Wendy

I am so busy today, let me make this short, sweet, and direct, before I miss my train, and you miss the important things you have to do.

CAFE REACH - This Friday Night...

Here's what is happening, Friday, September 20 at 7:00 p.m. Join us at Cafe Reach, where young professionals talk, freely, about important and stimulating issues that are on our minds, being held in an intimate and relaxed setting at Historic Manhattan Seventh-day Adventist Church, 232 West 11th Street, NYC, just 1.5 blocks West of Seventh Ave. South, in the heart of the West Village.
Enjoy the relaxed atmosphere and simple food. We are having some great discussions every Friday night at Cafe Reach, and this Friday night will be no exception. We need you there to share your thoughts.

This is a live event and we want to let the Spirit of God move us in any direction that the discussion may take. Last Friday, our stimulating discussion lasted 3 hours, and it could have gone on a lot longer, as various ideas were shared by a lively group of thinkers.

Have a question, a problem you want to share, need some advice, or just want to rant and get something off your chest, need a prayer, or simply want to have a great time in deep discussion? It all happens tonight at Cafe Reach. Feel free to bring your friends.

STARTS NEXT SUNDAY... NEW VEGETARIAN HEALTHY EATING SEMINAR

Another great gathering is taking place next weekend at a REACH-NYC sponsored event, Vegetarian Healthy Living and Eating Seminars, that will be held on Sunday, September 29, 2013 starting at 3:00 P.M. - 5 P.M. In this new series, we will be sharing some healthy living concepts, along with some great recipes that you will love to make for yourself and your family.

A New York City doctor from one of the finest hospitals in our area will be making a special presentation, and take your questions on the vital subject that will be presented. As usual, there will be great food to sample, and some wonderful new recipes to try.

The plan is to have these seminars, as we have in the past, each month, so you can invite your friends to come with you, and enjoy the fun and learning experience that each seminar brings. You can register for this next Seminar by sending an email to: reachnyc.contact@gmail.com

Registering helps us plan how much food to prepare and how many guests we can expect. Chef Marlene Romeo has become a real lover of Kale for over a year now, and has prepared some amazing meals in the past, and will share some other great recipes at this seminar, so be sure to reserve your place today.

Join us for these gatherings at Cafe Reach held each Friday night, and the Vegetarian Healthy Living and Eating seminar that is planned for September 29. Scroll down to the invitations below and share this email by forwarding it to a friend.

I look forward to seeing you soon.

Cafe Reach being held every Friday night at 7:00 p.m. and the New Series of Vegetarian Seminars that begin, Sunday, September 29, 2013, are sponsored by REACH-NYC and are being held at Historic Manhattan Seventh-day Adventist Church, 232 West 11th Street, NYC, in the heart of the beautiful West Village. Located 1.5 blocks west of Seventh Avenue South.

May God bless you with peace and a calm spirit.

Best regards -- Tony Romeo
Come relax in this candle lit atmosphere in the heart of The West Village in New York City. Enjoy interesting discussion, music, poetry, video, simple food, a hot drink and good friends. This Friday at 7 p.m.

IN ASSOCIATION WITH

REACH NYC
REACH OUT TO GOD
REACH OUT TO EACH OTHER
REACH OUT TO NYC
FREE
VEGETARIAN PLANT BASED
HEALTHY LIVING SEMINAR AND
COOKING DEMONSTRATION.
Sunday, Sept. 29, 2013 | 3 - 5 PM
In the Healthy Cooking Kitchen of
Historic Manhattan Seventh-day
Enjoy great samples of food like this at the next seminar.

Donations to REACH-NYC help us in our efforts to reach out to the people of New York City. REACH-NYC is recognized by the IRS as a tax-exempt corporation, and all contributions are fully tax-deductible.*

Contributions can also be made by check payable to: "REACH-NYC" and mailed to: REACH-NYC, P.O. Box 651, North Salem, NY 10560

Thank you for helping the REACH-NYC ministry!

*A receipt will be sent recognizing all contributions for tax purposes.
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