Meet the team

We know what you’re thinking—"that's one good-looking group".

Putting together a fortnightly magazine and weekly television show doesn't happen by accident—it takes the dedication and hard work of a team.

You may have come to recognise our faces over the years, but now we're inviting you to get to know us as people. Which one of us has spicy Thai noodles for breakfast? Can you guess which
team member speaks fluent Greek? And guess who is wary of beautiful Samoan netballers?

**Australian NGOs call on PM to stand #WithSyria**

Following on from the candlelight vigil a fortnight ago, the Adventist Development and Relief Agency, along with other members of the #WithSyria coalition, are calling on the Australian government to "make this the last anniversary of the Syrian conflict".

**True stories tell well**

A Seventh-day Adventist arts festival has staged and screened two Australian premieres to critical and popular acclaim during its annual celebration of faithful creativity.

**Read Adventist Record**

The first "Stackelroth" edition of *Adventist Record* for 2014 has arrived. Be sure to get your hands on a copy—in churches tomorrow!

**Watch/download InFocus**

Religious freedom expert James Standish says the time for helpless hand-wrinking on North Korea is over.

Making the Bible engaging for the non-reader.

Dr James Wright shares some disturbing research on a balding condition called "alopecia areata" that has
Stoning and fever

After a week of preaching in the village of Ringi (Solomon Islands), Avondale Theology students Rome Ulia and Sean Tavai were told they had “disturbed a hornet’s nest”. They learnt what that meant when an angry mob stoned the house they were sleeping in.

Rescued from prison

Helen Eager is well past retirement age and could be forgiven for putting her feet up and enjoying her retirement years in Australia. Yet this remarkable woman has, for more than three decades, been fighting for a better life for society’s most vulnerable in India, Nepal and Bangladesh.

Out of control

Two things are guaranteed when a teenager starts learning tragically led to some teenagers to despair and self-harm. Is there any answer?
to drive: excitement for the child, and extreme stress for the parent.
Meet the team

Kent Kingston

Record InFocus producer and host, assistant editor

What do you like to do when you’re not at work?

Read travel books, paddle a kayak on Lake Macquarie, spend time with my family and friends. Try to get healthy and walk the dogs.

This is the longest time you’ve ever spent at any job. Why?

I really appreciate the leadership (the people and style): they’re very empowering, letting me take ownership and be innovative and try different ideas. I also appreciate the opportunity to have influence across the whole South Pacific Division and beyond. It’s a bit of a buzz. The team are friendly, positive, encouraging and bring a sense of fun. We sometimes agree to disagree. No-one takes it personally or if they do they don’t complain to me about it. Working in this part of the Church we get to link with key people and everyday people. It’s inspiring, challenging and builds my faith.

What are your dreams?

I’d like to be healthier by my 40th birthday than I was at my 30th. I’ve only got five months to go! I have an outrageous dream of travelling around the world without using an aeroplane.

James Standish

Editor and communication director, Public affairs and Religious liberty liaison

What are your favourite sports?

Cricket and American football. They are both so strategic. I used to love playing cricket in the backyard with my brother, who thought he was Denis Lillie. I’ve been hit pretty much everywhere with a cricket ball. American football is like chess, ballet and brute strength all wrapped up in one.
What do you consider your greatest career achievement?

Following where God led rather than staying in the gilded cage of the corporate law firm; it’s meant an awful lot less cash and a far richer life.

Adventist Record readers hear lots of your stories through your editorials but what is one thing they don’t know about you?

I love hot spicy Thai noodles for breakfast. That kicks off the morning right! What can I say? I’m a missionary kid . . .

You’re always entering the office singing. If you could pick one song to describe working at Record, what would it be and why?

It’s a Beautiful Day. That’s what I feel like most days working with our team. Stop rolling your eyes—it’s true! Of course there is the odd day when I say to myself, in the immortal words of the Smiths, Heaven Knows I’m Miserable Now. But it’s a genuine rarity. Generally, I’m Happy. And profoundly grateful to God, to the leaders who invited me to join the team (Barry, Chester, Neale) and to my colleagues, each of whom is a genuine All Star.

Linden Chuang

Adventist Record assistant editor—digital

What’s your favourite aspect of working at Adventist Record?

Mixing faith and fun at work.

It’s well known that you love animals and even keep a couple of reptiles. If you could keep any animal, what would it be?

