my life is hid with Christ in God. To be like Jesus all day long--this is my heart’s cry.

**Christ our Revelation of God**

“Hanging upon the cross Christ was the gospel. . . . This is our message, our argument, our doctrine, our warning to the impenitent, our encouragement for the sorrowing, the hope for every believer. If we can awaken an interest in men’s minds that will cause them to fix their eyes on Christ, we may step aside, and ask them only to continue to fix their eyes upon the Lamb of God . . . .” Manuscript 49, 1898.

“The revelation of God’s love to man centers in the cross. Its full significance tongue cannot utter, pen cannot portray, the mind of man cannot comprehend. Looking upon the Cross of Calvary, we can only say, ‘God so loved the world, that He gave His only-begotten Son, that whosoever believeth in Him should not perish, but have everlasting life.’ John 3:16. Christ crucified for our sins, Christ risen from the dead, Christ ascended on high, is the science of salvation that we are to learn and to teach.” MH 424.

Not for Himself but for others Christ lived, thought and prayed. “Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God: therefore the world knoweth us not, because it knew him not.” 1 John 3:1.

David writes from Florida where he lives with his wife, Ruth. He has a passion for the Lord’s work. His interests include farming, country living and medical missionary work.
Harry was playing with his considerable collection of action figures. He had the old favorites such as Superman, Batman, Spiderman, Incredible Hulk, and Aquaman, as well as most of the latest superheroes. He had memorized the powers each one had to conquer evil people and their evil plans. In his imagination, these heroes used their supernatural power against bad guys known as supervillains, who also had supernatural power. Harry would imagine different evil plots of the bad guys and then figure out how the good guys would use their powers to solve the problem before anyone got hurt. Sometimes he pretended that he had special powers, and that was great fun, especially when one of his friends would play a supervillain against him.

Something happened, though, that made Harry put away his action figures forever. Zack, his much-loved older brother, came and sat down next to him. “Harry, you know what special powers each superhero has, don’t you?”

“Oh, yes,” answered Harry eagerly. He was just about to name each one’s special powers, but Zack spoke first.

“Which one is the top superhero? The best of the best? The most powerful?”

“I guess . . . well, probably . . . or maybe . . .” Harry couldn’t pick one superhero over the other. There were so many to choose from. Then Zack asked another question.

“Harry, when you play with these action figures, what is the worst evil that you can imagine that can be solved only by supernatural power?”

Harry was stumped again! He’d imagined so many things, but which one would be the worst? Fires, floods, crime? While Harry thought about that question, Zack asked, “Do you know who I think is the best superhero?”

Harry looked over his collection. Which one would Zack pick? He couldn’t wait to hear! But he never expected the answer Zack gave: “I would pick God.”

God! Harry never thought about God being a superhero! Zack continued, “I think people don’t like God being a superhero! Zack concluded, “I think people don’t like God’s plan to end evil forever. But first, He has to let people see how bad sin is, and give them a chance to choose whether they will work with Him to end sin, or work with Satan against Him. Satan, who hates God, has supernatural powers, too, but God’s love and power are stronger, so Satan will lose in the end. But while the war between them is still going on, people have to choose God’s good way or Satan’s evil way.”

Harry had another question. “How can someone without supernatural powers work with God to end evil?”

“People join God’s invisible army by deciding they hate what sin and evil do, so they make up their minds they don’t want to do sinful or evil things. They ask God to help them never to do those things, and they trust that God will use His superhuman power to change them—sort of make them all over again, this time making them into people that do things God’s good ways, instead of Satan’s evil ways. And if you know about His power and His love for us, you can be sure He will do just that.”

Harry thought for a minute then said, “I don’t want to think about these superheroes and their powers any more. I want to think about God and be in His army, and let Him use His power on me. I want to be on His side in this war against evil, because I hate evil.”

