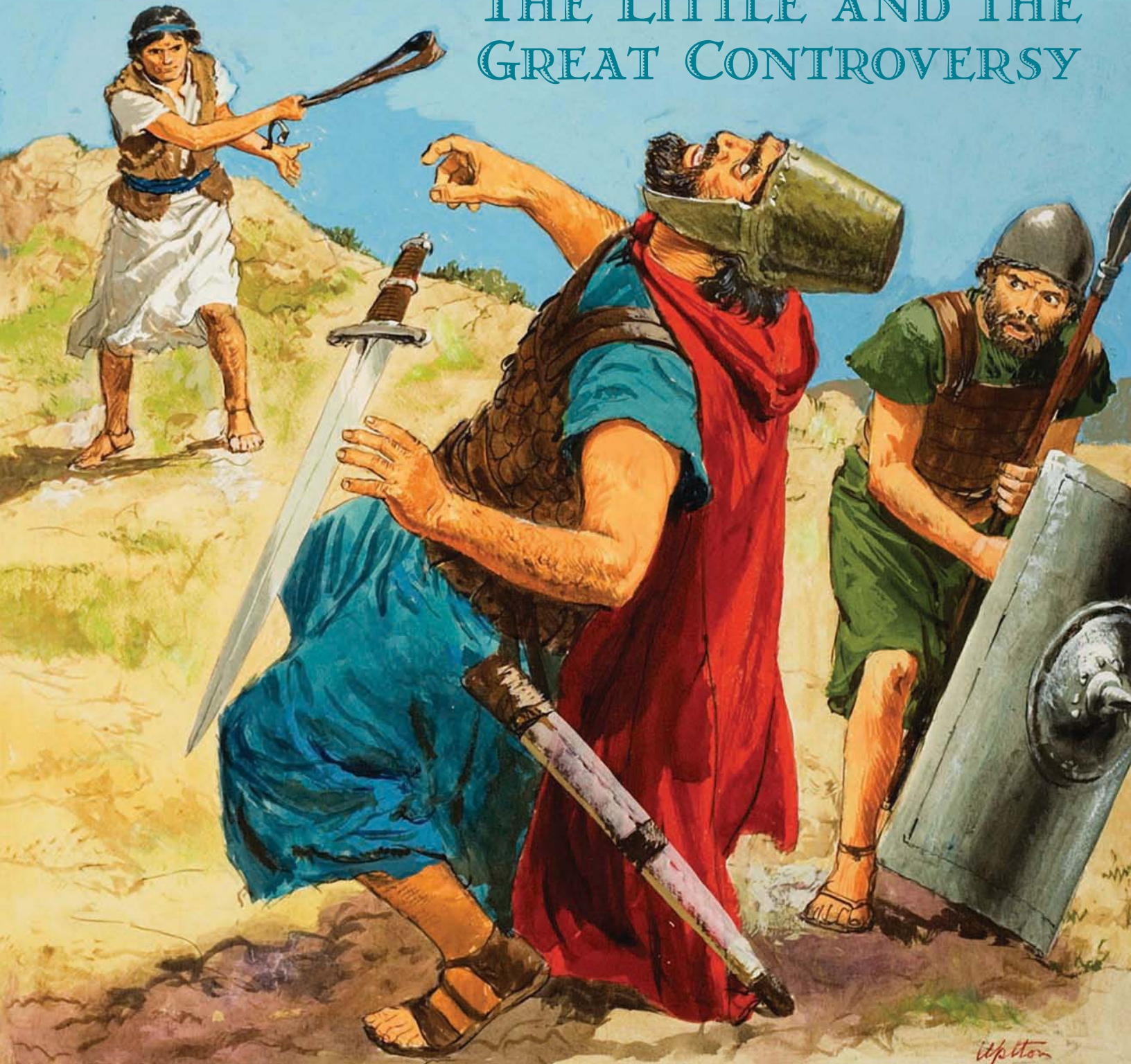


our firm
FOUNDATION

Volume 24, Number 6 • June 2009

The Immutable Law of God • Christ Our Righteousness The Seventh-day Sabbath
The Three Angels' Messages • The Non-Immortality of the Soul • The Sanctuary

THE LITTLE AND THE GREAT CONTROVERSY



Literal or Spiritual



Clark Floyd, editor of Our Firm Foundation magazine, has been co-host of the radio program Bible Answers with Clark and Lee and is a licensed attorney and an ordained Seventh-day Adventist pastor. He has spoken internationally and makes his home in the beautiful mountains of western North Carolina.

“And I heard the number of them which were sealed: and there were sealed an hundred and forty and four thousand of all the tribes of the children of Israel.”

Today, there are many folks that believe that the hundred and forty and four thousand as described in Revelation chapters 7 and 14 are literal Jews that will form together after the so called secret rapture in order to evangelize the folks “left behind”. Prayerfully, those that believe that way do not include any Seventh day Adventists. But how much do you, dear Reader, understand about the group called the hundred and forty and four thousand?

Many people in other denominations, in fact, possibly the majority of other Christians, are looking for big things to happen in literal Israel in regard to end time events. They see the re-establishment of Israel as a nation as a fulfillment of prophecy. They see the successful wars Israel had against her surrounding Arab nations in the last century as God’s providential leading.

I once had a Baptist preacher’s wife tell me that if I wasn’t keeping my eyes on Israel, I would never truly understand prophecy. Is all this true? Are we mistaken in our beliefs? Should we be looking to literal Israel as we interpret prophecy? And if we aren’t mistaken, how do we convince our Christian friends that they are wrong?

In the July issue of Our Firm Foundation, I will be answering some of these questions in an article entitled “The Two Israels”. But I would like

to start stirring your minds with some Biblical thoughts that could help your discussions with your Christian friends in regard to the hundred and forty and four thousand.

First, if I asked you to name the twelve original sons of Jacob that formed the twelve tribes of Israel, could you do it? A help to me that I use at night, instead of counting sheep, is to remember the following letters—RSLJ (instead of RSVP), ZID, GAN, J & B, and ME. But notice, there are 14 letters instead of 12.

We have Reuben, Simeon, Levi, and Judah. Next comes Zebulun, Issachar and Dan. Then we have Gad, Asher and Naphtali, followed by Joseph and Benjamin. Finally there are Manasseh and Ephraim. I was able to list all fourteen of these without looking at my Bible, and you can easily do the same.

The last two tribes, Manasseh and Ephraim, were actually the sons of Joseph, adopted into the major family by Jacob (Israel) (see Genesis 48).

This is your first important argument in regard to the hundred and forty and four thousand not being literal Jews. All twelve of the initial twelve literal tribes are not named in Revelation, chapter 7. Why?

The two tribes left out are Dan and Ephraim. Literally, they are both tribes of Israel mentioned in the Old Testament. There must be something other than their literal attachment that leads to their exclusion from this group.

It is difficult to come up with any reasoning to leave them out unless you base it on a spiritual answer deal-

ing with character. In Genesis chapter 49, Jacob characterizes each of the original twelve tribes with a prophetic statement. Very few of the characterizations are complimentary, but Dan is “a serpent by the way, an adder in the path, that biteth the horse heels, so that his rider shall fall backward.” “Dan shall judge his people.” Gen. 49:17 & 16. “Dan represents those in the professing church who criticize and ‘judge’ their fellow-believers, backbiting as they pass along life’s highway, causing those they slander to ‘fall backward.’” The Certainty of the Third Angel’s Message, by Louis Were, page 194. Manasseh, meaning ‘forgetting’—representing those who forgive and forget—replaces Dan.” And in Hosea 4:17, it states: “Ephraim is joined to idols: let him alone.”

Ephraim was not part of the original twelve tribes, but was a son of Joseph adopted in by Jacob. Because a tribe is not counted among the 144,000, does it mean that none of its members will be in heaven? Joshua was from the tribe of Ephraim, and if you study the Book of Joshua, it is apparent that Joshua was a faithful servant of God and will be in God’s kingdom. Literal lineage cannot be the issue!

What does all this mean? That something is happening in the Bible that cannot be explained just by literally interpreting the Book of Revelation. We need to gain spiritual eyes to understand.

Dear Reader, are you going to spend more time developing your spiritual eyesight, so that you can better reach your Christian neighbor?

Our Mission:

It is the mission of Hope International and the editors of *Our Firm Foundation* to clearly present Christ and His truth. The days remaining for this world are few, and we must work quickly. We must boldly proclaim the historic truths of Adventism that place us on so firm a foundation in the midst of this troubled world. —Editor

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We are accepting article-length manuscripts (1700 to 4000 words) for possible publication in *Our Firm Foundation*. We prefer that submissions be submitted in Word .doc format as a computer file. Include a digital picture and a short bio. Please address all correspondence to Editor, *Our Firm Foundation*, P.O. Box 220, Knoxville, IL 61448, or by email to editorial@hopeint.org.

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the bible museum opened

By A. L. O. E.
1883

There are many objects of deep interest for the students of Scripture, the accounts of which have been “written for our learning,” objects which we are intended to contemplate with earnest attention, and from which we may draw rich spiritual lessons.

David's harp

It has been beautifully observed, “In the Book of Psalms we have, if I may reverently say it, the very prayer-book of our divine Lord Himself; which He inspired, which He Himself made use of, and has bequeathed as His own book to the Church.” We might also, speaking metaphorically, say, The sacred harp on which David first played has never since been silent; as the breath of God's Spirit breathed through its chords, its music has been the joy and the comfort of the Church through all generations; its mysterious sound was heard even in the awful hours of the Crucifixion (compare Matt.27:46 with Ps.22:1); and never will it be silent, never will one golden string be broken, till all the redeemed of the Lord join in the chorus of Heaven.

Let us recall some of the various periods when the now familiar psalms of David first burst from his lips as he touched his harp. The son of Jesse probably acquired his skill on

the instrument by practice, as he sat watching his sheep in the pastures by Bethlehem, when he was a beautiful ruddy-cheeked boy. David's fleecy charge may have been his only auditors when first the sweet strain arose which has since been echoed by millions of human hearts. “The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures: He leadeth me beside the still waters.”