While I wouldn’t “keep” one necessarily, I’d love to have a killer whale as a mate—sort of Free Willy style.

What biblical story would you like to see made into a movie?

It’s not so much a Bible story per se, but I’d love to see a movie based in heaven. I often wonder how God and the angels react to things that happen here on earth. What would the scene in heaven have been like when Christ was born, or when he was crucified? The Bible says there is much rejoicing in heaven when a sinner repents—what does that look like? I think Jonah’s story would also make for a good movie.

You’re working a lot with the Record website. What would you most like to see Record achieve online?

To be a major online resource/hub filled with inspiring stories, the latest Adventist news, health and lifestyle tips. Kind of what we are doing now but bigger and better. A place people visit to learn and grow in their faith.

Theodora Amuimuia

Sales and marketing, InFocus make-up and autocue

What’s the favourite part of your job here?
I like InFocus on Monday mornings, helping guests with hair and make-up. I also enjoy the part that's not really my job—graphic design. My role has allowed me to learn heaps more about design and I'm enjoying it.

**Given that your favourite movie is *The Sound of Music*, what are a few of your favourite things?**

Girls in white dresses, blue satin sashes! Hahaha, I don’t know I like a lot of things. I like playing tennis, watching movies, eating good food.

**Without being biased, what is the most beautiful part of this Division?**

Far North Queensland: there is everything—beaches, islands, Great Barrier Reef, rainforests, let’s not forget mangos. Oh, am I supposed to say Samoa?

I said without being biased! Some people say that you’re really the boss around here. You seem to know where everything is kept and what needs to be done. Is it true?

Of course! (laughs).

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**Vania Chew**

*PR and communication assistant*

**You are the newest member of the team. What is your role?**

Anything James asks me to do. Focusing on public relations, monitoring people’s perspectives on the Adventist Church, crisis management, keeping Dora entertained.

**What's your favourite thing to do on a Sunday arvo?**

Reading or if it's nice weather, the beach.

**A talent Adventist Record readers wouldn't know you had?**

I speak Greek.

**What's it like working for the Church?**

Working in an Adventist environment is nice. All of my schooling and work has been outside the Church. It's just completely different. At my old job everyone was quite anti-God. They were quite disparaging when talk about God came up.

**If you could give an issue of Record to anyone, who would it be to and why?**

I would give the Christmas issue of *Record* with Linden and Bri to the homeless guy I met in Pitt St, Sydney, when I was in uni. He said he didn’t believe in love.

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**Jarrod Stackelroth**

*Associate editor, InFocus floor manager*

**What keeps you busy outside of work?**
I love to read and play basketball. I lead the drama team at my church, which means writing a script once a month, practising and performing. That’s fun. Cell groups, cooking and exercise keep me busy! Have to get my 10,000 steps a day!

If you could, what would you tell yourself 10 years ago?

Don’t worry about the future. Just follow God’s leading, do your best and enjoy life. And watch out for beautiful Samoan netballers.

Is that watch out good or watch out bad?

No comment (laughs). I have to say good.

What do you enjoy most about working at Adventist Record?

I enjoy the opportunity to bring people’s stories to life. God is doing amazing things in so many lives around us and it’s great to be able to use Record to tell those stories and hopefully inspire and encourage people while giving glory to God.

Tracey Bridcutt
Copyeditor

What has been your greatest achievement so far?

Three beautiful children.

What do you enjoy about working at Adventist Record?

The morning teas (we had one this morning), the people, it’s a great team environment and being part of the Church’s work in the South Pacific.

You also work at a mainstream news publication. What stands out to you as special from your years in journalism?

I’ve interviewed people from all walks of life, from celebrities, politicians, people celebrating achievements, births and anniversaries, to those who are suffering hardships, the terminally ill and the homeless. It really gives you a perspective on life. My main interest is helping others by writing stories that encourage people to take up campaigns and support worthy causes like sick children, charity projects, emergency and disaster situations.

From all these interviews, what have you learnt about people?

I have learnt that there are some amazing people out there who are very passionate and willing to give up everything in order to help others. I find that really inspirational. There are so many volunteers—Christian and non-Christian—willing to sacrifice time and money for a good cause.

What are your interests outside of work?

Bushwalking, going to the beach, reading, watching movies.

If you could create your own ice-cream flavour what would it be?

