Adventist Teacher Tackles, Restrains Public School Bomber
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ABOUT THE COVER
Teacher Kennet Santana shares his gratitude to God and his passion for life with students and staff at Hillsdale High School. “I feel that I have been given much and want to be ready to give back to God,” he says.

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Pacific Press Publishing Association
www.pacificpress.com

The Recorder is a monthly publication reaching nearly 80,000 Seventh-day Adventist homes in Arizona, California, Hawaii, Nevada and Utah.

Our mission is to inform, educate and inspire our readers to action in all areas of ministry.

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Postal Regs: The Pacific Union Recorder (ISSN 0744-6381), Volume 109, Number 12, is the official journal of the Pacific Union Conference of Seventh-day Adventists, and is published monthly. Editorial office is at 2686 Townsgate Rd., Westlake Village, CA 91361. 805-497-9457. Periodical postage paid at Thousand Oaks, CA, and additional mailing offices. Subscription rate: No charge to Pacific Union Adventist church members; $12 per year in U.S.; $16 foreign (U.S. funds); single copy, $0.85. POSTMASTER: Send address changes to: Circulation Department, Pacific Union Recorder, Box 5005, Westlake Village, CA 91359.
When I hike or cycle, I like to have a reason for doing these activities. Besides the obvious benefits for health, having a goal or destination adds motivation and fun. About the time Global Positioning Systems were introduced, I found that GPS technology was useful for outdoor activities, including a game called geocaching. This game uses a handheld GPS to find an object that has been hidden anywhere in the world by another player. The clues to finding the hidden treasure are posted on the internet. The GPS generally gets players close to the right spot, but finding the hidden object often requires careful searching. Several aspects of geocaching have parallels in our spiritual lives.

• When I am geocaching, I must study the data ahead of time and decide if this is a goal I want to pursue. The same goes for our spiritual waypoints. As Christians, there are many waypoints that influence our lives. We have to choose whether a waypoint will be beneficial to our spiritual walk, or if it might be detrimental.

• Once I have selected a target or a goal, I must program the waypoint coordinates into my GPS. The GPS guides me to the location of the goal or the prize. The Bible is our GPS. It has the directions to guide us on our spiritual journey to the ultimate prize — eternal life with Jesus Christ.

• The GPS is never wrong, but if you enter an incorrect coordinate, or another player enters the wrong coordinates for a cache on the internet, you can miss the mark by feet or miles. I have done that and ended up at a location a long way from my goal. When we use the Bible as a guide, the instructions (coordinates) are always correct. It takes personal study of the Bible to anchor ourselves and know that we are going in the right direction.

• The treasure or prize that we seek in geocaching is an earthly treasure that will not last. Our goal should be to seek heavenly treasures that will be everlasting. Luke 12:33-34 says, “Store up treasure for you in heaven! ... The purses of heaven never get old or develop holes.

Your treasure will be safe; no thief can steal it and no moth can destroy it. Wherever your treasure is, there the desires of your heart will also be” (NLT).

• The GPS would not work if there were no satellites in orbit sending out signals. The GPS is of no value without a signal being sent from a satellite. Likewise, without daily study of God’s Word, I lose my direction because I am not locked onto the signal. I am not going to the source. Simple instructions to direct our spiritual journey are found in Psalms 119:105: “Your word is a lamp to my feet and a light for my path” (NIV). I am glad that my salvation is not dependent upon a satellite being in a proper orbit and sending the right signal, but by the clear sure Word of God.

• The signals provided by the satellites are very low power. The GPS receiver is designed to find and lock onto these low power signals. Similarly, we need to listen for the still, small voice of God to discern His will for us. He does not force us to listen by turning up the volume. He says “listen” and I will show you the way.

As we start a new year, let us make sure that through prayer and the study of God’s Word, we stay locked on the signal that will show us the way home.
When two pipe bombs exploded at Hillsdale High School in San Mateo, Calif., teacher Kennet Santana instinctively headed toward the explosions. It was just after 8 a.m. on Monday, Aug. 23.

Noticing a student wearing a tactical vest with a pipe bomb sticking out of his pocket, Santana tackled the boy, pinned his arms to the ground and stayed on top of him until help arrived. Principal Jeff Gilbert and counselor Ed Canda rushed to help. The three men held the 17-year-old teenager down until police arrived.

Later they learned that the former student was armed with eight additional pipe bombs, a chain saw in a violin case and a sword. He planned to attack those who survived the explosions.

Gilbert had high praise for Santana, who has taught English language development at Hillsdale since 2007, describing him as a “remarkable educator, a person who any number of our students look up to and connect with.”

Santana understands what it is like to be on the fringe, disconnected from the rest of the world.

Disconnected

Raised in a “super strict” Adventist family, Santana's troubles began in second grade when his family moved from California to the mid-west. “I could read in Spanish. I could not read in English. My teacher didn't know how to teach me,” he says about the local Adventist school. One day the culture shock and frustration finally erupted. “I did know how to swear pretty well in English,” he says.

He began to get into trouble a lot. By fifth grade he grew tired of being picked on. “I wasn't afraid to fight,” he says, and so began the first of many suspensions. By eighth grade, school staff had had enough. “I was both baptized and expelled during my eighth grade,” he says.

Parents at church told their children not to associate with him. “No one would talk to me at Sabbath school,” he says. Except one — Tea Sung Kim, a Korean friend who continued to invite Santana to youth activities, even picked him up in his mother's van. “He had the courage to be a Christian,” Santana says. “This guy is still one of my best friends.”

Santana excelled in public high school, was captain of the football team and was salutatorian of his 360-member graduating class. He received a four-year academic scholarship to the University of Michigan. He also had been accepted at the Air Force Academy in Colorado Springs. “I did not attend because I felt I would not be able to keep the Sabbath the way I wanted to,” he says.

One of his assigned roommates his freshman year was Julian Heilig, an Adventist. At Heilig's invitation, they attended church together, but over time Santana stopped. “I felt that being a Christian and living according to Christ's example was not really desirable or doable,” he says.

After graduation Santana taught at his former high school, became executive director of a non-profit organization and was elected a city commissioner. “I even helped dedicate the new Adventist Historical Village. I did not, however, attend the Adventist church,” he says.

Reconnecting

It was a move to California so his wife could attend an MBA program at the University of San Francisco that reconnected Santana with his college roommate. He'd stayed in contact with Heilig, who was completing his Ph.D. at Stanford University, about one hour south of the city.

“Julian invited me to attend this cool little Adventist church in Sunnyvale,” Santana says. “I'd never put the word 'cool' and Seventh-day Adventist in the same sentence.” Heilig never stopped inviting, and eventually Santana ran out of excuses.

“At Sunnyvale, I learned about the concept of God's grace. Being a Christian didn’t seem hard anymore,” he says. He met other thirty-somethings who studied God's Word and still had fun. “I always understood that it was possible, but I'd never seen examples of it,” he adds.
Santana was re-baptized five years ago. He told his new church family, “A few years ago, I never would have guessed I would be coming to an Adventist church. It was something I left behind.” He now attends the San Francisco Rainbow church because it is closer to his home.

At the news conference the day after the incident at Hillsdale High School, Santana refused any suggestion that he was a hero. “There’s one hero in my family, and he’s in Iraq right now,” he says about his brother, who is in the military. He was also quick to remind everyone he had a lot of help from others. Gilbert describes Santana as a “genuinely humble individual.”

Santana is grateful for a mom who read him Bible stories, a loving, faithful Savior, genuine, caring church school teachers, loyal Adventist friends, and his two Bay Area church families. “We need more graceful people like that in our churches that grab disconnected people on the fringes and stand by them,” he says.
This past summer, 73 student literature evangelists, divided into three teams, knocked on doors around the Central California Conference. In this recession year, they sold more books and earned more money than in any of the past 10 summers.

Walking with Angels
One hot summer afternoon in Modesto, Calif., Cesar Machuca stopped to talk with a man who was working in his garage. Machuca showed him *The Great Controversy* and told him about the book, but the man wasn’t interested. Machuca then tried a small book called *Time for Peace*, an excerpt from the *Desire of Ages*.

The man looked down at the book, up at Machuca, and then left at what seemed to be nothing but air. After repeating the sequence, he bought the book.

“Do you mind if I have a water bottle, sir?” Machuca asked as he prepared to leave. The man went into his house and returned with two water bottles. “Here’s one for you,” and then as he looked to the left, said, “and here’s one for your friend.”

Machuca looked around and found no one in sight. As he continued his door-to-door work, Machuca continued getting two water bottles from people all day long — one for him and one for the “friend” at his side.

Ellen White writes: “In working for perishing souls you have the companionship of angels. Thousands upon thousands, and ten thousand times ten thousand angels are waiting to cooperate with members of our churches in communicating the light that God has generously given, that a people may be prepared for the coming of Christ,” (*Testimonies*, vol. 9, pg. 129).

100 Percent Dependence
Summer literature evangelist Gisel T ejeda says that God told her to go canvassing. “I didn’t know what it was about,” she says. “Slowly I got more information on Youth Rush, at GYC in San Jose, from friends in Fresno and others. God kept bringing people to me, answering my questions about the program.”

“My walk with God changed drastically,” she said. “I didn’t want this to be a spiritual high, so I decided to have time with God from the very get go. Now I can’t go a day without my devotions. It feels weird without it.”

