From October 2 to 4, Esperance Christian Primary School celebrated its 30th anniversary. After opening in 1979 in the Esperance Adventist church hall with only eight students, the school has acquired its own land and now has 87 students.

The anniversary weekend coincided with the conclusion of the school's "$A100,000 in 100 days" fundraising project, which saw more than that amount raised to purchase additional land for the school.

More than 300 past and present staff members and students from around Australia attended the anniversary weekend.

On the Friday night, Pastor Anthony Manu took the vespers program and spoke about the value of celebration based in God.

Jodie-Lee Ladbrook conducted the sermon on the Saturday, with Dr John Hammond, director of Adventist Schools Australia for the Australian Union Conference, entertaining people attending the Saturday evening program with a "trip down memory lane."

On the Sunday, there was a barbecue and family festival. Conrad Lowe, a volunteer ambulance officer, sacrificed his "locks for land" by having his hair and moustache

(Continued on page 4)
Could it be that one of the reasons churches stop growing is that Adventists care so little about what broke Jesus’ heart?

The hope of the world

Throughout my time as an adventist, I have visited hundreds of churches. I have been inspired by a sense of community, and many sermons and worship services. I’ve also visited churches that open their doors, yet have lost their sense of purpose.

Maybe they go through all the right motions but rarely reach the lost for God’s kingdom. In other words, the lights are turned on, the greeters are at the door, the pianist still plays and the bell rings at the end of Sabbath school but its era of growth is only a memory.

Recent research indicates that most of our churches remain the same size year after year. It’s time we started asking a relevant question—why? Can we blame our lack of growth on our message and mission?

Could it be that some of our churches stay small because of remnant mentality? Maybe they think they’re supposed to be small. Besides, so few people care about God these days. Perhaps our mission is to be faithful and preserve what we already have.

I love the statement, “the local church is the hope of the world.”

The church doesn’t—shouldn’t—exist for the sake of the church. It exists to continue—to finish the work that Jesus commissioned us to finish. He asked us to seek the lost and bring them to Him.

Experience tells me many churches have forgotten why they exist. You can sense it when you walk into some churches on Sabbath. It’s obvious that some of the ingredients of a missional church are missing—energy, passion, a love for the lost and a love for each other.

As a pastor, I feel like I’ve climbed Mount Everest in sharing the gospel with the lost. I’ve spent endless hours with them in Bible study, prayer, preparing them for their first visit to an Adventist church and then baptism. But I have had many seekers share their negative experiences with me, saying, “I don’t belong in your church,” “I felt like 300 people wanted nothing to do with me at church,” and “Thanks for the invitation but I’ll give it a miss next time.” I’m sure that many can relate to these heartbreaking experiences. It also breaks my heart. Mark Twain, the master of tongue-in-cheek humour, once said that after spending time with good people, he could understand why Jesus preferred to spend His time with sinners.

I love the local church. I have a passion for the church and the lost. So I still believe and hold to the statement, “the local church is the hope of the world.”

Why is the local church the hope of the world? Because we have the gospel message of a Saviour who is alive and offers us love, grace, forgiveness and eternal life. Why is the local church the hope of the world? Because in our communities, we have dysfunctional families, unemployment, sickness, drugs, homelessness, poverty and, most important, people in desperate need of a loving Saviour.

In Matthew 9, we read that as Jesus looked at the crowds, His heart was broken. “When He saw the crowds, He had compassion on them, because they were harassed and helpless, like sheep without a shepherd” (Matthew 9:36, NIV). Jesus had an incredible love for the lost. Could it be that one of the reasons churches stop growing is that Adventists care so little about what broke Jesus’ heart?

Jesus’ last words before His return to heaven were, “But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth” (Acts 1:8).

Because Jesus set such a high standard for us, there is no such thing as an inward-focused church. The very term is an oxymoron. An oxymoron is a combination of words that seem to contradict each other. Maybe you’ve heard some of the famous examples: military intelligence, religious tolerance, closet space and freezer burn.

We are called to be an outward-focused church—it’s not as if we get to choose how we do church week after week. Our full attention should be on reaching, connecting with and loving the lost in our communities.

One of the greatest gifts Jesus left us is the local church. Remember, “it’s the hope of the world.”

Pablo Lillo
Sale of church property helps islands

HONIARA, SOLOMON ISLANDS

Proceeds from the sale of the Woodburn Flats in the Sydney suburb of Manly are benefiting the Pacific Islands. The Solomon Islands Mission (SIM) has finished constructing a multipurpose centre, believed to be one of the biggest buildings in the capital city of Honiara.

The official opening of the centre will be held on November 22.

The main hall measures 84 metres by 50 metres and seats 6000 people. The complex also includes a teen hall/dining hall, two Sabbath-school halls that seat 250 people each and six other buildings. Altogether, the building has a capacity for 7500 people.

There are also soccer fields, and basketball and volleyball courts at the centre. These will provide more opportunities for young people in Honiara to take part in sports.

The multipurpose centre will also be hired out to various non-church organisations and groups. The money raised from this will be used to conduct outreach and evangelism.

“Because the Solomon Island is a big mission, we thought, ‘let’s build this thing big enough so that it will last for years,’” says Andrew Kingston, president of SIM.

Pastor Kingston believes the venue can comfortably cater for at least 10,000 people.

“We’ve had no training facilities in the Solomon Islands, [which means] when people come for training, there’s nowhere for them to go,” says Pastor Kingston. “But now we have our own training centre. People can come and sleep there, and they can be trained there.”

According to Pastor Kingston, the multipurpose centre will be used as a venue for training church members, and holding regional events and meetings. Young people from Honiara will be also able to make use of the sporting facilities.

The multipurpose centre costs more than $A850,000 and is funded by the South Pacific Division (SPD), SIM and donations. The SPD contributed $A600,000 and SIM, $A250,000.

“I understand that the funding has come from the sale of the Woodburn Flats and the interest from that money will be used to build all multipurpose centres right throughout the Pacific,” says Pastor Kingston. “For that we’re very grateful and it’s going to make a huge difference around our mission.”

—Melody Tan

More @ www.record.net.au
Esperance celebrates 30 years and 100 days

(Continued from page 1)

shaved off to raise more money.