It would have to involve chocolate. Chocolate with raspberry chunks!
Australian NGOs call on PM to stand #WithSyria

Wahroonga, New South Wales

Following on from the candlelight vigil a fortnight ago, the Adventist Development and Relief Agency (ADRA), along with other members of the #WithSyria coalition, are calling on the Australian Government to "make this the last anniversary of the Syrian conflict".

An online petition calling on Prime Minister Tony Abbott and government MPs to end the conflict was launched earlier this week, with the campaign seeking 2500 signatures of support.

A United Nations official earlier this year described the Syria civil war as "the great tragedy of this century—a disgraceful humanitarian calamity with suffering and displacement unparalleled in recent history." More than 100,000 people have been killed (including 10,000 children) since the war began three years ago.

Along with ADRA, other organisations a part of the #WithSyria coalition include Amnesty International, Act for Peace, Caritas Australia, Save the Children Australia and World Vision Australia.

Click here to view the petition.
Petitioning The Hon. Tony Abbott

**Australian PM and MPs: Make this the last anniversary of the Syrian conflict.**

Petition by  Stand #WithSyria Australian NGO coalition (Amnesty International, Act for Peace, ADRA, Caritas Australia, Save the Children Australia, World Vision Australia)

The conflict in Syria is the worst humanitarian crisis of the 21st century. Every day children, women and men in Syria are living through unspeakable horror. Nearly half the population has been forced to flee their homes in fear. Over 100,000 people have been killed, including over 10,000 children.

We are appalled at the scale of suffering and inspired by the depth of courage of Syrians struggling to survive the conflict.

After three years of violence, we must show our leaders that we will not give up on the people of Syria, that they must act to bring an end to the bloodshed and to get aid to all those who need it.

Sign the petition below to let Australian parliamentarians know that you stand #WithSyria.

Watch:
Save the Children UK's Most Shocking Second a Day Video

World Vision's Children of the Syria Conflict

This change.org petition is supported by: Amnesty International, Act for Peace, Adventist Development and Relief Agency, Caritas Australia, Save the Children Australia and World Vision Australia.

To find out more visit www.with-syria.org.

Photo credit: Sam Tarling/Oxfam

To:
The Hon. Tony Abbott, Prime Minister
The Hon. Julie Bishop MP, Minister for Foreign Affairs
The Hon. Bill Shorten MP, Leader of the Opposition
The Hon. Tanya Plibersek MP, Deputy Leader of the Opposition, Shadow Minister for Foreign Affairs and International Development
The Hon. Joe Hockey MP, The Treasurer
To: Senator Christine Milne, Leader of the Australian Greens
The Syrian crisis has raged for three years and vulnerable people, particularly women and children, are facing unimaginable suffering. This needs to stop. The Syrian people just want to live in peace with their human rights respected.

I ask you to ensure the Australian Government and all members of Parliament stand #WithSyria. Australia should build on its actions to date and:

1) Meet humanitarian needs. Give Australia's fair share to the $6.5 billion UN Syria Appeal in 2014.

2) Help end the bloodshed. Increase diplomatic efforts to end the violence, protect civilians and increase access to humanitarian aid.

3) Support inclusive peace talks with active involvement of civil society groups, including women.

This issue matters to me.

Sincerely,
[Your name]

WATCH: True stories tell well

Cooranbong, New South Wales

A Seventh-day Adventist arts festival has staged and screened two Australian premieres to critical and popular acclaim during its annual celebration of faithful creativity.

Chariot: the Eric Liddell story and Hell and Mr Fudge both featured at the Manifest Creative Arts Festival, which Avondale College of Higher Education hosted on its Lake Macquarie campus, March 20-23.

The former tells of a British Olympian who is asked to run in the games for his country on his Sabbath. It starred David Robinson and Michael Taylor of Searchlight Theatre Company. The United Kingdom-based drama troupe staged the production with eight supporting actors from Avondale. The cast members “contributed to making this an engrossing and very human story,” wrote Ken Longworth in Newcastle’s *The Herald*.