Tejeda shares how Youth Rush has helped prepare her for the real world. “Whenever I hit an obstacle in the real world, I go to God,” she explains. “In Youth Rush, you have to give rejection to God. Here in the real world, when a door closes,
“You never know what God has around the corner. I’ve learned how to have full 100 percent dependence on God.”

“YouthRush has trials you won’t get anywhere else,” Tejada says. “But God will help you defeat them!”

**Divine Timing**

On a cool day in Salinas, Calif., Karen Yanez knocked on the door of a man who was searching for peace. After getting acquainted and showing him a few books, she shared *Peace Above the Storm*. The man bought four books and asked for the address and service times for the local Seventh-day Adventist church.

Yanez didn’t think much of the experience until Sabbath when the man walked through the door of the Salinas church. He had been feeling like he wasn’t good enough to come back to church, he explained to Yanez. He had done too many things wrong. But something in *Peace Above the Storm* caught his eye. The words from the book encouraged his heart. It said, “If you see your sinfulness, do not wait to make yourself better... We can do nothing of ourselves. We must come to Christ just as we are.”

Because of those words, he realized that Jesus accepted him. Ricardo Camacho, the student literature evangelism team leader, quickly connected the man with the pastor and head elder for Bible studies. When Camacho visited the church several months later, he discovered the man was a newly baptized and active member.

**Summer Statistics**

Bill Krick, literature ministries director, reports the first five categories are the highest numbers in the past 10 years for the Central California Conference summer student program.

- **Young people working**: 73
- **Books distributed**: 59,524
- **Homes visited**: 305,175
- **Total received**: $362,303
- **Student earnings, before Adventist schools match**: $246,366
- **Bible study interests**: 513
- **Bible study/contact cards**: 105,000
Vista Samoan Members Dedicate Multipurpose Hall

Jocelyn Fay

With festivity and food in abundance, members of the Vista Samoan church hosted friends on Aug. 30 as they dedicated their newly constructed multipurpose hall.

Two former pastors, Watson Afaese and Soeli Puni; members of other Samoan congregations in the Southeastern California Conference; representatives from the conference office; and the mayor of Vista, Morris Vance, were among their guests.

“We are a small church, but with God in it, nothing is impossible,” said Too Leituala, head elder, in his report of the construction process. The church’s 100-plus members completed the project in seven months.

Work on the building started on Feb. 5, 2009, Leituala said. Contributions to finance the $1.1 million multipurpose hall came from many organizations and individuals, he acknowledged. He also commended the pastor, Aleni Fepuleai, who “worked shoulder-to-shoulder” with members as the building took shape.

Sandra Roberts, conference executive secretary, congratulated the congregation on the completion of the project, but counseled them to remember that relationships are always more important than real estate.

“It’s not about the building. Never has been, never will be,” Roberts said. The building was constructed to serve the community as it becomes a meeting place for outreach events and activities that will involve neighbors and friends.

“We have sacrificed greatly to have this building,” she said. “It’s my hope that relationships will thrive and grow in this building. As you use it to serve God, every sacrifice will be worth it.”

Morris Vance, mayor of Vista, commended the church for building such an attractive multipurpose hall to serve the community. Behind him is George Atiga, director of Asian-Pacific ministries for the Pacific Union.
Recent stories from the Perris Spanish church illustrate how God can use church members, working together, to expand His kingdom.

Yolanda Burgos and her family woke up early and got ready to go to their church. It was “the day of the Lord.” Time passed by and the service was about to start. Burgos and her family were waiting to be picked up. But no one came to give them a ride.

Burgos was desperate. She decided to take the bus to church. Tears ran down her face; she wanted to attend church and spend time with her Lord.

“Please God, help me. I really want to praise You in my life,” Burgos prayed.

When she arrived at the bus stop, she noticed three books lying on the bench. She started reading one of them, *El Camino a Cristo* (Steps to Christ). She lost track of time. Tears came to her eyes; she knew there was something different about this book. Since the bus did not come, Burgos decided to go home. She took one of the books with her.

On her way home she noticed a stamped telephone number on the back cover of the book. She called the number; she knew there was something different about this book. Since the bus did not come, Burgos decided to go home. She took one of the books with her.

On her way home she noticed a stamped telephone number on the back cover of the book. She called the number. The woman who answered was Rosa Mendoza. During their conversation, Burgos poured out her heart to Mendoza and mentioned her needs.

“I recently lost my job, so I have no car to attend church and no money to feed my family,” Burgos said. “I want somebody to visit my family and pray for them.”

Mendoza contacted Francisco Cuyan, from the Perris Spanish church, so he could visit Burgos’s family.

On his first visit, Cuyan gave Burgos’s family physical and spiritual food. The visits continued, and the Burgos family studied the Bible and “La Fe de Jesús,” a Bible study guide in Spanish.

Juan Diaz had a similar experience. He found a couple of books at the bus stop, and started reading *La Invitación* (The Invitation) by Alejandro Bullón. Diaz could not stop reading.

He was filled with emotion. This book was different. Each short story expressed the invitation to come and accept Jesus as Lord and Savior. Diaz could not resist the invitation.

With tears in his eyes, he immediately called the number on the back cover of the book. Diaz reached Mendoza, who once again became the link to the church and asked Cuyan for help.

Diaz waited patiently for a call or a visit from Cuyan or Raúl Hernández, pastor of the Perris Spanish church. Unfortunately, he didn’t get a call right away. Hernández and Cuyan were both on vacation. Diaz persistently called Mendoza.

About a week later, Cuyan contacted Diaz on a Tuesday. Diaz attended prayer meeting the next evening. Two months later, he had not missed any of the church services.

Studying the Bible was a priority for Diaz. God’s love filled his heart as the basic Adventist beliefs unfolded in front of his eyes, and he accepted Jesus as his Lord and Savior.

It was Victor Castañeda who left these books at the bus stop, as he routinely does. Cuyan conducted the Bible studies. Hernández and Alberto Ingleton, Southeastern California Conference Hispanic ministries director, conducted a week of evangelistic meetings.

On Oct. 3, 2009, the Burgos and Diaz families, along with nine other newcomers, were accepted into Perris Spanish church by baptism or profession of faith. Eighteen more people are studying the Bible for a future baptism as a result of the meetings.

The Burgos and Diaz stories are a testimony of how the Holy Spirit unites individuals’ efforts when they put their talents to work for His glory.
The Association of Adventist Women has named Audray Johnson, a longtime Southeastern California Conference departmental director, Woman of the Year.

The award was given to Johnson at the organization’s annual convention at the Asilomar Conference Center near Pebble Beach, Calif., on Saturday night, Nov. 7. Johnson calls the award “a great honor.”

“Because it comes from my peers among Adventist women, it’s even more meaningful to me,” she said. “Many of these women I have worked with for a long time on behalf of the work of all women in the church.”

Johnson is the director of family ministries for the conference, a post she has held for the past 26 years. She also directs the conference’s health and legislative affairs and women’s ministries departments. She has served on several committees for the General Conference of Seventh-day Adventists, including the Divorce and Remarriage Commission, Human Sexuality and Family Ministries committees, and Taskforce on Child Abuse and Family Violence.

In July, Johnson presented two seminars on abuse at the Global Conference on Health and Lifestyle in Geneva, Switzerland. In her presentations she outlined Southeastern’s studies on abuse and some of the resources the conference has provided to help prevent it.

“This was one of the high points of my ministry,” Johnson said. “I came away with a clear view of how family, health and women’s issues complement each other in reaching out to people everywhere.”

Johnson was born and educated in Massachusetts. She studied nursing at Atlantic Union College, and completed her education at the New England Sanitarium and Hospital, near Boston. About a year later, she met Ed Johnson, a young minister. They married, and soon moved to San Diego, where Audray was a nurse at Paradise Valley Hospital.

Eventually their marriage dissolved. A single parent responsible for two young sons, she obtained work as a secretary in the Southeastern California Conference office assisting in the health and religious liberty departments. When the department director retired, Johnson was made interim director and then coordinator.

She eventually became the first woman director of a conference religious liberty department. During this time, she acquired various professional skills, earning counseling credits at the University of California.

In 1983, Tom Mostert, then conference president, asked her to begin a new area of activity in the conference called family ministries, an area for which Johnson had a longstanding passion. She diligently set about collecting and writing materials on family and the work of family ministries.

In her work she sponsored seminars to train pastors on the complicated problems of intimate relationships, bringing in noted authors and professionals to speak to them on such issues as marriage, parenting, domestic violence, and child and senior abuse, reflecting the broad work of family ministry.

She authored a family ministries manual entitled Resources for Family Ministries: A Complete How-to Guide for Local Church Leaders, a portion of which was published by AdventSource. She also has written Women’s Ministries Resources for Congregations and Making Church Safer for Children, which is used extensively in training congregations on child abuse and child safety.

On June 15, 2007, she was ordained-commissioned by the Southeastern California Conference. The presentation in her honor was made in a joint meeting of the Association of Adventist Women with the Adventist Forum and the 40th anniversary of their publication, Spectrum.
First Graders at Redlands Adventist Academy Learn to Give

Heather Quigley

Led by teachers Linda Breese and Heather Quigley, the first grade classes at Redlands Adventist Academy found that giving to others is fun. Thirty-three students ventured out to the Build-A-Bear Workshop to create and dress snuggly, cuddly bears that would bring joy to a child with cancer in the hospital.

