"Like a tree planted by the water that sends out its roots... but never fails to bear fruit."

—Jeremiah 17:8 (NIV)
Heart, Body, Mind: Serving God Over Spring Break

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On the cover

Jeremiah 17:8 says, “They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit.” Where a tree is planted makes a huge difference in its growth and success. At Southwestern Adventist University, students are given the opportunity to extend their roots beside the life-giving stream of God’s love. [Illustration by Alex Wicklund]
There are many ways to measure the quality of a university. You could check the credentials of the teachers. Are they well prepared, and do they know what they are talking about?

You might look at the buildings. Does the library have enough books—and the right ones? Has the school created comfortable places to study and exercise and pray?

Alternatively, you could focus on an institution’s philosophy. Do you feel like leaping to your feet and applauding when college representatives describe “the mission”?

All these ways of evaluating a university are good. But there is one more that is even more important. The simplest, clearest way to evaluate a school like Southwestern Adventist University is by our graduates, the people we send out into the world armed with our degrees.

We are a success when our graduates are making a difference in the world. We are an excellent school if our graduates are leaders in their communities, churches, and professions.

This year Southwestern Adventist University has been celebrating our 120th anniversary.

As we look back on the past years of educational milestones, we commend our graduates on their success and contributions to their families and communities. Southwestern will continue growing and thriving if our graduates demonstrate integrity, ingenuity, competence, and courage. We will succeed through the connections created by graduates—people who demonstrate in their lives that “the fear of the Lord is the beginning of wisdom.”
Un-paralyze Your Outlook

Zig Ziglar once said, “It’s not what happens to you that determines how far you will go in life, it is how you handle what happens to you.”

Too often when bad things happen to us and cause pain, we want to blame someone—or make someone else hurt. But what we need to do is look for a solution instead.

In the Sermon on the Mount Jesus said, “First remove the plank from your own eye, and then you will see clearly to remove the speck from your brother’s eye” (Matthew 7:5, NKJV).

In other words, we should first work on our own issues and not focus on other people’s shortcomings, even when we believe that their shortcomings got us into this mess!

Jesus offers a three-step process for handling what happens to us. First, look for the good. Second, learn to forgive. And third, take responsibility.

Our perspective determines our progress—in all kinds of life situations. The story of Donna Marini dramatically illustrates this point.

“When I first realized that I was paralyzed and that I was going to be in a wheelchair,” she said, “I was real upset and hurt and felt like somebody owed me—you know, this wasn’t fair, why me? Then I realized as time went on that it wasn’t going to get much better, so I just needed to accept it. No one was going to beg me to do stuff, so I needed to be the person to continue on with my life and make something, be happy, ‘cause you know . . . it’s the best that it’s going to be.”

“Donna had been in a wheelchair for 11 years before she came to see me,” her physical therapist remembers. “What really pressed me about her was her outlook on life. Although she was still wheelchair-dependent, Donna had learned to dress and bathe herself. She made her own food and learned to drive her own car. In fact, she’s actually gone back to her profession as a model.”

“I didn’t think that I’d ever be able to meet a great guy,” Donna admits. “But I did, and I got married. Now I go out and talk to newly-injured people and encourage them. ‘Look at me,’” I tell them, ‘I’m doing fine. Things will be OK. You can go on.”

Donna refuses to become discouraged, depressed, or hateful about life. Instead, she chooses to be an inspiration.

“Life is so fragile, as they always say,” she says, “and I so appreciate what I have now. And you know, life is not really so bad—it’s pretty good. I can still have fun and do things.”

A positive outlook makes the difference between overcoming circumstances or being paralyzed by them. God offers wonderful promises to keep us hopeful, even in the worst of times.

What kind of outlook have you allowed yourself to have? What kind of attitude do you bring home at night? Could you deal with your problems in a different way?

When faced with life’s challenges, first, look for the good in situations and people; second, learn to forgive; and third, take responsibility for your actions, behavior, and emotions.

Allow an optimistic outlook to illuminate your heart, mind, and soul. Live with Christ’s perspective on life today, and every day until He returns.

That’s CREATION Health!

Lynell LaMountain, Southern Union health ministries director
Realizing My Potential: My Story of Faith

WHEN I THINK ABOUT THE EXPERIENCES IN MY LIFE THAT REQUIRED FAITH, one story that comes to mind is my journey to Southwestern. I was attending community college and life wasn’t good. I had lost my relationship with Christ and my grades were suffering. The college told me that I wouldn’t be able to return the following year and my family was devastated. My mother knew that I was better than that, and she prayed that God would show us what to do.

I started to look at other colleges, but I did not get accepted into them or they never responded at all. I started to look at Adventist colleges as well, and I was expecting the same response. I prayed before I sent out the last applications. I told God that whichever school called me first and let me know that they could help me was the school I knew He wanted me to attend.

The same week I sent out the applications, Southwestern called me. It was very hard for me to let them know what had happened the previous year and admit that I had procrastinated and let my grades suffer. But they were willing to help me! After much prayer and talking to the administration, I left my home in Atlanta to drive 13 hours to Southwestern Adventist University.

Coming to Texas was definitely a big step in faith. When I was accepted at Southwestern, I was excited, but a part of me realized that I wasn’t going to be in my comfort zone and I would have to fully rely on Christ. When you put your faith in Him, He will never fail you. My favorite verse is Deuteronomy 31:6, which says, “Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; He will never leave you nor forsake you” (NIV).

Since coming to Southwestern my grades have improved significantly. I am a part of the University Singers (Southwestern’s traveling choir) and the president of United Praise Gospel Choir. I’m also a Student Association officer for next school year, and I have made countless numbers of friends and even more memories that will last a lifetime.

Most importantly, my relationship with Christ has improved more than ever before. I am now a theology major with hopes of becoming a youth minister. I also work in the Spiritual Life and Development department as the small group/in-reach coordinator. My job allows me to be directly involved with helping my fellow students make time for their relationship with God and find the same balance I was looking for in my life.

I’m also fulfilling my dream of starting an Adventist record label called Dissonant Records with two of my friends at Southwestern. Now we are putting out awesome music that rings true with our Adventist message and beliefs. I’m excited for these amazing changes in my life. The opportunities here are endless.

God has truly blessed me and I thank Him every day for bringing me to Southwestern at the right time. If I had come before I realized my need of Him, I wouldn’t have appreciated it as much as I do now. His timing is perfect.

Robert Leslie speaks from the heart about true discipleship during Southwestern’s Student Week of Prayer.

Robert Leslie, sophomore theology major, Southwestern Adventist University
Every student at Southwestern is an original. Each has talents, skills, and interests that are unique, and that’s why Southwestern’s spiritual life and development department created a new weekly newsletter, Options, to connect students with local churches.

The goal of Options is to help students make informed decisions; it lets them know what’s going on and how they can get involved. “Each week we want every student to have a place to go and, if they want, to be involved,” says Michael Gibson, student pastor liaison and sophomore theology major.

“We want people to realize they can go to any church in the area,” says Russ Laughlin, vice president for spiritual development. “If students know what’s out there, they can make an informed decision and find a perfect fit.”

The program is also designed to help students learn how to be active in an environment outside of a college church. “As a church, we sometimes lose connection with our youth when they leave college or leave home. A small church doesn’t have the resources to plan at a level of involvement that a college church does. We need to be teaching our youth how to step in and become involved, lead the programs, or effect the change they’d like to see instead of not going to church because they don’t find what they’re looking for.”

By finding a church that meets their individual needs, or provides an opportunity to use their talents, whether it is in Keene or Dallas, students can feel more comfortable and open to spiritual growth.

