Announcing two groundbreaking albums pioneering a new era for Adventist Music...

Produced entirely by Psalter music, reaching the highest industry standards, having been recorded in AMN’s state of the art studios.

Both albums are musically and spiritually focused. Thank you for supporting Adventist Artists.
Big mission gets new church
Don Roy—Cooranbong, New South Wales

In the space of eight hours, the Kimininga Church in Mt Hagen, Papua New Guinea, was dismantled to make way for a new and larger building.

A new building was required because the membership of this headquarters church for the Western Highlands Province was no longer adequate to accommodate the dramatic increase in membership.

The demolition work involved an army of helpers who also sorted and stored reusable materials for possible use in the building of other new churches in the mission.

Membership in the Western Highlands Mission now exceeds that of Australia and New Zealand together.

In August 2010, The It Is Written Oceania (IIWO) evangelistic campaign in Mt Hagen, led by Pastor Gary Kent, was attended by up to 10,000 people of whom 1500 came forward surrendering their hearts to the Lord. More than 300 are currently preparing for baptism.

Coinciding with the evangelistic campaign and supported by IIWO as a major project, fly-and-build volunteers from New Zealand and Australia began laying the concrete slab and blocks for the new 1000-seat church on the old cleared site. Construction work has proceeded steadily since then using overseas and local tradespeople. The next phase will focus on the second level floor, the completion of walls and continuing work on welding trusses for the roof.

It Is Written Oceania manager Daniel Livingston said, “We are happy to support this wonderful project that will greatly benefit our fellow church members in the Western Highlands Mission. We’re thrilled to see this church growth arising out of an It Is Written public evangelism campaign.”

Donations to support the completion of this church can be made through the IIWO office in Australia.

Book’s success inspires sequel
Nathan Brown—Warburton, Victoria

A new collection of Australian stories for children has been released by Signs Publishing Company, as a sequel to Bill’s Bush Adventures.

Bill’s Battle of the Bull collects another 28 stories from retired pastor and much-loved storyteller, Errol Wright.

“The second book is similar but has more pointed morals and a greater involvement of others,” Pastor Wright said. Like the first book, the stories are drawn from his experiences while growing up on a farm on the New South Wales coast during the 1940s.

Pastor Wright said he was pleased with the feedback he had received to his first book, which was published in 2008. “The most satisfying response has been when mothers thank me for providing their children with true stories they can relate to,” he said.

Telling these stories began in his ministry, when looking for tales for the children’s time in church.

“One day I was desperate for a story that would suit the sermon topic when I remembered an incident from my boyhood days that seemed appropriate,” he said.

“The story went over so well that I decided to do some more recollecting into days gone by. Rather than talk about myself, I chose to put Bill into the picture.

“My hope for this new collection of stories is that children will see it is preferable to choose right over wrong,” Pastor Wright said.

President affirms Sanitarium
David Gibbons—Auckland, New Zealand

General Conference president, Pastor Ted Wilson, and his wife, Nancy, visited the Sanitarium Health and Wellbeing Company offices in Auckland. New Zealand was the first step on their trip around the South Pacific Division.

“Sanitarium is very relevant to the community’s needs,” Pastor Wilson said. “They are being unique! They are fulfilling the vision given by Ellen White that our health messages must be shared successfully with the community if we are to win their confidence to our spiritual messages.”

The company is successfully repositioning itself in the area of wellness. Meanwhile, it continues to grow stronger in the breakfast, soy milk and vegetarian food markets. It has four of the top five breakfast products in the New Zealand market.
Love costs
Pablo Lillo

Reading my Bible the other night I came across 1 Peter 4:8-11, a powerful sermon from Peter. His instructions to the church left me thinking, so much so, that I couldn’t sleep. His admonition is timely.

Peter’s instructions are, “Above all, love each other deeply, because love covers over a multitude of sins. Offer hospitality to one another without grumbling. Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms. If anyone speaks, they should do so as one who speaks the very words of God. If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ. To him be the glory and the power for ever and ever. Amen.”

One thing’s for sure—love costs. It costs to let hurtful comments go uncommented on. It costs to do the lion’s share of the work when others should be helping. It costs to endure being misunderstood and still speak and act graciously. It costs to not keep a record of wrongs. It costs to put the best construction on another’s words or actions.

Without that kind of love, the nastiest destroyer of all enters—a bitter spirit. Friendships are ruined, marriages wrecked, churches split. People die inside with shame, wounding and pain—and God’s name is dishonoured.

My understanding of the word ‘deeply’ is ‘stretched out’—extended like an athlete’s muscle, reaching out to its limit, going beyond the normal—so much that it covers not one but a ‘multitude’ of offences. It has strength and purpose. Imagine your love as a blanket that you throw over the fire of someone’s sin against you. It hides it, smothers it and if the flames of anger, rumour or nastiness still arise, you throw another love blanket over them and go on doing that until the flames die out. The others’ wrongdoing is exhausted before your supply of love runs out.

In this edition we continue with part 2 of Recapturing The Passion and the poll question (page 6) is, “How connected is your church to the local community?”
General Conference president, Pastor Ted Wilson, has met with the Prime Minister of Papua New Guinea, Sir Michael Somare.

The meeting of leaders was held in the Prime Minister’s office following a colourful and joyous rally by thousands who came to see Pastor Wilson arrive at the Port Moresby International Airport.

Deputy Prime Minister Sam Abal joined the meeting along with some Adventist members of the cabinet.

The Prime Minister told Pastor Wilson that Seventh-day Adventists were known for being excellent law-abiding people who model how all citizens of Papua New Guinea should live and behave.

The Prime Minister, a Roman Catholic, said he would like to receive a message from the Bible and a prayer for his leadership. Pastor Wilson recommended the counsel found in Micah 6:8, and read the text urging him to rule justly, love mercy and to walk humbly with his God.

The president also thanked Sir Michael for the religious liberty which is practised in PNG. “You model a very high standard to all countries of the world,” Pastor Wilson said. “It is a basic human right that all people have the freedom to worship as each feels convicted.”

The Prime Minister commented that PNG is a Christian nation. “PNG is still a mission field with plenty of potential,” Sir Michael added.

Pastor Wilson asked the Prime Minister and his deputy how Adventists could do more to help the community. Sir Michael said there were many health and education projects through which the church could assist the government.

After praying with Sir Michael, Pastor Wilson gave him the book The Desire of Ages, written by Ellen White while she lived in the South Pacific region.

Sir Michael told one of his cabinet ministers after the meeting that even though he had received many prayers from church leaders during his decades of leadership, none had impacted upon him more than the prayer prayed for him by Pastor Wilson.

The Speaker of the House provided lunch in the state dining hall for Adventist parliamentarians, heads of other denominations, business leaders and professional young Adventists. There are 15 Seventh-day Adventist members of the Papua New Guinea parliament, eight of whom are in the Prime Minister’s cabinet.

Church holds community concert

Tamworth church held its annual gospel concert coinciding with the Tamworth Country Music Festival. The concert was held in the community centre.