Zack smiled, “Then let’s pray that He will change us, so sin will soon end forever.” And that’s just what they did—right then and there.
We talk about it all the time. It is one of the “Eight Laws of Health.” It is the “N” in New Start, an acronym for a healthy lifestyle program. We all know we need good nutrition, our doctors tell us it is essential, and naturopathic doctors really emphasize it.

But, how do we get it? Most would say, “We get it from our food.” Is that right? It seems reasonable. We are told to pick our vegetables carefully and, if possible, grow our own. Very good advice.

So, if we pick them carefully, or better yet, grow our own, can we then be assured of getting the “proper” nutrition that our bodies need? Apparently not. One of the main problems is in the very land beneath our feet. It is worn out! Pick up any health journal, any health newsletter, even National Geographic, and they all will tell you that our soil is woefully inadequate to produce the kinds of fruits and vegetables that will supply the needs of our growing, working and aging bodies.

Then what do we do? How do we solve this problem? Obviously, if we can’t get the nutrition from food grown on poor soil, we are going to have to do something else or suffer the consequences, and the consequences are all too noticeable.

Some of us are too fat because we try to eat enough to get the vitamins and minerals our bodies crave, but we end up getting way too many empty calories. Some of us are too skinny because we refuse to eat too much and, as a result, we get even fewer vitamins and minerals than overweight people. We’re tired, we’re easily agitated or give up easily, we have no patience, and many of us are angry for no apparent reason.

We are dying physically and, as a result of our physical problems, even spiritually, and it is because we are not getting fed properly. We need the proper fuel, in the proper amounts, at the proper times, to function “properly.”

This is where vitamin and mineral supplements can be of real benefit. They can help to provide your body with just what it needs. They are just what the name indicates . . . supplements. They are to help you get the added nutrition that you are unable to get from your food alone. They do not take the place of food; they are only supplements to your food intake.

There are literally thousands of purveyors of vitamins and minerals. From which one should we buy? Who has the best vitamins and mineral supplements? How do we know? For most of us, it is blind faith. For many, cost is the primary concern, in spite of the fact that everyone knows that “you get what you pay for.”

What a dilemma! Well, we here at Hope for Health are trying to take the guesswork out of the equation. We have spent countless hours in research and study, looking at all kinds of minerals and supplements and all kinds of companies that sell them.

As a result, we have decided to create our own brand of vitamin and mineral supplements. We have begun a line that is completely vegan and of the highest and purest quality! We truly consider this to be a part of helping to prepare a people for eternity. The better your body feels, the better your mind will think, and we need to have the fullest use of our mental faculties in these last days! In addition, when you buy from Hope, you help to spread the gospel as well as provide your body with the nutrition it needs. © It’s a win-win situation for everyone! Helping others always helps yourself and is God’s way, which is always the best way!

Call the Hope for Health staff today if you have any questions about your health and nutritional needs! We are truly “here to serve.” ☺

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, prevent, treat, or cure any disease.
End-time perspective:

“To Mabel: “I hope you will take special care of your eyes, for they are a great treasure. We can lose a limb, but if we have our eyesight, we can still find something with which to employ our time. But to lose the sight is a dreadful loss…. Mabel, do not devote the precious talent of sight to reading that which you cannot use, and will not benefit you. The life of the soul cannot be sustained unless right food is given it. The mind must be properly fed.” COL 359.

End-time perspective:

“Prepare food that will be healthful, nourishing, and appetizing. And as you employ the best ingredients in preparing food remember that you are to give your mind the best thoughts…. In all your work represent Christ.” COL 359.

Twinkies Ingredients Analyzed

“...Why is it you can bake a cake at home with as few as six ingredients, but Twinkies require 39? And why do many of them seem to bear so little resemblance to actual food? The answer: To stay fresh on a grocery-store shelf, Twinkies can’t contain anything that might spoil, like milk, cream or butter. Once you remove such real ingredients, something has to take their place....