Saul was refreshed and the evil spirit departed when David played his harp

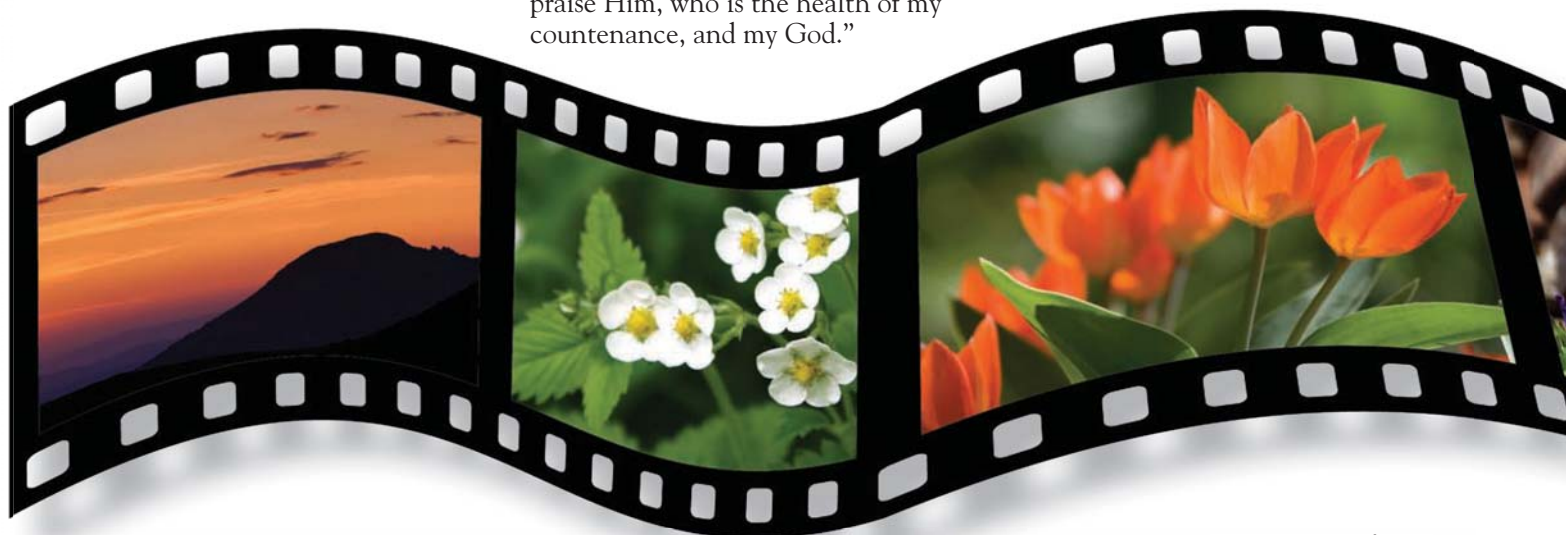
But the first occasion on which we have certain knowledge of David's playing on his favorite instrument, is when his skill soothed the deep depression of the half-mad king. “David took an harp, and played with his hand: so Saul was refreshed, and was well, and the evil spirit departed from him.” Gladly would we know what words were joined to the exquisite music which had such power to lighten deep gloom; perhaps no words were then heard, yet how often has a perturbed spirit been soothed by such breathings as these: “Why art thou cast down, O my soul? And why art thou disquieted within me? Hope thou in God: for I shall yet praise Him, who is the health of my countenance, and my God.”

David's harp was his companion in Adullam

David appears to have taken his harp with him into the gloomy recesses of Adullam, as the companion and solace of his flight; for this is the strain of his psalm “when he fled from Saul in the cave.” “Be merciful unto me, O God, be merciful unto me: for my soul trusteth in Thee: yea, in the shadow of Thy wings will I make my refuge, until these calamities be overpast.....Awake up, my glory; awake, psaltery and harp: I myself will awake early.”

A sound of rejoicing

Under very different circumstances did the monarch of Israel strike the sounding chords of his harp when the Ark of God was carried in triumph from Kirjath-jearim: “And David and all Israel played before God with all their might and with singing, and with harps, and with psalteries, and with timbrels, and with cymbals, and with trumpets.” Then indeed rose a sound of rejoicing. “The singers went before, and the minstrels followed after; in the midst were the damsels playing on the timbrels.” According to David's own striking metaphor, he who had lain amongst the pots had become as the wings of a dove, covered with silver, and her feathers



with yellow gold; and the harp of the king swelled the glorious chorus, "Let God arise, let His enemies be scattered: let them also that hate Him flee before Him!"

the psalmist bent over his harp

But dark shadows were to succeed the glorious sunshine. Happier was David as the fugitive in the cave than as the king in the palace. When the guilty but penitent psalmist bent over his harp, the tears of the stricken sinner, the bereaved father, may have fast dropped on its strings as he uttered the cry for pardon and grace: "Have mercy upon me, O God, according to Thy lovingkindness: according to the multitude of Thy tender mercies blot out my transgressions!"

the most precious relic

Could we be permitted to possess any visible relic of King David, and to choose what that relic might be, it would not be the crown of Rabbah, that was set on his head, the weight of which was a talent of gold; it would not be even the sword of Goliath, though with David we might say of that weapon, there is none like that; no, it would be the harp of the sweet singer of Israel that we would choose as the most precious relic of him whom God's Holy Spirit inspired. But were that harp visibly before us, would it not appear almost sacrilege to lay a hand on its strings; would the mightiest or most gifted of mortals presume to waken its chords? Far, far better for us to have its divine music preserved for us in the Scriptures, where the little child can make it sound, and yet not be guilty of presumption; where it is accessible

to all—to the dying pauper on her sick-bed, as to the crowned queen or mitred archbishop. The ragged child's Psalter is truly more precious than the identical harp of King David would be.

he uttered dark sayings to the sound of his harp

And we have a key to the divine harmonies of the psalms which those who first stood listening around David did not possess. The blessed name of Jesus sounds to us thrilling through all the deepest chords of his music. If the Psalmist's strain be mournful, a Saviour's sufferings are its theme. "My God, my God, why hast Thou forsaken Me?...The assembly of the wicked have inclosed Me: they pierced My hands and My feet. It is burst into a loud song of triumph, its keynote is still the name of our Lord. Thy throne, O God, if for ever and ever: the scepter of Thy kingdom is a right scepter. Thou hast loved righteousness, and hated iniquity: wherefore God, Thy God, hath anointed Thee with the oil of gladness above Thy fellows." It would be deeply interesting could we know how far King David himself understood the meaning of his own songs when, guided by the inspiring Spirit, he uttered dark sayings to the sound of his harp.

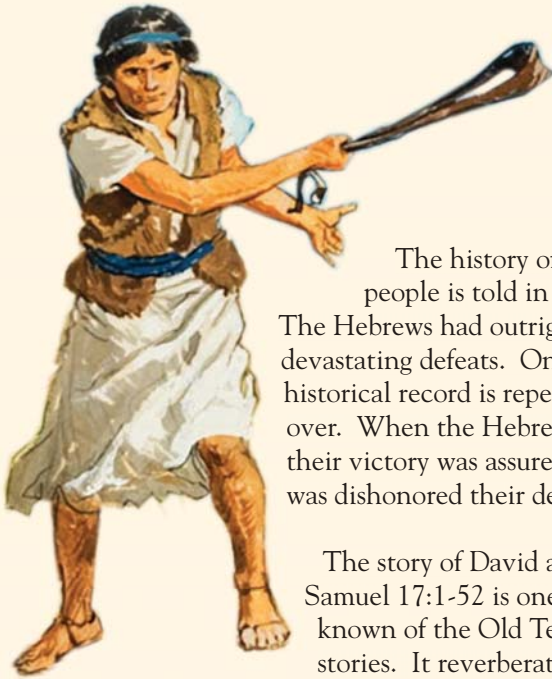
every elder around the throne of the lamb

had a harp

Let us not quit this subject without alluding to the fact that the harp is the only instrument which is mentioned in Revelation as adding to the music of Heaven. (The trump of God, which shall awaken the dead, cannot be spoken of under such a term.) The elders beheld by St. John around the throne of the Lamb had "every one of them harps, when they sung a new song, saying, 'Thou art worthy to take the book, and to open the seals thereof: for Thou was slain, and hast redeemed us to God by Thy blood out of every kindred, and tongue, and people, and nation; and hast made us unto our God kings and priests: and we shall reign on the earth.'" And again, recording his bright vision of the blessed above who bear God's name written on their foreheads, thus writes the beloved Apostle: "I heard a voice from Heaven, as the voice of many waters, and as the voice of a great thunder: and I heard the voice of harpers harping with their harps." There again, we believe, will the voice of the son of Jesse blend with the notes of a nobler instrument than that which he played upon earth; there may even we—the weak, the wayward, we whose lips have been so cold in praise and whose hearts in thanksgiving—lift up our voices with his!

"Lord, I believe Thou has prepared,
Unworthy though I be,
For me a blood-bought, dear reward—
A golden harp for me.
'Tis strung and tuned for endless years,
And formed by grace divine,
To sound in God the Father's ears
No other name than Thine!"





THE LITTLE AND THE GREAT CONTROVERSY

John Klump

The history of the Hebrew people is told in the Scriptures. The Hebrews had outright victories and devastating defeats. One aspect of the historical record is repeated over and over. When the Hebrews honored God their victory was assured. When God was dishonored their defeat was eminent.

The story of David and Goliath in 1 Samuel 17:1-52 is one of the most well known of the Old Testament Bible stories. It reverberates the ideology right will triumph over might. It is

that a story that we love to tell to our children because it demonstrates in a very straightforward way that God is mightier than evil. It also offers the reader hope that victory is possible for those whose faith remains steadfast even when the challenges seem impossible to overcome. The story is historic but it is also filled with symbolic references. It is satisfying when read on a superficial level but it meaning becomes even richer when read a little deeper than the surface level.

GOLIATH - AN IMPOSING FIGURE

The story opens with the Philistines, who were the enemies of Israel, gathering their army together at Shochoh to fight against the Israelites. Saul, the king of Israel, gathered his men opposite the Philistines. There was a valley between the Philistines and the Israelites called the valley of Elah.

The Philistines boasted a huge champion warrior whose name was Goliath from Gath. Goliath is described as being six cubits and a span in height. Ellen White, in the *Spirit of Prophecy Volume 1*, page 370 describes Goliath

as about twelve feet tall. [Editor's note: Sources vary on Goliath's height. ST, Aug. 10, 1888, para. 1, says: "... ten and a half feet in height.". BC, Vol. 2, page 535, para 1, says, "His height would be equivalent...to 9 ½ feet.] What an imposing figure by any standard. The Bible describes Goliath's protective equipment. He had a helmet of brass and a coat of mail and greaves of brass upon his legs and a target of brass between his shoulders. This target of brass was apparently a javelin. He also carried a huge spear. Every day Goliath would arrogantly strut out into the valley of Elah to threaten and challenge the Israelites. He called for a man of their own selection to a two man duel and the winner of the duel would win the bodies and souls of the defeated challenger's army and nation. Goliath called across the valley to the Israelites that the army of the defeated challenger would remain as servants of the winner. His presence and his attitude were intimidating, and his confidence was unwavering. Goliath's voice must have caused the earth to vibrate and the rocks to crack. Read the story to get a better understanding of what the Israelites were experiencing.

THEY LOST SIGHT OF GOD

Where do you suppose the focus of the Israelites attention was? They were discouraged and afraid. Their attention could not have been on God. Like so many of their ancestors they had lost sight of the God who had led them out of Egyptian slavery and into the Promised Land despite overwhelming odds. They had lost sight of the God who made the thick walls of Jericho crumble into pieces at the sound of the trumpets. There is no record of the Israelites making sacrifices to the Lord during this military stand-off with the Philistines. There is no record of a vigilant all night prayer band. The Israelites did not focus on God. Instead their focus was on Goliath and on themselves. They heard the threats of the enemy and these threats echoed in their minds over and over again until they soon lost contact with God.

I remember going to a zoo when I was younger. The atmosphere seemed serene and casual when all at once I heard the deafening roar of a lion. I never saw the lion because it was caged at the opposite end of the zoo but I felt as though the lion was right behind me. The roar of that lion seemed to penetrate into, and then through, my chest. I was momentarily paralyzed and when I regained composure it took me a few seconds to be convinced that the lion was still locked safely within its confinement.



Of course, this reminds me of 1 Peter 5:8 where Satan is compared to a roaring lion seeking whom he may devour. My impression is that Goliath probably sounded like a roaring lion to the seemingly helpless Israelites and they were paralyzed with fear.

OUR LIVING GOD WILL SAVE US

This is the situation when David enters the camp of the Israelites to bring food to his brothers. David is the youngest of the brothers and he is a lowly shepherd. He is not considered to be a formal member of the army. But yet David sees that the people of God are discouraged and afraid. In 1 Samuel 17:26 David says, "Who is this uncircumcised Philistine, that he should defy the armies of the living God?" This is not a question; it is a declaration to the Israelites that Goliath was not the equal of God, much less the superior of God. In other words, David says, "This is an enemy of God who is attempting to usurp God's power and authority and I am just not going to let that happen! Our living God will save us and we are not to be intimidated regardless of how big and strong this Goliath may appear." David's statement is also a rebuke to the cowardice of the God's people.