“We hope that Options will become a tool that helps students graduate from Southwestern with connections throughout the community,” says Gibson. “This way they can better transition into life outside of college.”

Though Options has just been in its trial run this past semester, the team has had positive feedback. Students mentioned that it’s nice to have all the information consolidated into one place. It helps make a statement about what’s available. Also, the pastors like to see what’s going on.

“Each week we see how Options can improve and grow,” says Gibson. “The idea is to streamline the information, no fluff.”

Laughlin came up with the idea of Options, then he invited students Gibson and Hayden Scott, Options designer and sophomore psychology major, to make it happen.

“I firmly believe that God brought the right people into the mix to make this successful,” says Russ Laughlin, vice president of spiritual development. “It’s just a combination of utilizing efforts to provide a great service.”

Gibson contacts all Adventist churches within a 50-mile radius. They send him information, and he assembles it into an organized form. Then Scott designs the newsletter and sends it out via e-mail. The newsletter is sent to all Southwestern students, faculty, and to pastors of local churches.

“I think one of the greatest things that Options offers is just that: options to connect with God in a way that is relevant for the student,” shares Geraldo Alonso, Keene church youth pastor. “Students not only have a variety of opportunities to worship God, and even more ways to get involved in leadership at all these churches.”
Si Dios Te Está Abriendo las Puertas

“Si Dios te está abriendo las puertas ahora, toma esta oportunidad. ¡No la dejes pasar!” Estas fueron las sabias palabras que mi madre me dijo antes de venirme a estudiar a Southwestern Adventist University. Llegué en Agosto del 2010, y en estos cuatro años he tenido experiencias increíbles gracias a las diferentes actividades que la universidad provee para todos sus estudiantes. He tomado parte en viajes misioneros a Costa Rica (2011) y Perú (2012), también me involucré en campañas de colportaje cada verano e invierno desde el 2011, siendo co-líder de campañas durante el último año. Estas actividades han impactado mi vida inmensamente y fortalecido mi fe. Me gustaría compartir con ustedes una de las muchas historias que tocaron mi alma durante el colportaje el invierno pasado.

Después de un día lleno de actividades en el Valle de Texas, al llegar la tarde decidí aprovechar el tiempo y comenzé a tocar puertas. Parecía que no había mucho interés, pero yo estaba convencida de que Dios no me había puesto ahí en vano. Llegué a una casa más y elevé una oración en mi corazón al tocar la puerta. Una señora me atendió y comenzé mi presentación enseguida. Presenté el paquete completo, pero ella dijo que no. Así que intenté ofrecerle diferentes opciones pero ella definitivamente no estaba interesada. A pesar de que no compró ningún libro, ella me dio una pequeña ayuda monetaria. Tomé la oportunidad y le di un libro pequeño. Antes de retirarme le ofrecí orar con ella y su semblante cambió. Oré por ella con sinceridad y al terminar la oración, me miró a los ojos y me preguntó,

- ¿De qué iglesia eres?
- Soy Adventista del Séptimo Día. ¿Ha escuchado de mi iglesia?
- No, nunca.
- Somos cristianos; una de las cosas que nos distingue está en nuestro nombre: Adventista, el cual indica, de acuerdo a la Biblia, que esperamos el regreso, de Jesús. Del Séptimo día se refiere a que nosotros guardamos el sábado como el día de reposo, como lo dice la Biblia.

Sus ojos se abrieron bien grandes, y ella me dijo,

- ¡El Sábado es el verdadero día de reposo de acuerdo a la Biblia! ¡Sí! Mi esposo me ha estado hablando de esto últimamente. Él lo encontró en la Biblia y me lo enseñó. Hemos estado buscando una iglesia que adore en sábado pero no hemos encontrado ninguna. Déjame anotar el nombre de tu iglesia, mi esposo estará muy emocionado de saber que sí existe una iglesia que adora en sábado.

Ella no quiso darme sus datos para visitarla después. Yo le dejé mucha información acerca de nuestra iglesia, incluyendo la dirección para llegar a la iglesia Adventista más cercana a su colonia.

Después de tener esta experiencia esta tarde en particular, tuve la oportunidad de presenciar milagros en cada puerta que tocé, y al final ni cuenta me di cuando alcancé mi blanco para ese día. No he sabido más de esta persona desde aquella tarde, pero confío en la promesa que se encuentra en 1 Corintios 15:58 “Así que, hermanos míos amados, estad firmes y constantes, creciendo en la obra del Señor siempre, sabiendo que vuestro trabajo en el Señor no es en vano.” Estoy segura de que Dios cuida de ella y su familia, y El los guiará a la verdad.

Estas experiencias me infunden aliento y mi fe en Dios crece. A través de Southwestern he podido experimentar la mano de Dios de manera increíble, mi deseo de servirle por el resto de mi vida ha sido reafirmado.

Blanca Zuazua
Thirst For Success

Makala Coleman, senior journalism major

There’s something going on at Southwestern. Enrollment is up and students are doing better than ever academically. There are many reasons for these exciting improvements, some of which can be attributed to two new programs: CASA (the Center for Academic Success and Advising) and the CORE (Character, Opportunity, Responsibility, Eternity) Enrichment summer program.

“As a university it’s our job to make students thirsty,” says Andrew Smith, CASA director. “We cannot force students to drink. They need to thirst for success.”

CASA – Sharing Peace and Advice

CASA is an advising program with prayer, planning, and hard work as the main goals. Any student who feels they need a little
extra help is welcome; they don’t need to be on the margin. Sometimes a teacher will recommend students who miss class often or who don’t turn in homework.

First, Smith meets with the student. They look at time management, talk about effective study skills, and build motivation.

“Students tend to take on too much,” says Smith. “They want to play hard,
but don’t take time to study hard. We just have to tell students ‘you’re capable’ and get them to believe in themselves.”

The second aspect of CASA is prayer. Life issues can weigh heavily on students, so CASA reminds them that there’s a greater Power to turn to. Third, students are encouraged to make connections all over campus and to be involved at a healthy level.

The program is located in the Chan Shun Centennial Library, in a special area dedicated to study and interaction and decorated to inspire and motivate.

Dorie Cruz, director of students with disabilities, also plays a large role in CASA. She advises students on academic probation, and works with Smith to make sure every CASA student gets help.

“I tell my students on academic probation to form as many connections as possible around campus,” says Cruz. “Then they’re guaranteed to find at least one person that understands them and knows how to help.”

“This program is something I’ve wanted on campus since my first day working here,” says Cruz. “I’ve always felt we needed more support to help struggling students succeed, and I’m incredibly excited about the possibilities in store.”

CASA by no means works alone. It’s a united effort with the counseling department, tutoring programs, student services, and more. For the program to be successful, Smith wants to tap into all the resources available while making it simpler for students to access those resources.

Some of those resources are off campus too – as potentials employers from organizations such as the Texas Conference, the Adventist University of Florida, PhysAssist Scribes, Inc., United States Navy, Home Instead Senior Care, Loma Linda University and others attended the career and graduate school fair held on campus in April. This semester, Smith also provided several seminars – one on job skills and two on stress. Several students continued to seek Smith out after the seminars for additional assistance. Smith plans to make the seminars a regular semester offering.

“The power of conversation is tremendous,” says Smith. “I talk with students, learn their dreams and difficulties, and set up a plan. I’ve come to realize that the sources of many students’ academic problems are based on social or psychological issues. They need someone to confide in, to help them set boundaries, and learn how to reach their goals.”

“I’m most excited that we’ll be able to help more students and make a difference in more lives,” says Cruz. “When a student struggles they sometimes assume no one cares. This combats that mentality. We really do want to get to know the students, not just as students but as individuals.”
CORE Enrichment – Teaching Students to Succeed

The CORE Enrichment program is an intense, three-week, academic boot camp. It takes students who wouldn’t normally be accepted to Southwestern and tutors them in math, reading, and writing. Upon completion of the program they can attend Southwestern.