“We felt that it could be a real hurdle to get people to church, so we decided on the community centre in the middle of town,” said pastor and concert organiser, James Venegas. “We also advertised in the local media.”

Close to 200 people attended, representing many different denominations, and including non-Christians.

Tamworth church members formed a band with piano, bass, guitar and vocals. The concert also gave them an opportunity to reach out to a local session drummer—a non-Adventist—who has been starting to play again after a long hiatus. He was grateful for the opportunity to use his talent.

Avondale lecturer Dr Rick Ferrêt played a short solo-set featuring his silky smooth vocals and slide guitar playing. Psalter artist Anna Weatherup touched hearts with her emotional delivery of hymns from her new album Nearer. Quite a few in the audience were seen to be wiping tears from their eyes.

Gavin Chatelier and family kept the audience entertained with their polished performance, featuring their signature blend of ministry and entertainment.

Tim Burcham, manager of Psalter Music, a music ministry for the Seventh-day Adventist Church in the South Pacific, said, “The concert taught me the power music has in reaching people when used for God’s glory.”

President studies Bible with Prime Minister

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A student-made short film will be one of the first submitted for a creative arts festival Avondale College will host next month. Josh Hamilton and Nick Lindsay produced *Time* for one of their classes at Avondale, but they have already received requests to screen it at youth rallies in Adelaide and in Melbourne.

*Time* depicts a day in the life of education and theology student Ray Moaga, who provides the narration. A stylised dramatic sequence in which dark figures lasso each of Ray’s limbs until all four are restricted, intersperses this footage. The film concludes with the line, “But where is my time for God?”

“Nick and I wanted to make a film not just to complete an assignment but also to share our faith,” said Josh, who has teamed with a seemingly prolific producer—Nick has already made 15 short films.

“The first decent one was for my Dad’s chapel,” said Nick, whose father is a high school principal. “That was in Year 8.”

Public relations officer Brenton Stacey encouraged Josh and Nick to enter *Time* into the filmmaking competition of the Manifest Creative Arts Festival—an $800 cash prize is on offer for best film. “Our judges will be looking at the medium and the message,” Mr Stacey said, “and *Time’s* high production values and simple but powerful storytelling may just earn it high marks in both categories.”

Manifest, coordinated by the Seventh-day Adventist Church in the South Pacific through Adventist Media Network and Avondale, is the first of an annual festival celebrating and encouraging the production of creative arts for ministry. The focus this year is on filmmaking, song composing and writing.

The festival will include an awards ceremony, film screenings, the launch of Adventist Media Network’s new DVD-based evangelistic series Beyond Search, workshops and worships. Visit <www.artsmanifest.info/> for more information.
This thing I must say
Pastor Ted Wilson spoke to thousands of people in Auckland, Christchurch, Port Moresby, Lae, Cooranbong (pictured) and Suva. He said Adventists must focus more on Jesus and to unitedly pray for the Holy Spirit—across the world—like never before.

Weet-Bix kid meets Ted
The best known Weet-Bix kid in Australia would have to be cricket legend Brett Lee. Lee caught up with Pastor Wilson at Sydney airport. He said he loved supporting Sanitarium and ADRA. Joining them was Dr Barry Oliver—the president of the South Pacific Division.

There’s a lot of water here
New Zealand Pacific Union’s president Jerry Matthews points out NZPUC territory is larger than the area covered by Europe and actually crosses over the international dateline.

Miracles every day
Pastor Wilson encountered miracles every day of his 14 day tour of the South Pacific. A cloud came and covered the 100,000 people in the Port Moresby stadium, providing relief from the hot sun all day. And at the end of his sermon on the latter rain, a gentle, 2 minute rain literally fell.

President has a nose for people
Within minutes of arriving in New Zealand from the US, the recently elected world president received a traditional Maori greeting with the touching of foreheads and rubbing of noses. Given a traditional Maori chieftain, kiwi-feathered cloak to wear, Pastor Wilson said, “You have recognised me as a chief among you, and I am grateful for that, but I want to say to you today I am your brother. I am not above you. The blood of Jesus means I am one with you.”

I love Marmite
Pastor Wilson visited Sanitarium plants in Auckland, Christchurch and Berkeley Vale (NSW) during his visit. He was delighted to receive six jars of Marmite as a gift. “I just love Sanitarium Marmite. You can be sure it will be put to good use in our home.” Alongside his wife Nancy, he also tasted some products about to be released into the market.

Ted’s Aussie connection
Pastor Wilson was nicknamed ‘Teddy’ by his grandfather who was serving as president of the church in the South Pacific region at the time of his birth. He was so named after the koala “bear”. And it stuck! Later he officially registered “Ted” on his certificates and passport. In this photo, Pastor Wilson visited the kangaroo population in Morisset (NSW).

Leading the flock
While staying in Auckland, the Adventist world president found time to spend with the flock—of alpacas this day.

President weeps
Pastor Wilson said he shed tears when the pastors of the South New Zealand Conference met with him at Lake Lyndon to pray. Following a round of prayers praising God, and for each other, they laid hands on him and his wife Nancy for protection and re-commissioning in his new role as GC president.

Time for the kids
Everywhere Pastor Wilson preached, the children would turn up as well. Children here in New Zealand were keen to meet the president after he arrived from the US. Children in Papua New Guinea always sat quietly watching him during his talks.

Wilson says youth will finish the work
Pastor Wilson told audiences during his visit that the church has gifted, intelligent, passionate young people who want to be engaged in mission—now! Pictured with his wife Nancy and excited young people in New Zealand, he has no doubt that they will put Jesus first, pray for the Holy Spirit and encounter revival.
Health & Bible Worker Training

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“Enlightening year. Prepared me for the rest of my life…”
Scott, 2010 Student

2011 Classes begin 6th March
CHRISTCHURCH UNIVERSITY STUDENT KARL Taaffe has just finished his epic journey walking the length of New Zealand to focus attention on the issue of suicide in the country.

The journey for 31-year-old Mr Taaffe, a Seventh-day Adventist, started 65 days ago—a 2100 kilometre hike from the very bottom of the South Island to the most northerly point on the North Island.

In reaching the finish line at Cape Reinga, Mr Taaffe said, "I feel very blessed to have walked the distance. God has looked after us all the way—providing for our team on a daily basis."

The Christchurch student said he created the Dare2Hope project because he had known several people who had committed suicide, including a family member. In times past he also suffered from depression—which is the greatest contributor to suicide.

"I've had the privilege of meeting so many individuals along the journey who've been struggling with suicidal tendencies, and hopefully by sharing with them the hope in Christ, it has encouraged them," Mr Taaffe said.

"The purpose of the walk was to let people know they're valuable and special—that there is a better option than suicide."

One story in particular was of a teenage girl who saw the team walking and stopped to ask what they were doing. Two days later the team received an email from her telling them she had been on her way home to commit suicide when she met Mr Taaffe. She said the encounter had saved her life. "If the journey was just for her, then it was all worth it," Mr Taaffe said.