School principal Shannon Quick says, “The overwhelming feeling at the anniversary was one of faithfulness. In the early 1990s, the school was going to be closed if enrolments didn’t pick up. With barely 10 students, the local church started to pray. The rest is history.

“Over the past 30 years, the students at Esperance Christian Primary School have been equipped with belief—in themselves, each other, the community they live in and their Creator God.”

The anniversary weekend concluded with a free concert at the local civic centre, hosted by Radio West morning show host Joshua Withers. The evening featured performances from past and present students and staff of the school, as well as other local talent.

At the end of the night, school captain Hannah Shipley and Mr Quick announced that the “$A100,000 in 100 days” project had raised a grand total of $A103,635.42.

The fundraising idea was based on a concept created by students in the school’s Year 5 to 7 classroom, and was to fund the purchase of two hectares of land adjoining the school.

To help the Western Australian Conference buy the land, 100 people spent 100 days running events and taking donations to raise funds.

Mr Quick says it wasn’t the students alone who achieved the goal, as the fundraising had “grown into a community project, where local businesses and individuals took it upon themselves to contribute in some way.”

He adds, “More than 30 businesses allowed the school to place money tins at their premises and 175 items were donated for the auction. In the end, more than 1000 people will have contributed in some way. Their initiative will always be remembered.”—RECORD staff/Shannon Quick

Longburn renews emphasis on boarding ministry

LONGBURN, NEW ZEALAND

Longburn Adventist College has renewed its emphasis on its “boarding ministry” by appointing a marketing director to tell people about the school’s boarding opportunities.

According to marketing director Carl Hergenhan, the school does not simply offer students the chance to live on-campus—it sees it as a mission opportunity as well.

“Boarding ministry is important because it is unique in offering a Bible-based education to students 24/7,” says Mr Hergenhan.

Longburn Adventist College, established in 1908, is the only Adventist educational institution in the New Zealand Pacific Union Conference that offers boarding facilities.

—Melody Tan

More @ www.lac.school.nz

◆ The church on Norfolk Island has experienced a series of spiritual highlights recently. Pastor David Blanch, president of Greater Sydney Conference and Norfolk Island, conducted a week-long series of spiritual emphasis meetings. At the conclusion of the meetings, a special Sabbath service was held on October 24, to which worshippers from every denomination on Norfolk Island attended. Island administrator Owen Walsh read the scripture reading and prayer was offered by various ministers. Pastor Blanch’s sermon was on the times in which we are living that point forward to the expected second coming of Jesus. A few days later, all the ministers and spouses from the various denominations attended a monthly fraternal meal at the home of Adventist minister Pastor and Mrs Michael Browning. At the conclusion of the meal, Pastor Browning took a short worship service on the distinctive Adventist view of the Resurrection. Ann Browning has contributed to the recent spiritual emphasis by setting up a prayer and meditation room on the church grounds, to which community worshippers are visiting and expressing gratitude.—Mary Fedorow

◆ A group of 30 people from churches across Australia and New Zealand recently conducted a mission trip to Atoifi Adventist Hospital, Solomon Islands. The group was led by Brian Larwood, who, while attending his brother’s funeral there in 1979 after a tractor accident, promised he would one day come back and help the people of the Solomons. Team members ranged in age from 14 to 70, with 10 students from Eastward Missionary College, NSW, joining in as their annual mission trip by running a health expo. The team’s adventures began with a 10-hour boat ride, designed by Mr Larwood to recreate conditions experienced by the Atoifi

DAYS AND OFFERINGS: ◆ DECEMBER 5—MISSIONS EXTENSION OFFERING
Ambassador award recipients announced

AUCKLAND, NEW ZEALAND

ew Zealand Prime Minister, John Key, and Sanitarium New Zealand’s general manager, Pierre van Heerden, recently announced the recipients of the Sanitarium Health Food Company’s 2009 Ambassador Awards.

The annual Sanitarium Ambassador Awards recognise employees who embody the company’s spirit. This year, a total of 12 “Living the Mission” and three overall “Branch Ambassador” awards were presented during a ceremony held at the company’s factory and head office in Royal Oak, Auckland.

Each recipient was nominated by their peers as displaying one or more components of Sanitarium’s mission.

Peter Glassie, Shailesh Patel and Albert Mata’, were presented with the “Purpose and Passion” award. Tomasi Buwawa, Trina Bicknell and Ming Yi-Huang were commended for “Service with Integrity.” Lee Moore and Uliti Uilou were awarded for “Leadership and Innovation.” Gavin Liggett and Kinsa Dawson received “Community Companion” awards, while the “Happy, Healthy Living” awards went to Zhilah Amon and Oliver Lawer.

All recipients and nominees were in the running for the Sanitarium “Branch Ambassador” awards and a recipient from each branch was chosen. The winners were Warren Ashby, an engineer from Christchurch manufacturing unit; Linda Rex, a member of the Flake Biscuit department from Auckland manufacturing unit; and Kinsa Dawson, the route and food service manager from Sanitarium New Zealand’s head office.

Each “Branch Ambassador” award recipient received a trophy and a financial gift of $NZ1250. In addition, Sanitarium will make a donation of $NZ1250 to a charity of each recipient’s choice.

Mr van Heerden says the company is “incredibly proud” of the award recipients.

He adds, “The award recipients recognised today display the Sanitarium spirit and offer inspiration to their workmates and the wider community. Their passion and enthusiasm shines through and we are incredibly lucky to have them as part of the Sanitarium team.” — Sharyn Brady

pioneers. Sleeping on the open deck in showers of rain, followed by truck and canoe rides that followed, meant that many only had seven hours of sleep in the three days of transit from home to Atoifi. After a few days of orientation and a period of swine flu quarantine, the team got to work—replacing the rusty hospital roof, renovating a church and conducting community evangelism. At the conclusion of the evangelistic program, 15 people were baptised. One man who had worshipped the devil for decades has now given his heart to God, and one of the team members was baptised and now calls Atoifi his spiritual home. Eastward College and Wauchope church members have started fundraising to support Atoifi and another mission trip will run next year. — Brian Larwood/Catherine Howe

◆ Lilydale church member (Vic) and Victorian Conference ABC shop person, Tina Gilchrist, was runner-up in the recent Squash Singles Championship at the Masters Games, held in Melbourne. She has now been invited to join the Australian team. When asked why she did not enter the World Masters tournament, Ms Gilchrist replied in typical humble fashion, “Well, I didn’t think I was that good!” — Lynette Rowland

◆ The steeple of Longburn Adventist College church, NZ, was recently damaged in a storm. The repair job was contracted out to a local company who did not turn up as promised. Impatience got the better of Warren, the caretaker, and he took the liberty of ringing his mates in the fire service. They appeared on site with a fire truck, fixed up the steeple free of charge and had a lot of fun in the process. — Owen Ellis/Bruce Sharp

Guidelines for unity in mission approved

SILVER SPRING, MARYLAND, US

On October 13, General Conference (GC) leaders approved mission guidelines for balancing the need for contextualising the Adventist message against a possible merging of beliefs with other religions, as the church moves forward with outreach to other cultures and religions.