In September, Childhood Cancer Awareness month, the students wanted to do something to show their love to the many children suffering from the disease in their own community. Although at RAA this project is done with every first grade class, this year the endeavor had special meaning. Two of this year’s first-graders have already fought cancer during their young lives. In the days before the field trip, the mothers of these students willingly donated their time to show and tell the classes about cancer and what it is like to be in the hospital.

Once at the Build-A-Bear Workshop, each student chose a bear and its outfit. Some bears were dressed as princesses, doctors, soccer players, and fairies; all were different. Students created the bears as if they were making them for themselves.

From the workshop, students were driven to Loma Linda University Children’s Hospital.

At the hospital, the first-graders were met by Val Lewis, Dixie Watkins and Eloise Habekost, of the Big Hearts for Little Hearts Guild, and child life specialist Dinah Head. They spoke to the students about the children in the hospital and where their bears would go. The students also got to see the classroom where the sick children go to do schoolwork if they feel up to it. Finally, with a bit of coaching, they delivered their gifts with beaming smiles and hearts full of love for their recipients.

Although students were not allowed to go into the children’s hospital rooms to give their gifts personally, they were happy to know that the sick children would gain encouragement from the adorable bears.

The prayer of the teachers and parents of these first graders is that this field trip will be just the start of a life of selfless giving to others.
Fallon Pathfinders Camporee Journey Included Big Adventure

Wayne Taylor

On Aug. 6, 2009, the Fallon Pathfinders — including 10 Pathfinders, six leaders and two babies — began a 2,000-plus mile journey to Oshkosh, Wis., for the 2009 Courage to Stand International Pathfinder Camporee. Nightfall found the Pathfinders in West Yellowstone, Mont. While in Yellowstone, they gazed at herds of buffalo. One bull walked close enough to the motorhome that one of the leaders reached out to touch him. The group found the switchbacks down to Yellowstone Falls to be a tiring, but exhilarating experience. It was the tallest precipice that many had ever seen, and it took courage to peer over in to the deep canyon.

Driving across Wyoming later that night, one of the two rented motorhomes lost a transmission. While waiting for a replacement motorhome to arrive, the Pathfinders were able to visit the Cody Museum. They discovered the Great Plains Indians, ate sourdough biscuits cooked in a Dutch oven over a fire, and saw the largest gun collection in the U.S., the western art collection, and Buffalo Bill’s Wild West Show memorabilia.

In the Black Hills, S.D., the Pathfinders took in Jewel Cave, the first cave most of the Pathfinders had ever explored. While at Mt. Rushmore, the kids found the Nevada flag, ate ice cream and saw a mountain goat and her baby feeding right at the monument.

The troupe arrived on the campgrounds in Oshkosh on Monday evening ready to start the festivities. Wayne Taylor, club director, described the temporary city of 37,000+ Pathfinders as “amazing beyond belief.” The following day found the group sailing, water bicycling and riding the carousel and the miniature train at the zoo.

One of the Fallon Pathfinders decided to be baptized.

Each day, kids rotated through track and field, archery, basic rescue, rock climbing, ropes course, butterflies, Pathfinder Heritage Museum, ADR honor, and watching the big cats perform.

The day after the camporee closed, the club explored the Chicago Museum of Science and Industry. In addition, they visited Amazon fish, dolphins, Beluga whales, river otters, and a touch and explore tide pool at the Shedd’s Aquarium.

The final stop was Chicago’s Midway Airport for the trip home, where most of the Pathfinders received wings and certificates commemorating their first flight.

The Fallon Pathfinders dressed in their uniforms at Oshkosh, Wis.
Local Man’s Evangelistic Campaign Revives the Waianae Church

Divad Rabocse

Taj Pacleb, a local Nanakuli Islander, preached a three-week evangelistic seminar in June at the Waianae church, where he had given his heart to Jesus just 10 years before. On opening night, the church was overflowing, and 50 children attended a corresponding evangelism program in a church classroom.

Pacleb was something of a celebrity in his hometown, known for his antics in school, his wild ways, and eventually, his dramatic conversion to Christianity. “I remember Taj,” said one visitor. “He was the town trouble-maker!” Others recalled his bold witnessing after his conversion when he gave Bible studies in English class or shared Christ with the school’s football team in the locker rooms.

After graduation from the local high school, Pacleb went to the mainland to train for Bible work. He has since preached scores of campaigns around the world.

Pacleb’s burden for his home community hasn’t faded, and he enlisted the additional support of eight of his evangelist friends, who volunteered to come support the effort at their own expense. They visited and prayed with contacts, provided contemporary music, and met daily to worship, pray and study together as they sought the Spirit to move on people’s hearts.

The church made sure the homecoming was thoroughly promoted. More than 200 telephone poles along the town’s main drag sported eye-catching color posters advertising the event. They mailed handbills to every home in the zip code. Several attention-grabbing highway banners announced Pacleb’s “Exploring the Prophetic” seminar. And in the days before opening night, church members put flyers on hundreds of windshields at the local high school Pacleb had attended.

By the close of the series, more than 60 people decided to accept Christ as their savior and requested baptism, including Pacleb’s own Catholic grandmother. Six young adults baptized during the series have since registered to attend the Amazing Facts College of Evangelism this spring so that they can be better prepared to share Jesus. They plan to provide support for Pacleb’s second series next June. Several are already involved in leading Bible studies, teaching Sabbath school and leading children’s divisions.

Church members believe that much of the success of the series was due to the church’s active prayer group. The growing, weekly prayer fellowship and Friday night Bible studies provide support and connection for the new contacts.

“I have never seen anything like what has happened in Waianae this summer,” says Waianae’s Pastor Art Bushnell, himself a career evangelist. “At least not in America.”

Pastor Art Bushnell, far left, and Taj Pacleb, far right, pause with those who made a decision to follow Jesus.

LEFT: Evangelist Taj Pacleb, center right, prepares for a baptism at a nearby beach. BELOW: Winston Crawford, an evangelist who volunteered to help, directs passers-by to the meetings.
Thirty students from the Life Together high-school ministry at Vallejo Drive church gathered earlier this year to prepare packaged meals for Glendale community individuals and families impacted by the economic downturn.

“The community service project was part of a ministerial partnership with the ShareOurSelves Thrift Shop, located next door,” said Youth Pastor Danny Zelaya, who leads the LT ministry. “To prepare, the Life Together group held a two-week food drive at the church.”

The collected food was transported to the thrift shop on the day the students came together to prepare the meals. “The food project was a nice bonding experience,” commented Glendale Adventist Academy senior Jordan Khoe. “I like to do whatever my church asks, and it was a community service. I could always rely on the church; this was my part in giving back to the church and the community.”

“This was my first time working on a project with the group,” said Arielle Alinsod, a freshman at Glendale Adventist Academy. “I liked working with the kids in the group and it was for a good cause.”

“The team went in the kitchen and worked in such a good group,” said Diana Elias, thrift shop manager. “They separated different frozen foods from the bulk packages and sealed and labeled them in meal-size containers, packaging about 200 meals in an hour. They were amazing!

“The people who come for the meals are referred from area hospitals,” Elias explained. “Some are homeless; some are very low income. We give them three meals each and a big bag of canned goods for a family of four.

“I asked a man, ‘What would you like?’ because we have different choices. He answered, ‘I’d just like some food.’ So we filled bags with groceries and meals and drove him home. The youth just made the job of the thrift store so much easier.”

“LT is committed to fostering the contribution of the church to the local community and tries to provide many options for service,” said Zelaya. “We recognize that each person has much to offer the church and the world, and that we are all called to spread the goodness of God’s love, mercy, and grace.”
South Bay Residents Respond to “Best of Nature” Cooking School

Betty Cooney

The latest “Best of Nature” cooking school sponsored by the South Bay church attracted 90 people; about 75 attendees were from the community. “More people called the day after the classes began to say they couldn’t make opening night, but would be coming the next week,” reported registered dietician Susan Jenson, Little Company of Mary Hospital, who coordinates the series and serves as a presenter.

Held on four consecutive Tuesday evenings this fall, the latest “Best of Nature” school again used an approach favored in a growing number of cooking classes in recent years: all of the dishes demonstrated were completely vegan. “I promote a plant-based, whole foods diet,” Jenson said, “using very little added oil. Protein sources are beans, nuts, tofu, vegetables and grains.” Community response in South Bay at each of the cooking schools there has been strikingly positive. “People in our area love vegan cuisine!” added Jenson.

“The cooking schools are very labor-intensive, but 15 to 20 church members help in different ways. I do these classes as an outreach ministry for our church, to help people have better health, to let people see and taste that eating a vegan diet is tasty and not that difficult, and to encourage and motivate people to adopt a healthier lifestyle.”

“If a meat-lover like me can make the switch to a plant-based diet, anyone can!” said Kimberly, a participant from an earlier class.

“I am very excited about this cooking class,” said Anna, who attended the class in February and March. “I have been telling all my friends about it and have been eating vegetarian ever since.”

Other presenters this fall included Gerard Kiemeneij, SCC’s L.A. Metro Region director, a cancer survivor and a vegan; Veggie Grill owners and vegans T.K. Pillan and Ray White; and celebrity vegan chef Abbie Jay, executive vegan pastry chef in a Los Angeles restaurant.