Almost 1000 people saw Hell and Mr Fudge at screenings presented by Manifest and Adventist Book Centres in Melbourne, Sydney, Cooranbong and Brisbane. The period, faith-based feature film is based on the true story of a preacher called Edward Fudge who questioned his church’s belief in an ever-burning hell—and what those questions cost him. Executive producer Pat Arrabito introduced the film before each screening. She spoke to more than 400 people at Springwood Seventh-day Adventist Church, which had sent letters of invitation to more than 200 contacts. Fudge’s emphasis on grace and how he came to understand the immortality of the soul impressed senior minister Pastor Travis Manners. “Hell and Mr Fudge highlighted the importance of using story to communicate a message,” he says. “Jesus used stories. Why don’t we use them more, too?”

The screening at Avondale followed Manifest’s first major event, the Breath fine art exhibition. Curator Shelley Poole used works by 22 Adventist artists to tell the story of creation. Associate Professor Daniel Reynaud opened the exhibition by noting how the concept of breath—from descriptions of the Holy Spirit to God giving life to man—is embedded in the story, which is fundamental to Adventist identity. “Despite our long history of not quite knowing what to do with the arts, the breath, the creative spirit is core to our existence.”

This is particularly true for the recipient of the Gabe Reynaud Award, which Manifest names after the pioneering Adventist filmmaker. Avondale alumnus Graeme Frauenfelder dedicated it to the everyday creatives who will never receive an award. Graeme is a casual academic, a storyteller and a trainer. But he is best known as a clown, particularly at community-building festivals coordinated by Christians during the past five summer Olympics. He
regularly travels the world—a camp for those displaced by the Sichuan earthquake in China, cross-cultural community-building and enrichment festivals in Johannesburg, South Africa, and creativity training in villages in Zambia, for example—to enrich the lives of others. Graeme’s philosophical approach and sophisticated intentionality to the practice of creativity is impressive, says Manifest co-convenor Joanna Darby, an Avondale alumna and artist who is a previous recipient of the award. “But what’s more impressive: he’s persisted without privilege, often without funding or institutional support, and he’s consistent, pouring creativity into his personal relationships and daily interactions with people.”

Manifest awarded others for excellence in faithful creativity. Teacher Blake Robinson won the Avondale Choral and Instrumental Music Prize while Melbourne-based young adult Jayneen Orwa won both the Institute of Worship and Psalter Music Prizes for song composition. Brothers Karl and Nick Lindsay each received a prize, Karl the Avondale Fine Art Photography Prize and Nick his second Hope Channel Prize. Writer Linda Brooks won the Signs Publishing Prize.

The festival closed with a cathartic concert. Despite singing his songs and appearing on the cover of one of his albums, vocalist Sally Hilder and contemporary Christian music pioneer Robert Wolfgramm had never performed on stage together. All My Friends Are Sinners, which doubled as the launch of three re-released albums from Galilee Records and a new book about the label, reunited the artists for the first time in 35 years.

Click here to see more highlights from Manifest.
Theology students Rome Ulia and Sean Tavai had a rough introduction to Avondale College's cross-cultural mission program. After a week of preaching in the village of Ringi (Solomon Islands), they were told they had “disturbed a hornet's nest”. They learnt what that meant when a mob stoned the house they were sleeping in. Despite the threat, Rome and Sean continued preaching. Remarkably, at the conclusion of the series, through God’s grace more than 40 people were baptised and a further 200 made decisions to follow Jesus in baptism. Among those who gave their lives to Jesus were those who had stoned the house. “God has not only brought us to a place where we were sent to bless, but has sent us there also to be blessed,” Rome says.

On the nearby island of Gizo, students Moses Depaz and Daniel Christie were preaching when Daniel fell ill with dengue fever. He came down with a splitting headache and after three days was hospitalised. Moses stepped in to preach the rest of the campaign. The daughter of the local church deacon asked why God would allow the evangelist to be sick at such a critical time. This became a large struggle for the community. By God’s grace, Daniel was discharged on the final Sabbath and was there to witness 44 baptisms that came as a result of the campaign. “God is still with us even when we don’t understand what's going on,” Moses says.

As part of the same program, Avondale lecturer Dr Kayle de Waal ran a series with Joel and Rachel Slade at Sun Valley, outside Honiara. This was a hot spot during the ethnic tensions some years ago and an unruly gang still held influence. On the first Tuesday night Kayle made a passionate call for people to start their life anew with Christ. The raskol leader under heavy conviction came forward and surrendered his life to the Lord. He was followed by 20 others. Later when Joel made a call for baptism the leader addressed the crowd pleading for his mates to decide for Jesus. He was influential in impacting the whole community to consider accepting Christ and the Advent message.