The Roadmap to Mission policy statement comes at a time when religious expressions among Hindus, Buddhists and animists could be at odds with core Adventist beliefs, leaders said. The document recognises the need for contextualisation of the Adventist faith in various cultures but urges the church to remain unified.

“There’s a line between contextualisation and syncretism. With this roadmap to mission, we’re hoping to guard that line,” says Michael Ryan, a general vice-president of the GC.

While writings of other religions can build bridges to the Christian faith, they should be used to “introduce people to the Bible as the inspired Word of God, and to help them transfer their allegiance to the Scriptures as the source of faith and practice,” the statement says.—ANN staff

More @ http://news.adventist.org

News
Awards recognise teaching excellence

COORANBONG, NEW SOUTH WALES

Awards and awareness were the focus of the inaugural World Teachers’ Day breakfast on Avondale College’s Lake Macquarie campus on October 20.

The highlight of the breakfast was the presentation of the 2009 Avondale Learning and Teaching Excellence Awards. Dr Peter Beamish, dean of the Faculty of Education, received an individual award, while Dr Kevin de Berg and Ken Chapman, associate professor and lab supervisor in the Faculty of Science and Mathematics, received a team award. College vice-president (learning and teaching) Dr

Philip Brown says the awards affirm the three for their “special efforts to excel in facilitating student learning.”

Dr Beamish received his for innovative use of technology in the classroom—his students build websites, produce videos and edit wikis rather than write essays. Dr de Berg and Mr Chapman received their award for developing two pieces of equipment for the chemistry laboratory—electrochemical cells and an apparatus for measuring the magnetic properties of crystals.

Several staff members were also recognised for their years of service to Avondale’s learning and teaching program, and their contribution to Christian higher education. Avondale presented these awards based on five-year increments, with Drs Robyn Priestley (30 years) and Howard Fisher (35 years) acknowledged as the longest-serving lecturers.

More than 90 staff members attended the breakfast. A significant number of Avondale College Council members also attended, including chair Dr Barry Oliver who presented a short devotional.

Nominations for the awards of excellence are open to academic staff members, including sessional lecturers and general staff members. A committee assesses applications with reference to how the individual or team has benefited and enhanced student learning.

More than 100 countries celebrate World Teachers’ Day. The theme this year—“Build the future: invest in teachers now!”—raises awareness of the worldwide shortage of teachers and the challenge of increasing their numbers. According to the United Nations Educational, Scientific and Cultural Organisation, an estimated 10.3 million teachers will need recruiting by 2015 to counter the shortage and the high attrition rate of teachers.

The full list of award recipients can be viewed at <www.avondale.edu.au/connections>.

Linden Chuang

More @ www.avondale.edu.au

◆ Seventh-day Adventists in Inter-America helped feed one million of the neediest people in their cities and communities on October 10. The region-wide second annual Day of Kindness and Compassion is designed to promote awareness of hunger leading up to the United Nations’ World Food Day, observed worldwide, regional church leaders said. Donations of $US2 by each church member in the region financed the event, which was organised by the Inter-American Division’s Youth Ministries department in coordination with Adventist Development and Relief Agency offices across the region. Organisers said the event seeks not only to motivate Adventists but to involve entire communities in identifying and responding to needs.—ANN

◆ As the United Nations declares caste-based discrimination a human rights violation, Indian Christian leaders have called on the churches to confess that the caste system has not been fully removed from their own communities. The call came as senior representatives of the National Council of Churches in India met recently to discuss the churches’ response to poverty and exclusion on the International Day of Prayer for Peace. Activists say that churches have sometimes been better at speaking out on general injustice than tackling its manifestation in their own midst, especially in societies where it has been regarded as “traditional” or where the incompatibility of caste distinctions with Christian precepts has been downplayed for fear of offence or controversy in wider family and community networks.—Australian Christian Channel

◆ An Indian holy man says he can cure the sick by persuading them to wallow in the mud with him. Avinash Tripathi, 31, claims that immersing himself in the slime on riverbanks in Varanasi gives him the power to heal others. The Hindu hermit gave up his family, his home and a job as a teacher to live on the polluted mud banks of the River Ganges. “Only by reconnecting with the rawness of nature can man find true healing,” Mr Tripathi explained. “Any ills can be cured when people let the earth flow through them.”—Ananova

IS YOUR CHURCH DOING SOMETHING EXCITING, INNOVATIVE OR INSPIRING? EMAIL RECORD@SIGNSPUBLISHING.COM.AU
Northern Australia launches new outreach focus

TOWNSVILLE, QUEENSLAND

The Northern Australian Conference (NAC) has launched a new outreach focus to complement the traditional evangelistic method commonly used by the Adventist Church.

Almost 60 representatives from Adventist churches in the region, including local church pastors, elders and members, agreed to adopt the “life development” method of outreach after a meeting at the end of September.

“This is a totally new way to reach out to our postmodernist, multicultural and multifaceted world [filled with different] religious denominational faiths,” says church members Ronald and Rosanna Finn. “We are starving for this type of conferencing.”

Life development strategy was developed by the General Conference’s Centre for Secular and Post-modern Studies. It emphasises interpersonal relationships, as opposed to the conventional method of holding evangelistic meetings.

“When you look at the concept of outreach and evangelism of Jesus Christ, it always happened in the context of Him meeting people where they’re at. If they have a felt need, He always addressed that,” says Pastor David Stojcic, president of NAC. “He created a relationship with people, then led them step by step on their spiritual journey. So life development is really about meeting people where they’re at and addressing their felt needs.”