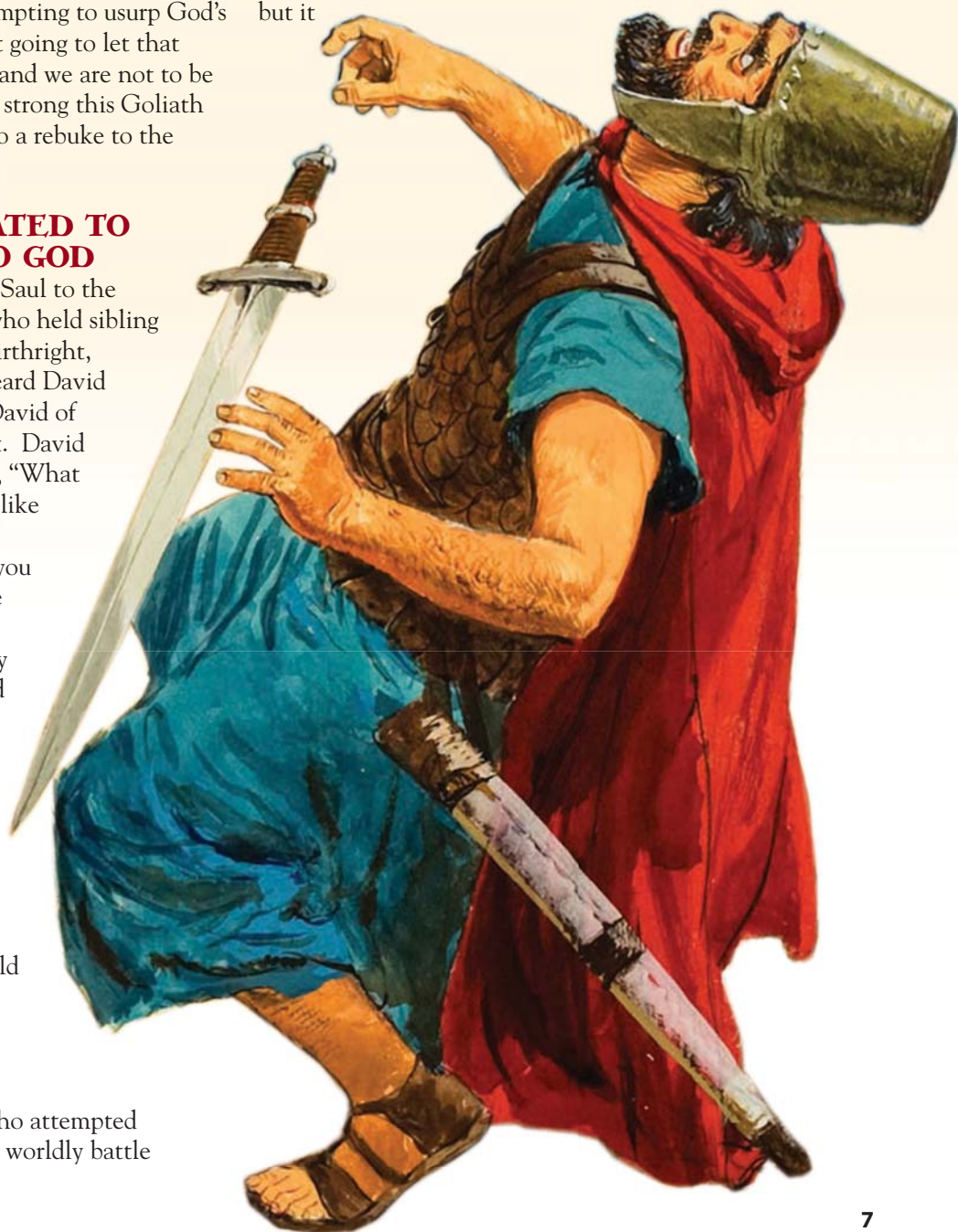
DAVID WAS MOTIVATED TO BRING HONOR TO GOD

Three of David's brothers followed Saul to the battle. David's eldest brother, Eliab, who held sibling authority over David because of his birthright, became angry with David when he heard David speaking to the men. Eliab accused David of having pride and naughtiness of heart. David responds in 1 Samuel 17:29 by saying, "What have I done? Is there not a cause?" I like the Clear Word translation of these phrases, "What have I done to make you so mad at me? There is a reason to be concerned—God's honor is at stake!" David had respect for family hierarchy but when God's honor was questioned he took his stand on God's side. David was motivated to bring God honor and glory which had been threatened and undermined by Goliath and the Philistines and by the lack of faith of the Israelites. Eliab, on the other hand, was motivated by jealousy of his younger brother, David, because David was bold enough to defend God's honor.

WORLDLY ARMOR REJECTED

David was brought to King Saul, who attempted to fit him with his own custom-made, worldly battle

armor. But the armor was cumbersome, heavy, and it was a burden. David rightly rejected the useless worldly armor because he realized that he was clothed with spiritual armor which was from God. Saul didn't understand that David did not need worldly armor because he did not understand spiritual things. He had already been rejected as king in 1 Samuel 15 because of his lack of faith and lack of obedience even though God allowed him to remain in a position of authority for a short time. Only true believers can understand and make sense of spiritual things. Even though David appeared defenseless, he was clothed with the spiritual armor of Ephesians 6 which is the breastplate of righteousness, feet shod with the preparation of the gospel of peace, shield of faith, helmet of salvation and the sword of the spirit. David was fully protected and ready for his upcoming battle against Goliath. Goliath could have been twenty feet tall or fifty feet tall but it



wouldn't have mattered. Goliath could have had 10 spears or even a machine gun and it wouldn't have mattered. David was on God's side and God was on David's side. 1 John 4:4 reads, "Ye are of God, little children, and have overcome them: because greater is He that is in you, than he that is in the world". Isn't that a great and enduring promise for all those who choose to follow God? Shouldn't this build our confidence in God such that nothing in this world can shake or destroy?

INCREDIBLE FAITH

What happens next in this story? In 1 Samuel 17:40 reads, "And he took his staff in his hand, and chose him five smooth stones out of the brook, and put them in a shepherd's bag which he had, even in a scrip; and his sling was in his hand: and he drew near the Philistine." So David entered the battle against Goliath with a staff, a sling and a bag with five smooth stones. With these he meets Goliath head on. The Philistine warriors are waiting on the sideline in eager anticipation of a quick defeat. The Israelite warriors are watching with fear, hardly believing their eyes that the outcome of such a seemingly lopsided battle will soon determine their future and the future of their entire nation. After Goliath attempts to intimidate his young opponent, David responds in 1 Samuel 17:45, 46, "Thou comest to me with a sword, and with a spear, and with a shield, but I come to thee in the name of the Lord of hosts, the God of the armies of Israel, whom thou hast defied. This day will the Lord deliver thee into mine hand; and I will smite thee, and I will take thine head from thee . . . that all the earth may know that there is a God in Israel". What faith David possessed! His faith extended beyond his physical eyesight. He was not intimidated by the size and power of Goliath. David knew God intimately and he knew of God's power and he believed that righteousness would triumph over evil. How right David was! And David's motivation was not selfish. He entered the battle to bring honor back to God. We know the rest of the story. David took one of the five smooth stones and placed it in his sling and then he slung it into the forehead of the giant. Goliath fell and David immediately ran over



to the fallen champion and cut off his head with Goliath's own sword. As the Israelites looked on with amazement, David's victory suddenly encouraged them to give chase to the Philistine army while simultaneously, the Philistine warriors lost their confidence and they began to flee. The Israelites pursued the Philistines with zeal. What a victory for David and what a victory for God.

GOLIATH REPRESENTS SATAN

This story has been a favorite for many Christians and the story becomes even more interesting when the symbolic aspects are explored. The word, Goliath, is listed in Strong's concordance as #1555, which means "exile" from the word, Galah, which is #1540, which means one who is exiled, or a prisoner who has been disgracefully stripped. I think of a soldier who has been dishonorably discharged. Goliath was not only a real life figure but he was also a symbolic figure. According to Patriarchs and Prophets, page 35, Lucifer, prior to his fall, was the most honored of God and was highest in power and glory among the inhabitants of heaven, next to Christ. He was the first of the covering cherubs, holy and undefiled. But when he decided to rebel, and after he continued to cherish thoughts of rebellion, and after he incited rebelliousness in other angels, he was eventually dishonorably stripped of his position in heaven and he was exiled to the earth. The word, Satan, is listed in Strong's concordance as #7854, satan, which means opponent, adversary and the arch enemy of good. This word comes from another word, #7853, satan, which means attack and accuse. Satan is described in Revelation 12:10 as the "accuser of the brethren". Goliath and Satan are both opponents of the good. They are both accusers of the brethren. Both Goliath and Satan strike fear in the heart, they both defy the army of God and if they win their battle against God's people they both threaten them with slavery and death. There can be no doubt Goliath represents Satan in 1 Samuel 17.

SIMILARITIES BETWEEN

DAVID AND JESUS

David was a lowly shepherd boy. He faithfully tended his sheep and he risked his life when he fought the lion and the bear as he states in 1 Samuel 17:34-36. Jesus refers to Himself as the good shepherd in John 10:11. Patriarchs and Prophets page 637 reveals that David was born in Bethlehem. Matthew 2:1 shows that Jesus was born in Bethlehem.



Patriarchs and Prophets page 236 reveals that David was of the tribe of Judah. We can read in Revelation 5:5 that Jesus is referred to as the lion of the tribe of Judah. David was sent by his father to bring food to his brothers. Jesus was sent by His father to bring the bread of life to all who hungered. David was anointed with oil by Samuel the prophet prior to the battle with Goliath in 1 Samuel 16:13 which reads, "Then Samuel took the horn of oil and anointed him in the midst of his brethren: and the Spirit of the Lord came upon David from that day forward". In Luke 4:18, 19 Jesus announces his mission for the first time with these words, "The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, to preach the acceptable year of the Lord". Both David and Jesus had the Spirit of the Lord come upon them. David kept his focus upon God. Jesus kept His focus upon God the Father. David was the only one of all the Israelites to step forward to fight the battle against this seemingly unbeatable foe. Jesus was the only man capable of stepping forward to fight the battle at Calvary against Satan and sin.

DAVID'S TRUST WAS IN GOD

Saul attempted to force his worldly custom designed armor upon David but David's trust was in God. David's trust was not in the things of man. It is estimated that the Jews developed over four hundred laws just in regard to the Sabbath. These laws dictated in a very detailed way how far an Israelite could walk on the Sabbath and what one could carry on the Sabbath. These laws and many others were conceived in the minds of legalistic Jewish leaders in an effort, they thought, to protect men from breaking the Sabbath. Unfortunately, the end result was to restrict the freedom which the Sabbath offered. These man made laws resulted in the Sabbath becoming a heavy burden. Jesus rejected these laws as He demonstrated in Matthew 12:1-8 when he walked through the corn field and picked and ate corn on the Sabbath, and again in Matthew 12:9-14 when

he healed a man with the withered hand on the Sabbath. Man made laws conceived in the hearts of godless men will never be a substitute for a heartfelt surrender of the soul to God and a love for His counsel and way of life. When this surrender to God is made God will clothe the penitent believer with the spiritual armor of Ephesians 6 which is the breastplate of righteousness, feet shod with

the preparation of the gospel of peace, the shield of faith, the helmet of salvation and the sword of the Spirit. David relied upon his spiritual armor just as Jesus relied upon His spiritual armor.

There are more similarities between David and Jesus. David had faith in God which gave him victory against Goliath. Jesus had faith in His Father which gave Him victory at the cross. Both David and Jesus wanted to save Israel from slavery and death. David's reward for defeating Goliath was a woman, Saul's daughter. Jesus' reward for defeating Satan was the church which is represented in Scripture as a woman in Jeremiah 6:2 which reads, "I have likened the daughter of Zion to a comely and delicate woman".