This previous fall saw the first group of freshmen integrated into the university’s regular class programming and CORE Enrichment students are standing up to the test. Of those who completed the CORE program, 100 percent of the students came back. Also, 87 percent of the students made grades successful enough to not be on academic probation or suspension. That’s the same percentage of regularly admitted freshmen at the end of first semester.

“I think there was some skepticism on campus as to whether it would work or not,” said Renard Doneskey, one of the CORE Enrichment coordinators. “Now that the first semester is over and statistics are coming in, the skepticism is unfounded. The kids enrolled in the program have proven themselves to be good students.”

“The fact that so many students came back a second semester means they’re not just academically successful, but also acclimated to Southwestern,” says Amy Rosenthal, academic vice president. Each day started with breakfast and worship at 7:30. Students worked hard until supper at 5:00 p.m. On Friday they had social events and field trips in the afternoon.

The program encouraged a sense of togetherness. Tutors, students, and teachers do everything together. They sit in class, go to tutoring, eat meals, work out, and relax as a group.

“Breakfast is one of the best moments of the day,” says Doneskey. “With the fear of sounding too much like a high school musical, there’s just a sense of being all in it together. You can simply talk. There’s somebody there for them.”

One reason the bridge program was so successful is that it taught students to order their lives. Because of it, there are 23 successful students on campus who wouldn’t have been here otherwise.

“These kids might not have had a chance to go to college if it were not for this program,” says Doneskey. “They’re great kids, it’s fun working with them, and it helps the school.”

“I have no doubt that students are realizing more and more that Southwestern is really concerned about them, not just as students but as children of God,” says Smith. “We are invested in their success.”
Art for Awareness: Painting with Purpose

Darcy Force, marketing and public relations director, Southwestern Adventist University

The image is like a punch to the gut. A man with a fist seeming to come out of his mouth is hovering over a cowering child. The fist represents verbal abuse. The anger, the lack of control, and the fear are almost palpable, making you wish to reach into the painting and pull the child into a warm embrace, into safety. It’s Art for Awareness, and the artist, a student at Southwestern Adventist University, wishes to draw attention to domestic abuse.

The painting was one of many at the recent gallery showing for Southwestern’s beginner art class. While art showings can happen several times a year, this is the second time that instructor Marcela Wall planned the showing in conjunction with a charity. Last year, the art show was for a homeless shelter in Fort Worth. This year, the class teamed up with the Johnson County Family Crisis Center (JCFCC) to help raise awareness for domestic abuse. Admittance for the event was free, but visitors were encouraged to bring a number of items, such as paper goods, in support of the Crisis Center.

“Our Art for Awareness program helps our students realize that art is more than just an elective or hobby,” says Wall. “They can paint with a greater purpose.”

The Johnson County Family Crisis Center seeks to empower and equip victims of domestic violence. The center is a country home where victims can feel safe and a part of a family. “There are many obstacles to overcome,” says Amy Lane, JCFCC prevention specialist. “We work and support in any way that we can until victims of domestic violence are able to get back on their feet and can start life again.” Lane visited Southwestern’s art class earlier in the semester to share with the students about what their art will support. She was also on hand to meet with visitors at the gallery showing.

“I was thankful to receive the call from Marcela because, even though we’ve been in the community for 30 years, people are still not aware about our services,” Lane said. “It’s great, too, to have another community in Keene to serve.”
“People don’t think that words hurt but they can hurt even worse than the physical pain of abuse, especially for children,” said sophomore Samuel Azua of his painting of the man and child. “This was my first time painting, but it really taught me how art can help people. I hadn’t thought of it before.”

The show brought visitors to Southwestern’s campus who had never been before. It also made a significant impact on the student body. One student shared a family member’s experience with abuse. “It takes a lot of support to help someone in that situation and I think this art show helps people know where to find that support,” she said.

“Domestic violence is a sensitive issue,” said senior communication major Makala Coleman. “The art show is a different way to bring awareness and start the conversation. There is help available.”
Southwestern Builds Trust During Navajo Mission Trip

It’s an extraordinary honor to be accepted in the Navajo culture. They are slow to trust outsiders and, considering their history, it’s understandable. Now, Southwestern is beginning to gain trust. How? Through hard work and patience.

For the past 11 years, Southwestern has sent students to Window Rock near Fort Defiance, Arizona, capitol of the Navajo nation. Each year the students work on community service projects, focusing mainly on a recreation building. As more time is spent with the Navajo, more trust is built.

“The Navajo have a word for people outside of their culture, specifically white people,” says Bill Kilgore, professor of religion at Southwestern. “It translates into ‘takers.’ All we’ve ever done is take from them. Over the years, Southwestern mission groups have developed a relationship with the Navajo, and now people are starting to open up.”

The mission group this year was a mix of academy and college students. They mainly worked on improvements to a recreation center. This year, Southwestern’s Enactus team, with the help of a donor, installed computers, laptops, and iPads in the center.

“Enactus made a huge difference in the trip this year,” says Kilgore. “They were talking about how they wanted to bring computers to the reservation. A business student overheard and, with his family, offered to get what they needed.”

Esley Henderson was that student. He donated four laptops and two iPads. Enactus provided several desktop computers. “We just recognized that there was a need and wanted to fill it,” says Henderson.

“We think the youth room is something that is only going to grow,” says Alex Froom, director of the Rez Mission. “We’re decades ahead of where we thought we’d be.”

Outside of the recreation building, there was plenty of work to do. Students signed up for “family groups” and, with their group, were assigned a different job each day. Jobs ranged from working in the kitchen and cleaning, to chopping logs and working construction.

“It felt good just being outside and feeling like we were doing something for God,” says Austen Powell, sophomore theology major. “We wanted to do even more.”

One of the most unusual jobs was making a hogan, an eight-sided ceremonial building.

“This is not just a place where you can do an evangelistic series,” says Kilgore. “Building a hogan was an effort for the local church...
to attract the Navajo culture. It’s difficult to do. How does Christianity move in and still respect the local culture when it’s just so filled with spiritualism?”

Evangelistic meetings may not be very beneficial, but Vacation Bible school is often more successful. Children are more open to new ideas. The group had a story table, science table, and puppets.

At the start only one or two children attended. As the week continued, the number of children increased to about 15 each night.

“We have been going on this trip for 11 years,” says Kilgore. “I was starting to get a little discouraged because I felt like the progress was so slow, but in the last two years it has really started to change. The Navajo people are mostly uninterested in short-term mission trips, but because we have returned year after year, we are starting to notice a difference.”

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Health Meets Heart in Dominican Republic

When a person is sick in the United States, the pharmacy is a short drive away. If a person breaks a leg, an ambulance can pick them up. Not all places are so fortunate—that’s why Southwestern’s nursing department travels to the Dominican Republic for a mission trip every spring break.

“God wants us to serve Him—heart, body, and mind,” says Lolita Valdez, professor of nursing and director of the Dominican Republic mission trip. “This trip is an opportunity to serve, a chance for students to learn outside of their comfort zone, and it’s always a blessing.”

The student mission group stayed an hour and a half outside of Santo Domingo, at the Najayo campgrounds. They provided health clinics at five different. The students had the opportunity to serve many underprivileged people and quickly saw how, despite circumstances, the underprivileged are often the happiest and most positive people.

“I met a school-aged boy on the trip,” says Valdez. “He was shy at first, but towards the end of the week started to interact more and more, non-verbally. When we were about to leave I saw him bringing the students a live plant as a gift.
“Seeing the sincerity of that boy, it really hit me—this is what God expects of His workers. He wants us to completely serve Him.”