Pastor Stojcic is quick to point out that life development does not replace the current form of traditional evangelism but simply presents church members with an alternative method of reaching others.

“Traditional evangelism works and so we’ll keep it,” says Pastor Stojcic. “This is about showing people there are other effective ways to reach the community. Life development is basically about becoming a friend to people, meeting their needs and then helping them on their spiritual journey.”

Miroslav Pujic, director of the General Conference’s Centre for Secular and Post-modern Studies, with Pastor David Stojcic, president of the Northern Australian Conference.

Miroslav Pujic, director of the General Conference’s Centre for Secular and Post-modern Studies, with Pastor David Stojcic, president of the Northern Australian Conference.

SILVER SPRING, MARYLAND, US

A new issues-driven video series broadcast on YouTube is part of the Seventh-day Adventist Church’s continued efforts to broaden the scope of its online outreach, General Conference (GC) communicators say.

The Adventists About Life channel, <www.youtube.com/adventistsaboutlife>, was launched in early October and is designed to stimulate conversation, as well as offer a distinctly Adventist take on issues such as freedom, faith versus science, the environment and integrity.

“These videos have the potential to reach an audience that is typically ‘tuned out’ to the church’s more traditional methods of ministry,” says Rajmund Dabrowski, communication director for the GC and executive producer of the series.

The first two videos uploaded to the channel feature commentary by Pastor Jan Paulsen, president of the GC.

Pastor Paulsen is “keenly interested” in “making [the church’s] voice known where we have not been present before, while being seen as contributing to the life of our community,” Mr Dabrowski says.

Additional videos uploaded since the launch include one dedicated to saying no to violence against women and Pastor Paulsen’s comments on Barak Obama, president of the United States, receiving a Nobel Peace Prize. Future instalments are expected to feature a wide range of church leaders and thinkers.—ANN staff

More @ www.youtube.com/adventistsaboutlife

Group discussion at the training meetings.

The General Conference has launched a YouTube channel.
The games

BY RENAE KNOWLES

I’ve always wanted to walk in an Olympic Games opening ceremony. I wish the Olympics were held for average people.

Some time ago, a friend of mine sent me an internet link for the 2009 Sydney World Masters Games. I must confess, there is no one more qualified at being average than I am. Thus began my Games Campaign.

From October 10 to 18, Sydney played host to the seventh World Masters Games. Over 28,000 competitors from 95 countries converged in Sydney, helping elevate these games to the largest participatory event in world history. Although the games are governed under the patronage of the International Olympic Committee, they are open to people of all abilities.

With the registration deadline on July 31 quickly approaching, I was undecided: should I go to the World Masters Games as an observer or a participant? My turning point was when a work colleague, Jill—who had previously entered the games and won gold—offered me her equipment to practice. So with 12 weeks between registration and competition day, I entered a sport I’ve never played or competed in—shot-put.

My first session with Jill’s coach, John, was encouraging. I trained with his squad and was put through a training regime designed for experienced athletes with many years of experience. We had six training sessions together and throughout this time, I started looking forward to training as I got to know John and built a great relationship with the team. We encouraged each other to push harder, faster, higher and longer.

On competition day, my coach, husband and friends were there to encourage me. I greatly appreciated that they had given up their Sunday morning to support me through my first major event. Even my competitors were encouraging me and clapping. We encouraged each other—certainly not what I’d expected. Hence, the great sense of community, and lessons of humility and servanthood were learnt.

My best throw was a distance of 6.03 metres, securing the bronze medal. Later that night, I walked in the opening ceremony, just as I’d always dreamed. I am now a bronze medallist for the rest of my life! My name is in the record books forever. That gets me thinking:

The World Masters Games are not so dissimilar to the Christian journey I call the “Jesus Games.” They are both based on participation—we’re asked to “Go into all the world and preach the good news to all creation” (Mark 16:15). Without the support and expertise of the Master Coach, it’s impossible to achieve and fulfil our God-given potential. They both have awesome opening ceremonies, with participants in the arena and fans in the stands (see Revelation 5:9-13), not to mention having your name etched in the Book of Life forever (see Revelation 20:12).

To be involved in the “Jesus Games,” there isn’t time to wait for the registration deadline—you can register now. You can get involved now. So start your games campaign as soon as possible by:

1. Knowing your coach—Jesus is the Master Coach. Read the notes He left for you in the Bible and speak to Him through prayer.
2. Training—commit time to meet and know the Master Coach. When you’re not together, think through His advice and practice applying it to your technique—spiritual gifts. It may be hard to get used to the training but each session gets easier and more enjoyable.
3. Join a community—no matter how spiritually strong you think you are, you will never stand alone against the devil. When we make mistakes, we need others to encourage and motivate us. Never use excuses to insulate yourself from fellow athletes (Christians) as you need them to better your performance.
4. Find a cheer squad—these are your support group within your community. Surround yourself with godly friends who will inspire you to greater things. In return, be a good friend and inspire them.
5. Show up—this is your reward for the hard work! You will feel the adrenalin of being involved in something bigger than yourself.

I’m inspired to take up more sports in preparation for the Australian Masters in two years. I hope you will be inspired as you prepare for the “Jesus Games.”

More importantly, I want to see you at the “Jesus Games” opening ceremony.

Renae Knowles writes from New South Wales, Australia.
One of the greatest blessings a Literature Evangelist can receive is the news of a contact accepting Jesus as their Lord and Saviour, and being baptised.

In the book Colporteur Ministry, we are told that “As God blesses the minister and the evangelist in their efforts to place the truth before the people, so He will bless the faithful canvasser.”

I’ve been working with a couple, Michael* and Sally, for about eight years and another young lady by the name of Colleen for nearly two years.

They are beautiful people from the Cook Islands living in Melbourne, Victoria. I thank God for opening their homes to literature ministry.

In John 21, Jesus—speaking to John—says to feed His lambs and sheep. Jesus commissions not only John but you and I to faithfully serve and encourage those He places before us.

I first met Colleen at her friend’s home in Noble Park. She was there visiting and wanted to see some of our products. Colleen immediately fell in love with the large family Bible and decided to purchase it for her father, who was soon to have a birthday. Our Bible DVDs also caught her eye and Colleen included them in the order for her own spiritual growth.

Colleen faithfully paid for her Bible and DVDs and over the many visits, our discussions always centred on God. I remember one day we were having a discussion on her front verandah. I encouraged her to make a total commitment to God and shared how all of heaven waits for that special day.