ELIAB REPRESENTS CHURCH LEADERS IN JESUS' DAY

David's brother, Eliab, was angry with David for his boldness. 1 Samuel 17:28 reads, "Eliab's anger was kindled against David." The name, Eliab, is #446 in Strong's Concordance and it consists of two different words. These two words are #410, "el" which means, "strength, mighty, especially the Almighty" and #1, "ab" which means "father". So the word, Eliab, means "a father who is



mighty”, or more loosely, “my God is a father”. Eliab was supposed to be a godly man but his attitude betrayed his name. He became angry with David who wanted to bring honor to God. Eliab could have met Goliath’s challenge if he would have had faith. But Eliab’s faith was weak and he was jealous of David, and he was threatened by David’s willingness to fight Goliath.

Is there anyone who corresponds to Eliab in Jesus’ day? Was there anyone who was threatened by Jesus? Is there anyone who was jealous of Jesus? John 11:47, 48 reads, “The chief priests and the Pharisees gathered together to council and they said, “What do we? For this man doeth many miracles. If we let him thus alone, all men will believe on him: and the Romans shall come and take away both our place and nation”. The chief priests and the Pharisees were concerned about their own jobs and their status. If they accepted Jesus as Savior they would be out of their jobs and they would lose their standing and position in the community. These church leaders were jealous of Jesus and they wanted to see him die. Eliab represents the church leaders of Jesus’ day, the leaders who were selfish, proud and blinded to their own separation from God.

FIVE STONES REPRESENT PENTATEUCH

We read in 1 Samuel 17:40 that David selected five smooth stones out of the brook. If we want to learn about God today we simply purchase a Bible. Today’s Bible has sixty six books. In David’s time there were only five books of the written spiritual record. These five books were written by Moses. These books were Genesis, Exodus, Leviticus, Numbers and Deuteronomy. These five books were known as the Pentateuch. Any one of these God inspired books would equip the reader with a knowledge

of God and an ability to respond to Satan with a “thus saith the Lord”. In 1 Samuel 17:49 David takes the first stone from his bag and slings it and smotes, or bruises, Goliath’s head. Compare this with the statement in



Genesis 3:15 and a remarkable similarity is seen. Jesus gives the reader a promise in this Scripture of Satan’s future in the final chapters of earth’s history, “And I will put enmity between thee and the woman, and between thy seed and her seed, it shall bruise thy head, and thou shalt bruise his heel”. David used the stone to bruise Goliath’s head. Jesus will bruise Satan’s head when this earth’s history comes to a close. The five stones represent the first five books of the Bible which David had available to him.

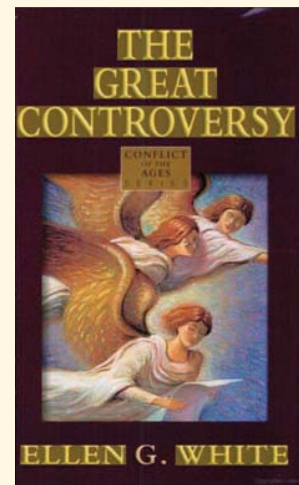
ELAH REPRESENTS THE VALLEY OF THE SHADOW OF DEATH

The valley of Elah was the location of the battle between David and Goliath. Where else have Bible students read about a valley being a battleground? Psalm 23 is a psalm of David which describes his life as a shepherd and his trust in God to keep safe even in times

of challenge. In fact, this psalm can describe the life of any believer and it describes the assurance of the Lord’s presence and protection when difficulties arise. Psalm 23:4 reads, “Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me”. Christians face death every day. They face the threat of physical death by sickness, old age, disease and accident. They also face the threat of eternal death through temptation and deception of Satan. Logically then, the valley of the shadow of death is the world in which we live where sin is thriving. The valley of Elah represents the valley of the shadow of death or the world. David faced the threat of death by Goliath in the valley of Elah. Jesus allowed Himself to be born into the world so He could live in the world and fight the battle which mankind fights. Matthew 5:17 reads, “Think not that I am come to destroy the law, or the prophets; I am not come to destroy, but to fulfil”. At the end of the battle David wins a victory for God and Goliath loses his life by being beheaded with his own sword. Jesus agreed to live a human life here on earth so He could win a victory at Calvary. And consequently, Satan will lose his life when the earth’s history comes to a close.

THE SWORD HERE IS COMPARED TO THE TONGUE OF THE WICKED

The sword is a common spiritual symbol. Usually Christians think of the sword as the word of God as seen in Ephesians 6:17 which reads “...the sword of the Spirit,
continued on page 25



MY PATHWAY

By Mrs. L. D. Avery-Stuttle

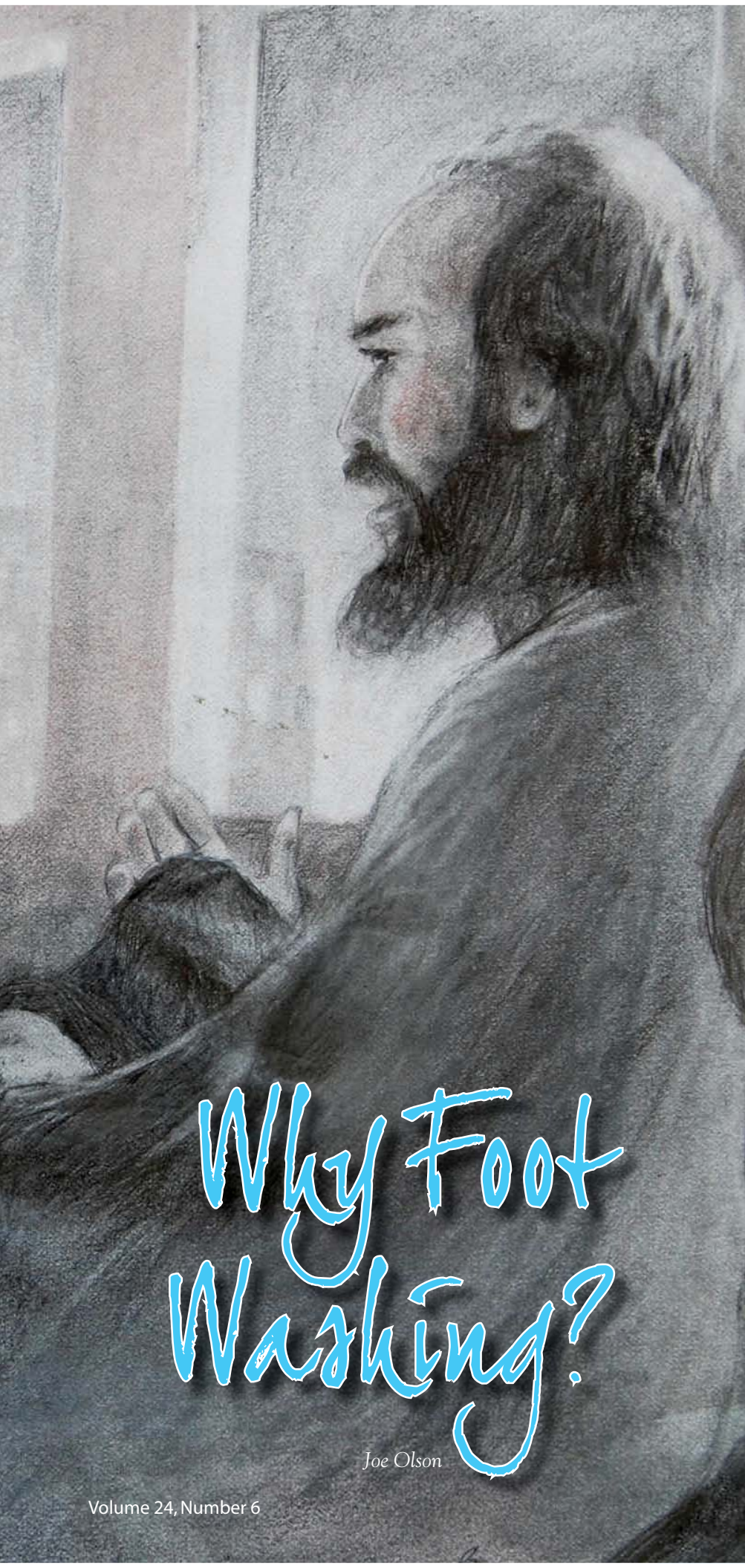
There is a pathway all marked out for me
Along the shores of life's tempestuous sea;
And many burdens in that pathway lie
That none on earth may bear as well as I.
Thy loving hand, O Christ, hath poised and weighed,
Thy gentle voice hath said, "Be not dismayed."
Shall gloomy shades of dark Gethsemane
Frighten my feet from following Thee?

There is a cross that I alone must bear;
But shall I sink in darkness and despair,
Because forsooth, the weary years have flown
And still my cross hath no whit lighter grown?
So many years I have prayed the self-same-prayer:
"Father, remove the weary cross I bear;"
And still the self-same answer comes to me,
"Thy Father knoweth it is best for thee.

There is a work to do ere set of sun,
That I must do, or leave the work undone,--
Some tender offering that I must make,
Some toilsome task perform for love's sweet sake,
Some deed of grace, some kindly word of cheer,
A warm handclasp, a sympathetic tear,--
These may I give, tho poor in worldly store,
These may I give in love, if nothing more.

O Father, grant the strength I ask of Thee
That I may do the work Thou gavest me;
That I may say, as sinks life's westering sun:
"See, Master, see, the task Thou gav'st is done;"
And hear at last Thy gentle voice so mild:
"Thy mansion is prepared; come home, My child."





Why Foot Washing?

Joe Olson

Volume 24, Number 6

John 13:1 “Now before the feast of the passover, when Jesus knew that his hour was come that he should depart out of this world unto the Father, having loved his own which were in the world, he loved them unto the end.”

I wanted to start with this verse so we could get a little perspective of what was going on at this time.

The national festival, the Passover, was about to commence.

The Passover was a commemoration of the slaying of a lamb, and applying the blood of that lamb on the door posts and lintel, so that when the destroying angel came throughout the land of Egypt to kill the firstborn, as Moses had said would happen, the angel would “pass over” that home.

No one who had the blood of the lamb around their door lost their firstborn child.

Each year, the children of Israel were to keep this feast of Passover, to remind them of God’s deliverance, and to point to the Lamb of God, who was to be slain for the world, so that





no one ever had to die eternally.

The Last Supper

Jesus knows He is about to offer up His life, a ransom for many.

Jesus and the disciples have gathered to eat the “Last Supper” before His crucifixion.

I would like you to try and picture the scene...

Jesus knows He is getting ready to die.

This is His last meal with them.

The whole nation is getting ready to celebrate the Passover, little realizing that it is Jesus Himself that the Passover is referring to... including the disciples.

John says that Jesus loved them to the end.

This is the last opportunity to talk to them as a group; the last chance to impart any closing remarks or pearls of wisdom.

What do you suppose would be the last act of the Creator of the world,



while still in human form?

The men who sit with you at this last supper, will be the ones who start a whole new church, seeing the Jews would not do it, and would rather kill their Lord than obey Him.

What Do You Do?

Here is what Jesus did...

John 13:4-5 “He

riseth from supper, and laid aside his garments; and took a towel, and girded himself. After that he poureth water into a bason, and began to wash the disciples’ feet, and to wipe them with the towel wherewith he was girded.”

Now, why would the God of Heaven, who commands worlds into existence by speaking, who was getting ready to die, stoop to wash His disciples’ feet?

What possible “lesson” is He trying to convey here?

Remember, this is it; there is no more instruction for His new church leaders.

You have to believe that this must be monumental, as He chose to make this His last teaching effort.