This year, 10 students went on the trip, nine nursing students and one biology student. In the clinic they provided basic care and medication.

“As a biology student, I am not in the clinical scene very much,” says Sarah Nadajaran, senior. “This trip gave me hands-on experience shadowing and assisting a doctor. It was a great experience to help people and practice in my field.”

Health care was the main priority of the trip, but it would be almost meaningless without Christ at the center. Each student made an effort to let God guide interactions with the people they came in contact with.

“The medications and treatments from the clinic might not last long,” says Valdez. “But I hope our care and relationships will remain for a lifetime.”

In the past, nursing students would also host an evangelistic series. This year, the local church had already planned an evangelistic series. Students helped with the meeting and took care of children at Vacation Bible School.

This project is possible through VIDA (Vision Infinita De Amor, Inc.), a non-profit organization. VIDA arranges all the lodging, transportation, health clinics, and activities while the nursing students are in the Dominican Republic.

“I am very thankful we have this opportunity to take students on this mission trip every year,” says Valdez, “I want to encourage everyone to go on a mission trip if they have never gone on one before. It’s a life-changing experience.”
The American Association for Cancer Research (AACR) held their annual convention this year in San Diego, California. Researchers from throughout the United States and around the world (about 25,000 in attendance) came together to discuss the latest trends in cancer research, present their findings, network with fellow colleagues, promote the newest technologies, and encourage further studies in the field.

As a senior in Southwestern’s honors program, I am required to submit and present a thesis before graduating. Because of this, I had the privilege of attending the 2014 AACR convention with my research advisor, Peter McHenry, PhD. Despite being a novice researcher, I utilized every opportunity to better understand how my thesis was connected to the growing scientific conversation on breast cancer. I went to the AACR looking for answers and left with even more questions. From the presentations I heard, the posters I read, and the people I met, I was able to see how research is currently being conducted.

Throughout my undergraduate studies, I have learned about various molecular and biochemical techniques that are used in the lab. As a student, it is easy to dismiss these technologies, since we have no access to the equipment and are unable to conduct similar experiments. But nothing compares to the exposure and experience that I received at the AACR convention. I gained a deeper appreciation for methods of working with cells, because I could see their practical application. The majority of posters presented contained unpublished data. Therefore, I was viewing research that may lead to prospective discoveries in the future.

I had the privilege of meeting William Nelson, the director of the Sidney Kimmel Comprehensive Cancer Center at Johns Hopkins. A prominent researcher in prostate cancer, he led out in a question-and-answer session for undergraduate students. Since many of us were interested in both medical practice and research, he presented the possibility of bridging the two disciplines. As an MD/PhD, the ability to find balance, discover your specialty, be open to new fields, and communicate science to a general audience were all topics discussed.

My favorite experience was meeting a clinician who was actively involved in Phase II/III clinical trials. Nancy Chan from Cornell Medical Center was working on Phase II clinical trials for women diagnosed with Triple Negative Breast Cancer. The drug is designed to prevent women from metastasizing after they have been deemed to have no evidence of disease. In our brief conversation we discussed the philosophy of research, physiological effects, pharmacology of the drug, prognosis for patients, policy with respect to insurance companies, potential preventative treatments, and our own personal pursuits. After our productive encounter, she left me with her e-mail address, so that I could follow the progression of the drug as it moves into Phase III clinical trials and possible FDA approval.

I am very grateful to the honors program in conjunction with the biology department for the opportunity to not only enhance my learning, stimulate my intellectual curiosity, but also open my mind to further research endeavors.
A Significant “120”

I was reflecting one day on the number 120. It seems to me to be a very significant number, as it appears several times in Scripture. We see it first in Genesis 6:3 where the Lord declares that there would be a probationary time of 120 years before the earth would be destroyed with a flood. Then, in Deuteronomy 34:7, we find that Moses lived to be 120 years of age. In 2 Chronicles 5:12 it is recorded that 120 priests played the trumpet at the occasion of the installation of the Ark of the Covenant into Solomon’s newly-built temple in Jerusalem. Shortly after the ascension of Jesus to heaven following His earthly ministry, there were 120 believers who gathered in Jerusalem under the leadership of Peter. They were there to select Matthias, who had followed Jesus throughout His ministry, to replace Judas as the twelfth disciple (Acts 1:15-26).

Then, outside of Scripture, we find that there was a group of 120 Jewish elders known as the Great Synagogue who led the effort to officially collect and edit the writings that would become what we call the Old Testament. “Ezra the priest—assisted by the priests and Levites of the Great Assembly or Synagogue—completed the final editing and canonization of the Old Testament Scriptures.” (HBFV, Second Edition, p. 4).

One hundred and twenty—I found it to be a rather significant number, with some very interesting events associated with it. Then it dawned on me; there is another modern most significant 120. It is the 120th anniversary of Southwestern Adventist University! For 120 years, beginning as Keene Industrial School, this educational institution has influenced and impacted literally thousands of students and prepared them for lives of service. Dedicated professors and staff have committed themselves to challenging and transforming minds to realize their fullest potential. Every year, graduates of this institution have entered the workplace and permeated it with Christian grace, ethics, and values. Thank you, Southwestern Adventist University, for what you have been doing for 120 years, and for what you did for me, one of your former students!

Stephen Orian, president

Alma Spanish Church Strides Toward Better Health

ALMA, ARK. ➔ A few years ago, the Alma Spanish church started a new program for individual health. The goal was for individuals to walk or run and keep record of their miles. The goal was to reach 200 miles in no specific time limit.

Individuals are rewarded with gold medals at every 25-mile interval (25, 50, 75, etc.) that they achieve. We started with 20 members, and to date, several members have reached 200 miles and beyond.

The many testimonials given by the participants have been very inspiring. Many attest to feeling better, losing weight, breathing better, having a great sense of achievement, and experiencing the joy of seeing and hearing nature around them. We believe that God wanted us to start a self-motivating health program like this. It has been a wonderful way for small groups to motivate each other for the sake of their health. They enjoy the colorful trees and flowers, watch birds and squirrels, and gain better health while walking and running. We would like to honor our members by sharing their achievements here. More than 200 miles: Ramiro Alvarez, Marco A. Garcia, Elsy Garcia, Sonia E. Benavides, Raul del S. Benavides, and Ann Guerrero;

75 miles: Rual Castro, Geselle Castro; 25 miles: Erica Chi, Jahaira Bonilla.

Geselle Castro

Walkers from the Alma Spanish group with their gold medals.
HOT SPRINGS, ARK. In February, the 5th through 8th grade students at Hot Springs Adventist School had two weeks of career emphasis. During this time, several special guests visited the school, including a dentist, a veterinarian, a nurse, an engineer, an accountant, a graphic designer, a photographer, a firefighter, and even Stephen Burton, the Arkansas-Louisiana Conference’s superintendent of education.

Two highlights of the event were special Skype conversations. During the first Skype conversation, the students took a behind-the-scenes tour of the Hope Channel’s studio at the General Conference’s building in Maryland. The entire Hope Channel team took turns showing the various production, editing, makeup, and planning rooms. Then, the tour guide explained that if the students could be very quiet, they would give them a tour of the set as the show Cross Connection was filmed. As they watched the show begin, they were surprised when Oleg and Sergio, the show’s hosts, began talking to them and asking if the students had any questions! They were then joined by several other Hope Channel cast members who answered questions and provided the students with more information about what it’s like to work in television. Hope Channel filmed the entire production, creating a show in the process of it all. It was a wonderful experience!