Colleen’s boyfriend, Sam, also appreciated my visits, and my constant prayers for guidance in their decision making in daily life.

My friendship with Michael and Sally began on the doorstep of a flat on Warrigal Road, Bentleigh, when they first purchased a large family Bible. Sally, being the giving person that she is, cemented our friendship with two wraparound skirts for my wife, Mary. That was the first of many visits that were to follow.

Over the years, Michael and Sally purchased many of our Christian books, CDs and DVDs, filling their home with the word of God. Prayer was always an important part of each visit. I remember a time—just after the 2009 Victorian bushfires—when, as I was about to leave their home, I asked Michael if he had any prayer requests. He response was, “I just lost my job. Please pray that God will help me find a new one.” On my next visit, I was pleased to hear that God had answered our prayer. It was an amazing experience for all of us.

In Colporteur Ministry, we’re told that as we surrender all to God, He will work mightily for us. It was God who opened doors and the opportunity to connect with Colleen, Michael and Sally’s family. It has been both a joy and a blessing to minister in these homes.

Not long ago, they were invited to the Cook Islands to attend a two-week evangelistic series.

As a result of their willingness to travel and their faithful attendance to the meetings, Colleen, Michael, Sally and their two children made their decision for God and were baptised in October. Praise God.


* Not their real names.
Busy lifestyles and the expectation of food “on demand” mean people—including our kids—are increasingly relying on fast-food options for their everyday meals. But what does this eating trend mean for our health? And what can we learn from the fast-growing Slow Food movement?

Slow down our fast-food culture

The Slow Food movement started in Italy in the mid-1980s as a response to our fast-food culture. In 20 years, it has become a worldwide phenomenon with over 80,000 members.

Slow Food is all about understanding and appreciating the growing and cooking of foods, as well as enjoying the eating of them. It’s all about a celebration of food—fresh ingredients, mouth-watering recipes, taking time to savour each mouthful and the social aspect of sharing a meal.

Slow Food promotes the consumption of local produce, environmentally-friendly production, and enjoying foods that protect and enhance our health.

In our fast-food culture, where a food has come from, how far it has travelled and the processing it has undergone are things we just don’t think about. And as a result, highly-processed foods can easily become part of our everyday menus.

Yet research consistently shows that an overreliance on processed foods can have serious negative consequences for our health.

Our tips

While we may not always have sufficient time for the art of Slow Food, it is worth trying to incorporate some Slow Food aspects into our everyday lives for our own health and wellbeing. So, how can we slow our food down? Here are some basic tips on where to start.

WHOLE FOODS: Make most of your everyday eating fresh, whole foods—including fruits, vegetables, wholegrain breads and cereals, and legumes and nuts—and try buying it from a local market.

INVOLVE THE KIDS: Plant a herb garden. Talk to them about where different foods come from and encourage them to help you prepare meals—even if it’s only washing and peeling the vegies.

EAT TOGETHER: Sharing meals with close friends or family is an important part of the celebration of food and its contribution to happy, healthy living.

Call us for a free copy of our latest cookbook, Food for Health and Happiness. It is full of recipes you can enjoy with your family and share with friends.

Also, if you would like credible and practical advice about health and nutrition, or if you’re just looking for healthy meal ideas for you and your family, contact us at the Sanitarium Nutrition Service on 1800 673 392 (in Australia) or 0800 100 257 (in New Zealand). Alternatively, you can email us at nutrition@sanitarium.com.au (Australia) or nutrition@sanitarium.co.nz (New Zealand). It’s free and we’d love to hear from you!


Broccoli & sweet potato couscous

Preparation time: 10 minutes
Cooking time: 25 minutes

1 sweet potato/kumara, peeled and chopped into 2cm chunks
Spray oil
400g broccoli
100g fresh baby corn kernels
1 cup low-salt vegetable stock
1 cup couscous
5 tablespoons pine nuts
1 avocado
1 bunch fresh mint
2 tablespoons olive oil
1 lemon, juiced (optional)

1. Preheat oven to 180˚. Place sweet potato/kumara onto baking tray. Spray with oil and bake for 15-20 minutes.
2. Cut broccoli into small florets. Steam your broccoli and corn kernels.
3. In a saucepan, bring stock to the boil. Place couscous in a large bowl and pour heated stock over it. Make sure you rake the couscous with a fork.
4. Let the couscous sit for 5 minutes, then rake again.
5. Mix in broccoli, corn kernels, sweet potato and pine nuts. Add to the rest of your ingredients.
6. Hand-pick mint leaves and scatter through the couscous. Drizzle with olive oil and lemon juice. Serve.

Serves 4.

Per serve: 1700 kilojoules (380 calories). Protein 16g. Total Fat 14g. Saturated Fat 1g. Carbohydrate 50g. Total Sugars 5g. Sodium 1230mg. Potassium 1060mg. Calcium 115mg. Iron 3.9mg. Fibre 9g.
Our dad

BY RUTH MCCLINTOCK

My sister and I were very fortunate to have a wonderful childhood home. We never heard our parents quarrel. Our dad had a great way of handling children and getting the very best from us. We sometimes worked out on the farm with him and often heard, “Ruth, would you run and do such and such for me, please?” and “Melva, I would like you to collect the firewood and stack in near the house.” We always responded enthusiastically. Our frequent response was, “Yes, Dad!” with both of us running as fast as our little legs would carry us to complete the tasks to the very best of our ability.

One day, our dad was in a big hurry to make an appointment when he thought of something important he had not done. As he shot out the back door, he flung over his shoulder, “Would one of you girls do such and such, please?” and he was gone. We had never been faced with the choice of one of us obeying or disobeying our dad. So we had a quarrel—but not the usual kind. You know, when Mum asks one girl to do the dishes, it is often, “I did it yesterday—it’s your turn today.” But we both said, “It is my turn today—you did it last time.” There we were, both wanting to do one small task, because we delighted in helping our dad.

One moment stands out in my memory when I was 15 years old. My mum was in poor health and had gone to Christchurch for a holiday. I was asked to look after our home, as I was the oldest. Everything was going according to plan until the morning Dad was to go to Christchurch for an executive committee meeting and bring Mum home with him the following day.