He gets up, and starts washing His disciples’ feet.

Ask yourself why.

Take the time to truly consider... why this?

Is it what **you** would have done?

Probably not.

Remember, God says:

Isaiah 55:8 “For my thoughts are not your thoughts, neither are your ways my ways, saith the LORD.”

Well, we can be fairly certain that **this** is true.

I don’t think any of us would have opted for footwashing as the last act of our lives with our assembled disciples.

Because He Did It

So then, what was the point?

What made this footwashing so very, very important?

But before we answer this question, let’s go further in the story here.

John 13:12-14 “So after he had washed their feet, and had taken his garments, and was set down again, he



said unto them, Know ye what I have done to you? Ye call me Master and Lord: and ye say well; for so I am. If I then, your Lord and Master, have washed your feet; ye also ought to wash one another’s feet.”

Apparently this footwashing was

“FOR MY THOUGHTS ARE NOT YOUR THOUGHTS, NEITHER ARE YOUR WAYS MY WAYS, SAITH THE LORD.”

“FOR I HAVE GIVEN YOU AN EXAMPLE,
THAT YE SHOULD DO AS I HAVE DONE
TO YOU.”



not just to be done by Jesus.

He specified that **we** should do the same.

And He said **why** we should do it... because He did it.



And, we should do what Jesus did... right?

Then He goes on...

John 13:15 “For I have given you an example, that ye should do as I have done to you.”

In case the disciples didn’t quite get it the first time, He basically repeats Himself.

“Do what I have done... got it?”
“Do what I have done.”

So, there is no question but that we are to do what He has done, and to make sure, He repeats it twice.

The quick and dirty answer as to why we should engage in the footwashing service is because Jesus asked us to.

Humility - The Other Reason

But is there another reason?

Do you know what the name of the footwashing service is called?

The “Ordinance of Humility.”

Why do you suppose that is?

Anybody here apply for a footwashing job?

Anybody look forward to washing other people’s feet?

Why not?

Few people have problems with celebrating the Lord’s Supper and partaking of the grape juice and bread.

But many people are uncomfortable with footwashing.

Almost all churches celebrate the Lord’s Supper, but very, very few celebrate the Ordinance of Humility.

Why?

Because it is humbling.

It is humbling to wash someone else’s feet.

It is humbling to kneel in front of them and clean their dirty, smelly feet.

It is an “act” of humility to do this!

Did the disciples need to be humble?

Did they have a problem with

pride and exaltation?

Being In Charge Is About Serving

Sister White gives us a little insight here...

“While they [the disciples] were contending for the highest place, He to whom every knee shall bow, He whom the angels of glory count it honor to serve, bowed down to wash the feet of those who called Him Lord.” Desire of Ages 649

You see, the disciples still thought things were going to go well for them.

And they were jostling for position.

They still expected Christ to be made king, and He would need a Second-in-Charge, a Prime Minister, a Vice-Commander, or whatever.



“FOR I HAVE GIVEN YOU AN EXAMPLE,
THAT YE SHOULD DO AS I HAVE DONE
TO YOU.”



And they all wanted it to be **them**.

Even at this late hour, when Jesus is about to return to heaven, His disciples are still filled with pride and exaltation.

They all want to be chief, and if not the chief, then at least second chief, or some position of authority.

They still don't get what being “In Charge” is all about.

It is about **servi**ng others.

It is about **doi**ng for others.

It is about humbling yourself to become the servant of another, as Jesus was and did for them.

He Saved The Best Lesson For Last

This was the most important... **final** lesson He had to give.

And He knew it was, and would be, a problem for all of us in future generations.

Let's let the inspired messenger give us a little more insight in what was going on with the disciples at this time...

“At a feast it was customary for a servant to wash the feet of the guests, and on this occasion preparation had been made for the service. The pitcher, the basin, and the towel were there, in readiness

for the feet washing; but no servant was present, and it was the disciples' part to perform it. But each of the disciples, yielding to wounded pride, determined not to act the part of a servant. All manifested a stoical unconcern, seeming unconscious that there was anything for them to do. By their silence they refused to humble themselves.” Desire of Ages 644

Remember, these were the charter members, the head officers, of Christ's new denomination!

She goes on...

“How was Christ to bring these poor souls where Satan would not gain over them a decided victory? How could He show that a mere profession of discipleship did not make them disciples, or insure them a place in His kingdom? How could



He show that it is loving service, true humility, which constitutes real greatness? How was He to kindle love in their hearts, and enable them to comprehend what He longed to tell them?” Desire of Ages 644

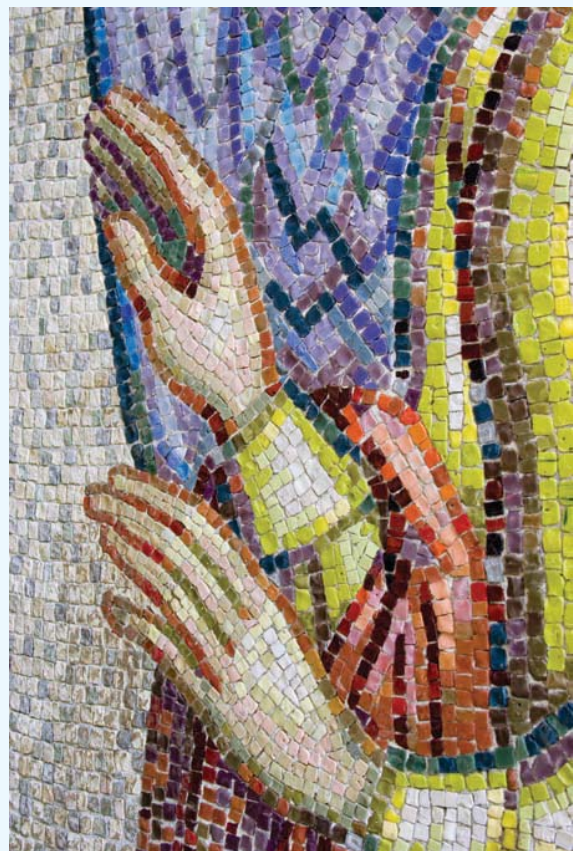
Did you notice how many “hows” Jesus was struggling with?

How is He going to address all of these issues and concerns?

Unspoken Rebuke

He has precious few moments left in this life.

“The disciples made no move toward serving one another. Jesus



waited for a time to see what they would do. Then He, the divine Teacher, rose from the table. Laying aside the outer garment that would have impeded His movements, He took a towel, and girded Himself. With surprised interest the disciples looked on, and in silence waited to see what was to follow. “After that He poureth water into a basin, and began to wash the disciples’ feet, and to wipe them with the towel wherewith He was girded.” This action opened the eyes of the disciples. Bitter shame and humiliation filled their hearts. They understood the unspoken rebuke, and saw themselves in altogether a new light.” Desire of Ages 644



“AFTER THAT HE POURETH WATER INTO A BASIN, AND BEGAN TO WASH THE DISCIPLES’ FEET, AND TO WIPE THEM WITH THE TOWEL WHEREWITH HE WAS GIRDED.”

Oh friends...

Do you see what He did here?

*God's Pretty Smart,
Don't He?*

He created a method to reveal to each one of us exactly what is in our own hearts.

Footwashing has never become popular.

Humility takes effort and time and is hard... for almost all of us.

And God instituted a way to make sure we could become humble.

It takes humility to kneel before another and wash his feet.



It is hard to remain proud, scheming, grasping for position, while on your knees in front of another.

God's pretty smart isn't He?

singled out...

He did it Himself, to show us all that He is not too proud to humble Himself and wash another's feet.

In fact, He washed 12 people's feet at one setting.

Why footwashing?

Because God, who knows everything, thinks we need to do it.

Why footwashing?

Because Jesus did it; and asked us to do it too.

Do you want to be like Jesus?

Let's wash each other's feet.



*Because God
Thinks
We Need To Do
It*

He knows just what it would take to bring us down to the right level.

And to make sure we did not feel like we were being



Joe Olson serves as the executive director and chairman of the board of Hope International. He also travels as an international speaker.

The Foundation of Our Faith

By Ellen White

The Lord will put new, vital force into His work as human agencies obey the command to go forth and proclaim the truth. He who declared that His truth would shine forever will proclaim this truth through faithful messengers, who will give the trumpet a certain sound. The truth will be criticized, scorned, and derided; but the closer it is examined and tested, the brighter it will shine.

As a people, we are to stand firm on the platform of eternal truth that has withstood test and trial. We are to hold to the sure pillars of our faith. The principles of truth that God has revealed to us are our only true foundation. They have made us what we are. The lapse of time has not lessened their value. It is the constant effort of the enemy to remove these truths from their setting, and to put in their place spurious theories. He will bring in everything that he possibly can to carry out his deceptive designs. But the Lord will raise up men of keen perception, who will give these truths their proper place in the plan of God.

Unsound reasoning will lead minds astray.

I have been instructed by the heavenly messenger that some of the reasoning in the book, "Living



Temple," is unsound and that this reasoning would lead astray the minds of those who are not thoroughly established on the foundation principles of present truth. It introduces that which is naught but speculation in regard to the personality of God and where His presence is. No one on this earth has a right to speculate on this question. The more fanciful theories are discussed, the less men will know of God and of the truth that sanctifies the soul.

One and another come to me, asking me to explain the positions taken in "Living Temple." I reply, "They are unexplainable." The sentiments expressed do not give a true knowledge of God. All through the book are passages of scripture. These scriptures are brought in in such a way that error is made to appear as truth. Erroneous theories are presented in so pleasing a way that unless care is taken, many will be misled.

The Track Of Truth Lies Close Beside The Track Of Error

We need not the mysticism that is in this book. Those who entertain these sophistries will soon find themselves in a position where the enemy can talk with them, and lead them away from God. It is represented to me that the writer of this book is on a false track. He has lost sight of the distinguishing truths for this time. He knows not whither his steps are tending. The track of truth lies close beside the track of error, and both tracks may seem to be one to minds which are not worked by the Holy Spirit, and which, therefore, are

not quick to discern the difference between truth and error.

About the time that "Living Temple" was published, there passed before me in the night season, representations indicating that some danger was approaching, and that I must prepare for it by writing out the things God has revealed to me regarding the foundation principles of our faith.

They were a snare that the enemy had prepared for the last days.

A copy of "Living Temple" was sent me, but it remained in my library, unread. From the light given me by the Lord, I knew that some of the sentiments advocated in the book, did not bear the indorsement of God, and that they were a snare that the enemy had prepared for the last days. I thought that this would surely be discerned, and that it would not be necessary for me to say anything about it. In the controversy that arose among our brethren regarding the teachings of this book, those in favor of giving it a wide circulation declared: "It contains the very sentiments that Sister White has been teaching." This assertion struck right to my heart. I felt heart-broken; for I knew that this representation of the matter was not true.

SCRIPTURE MISAPPLIED

Finally my son said to me, "Mother, you ought to read at least some parts of the book, that you may see whether they are in harmony with the light that God has given you." He sat down beside me, and together we read the preface, and most of the first chapter, and also paragraphs in other chapters.

As we read, I recognized the very sentiments against which I had been bidden to speak in warning during the early days of my public labors. When I first left the State of Maine, it was to go through Vermont and Massachusetts, to bear a testimony against these sentiments. "Living Temple" contains the alpha of these theories. I knew that the omega would follow in a little while; and I trembled for our people. I knew that I must warn our brethren and sisters not to enter into controversy over the presence and personality of God. The statements made in "Living Temple" in regard to this point are incorrect. The scripture used to substantiate the doctrine there set forth, is scripture misapplied. I am compelled to speak in denial of the claim that the teachings of "Living Temple" can be sustained by statements from my writings. There may be in this book expressions and sentiments that are in harmony with my writings. And there may be in my writings many statements which, taken from their connection, and interpreted

according to the mind of the writer of "Living Temple," would seem to be in harmony with the teachings of this book. This may give apparent support to the assertion that the sentiments in "Living Temple" are in harmony with my writings. But God forbid that this sentiment should prevail.