"I saw every day as a new beginning. Another opportunity to make a difference by speaking to someone else about life and making the most of it. I wanted to help people understand that they can have a better life in this world, but also in eternity to come."

Mr Taaffe said he had taken about three million steps throughout his journey. Some of the challenges he faced included constant rain, strong head winds, aching feet and walking 150km with a leg infection.

The journey was a walk of faith as the team had to trust in God every day for provisions. Mr Taaffe's wife, Aska, quit her job before they left Christchurch for the trip—so they didn't have an income for two and-a-half months.

Two weeks before the journey started, Mrs Taaffe found out she was four weeks pregnant. They decided to leave anyway as they knew God had called them to minister to others.

God had spoken to Mr Taaffe through 1 Thessalonians 5:24, "The one who calls you is faithful and He will do it." This verse made it clear the walk was going to happen. "Never once did I question God's call and His provisions to make this journey happen—in spite of the challenges we were encountering," Mr Taaffe said.

Psalms 32:8 was a verse he memorised and called on as he travelled through towns. In looking for reassurance, guidance and instruction he would often recite the verse, "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you."

"I'd like to thank everyone that took time to support us through prayer, finances, accommodation, food and encouragement. I would especially like to thank Danny and Ledua Brooks, Damen Hurley and the Reid family for their never ending support and going the extra mile."

By the end of the epic journey through New Zealand, Mr Taaffe and his team could say that God had been faithful every step of the way.

Pablo Lillo is editor of RECORD.
Winds of renewal

On January 12, 2007, a young musician dressed in jeans and a cap took his place against a wall in L’Enfant Plaza Metro station, Washington, D.C. He removed his violin, threw a few dollars in as “seed” money, and played. After 43 minutes of classical pieces, the 1097 people passing by tossed a mere $US52.17 into his case. Only seven paused longer than a minute. And of the seven, only one recognised world-famous violinist Joshua Bell and gave $20.

Three days prior to this appearance, staged by the Washington Post as a cultural experiment, the world-famous musician filled Boston’s Symphony Hall, where good seats went for $100. But that day, when Bell played Bach’s Chaconne on a $3.5 million Stradivarius in the subway station, he barely caught the attention of a few passersby. Why? Because no-one expected such majestic and beautiful music in the bowels of an underground station.

The call of God runs a similar risk of being ignored by many today. Although Jesus said, “My sheep listen to my voice; I know them, and they follow me” (John 10:27), few seem to expect to really hear Him; or do. Every day in the midst of our sacred assemblies comes the earnest call of Christ “to place all on the altar of service” (Prophets and Kings, p 221).

But many believers still testify that they have never heard His voice. Maybe they are too engrossed in having the right form of worship, even as they lack the Spirit thereof; that they have the perfect interpretation of doctrines, even if they are deaf to the voice of the One crying in the wilderness. Thankfully, winds of renewal and flames of reformation are sweeping through this generation of Adventists. Many young adherents embody the definition of “the call” as “the truth that God calls us to Himself so decisively that everything we are, everything we do, and everything we have is invested with a special devotion and dynamism lived out as a response to His summons . . .” (The Call, W Publishing Group, 1998). They take seriously the mission of Christ to seek and save the lost, bringing revival to a Laodicean church. The early church accepted this challenge and grew exponentially as believers served Christ. The founders of our movement understood it and their mission exploded across the world—our Church is now present in more than 200 countries. The work they started is not finished. The call they heard has not been silenced. Opportunities to capture the attention of the world for Jesus are still being extended despite the follies of our emerging culture.

So get revived in Spirit-filled gatherings; then answer His call to go where the needs are great and make a difference for Jesus.

Dr Hyveth Williams serves as professor of homiletics at Andrews University.
Nature’s secret ingredient

There is convincing evidence that a diet rich in fruits and vegetables can be protective against cancer, coronary heart disease and stroke. There is also evidence that they play a role in preventing cataracts, macular degeneration, diverticular disease, arthritis and high blood pressure. They could help displace foods high in saturated fats, sugar and salt. Most fruits and vegetables are filling, but generally low in energy density, or kilojoules, useful for those wanting to manage their weight. Yet many people struggle to eat the recommended daily serves of fruits and vegetables.

The World Health Organisation has identified inadequate fruit and vegetable intake (along with high blood pressure, high cholesterol, obesity and physical inactivity) as one of the major causes of chronic diseases. So why are fruits and vegetables so important in our diet? Not only do they contain plenty of vitamins, minerals and fibre, they are also packed with important antioxidants.

What is an Antioxidant?

Antioxidants are chemicals (phytochemicals or phytonutrients) found naturally in plant foods, nature’s superfoods, which protect our cells from free radicals. Free radicals are produced naturally in our body as well as from exposure to pollutants, resulting in damage to our cells that may lead to cancer, heart disease and diseases of the eye.

The Role of Antioxidants: Antioxidants are found only in plant foods, not animal foods. They act like a fire extinguisher, putting out the fire of chronic inflammation or oxidative stress which is the underlying cause of chronic disease. Including foods every day that are rich in antioxidants is an important way of reducing your risk of various chronic diseases.

Colourful Fruits and Vegetables: It is phytochemicals in fruits and vegetables that give them their distinctive colour. We generally classify fruits and vegetables into five colour groups according to the phytochemicals they contain.

- Red foods contain lycopene, ellagic acid and flavonoids: tomatoes, red capsicum, strawberries, cherries, raspberries
- Purple/blue foods contain anthocyanins and resveratrol: purple/red grapes, blueberries, blackberries, eggplant, red cabbage, beetroot
- Orange/yellow foods contain carotenoids (lutein, zeaxanthin): carrots, pumpkin, kumara, sweet potato, rockmelon, citrus fruits, mangoes, papaya, corn
- Green foods contain flavonoids, carotenoids, indoles: broccoli, cabbage, brussel sprouts, spinach, peas, avocados, bok choy, kale, green apples, green grapes
- White/brown foods contain allicin, indoles: garlic, onions, mushrooms, potatoes, bananas, ginger, cauliflower

Other foods rich in phytochemicals are legumes, soybeans, wholegrains, nuts and seeds, herbs and spices. To ensure you eat enough fruits and vegetables, include at least two fruits and five vegetables in your diet every day. A serve is ½ cup cooked/raw vegetables; ½ cup cooked legumes; 1 medium-sized fruit (apple, pear); 1 cup diced fruit. Make sure your plate is at least ¾ full of highly coloured fruits and vegetables, as well as legumes, grains or nuts. Don’t forget to add in a generous serve of some herbs and spices. Bon Appetit!

Call and speak with one of our nutritionists, 1800 673 392 (Aus) or 0800 100 357 (NZ). Alternatively, email us with a nutrition question at nutrition@sanitarium.com.au (Aus) or nutrition@sanitarium.co.nz (NZ). We’d love to hear from you! And don’t forget to order your FREE copy of Food for Health and Happiness Cookbook—it has plenty of delicious and wholesome recipes. You may order the cookbook by visiting our website <www.sanitarium.com.au> or <www.sanitarium.co.nz>.

