Dear Wendy,

This Friday, October 18
7:30 PM
Special Guest Speaker at
Cafe Reach:
Timothy R. Jennings, M.D.
A Dynamic Seminar on "The Aging Brain."
Friday Night / October 18, 2013 / NYC / Young Professionals who think out of the box, are invited to join us at Cafe Reach. A relaxed, intimate candle lit space, where we discuss topics that help all of us deal with life issues and get a bit closer to God.

Join us this, Friday, October 18, 2013 to hear our special guest, Timothy R. Jennings, M.D.*, share new insights on his topic “The Aging Brain.” What happens to the brain as we age? Are we doomed to lose our memories and become senile? Are there choices we can make to protect our brain from the ravages of time? Come discover science based interventions which will protect your brain and diminish your risk of dementia. The younger you are, the more you need to listen to these findings. The older you are, the more you want to preserve your brain function.

Objectives:

1. Identify risk factors that accelerate the aging process.
2. Differentiate normal aging from pathological aging (dementia).
3. Identify Biblical principles that slow the aging process and promote healthy brain function.

Arrive at Cafe Reach, at 7:00 p.m., and enjoy some simple food, and delicious thinking.
We are meeting in an intimate space at Historic Manhattan Seventh-day Adventist Church, 232 West 11th Street, NYC. Just 1.5 blocks west of 7th Ave. South in the West Village.

You will not want to miss this outstanding speaker and presentation.

Here is more information about our guest speaker, Timothy R. Jennings, M.D.:

Timothy R. Jennings, M.D. has been in private practice since 1997 as a Christian psychiatrist and certified master psychopharmacologist. Dr. Jennings is board certified in psychiatry by the American Board of Psychiatry and Neurology. He is a specialist in Transcranial Magnetic Stimulation, a drug-free treatment for depression.

He is a lecturer, international speaker, and author of the widely respected books The God Shaped Brain and Could It Be This Simple? A Biblical Model for Healing the Mind. Dr. Jennings' dynamic, engaging presentations are filled with moving real life stories, practical Biblical wisdom, and powerful life-changing insights.

Dr. Jennings obtained his M.D. degree in 1990 from the University Of Tennessee College Of Medicine in Memphis, Tennessee, completed psychiatric residency at D.D. Eisenhower Army Medical Center in Augusta, Georgia, and has served as the Division Psychiatrist for the 24th and 3rd Infantry Divisions. He has also served as the USA Surgeon General's delegate to the American Medical Association's Resident section and as the Chief of Psychiatry at Winn Army Community Hospital at Fort Stewart, GA. Dr. Jennings is board certified in psychiatry by the American Board of Psychiatry and Neurology, was named one of America's Top Psychiatrists in 2008, 2010 and 2011 by the Consumer Research Institute of America in Washington, D.C., and is licensed to practice medicine in Tennessee, Georgia, and Washington.
He is also an international speaker and conducts seminars on a wide range of spiritual, medical, and psychiatric topics, teaches a weekly Bible study class, and lives in Tennessee with his wife, Christie.

Invite your friends and join us for a dynamic discussion. We are all set to start at 7:00 p.m., with the seminar starting at 7:30 p.m. Cafe Reach is located in the fabulous West Village, so bring a friend or a bunch of friends and start thinking out of the box and out of the pew.

Cafe Reach is sponsored by REACH-NYC.

May God bless you with peace and a calm spirit, and a mind that thinks!

Best regards -- Tony Romeo / REACH-NYC

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