Few can discern the result of entertaining the sophistries advocated by some at this time. But the Lord has lifted the curtain, and has shown me the result that would follow.

The spiritualistic theories regarding the personality of God, followed to their logical conclusion, sweep away the whole Christian economy.

They estimate as nothing the light that Christ came from heaven to give John to give to His people. They teach that the scenes just before us are not of sufficient importance to be given special attention. They make of no effect the truth of heavenly origin, and rob the people of God of their past experience, giving them instead a false science.

In a vision of the night I was shown

distinctly that these sentiments have been looked upon by some as the grand truths that are to be brought in and made prominent at the present time. I was shown a platform, braced by solid timbers,-- the truths of the Word of God. Some one high in responsibility in the medical work was directing this man and that man to loosen the timbers supporting this platform. Then I heard a voice saying, "Where are the watchmen that ought to be standing on the walls of Zion? Are they asleep? This foundation was built by the Masterworker, and will stand storm and tempest. Will they permit this man to present doctrines that deny the past experience of the people of God? The time has come to take decided action."

Fundamental Principles Would Be Accounted As Error

The enemy of souls has sought to bring in the supposition that a great reformation was to take place among Seventh-day Adventists, and that this reformation would consist in giving up the doctrines which stand as the pillars of our faith, and engaging in a process of reorganization. Were this reformation to take place, what would result? The principles of truth that God in His wisdom has given to the remnant church, would be discarded. Our religion would be changed. The fundamental principles that have sustained the work for the



last fifty years would be accounted as error. A new organization would be established. Books of a new order would be written. A system of intellectual philosophy would be introduced. The founders of this system would go into the cities, and do a wonderful work. The Sabbath, of course, would be lightly regarded, as also the God who created it. Nothing would be allowed to stand in the way of the new movement. The leaders would teach that virtue is better than vice, but God being removed, they would place their dependence on human power, which, without God, is worthless. Their foundation would be built on the sand, and storm and tempest would sweep away the structure.

Who has authority to begin such a movement? We have our Bibles. We have our experience, attested to by the miraculous working of the Holy Spirit. We have a truth that admits of no compromise. Shall we not repudiate everything that is not in harmony with this truth?

I hesitated and delayed about the sending out of that which the Spirit of the Lord impelled me to write. I did not want to be compelled to present the misleading influence of these

sophistries. But in the providence of God, the errors that have been coming in must be met.

“Iceberg just ahead! Meet it!”

Shortly before I sent out the testimonies regarding the efforts of the enemy to undermine the foundation of our faith through the dissemination of seductive theories, I had read an incident about a ship in a fog meeting an iceberg. For several nights I slept but little. I seemed to be bowed down as a cart beneath sheaves. One night a scene was clearly presented before me. A vessel was upon the waters, in a heavy fog. Suddenly the lookout cried, “Iceberg just ahead!” There, towering high above the ship, was a gigantic iceberg. An authoritative voice cried out, “Meet it!” There was not a moment’s hesitation. It was a time for instant action. The engineer put on full steam, and the man at the wheel steered the ship straight into the iceberg. With a crash she struck the ice. There was a fearful shock, and the iceberg broke into many pieces, falling with a noise like thunder to the deck. The passengers were violently shaken by the force of the collision, but no lives were lost. The vessel was injured,

but not beyond repair. She rebounded from the contact, trembling from stem to stern, like a living creature. Then she moved forward on her way.

Well I knew the meaning of this representation. I had my orders. I had heard the words, like a voice from our Captain, “Meet it!” I knew what my duty was, and that there was not a moment to lose. The time for decided action had come. I must without delay obey the command, “Meet it!”

Errors Coming In Among Us

That night I was up at one o’clock, writing as fast as my hand could pass over the paper. For the next few days I worked early and late, preparing for our people the instruction given me regarding the errors that were coming in among us.

I have been hoping that there would be a thorough reformation, and that the principles for which we fought in the early days, and which were brought out in the power of the Holy Spirit, would be maintained.

Many of our people do not realize how firmly the foundation of our faith has been laid. My husband, Elder Joseph Bates, Father Pierce, Elder Edson, and others who were keen, noble, and true, were among those who, after the passing of the time in 1844, searched for the truth as for hidden treasure. I met with them, and we studied and prayed earnestly. Often we remained together until late at night, and sometimes through the entire night, praying for light and studying the word. Again and again these brethren came together to study the Bible, in order that they might know its meaning, and be prepared to teach it with power. When they came to the point in their study where they said, “We can do nothing more,” the Spirit of the Lord would come upon me, I would be taken off in vision, and a clear explanation of the passages we had been studying would be given me, with instruction as to how we were to labor and teach effectively. Thus light was given that helped us to understand



the scriptures in regard to Christ, His mission, and His priesthood. A line of truth extending from that time to the time when we shall enter the city of God, was made plain to me, and I gave to others the instruction that the Lord had given me.

During this whole time I could not understand the reasoning of the brethren. My mind was locked, as it were, and I could not comprehend the meaning of the scriptures we were studying. This was one of the greatest sorrows of my life. I was in this condition of mind until all the principal points of our faith were made clear to our minds, in harmony with the word of God. The brethren knew that when not in vision, I could not understand these matters, and they accepted as light direct from heaven the revelations given.

***“I must obey the command,
“Meet it!” ”***

For two or three years my mind continued to be locked to an understanding of the Scriptures. In the course of our labors, my husband and I visited Father Andrews, who was suffering intensely with inflammatory rheumatism. We prayed for him. I laid my hands on his head, and said, “Father Andrews, the Lord Jesus maketh thee whole.” He was healed instantly. He got up, and walked about the room, praising God, and saying, “I never saw it on this wise before. Angels of God are in this room.” The glory of the Lord was revealed. Light seemed to shine all through the house, and an angel’s hand was laid upon my head. From that time to this I have been able to understand the word of God.

What influence is it that would lead men at this stage of our history to work in an underhanded, powerful way to tear down the foundation of our faith,— the foundation that was laid at the beginning of our work by prayerful study of the word and by revelation? Upon this foundation we

have been building for the past fifty years. Do you wonder that when I see the beginning of a work that would remove some of the pillars of our faith, I have something to say? I must obey the command, “Meet it!”

*A Strange Spirit
Was Controlling Dr.
Kellogg*

I have the tenderest feelings toward Dr. Kellogg. For many years I have tried to hold fast to him. God’s word to me has always been, “You can help him.” Sometimes I am awakened in the night, and, rising, I walk the room, praying: “O Lord, hold Dr. Kellogg fast. Do not let him go. Keep him steadfast. Anoint his eyes with the heavenly eyesalve, that he may see all things clearly.” Night after night I have lain awake, studying how I could help him. Earnestly and often I have prayed that the Lord may not permit him to turn away from sanctifying truth. This is the burden that weighs me down,— the desire that he shall be kept from making mistakes that would hurt his soul and injure the cause of present truth. But for some time his actions have revealed that a strange spirit is controlling him. The Lord will take this matter in His own hands. I must bear the messages of warning that God gives me to bear, and then leave with the Lord the results. I must now present the matter in all its bearings; for the people of God must not be despoiled.

***Messages of every order and
kind have been urged upon
Seventh-day Adventists, to take
the place of the truth.***

We are God’s commandment-keeping people. For the past fifty years every phase of heresy has been brought to bear upon us, to becloud



our minds regarding the teaching of the word,—especially concerning the ministration of Christ in the heavenly sanctuary, and the message of heaven for these last days, as given by the angels of the fourteenth chapter of Revelation. Messages of every order and kind have been urged upon Seventh-day Adventists, to take the place of the truth which, point by point, has been sought out by prayerful study, and testified to by the miracle-working power of the Lord. But the way-marks which have made us what we are, are to be preserved, and they will be preserved, as God has signified through His word and the testimony of His Spirit. He calls upon us to hold firmly, with the grip of faith, to the fundamental principles that are based upon unquestionable authority.

Editor’s note—Brothers and Sisters, pay careful attention to this article. Note that the author of Living Temple was Dr. Kellogg, a leader in the church and one well loved. We shall be faced and are now faced with doctrines in the church that lead away from the carefully sought out foundation laid by the pioneers— know the Bible for yourself. Understand our foundational doctrines!



Ellen G. White, 1827–1915, received the spiritual gift of prophecy, and the fruits of her life and work accord with the biblical tests of a true messenger of God. To this day, her counsels are an incalculable blessing to God’s people around the world.



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Historical Footnotes



“We have nothing to fear for the future, except as we shall forget the way the Lord has led us, and His teaching in our past history.” E.G. White, Life Sketches, 196. Many today have neglected to study the history and people that made up the early days of the Advent movement. To help encourage interest in Adventist history, we have put together questions about people and events of our past. Our goal is to spark faith and further study into “the way the Lord has led us, and His teaching in our past history.”

1. How old was Ellen White when she was converted?

- a. 17 years old
- b. 15 years old
- c. 11 years old
- d. 8 years old

2. How old was Ellen White when she was Baptized?

- a. 12 years old
- b. 17 years old
- c. 11 years old
- d. 15 years old

3. What church did Ellen White join when she was baptized?

- a. Baptist Church
- b. Seventh day Adventist Church
- c. Presbyterian Church
- d. Methodist Church

4. How old was Ellen White when she heard William Miller deliver his second course of lectures?

- a. 13 years old
- b. 17 years old
- c. 12 years old
- d. 15 years old

5. Where were Wm Miller’s lectures in #4 given?

- a. Battle Creek, Michigan
- b. Portland, Maine
- c. Davenport, New Hampshire
- d. Worcester, Massachusetts

6. Who was the devoted pastor that personally encouraged EGW in her early teen years?

- a. William Miller
- b. Brother Stockman
- c. Brother James Barry
- d. J. N. Loughborough

7. In what year was Ellen White’s first vision?

- a. 1846
- b. 1847
- c. 1844
- d. 1849

8. In what year was Ellen White’s first vision published?

- a. 1846
- b. 1847
- c. 1844
- d. 1849

9. What was the subject of Ellen White’s first vision?

- a. The Heavenly Sanctuary
- b. The travels of the Advent people to the Holy City
- c. The true Sabbath
- d. The trials that would face her

10. Whom did Ellen White see in Heaven in her first vision?

- a. Brother Stockman
- b. Brother Fitch
- c. Both Brother Stockman and Brother Fitch
- d. Brother James Barry

Answers: 1. c 2. a 3. d 4. a 5. b 6. b 7. c 8. a 9. b 10. a, b, c
 Source: *Early Writings by E. G. White*, copy published by Remnant Publications in 1998

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News Watch



1. THE LOG CABIN'S REPAIR JOB— Newsweek, April 27, 2009, page 7— by Kurt Soller

In the 2008 election, 4 percent of the voters identified themselves as gay, lesbian or bisexual, according to a CNN poll, and 27 percent of them voted for John McCain—numbers that seem to indicate a healthy space for the Log Cabin Republicans, the party's most visible gay organization.

End time perspective—“The Sodomitic practices which brought the judgment of God upon the world, and caused it to be deluged with water, and which caused Sodom to be destroyed by fire, are fast increasing. We are nearing the end. God has borne long with the perversity of mankind, but their punishment is no less certain. Let those who profess to be the light of the world, depart from all iniquity.”--TSB 120

2. UNION 'CARD CHECK' DEBATE HOBLES TOWARD FINISH— Newsmax, May, 2009, page 8, by Jim Meyers

Democrats and Labor Leaders are gearing up to do in the new Congress what they couldn't do two years ago: pass the controversial “card check”

bill making it easier to unionize workplaces.