During the second Skype conversation, the students were able to interview Jerry D. Thomas, who is the vice president for product development at Pacific Press as well as and the author of the Detective Zack series and Messiah, and many other books. Thomas told the students about how he started writing, what inspires him to write certain books, and how to get a book published. Career Week was a huge success and the students are already looking forward to what is in store for next year’s event!
Greater New Orleans Christian Academy

NEW ORLEANS, LA. ⚡ Greater New Orleans Christian Academy (GNOCA) began the 2013-2014 school year with two new teachers, Rodil and Sheila Capobres. Not only are they two great teachers, they, along with their three children, Jerosh (Jr.), Hannah, and Jerleine, are very musically talented. The church and school have enjoyed having their family share its talent with the students at GNOCA, especially Jr.'s talent on the violin. Jr. made the decision to volunteer during the school year to teach the students to play the violin. Several students had previously been taught to play the piano, and they were excited about learning to play the violin. With hard work and determination, within six weeks of beginning the violin lessons, the students gave their first musical performance at the New Orleans First church. It was an awesome performance and stunning to hear them play so well. Jr. says the reason they did so well in only six weeks is because all the students are very talented.

DE RIDDER, LA. ⚡ Finding a church to call home was never a difficult decision for me. I became an Adventist in August of 2005, in Jefferson City, Texas, which was a wonderful, friendly church. Once I returned to Louisiana, friendship blossomed with many people at the Deridder church. Some friends have to move on, as we are close to military base Fort Polk, but we keep in touch with them while making new friends.

In our little Deridder church we fellowship together, sing hymns, have Bible studies, and pray together and for each other. Different people sign up for the children’s corner every Sabbath and share some amazing stories. There is almost always special music as many people have talents to sing and play musical instruments.

The love we have for one another is heaven sent! Come on by; we will welcome you with open arms! We want to let our children and the world know that God is love, and He loves you so much!

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Edna Vicknair

Nelderine Newhouse Miller
I want to challenge your thinking. Would you rather be outstanding or valuable? I think it’s an interesting question. I know many would probably choose to be outstanding. I can understand how you might come to that conclusion. Excellence. Always on the cutting edge academically. Achievement beyond your peers. Stellar! All of these qualities are not only remarkable, but also very commendable. I am sure most would be elated with the high mark of outstanding.

However, I believe that no matter how good outstanding is, valuable is far more important. Valuable not only takes into consideration superb individual performance but also includes the ability to inspire and involve others by encouraging and enabling them to excel.

I have witnessed this phenomenon many times in the sports world. There might be an outstanding team or player, but they never win the trophy. Another athlete who was “most valuable” might have ignited their team to victory.

I would like to suggest to you we have a commodity at Southwestern Adventist University that isn’t quantified, tested, or graded, but it is highly noticeable and visible. That special commodity is the spiritual health and well-being on campus.

Yes, I understand there are several outstanding programs of study or departments that are outstanding, such as nursing and theology to name a couple. But what I am talking about is the spiritual enthusiasm and energy that I continue to hear about and see around campus in the eyes and actions of the student body.

At Southwestern, there is a team of spiritual mentors and leaders. They are regularly inspiring and encouraging our young men and women not only to seek after a degree, but also to seek Him who counts most. These spiritual mentors continue to uplift Jesus Christ, and they encourage each student to know Jesus as their Lord and Savior. What a treasure!

I believe these godly men and women not only try to encourage, but they also seek to install eight qualities in each student which will make them “MVPs” to the Lord, to the church, and to their community.

1. **Initiative.** Learning to be a self-starter. A person with initiative is motivated with a contagious energy.
2. **Vision.** The ability to see beyond the obvious through new objectives and possibilities. Valuable people are willing to dream and think outside of the box, and know that God is able to make it happen.
3. **Unselfishness.** What an important quality! Valuable people with this beautiful character trait are humble and always direct their praise and glory to God. They are others-centered instead of self-centered.
4. **Teamwork.** This character trait promotes involving others, encouraging others, and supporting others. Valuable people are willing to give of themselves in any way for the sake of the team.
5. **Faithfulness.** Its close cousin would be dependable. Valuable people are always hanging in there, whether it be in season or out of season. They believe. They believe the Word of God. They never give up on His promises and they persevere!
6. **Enthusiasm.** Valuable people have that right balance of energy, affirmation, and excitement to complete a task or build a relationship.
7. **Discipline.** It is the ability to model great character, regardless of the odds. Even when everything doesn’t go as planned, one with discipline isn’t afraid to stand tall. Valuable people are not afraid to think for themselves, change methods, or to challenge standards, but they also do not compromise principle.
8. **Confidence.** This is not presumptuous or flaunting, but one possessing security, faith, and determination. Valuable people are secure in their walk with God. They have learned to trust Him no matter what. Even when it looks impossible, they still trust completely, confidently.

I can say these things because it is what I continue to witness in my son who attends Southwestern. I hear him relating classroom lectures from faculty members who model spirituality every day for every student. I pick it up when my son talks about those who work in spiritual development who seek to inspire for the cause of Christ. They are indeed “Most Valuable Persons.”

The result is many young men and women who will graduate and leave Southwestern to become the next generation of leaders for the cause of Christ in all walks of life and professions. Like the apostles of old, they will turn the world upside down! Outstanding or valuable? I choose valuable. That’s what makes this dad excited about Southwestern!

Rick Dye, church ministries and trust services director

First Tulsa’s Musical Worship Program, “In My Place”

**Tulsa** » Christ’s loving sacrifice on Calvary was the focus of a musical worship service at the First church on Sabbath, April 20. Directed by Bruce Carrico, the church’s choral group, known as The Worship Singers, sang several selections from a cantata by Craig Courtney called In My Place. Along with music, narration helped to lead the audience on a journey to the cross, with observations from three first-hand witnesses of Christ’s final hours: Judas, Peter, and the thief on the cross. Projected illustrations and video provided a visual element for the program.

According to the composer, the purpose of this cantata is “to experience the crucifixion as if we ourselves had grabbed a hammer and driven one of the nails into his very body.” It is the prayer of everyone involved in the program that the congregation was inspired to become more like our Savior, who died and rose again to save those who killed him.

Judi Carrico
Bristow Church Presents Third Annual Black Heritage Program

BRISTOW » February 22, 2014 marked the Bristow church’s third annual Black heritage program, under the direction of the program’s founders, John and Virginia Harrison. This year’s theme was “The Dawning of African-American Adventists,” and 85 visitors enjoyed and learned from the inspiring program.

Eunice Starks, of Las Vegas, Nevada, opened the program by singing “Lord, You're Holy,” and receiving a standing ovation from the packed sanctuary. Virginia Harrison then told the story of Adventist history with an African-American perspective in seven PowerPoint segments, punctuating the end of each section with appropriate music by the group Changed Men of God, from Wichita, Kansas, and Dawn Moore, the featured guest for the evening. The segments and corresponding music were broken down as follows:

Segment one included a quick review of the terms “peonage” and “black codes” and how they were used after the end of American slavery; facts concerning white slavery by Muslims in the 18th century; the establishment of the American religious general view of Christ’s second coming; and the rise of William Miller and his ardent desire to share the gospel. The corresponding song was “I'm Just a Nobody.”

Segment two described William Miller’s beliefs concerning the sanctuary, followed by the song “I Lift My Hands in the Sanctuary,” sung by Dawn Moore.

Segment three comprised a review of the Millerite movement; two African-American prophets: Hazen Foss and William Foy; the great disappointment and several prominent Blacks during those early years, ending with “The Midnight Cry.”