RECIPE

Eggplant and chickpea dip

- 1 large eggplant
- ¼ cup lemon juice
- 2 cloves garlic, chopped
- 2 teaspoons sweet paprika
- 2 teaspoons olive oil, extra to serve
- 400g can chickpeas, drained and rinsed
- 2 tablespoons olive oil
- 2 teaspoons ground cumin
- 2 tablespoons toasted pine nuts
- 2 teaspoons olive oil, extra to serve

1. Preheat oven to 180°C. Place the eggplant on a baking tray and bake for 40 minutes or until soft. Slice the eggplant in half and scoop the flesh into the bowl of a food processor.
2. Add the chickpeas, lemon juice, olive oil, garlic, cumin and paprika to the eggplant and blend until smooth. Spoon the dip into a large flat serving plate and smooth the top with a spatula.
3. Sprinkle the top of the dip with the pine nuts, drizzle with the extra olive oil. Finish with a sprinkle of the extra paprika and parsley. Serves 6-8.

Preparation time: 5 minutes. Cook time: 45 minutes.
Tip: This dip is delicious served with toasted flat bread or raw vegetables.

PER SERVE: 710 kilojoules (170 calories); Protein 4g; Fat 12g; Saturated Fat 2g; Carbohydrate 8g; Total Sugars 1g; Sodium 130mg; Potassium 180mg; Calcium 37mg; Iron 1.2mg; Fibre 3g.
Father, Son, Holy Spirit—So what?
What does the teaching of Father, Son and Holy Spirit mean to you and me in the "real world" of everyday life?
Firstly, there are a number of Bible passages that reveal a plurality about God:
Read Genesis 1:1,26; 2 Corinthians 13:14; Revelation 1:4,5; Matthew 28:19
However, while the Bible reveals that God is a union of three co-eternal persons, it is also clear that this same God is ONE. Thus the disciples were to baptise in the NAME (singular) of Father, Son and Holy Spirit.

God's name is, I AM or Jehovah (the LORD), the eternal, self-existent one.
Read Deuteronomy 6:4; Matthew 28:19; Exodus 3:13-15
Thus in the Bible the Father is Jehovah.
Read Isaiah 63:16; 64:8
Jesus claimed to be Jehovah and in Revelation Jesus is called the Alpha and Omega, the First and the Last, the ALMIGHTY, which Isaiah ascribed to the LORD (Jehovah).
Read John 8:58,59,12; 10:11,14; Psalms 23:1; John 11:25; 14:6; Revelation 1:8,17,18; 22:12,13; Isaiah 44:6; Genesis 17:1
The Holy Spirit is the LORD (Jehovah), according to the "freedom passages" of Isaiah, Jesus and Paul. Peter also said to lie to the Holy Spirit is to lie to God.
Read Isaiah 61:1; Luke 4:18; 2 Corinthians 3:17; Acts 5:3,4
So what does it mean to us, that the Father, Son and Holy Spirit are ONE God, and each equally, The LORD God Almighty?
1. The God who is our Father, to whom we pray is the self-existent Almighty God, who has all power, all wisdom and all love to meet all of our needs. What a Father, whom the Holy Spirit encourages us to call, Abba (Daddy) Father!
2. The Jesus who died on Calvary was God Almighty Himself taking our place. Oh how immense the love of God for us. God loves us more than He loves Himself!
3. The Holy Spirit who lives in us to empower us with the love of God is no less than Jehovah, God Almighty, living and abiding in us to help us in all our needs. Wow, it doesn't get better than that!
Read Romans 8:15; 5:5

Pain in the back
Everybody will suffer from a sore back. Good news is that 80 per cent are caused by "musculo-skeletal" reasons, and vanish. Most are preventable. Many respond to simple lifestyle modifications. Bad posture heads the list. While people sit at work all day, a suitable chair is vital. Constant stooping, lifting heavy objects, head bent forward or slumping in an easy chair, will lead to backache. If your job entails irregular stooping, do bends and stretches every hour or so. Ideally use the opposing muscles, and hold in position for 30 seconds. Over-stretched muscle fibres rebel. They go into spasm, which reduces blood supply. Toxins called lactic acid accumulate, and pain ensues.
Simple exercises help, and walking heads the list. Heat enhances circulation. A hot shower (ending with cold or alternate hot and cold) also improves circulation. So do heat creams, rubs or kneading sore spots with knuckles. Physiotherapy is good. Some gain relief from chiropractic, osteopathy or acupuncture.
First line medication is long-acting paracetamol (Panadol-oste). Nonsteroidal anti-inflammatory drugs (including aspirin) are glorified pain killers, but also gastric irritants which may lead to stomach bleeding. Some may cause heart irregularities. Ideally avoid.
Severe cases require a CT scan. If a crushed disc presses on a nerve root, "microdiscectomy" by a neuro-surgeon can produce permanent relief within 24 hours.

Unwell? Go to <docwright.com.au>. Enter symptom and click for immediate help. If symptoms continue, see your doctor.

WHY I AM AN ADVENTIST
Gwenie Tovosia
My name is Gwenie Tovosia from the Solomon Islands. As a young girl being an Adventist was all about half-days on Fridays and going home early to prepare for the Sabbath. The excitement grew as the Sabbath drew nearer. We would wake up in the morning to the beat of the ‘lali’ calling us to church and before long you could hear little children singing their hearts out. Although this happened every Sabbath I never got tired of it. I thought this was what being an Adventist was all about. I soon discovered as I continued my life journey that there was more to it than just the half-days on Fridays and the singing and going to Sabbath School. It was a lifetime commitment to His service and there is nothing more satisfying. Luke 9:23 says, “If any man will come after me, let him deny himself and take up his cross daily and follow me.” As a young Adventist I know that I still have a lot to learn in life and I have discovered that it is not an easy journey but I can rest assured that God will stand up for me in every situation and I will be counted for Him.
AS THE QUEENSLAND FLOOD DISASTER ROSE TO catastrophic proportions last month, Adventist eyes from across the country and around the world turned to the Adventist Development and Relief Agency (ADRA) Australia.

With a disaster of this magnitude, spilling into at least three states, how would ADRA respond?

In the days following the initial phase of the Queensland floods, ADRA staff worked closely with state and local governments to monitor the situation and the needs of those affected. They also activated processes that will form the basis of long-term recovery projects.

While flood waters flow everything is in the hands of search and rescue teams. Premature clean-up and recovery can be ineffective, not to mention dangerous,” said Chris Olafson, ADRA Australia’s director of Emergency Management. “By necessity our approach has to be long-sighted. This emergency will be impacting communities for months to come. ADRA plans to be there long after the media and initial wave of help has left.”

In just 40 minutes parts of Toowoomba’s central business district became deadly white water. Cars, houses, business and lives were destroyed. The water receded quickly, but two weeks on the town remains drenched in anguish.

“People are still shell-shocked,” Janet Hughes, manager of the ADRA Op Shop in Toowoomba, said. “The clean-up happened remarkably quickly. But people are starting to break down; we’ve had people sobbing in our shop as they’re confronted with their own need.”