“Even so, it can be unsettling to learn just how closely the basic ingredients in processed foods resemble industrial materials. Corn dextrin, a common thickener, is also the glue on postage stamps and envelopes. Ferrous sulfate, the iron supplement in enriched flour and vitamin pills, is used as a disinfectant and weedkiller. Is this cause for concern? Ettlinger [author, Twinkies Deconstructed] says no.... Still, it gives you pause when he describes calcium sulfate, a dough conditioner, as ‘food-grade plaster of Paris.’

“In the end,...you will never read a label the same way again.” Anne Underwood, “Mmm, Tasty Chemicals,” Newsweek, March 5, 2007.

Exercise and Eye Health

“Exercise may protect against the most severe form of age-related macular degeneration.... Writing in the current British Journal of Ophthalmology, researchers...report that regular exercise seems to stave off the ‘wet’ form of AMD, in which blood vessels in the eye leak fluid, eventually causing vision loss.... Those who engaged in regular physical activity at least three times a week were 70 percent less likely to develop the condition.” Katherine Hobson, U.S. News and World Report, Nov. 13, 2006, 64.

Abortion Disparity

“According to CareNet, 94 percent of abortion clinics are located...
in metropolitan areas, with seven of 10 located in minority neighborhoods. Meanwhile, only 2 percent of pregnancy resource centers are located in the same areas....The goal: to reduce the disproportionate number of minority babies dying in abortion clinics every day’ by putting more pregnancy resource centers in areas of greatest need.

“...African-American women make up 13 percent of the female population but account for 36 percent of all abortions....The CDC reports that three times as many black babies are aborted as white ones—a ratio that has grown by 50 percent over the past 15 years....

‘‘Fifteen million African-American babies have been aborted since Roe v. Wade....’’

“The groundwork for such desperation [of pregnant minority women] is laid by the breakdown of families, an acceptance of premarital sex, and an antipathy toward marriage....” “Tough and immediate” economic realities and lack of medical care are other factors facing many of these women, who must decide if they can or will accept the responsibility for raising the child. Lynn Vincent, “Urban Battleground,” World, Feb. 10, 2007, 29-30.

End-time perspective:

“In the great cities are multitudes who receive less care and consideration than are given to dumb animals. Think of the families herded together in miserable tenements, many of them dark basements, reeking with dampness and filth. In these wretched places children are born and grow up and die. They see nothing of the beauty of natural things that God has created to delight the senses and uplift the soul. Ragged and half-starved, they live amid vice and depravity, molded in character by the wretchedness and sin that surround them. Children hear the name of God only in profanity. Foul speech, imprecations, and revilings fill their ears. The fumes of liquor and tobacco, sickening stenches, moral degradation, pervert their senses. Thus multitudes are trained to become criminals, foes to society that has abandoned them to misery and degradation.

“Not all the poor in the city slums are of this class. God-fearing men and women have been brought to the depths of poverty by illness or misfortune, often through the dishonest scheming of those who live by preying upon their fellows. Many who are upright and well-meaning become poor through lack of industrial training. Through ignorance they are un fitted to wrestle with the difficulties of life. Drifting into the cities, they are often unable to find employment. Surrounded by the sights and sounds of vice, they are subjected to terrible temptation. Herded and often classed with the vicious and degraded, it is only by a superhuman struggle, a more than finite power, that they can be preserved from sinking to the same depths. Many hold fast their integrity, choosing to suffer rather than to sin. This class especially demand help, sympathy, and encouragement.” MH 189-90.

Provocative Dolls; Precocious Children

“...The popularity of the sexy ['heavy-lidded, scantily-dressed'] Bratz [dolls for preteens] and Barbie’s move to recapture younger consumers by emphasizing fairies and princesses underscore two sides of the cultural phenomenon known to sociologists as ‘age compression’ and to toy marketers as ‘KGOY,’ or Kids Growing Older Younger.”

Author Diane Levin (So Sexy, So Soon: The Sexualization of Childhood) said, “Never before in history have little children been so sexually precocious, made to care so much about appearance—asking how they look, how much they weigh....”

