Dear Lexie,

Seize the Moment!

It was a day in November 1952, having arrived back in South Lancaster, Massachusetts from California to be inducted into the US Army. I borrowed my father's car to drive down Main Street to see what had happened in that town since I had left it two years earlier.

In 1950, four of us teenagers struck a deal to drive to California to seek our fortune. It was a very long drive to look for work.

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Hope and Health

Eight weeks could make a big difference. Do our New Year's resolutions need a boost? Are we looking for a new way to live life? Are we tired of trying yet another diet, another fast-fix for old problems?

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This Sabbath:
   June 7, 2014

Speaker:
Chaplain Barry Black

Special Musical Guests:
Men of Honor
Jolene Dowden

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Seize the Moment!

Scott Lawrence

It was a day in November 1952, having arrived back in South Lancaster, Massachusetts from California to be inducted into the US Army. I borrowed my father’s car to drive down Main Street to see what had happened in that town since I had left it two years earlier.

In 1950, four of us teenagers struck a deal to drive to California to seek our fortune. It was a very long drive to look for work. When we arrived we discovered to our dismay that jobs simply weren’t available for inexperienced young fellows. We stopped in to visit the Glendale Sanitarium and Hospital for a meal, following which we had no choice but to drive back to Massachusetts in the hope of getting our former jobs back. It was late in the afternoon and I checked to see if there were any work opportunities at the “San”, only to discover that they had two openings and within twenty minutes I had a job. Seize the Moment! I had no room and again within a few minutes the kind folks found me a furnished room within walking distance. A job and a room within thirty minutes. Seize the Moment! My friends drove back to Massachusetts. During the next two years I was offered a job at Lockheed Air Service at twice the pay I had received at Glendale, so I took that. Seize the Moment! Then that fateful induction notice arrived requiring me to go back to Massachusetts. As I drove down Main Street, remembering my time in South Lancaster Academy, I noticed a beautiful young lady walking on the sidewalk and remembered her from Academy days, so I made a U turn, pulled up alongside and spoke to her, inviting her to join me to bring me up to speed, she did and that began a 62 year relationship which is still going strong, Seize the Moment!

Army time, marriage, back to Lockheed Air Service for a time, GI Bill opportunity, La Sierra College acceptance, part time work, full time studies. Seize the Moment! Four years later – graduation, children, a teaching job. On and on over the years, choices of opportunities came. Each time – Seize the Moment!

Nothing ever is guaranteed in life. You have to Seize the Moment whenever opportunities arise. Today each of us must decide where we can be of service, no matter what age we are. God will bless our efforts if we ask Him to give us opportunities to Seize the Moment! Though young, though having reached retirement, your Church, a local school, a hospital. a community service agency, etc., all become opportunities for continued voluntary service that will not only bless those you serve, but bless you even more, knowing that you are involved where help is needed.

Age is no excuse for not being involved, since a lifetime of experience is a most valuable asset. You are a walking library that is a resource that no one else can replicate. Make that resource available as a blessing to those who can only read about what you personally have experienced. Seize the Moment! If you don’t it will disappear. God will give you opportunities, recognize them.

(by Erwin H. Mack)
Eight weeks could make a big difference

Do our New Year’s resolutions need a boost? Are we looking for a new way to live life? Are we tired of trying yet another diet, another fast-fix for old problems?

Welcome to The Homes of Hope Hope and Health Discussions:

What’s different here? The program is

- Not a diet but we can definitely lose weight.
- Not doctor’s appointments, but we’ll get prescriptions for our health.
- Not a health clinic, but we will be advised to see our doctor.
- Medicine will be continued, but we may discover that it’s not needed.
- There are no sponsors; we’ll make decisions for ourselves.
- Yes, there is a pattern to follow – but it’s not a “one size fits all” plan.
- No guilt if we don’t work the program — but better health if we do.

How will we know if we’ve been helped?

We’ll think more clearly, be happier, have more energy, sleep better, look better, and be sick a lot less. Further documentation that we have improved will come if our doctor says we are better.

A home environment can be a safe place to grow, even a place to start over— a home where there is Hope and where
we can share ideas and learn new ones.

The cost? No cost – except our time – for eight weeks.

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