Mrs Hughes and the team are providing vouchers to those who have lost clothing and household items. The vouchers not only mean they can replace the items they have lost, but they provide a sense of ownership and dignity in their recovery.

In Gatton, downstream and in the midst of the hard-hit Lockyer Valley, Ngaire Dare manages ADRA’s ‘Focus for the Future’ youth resilience project. In the past month however, her support has extended far beyond the struggling adolescents she normally works with.

Ms Dare and her team of volunteers have been working overtime to provide emergency workers with hundreds of packed lunches, fuelling the area’s clean-up and recovery efforts. And now, as people return to their sodden homes ADRA is providing free testing and tagging services in Gatton to ensure all electrical equipment, whether donated or inundated, is safe for use. These activities, along with other ADRA recovery initiatives, are funded by the Queensland Flood Appeal.

ADRA’s network of Op Shops and projects has ensured the agency can be on the ground for an immediate response. Within a matter of days ADRA Australia was distributing aid and giving support to those whose lives had, within minutes, been swept away. But now, as the waters flow south, thousands are left to regather and rebuild.

“The waters have moved on, and with it goes the hype,” Mrs Hughes said. “The media has come and gone. We expect to be dealing with the impact for months.”

People continue to break down with the thought of lost homes, memories and loved ones. Spirits, bank balances and energies have been drained. The rubbish may have disappeared, but the underlying issues remain. Only now, as the muddy aftermath is removed, can people begin to take stock of the financial and emotional toll of the torrents.

“In addition to the many activities that were immediately on the ground, a project officer has been appointed and is working closely with Adventist congregations and councils throughout the region to design and implement projects that will assist thousands who have been affected,” Mr Olafson said.

Just hours before this edition went to print, Far North Queensland was hit by a catastrophic cyclone that has affected many rural towns. To support ADRA’s disaster relief and recovery efforts in the region, donations can be made to the Queensland Flood Appeal.

For more up-to-date information about ADRA’s response and work at home and overseas visit <www.adra.org.au> or connect at <www.facebook.com/ADRAAustralia>.

Braden Blyde is communication officer for ADRA Australia.

Comment? Go to record.net.au
Recapturing the Passion (part 2)
ALTHOUGH THERE ARE A VARIETY OF NEW Testament descriptions for the role of the pastor, one of the most powerful is found in Ephesians 4:11, 12. Paul describes the gifts Jesus gave to His earthly church as He ascended to heaven this way: “And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, for the equipping of the saints for the work of ministry, for the edifying of the body of Christ” (Ephesians 4:11, 12, NKJV).

A casual reading of the text gives the impression that the gifts of pastors and teachers are separate gifts. But the word “pastor” here is better translated “shepherd”—one who nurtures, guards and nourishes the flock. The word translated into “and”, linking “pastors and teachers”, is the Greek word kai. It literally means “that is” or “in particular”. The passage can be more accurately translated “teaching/pastors” or “spiritual shepherds who teach their flocks”.

According to Ephesians 4:12, God has placed “teaching pastors” within the church to equip each believer in His work of witness and service. Any pastor who does not place priority in equipping members to both discover and use their spiritual gifts in service is not fulfilling their biblical role as pastor. The Lord impressed Ellen White with this same biblical truth: “So long as church members make no effort to give to others the help given them, great spiritual feebleness must result. The greatest help that can be given our people is to teach them to work for God, and to depend on Him, not on the ministers. . . . Just as soon as a church is organised, let the minister set the members at work. They will need to be taught how to labour successfully. Let the minister devote more of his time to educating than to preaching. Let him teach the people how to give to others the knowledge they have received.”

The major role of the pastor is to equip members as disciples of Christ to use their gifts in witness for the Master. Jesus focused most of His attention equipping His disciples to be powerful leaders and soul-winning evangelists.

The church is not a social club where people of like interest gather each week to make one another feel good. It is the arena of God’s grace where the people of God meet to be filled with His grace, equipped to serve and prepared to be sent back into the community to make a difference for the kingdom of God.

As the Quaker scholar Elton Trueblood once said: “The church of the twenty-first century will become a mini-mission.” Ellen White certainly echoes this thought: “Many would be willing to work if they were taught how to begin. They need to be instructed and encouraged. Every church should be a training school for Christian workers.”

The prophet’s vision of the church was far ahead of her time. She saw Adventist churches as training centres where members discovering their gifts were empowered and equipped to witness. She saw churches with broad-based ministries reaching out to touch their communities with God’s love. She saw members growing spiritually because they were actively involved in service. The church is not really the church of the New Testament if it has little concern for the community around it. The church is certainly not the church of the New Testament if pastors and members have little passion for souls. The church is certainly not the church of the New Testament if there is greater interest in church socials than taking the Gospel to lost people.

In his volume The Institutes of Biblical Law, Rousas John Rushdoony says: “The purpose of the church should not be to bring men and women into submission to the church but rather to train them into a ‘royal priesthood’ capable of bringing the world into submission to Christ the King.” Speaking of the Christian church at large, Rushdoony then observes: “The church has by and large paid lip service to the priesthood of all believers, because the hierarchy has distrusted the implications of the doctrine and because it has seen the church as an end in itself, not as an instrument.”

I pray that as Seventh-day Adventists we will do much more than pay lip service to the priesthood of all believers. I pray that this truth will seize our hearts, grip our souls, fill our minds and compel us to share God’s love and truth with a new urgency and passion. I pray that every Seventh-day Adventist church will indeed become a training centre for Christian workers and that every Adventist pastor will re-evaluate his/her role to become an equipper, a disciple-maker, a trainer of the people for God to use their gifts as soul winners. I pray that denominationally funded ministries and supporting ministries will work in harmony in an atmosphere of trust to reach the unreached. I pray that each layperson will sense anew, the call of God to witness for the kingdom so that very soon we will see the fulfilment of the prophet’s vision.

“Servants of God, with their faces lighted up and shining with holy consecration, will hasten from place to place to proclaim the message from heaven. By thousands of voices, all over the earth, the warning will be given.”

May that day be soon, and may your voice and mine be heard proclaiming His grace and glory until He comes to take us home.

5 Ellen G White, Testimonies for the Church, vol 7, pp 18-20.

Mark Finley has been a pastor, administrator and evangelist for the Seventh-day Adventist Church for 40 years.
**NEVER THOUGHT IT WOULD HAPPEN TO ME.**

Yet, looking back, the soil was fertile for the sprouting of the seeds of grief and fatigue. And the seeds blossomed into depression.

Within a year I had lost my father-in-law, an uncle, my godmother and a school friend. I have a photograph of my friend, in a group of four girls, standing on the steps of an Adventist school in Johannesburg. We are all smiling, not knowing one of us would develop multiple sclerosis, and eventually die a slow and mute death.