It was mid-winter and freezing cold in South New Zealand. We had the habit of warming our shoes on the rack above the coal range for an hour before going out. I had forgotten to put Dad’s shoes up on the rack. I heard him come in from doing his early morning chores around the farm—he was ready to change into his good clothes and leave for the four-hour journey to Christchurch.

That’s when I remembered Dad’s shoes. The fire was low and the oven wasn’t very hot. So leaving the oven door open, I raced into my parents’ bedroom and returned with his new shoes. I placed them in the slightly-warm oven, hoping they would be warm by the time he had changed.

But the phone rang and as he talked, I knew that someone was in need of Dad’s help. Our dad was sometimes called on to help others with their problems. As he continued talking and listening, I was busy tidying the kitchen. I began to feel a little chilly, so when I passed the oven I closed the door, filled up the firebox with lots of coal and opened the dampers to get the kitchen warm. However, Dad continued to talk and listen, and listen and talk. Just as I heard him hang up, I could sense that something wasn’t right.

As he opened the hall door into the kitchen, I opened the oven door. I could smell burning leather and the kitchen was filled with smoke. I was absolutely devastated and heartbroken—I had ruined Dad’s new shoes.

I burst into tears as I confessed my terrible mistake. Within seconds, Dad took in the whole situation. He put his arm around my shoulder and said, “Never mind, Dear, you did your best to warm my shoes. That is all the Lord expects of us—to do our best. Now run and get my old shoes, and give them a quick polish while I change into my good clothes. I am going to be late for the executive committee.”

His shoes were polished with black shoe polish mixed with tears. He had not even reprimanded my carelessness. I felt as if I deserved severe punishment.

The burnt shoes were not mentioned again after Mum and Dad arrived home. As we were not wealthy, they were not replaced for a long time.

Our dad showed us how our relationship with our Heavenly Father should be—loving obedience, longing to please Him in all things. But when things go wrong, as they occasionally do, our Heavenly Father is there for us with His love and grace, not to condemn but to do all in His power to save us. 

Ruth McCintock writes from South New Zealand.
A church pulling together

NATALEE MCLEAN, VIC

Congratulations to the RECORD team for a wonderful report on how the Lord is blessing Cairns church (“Adventist Church in Cairns expands presence,” News, October 31). These reports are what the church family needs to hear on a weekly basis. It was so uplifting and encouraging. We were in Cairns a year ago on holidays and went to Cairns church on Sabbath. We were present when the pastor asked the church to pledge money for their evangelistic effort. What a blessing to be there and experience a church pulling together their pledges for God! I’m amazed by how God has blessed this church in the last year. It just goes to show if evangelism is the passion of the church, God will pour out his blessings to help us finish the work. Jesus is coming soon and time is short. As a church, our top priority should be evangelism. As we approach the new year, wouldn’t it be wonderful if more churches made a pledge for greater evangelism in 2010?

Ideas from science?

HUGH HEENAN, NEW ZEALAND

I wish to congratulate the RECORD team for producing “In the Beginning...” (RECORD, October 24) to coincide with “Creation Sabbath.” It was a beautifully-presented exploration of the wonder of Creation and our wonderful Creator. In particular, I wish to applaud the efforts of Dr Lynden Rogers and Dr Ray Roennfeldt in affirming a literal six-day Creation, while recognising the diversity of creationist understanding that Scripture (and God) allows. Whether one is an “old earth creationist” or a “young earth creationist,” let us recognise and appreciate each other’s worth as those created in the image of God and, in the words of Dr Roennfeldt, dialogue with each other in “fruitful and Christianly conversation.”

Faith in our Creator

RONALD TAYLOR, QLD

Thank you for the attractive production of the Creation edition titled “In the beginning...” It provided good scholarly material for “Creation Day,” which should become a regular annual event on the Adventist calendar throughout the South Pacific and the rest of the world. If there was no six-day Creation, a seventh-day Sabbath would have no significance as our day of rest. Darwinian evolution is thrust upon us daily in schools, universities and the media—it’s everywhere. Why not annually proclaim, as a church and as individuals, our faith in our Creator and His creation?

Note: Views in Letters do not necessarily represent those of the editors or the denomination. Letters should be less than 250 words, and writers must include their name, address and phone number. All letters are edited to meet space and literary requirements but the author’s original meaning will not be changed. Not all letters received are published. See masthead (page 2) for contact details.
Positions vacant

- **Nursing Executive Officer**—Sydney Adventist Hospital (Wahroonga, NSW) is seeking a proactive nursing executive to lead our dynamic nursing service, commencing early 2010. Reporting to the Chief Operations Officer, the successful candidate will have operational responsibility for the nursing service with a focus on both leadership and service delivery. Responsibilities include providing the highest level of patient care, and further developing a nursing culture that demands commitment to quality, safety and patient-focused care, utilising best practice nursing standards. The successful applicant will be a registered nurse (Last A) in NSW, or eligible to register in NSW, and have the following qualifications and skills: Masters in Management or other relevant management qualification; significant experience in managerial change and cultural reform; demonstrated experience in the operational management of financial, clinical and human resources in an acute care hospital; demonstrated experience in initiating, leading and managing complex collaborative projects across multidisciplinary teams with positive results; a comprehensive understanding of clinical governance; proven experience in service planning, policy development and implementation; and the ability to demonstrate a high level of interpersonal, verbal and written communication skills. Application, including a full CV, and the names, addresses and contact numbers of three referees, can be sent to Phil Currie, Chief Operations Officer, Sydney Adventist Hospital, 185 Fox Valley Road Wahroonga 2076, email <phil.currie@sah.org.au> or call (02) 9487 9418. Applications close December 4, 2009.

- **Accountant**—Karalundi Aboriginal Education Community Inc (Meekatharra, WA) available from December 2009.

- **Male and Female Dorm Supervisors**—Karalundi Aboriginal Education Community Inc (Meekatharra, WA). One immediate start.

- **Farm Manager/Horticulture Teacher and Mechanics Teacher**.

