Draw Spiritual Lessons and Health Benefits From Trees

He causes the grass to grow for the cattle, and vegetation for the service of man, that he may bring forth food from the earth. Psalm 104:14, NKJV.

In a certain place, preparations were being made to clear the land for the erection of a sanitarium. Light was given that there is health in the fragrance of the pine, the cedar, and the fir. And there are several other kinds of trees that have medicinal properties that are health-promoting.

Let not such trees be ruthlessly cut down. Better change the site of the [sanitarium] building than cut down these evergreen trees. There are lessons for us in these trees. God's Word declares, "The righteous shall flourish like the palm tree; he shall grow like a cedar in Lebanon." David says, "I am like a green olive tree in the house of God: I trust in the mercy of God for ever and ever."

The Christian is likened to the cedar of Lebanon. I have read that this tree does more than send down a few short roots into the yielding loam. It sends strong roots deep down into the earth, and strikes down further and still further in search of a still stronger hold. And in the fierce blast of the tempest, it stands firm, held by its network of cables beneath.

So Christians strike roots deep into Christ. They have faith in their Redeemer. They know in whom they believe. They are fully persuaded that Jesus is the Son of God and the Savior of sinners. The goodly sound of the gospel is received without conflicting doubts. The roots of faith strike deep down. Genuine Christians, like the cedar of Lebanon, do not grow in the soft surface soil, but are rooted in God, riveted in the clefts of the mountain rocks.

Study these lessons from the trees. I could dwell long on this subject, but I must not just now. I ask you not to cut away your pine trees. They will be a blessing to many. Let them live.

I want to say to you, my brethren and sisters, that you have my prayers and my sympathy in your work. Remember that you are trees in the garden of the Lord, and that the divine protection is round about you. The more visible the line of demarcation between the flowers of God and the briar and thorn of Satan's planting, the more the Lord is glorified.--Spalding and Magan Collection, 228, 229.