It was a year of heartbreak but I was studying full-time and working as the Women’s Ministries co-ordinator for the Conference. There was no time to grieve and certainly no time to become depressed. Besides, I had a close and satisfying walk with the Lord, was a fourth-generation Adventist, writing the Lifeguide column for the *Signs* and studying for my Master’s degree in Psychology. An unlikely candidate for depression, I would have thought, but depression is no respecter of persons.

I went to the doctor with stomach pain. She examined me and then perceptively asked whether I had considered the possibility of depression. (Apparently a lack of serotonin can affect your gut). I most certainly had not! The discomfort continued but it was nothing compared to the pain in my heart. I felt as though I was dying on the inside. Tired to the marrow of my bones, I crawled up and down the steps of my house as few times as possible each day, planning each trip. I lost my joy. I gained weight and became irritable and weepy. I had trouble signing my name; it was as if I had lost the rhythm of my signature. Nothing gave me pleasure anymore and I wanted only to stay at home and see no-one.

Looking back at my diary for that year, there are weeks of emptiness whereas there would usually be an over abundance of commitments. Few people on the outside would have guessed what was going on inside me. I managed to keep up a good facade, and having the excuse of writing a thesis was an excellent reason for avoiding others and staying home.

The pain in my soul grew worse. I slept fitfully, often waking early, only to feel assaulted by negative and painful thoughts, coming like arrows in the night. It is hard to describe the depth of despair and anxiety to which I plummeted.

One day I knew that I could not carry on this way. The pain was intolerable. I started a course of
Depression, in the true sense of the word, is more than just feeling ‘down’ or ‘blue’. We all have days when we do not feel quite ourselves, but depression is a more intense and long-lasting frame of mind. About one in five people will experience depression in their lifetime. Depression is not the result of a lack of faith, prayer or an indication of sin in a person’s life. It can be the result of:

- Hereditary factors – some families are more prone to developing depression than others
- Stress – stressful events can be the trigger for depression
- Personality – people who are sensitive, like to have things just right, and are prone to worry and anxiety, can develop depression
- Imbalance in brain chemicals – naturally occurring chemicals in the brain often do not function correctly in people with depression

The symptoms of depression are:

- A lack of joy in things previously found pleasurable
- A deep and lasting sadness
- Feelings of worthlessness, hopelessness, negativity and irritability
- Changes in sleeping, eating and energy patterns

Depression can be a life-threatening condition and is best treated by health professionals who have been trained in dealing with this condition. Psychological treatments for depression provide a supportive environment for a person to work through difficulties. There are a number of psychological treatments that have research evidence supporting their effectiveness. They help by providing skills and strategies to change negative thinking patterns and behaviours that contribute to depression and lessen underlying sensitivity to future episodes of depression. Sometimes antidepressant therapy is also indicated.

Tips for dealing with the symptoms of depression:

- Lifestyle changes such as increasing pleasant events, exercise and social support may be very helpful
- Learning to control worry and change negative thinking might require professional help but is a key component in dealing with depression
- Learning how to relax and sleeping well are important factors
- Making healthy changes to one’s life will increase a sense of control and help to combat hopelessness

Finally, remember that help is available for depression. Never, ever give up. To read more about depression go to: <www.beyondblue.org.au> or <www.blackdoginstitute.org.au>.

Deanna Pitchford is a clinical psychologist who works and teaches in Brisbane and this is her story.
Pastor Harold Harker was a pioneer Adventist preacher and evangelist who spent 64 years in ministry—possibly a South Pacific Division record. Born in England into a prosperous merchant family, as a child he emigrated to New Zealand. He left the Anglican tradition he loved to become an Adventist while in his mid-teens due to the example and influence of his older sisters.

After four years in NZ colporteur work, Harold attended Avondale College in 1899 and 1900, and often travelled around Cooranbong with Ellen White and dined in her home. In 1901, he became a colporteur leader—and married one of his trainees, 18-year-old Ann Gadsden. They had seven children. Harold moved his family 60 times in 30 years and served the Church in every state of Australia before settling down as a pastor in Sydney with a particular interest in the radio ministry then in its infancy.

Past 70 years of age, Harold retired to Dora Creek, NSW, but within two weeks was bored, giving Bible studies and soon established a new church plant. When the church building was completed, and debt free, he moved to Stanthorpe, Qld, to build up the congregation and finish the church building there. Past 80, but still energetic and motivated, he and Ann then moved back to the Blue Mountains area in NSW and raised up a new congregation at Warrimoo and built the church there. Increasingly deaf, Ann “grounded him” by taking his bicycle away—so he walked 20 miles a week around the community. Often his wife would come home from shopping to find a piece of furniture missing—“The Lord has been so good to us Ann and these dear people were so much in need!” Any time he had more than $A200 in the bank he felt he was not supporting the Lord’s work enough.

He was pastoring at Warrimoo when he died at 87—and, until then, being deaf, preached very loudly! “Don’t shout Harold,” Ann would scold!

He never served as a departmental director or church administrator but many who later did, served their ministerial internship in his care. His preaching was always characterised by a deep fervour, and his ministry by a deep concern for the needy and unfortunate. The Harker Teaching Materials Centre at Avondale College is named in his memory and his full life was recently documented in the book, *Deeply Esteemed*, by his grandson, Dr Barry Harker.

Dr Lester Devine is director emeritus of the Ellen G White Seventh-day Adventist Research Centre.

Cedarvale Health & Lifestyle Retreat is offering a 1 year Health Ministries course.

The course offers the following:
- Massage
- Nutrition
- Biblical Basis for Health Evangelism
- Medical Terminology
- Herbalism
- Community Health Outreach
- Health Retreat Work Experience
- Career opportunities
- Accredited Certificate 4 Training, with Austudy assistance available.

For more information please contact:
Cedarvale Health & Lifestyle Retreat
2999 Moss Vale Road, Fitzroy Falls NSW 2577 Australia
Phone/Fax: 02 4465 1362
E: cedarvale@fastrac.net.au | www.cedarvaleretreat.com.au

Do you know?
- The people in the photo
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Cheerful, happy pastor

Pastor Harold Harker was a pioneer Adventist preacher and evangelist who spent 64 years in ministry—possibly a South Pacific Division record. Born in England into a prosperous merchant family, as a child he emigrated to New Zealand. He left the Anglican tradition he loved to become an Adventist while in his mid-teens due to the example and influence of his older sisters.

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Do you know?
- The people in the photo
- The location of the photo
- The date the photo was taken

Send to heritage@avondale.edu.au
Did you ever stop to consider that the church you attend was once a church plant? Someone launched out in faith to see God’s work expand and your church was planted. Perhaps you came to accept Jesus in your church. Lives are being changed for eternity because someone left their comfort zone for the sake of the Gospel. Church planters are missionaries.

An interesting quote from Ellen White says, “Upon ALL who believe God has placed a burden of raising up churches” (Medical Ministry, p 315). As you are stuck in traffic in a congested downtown area, as you drive through the suburbs, as you pass through remote country towns, do you feel a burden to see a church raised up to reach those who have not heard our message? This is a burden that God wants all of us to have.