We thank God for the local pastor, Jack Maega, and his team who had sowed the seed. Since then they have conducted a Bible camp for the raskols and expect many baptisms.

Students Ben Reynolds and Jared Smith conducted a campaign on the island of Malaita. Ben’s computer hard drive crashed six hours before preaching—the presentation was recovered only three minutes before he was scheduled to preach. “God certainly takes you right to the edge,” Ben says.

In total, the five campaigns run by Avondale Theology students resulted in 172 baptisms and 311 decisions for baptism. Participating students have rejoiced in the baptisms and reported an increased passion for the lost and a
greater confidence in the message of the Seventh-day Adventist Church. And all students on the trip reported that the experience was very helpful in preparing them for full-time ministry.

Due to the success of the program, Avondale is now requiring theology students to do at least one cross-cultural mission trip. Avondale’s Ministerial Training and Scholarship Fund (AMTSF), chaired by Pastor Vern Parmenter, provided $10,000 for the five campaigns and continues to support the program. Avondale College is very grateful for the support and generosity. In June, a new group of students will be heading to Malaysia to conduct evangelistic outreach.

Whether we face stone-throwing mobs, crippling disease, technical challenges or ethnic unrest, the Gospel must go to every community on earth. Avondale theology students are getting hands-on training so that they can play their part in preaching the good news of Christ's soon second coming—no matter what obstacles they face.

If you would like to help AMTSF provide scholarships to theology students to assist in covering the cost of evangelism and completing their studies please send your tax deductible donations to Avondale College, marked for AMTSF.

Dr Murray House is senior lecturer in Ministry and Theology at Avondale College of Higher Education. Alex Green is a third year theology student from Morisset, NSW.
Helen Eager is well past retirement age and could be forgiven for putting her feet up and enjoying her retirement years in Australia. Yet this remarkable woman has, for more than three decades, been fighting for a better life for society’s most vulnerable in India, Nepal and Bangladesh—children like Yuvraj, who “Mummy Eager” affectionately refers to as “my small boy”.

Yuvraj was only 15 months old when he and his infant brother, Siti*, were locked up in a Nepalese prison with their 24-year-old mother. She was charged with the murder of her mother-in-law and given a 20-year sentence.

Yuvraj had already spent one year of his young life in prison when he came to Helen’s attention. His mother was trying to breastfeed her malnourished sons but due to an inadequate diet and lack of medication was rapidly deteriorating in health. Yuvraj was a mischievous child who loved to wear Helen’s sandals and receive her hugs when she visited.

By agreement with his young mother and the prison authorities, Helen placed Yuvraj in one of the 3 Angels Nepal (3AN) children’s homes where he quickly settled down and made friends with the other children.

Helen Eager with some of the children.

A high percentage of female prisoners in Nepal are incarcerated on the Rule of Garbhabat (destruction of life). This rule includes infanticide, stillbirth, natural or induced abortion, or abandonment in an attempt to bring about death. The offence inevitably incurs a 20-year prison term. There are only two options for incarcerated women in Nepal—take their children into prison or leave them to try and survive on the streets.

Life for Nepali women can be difficult even under normal day-to-day situations. Nepalese culture tends to favour males. This, linked to an active caste system and high illiteracy, often results in the underprivileged being incarcerated without legal aid or early trial.

And prison is no place for a child. Not only harsh and demeaning, it's dangerous to mental, emotional and physical wellbeing. While conditions vary across prisons in Nepal, they are not luxurious by any stretch. Freezing temperatures in winter and stifling heat in summer are climactic norms. Some Nepalese prisons provide only one cold water source—used for drinking water, cooking, personal washing and laundering. In summer, water supplies may be limited due to increased demand as tourists flock to the cities and towns. Fetid toilets drain into open sewers. Food is
limited to a daily ration of 250 grams of rice per adult plus 10 rupees for whatever else the prisoner requires. Even the rice is of second-grade quality and contains extraneous material, which must be removed to make it useable. Soap is a luxury few prisoners can afford and so they live with scabies, lice and fleas. Sewer-bred rats share their facilities and mosquitoes suck their blood.