- **Male and Female Dorm Supervisors**—Karalundi Aboriginal Education Community Inc (Meekatharra, WA) including early childhood. Several positions available. One immediate start. Karalundi Aboriginal Education Community Inc is an independent Adventist-affiliated boarding facility, catering for Indigenous students from Kindergarten to Year 12. It is situated 55 km north of Meekatharra in central Western Australia. Karalundi is an oasis in the desert and includes a swimming pool, staff gymnasium and other recreational activities. Salary package includes subsidised housing with salary sacrifice available. Contact the CEO or Principal on (08) 9981 2000, email <ceo@karalundi.wa.edu.au> or <principal@karalundi.wa.edu.au>. Your CV, with three work-related references, should be sent to The CEO, PMB 6 Meekatharra WA 6642. Positions available in 2009/2010.

- **Bus Manager**—Adventist Christian Schools (WA). We are looking for a full-time manager for the schools’ bus system. It is envisioned that the successful applicant will have clearly-demonstrated abilities in many of the following areas: driving (appropriate licence); scheduling and routing of buses; driver recruitment and rosters; communication skills; mechanical ability to cater for repair and maintenance; and the ability to obtain a Motor Vehicle Repairer’s Certificate. Additionally, appointment to this position will require a police and working with children check. The bus manager holds an important role in the operation of our schools, and requires someone with vision and organisational ability. Please email your application, including CV and church membership details, to Stacey Kendall <staceykendall@adventist.org.au>. Applications close November 30, 2009.

- **Personal Assistant/Administrative Professional**—Victorian Conference (Nunawading, Vic). Victorian Conference Youth Ministries (Vicyouth) is seeking a full-time personal assistant/administrative professional to provide a welcoming office environment, care for incoming and outgoing communication, and provide administrative support to the Youth Department personnel. This position requires excellent communication skills, experience in office and event management, and competency in using computers, especially MS Word, Excel and Access. Knowledge and experience of Adobe Photoshop, web management and marketing will also be useful. Must be able to work under pressure and meet deadlines! A working knowledge and experience in Pathfinders and Youth ministry would be a decided advantage. Values and qualities we are looking for include: integrity, honesty, confidentiality, trustworthiness, self-motivation and a vibrant Christian experience. Interested applicants can contact Moe Ioane Stiles for a copy of the job description on 0423 793 466 or (03) 9264 7741, or email <mioaneestiles@adventist.org.au>. Applications must address key selection criteria. Applications close November 30, 2009.

- **Chief Financial Officer**—French Polynesia Mission (Tahiti). The New Zealand Pacific Union Conference is inviting applications for the position of Chief Financial Officer for the French Polynesia Mission, based in Tahiti. The successful applicant needs to show effective financial management, commitment to church members, strong and inclusive leadership skills and the ability to work with fellow administrators. The CFO will be expected to lead the finance team in financial management, revenue management, and the full range of accounting and administration functions that need to be cost effective. The applicant must be fluent in French and have sound English-language skills. For a position description or to send your application (including CV), please contact Peter Lynch, Secretary Treasurer, NZPUC on +64 216 566020 or email <plynch@adventist.org.nz>. Applications close December 4, 2009.

Volunteers!

**Volunteer Manager**—Somuship Ministries (Solomon Islands). To supervise and manage the operations and maintenance of medical clinic boats and buildings, and to provide monthly financial statements and reports to Somuship. Has board and team preferred. House, transport and stipend provided. Term 12 months. Commencement January 1, 2010. Captain’s licence for large vessels an advantage but not essential. Contact Trevor Oliver on 0419 773 316.

**Appreciation**

Harder, Mary. The family of the late Mary (Molly) Harder, formerly of Maryland WallSEND, late of Balmoral, wish to express their heartfelt thanks for the phone calls, cards and flowers following the death of our dearly-loved mother, grandmother, great-grandmother and great-great-grandmother, aged 99 years and 10 months.

**Weddings**

**Carrasco—Hutt.** Hugo Enrique Carrasco, son of Hugo and Rosa Ester Carrasco (Talex, Chile), and Sharron Anne Hutt, daughter of John and Diana Hutt (Hamilton, New Zealand), were married 18.10.09 in Taupunga church.

Fehlberg—Popa. Phillip Adrian Fehlberg, son of Geoff and Nanette Fehlberg (Tas), and Aurica Popa were married 18.10.09 in Wantirna church.

Fish—Czapski. Brendon Gary Fisher, son of Gary Fisher and Joy Cant (Perth, WA), and Rachel Natalia Czapski, daughter of Les and Barbara Czapski (Melbourne, Vic), were married 11.10.09 in All Saints church, Hamilton Island. Family gathered from around Australia and overseas for this joyous occasion.

**Obituaries**

**Collins, Cyril Thomas,** born 5.12.1920 at Strahan, Tas; died 19.9.09 at Cleveland, Qld. He is survived by close friends Carol Highley (Victoria Point) and Dorothy Chelburg. Cyril was an individual who spent most of his years up north and out west in Queensland. It was there he found Jesus and followed Him til he died. He now awaits the voice of Jesus on the Resurrection morning. He will be missed by his many friends at Victoria Point Adventist Retirement Village.

**Edmonds, Eileen May,** born 2.10.1937 at Kempsey, NSW; died 28.9.09 at Wollongong. A much-loved mother to Frank, David (and his wife, Stephanie), John (and his wife, Leigh) and Mary, along with her grandchildren, Benjamin, Michael and Ashley, will miss her...
Ford, Amelia Marion (nee Brown), born 18.9.1931 at Tumut, NSW; died 2.10.09 at Batemans Bay. On 26.1.1951, she married Kevin in Tumut. She was predeceased by her sister, Betty. She is survived by her husband; her sister, Ruth; and her husband, Reg (Cordeaux Heights); her son, Barry, and wife, Verginia (Canberra, ACT); her daughter, Bronwyn, and husband, Warren (Orange, NSW); and her three grandchildren, Nicholas, Brent and Justin. Quiet and reserved by nature, Marion was a loving, gracious person. She followed the example of her Lord, through her acts of loving kindness. He said, “It is more blessed to give than to receive.” She sleeps now—a loving child of God, awaiting her Saviour’s call to eternal life.

Neil Lawton

Mitchell, Venus Milo, born 5.9.1911 at Ballarat, Vic; died 3.10.09 at Kelaston Nursing Home, Ballarat. In 1962, she married Arthur, who predeceased her in 1991. Having completed her nursing training at the Sydney Adventist Hospital in the 1930s, Venus lived a rich and full life, working in various aspects of the nursing profession. She was a well-loved member of Ballarat church and now sleeps, waiting to be called to eternal life on the Resurrection morning.