Between the years of 1995 and 2001, there were 18 churches planted in the Texas Conference. That may seem like a lot, but it only adds up to 2.5 churches per year. Based on the total number of churches in the Texas Conference, the growth rate would be around 1.25 per cent. Is this an acceptable rate of growth? In 2002, with a vision for the future, a church planter department became part of the ministry of the Texas Conference. As a result of an increased emphasis on planting, between the years of 2002 and 2010, there were 114 churches planted in the Texas Conference. An average of close to 13 churches per year were planted during this nine year time frame. This is still far short of the kind of growth needed to reach the major population centres. However, progress has been made and God’s work is advancing.

One of the challenges with church planting is the financial constraint. How can a conference hire a full-time pastor/church planter when there is only a small group of people planting a church and not nearly enough tithe to support their salary? As a result, the progress of church planting has been slow to non-existent for many conferences in North America. So, how has Texas planted 114 churches? There are nine full-time church planters (one has two churches), so this category represents 10 church plants. There are 33 church plants where a pastor has added a new church to their district. We praise God for lay people who have supported their pastor in this endeavor! And there are 10 churches where the leader is receiving a stipend. These three methods represent 46 per cent of the church plants in Texas. But, what about the other 54 per cent? The other 61 church plants are led by lay people with a burden for reaching the abundant harvest.

Lay church planters include an architectural engineer, a post office employee, a UPS supervisor, a medical doctor, a nurse, a high school teacher, a high school principal, an electrician, business men and women and some who are retired. The enthusiasm of these dedicated workers is contagious. They are on the front lines entering enemy territory for God’s glory. As a result, they witness miracles and God’s power on a regular basis. Their greatest passion in life becomes ministry!

Support and training is important for any church planter. Texas Conference provides a coach for every lay planter and their group. This coach is a full-time pastor. They take the time to invest themselves in the development of the leader and the group for maximum effectiveness. In addition, area church planting rallies feature quality presentations and seminars for further training. Consider attending the NNSW Conference, Church Planting Conference at Yarrahapinni, March 4-6, and I will share more insights into how God is leading this work.

Jesus tells us that the harvest is plentiful (Matthew 9:35-38)! New churches are needed! Pray and seek God’s will for you in this exciting adventure called “church planting”. 

Tom Evans is associate director of the North American Division Evangelism Institute.
Biblically based and focused

Are we in danger of losing the Bible?

If you are sitting in church, take a look around. Just notice how many Bibles are being used? Is the preacher actually quoting Scripture and encouraging the members of the congregation to read passages from the Bible? And try to add up how much time you are actually spending reading and/or studying your own Bible—honestly.

When I started to write this Snap Shot, I wanted to say that our Church is special because we are biblically based and biblically focused. That is something for which I have always been proud and thankful as a member of the Church.

But I had to pause. You see, while I can certainly say that our beliefs are biblically based, I am just not so sure that as members of the Church we are as biblically focused as we once were. Maybe I am wrong. I hope so. But what if I am not wrong?

Ellen White was a passionate believer and promoter of the Bible. Let me share a few pertinent words from her pen: “I recommend to you, dear reader, the Word of God as the rule of your faith and practice” (*Early Writings*, p 78).

“The Spirit was not given—nor can it ever be bestowed—to supersede the Bible; for the Scriptures explicitly state that the Word of God is the standard by which all teaching and experience must be tested” (*Great Controversy*, Introduction vii).

Our Church can only be special if it is biblically based and focused . . . and we are the Church!

---

Dr Barry Oliver is president of the South Pacific Division of the Seventh-day Adventist Church.
We are looking for people called by God to leave the comfort of their local church and start a new movement, a Church Planting movement. A host of presenters from Australia and United States will be presenting over the weekend, including keynote speaker Tom Evans.

Where: Yarrahapinni Youth Centre, NNSW Conference

For more info phone NNSW Conference on (02) 4951 8088 or email empower@adventist.org.au

Register Now:  nnsw.adventist.org.au/empower
**POSITIONS VACANT**

- **Clinical care manager—Adventist Aged Care (Sth Qld) (Capricorn Adventist Retirement Village, Yeppoon, Qld).** Adventist Aged Care is seeking a suitably qualified and motivated person to lead our aged care team at Yeppoon. Duties will include providing clinical oversight of the 66 (high/low and special care) beds, ensuring that the quality of care provided exceeds government standards and ensuring that financial and human resource benchmarks set by the corporate office are met. Demonstrated knowledge and skills in contemporary aged care delivery an advantage. Located 38km north-east of Rockhampton, Yeppoon is the gateway to the Capricorn Coast and beautiful Keppel Bay and offshore islands. Enquiries to: Paul Mitchell, Chief Executive Officer, Adventist Aged Care (Sth Qld), 1/3974 Pacific Hwy, Loganholme, Qld, 4129 or phone (07) 3451 5900 or email <paulmitchell@adventist.org.au>. Applications close February 25, 2011.

- **Healthy Adventist Churches assistant—North NZ Conference.** Take on a brand new ministry opportunity that focuses on supporting local churches to reach and serve their communities. If you love being part of an action team, a full-time position is available. The NZNC Healthy Adventist Churches Team provides mentoring, coaching and support to local churches in the areas of leadership, church planting, church health, children, youth, worship and spiritual growth. A job description is available on the NZNC website <www.nznc.org.nz>. If you wish to apply for this exciting new position, send us your CV with a statement on why you believe you are the best person for this role. Email <btimothy@adventist.org.nz> or send to The General Secretary, North New Zealand Conference, Private Bag 76900, Manukau City, Auckland 2241.

- **Sales representative—Sanitarium Health and Wellbeing (Sydney, NSW)** is seeking a highly motivated person to join our sales team based in Sydney. This role provides an excellent opportunity for someone who wants a challenging and satisfying role and provides the scope to develop a career in the FMCG industry. Responsibilities include the introduction and ranging of new products to stores, ensuring store compliance with sales initiatives and managing and implementing shelf management at store level. You should possess sound negotiation and interpersonal skills, be highly self-motivated, dedicated and be able to work as an individual as well as within a team environment. Previous sales experience would be an advantage. If you would like the opportunity to work with a mission and values driven company, then we would like to hear from you. Please apply online at <www.sanitarium.com.au/about-us/career-opportunities>. Applications close February 25, 2011.

- **Administration assistant—It Is Written Oceania (Wahroonga, NSW)** is seeking a full-time admin. assistant. Flexible working arrangements are possible. For information about It Is Written Oceania visit <www.itwrittenoceania.tv>. The successful applicant will assist in day-to-day management of the database system for recording donations, creating reports and mailing lists; handling phone and web enquiries; coordinating the ministry resources, providing general administrative support and other administrative support activities as requested from time-to-time. The successful applicant must be a baptised member of the Seventh-day Adventist Church with full commitment to its message, mission and lifestyle. He/she should have interest, skills and experience in working within a small team; effective communication; coordinating projects to ensure deadlines are met; attention to detail and accuracy; willing to take the initiative to develop the role’s responsibilities; and public and personal evangelism. Overseas applicants should ensure they can satisfy Australian working visa requirements before applying for this position. Applications and enquiries should be directed to: Kelvin Dever, Corporate Services, Adventist Media Network on (02) 9847 2222 or email <kalvin dever@adventistmedia.org.au>. Applications close March 11, 2011.