Segment four unveiled life after the Great Disappointment; messages God revealed to the pioneers; the introduction of E.G. White; the establishment of the Seventh-day Adventist Church; sage advice from Ellen White to the Caucasian brothers regarding their toleration of slavery, their treatment of African-Americans in general and the evangelization of African-Americans. The song “Take Me to the King,” sung by Starks, reiterated these thoughts.

Segment five introduced Edson White and the Morning Star steamship evangelization beginning in 1891; various tidbits of African-American progress; African-American Adventists’ maltreatment from 1890-1930 and more prominent African-American Adventists. These thoughts were captured by the song “I've Been in The Storm So Long.”

Segment six highlighted the beginning of regional conferences in 1945. The Black brethren strongly pressed for equality after an African-American Adventist woman, Lucy Byard, died en route to the Freedman’s Hospital after being discharged from the sanitarium across town. The sanitarium had admitted her for an emergency, then discharged her when medical personnel saw the word “Negro” on her chart. The song “I Gotta Clean Up What I've Messed Up” followed.

Segment seven completed the presentation on a high note with the appointment of several African-Americans to union, division, and General Conference positions in the last 50 years and a litany of current prominent African-American Adventists and their contributions to the work and the world. These accomplishments were praised with the song “Above All.”

Because John and Virginia had baked bread for several months to raise the money for the program, they closed the evening by handing out bags, each containing an NKJV Bible, a copy of Steps to Christ, and a small loaf of banana nut bread. Children under age ten received a bag with a storybook and cookies. Church members had made refreshments, which were also served to guests.

Virginia Harrison
When the Three Angels church’s members learned that a film about Noah was being released on March 28, the personal ministries leader ordered a pallet of the sharing book, *Noah: Another Storm is Coming* (E.G. White, Remnant Publications). The book covers the story of Noah as it is told in the Bible, then talks about the beginning of sin and compares the time of Noah to the time in which we now live. The weekend of the film release, volunteers, along with our Bible worker, John Carcano, went to a movie theater in Owasso where the movie was showing, and gave out about 200 books to people leaving the film. Members are also distributing the books to surrounding neighborhoods and wherever they can.

The city of Owasso has a street fair called Owasso Gathering on Main on the first Thursday night of the month, April through October. A committee was put in place to acquire two booths. On April 3, there were two canopies set up, one with a banner that said “Healthy Choices,” and another with a banner that said, “Noah.” At the healthy choices booth, fair attendees were encouraged to stop using tobacco and given flyers about a smoking cessation seminar.

At the Noah booth, church members gave away approximately 700 copies of the book. The attendees that we talked to were glad to see a book with the biblical story and readily accepted it. Even some teenagers and a few who were even younger asked for the books. Our prayer is that these books will be read and many will be led to Christ because of them.
Wake up! Wake up, please!

The still unfolding heartache of the capsized Korean ferry with its entombed teenage passengers has gripped the world. According to a CNN report: “Boat after boat, body after body from a capsized South Korean ferry came ashore, a solemn process interrupted by piercing cries and screams. Relatives cried and, in some cases, yelled loudly, clearly overtaken by the moment. Some of those shouts came from inside the identification tent. One man yelled out, ‘Wake up! Wake up, please!’”

Today, we join with others in the battle song “Wake up! Wake up!” as we pause to acknowledge one of our very own institutions, Southwestern Adventist University, this great cornerstone that has provided refuge to many of our young people across the globe.

From an educator’s point of view, Southwestern continues to provide a top-notch academic program. It currently offers 37 undergraduate majors, 26 minors, and three master’s degrees in business, education, and counseling.

In addition to the list above, teachers within our conference can obtain their teachers’ certification through on-line classes!

My entire family at some point has attended Southwestern, and we are proud of it! It’s a fact, like the two pillars at the entrance of the university—Southwestern aims for excellence in both the academic and spiritual experience of the students.

If you are a parent and have children of college age, or a pastor with youth in your church, I encourage you to send them to Southwestern. It’s time for us to wake up from our slumber! While this school year is coming to an end, the unfolding tragedy of this sinking, perishing planet does not. How could we sleep at night were we to actually hear the anguished cries from a planet that loses two of its inhabitants to death every single second? “Wake up! Wake up, please!” can become a reality, and the entrapped can wake up and be rescued while there is still time.

Shakuntala Ramsarran, education director

More Than Rest

Baton Rouge, La. » It is always a blessing when one of our conference officials worships with us, and a recent visit by Terrell McCoy, Southwest Region’s executive secretary, was just that. Not only did he present the Sabbath sermon, titled “More Than Rest,” he also returned for an afternoon seminar. Even though McCoy directed us to Matthew 11:28-30, it didn’t take long for us to realize his was going to be a different approach to Sabbath observance. He said, “There is danger in just resting; Sabbath is more than just rest.” He then startled most of the congregation by stating “We can break the Sabbath on any day, not just Sabbath.” Using the analogy of his approaching 34th wedding anniversary, he emphasized how important it was for him to demonstrate daily his love for his wife, Beverly, as opposed to waiting for their anniversary or some other momentous event. The point was that how we spend our time prior to Sabbath is as significant as the day itself—a day of celebration—not just one day a week, but 365 days a year. He continued, saying, “The most important relationship is the one we have with our Maker as recorded in Exodus 20:2 and Revelation 21:3, which says that the tabernacle of God is with men and He shall dwell with them.”

The afternoon seminar, titled, “Homosexuality and Its Impact on Religious Liberty” focused on how our denomination’s stance on homosexuality may ultimately result in local and national sanctions against our places of worship, institutions of higher learning, medical facilities, and other programs for which we have received scholarships and exemption status. McCoy went on to share excerpts from articles on penalties that have been directed toward some of the church’s programs because of its biblical position on same-sex marriages. “Proponents of a homosexual agenda are arguing that equality for all is their focal point and that the Seventh-day Adventist Church’s fundamental belief that marriage is solely between a man and a woman is contrary to that agenda. We are being portrayed as haters.”

Throughout his presentation, McCoy allowed for an interactive exchange of ideas and experiences. But in the end, it was the solutions that made the most impact: “Like never before, we need Christian education or home schooling for our children; we must persevere in right doing as others persevere in wrong doing; we must support religious liberty, and above all, we must pray like never before.”

Evelyn M. Edwards

In addition to delivering the Sabbath sermon, which was entitled, “More Than Rest,” Southwest Region executive secretary Terrell McCoy presented an afternoon seminar on homosexuality, religious liberty, and the church.
Challenges to our Faith

2014 Camp Meeting
June 18-22, 2014 | Lone Star Camp
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Speakers

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The Southwest Region Conference exists to extend the transforming Ministry of Jesus Christ, by equipping and empowering our community for fellowship, evangelism, discipleship and healthy growth, through comprehensive civic involvement, demonstrative love for members of its territory, and manifested mercy for all.
Baton Rouge, La. » “Shh, you’re in the library. There’s no talking!” Not talking used to be the order of the day, but how things have changed, as evidenced by the myriad of formerly-taboo activities that are now permissible and encouraged in the average library. Recently, the Baton Rouge Berean church’s Jacqueline Esco contributed to this change. It was in November of 2013 that Jackie (as we know her) became involved in a local library branch where she conducted a class on how to design and make disposable clothes for kids. Gayle Rowland, the children's room library technician at the Jones Creek branch was so impressed that she asked Esco if there were any other activities she’d like to share with patrons at this branch. Esco’s response was “Not only can I cook, but I can cook healthfully.” Rowland’s asked, “What do you mean?” Esco went on to explain that she is a vegetarian and would be delighted to teach a vegetarian cooking and juicing class there at the library.

An excited Rowland began working on promoting the class with a colorful flyer. On the day of the class, the 35 participants arrived early and the class began. Esco, who later admitted that she had some initial jitters, began the class by answering the question, “What inspired your diet?” She was quick to respond with “My faith and the desire to live healthfully.”