Brian Lawty

O’Gower, Bruce Stuart, born 5.3.1945 at Macksville, NSW; died 27.8.09 on holiday while visiting family in Macksville. In 1991, he married Eva. He is survived by his wife (Cammeray); his children, Sarah (Macksville), Karen, Anthony and Emma; and his stepson, Sonny (Sydney). Bruce’s laughter and care is missed by all his family and friends.

Sally Hall-Watson

Robinson, Lloyd George, died unexpectantly 14.9.09 while resting. He was predeceased by his son, Stephen. Lloyd’s warm jovial company will be missed by his wife, Mary; their children, Annemarie, Michael, Chris and Rose, all the grandchildren and many others whom he encouraged in life’s journey. Lloyd faithfully served his Lord and Saviour in a long, fruitful ministry before retiring on the Gold Coast in 2001. Lloyd will be fondly remembered for his love and loyalty to his family, his passion for Jesus, his strength of leadership in every situation and the roles of his gospel ministry. We rejoice in the hope of being reunited at the soon return of Jesus. Lloyd was laid to rest peacefully and friends in Murwillumbah Cemetery on 18.9.09.

Mike Robinson, Peter Colquhoun

Scale, Delwyn Joy, born 7.10.1909 at Moe, Vic; died 25.6.09 at home surrounded by her loving family. She is survived by her parents, Elwyn and Helen; her siblings, Daz and Neda, Roi and Marg, and Chub and Nicky; and her nieces and nephews, Danielle, Jemima, Andrew, Isaac, Joey, Olivia, Jalen, Christi and Shiolo. Del completed Year 12 at Chairo Christian School, then volunteered for a year in Scotland at Roundlewood Health retreat as a pool lifeguard and masseur before returning to Avondale College to complete her primary teaching degree. She then taught at North peppermint College, Qld, for three years, endeavouring to herself to students and fellow staff alike. Her sickness brought her back home, where she taught at her own school while health permitted. Her life testified of the hundreds she has touched. Only heaven will tell of her witness to the many carers. Del was a glorious example. She awaits the soon coming of Jesus, Whom she loved—a bride awaiting her groom.

Cristian Copceanu

Sheldrick, Victor Leslie, born 4.10.1927 at Harden, NSW; died 7.6.09 in Tweed Hospital, Tweed Heads, after months of battling an ongoing illness. He was baptised by Pastor Calvyn Townend in 1966 at Mt Gambier, SA. On the 17.12.1967, he married Ethel Burza-cott in Port Augusta. Vic is survived by his wife (Potterville, NSW); his four children and their spouses, Rosalie (Lismore), Calvin (Perth, WA), Leigh (Brisbane, Qld) and Ramon (Brisbane); and his four grandchildren, Rhian, Joshua, Joel and Faith. He is also sur-vived by his siblings, Don, Bettie, Ed-die, Margaret and Val. Vic served in a number of positions in Mt Gambier church over the years, and was involved in vegetarian cooking demonstrations, assisted with “Stop Smoking” pro-grams, served the community by collecting for the Red Shield Appeal and was a volunteer for eight years with the St John Ambulance Brigade at sporting events. Vic and Ethel attended King-scliff church, where Vic is remembered with fondness and respect. He will be greatly missed.

Marcus Mundall

Smallman, Valma Florence, born 17.3.1925 in Sydney, NSW; died 22.9.09 at Ipswich, Qld. In 1944, she married her first husband, Albert Swanberry. In 1955, she married her second hus-band, Reginald. Valma is survived by Graham Simmonds (Sydney, NSW), Doreen Jarrah (Gold Coast, Qld), Veda Mannion (Charters Towers), John (Pipe Mountain) and Bruce (Charters Towers). She was baptised in Rosewood, Qld. Val passed peacefully to her rest after a short and courageous battle with cancer. Her sincere and caring ministry in Ipswich church will long be remembered and truly missed. Her fondest hope was for Jesus to come soon.

Sandor Gazik

Stirling, Prudence Elma Jennifer (nee Akroyd), born 7.1.1941 at Dannevirke, NZ; died 7.8.09 in Cambridge. On 7.9.1958, she married Bill. She is predeceased by Alan. She is survived by her children, Keith (Battle Ground, Washington, US), Neil (Auckland, NZ), Jenny Padddson (Wellington) and Sharee (Cambridge); her seven grandchildren; her sister, Lyn Roberts (Auckland); and her brother, Chris Akroyd (Cooran-bong, NSW). Prue was creative, loving and supportive. She too touched the lives of many who regarded her as a mother and a friend. Prue will long be remem-bered for her keen mind, her passion for writing poetry and her ability to create beautiful items of handwork. Many found strength through her, as she found strength from the Bible. Prue’s family, and many friends from church and community groups, miss her dearly.

Michael Falzaranoro

Stocken, Marjorie Helen (nee Fearn), born 2.11.1918 at Sydney, NSW; died 27.9.09 in Elizabeth Lodge hostel, Norman-bourne. She was predeceased by her husband, William (Bill) in 1999, and is survived by her children and their spouses, Beverley and Bruce Tulloch (Gold Coast, Qld), Robert and Reni (Sydney, NSW) and Christine and Owen Twist (Central Coast), 11 grandchildren, 30 great-grandchildren and her great-great-grandchild. Marj spent her early life in Willoughby and lat-er moved to the eastern suburbs. After her marriage to Bill, she lived at Bexley North before finally moving to Beacons. For the next 60 plus years, she became an active member of Thorn-ough church. Marj’s life was one that revolved around her church and her family. She was gentle, caring person who was loved and respected by all who knew her. She will be sadly missed by her family and friends.

Barrie Wright

Advertisements

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Wahroonga Adventist Church Television invites all partners, donors, supporters, members and former members to a Thanksgiving Day on November 21, 2009. Starts 9.30 am. Witness the testimonies and miracles, be inspired by the messages and praise God through the music. For more information, call (02) 9487 1374 or email <lansar@bigpond.com>.

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New Adventist TV Show: Michael Jackson’s ghost? Get your friends watching this weekly webshow at YouTube/ToogoodToday or <www.ToogoodToday.com>, or see NZ Television Sky/Freeview Channel 110 on Wednesday 12.30 pm, Friday 8 pm or Saturday 2.30 pm.

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—Martin Luther
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