Kiemeneij acknowledges that his experience as a cancer survivor influenced his decision to be a presenter. “Nothing makes you look at your dietary practices more than having had a close encounter with death,” he said. “I shared that our bodies are wonderful, created mechanisms from God but they can only take so much abuse from fast foods.”

Presenters demonstrate a total of four different foods at each class, and provide 10 food samples, including the ones demonstrated, for each evening’s potluck.
Music Symposium Gives Musicians a “Taste of Heaven”

Deidre Hodnett

The 3rd Annual West Coast Gospel Music Symposium marked the first time that participants sang songs written by two of the presenters: widely known Christian recording artists Margaret Douroux, Ph.D., “If My People;” and Jeffrey LaValley, “Revelation 19:1.” Presenter Lloyd Mallory, D.M.A., also had incorporated his original songs “O For A Faith” and “I’m Determined to Walk with Jesus” in the curriculum.

On Sept. 23, it was lights, camera, and Holy-Spirit action as symposium participants, presenters and the general public gathered at the Berean church in Los Angeles for the symposium’s consecration mini concert, featuring the Berean Youth and Mass Choir, 16th Street Mass Choir, By Grace, and Southern California Area Mass Choir.

Emil Peeler, evangelism director of Southeastern California Conference, presented a consecration message. “His exegetical explanation of the biblical perspective of praise and worship was awesome,” said Raymond Thomas of Atlanta, Ga.

During the following days, participants went from workshop to workshop: Vocal Techniques (Dr. Lloyd Mallory), Praise and Worship (Carlton Byrd, D.Min.), Music and Worship (Dr. Margaret Douroux), Choir Decorum (Jeffrey LaValley), Musical Techniques (Richard Turner), and Signing and Music (Jenice Broomfield).

“Praise and worship must be fresh and ever growing in order for it to be the true tool it was created for — evangelism,” noted LaSean Davis of Compton Community church.

“I learned the importance of ministry, uniformity, rest and daily worship and how these things affect your sound, your appearance, and your ability to reach God’s people,” reported Chane O’Banon, La Sierra University student, after attending the workshops.

Michael Mejia, 54th Street church, and Willie Parker, Valley Fellowship church, learned more effective ways of singing from vocal instructor Mallory. “I learned about the importance of choir robes,” said Nkemakolam Chinwah, Kansas Avenue church member, “and how wearing them relates to a personal relationship with God.”

“It was an experience that reminded me of what heaven is going to be like,” said Normandie Avenue church member Pamela Dodd.

Plans are under development for the 4th Annual West Coast Gospel Music Symposium, Sept. 22-25, 2010. For more information, contact Deidreth@hotmail.com or visit www.wcgms.com.

Directors for the Symposium Choir included Margaret Douroux, Jeffrey LaValley and Lloyd Mallory. The 126 Symposium attendees came from California, Georgia, Alabama and Texas. Deidre Hodnett coordinated the event.

The Breath of Life Quartet reunited as honorees of the 2009 West Coast Gospel Music Symposium. (L. to r.) Walter Arties, Clyde Allen, Shelton E. Kilby III, Philip Grayson, and James Kyle.
Young Adults Conduct Church-Wide Evangelistic Effort

Danny Chan and Betty Cooney

Last year the Eagle Rock church leadership asked Renovatus, a young adult ministry of the church that attempts to experience God with all five senses, to plan a church-wide evangelistic effort,” said Danny Chan, associate pastor. “The team, which includes Michelle Younkin, Virna Chan, Krista McHale and Kelly Hauck, began planning outreach designed to reach new generations in the community. They emerged with ‘Survival Quest,’ a three-part series for October 2009, aimed at helping attendees navigate life’s most challenging questions about faith, relationships and finances.”

For promotion, Youth Pastor Nen Didara led a youth team sharing flyers in the surrounding neighborhood and in local businesses. Personal ministries coordinator Sam Adarme led a team of adults as well — all an effort to let the neighborhood know that the church is here to serve the community, especially during these troubled times.

The three-part effort kicked off on Sept. 11 with “A Soul for Surviving,” underscoring the value of developing a faith that can weather any storm.

Tuesday night “Surviving Real Relationships” shared an insightful, hilarious look at relationships through a video series by Mark Gungor, Laugh Your Way ministries. George Bryant, clinical social worker, and licensed therapist Doug Nies, Ph.D., followed with a discussion on principles for improving relationships.

“Surviving a Tough Economy” was a practical finance workshop led by Steve Clement, CPA, of Clement and Associates, and Art Tabuenca, founder of Blue Marble Investments, a “socially responsible” investment firm. Clement led a hands-on workshop on developing personal budgets, managing credit and getting out of debt. Tabuenca focused on the value of planning now for retirement, exploring options available to the audience’s different age groups.

“Our only kids just left for college for the first time. We could only anticipate sadness from their absence,” wrote Guillermo and Sonia Martinez. “Your series gave us hope to move on in this new stage of our lives.”

“It has been a blessing to see Renovatus young adults excited about worship, relationships and even finances,” Chan reflected. “Following Survival Quest, we started some personal Bible studies and also a young adult small group Bible study. As a pastor, it was rewarding to see a church awaken their commitment to young adults by allowing them to completely take over the worship service for four entire weeks.”
Tu’anaki Vaihi Toki
Becomes a New Man in Christ

Tu’anaki Vaihi Toki, a former bishop in the Church of Jesus Christ of Latter-day Saints, was baptized into the Adventist church this summer.

The oldest of 10 children, Toki was born on the island of Tonga to Mormon missionary parents. When he was a young child, his family moved to the United States and eventually settled in Ontario, Calif., where his father was a branch president over the LDS Tongan community.

When he was 19, Toki married and eventually had two daughters and a son, but he drifted away from his church. “I started living an ungodly lifestyle and, as a result, left my family and had two more daughters,” he said. Eventually, his belief in his marriage covenant made him reconsider his decisions, and he went home to his wife.

After he and his family moved to Sacramento for a fresh start in 1989, Toki became very involved in the church, and in 1994 he became an LDS bishop, serving until 2000. “It was a humbling experience, and I’m forever thankful for that opportunity to serve,” he said.

However, his life again took a wrong turn, and he ended up in jail. “Due to bad decisions, Satan got the best of me, and it caused me to be ex-communicated from the church,” he said. “I never experienced loneliness that way; I felt so worthless.”

Toki knew that he could probably reconcile with the LDS church and get re-baptized after he finished serving his parole. However, he believes that God had other plans for him.

One of his daughters wanted to attend a two-week Adventist evangelistic series hosted by lay pastor Sione Latuhoi. The series speaker was Douglas Na’a, a Tongan native currently pastoring in Kentucky.

When Toki brought his daughter to the meetings, he stayed and listened, “not knowing what the Lord had in store for me,” he said. He was especially impressed with what he learned about the seventh-day Sabbath and the emphasis on healthy living. At the completion of the series, he prayed: “Lord, if what I was hearing was You, and if what I was feeling was from You during these evangelistic meetings, then please accept me as a sinner.”

On July 4, Toki and his daughter, Alyssa Vaimoana Toki, were baptized by Latuhoi. “It was a privilege for me,” said Latuhoi. “I give the Lord the honor and glory for what He has done.”

Since his baptism, Toki has enrolled in the Certified Lay Pastoral Assistant program at the Pacific Institute of Christian Ministry (held at the NCC office) to learn about pastoral work.

“He is really on fire and learning a lot,” said Toki’s mentor, VicLouis Arreola, PICM director and NCC Asian/Pacific Ministries coordinator. “He is ministering to his father and the rest of his family.”

Toki is thankful for a new beginning: “I went from feeling hopeless and unworthy to being accepted by God.”
New Sports League Created for Adventist Kids

Edwin Garcia

A self-proclaimed sports fanatic, Chuck Tache grew frustrated when he leafed through a Sacramento-area parks and recreation catalog in search of a sports program for his oldest child, 5-year-old Eddie.

“I was looking through all the different sports, and every single one was played on Saturday, on the Sabbath,” Tache recalled. “I finally said to my wife, ‘I think I’m going to start a league, because we can’t be the only parents that have this problem.’”

Sure enough.

Tache — who gave up a promising career as an athletic trainer in the National Basketball Association due to Sabbath conflicts — talked local pastors into his idea, printed fliers, informed parents, and launched the Orangevale SDA Sports League last summer, named after his home church.

Nearly 20 children joined the T-ball league, enough for two teams of kids ages 5 to 7, who practiced on Thursdays and played games on Sundays.

Parents thanked Tache repeatedly, calling the league a godsend.

So perhaps it was no surprise that, at the final game of the season, following an awards ceremony where many children received their first-ever sports trophy, Tache announced his intention to take the burgeoning league to the next level, a soccer program.

On the first Sunday of the six-week season, Oct. 4, Tache couldn’t believe what he saw: a seemingly endless line of parents and children walking onto the field at Orangevale SDA School.

“I am overwhelmed,” a smiling Tache confessed to about 50 children on that mild morning. “Just the response of seeing the kids come out, and seeing how many families had been looking for something like this — that was a good feeling,” he later explained.