First she identified the dishes she was about to prepare as chickpea spread, mock-salmon pate, black bean burgers, carrot and peanut butter soup, peanut-and-date balls, fried eggplant and fried mushrooms, which she referred to as her substitute for fish, and carob brownies. A participant asked, “What’s wrong with eating fish?” Without an elaborate explanation (or a sermonette), Esco pointed out that we have to be careful about eating fish because of contaminants in the water. The answer appeared to satisfy the curious student.

Her demonstration on juicing and smoothies followed. Attendees were shown how to combine celery, carrots, and apples into a juice, which Esco then served the delighted participants. After Esco juiced cucumbers, she asked, “Is anybody brave enough to taste cucumber juice?” Except for an 11-year-old, all hands went up. The juice received a mixed reaction.

The highlight of the juicing phase was the smoothie made with fresh blueberries, pineapples, strawberries, and almond milk. “When I want Blue Bell ice cream, this is what I mix up,” she said, to the chuckles and delight of the class. Then the moment everyone had waited for arrived. They all grabbed plates and bowls to sample the prepared dishes. Most returned for seconds while others ate there and prepared carry-out boxes. Esco expressed her gratitude for having had an opportunity to share her God-given talent of healthy meal preparation with others. Berean is proud of its “native daughter” and her public witness for diet reform.

Evelyn M. Edwards
I have always been intrigued by the words of the wise man in Proverbs 1:2-3, "To know wisdom and instruction, to perceive the words of understanding. To receive the instruction of wisdom, justice, judgment, and equity!" (emphasis supplied). The Seventh-day Adventist educational system is reportedly the second-largest Christian school system in the world, second only to the Roman Catholic system. We have a total of 7,598 educational institutions operating in over 100 countries around the world with over 1.5 million students! Adventist education, specifically its institutions of higher learning, can trace its roots back to the 1870s.

As a church body, we support what we term "holistic education," the positive and uplifting development of the mind, heart, body, soul, and the social realm. I believe that it is the goal of our own Southwestern Union’s institution of higher learning, Southwestern Adventist University, as well as the other Adventist colleges and universities throughout the world, to center and forge its values and objectives in the biblical principle “the fear (respect) of the Lord is the beginning of wisdom.”

As students emerge from the halls of Adventist colleges, they must integrate into society and local communities with much more than a strong and enduring faith in God and accurate view of the gospel. They must be equipped to be model citizens who are productive individuals living with integrity and a peaceful spirit. If, as an institution, we are producing citizens who are just as aggressive, agitated, discourteous, and abrasive as society in general, then somehow we have sorely missed the mark. The very first and foremost charge of the Great Commission, which, by the way, clearly involves Christian education, states: “Go ye therefore and make disciples...” Disciples of whom? The Adventist Church? Of ministry? Of the church manual? No, go and make disciples of Christ! Therefore, it must be understood that the source of success of Adventist higher education has always been and always will be Christ, front and center. Does that disregard the importance of academics? Of course not! Yet, as God's people, we must always regroup around the fundamental principle that without Him we are nothing. The difference between everything and nothing is Christ.

I observe in anticipation as many are noticing the increasing crisis of Adventist education. The financial woes, the academic accusations, the spiritual challenges—what is the true root of our struggles? Could it be that we have drifted from the solid principles of the Word of God and the Spirit of Prophecy upon which Adventist education was founded more than 140 years ago? Have we laid our compass to the side? Are we consulting God first and foremost above the trends and the perceived success of other institutions of higher learning that surround us? Recently, it was discovered that for 70 percent of Adventist families, Adventist education is not worth it. Yet, for those who are committed to it, the results are irrefutable. It’s a matter of priorities—eternal priorities. If our schools fail, a large part of who we are as a people fails. Can we afford that?

Carlos J. Craig, president
Looking Back to Move Forward

**HOUSTON** As we have entered into the middle of a new year, we take time to reflect on the previous one. The focus of the Texas Conference was evangelism, and the United African church in Houston took this theme to heart. Members began the year by each leaving at least one copy of *The Great Controversy* at front doors in the surrounding community. This simple act showed the members that anyone can sow a seed and allow the Holy Spirit to nurture the harvest. By February 16, the youth were in motion and going up and down Houston’s city streets giving away tracts during the NBA All-Star Game at Reliant Stadium. They discovered that we can witness in any situation.

The church's personal ministries department consistently encouraged each department to keep evangelism at the center of all their programs. Women’s ministries took the directive to lift up the name of Christ and presented a weeklong series, “His Way of Hope.” By summertime, all hands were on deck, gearing up for a big evangelistic push that was longer than any other hosted by the church in the past. From September 28 until October 26, the “Messages of Hope” series, featuring Eastern Nigerian Conference president Bassey Udoh, and UASDAC pastor, Juneryo Nugent, drew in a huge nightly crowd and gave practical encouragement for these challenging times. This was a timely prelude to the local “Restore Houston” project that began almost immediately afterward. Nightly, Nugent introduced the fundamentals of Seventh-day Adventist beliefs.

After a year filled with dedicated efforts to witness, evangelize, and revitalize, United African reaped much fruit from their harvest. Of those that we baptized, the most moving were five members of one family—a mother and four of her children. As the head of the family looked on, he exclaimed, “This is the greatest joy of my life. My wife was rebaptized to show her children. This is the totality of accomplishment God has done for me.” Equally, the children testified of feeling “renewed,” and “like [they] had a second chance to get things right with God.” Jane Nwachukwu confessed, “I feel honored. I was in the water buried in the Lord with my children. I had tears of joy and I was really, really happy. I hope that we make this same journey together on that last day.”

It was the culmination of last year’s events that prompted the United African church to enter this year with the theme of “Focus on the Family.” Evangelism begins at home. We pray that God will reveal Himself in a mighty way in our families and collectively as the body of Christ.

-Chinwe Asomugha

The Texas Conference is “Pathfinder Strong”

The old saying “We do everything bigger in Texas” has become a reality for our club ministries. As of the end of February, 3,790 Pathfinders and leaders from the Texas Conference have registered for the Forever Faithful International Camporee that will be held in Oshkosh, Wisconsin, August 11-16. This is an event that is held every five years and has historically been the biggest Pathfinder gathering in the world. At this year’s gathering, as it stands, almost 1 out of 10 people attending this camporee will be from Texas!

This shows that the commitment from the Pathfinders and their local church leaders is tremendous and that Texas is in good hands for the present and the future! These lay leaders give much of their personal time and work tirelessly throughout the year.

They dedicate themselves to the advancement of the gospel through this ministry, trying to reach the youth that come to their clubs while guiding them and showing them a different way of living. These leaders, in conjunction with dedicated parents, have worked so hard to make “FFIC” a reality for their children. We might not even know the impact that this event will have on these Pathfinders until Jesus returns.

So, here we are, looking up to those leaders and Pathfinders who have worked so hard during the last few months and possibly years to be able to attend to the camporee. We look up to them because it gives us a lesson about hard work and commitment, about dedication and teamwork. They have focused on the idea that we “can do all things through Christ who gives us strength.” As we look at ministry in Texas, we can rest assured that many of these young people will continue to lead in their churches with the same commitment and passion that they have had for Pathfinders. They will learn from their current leaders by watching, observing, and working alongside them. In this way, the Texas Conference will forever be “Pathfinder Strong.”

