In this Issue:
- Remember to Touch Base
- Washington Adventist University Mourns
- Upcoming Events
- Affirming Our Grads 2015

Share a Simple idea with a friend.

Dear Lexie,

Remember to Touch Base

I tend to treat praise and criticism alike - I try not to be carried away by either. However, I remember an occasion when I was on the receiving end of what I guessed was intended to be praise that left me with a warm feeling.

Read more

Washington Adventist University Mourns

The May 2 death of Adjunct Professor of Education Myschelle Spears, Ph.D. is being mourned this week by Washington Adventist University (WAU) faculty, staff and students. Until recently, she taught an undergraduate education course, Material for Teaching Reading, for the university’s School of Graduate and Professional Studies.

"It is the real-world experiences of adjunct professors like Dr. Spears that provides such value to our students," said Nicole Currier, dean of the
**This Sabbath:**
May 16, 2015

**Speaker:**
*Pastor Charles A. Tapp*

"When All You Can Do Is Pray, Part II: The Thrill of Victory and the Agony of Defeat!"

**Special Musical Guests:**
Ekaterina Tomenko Di Pinto (vocalist)  
Mark Di Pinto (pianist)  
Yuri Tomenko (violinist)

**Upcoming Events**

Sligo Church will be hosting events for both Sligo Adventist School and Takoma Academy in May and June.

**Sligo Adventist School:**
- Baccalaureate, May 30, 11:15AM  
- Commencement, June 4, 7PM

**Takoma Academy:**
- Consecration, June 5, 7PM  
- Baccalaureate, June 6, 11:15AM

Other future events include:
- Prayer Gathering (every Wednesday night @ 7PM)

**Affirming Our Grads 2015**
We are in the season of life where tears of joy and pride flow freely. The journey of much effort has reached a milestone that calls for reflection, celebration and affirmation.

Missed Last Week's Sermon?

Watch Live or OnDemand: Sligo WebTV

Sermon Audio Archive:

Audio Archive

Forward this email

This email was sent to ahc@andrews.edu by sligo@sligochurch.org | Update Profile/Email Address | Rapid removal with SafeUnsubscribe™ | Privacy Policy.

Try it FREE today.

Sligo Seventh-day Adventist Church | 7700 Carroll Avenue | Takoma Park | MD | 20912
I tend to treat praise and criticism alike – I try not to be carried away by either. However, I remember an occasion when I was on the receiving end of what I guessed was intended to be praise that left me with a warm feeling. After preaching the Sabbath sermon at Apple Creek Church in Toronto, a member of the congregation, who happened to be an old college friend, said, “McFarlane, you know what I admire about you: you have remained the same person that you were in college despite the positions that you have held in the church.”

That meant a lot to me, though I had not consciously striven to remain the same person. I am one of those people who try not to forget my roots and the factors that have shaped my life. Last year on a trip to Jamaica I went back to Ginger House, the village where I grew up. There wasn’t a need to go there but I wanted to. I wanted to see the friends with whom I ran to school in the morning, hear the roar of the Rio Grande River and, most importantly, spend a quiet moment on the property where I grew up. Seeing the star apple tree (Chrysophillum cainito) that provided several generations of my family with generous quantities of tasty and succulent fruits brought back many pleasant memories of my childhood. The experience felt as if I was being re-grounded – being brought back to where I belong and to what is responsible for what I am.

That experience also helped me to understand and appreciate Paul Templar’s Rule, No 47, in his book, titled, “The Rules of Life,” that says “Remember to touch base.” He explains this by saying, “We all lead increasingly busy, frenetic and frantic lives. We all get caught up in the hurly-burly of life to such an extent that we lose sight of where we thought we were going and what we thought we were going to achieve. Base is going back to where you dreamed it all, planned it out. Base is where you were before you got lost…Base camp might well be rediscovering your roots – knowing who your family is where you came from, what your real background is.”

As Christians it’s essential that we touch base as well, not once a year or occasionally. We need to touch base every day. Base camp is where we are reminded as to why we are here, why we decided to give our hearts to Christ and what God’s purpose for our life is. Some people seem to have forgotten their past or their roots and pretend to be something other than what they really are. Unless we take time each day to touch base in prayer, in spiritual reflection and in imbibing God’s word, we are in danger of forgetting who we are as God’s children and of living a life of pretense.

Jesus uses a compelling illustration in emphasizing how important it is for His followers to touch base continually. He says, “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned.” (John 15:5, 6)

Don’t forget to touch base. “Touching base is something that when we do it, we wonder why on earth we left it so long.” (Templar)
We are in the season of life where tears of joy and pride flow freely. The journey of much effort has reached a milestone that calls for reflection, celebration and affirmation. Join us in affirming our graduates at all levels through these quotations.

“Education is the most powerful weapon which you can use to change the world.”
~Nelson Mandela

“Our greatest glory is in never failing, but in rising up every time we fail.”
~Ralph Waldo Emerson

“If opportunity doesn’t knock, build a door.”
~Milton Berle

“You have to expect things of yourself before you can do them.”
~Michael Jordan

“What we are is God’s gift to us. What we become is our gift to God.”
~Eleanor Powell

“If we all did the things we are capable of doing, we would literally astound ourselves.”
~Thomas Alva Edison

“God gives us dreams a size too big so that we can grow in them.”
~Author Unknown

Shoot for the moon. Even if you miss, you’ll land among the stars.
~Les Brown

In all your ways acknowledge Him, and He shall direct your paths.
Proverbs 3:6

Join us by sharing a quote to inspire and affirm our graduates!

(by Chris Daley & Dawn Reynolds)

Tagged with → education • graduates • graduation