No bedding or clothing is provided to a prisoner for the first 18 months with the exception of a jute mat on which to sleep. If children accompany the parent into prison, that mat becomes a family sleeping item. Prisoners are locked up in overcrowded cells each night—cells which often have either no toilet or just one open hole in the concrete floor. No running water is available during the night hours, making it hard for mothers whose children may have soiled themselves.

When Helen Eager moved to Pokhara in 2011 and began working with 3AN—headed by Rajendra Gautam and his wife, Sarah—she quickly identified the problems in Nepal’s prisons. At first it seemed to be an impossible task but Helen persisted, devoting her personal means and energy into opening up the prisons to the Gospel. Now, having gained access to 21 of the 73 Nepalese prisons, Helen leads out in this ministry, taking soap, blankets, Bibles, Christian literature and fresh fruit to the prisoners. Having won the confidence of the mothers, Helen is able, with their agreement, to take children like Yuvraj and place them in 3AN children’s homes where they are lovingly cared for, educated and happily listen to the Gospel.*

Yet, in the midst of this happiness, disaster struck. One day Yuvraj, being an adventurous child, while peering over the first-floor balcony, slipped and landed on his head on the concrete below. He was rushed to hospital with the expectation he would not survive.

Frantically, Helen pled with 3AN’s prayer partners around the world to pray for “her little boy”. God was gracious and Yuvraj has made an amazing recovery.

He’s still a little unsteady on his feet when he runs, but surrounded by love and encouraged by many hugs, he thrives in his life outside the prison.

He was particularly delighted when Janisha, a playmate from the prison, was later also brought to the children’s homes. The two children were like brother and sister but it took a few moments for Janisha to recognise Yuvraj due to
a haircut, a general clean-up and the wholesome food he’d been eating. Now they are inseparable at school and Sabbath School.

_Yuvraj in hospital after his accident._

But best of all, Yuvraj has learned to love Jesus. He loves to sing songs he has learned in Sabbath School and also to lead out in worships. Yuvraj’s mother, while in prison, has also learned to love Jesus. She enjoys contact with her son from time to time and receives photographs showing his growth and happiness.

Yuvraj is one of an increasing number of children being rescued from Nepalese prisons by 3AN and placed into children’s homes where they are lovingly cared for and educated for this life and taught of a life to come. It’s a ministry that gives much joy and satisfaction to “Mummy Eager”.

3 Angels Nepal is a partner organisation of Asian Aid. They are one of a number of non-government organisations involved in rescuing children from Nepalese prisons.

*Names of the other children in this story have been changed to protect their identity.

_Ross Goldstone is a retired pastor and sessional lecturer at Avondale College, who writes from Cooranbong, NSW. He's currently working on a book about Helen Eager and Asian Aid._
It seems like yesterday that my daughter was happily riding her tricycle around the backyard. Now she’s learning to drive.

While I’m trying to embrace the experience—especially knowing that she will soon be able to get around without relying on me as her taxi service—I have found that there’s something a little unnerving about having my child in the driver’s seat. I’m no longer in control.

My daughter is a very sensible young woman and I have great faith in her judgement, but I know how crazy it can be driving on Sydney roads. Questions cross my mind: Will she stop in time? What if a car suddenly veers into our lane? Will the truck roaring up behind us pass by safely? I find my hand hovering over the handbrake and not far from the steering wheel . . . just in case.

It has made me realise how much I like to be in control of my life. I feel uncomfortable when somebody else is behind the wheel. I generally run my own race without having to rely or depend on others; if something needs to be done I step in and do it myself.

It got me thinking about my relationship with God. Do I relinquish full control of my life to Him or do I always have a hand ready to apply the brake when I think it’s necessary? I have to admit that I’m inclined to cruise along happily until something goes wrong in my life and then I’m more than willing to put God in the driver’s seat.

In the Bible we see numerous instances where men and women had the choice of putting God in control—or not. I think of Joseph and how he allowed God to steer his entire life and never gave up his faith even when things were seemingly hopeless. Then, on the other hand, there was King Ahab, who preferred to be the master of his own destiny, with disastrous consequences.

God loves us and wants the best for us—so why do we hesitate to let Him take control? No doubt it comes down to faith and trust that He will get us through the roundabouts and speed bumps in life. I know in my own experience I need to work on my faith by spending more time on my knees and developing a closer relationship with God. How about you?

“Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him
and he will make straight your paths” (Proverbs 3:5-6).

Tracey Bridcutt is copyeditor of Record.