Tache, 42, who was an assistant athletic trainer for the Sacramento Kings professional basketball team from 1997 to 2001 and is now a registered nurse, starts each soccer game by kneeling in prayer with the children.

If Tache is the lead soccer coach, then his wife, Natalie, is the unofficial general manager, who in a few years will recruit their younger children, Simon and Caleb, to play.

Participants attend churches in and around Sacramento, though a few children are non-Adventist, which excites Tache, who envisions turning the league into a sports ministry.

Tache and his volunteer assistants place no emphasis on the score, nor on individual achievement. And that’s just fine with the parents who cheer from the sidelines and appreciate a league that doesn’t play on Saturday.

“It’s the only chance kids get to be active and competitive, yet in a Christian environment,” said Wendell Bobst of Rocklin-Sunset Oaks church in Rocklin, whose sons Joey, 8, and Wendell, 9, participate in the league.

“Thank the coach,” said Esther Neemia of Sacramento Samoan Adventist company, after watching her children, Obedassah, 7, and Hadassah, 6, play in a recent soccer match, along with four other church children she recruited. “I was so happy when I found out there was a league on Sundays.”

Tache, who thanks God for the league’s success, already is preparing for an expanded T-ball and baseball season next spring: he’s begun to recruit coaches and search for more playing fields.
Leoni Meadows Staff Members Honored for Heroic Actions

Kim Godfrey

Seven of last summer’s Leoni Meadows camp staff members received American Red Cross national and local awards for the rescue and resuscitation of a fellow staff member.

On Oct. 12, the young people received the American Red Cross National Lifesaving Award of Merit, the highest honor bestowed by the organization to an individual for saving or sustaining a life as a direct result of Red Cross training. The award, signed by President Barack Obama, was presented to the group by Dawn Lindblom, CEO of the American Red Cross Sacramento Sierra Chapter, on the local morning news broadcast of Sacramento television station KCRA.

The next day, the group was among those honored at the annual Hometown Heroes luncheon hosted by the Sacramento Sierra chapter at an area hotel. Each received the chapter’s Good Samaritan Youth Hero award.

Parents, friends and other well-wishers attended the luncheon to congratulate the honorees for their life-saving actions last June. “I’m completely amazed by the professional attitude that the kids showed during the incident,” said Craig Heinrich, Leoni Meadows executive director.

On Friday, June 19, at the end of staff training week, a group of staff members including Matthew “Matt” Freedman, Derek Hartley, Robert “Bobby” Hutton, Kami Kostenko, Nolan Negrete, Robert Negrete, Austin Nystrom and Doug Stowers decided to head to the Consumnes River for a swim.

Some of the group made their way to a flat boulder that appeared to be perfectly suited for sliding into the lower pools. As Hartley took his turn and his legs hit the water, he felt a very strong force pulling him down in a whirlpool. Although he struggled, he could not free himself from the force of the current. He managed to raise his head high enough to gasp for a breath of air twice, only to be pulled under again.

As he sank below the surface for the last time, Hartley heard the screams of terror from his friends and saw Robert Negrete lowering himself into the water and extending a leg for him to grab. Hartley only caught a glimpse of Robert Negrete’s foot as the water began to hit his face with deadly force. Then everything went black.

Panic set in for the group on the water’s edge. It was apparent that Hartley had been trapped under a large boulder by the force of the current. Robert Negrete and Nystrom grabbed large pieces of wood and thrust them in the water.
hoping that Hartley would be able to reach one of them. Stowers went to the opposite side of the boulder and began diving to see if he could pull Hartley free. He dove repeatedly without success and was nearly trapped himself. Several minutes had now passed. The screams and cries from the group pleading with God for a miracle were deafening. Nystrom made his way around the boulder to the location where Stowers had been diving. In one area, he noticed bubbles rising toward the surface of the water. He immediately wondered if that was where Hartley was trapped. With one last attempt, Nystrom took a deep breath and dove under the boulder. He saw what appeared to be a log in front of him. As he brushed it away, he realized it was Hartley’s arm. With the assistance of Freedman, Nystrom pulled Hartley’s lifeless body from the water. Hartley was not breathing, and he did not have a pulse.

Freedman and Kostenko climbed uphill as fast as they could toward the road where they had parked their cars. They grabbed a cell phone and had Hutton travel down the main road to a location where there was cell phone service to call 9-1-1.

While the others went to call, Stowers immediately began CPR. The rock they laid Hartley on was so slippery that Nystrom, Robert and Nolan Negrete held onto them to keep them from sliding back into the water. As Stowers gave the second set of breaths and compressions, he began to notice small signs of life. Hartley’s muscles twitched when suddenly he opened his eyes, began to cough and then breathe on his own.

Back up on the main road, Kostenko worried that Hutton had not been able to call for help. Some time had passed and help had not arrived. Kostenko had been to this spot many times and had never had cell service. When she looked at her phone, she had five bars. She quickly called 9-1-1, confirmed that Hutton had been able to get through, and gave more details about their exact location.

When the paramedics arrived, they were surprised to see Hartley sitting up and responding. All preliminary signs appeared to be normal. He even hiked up to the road to be transported in the ambulance. The next day Hartley was back at Leoni Meadows where he worked for the rest of the summer camp season. “I just feel really blessed to have these friends,” he said.

Freedman, Hutton, Kostenko, Nolan and Robert Negrete, Nystrom and Stowers showed true courage and altruism. However, they credit God with saving Hartley’s life that day. Heinrich agrees: “The good Lord was with the kids.”
When Tony Anobile became president of the Arizona Conference in February 2008, one of the first things he did was call Marti Schneider, director of the North American Division’s ChurchWorks, and cancel a seminar that had been planned for later that spring.

Anobile felt he needed to secure his vision for the Arizona Conference before taking on any major projects. Rescheduling, though, would take years because of the long ChurchWorks seminar waiting list.

Anobile and the conference officers designated 2009 as the “Year of Pastoral Evangelism.” All pastors were asked to hold at least two evangelistic series in their districts. (To date, close to 90 percent of the pastors in the Arizona Conference have held their own meetings.)

“I praise the Lord for the enthusiasm of the pastors in our conference,” says Anobile. “There is no doubt that God is leading as we move forward as a team to win Arizona for Jesus.”

But Anobile has set an even bigger challenge for 2010. He wants members to knock on every door in the state of Arizona. “It was at that point that I knew ChurchWorks needed to happen in Arizona. We had already had the ShareHim Outreach Seminar which assisted us greatly in the preparation for evangelistic meetings, and now we needed to be equipped to knock on every door.”

Anobile began to pray that God would open the way for ChurchWorks to come to Arizona, and he let Schneider know that Arizona would like to reschedule its cancelled seminar.

“I prayed a bold prayer,” says Anobile. “Lord, please let Marti Schneider call me and tell me she has a date open for the ChurchWorks team to come to Arizona. And please let it be in the fall of 2009 so we can hit the road running in January of 2010.”

About a month later, Schneider did call. She had heard about Arizona’s plan to do door-to-door evangelism and scheduled the seminar for October 2009, the exact time that Anobile had hoped for.

“I remember falling on my knees and thanking God for the miracle that had just taken place,” he recalls.

The ChurchWorks vision meetings were held at Thunderbird Adventist Academy in Scottsdale the weekend of Oct. 23. Approximately 550 pastors, laymen and conference workers attended the intensive, mission-focused event. During the seminars, the teams created a skeleton strategy to share with their local congregations.

Presenters included Ron Clouzet and Eduard Schmidt from NADEI, the North American Division Evangelism Institute, as well as Anobile. In addition, an active lay team of Rod and Donna Willey, a dentist and his wife who are church planting lay pastors, shared stories of how God had led in their unique and ambitious ministry.

The vision was cast to reach people of every age, social, economic, language, and religious group, including the deaf, homeless, etc., within the Arizona Conference.

“If you take away the word every, you have lost vision. Although it sounds like a daunting task, the effort to involve even inactive members in serving someone in the community who is in need may be a means of drawing them back into fellowship,” proposed Schneider.
Clouzet began the Friday night lecture explaining why members must reach everyone, while Schmidt spoke of claiming territory for Christ. Anobile accepted their challenges on behalf of his conference with recommitment and prayer.

“Working with the Arizona team was a great pleasure,” says Schneider. “I found such vision and drive in the administrative team, and such enthusiasm and commitment among the pastors and members. I loved seeing the pastors huddling with their leadership teams — praying, planning, and preparing to reach every person in Arizona with the gospel. Tears of joy filled my eyes as I saw the people press toward the front of the auditorium at the final session, putting themselves on the line, covenanting to bring someone to Jesus during the coming year.”

“We will not have reached everyone in the North American Division until we have reached everyone in Arizona,” said NAD President Don C. Schneider. “Thank you, Arizona, for making this your priority!”

More than 500 laypersons and pastors attended the three-day ChurchWorks seminar.
Leonard Brand, Ph.D., has an enviable dilemma on his hands. Instead of facing a $100,000 budget shortfall for the 2009-2010 school year, he reports that the department of earth and biological sciences — which he chairs at Loma Linda University — is now planning the expenditure of more than $400,000 it recently received from the Seventh-day Adventist Church and from the Adventist-Laymen’s Services & Industries and several of its individual members.

“This past year, with the national financial crunch, there have been questions raised in some quarters about whether some of our programs were going to be able to continue,” Brand notes. “The financial donations from ASI and associated individuals, and from the Church’s Faith and Science Council, and Geoscience Research Institute, represent a tremendous boost to our programs.”

