It happens today at 10:00 a.m.:

The Chapel at Union Square
123 East 15th Street, NYC
Saturday, April 27, 2013
10 AM - 11:30 AM
Dear Wendy,

Good morning. Today is another day to grow your mind, body and spirit. A new day to rest and focus on higher thinking and being blessed with a renewed spirit.

On Saturday morning, April 27, at 10:00 a.m. join us at The Chapel At Union Square, 123 East 15th Street, NYC, for "Conversations."

This mornings conversational Bible study will be focused on Ephesians 3:16-21.

The Apostle Paul suggested in his writings to the early church, "I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge -- that you may be filled to the measure of all the fullness of God."

As we come together to share thoughts about God and the life that we can have, blessed by the Creators love and kindness to each of us, it is our prayer that you can find a deeper walk with a God "who is able to do immeasurably more than all we ask or imagine..."

Start the weekend off right, with "Conversations."
I look forward to seeing you tomorrow at The Chapel At Union. A relaxed, small group that is open to all faith traditions. Enjoy the music and good friends.

May God grant you peace.

Best regards - Tony Romeo / Coordinator, REACH-NYC

Reduced rate parking can be found on East 18th Street, as you head East on 18th Street, in an indoor garage located on the South Side of of the street, between Irving Place and Third Ave.

Scroll down for more great programs sponsored by REACH-NYC.

romeo.anthonyj@gmail.com
Next Vegetarian Seminar and Cooking Class, Sunday, May 5, 2013
3:00 PM - 5:00 PM

These new classes will be held at the Healthy Eating Kitchen of Historic Manhattan Seventh-day Adventist Church, 232 West 11th Street, NYC in beautiful Greenwich Village, 1.5 blocks West of Seventh Ave. South.

Another FREE Seminar sponsored by REACH-NYC
Special Guest Appearance:

Katia Reinert

Saturday, May 18, 2013,
11:30 a.m. and 3:00 p.m.

Historic Manhattan Seventh-day Adventist Church, 232 West 11th Street, NYC
1.5 blocks West of Seventh Ave. South in the West Village, NYC

Katia Reinert, speaking on:

Brain Power: Improving Your Mental and Emotional Health.
Saturday Morning:
Developing Resilience in a Broken World.

Saturday Afternoon:
Overcoming Depression and Anxiety.
And
Improving Emotional Intelligence.

About Katia Reinert, MSN, CRNP, FNP-BC, PHCNS-BC, FCN

Ms Katia Reinert is a Family Nurse Practitioner and Public Health Clinical Nurse Specialist with training in depression treatment and the integration of faith and health. Prior to accepting the call to serve as the Health Ministry Director for the Adventist church in North America she was the Health Ministry Clinical Supervisor and Faith Community Nurse Coordinator for Adventist HealthCare. She also has practiced internal medicine as a Family Nurse Practitioner Takoma Park, Maryland, diagnosing and treating a culturally diverse patient population.

Ms Reinert holds a Bachelor of Science in Nursing from Washington Adventist University, and a Master of Science in Nursing from Catholic University of America, with focus in public health and the treatment of vulnerable populations. She is currently pursuing a PhD in Nursing at Johns Hopkins University in Baltimore as a NIH/NICHD pre-doctoral research fellow in Interdisciplinary Research On Violence in the Family.

Ms Reinert has served in the nursing profession at Washington Adventist Hospital for 15 years as a critical care nurse, occupational health nurse practitioner, Faith Community Nursing coordinator and Health Ministry Clinical Supervisor for Adventist HealthCare. In her last role she was involved in medical-religious partnerships mentoring, coordinating and teaching the Faith Community Nursing and Health Ministry Team Building trainings for health professionals and lay ministers.

Ms Reinert has a special interest in Lifestyle and Preventive Medicine in the treatment of physical and mental/emotional disorders. She is frequently asked to do health presentations for women's groups and congregations in the US and abroad. She has a passion for global health
and for helping populations across cultures to understand and cope with depression and anxiety through healthy lifestyle and thinking patterns.

Originally from Brazil, Ms Reinert enjoys traveling and exploring the world while doing medical missionary work, and she envisions our churches being a center for healing and restoration where people may achieve mental, emotional, physical, and spiritual wholeness. Her dream is that all of God's children—regardless of race or country, age or gender, or whatever challenges they face—may experience restoration and an abundant life through God's love and grace, reaching their full potential for service to God and a world in need.

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REACH-NYC Presents:

Mark Finley and Ernestine Finley
Health Quest 2013
Coming to New York City

Monday, May 20, 7:30 p.m.
How to Be Healthy in a Sick World.
Ancient health secrets confirmed by 21st century science can add years to you life and life to your years.

Tuesday, May 21, 7:30 p.m.
How to Keep Your Mind When the World Is Losing Theirs.
Keys to reducing stress, relieving anxiety, and handling worry.
You can have peace in the midst of life's storms.
Wednesday, May 22, 7:30 p.m.
Nutrition for the Mind and Body.
Unlock the mystery of longevity from the longest living civilizations in the world and be prepared for a surprising discovery. You will thrill at Ernestine Finley's plant-based recipes and her practical cooking demonstrations which will help you reduce heart disease, cancer, diabetes, and obesity.

Friday, May 24, 7:30 p.m.
Is There Anyone You Can Trust?
Natural disaster strikes, financial institutions crumble, the innocent are ruthlessly killed, crime stalks our streets and deep within our hearts we cry out, "Is there anyone we can trust? Is there any hope left? Why do I feel so alone?" The news is better than tomorrow’s headlines. Join us for this hope inspiring presentation.

Health Quest 2013 will be held at
Historic Manhattan
Seventh-day Adventist Church,
232 West 11th Street,
New York City.
1.5 blocks West of Seventh Ave. South in the heart of beautiful Greenwich Village.

Register for this event by calling:
1.800.957.7171
Donations to REACH-NYC help us in our efforts to reach out to the people of New York City. REACH-NYC is recognized by the IRS as a tax-exempt corporation, and all contributions are fully tax-deductible.*

Contributions can also be made by check payable to:
"REACH-NYC"
and mailed to:
REACH-NYC, P.O. Box 651, North Salem, NY 10560

Thank you for helping the REACH-NYC ministry!

*A receipt will be sent recognizing all contributions for tax purposes.