Keeping the Sabbath as a Family

Therefore know that the Lord your God, He is God, the faithful God who keeps covenant and mercy for a thousand generations with those who love Him and keep His commandments. Deuteronomy 7:9, NKJV.

Search the scriptures, parents. Be not only hearers, but doers of the Word. Meet God's standard in the education of your children. Let them see that you are preparing for the Sabbath on the working days of the week. All preparation should be made, every stitch taken, on the six working days; all cooking for the Sabbath should be done on the preparation day. It is possible to do this, and if you make it a rule, you can do it....

Explain your work and its purpose to your children, and let them help themselves and their parents in their preparation to keep the Sabbath according to the commandment. Lead your children to consider the Sabbath a delight, the day of days, the holy of the Lord, honorable....

On Friday the clothing of the children ... should all be laid out by their own hands under the direction of the mother, so that they can dress quickly, without any confusion or rushing about, and hasty speeches.... This is God's holy day; the day that He has set apart to commemorate His creative works; a day which He has sanctified and hallowed....

On the Sabbath, parents should give all the time they can to their children, thus making it a delight. I have seen many families where father, mother, and the older members of the household take themselves away from the younger children, and leave them to amuse themselves as best they can. After a while, the children become weary and go out of doors, and engage in play or some kind of mischief. Thus the Sabbath has no sacred significance to them. In pleasant weather the parents can take their children out for a walk in the fields and forest, and talk to them of the lofty trees, the shrubs and flowers, and teach them that God is the Maker of all these things. Then teach them the reasons for the Sabbath, that it is to commemorate God's created works. After working six days, He rested the seventh, and blessed and hallowed the day of His rest. Thus the most profitable instruction can be given.--Lake Union Herald, April 14, 1909.