Since the 1970s, the department of earth and biological sciences at Loma Linda University has been a central contributor in the discussions relating to the relationship between faith and science in the Adventist Church. According to Brand, the contributions of EBS are not only valued within Adventism, but by other Christian and faith-based groups as well.

“Through its funding of the GRI and the EBS, the Adventist church is the only denomination that has put real money into the study of origins and faith and science,” he says. “There are many Christian colleges where the Bible is held in high regard, but they don’t have graduate-level science programs. A Christian university with a department that offers doctoral-level education in biology and geology results in a depth of study that doesn’t happen in other places.”

Richard H. Hart, M.D., Dr.P.H., president and CEO of Loma Linda University, shares Brand’s take on the uniqueness of the university.

“Loma Linda University is in a sense oxymoronic,” Hart states, “because there are no other institutions in this country that seek to root themselves equally in science and religion. Other schools, such as Harvard and Yale, gave up their religion to become science schools, or gave up science to become Bible colleges. Loma Linda has committed to the study of both.”

Loma Linda University demonstrates that commitment in a variety of tangible ways. “In the natural sciences,” Brand asserts, “this is exhibited through the GRI and EBS working together in research, resulting in a uniquely practical, ongoing integration of faith and science that is found nowhere else. The result is a long record of research and publication in peer-reviewed scientific literature, coincident with a commitment to a biblical worldview. The last four years have been especially productive for EBS as faculty members and students have contributed more than 90 papers during that time. We’re very enthused about research and publication.

“As far as we know,” Brand asserts, “Loma Linda University is the only accredited university in the world where a person can get a doctorate in biology or geology and study under faculty who believe the account of origins given in Genesis.”
LSU Kicks Off New Year with Freshman Enrollment Jump

Darla Martin Tucker

She considered other schools. But La Sierra University’s spiritual atmosphere and smaller, friendlier size prompted freshman and Riverside resident Sara Martinez to enroll in the pre-nursing program here, she said. Since classes began in late September, she’s been “really busy getting to know people and adjusting to college life. It’s been great so far,” remarked the fledgling collegian.

Martinez is among 348 freshmen to join the La Sierra campus this fall, and one of 1,857 undergraduate and graduate students enrolled for the 2009-2010 academic session. This year’s entering class is La Sierra’s largest in three years and a 12.2% increase over last year’s class. The number of freshmen entering La Sierra totaled 310 last fall, 337 in 2007, and 323 in 2006.

David Lofthouse, La Sierra’s vice president for enrollment services, credits the enrollment up tick in part to new recruiting approaches implemented over the past couple of years. Enrollment services has forged connections with young people through churches and strengthened relationships with academies through more frequent and consistent communication and presence, he said.

In addition to its status as the largest incoming class in several years, La Sierra’s freshmen are jumping into the university’s spiritual and social life with enthusiasm. “I think the perfect example of that is the amount of freshmen that are active currently with worships, clubs and Senate. It seems to me that every time I go to worship, the worship team consists of at least a couple freshmen,” said Samuel Limbong, president of the Student Association of La Sierra University, or SALSU. “SALSU Senate this year has 10 freshmen out of 20 possible seats, an example of the new class’s desire to get involved.”

Kevin Kim, an academic coach with La Sierra’s Center for Student Academic Success, noted that this year’s freshman class arrived well prepared academically and emotionally for life in higher education. Many young collegians entered La Sierra with high scores, many in the 700 range per test section, for the SAT and ACT tests. The class also includes several National Merit scholars, Kim said. “There’s a genuine sense of community with this group of students. And it seems like it resonates throughout the campus body,” he said.

Following a week of faculty and staff colloquia, La Sierra formally kicked off the new year on Sept. 24 with its annual convocation, a spiritual and uplifting ceremony filled with music, prayer, hundreds of backpack-laden students and rows of faculty outfitted in flowing academic regalia.

La Sierra University President Randal Wisbey, in a keynote address, charged students and the campus family to live out Jesus’ admonition, given during the “Sermon on the Mount,” to let their lights shine before others.

“At the beginning of this new school year, like those listeners in Galilee so many years ago, we live in a time that is all-too-often morally bankrupt and overwhelmingly selfish, a world that seems dark,” Wisbey said.

“As we listen to Jesus’ call to live as light, it is impossible to escape the reality that light is powerful, it is revealing, and it cannot be easily hidden. ... It is also clear that as Jesus uses this word, it is active. It involves making decisions. To be light is to live with purpose,” he said.

He referenced a tale about a young Robert Louis Stevenson, Scottish novelist and playwright, who watched a lamplighter “punch holes” in the darkening Edinburgh night by lighting gas lamps. In closing, Wisbey used the illustration to challenge students to light the world with their enthusiasm, resolution, knowledge, wisdom, love, justice and service. “La Sierra University, I call you to punch holes in the darkness!” he exclaimed.

TOP: The second-largest freshman class in La Sierra University’s recent history sailed onto campus in September. And they’re already having a huge impact on the campus. The new freshmen first participated in the 2009 Ignite orientation program conducted by the Office of Student Life just before the fall quarter opened. Photo by Natan Vigna.
PUC Celebrates 100 Years in Angwin

Julie Z. Lee

After a little over a year of searching for a new site on which to relocate “Healdsburg College,” the Seventh-day Adventist Church rejoiced in the discovery of a 1,600-acre health resort called Angwin’s in the Napa Valley’s forested hills. Following Ellen G. White’s approval, the church purchased the property on Sept. 1, 1909, and on Sept. 28, they dedicated “Pacific College,” which, the Recorder wrote, “may have its meaning fulfilled in the quietness and peace betokened by the tranquil surrounding as well as in the broad influence which the school shall exert.”

A few weeks later, school started with 42 students enrolled.

On Oct. 3, 2009, the Pacific Union College community celebrated its centennial in Angwin with a special Sabbath program. The day welcomed special guest speaker Dr. Lou Vendon, former PUC religion department chair and senior pastor of the PUC church; a choir representing students from PUC, PUC Preparatory School, and PUC Elementary School; and a historical play featuring a conversation between White and founding members of the college and church.

Among the activities offered in the afternoon was a campus tour, which outlined various historical sites on campus. From the original stone gate at what used to be Angwin’s Hotel and is now Grainger Hall, to the grand vistas from the old site of Irwin Chapel, the tour followed a community’s journey through triumph, heartbreak, determination and unwavering faith.

Today, PUC is a highly ranked educational institution with more than 1,500 students enrolled.

Community members and visitors gathered on Sabbath to celebrate the Angwin years.
Fall Enrollment Up for PUC

Julie Z. Lee

Pacific Union College opened the new school year with increased enrollment and high student enthusiasm. Official headcount for fall quarter is 1,511 — an 11.1 percent increase from last year. Retention numbers are also up from 71 percent to 80 percent.

“We’re off to a great start with increased enrollment numbers this fall, and there is such a positive spirit and a spirit of hope on the campus,” said Dr. Heather Knight, PUC president. “Everyone is excited about creating a really exciting and dynamic learning community characterized by the intentional integration of faith and learning. Truly, PUC is becoming a real destination campus.”

Also inspiring is the energy exuded by this year’s student body. “The vibe that the new freshman class gives to the campus is awesome,” said upperclassman Geoff Brummett. “They are so full of life and energy.”

At the college’s dedication in 1909, White said: “God wanted us here, and He has placed us here. I was sure of this as I came on these grounds. ... I believe that as you walk through these grounds, you will come to the same decision — the Lord designed this place for us.”

There are 378 new freshmen on campus and over a hundred more students who transferred from another institution to PUC. The total headcount also includes students in PUC’s Degree Completion Program, which has campuses in Napa, Santa Rosa, and Lake County, and students in the off-campus nursing programs in Hanford, at Travis Air Force Base in Fairfield, and the Queen of the Valley Hospital in Napa.
Through Food, Running and Fun, Adventist Health Emphasizes Employee Wellness

Emily Young

Through patient care is an obvious part of Adventist Health’s mission, employee health is being emphasized throughout the system. From encouraging employees to take the stairs, to offering wholesome food options, Adventist Health is helping its staff lead healthier lives.

Feather River Hospital Focuses on Wellness

Good ideas don’t always come from large departments with many employees. No one knows that better than Rick Mautz, Lifestyle Medicine director at Feather River Hospital.

Though he has help from volunteers, Mautz is only one of two paid employees in the Lifestyle Medicine department of the Northern California hospital. But he isn’t letting that stop him from helping employees realize healthy lifestyles in FRH’s Wellness Center, which opened in the spring of 2009.

Lifestyle Medicine hosts many courses meant to improve employees’ quality of life, including smoking cessation classes, a diabetes management class and the Coronary Health Improvement Project. The Wellness Center also features an exercise room for employees and discounted massage therapy.

While it facilitates healthful living for employees, the Wellness Center also benefits the community. Local community members can access many of the same services as employees, including quarterly health screenings to keep in shape.

Mautz’s dedication to the health of employees at FRH and its community is mirrored at other hospitals across Adventist Health.

SVH Supports Community and Employee Health

One southern California hospital emphasized employee health by sponsoring a 5k for the American Heart Association.