“A 2000 study commissioned by the Girl Scouts of America called ‘Teens Before Their Time’ concluded that ‘Physically, girls’ bodies are maturing earlier than ever before. Cognitively, they are acquiring information about the world at an accelerated pace.... The dilemma is that these same girls do not have the emotional maturity, nor do they have the information, to match their accelerated aspirations and expectations.’” Reyhan Harmanci, “Tutored by Barbie and Bratz, girls grow up fast,” San Francisco
End-time perspective:
“Parents should never hurry their children out of their childhood...” CG 204.
“My mother taught me to work. I used to ask my mother, ‘Why must I always do so much work before I play?’ It is to educate and train your mind for useful labor, and another thing, to keep you out of mischief; and when you get older, you will thank me for it.’ When one of my little girls [a granddaughter] said to me, ‘Why must I knit? Grandmothers knit,’ I replied, ‘Will you tell me how grandmothers learned to knit?’ ‘Why, they began when they were little girls.’” CG 124.

No More Original Sin!

“The health risks posed by mercury contaminated fish is sufficient to warrant issuing a worldwide general warning to the public...about how much and which fish they eat. That is one of the key findings comprising ‘The Madison Declaration on Mercury Pollution’ published...in a special issue of the international science journal Ambio.... Developed at the Eighth Internat’l Conference of Mercury as a Global Pollutant...the declaration is a synopsis of the latest scientific knowledge [by ‘many of the world’s leading mercury scientists’] about the danger posed by mercury pollution....” EurekAlert.org/pub_releases/2007-03, March 8, 2007.

End-time perspective:
“I have been warned that henceforth we shall have a constant contest. Science, so-called, and religion will be placed in opposition to each other, because finite men do not comprehend the power and greatness of God. These words of Holy Writ were presented to me: “Of your own selves shall men arise, speaking perverse things, to draw away disciples after them.” This will surely be seen among the people of God, and there will be those who are unable to perceive the most wonderful and important truths for this time.... The moral sight of these men is diseased; they do not feel their need of the heavenly anointing that they may discern spiritual things. They think themselves too wise to err....” Ev 593.

End-time perspective:
“Preparations of mercury and calomel taken into the system ever retain their poisonous strength as long as there is a particle of it left in the system.” 4aSG 139.

New “Science” Excludes God

“...Also approved was a new definition of science, specifically limiting it to the search for natural explanations of what is observed in the universe.” John Hanna, Asso. Press, February 14, 2007.

End-time perspective:
“I have been warned that henceforth we shall have a constant contest. Science, so-called, and religion will be placed in opposition to each...”
5. The boys rapidly recovered. What part of the treatment required the most effort on the parents’ part?
   a. fresh broth every hour
   b. singing softly to relax them
   c. hydrotherapy
   d. keeping room very warm to induce sweating

6. What were the other steps in the treatment Dr. James Jackson outlined in his article?
   a. rest
   b. relief from anxiety
   c. fresh air
   d. all of the above

7. Six months later, Henry White died of pneumonia at age 16. Why didn’t the Whites use the same method on him?
   a. It made him too uncomfortable.
   b. The illness progressed too rapidly.
   c. They didn’t yet understand general application of the treatment.
   d. They trusted in the doctor’s medicines.

8. Two months later, Willie contracted pneumonia. What observation(s) prompted his desperate parents to try the diphtheria protocol on him?
   a. The doctor’s remedies hadn’t helped Henry.
   b. No idea what else to try; diphtheria protocol had worked well.
   c. Rash had appeared.
   d. a and b

9. In a dream, the Lord revealed something necessary for Willie’s recovery. What was it?
   a. mental stimulation
   b. fasting for a week
   c. more potatoes
   d. room kept too warm; fresh air needed to strengthen lungs

10. Ellen White personally adopted the health principles presented in the Otsego health vision. She stopped eating
    a. butter.
    b. meat.
    c. 3 meals a day.
    d. all of the above.
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Paperback, 154 pages
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*God’s Amazing Grace*

Mrs. White wrote often about God’s grace. This daily devotional represents many of her significant statements on God’s grace, drawn from her books and periodicals. What a wonderful way to start the day – remembering the amazing gift of grace!