**POSITIONS VACANT**

- **IT administration assistant—South Pacific Division (Wahroonga, NSW).** The Seventh-day Adventist Church (SPD) Ltd is seeking expressions of interest from suitable candidates for the position of senior systems engineer to ensure the stable operations of IT infrastructure managed by the SPD Information Technology department. This full-time role involves installing, configuring, monitoring, troubleshooting, optimising and maintaining all hardware and software, as well as suggesting and implementing various process improvements to manage the corporate infrastructure for availability, resilience, and sustainability. All written applications, including your CV, three work-related referees and the contact details of your local church pastor, must be forwarded to: Human Resources, Seventh-day Adventist Church (SPD) Ltd, Locked Bag 2014, Wahroonga NSW 2076, Australia; email <hr@adventist.org.au>; fax +61 (2) 9489 0943. Applications close March 4, 2011.

- **Senior systems engineer—South Pacific Division (Wahroonga, NSW).** The Seventh-day Adventist Church (SPD) Ltd is seeking expressions of interest from suitable candidates for the position of senior systems engineer to ensure the stable operations of IT infrastructure managed by the SPD Information Technology department. This full-time role involves installing, configuring, monitoring, troubleshooting, optimising and maintaining all hardware and software, as well as suggesting and implementing various process improvements to manage the corporate infrastructure for availability, resilience, and sustainability. All written applications, including your CV, three work-related referees and the contact details of your local church pastor, must be forwarded to: Human Resources, Seventh-day Adventist Church (SPD) Ltd, Locked Bag 2014, Wahroonga NSW 2076, Australia; email <hr@adventist.org.au>; fax +61 (2) 9489 0943. Applications close March 4, 2011.

**SUPPORTING MINISTRY**

- **Doctor or naturopath—Cedarvale Health and Lifestyle Retreat** has a position for an individual who has a passion for a lifestyle and natural therapy approach to health, treatment of disease and its prevention. Responsibilities include consultations, health lectures, and community/church health presentations. A great opportunity may also exist to be involved with teaching health subjects and working with mainly youth in our one-year health evangelism training program. Cedarvale has for over 20 years offered health recovery programs for a wide range of conditions. For location and health centre details see <www.cedarvaleretreat.com.au> and for more position information click on the “courses” tab. For an application form contact the manager at <cedarvale@fastnet.com.au> or phone (02) 4465 1362.

**WEDDINGS**

Hedges—Currie. It was a happy day for Allan Hedges and Sandra Currie, daughter of Daph and the late Alf Kemp (Victoria Point), when they exchanged marriage vows on 21.11.10, in the presence of family and many friends at the Victoria Point Church, Qld.

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Hurley—Evans. Damon Douglas Hurley, son of Douglas and Angela Hurley (Rangiora, NZ), and Cherie Nicole Evans, daughter of Gregory and Suzanne Evans (Wahroonga, NSW), were married 21.11.10 at Ilam church, Christchurch, NZ.

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Kerr—Donohue. Gary William Kerr, son of William (deceased) and Barbara Kerr, and Paula Faye Donohue, daughter of Keith (deceased) and Edna Green (Broken Hill, NSW), were married 28.11.10 at Broken Hill church, NSW.

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Pablo Lillo

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Gregory Evans

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Colin Richardson
Menadue—Greaves. Stephen Martin Menadue, son of Colin and Pamela Menadue (Adelaide, SA), and Katareena Valmae Greaves, daughter of Volrad Topperwien (Adelaide) and Judith Crane (Mil- licent), were married 21.11.10 at College Park church. 

Lee Bowditch—Walsh

Smith—Hemaloto. Gareth Smith, son of Carolyn and Graeme Smith (Sydney, NSW), and Sara Hemaloto, daughter of Sue Vea (Rangiora, NZ), were married 14.11.10 at Rangiora church, NZ. James Toogood, Erik Kral

Topperwien—Walker. Malcolm Topperwien, son of Lindsay and May Topperwien (Perth, WA), and Kylie Walker, daughter of Stephen and Michelle Walker (Perth), were married 7.11.10 at Fremantle church.

Andrew Skeggs

OBITUARIES

Butler, Anthony (Tony) John, born 31.12.1920; died 27.11.10, at most 90 years old. He was married to Rita, who predeceased him on 28.6.1995. Tony is fondly remembered by the families of Isabel, Lesley, Benndad, Garth, Trevor and Jan, Frank, Jean, Marie, Shane, Leianne and Julia; many grandchildren and great-grandchildren. He was loved by the Kaitaia, Papatoteteo Maori and Manna Park churches (North NZ Conference). Tony is asleep in the Lord, awaiting the glorious resurrection morning, in a family cemetery overlooking the sea.

Paul Hopson

Hammond, Owen Clifton (Cliff), born 22.6.1915 at Jones’ Island; died 6.12.10 at Taree, NSW. He married Thelma Maud on 12.3.1939 and then Kathleen Joy Eigkins on 12.2.00. Cliff was predeceased by Thelma and Ronald Hammond. He is survived by his wife, Kathleen; his children, Mar- gery, Ruth, Geoffrey, Kathleen, Lyndal and Tony, 17 grandchild- ren; 26 great-grandchildren; and a great-great-grandchild. Cliff was a very successful farmer in the Manning Valley District and began a prosperous auction- eering business. He was not baptised as an Adventist until 24.4.04, aged 89. He fell in love with the Taree church and its message and did all he could to love those with others.

David Kosmeier

Kelly, Daphne May, born 29.11.1936 at Newcastle; died 25.11.10 in the Mater Hospital, Newcastle. She is survived by her mother, Miriam Chapman, hus- band Geoff, brother Kevin, sisters Lillian, Patricia and Barbara and her two children Trevor and Sandra and their families. She was a devoted mother and had a deep love for Jesus and looked forward to His return. She will be deeply missed by family and friends.

Ray Jerrard, Kevin Amos

Seddon, Leonard Tracy, born 17.7.1919 at Auckland, NZ; died 5.12.2010 at Switzer Residential Care in Kaitaia, NZ. He was the much-loved husband of the late Phyl; cherished father of Jan and Trevor; Christine and John and Vivienne and Derek; and a grandfather dearly loved by his eight grandchildren and seven great grandchildren. Uncle “Len”, as he was fondly called by many, will be greatly missed by his church family in Kaitaia and he will be remembered for his faith, dedication and willingness to serve his Lord and Saviour.

Frank Too, Gary Harwood and Patrick Coogan

Endless Praise is urgently seek- ing a male guitarist (electric and/or acoustic/bass) and also a sound technician and bus driver to be part of the 2011 team. For auditions or enquiries please contact us via email <ep@ epraise.com.au> or phone +61 2 8783 7000; or go to <www.epraise.com.au> and contact us through Facebook.

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