In September, employees at Simi Valley Hospital supported the American Heart Association and their own health by participating in the Ventura County Start! Heart Walk.

“It’s great to see Simi Valley Hospital demonstrating its community spirit and sharing what they’re doing with the business community,” said Dee Dee Cavanaugh, vice president of the Simi Valley branch of First California Bank. “[It] is a great way to lift employee morale and take care of their hearts at the same time.”

In October, employees also participated in the American Cancer Society’s Relay for Life. Through these events, employees show support for local non-profits and also reap the benefits in their personal fitness.

“The hospital has a direct relationship with the community,” said Jeremy Brewer, director of Volunteer Services at SVH. “Many of our employees work in their own neighborhood, so it is great to give back to the community while improving employee health.”

In addition to encouraging employees to participate in charity fitness events, SVH has been nationally recognized as a hospital with outstanding employee health and fitness programs.

“We are a Fit-Friendly Company recognized by the American Heart Association for meeting employee fitness needs,” said Brewer.

To qualify as a Fit-Friendly Company, SVH offers employees support for physical activity, healthy eating options and a culture of wellness.
Working Well at the Corporate Office

In Roseville, Calif., the corporate office’s Work Well program makes it easier to have a healthy lifestyle.

Those who decide to be a part of Work Well are given annual health screenings, which allow employees to set healthy lifestyle goals. Improved health isn’t the only benefit employees can receive; everyone who participates in Work Well also receives $100 off of their yearly health plan deductible.

In addition, the program offers monthly lectures that focus on healthy living. Topics range from incorporating fiber in diets to considering alternatives to dairy to cancer prevention.

“The health sessions focus on disease prevention, specifically cancer prevention, and food for life classes,” said Charlie Bowman, an executive assistant at the corporate office who coordinates the monthly classes. “We’ve had a really good response. When we have cooking classes they fill up pretty fast.”

In the future, Bowman plans to add fitness to the topics discussed at Work Well meetings. She said, “We hope to have a fitness trainer come in and to demonstrate what you can do with training and exercise.”

CMC Gets “Amazingly” Creative

On the island of Oahu, Castle Medical Center also takes an active role in employee health.

For the first time this year, the hospital sponsored an “Amazing Race” type event to encourage employees to strive for overall wellness. Beth Davidann, Wellness and Lifestyle Medicine Center director at CMC, and her staff got the idea from the popular “Amazing Race” TV show.

“We wanted to emphasize all areas of wellness,” Davidann said. “So we didn’t only have a fitness challenge, but also stress-management and nutrition.”

In the nutrition challenge, team members were blindfolded and asked to identify the foods they tasted. The stress-management challenge had one member of the team receiving a chair massage while the other team members hummed a lullaby, recited a Bible verse and created soothing waterfall sounds using two cups of water. The scene created lots of stress-reducing laughter for both participants and observers. Eight teams of four employees competed, and their coworkers came out to encourage them.

“Some teams had whole cheering sections that would follow them,” Davidann said. “Those who participated really had fun.”

In addition to the Amazing Race, CMC has several free fitness classes that meet regularly including: the Lunch Crunch, a half-hour fitness program that meets during the lunch hour, and Zumba that meets in the late afternoon.

This year, CMC also sponsored a Couch Potato to 5k program to prepare employees who did not have a regular fitness regimen for the Windward 5k race.

“Folks that really weren’t runners wanted to follow a plan with our fitness specialists so they could participate in a 5k,” Davidann said. “Those who participated were really pleased with the results.”
Nondiscrimination Policy Statement

The Seventh-day Adventist Church, in all of its church schools, admits students of any race to all the rights, privileges, programs and activities generally accorded or made available to students at its schools, and makes no discrimination on the basis of race, color, ethnic background, country of origin, or gender in the administration of education policies, applications for admission, scholarship or loan programs, and extracurricular programs.

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**TRENDY ANNUAL ADVENTIST HEALTH SYSTEM CEO REUNION** (Jan. 29-30)
Avon Park, Fla. Info: Bill Sager, 863-452-2593, wcsager@tnni.net; or Tom Amos, 863-452-1979, dtamos@gmail.com; or Jim Culpepper, 615-415-1925.

**ADVENTIST BOOK CENTER HOLIDAY OPEN HOUSE AND SALE** (Dec. 6)
13405 N. Scottsdale Rd., Scottsdale, 9 a.m.-4 p.m. Info: 480-991-5080.

**RETIREES CHRISTMAS DINNER** (Dec. 6)
Arizona Conference Office, 13405 N. Scottsdale Rd., Scottsdale. Registration begins at 11:30; dinner at noon. Info: Shirley, 480-991-6777, ext. 120.

**A SEASON’S MUSICAL “JESUS, OUR LORD AND SAVIOR”** (Dec. 5)
Fresno Central church. Conducted by Dr. Helen Sprengel-Lutz. Info: 559-233-1171 or office@fresno-cccsda.org.

**“RECONNECTING WITH MISSING MEMBERS IN 21ST CENTURY CONGREGATIONS”** (Dec. 5)
Palo Alto church. Guest speaker will be Paul Richardson. Times: 9:45-10:45; 11-12:30; and 2:15. Lunch provided. Info: 650-327-8545 or constantinesteve@hotmail.com.

**SINGLES SOCIAL** (Dec. 5)
CC office from 10 a.m.-10 p.m. Info: Lisabeth 559-347-3176 or l pasillas@cccsda.org.

**TREASURERS TRAINING** (Dec. 6)
CC office. Info: Mayra, 559-347-3145 or mthompson@cccsda.org.

**MUSICAL CONCERT WITH EARL MULLER, BARITONE** (Dec. 12)
Fresno Westside church, 4 p.m. Info: 559-233-3648.

**HISPANIC SABBATH SCHOOL & CHURCH OFFICERS TRAINING** (Jan. 9)
San Jose Spanish church. Info: Florina, 559-347-3150 or fmoales@cccsda.org.

**WOMEN’S RETREAT** (Jan. 29-31)
Tenaya Lodge. Info: Pat Curtis, 559-642-2396 or 1patcurtis@gmail.com.

**WOMEN’S RETREAT** (Feb. 5-7)
Soquel Conference Center. Info: Pat Curtis, 559-642-2396 or 1patcurtis@gmail.com.

**Nevada-Utah**

**CHRISTMAS MUSICAL** (Dec. 12) 11 a.m. Reno church, 7125 W. 4th St., Reno, Nev.; and 6 p.m. Sparks church, 2990 Rock Blvd., Sparks. Nev. Info: Ed Johnson, 775-322-6929 or ejohnson@nevadaudah.org.

**LAS VEGAS AREA YOUTH RALLY** (Jan. 8-9)
Las Vegas, Nev. Info: Fanga Finna, 775-322-6929; or fjfinna@nevadaudah.org. www.nevadaudah.org.

**R.O.C.K. WINTER RALLY** (Jan. 9-10)
Reno, Nev. Info: Ed Johnson, 775-322-6929 or ejohnson@nevadaudah.org.

**Northern California**

**CAPITOL CITY 25TH ANNIVERSARY CELEBRATION** (Dec. 5)

**ANGEL TREE BANQUET** (Dec. 6)
Sacramento-Capitol City church, 6701 Lemon Hill Ave., Sacramento. To donate or attend: 916-381-5353.

**DRIVE-THROUGH NATIVITY** (Dec. 10-13) 7-10 p.m. Real animals and actors. Roseville church, 914 Citrus Way, Roseville. Info: 916-786-8350.


**POWERFEST YOUTH RALLY AND LOST & FOUND CONCERT** (Jan. 9) 10:30 a.m. Carmichael church, 4600 Winding Way, Sacramento. Youth Department, 925-603-5080.

**Pacific Union College**

**CHRISTMAS CONCERT** (Dec. 5) The music department presents their annual afternoon Christmas program for the community. PUC church, 4 p.m. Info: 707-965-6201.

**EVENSong** (Dec. 12) Mark the end of the Sabbath with uplifting music and the spoken word. PUC church, 4 p.m. Info: 707-965-6201.

**Southeastern California**

**CANDLELIGHT CHRISTMAS CONCERT** (Dec. 4) 7:30 p.m., La Sierra University church, 4937 Sierra Vista Ave., Riverside. After the concert, in the church’s Sierra Vista Chapel, there will be a display of Nativity scenes from around the world.

**LOMA LINDA CHILDREN’S CENTER CHRISTMAS PROGRAM** (Dec. 5) 4 p.m., Loma Linda University church, 11125 Campus St., Loma Linda.

**“A CHURCHMOUSE CHRISTMAS”** (Dec. 5) Pathfinder Room, La Sierra church, 4937 Sierra Vista Ave., Riverside. Performed by members of the church’s Adventurer Club.

**FESTIVAL OF LIGHTS PARADE** (Dec. 6) 6:15 p.m. Palm Canyon Drive, Palm Springs. The Palm Springs church will have a float in the parade.

**HANDEL’S MESSIAH** (Dec. 6) 3 p.m. Palm Springs church, 620 S. Sunrise Way, Palm Springs. A community concert.

**ANNUAL CHRISTMAS PROGRAM** (Dec. 12) 9:15 a.m. Yucca Valley church, 8035 Church St., Yucca Valley. Presented by Yucca Valley Adventist Team School. Info: 760-772-4445.