End time perspective 1--“The trades unions will be one of the agencies that will bring upon this earth a time of trouble such as has not been since the world began.”--Letter 200, 1903, CL 10

End time perspective 2--“The work of the people of God is to prepare for the events of the future, which will soon come upon them with blinding force. In the world gigantic monopolies will be formed. Men will bind themselves together in unions that will wrap them in the folds of the enemy. A few men will combine to grasp all the means to be obtained in certain lines of business. Trades unions will be formed, and those who refuse to join these unions will be marked men.”--Letter 26, 1903, CL 10

3. THE MARRIAGE-GO-ROUND--Time,



May 4, 2009, page 16--by Gilbert Cruz

Why do we have so many romantic partners? Thanks to multiple marriages and divorces, cohabitation, stepfamilies and various other couple combinations, America experiences “more turgulence in our family lives, more changes of partners and parents, than any other nation.



End time perspective 1--“Marriage is something that will influence and affect your life both in this world and in the world to come. A sincere Christian will not advance his plans in this direction without the knowledge that God approves his course. He will not want to choose for himself, but will feel that God must choose for him. We are not to please ourselves, for Christ pleased not Himself. I would not be understood to mean that anyone is to marry one whom he does not love. This would be sin. But fancy and the emotional nature must not be allowed to lead on to ruin. God requires the whole heart, the supreme affections.” AH 43

End time perspective 2--“Marriage Is a Contract for Life.--In the youthful mind marriage is clothed with romance, and it is difficult to divest it of this feature, with which imagination covers it, and to impress the mind with a sense of the weighty responsibilities involved in the marriage vow. This vow links the destinies of the two individuals with bonds which naught but the hand of death should sever. Every marriage engagement should be carefully considered, for marriage is a step taken for life. Both the man and the woman should carefully consider whether they can cleave to each other through the



vicissitudes of life as long as they both shall live.” AH 340

4. A BRIEF HISTORY OF CREDIT CARDS--Time May 4, 2009, page 16, by M. J. Stephey

It was status and convenience in two breezy words: Charge it. But in these leaner times, shoppers are thinking twice before pulling out the plastic, even as analysts predict credit-card defaults could total more than \$75 billion this year. On April 23, Barack Obama and his economic adviser Lawrence Summers met with credit-card executives to discuss how to control our addiction to plastic-- and curb the controversial practices that encourage it.

End time perspective-- “One of Satan’s Nets for Souls--All must practice economy. No worker should manage his affairs in a way to incur debt. . . . When one voluntarily becomes involved in debt, he is entangling himself in one of Satan’s nets which he sets for souls.”-- CE 67



THE LITTLE AND THE GREAT CONTROVERSY

continued from page 10

which is the word of God:”. This sword or word of God is given to enlighten and strengthen the believer. But the sword is also viewed as an instrument of evil used by the wicked as seen in Psalm 64:1-4 when David writes, “Hear my voice, O God, in my prayer, preserve my life from fear of the enemy. Hide me from the secret counsel of the wicked; from the insurrection of the workers of iniquity: Who whet their tongues like a sword, and bend their bows to shoot their arrows, even bitter words: That they may shoot in secret at the perfect: suddenly do they shoot at him, and fear not”. The sword here is compared to the tongue of the wicked or the words of the wicked. Satan is called the accuser of the brethren. He accuses the brethren with his words. And it is these accusations against the brethren that condemn him to death. It is for his own words of condemnation and insubordination that God will eventually put an end to his life.

THE GREAT CONTROVERSY

God has given the Seventh Day Adventist Church a last day prophetic in Ellen White. She was a prolific writer. Her most comprehensive historic account of the interaction of good and evil was the book entitled The Great Controversy. This volume begins with the world in its purest form followed by the introduction of rebellion against God and it ends with the universe cleansed from all evil. The story of David and Goliath is the story of the great controversy in miniature. One of God’s principles for teaching his children is to repeat and expand. The book of Daniel reveals this principle. In Daniel 2, King Nebuchadnezzar dreamed of a man who has come to be known as the metal man. Daniel then interprets, through God’s revelation, the meaning of the different metals. Then in Daniel 7, Daniel dreamed of four beasts and horns. This dream is an expansion of the first dream. The second dream gives the reader more information which is not given in the first dream. God has given us the story of David and Goliath in the Old Testament. And consistent with the principle of repeat and expand, God has blessed the Seventh Day Adventist Church and as His last day people by giving them an expanded version of the great controversy for all to read and learn about the deception caused by the accuser of the brethren. This book shows in great detail the controversy between good and evil throughout the ages. This controversy is between God and Satan. God has made every opportunity to inform people of every age as to the eventual outcome of this great controversy. God has attempted to teach those who would learn that when we focus our attention upon Satan we will be overcome by fear and discouragement. 2 Corinthians 5:7 reads, “For we walk by faith, not by sight”. We need to look beyond the challenges and threats of this life if we are to take a firm hold upon Jesus and eternal life. We must realize that Satan will attempt to attack and threaten and intimidate God’s people at every opportunity. We must also realize that

Jesus has already won the victory. The power is there for us to defeat Satan at every step in our lives until we see Jesus coming in the clouds of glory.



John Klump is an orthodontist in Alamogordo, New Mexico. He and his wife, Diana, have four daughters and a son-in-law.

Influenza Part 1: Sorting Out the Flu Confusion



Dr. Olson comes from a long line of health professionals including MDs, naturopaths, and osteopaths. Having early wanted to help people, especially in the area of health, she was a missionary to Belize and Korea. A national speaker, an RN for years, a certified herbologist, and a naturopathic doctor, Dr. Olson is utilizing this experience and wealth of knowledge for the benefit of people all over the world.

Over the course of these next 3 articles, I would like to clear up some confusion surrounding the “normal” yearly flu, flu vaccination, swine flu, and take a look at some previous flu pandemics.

Just a couple weeks ago a new viral flu strain emerged, and already officials are concerned of a possible global pandemic. For those of you unfamiliar with the term, a pandemic is an epidemic (a disease that spreads rapidly and extensively) that reaches throughout an entire continent or possibly the entire globe. In less than 3 weeks according to the World Health Organization (WHO), 1,419 people are already confirmed infected in at least 21 countries and there are 30 confirmed deaths.

DEFINE “CONFIRMED”

First, let’s take a look at this “confirmed” business. For the



record, just because some cases are “confirmed” in a lab does NOT mean that those are the only cases. So, according to the CDC’s methods, if someone contracts what *appears* to be the swine flu (H1N1) or dies from what *appears* to be the swine flu, unless it has been confirmed in the labs of the CDC (Centers for Disease Control), it does not count. Ok, that’s fair. So, forget about all the other *possible* swine flu infections and deaths, let’s go with the CDC numbers and say that at least 1,419 people are infected and at least 30 people have died so far.

Well that’s not bad, you say! All the reports going around are saying that the “regular” yearly flu kills 36,000 each year! But where does this number even come from? Interestingly enough, these 36,000 cases are “estimated” not “confirmed”. Wait; didn’t we just say that the CDC only counts cases based on a confirmation in their lab? Then those 36,000 must not count, right? That’s not what they’re saying. But it gets worse.

Turns out, even the “estimate” is pretty deceptive. “According to the CDC’s own official records documented in National Vital Statistics Reports, only a **few hundred** people die from influenza (flu) on an average year. And many of these deaths occur in people with preexisting conditions, weakened immune systems, and the elderly... In 2001, just 257 people died from the flu. (Fifty-nine percent of these deaths occurred in people 75 years or older; 75 percent occurred in people 55 years or older.) To put these numbers in perspective, 3,454 Americans died from malnutrition



in 2001 -- 13 times greater than the number of flu deaths!” (1)

Only a few hundred? How did the number skyrocket from 257 to 36,000 and why? To bulk the number up, they have to count more deaths than what are actually caused by the flu. They add deaths from other causes. More than 34,000 of the 36,000 “flu deaths” are what officials estimate are “influenza-associated” pneumonic and cardiovascular deaths.

Keep in mind that the flu is a viral infection, while pneumonia is bacterial. So, even though people with the flu can get pneumonia, these are two totally different diseases and therefore should be listed as separate numbers on the death tally. But the pneumonia deaths far outweigh the flu deaths, so they add the number together to make the flu deaths seem more than they really are.

BILLION-DOLLAR PRODUCTS

So who would want the public to think they were more at risk for death from the flu than they actually are? Actual flu deaths each year typically range between 200-800, so why would someone want us to think it’s 180 times higher? Who stands to benefit from this ridiculously inflated number of deaths? Think flu vaccine. Take a look at these quotes:

“Just a few years ago, the



pharmaceutical industry was fleeing the vaccine field in droves because it just didn't pay. Global vaccine sales in 2004 were a mere \$8 billion, less than those of some individual blockbuster drugs. But since then, the economics have changed dramatically. "Vaccines used to be unprofitable, but they've now demonstrated they can be billion-dollar products," says Rahul Singhvi, CEO of Rockville (Md.) vaccine startup Novavax (NVAX)." (2)

"Vaccine sales are a bright spot in the drug industry, growing faster than sales of other prescription medicines." (3)

"The vaccine business segment currently generates the majority of our revenues and gross profit and has become an increasingly important part of our business model. Vaccine business segment revenues totaled \$17.9 million, an increase of 278% over the prior year period when we initially launched vaccines." (4)

"Already vaccines have become big business for pharmaceutical giants like GlaxoSmithKline, Sanofi Pasteur and Merck & Co.. For e.g., GSK Bio, GSK's vaccines arm, accounted for 8.4 percent of GSK's pharmaceutical turnover in 2006. And it is expected that by 2012 companies like GSK, Sanofi-Aventis, Merck & Co., and Wyeth vaccines arm will fetch them more than 10 percent of sales from vaccine as a percentage of overall pharma sales." (5)

Sanofi-Aventis SA expects global vaccine sales to double to \$34 billion by 2016 and will invest 6.2 billion by then to expand its production capacity to meet soaring demand, the head of the company's vaccine unit said. (6)

With this much money at stake,

it would obviously benefit the pharmaceutical companies to cause patients (a.k.a. customers) to believe that there is more of a need for a vaccine than there actually is. More people taking the vaccine equals more sales for the company.

HARMFUL INGREDIENTS

To make matters worse, not only are the numbers inflated and deceptive in order to generate profits, but flu shots actually contain a number of substances which may have adverse effects on health:

Mercury: Two-thirds of the vaccines made for the 2008-09 flu season contain full-dose thimerosal, an organomercury compound, 49% mercury by weight. It is used to disinfect the vaccine. Each of these flu shots contain 250 times more than the Environmental Protection Agency's safety limit. Mercury is a neurotoxin, with a toxicity level 1,000 times that of lead.

Formaldehyde: A known cancer-causing agent is used to inactivate the virus.

Aluminum: Added to promote an antibody response, is a neurotoxin that may play a role in Alzheimer's disease.

One investigator has reported that people who received the flu vaccine each year for 3 to 5 years had a **ten-**

fold greater chance of developing Alzheimer's disease than people who did not have any flu shots. (7) The reason being that the flu vaccine contains aluminum and mercury. As these heavy metals gradually build up in the brain they cause difficulty in multi-tasking, trouble with arithmetic, difficulty with thinking and language skills, and memory loss.

WHO REALLY NEEDS A FLU SHOT?