Hardcover, 373 pages
BEWE-GAGR $12.99

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I love Our Firm Foundation. It’s the old Review and Herald. Our Firm Foundation is a first class magazine. The Review today is third class. God is going to bless the ministry of Hope International with the focus on truth and the health message in a great way. You better hold on!

L, Oregon

I have read with interest and appreciation your last three articles in Firm Foundation and your “508” book. I’ve been severely criticized for holding to the “ministry” view of the “daily.” We, too, hope and pray that your timely articles will help God’s people to unite on this truth for these last days.

MB, Arkansas

Enclosed is $50 tithe. We appreciate your DVDs. Wish we could have more than one a month. We need one for every Sabbath. We live out here in the boondocks with a home church of two (my husband and me). Please pray for us and our family.

M&MC, Pennsylvania

I’m a Sabbath school teacher. It’s a sobering thought to realize one has been teaching error [about the “daily”] for over twenty years.

D, Illinois

I really want to know and understand about the “daily.” I can see that what truth is and what we’ve been told are not the same thing.

F, Oklahoma

I appreciate the contributions and the impact Hope International is creating in the life of Adventism, even though the church organization seems to despise your work. Your magazine has been a package of spiritual encouragement. Your messages are special blessings.

I want to join the band of ministers who teach and stand for the truthfulness of the Word of God. In my locality there is no Adventist pastor and under our conference, one pastor controls up to four or more churches. This makes it somewhat cumbersome in properly feeding the flock and program outreach.

CK, Nigeria

Thank you for sending us a DVD every month. We will try to find a DVD burner somewhere and duplicate them for distribution to our members here. We pray and hope that our members will spiritually awaken through these presentations. I will update you from time to time regarding their response to the DVDs.

AC, Malaysia

We are very pleased to have a DVD monthly and certainly will add a small token to the expense. We believe the DVDs will be a fruitful way of reaching out in the gospel ministry.

NP, Tennessee

I do appreciate Firm Foundation and its timely articles. Though I cannot see to read it, I have someone to read it to me. I am almost blind now and need help. Still manage to write and hope it is legible to the reader.

AY, Ohio

Earlier this month I ordered a small burgundy study Bible from your ministry. The order was shipped promptly and I am so pleased with the beautiful workmanship in the Bible that I wanted to thank you for such a magnificent study Bible.

The E. G. White Scripture comments shed much light on God’s Holy Word. I had been reading and studying a religious book and its companion study guide. Compared to the lovely study Bible with Spirit of Prophecy commentary, it seems flat. It is like the difference between smelling a rose God created and a perfume distilled by man to smell like a rose.

DS

I want to personally thank the editor. I always thought this [ministry view] was a correct understanding but never had all the information you have presented. Thank you for your articles.

NP, Tennessee

I appreciate Firm Foundation and its timely articles. Though I cannot see to read it, I have someone to read it to me. I am almost blind now and need help. Still manage to write and hope it is legible to the reader.
Heavenly angels are commissioned to watch the sheep of Christ’s pasture. When Satan with his deceptive snares would deceive if possible the very elect, these angels set in operation influences that will save the tempted souls if they will take heed to the Word of the Lord, realize their danger, and say: “No, I will not enter into that scheme of Satan. I have an Elder Brother on the throne in heaven, who has shown that He has a tender interest in me, and I will not grieve His heart of love. I know and am assured that He is watching over His children, keeping them as the apple of His eye. There is no diminishing of His love. I will not grieve the heart of Christ; I will try not to become a tempter to others.” Letter 52, 1906.