**OLD-FASHIONED CANDLELIGHT CHRISTMAS VESPERS** (Dec. 18) 7 p.m., La Sierra church, 4207 Spring Gardens Rd., La Sierra. Info: 619-461-5703.

**“A QUIET CHRISTMAS BY CANDLE-LIGHT”** (Dec. 18) 7 p.m., Anaheim church, 900 S. Sunkist St., Anaheim.

**Music, carols, the Christmas story, and the Lord’s Supper. Info: 714-635-0990.**

**CHRISTMAS CONCERT WITH JIM MCDONALD** (Dec. 19) 4:30 p.m., La Mesa church, 4207 Spring Gardens Rd., La Mesa. Info: 619-461-5703.

**CHRISTMAS CANTATA FESTIVAL** (Dec. 19) 4 p.m., La Sierra church, 4937 Sierra Vista Ave., Riverside. Info: 951-354-7095. The program will be repeated Dec. 20 at the First Baptist church, 5500 Alessandro Blvd., Riverside. Info: 951-683-1711.

**LOMA LINDA ACADEMY CHORAL CHRISTMAS CONCERT** (Dec. 19) 4 p.m., Loma Linda University church, 11125 Campus St., Loma Linda.

**LIVING NATIVITY PROGRAM** (Dec. 20) 5:30 p.m. La Sierra church, 4207 Spring Gardens Rd., La Sierra. Info: 619-461-5703.

**CHRISTMAS EVE SERVICE** (Dec. 24) 5:30 p.m., La Sierra University church, 4937 Sierra Vista Ave., Riverside.

**“TWAS THE FIRST DAY OF CHRISTMAS”** (Dec. 26) 4 p.m., Loma Linda University church, 11125 Campus St., Loma Linda.

Southern California

**GLENDALE ADVENTIST ACADEMY CHRISTMAS CONCERT (Dec. 4)**
Includes the GAA Chorale. 7 p.m. Glendale City church, 610 E. California Ave. Info: 818-244-8671.

**ANNUAL CHRISTMAS CANDLELIGHT CONCERT (Dec. 4) 7:30 p.m.** Camarillo church, 3975 Las Posas Rd. No cost. Bring your neighbors and friends to welcome in the holiday season. Info: 805-482-4632.

**“JOURNEY TO BETHLEHEM” (Dec. 4-6) 6:30 p.m. nightly.** San Gabriel Academy, 8827 East Broadway, San Gabriel. School’s athletic field transformed into the village of Bethlehem. Ongoing concert and special music, with singing groups. Info: 626-292-1156.

**“MISSION OF MERCY” SEMINAR (through Dec. 5) Speaker, Michael Hugh Harvey, president, North Jamaica Adventist Mission. 7 p.m. nightly except Wednesday. Gardena church, 16113 S. Denker Ave. Info: 310-324-3992.**

**GLENDALE ADVENTIST ACADEMY CHRISTMAS BAND CONCERT (Dec. 10) 7 p.m. (Location TBA.) Info: 818-244-8671; scc.adventist.org, Calendar of Events.**

**ANNUAL VALLEJO DRIVE CANDLELIGHT CHRISTMAS CONCERT (Dec. 12) With choral and handbell choirs: 4 p.m. Vallejo Drive church, 300 Vallejo Drive.**

**GLENDALE ADVENTIST ACADEMY CHRISTMAS CHOIR CONCERT (Dec. 17) Grades 5-12. 7 p.m. Vallejo Drive church. Info: 818-244-8671.**

**CHIP ALUMNI MEETING & POTLUCK (Dec. 17) “The Gift of Forgiveness,” preparing yourself to give the gift of forgiveness in difficult situations. Plant-based potluck, 7 p.m. RSVP not required, but appreciated. Info: alhambraCHIP@gmail.com, 818-949-8377.**

**SAN GABRIEL ACADEMY ELEMENTARY SCHOOL CHRISTMAS PROGRAM (Dec. 17) 6:30-8 p.m. Temple City church, 9664 Broadway. Info: 626-292-1156.**

**ANNUAL CHRISTMAS CANDLELIGHT SERVICE (Dec. 19) 4:30 p.m. Lancaster church, 43824 30th St., West. Featuring the church orchestra, a manger scene by the children, readings, skits, and congregational singing of Christmas songs. Info: 661-943-5725.**

**RISE UP! A NEW LIGHT A-COMIN’ (Dec. 19) By Lloyd Larson and Pamela Martin. Christmas choir, chamber orchestra. Moorpark Community Fellowship, Mesa Verde Middle School, 15000 Peach Hill Road. 5 p.m. Connie Vandeman Jeffery, narrator. Spirituals, carols, original music tell the Christmas story. Free; all welcome. Info: www.moorparkcommunitychurch.com; 805-857-1097.**

**WEBCLINIC TRAINING SESSIONS (Jan. 10, 11) 9 a.m. to 1 p.m. Hands-on training for netAdventist, Adventist-ChurchConnect, including introduction of important new netAdventist features StudyTracker and CongregateChat. Light brunch. Jan. 11, 9 a.m.-1 p.m. netAdventist training only. SCC office, 1535 E. Chevy Chase Dr., Glendale. Info: bcooney818@sbcglobal.net.**

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ANDREWS UNIVERSITY, an international Seventh-day Adventist Christian University with over 3,500 enrolled domestically and over 4,000 enrolled offsite, is seeking a new Provost. The Provost reports to the President of the University and is responsible for all the academic programs, educational services, quality/program review, student success, teaching and learning resources, faculty development, outcome assessment, university accreditation and providing Christian leadership to the seventh most diverse campus in the nation. The preferred candidate should hold an earned doctoral degree and have experience in mobilizing and leading a diverse structure to demonstrated levels of achievement. The successful candidate will have significant academic/manage- ment experience in diverse institutions of higher learning. This candidate will also possess academic vision, program development, collaborative style, strong interpersonal skills, and an ability to champion positive change. Andrews University encourages applicants with diverse backgrounds to apply at: www.andrews.edu/hr/emp_jobs_faculty.cgi.

ANDREWS UNIVERSITY is seeking a qualified individual to join the faculty of our Communication Department. Must have a broad spectrum of communication skills with a minimum of a Master’s in communication or related degree. Two years teaching experience preferred. Interested candidates apply at: www.andrews.edu/hr/emp_jobs_faculty.cgi.

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SOUTHERN ADVENTIST UNIVERSITY seeks faculty member for English as a learned language and basic writing, including intermediate and advanced reading, writing, and grammar skills. Candidate will hold at least a M.A. in English, with emphasis on teaching English as a learned language, or a Ph.D. in linguistics. He/she will have a record of successfully teaching ELI.

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UNION COLLEGE seeks a professor of European history, effective Fall 2010. Preferred applicants hold or expect to complete a doctorate in some aspect of European historical studies or a closely related discipline. Please contact Michelle Velazquez Menard, Humanities Division Chair, mmenard@ucollege.edu.

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**HOUSE IN ANGWIN:** 2,026 sq. ft. living room, dining room, 3-bdrm, 2.5-bath, office, family room with fireplace, eat-in kitchen, central heat and air, 2-car garage with workshop area. One mile from PUC on .47 acre. Interested in trade for smaller house in Angwin. 707-965-9696.


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**PACIFIC UNION RECORD**

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The journey begins with us.

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This information is not intended to provide advice for any specific situation. Advice from a qualified attorney and/or tax accountant should always be obtained before implementing any of the strategies described.

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Northern California
Southeastern California
Southern California
Hawaii
Nevada-Utah
Pacific Union
La Sierra University
Pacific Union College

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Seventh-day Adventist Church

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<th>Multi-room Satellite Packages</th>
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SWAN, ROBERT – b. April 21, 1921, Vancouver, British Columbia, Canada; d. Sept. 11, 2009, Loma Linda, Calif. Survivors: wife, Juanita; son, Robert; daughter, Lyn Moon; four grandchildren, two great-grandchildren. He was president of the National Association of Seventh-day Adventist Dentists, 1957-1958.


VISSER, SAUL J. – b. March 11, 1931, Comodoro Rivadavia, Chubut, Argentina; d. Oct. 12, 2009, St. George, Utah. Survivors: wife, Nelly; sons, Ed, Hugo; three grandchildren. Served as principal in Argentina for 12 years; as pastor in Comodoro Rivavazia, Chubut, Argentina; as pastor in Argentina for a year and he wants to return to Mexico to be near his family. His unit has been mentioned for the whole family.


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Advertising is accepted as a service to Seventh-day Adventist members in the Pacific Union. The Recorder management reserves the right to refuse any advertising, especially ads not related to the needs and practices of the Church membership. Acceptance of any advertising shall be considered a matter of accommodation and not a matter of right, nor shall it be construed to constitute approval of the product or service advertised.

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Opinions expressed are those of the writers, and do not necessarily reflect the views of the Recorder editorial staff, executive editor, or the Pacific Union Conference executive committee.

The Recorder welcomes feedback to articles, suggestions, or comments which contribute, in a positive way, to the thinking of the church on important issues. Letters must include signature, address and home church. Limit, 250 words.

Send to: Editor, Pacific Union Recorder, Box 5005, Westlake Village, CA 91359.

E-mail: alicia@pacificunionline.org

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**SUNSETS**

**DECEMBER 2009**

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