Not only are there harmful ingredients, but there is also a lack of evidence that young children and the elderly (those most susceptible to the illness) even benefit from flu shots. "A systematic review of 51 studies involving 260,000 children age 6 to 23 months found no evidence that the flu vaccine is any more effective than a placebo". (8)

"The influenza vaccine, which has been strongly recommended for people over 65 for more than four decades, is losing its reputation as an effective way to ward off the virus in the elderly. A growing number of immunologists and epidemiologists say the vaccine probably does not work very well for people over 70, the group that accounts for three-fourths of all flu deaths." (9)

IS FLU VACCINE EFFECTIVE?

And while these pertain to the young children and the elderly, it is becoming a more widely accepted view that the flu vaccine is often ineffective across the board for all ages. The reason being this: "there are three main types of flu virus, and each type can mutate, or change, from year to year. Thus, there are literally **thousands** of possible strains. (Each strain is thoroughly analyzed and given a proper name, often a title associated with the place where it was initially discovered.) Every year health officials produce a new flu vaccine containing three mutated strains of flu virus. To determine which strains to use, officials travel





to China at the beginning of the year to assess circulating flu viruses in that region of the world. They try to **guess** which strains will reach the United States by the end of the year. Production begins, and the new vaccine is usually available by October. Flu “experts” often guess wrong. For example, in 1994 they predicted that Shangdong, Texas, and Panama strains would be prevalent that year, thus **millions** of people were vaccinated with a flu shot that contained these viruses. However, when winter arrived, the Johannesburg and Beijing strains of influenza circulated through society. The vaccine was ineffective. This happened again in 1996, and again in 1997. More recently, the vaccine created for the 2003-2004 flu season contained flu strains that did not circulate through society that year. Officials were once again forced to admit that millions of people were vaccinated with an ineffective vaccine. Yet, **flu fatalities did not increase during these years.**” (10) So if the vaccine was admittedly completely ineffective, how was there no increase in flu deaths from previous years when the vaccine was supposedly “effective”? Unless, it really has little to no effect.

WHO REALLY BENEFITS FROM THE FLU SHOTS?

So, knowing all this information, why would the CDC continue to not only promote the flu shot heavily, but widen the “recommended” ages for the shot? “The CDC’s 15-member Advisory Committee on Immunization Practices (ACIP) makes recommendations each year on

who should be vaccinated. Ten years ago, for the 1999–2000 season, the committee recommended that people over age 65 and children with medical conditions have a flu shot. Seventy-four million people were vaccinated. Next season (2000–01) the committee lowered the age for universal vaccination from 65 to 50 years old, adding 41 million people to the list. For the 2002–03 season, the ACIP added healthy children 6 months to 23 months old, and for 2004–05, children up to 5 years old. For the 2008–09 season the committee has advised that healthy children 6 months to 18 years old have a flu shot each year. Its recommendations for influenza vaccination now cover 256 million Americans – 84 percent of the U.S. population. Only healthy people ages 19–49 not involved in some aspect of health care remain exempt.” So we’re looking at a possibly completely ineffective vaccine, now being suggested for 84% of the U.S. population. So the question is asked, why? The answer: Turns out, almost all the ACIP members who make these recommendations have financial ties to the vaccine industry.

ARE DOCTORS AND NURSES IMMUNE?

“The CDC mounts a well-orchestrated campaign each season to generate interest and demand for flu shots. Along with posters for the public, flyers, and health care provider materials, it encourages doctors to “recommend/urge flu shots.” Medical groups, non-medical organizations (like the YMCA), and the media trumpet CDC-released messages on influenza, notably: “Flu kills 36,000 per year,” “This could be a bad/serious flu year,” and “Flu vaccine is the best defense against flu.” (11) “Every fall, the public is barraged by messages from doctors, nurses and other health care providers to get a flu vaccination to protect against the influenza virus. But the truth is, some doctors and nurses might talk the talk without walking the walk.

According to the most recent data from the Centers for Disease Control and Prevention, a significant chunk of health care professionals declined to get vaccinated against the influenza virus during the 2006-07 flu season, with only about 40 percent opting for a jab.” (12)

Why in the world would doctors and nurses being exposed to the flu virus on a regular basis turn down a flu shot? We’re not talking a few here and there, but 60% of our doctors and nurses. Unless, they know something they’re not telling us. This national mass vaccination policy reaps millions in profits for drug companies. In fact flu vaccine makers depend heavily upon the success of the CDC’s marketing campaign, which instills fear and anxiety in the population as its main strategy for persuading all Americans to grab their children, run to the nearest hospital, and beg for the shot.

WAS THERE LIFE BEFORE FLU VACCINE?

So what did people do before flu vaccines? From the way the medical world makes you feel each year about the shot, you’d think that without it humankind would most certainly go extinct! But of course, that’s not true.





“In the old days, everybody got the flu that was going around that year and developed antibodies the old fashioned way. And then when that type

of flu came around again a few years or decades later, immunological memory served as buffer so those who had already had experience with it either didn't get it again or it was a lot milder. The flu vaccine marketers are using fear tactics to try to take away all immunological memory with type A and type B flu from our population. What will that make us? Vaccine dependent, of course.” (13)

If all this isn't enough, not only are they recommending getting one flu shot this year, but since the recent Swine Flu outbreak, “the Obama administration is considering an unprecedented fall vaccination campaign that could entail giving Americans three flu shots -- one to combat annual seasonal influenza and two targeted at the new swine flu virus spreading across the globe. If enacted, the multibillion-dollar effort would represent the first time that top federal health officials have asked Americans to get more than one flu vaccine in a year, raising serious challenges concerning production, distribution and **the ability to track potentially severe side effects.**” (14)

If 3-5 flu shots over a 10 year period increases your chances of Alzheimer's 10% (as quoted above), can you imagine what all 3 together at the same time might do? Keep in mind the numerous reported side effects from taking the flu shot (including the paralytic illness Guillain-Barre) and the ever-present possibility of tainted drugs (like the batch just weeks ago

produced by pharmaceutical company, Baxter, that was found tainted with **live** Avian Flu virus (15)). Does anyone know what would happen if we took 3 shots at once? No. There hasn't been enough time or testing to tell, yet the government (along with the pharmaceutical industry) is considering doing this. Can you say “guinea pig”?

WHAT TO DO, WHAT TO DO?

So, what should you do this year? If you are one of the many people opting out of a (possibly completely ineffective) flu shot, is there anything you can do? Of course! There are many natural ways (without harmful chemicals, side effects, or live virus) that will **actually** boost your immune system and help stave off the influenza virus. Making sure you get plenty of rest, eating plenty of fresh fruits & vegetables, getting out in the fresh air and sunshine, staying hydrated with pure water, whole food vitamin C supplements like C-Blast, immune boosters like Mighty Immune Plus,



and, if you do start to come down with something, natural antivirals like Ultra Fighter can help your body to heal faster and get you back on the road to health in no time.

Oh, and remember I said a batch of flu vaccines made by Baxter were tainted with live virus a few weeks ago? Guess who has been chosen to head up efforts to produce a new vaccine for the recent Swine Flu? You guessed it, our pals at Baxter. But I'm sure that wouldn't happen again. Or would it...?

Wait! What about the Swine Flu? Is it the same as the “regular” flu that

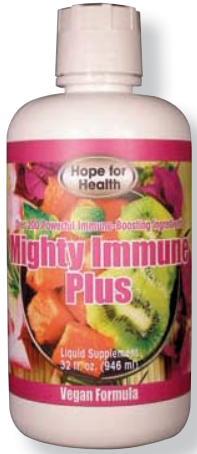
goes around each year? Is there really anything to worry about? Stay tuned next month to find out!

*Ask your health provider (MD, Naturopath, or other health professional) about flu shots, and make your decision based on that. Hope For Health does not dispense medical advice. The point of the article is to show that there are conflicting opinions about vaccines, flu shots, and other treatments.

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ELECTROLYTE ACTIVATORS WITH COENZYME Q-10:

- Chloride, Sodium, Coenzyme Q-10

EXCLUSIVE NUTRIENT BLENDS INCLUDING:

- Fruit and Vegetable Phytonutrient Complex
- Essential Fatty Acid Complex with Lipotropic factors
- Whole Food Green Complex
- Herbal Infusion with Aloe Vera
- Activated Vitamin C Complex
- Plant Enzyme Base and Micronutrient Blend
- Multimineral Extract of Iceland Moss
- Botanical Antioxidants with PhenalginAA

Our Mighty Immune Plus contains all of this, AND MORE!!

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to prevent, diagnose, treat, or cure any disease.

the People's Page

Editor's note: The following quotes are from the book, Maranatha; Please send us your favorite quotes.

"The long night of gloom is trying; but the morning is deferred in mercy, because if the Master should come, so many would be found unready. God's unwillingness to have His people perish has been the reason for so long delay. . . ." {Mar 56}

"Humble your poor, proud, self-righteous heart before God; get low, very low, all broken in your sinfulness at His feet. Devote yourself to the work of preparation. Rest not until you can truly say: My Redeemer liveth, and, because He lives, I shall live also. If you lose heaven, you lose everything; if you gain heaven, you gain everything. Do not make a mistake in this matter, I implore you. Eternal interests are here involved." {Mar 13}

"Disguised as an angel of light, he [Satan] will walk the earth as a wonder-worker. In beautiful language he will present lofty sentiments. Good words will be spoken by him, and good deeds performed. Christ will be personified, but on one point there will be a marked distinction. Satan will turn the people from the law of God. He will declare that the Sabbath has been changed from the seventh to the first day of the week; and as lord of the first day of the week he will present this spurious sabbath as a test of loyalty to him." {Mar 205}

"The Lord has shown me in vision, repeatedly, that it is contrary to the Bible to make any provision for our temporal wants in the time of trouble. I saw that if the saints have food laid up by them, or in the fields, in the time of trouble when sword, famine, and pestilence are in the land, it will be taken from them by violent hands, and strangers would reap their fields. Then will be the time for us to trust wholly in God, and He will sustain us. I saw that our bread and water would be sure at that time, and we should not lack, or suffer hunger." {Mar 181}

"Those who accept Christ, and in their first confidence say, I am saved, are in danger of trusting to themselves. . . . We are admonished, "Let him that thinketh he standeth take heed lest he fall" (1 Cor. 10:12). Our only safety is in constant distrust of self, and dependence on Christ." {Mar 236}

"Man has been placed in a world of sorrow, care, and perplexity. He is placed here to be tested and proved, as were Adam and Eve, that he may develop a right character and bring harmony out of discord and confusion." {Mar 222}

"Those who refuse to be hewed by the prophets and fail to purify their souls in obeying the whole truth, and who are willing to believe that their condition is far better than it really is, will come up to the time of the falling of the plagues, and then see that they needed to be hewed and squared for the building. . . ." {Mar 254.4}

"When self is surrendered to God, our eyes will be opened to see the stumbling stones which our un-Christlikeness has placed in the way of others." {Mar 114}

"You are now to get ready for the time of trial. Now you are to know whether your feet are planted on the Eternal Rock. You must have an individual experience, and not depend upon others for your light. When you are brought to the test, how do you know that you will not be alone, with no earthly friend at your side? Will you then be able to realize that Christ is your support? Will you be able to recall the promise, "Lo, I am with you always, even unto the end of the world"? There will be invisible ones all about you bent upon your destruction. Satan and his agents will seek in every way to make you waver from your steadfastness to God and His truth. But if you have an eye single to His glory, you need not take thought as to how you shall witness for His truth." {Mar 255}

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"MY SON, ATTEND TO MY WORDS; INCLINE THINE EAR UNTO MY SAYINGS. ...FOR THEY ARE LIFE UNTO THOSE THAT FIND THEM, AND HEALTH TO ALL THEIR FLESH." PROVERBS 4:20-22

NOTHING TENDS MORE TO PROMOTE HEALTH OF BODY AND OF SOUL THAN DOES A SPIRIT OF GRATITUDE AND PRAISE. – MH 251 -