-Amrando Miranda, associate director, youth ministries
Praise and Prayer Sabbath at Gulfhaven

HOUSTON » The Gulfhaven church experienced an outstanding praise and prayer Sabbath recently with a large congregation. The celebration was a conclusion to a fantastic ten days of prayer based on a deep intense study of The Lord’s Prayer, which had been conducted each night by various presenters. This powerful praise and prayer emphasis was uniquely organized and directed by Noel Lazarus, Gulfhaven’s pastor, and involved about 40 participants.

The program was composed of Bible readings, testimonies, special songs—such as solos, duets, and mixed quartets—along with songs of inspiration by the Pathfinders and Adventurers. Several prayers were offered by members asking God to bless children, youth, families, the sick, the employed and unemployed, and concluded with a final prayer of praise and thanksgiving for all God’s blessings.

The amazing testimonies shared by many of the adults and youth touched the hearts of the congregation as they listened to the many miracles, and other glorious blessings that our wonderful God had bestowed on them. This unforgettable program ended with the sound of many voices stating what a wonderful blessing this was for the church and that it should be repeated early and often.

锁-in at the Beaumont Church

BEAUMONT » The Beaumont youth class recently held their first lock-in of the year. In addition to having plenty of games and fellowship, there were times of spiritual discussion about the importance of our personal testimony, how to share the love of God with friends and classmates, and our need to grow strong in the knowledge of God so that we can enlighten those around us who have lost their way. The youth who attended talked about specific problems they were encountering with ministering to friends who are agnostic, friends who have lost faith in prayer, and how to respond when people ask us about the Adventist faith. They brainstormed ideas to help each other in these situations.

At midnight, a Skype video-call was made to the South Pacific island of Pohnpei, where we chatted with Caleb McQuistan and Kim Knowles, student missionaries from Southern Adventist University in Tennessee. These bright, upbeat young people were a delight to speak with as they answered the class’s questions about the island, the living conditions they faced there, and what their ministry entailed. They painted a realistic picture about the work the church does there and the need for other young people to step up in service for the Lord.

The class enjoyed the entire event. Bonds were forged on the anvil of silliness and acceptance. The Beaumont youth are a valuable and loved part of our congregation, and I can’t wait to explore new avenues of service with them.
When I was in a public high school, I longed to attend an Adventist college. I had the idea that students attending Southwestern Adventist College (SAC), now Southwestern Adventist University, were going to be "holy" and all would have a personal experience with the Lord. I envisioned students studying the Bible daily, attending church services voluntarily and on time, praying under every tree and in every corner, and behaving and talking in a Christian manner.

Reality set in when I arrived on campus. What I imagined and what was reality were two different things. I quickly learned that not all students were "saints," not all students were a good influence, and not all wanted to be there.

What I did learn has helped me not only in my personal life, but in my ministry as well. In school, as in life, you determine who your friends are and what influence they will have on your life. You decide if you will take advantage of what Christian education has to offer or to fight and rebel against it. Christian education is far from perfect, but it is Christian education that shapes and models your life if you allow it to do so.

We all have a choice where we will send our children to school. Educating them in an Adventist school is providing training that is compatible with our Christian lifestyle and belief system. Our Adventist theology is very unique from the rest of the Christian community. Look at the educational system of our country and ask yourself, is public school compatible with Adventist beliefs? What do they teach in the public school that is contrary to the Bible? Alternative lifestyles, evolution—should I continue? A child's teacher is an important role model, and our children spend a major portion of the school day under the influence of one or more key teachers.

Christian education not only focuses on book learning, which our schools excel in, but it also provides an opportunity to build character and serve the church. During my time at Southwestern, I had the privilege of going as a student missionary to the jungles of South America for one year. When you are alone in the jungle, not knowing the language as a student pastor, you grow up quickly and it builds your character. Christian education provides great opportunities, which help you grow and instill good values.

Placing your child in an Adventist school will require financial sacrifice and commitment, but you will reap the results when you see your child grow academically and mature in the Lord. Eternal ramifications make it worth the effort, time, and monetary sacrifice.

Jeff Metherell Joins the Texico Team

ALBUQUERQUE, N. MEX. ✶ A big Texico welcome goes to Jeff Metherell, our new association secretary and director of trust services and stewardship. Originally from California, he was most recently at the Wisconsin Conference, where he served as director of planned giving and trust services, stewardship, and religious liberty.

Jeff has a rich background in law, finance, and management, having earned his juris doctorate from the University of Denver. He also has a bachelor of arts degree in French from Walla Walla University. He is certified by North American Division (NAD) Planned Giving and Trust Services and is a member of both the NAD Stewardship Committee and the Stewardship Special Council. He was the 2012 winner of the NAD Stewardship Sermon Contest (published in Beyond Blessings) and authored Life Smoothies—Dramatic Skits on Stewardship (2013).

We believe his education, skills, and experience, as well as his passion for stewardship and for promoting the beliefs and mission of the Seventh-day Adventist Church, make him an excellent fit for our conference.

Jeff also enjoys music, writing, poetry, and drama, in addition to sports, tennis, hiking, and spending time with his two grown sons. He is looking forward to getting acquainted with the constituents of our conference and being of service in his various areas of expertise.

Lee-Roy Chacon, president

Sue Hinkle

Jeff Metherell, Texico's new association secretary and director of trust services and stewardship.
Texico Youth Go to Zambia

ALBUQUERQUE, N. MEX. – This spring, the Texico Conference’s education and youth departments jointly sponsored a mission trip, along with the Southwestern Union, to Livingstone, Zambia, in Africa. The trip began March 3, with a late-night flight to New York and a long 14-hour trip over the Atlantic Ocean to Johannesburg, South Africa. Finally, we arrived in Livingstone, Zambia, about noon on March 5.

The welcome we received at the airport was amazing, as over 100 women from the area churches and about 50 Pathfinders met us with beautiful songs and greetings.

The mission was to conduct 12 simultaneous evangelistic meetings, and a Week of Prayer at one of the Adventist elementary schools in town. The youngest speaker in the group was Emily Villegas at 13, and the oldest was Irwin Rogers at age 86. Each of the speakers was excited to present the messages each night and enjoyed seeing precious souls making their decisions to live a life in Jesus. There were almost 500 people baptized between the churches and the school ministries, and many more are studying to be baptized.

The cultural experience and day-to-day exposure to a new area of the world left invaluable memories on the “international evangelists” as they continued the meetings. However, it was not all work. During the second week, there was an opportunity to visit Chobe National Park in Botswana to view the animals in their native habitat. We were able to see many elephants, giraffes, hippos, and a crocodile, as well as a plethora of bird species along the Zambezi River.

Shopping for wood carvings and native fabric was another pleasing activity. Almost all of the participants on the trip had the great experience of getting some type of traditional clothing made for them.

The last Sabbath in Zambia was a great celebration as the candidates were baptized in the pool of a local motel. Everyone was happy to see all the wonderful glowing faces as each one came up out of the watery grave of baptism, but also sad because of the soon-coming goodbyes. The overwhelming attitude was one of love and expectancy for the soon coming of Jesus, when we will never have to part again.

Derral Reeve
How Can I Say Thank You?

RIO RANCHO, N. MEX. » There are times in life when you can see the hand of God working so clearly in the lives of people that it is undeniable. There are also notable times in the life of a Christian when you are so thankful for God’s leading and blessing that you just don’t know how you can thank Him enough. For me, both of these statements were true during a recent evangelistic campaign at the Rio Rancho church.

The meetings began during the end of February at the Rio Rancho Middle School. I watched as visitors and church members streamed in with anticipation as to what this “Prophecy Decoded” series by Mike Sady, pastor, would be about. What a blessing it was to see people coming out five nights a week for four weeks at the school, followed by two more weeks at the Rio Rancho church location. The dedication of visitors and members alike was commendable. With each passing meeting it seemed that the bonds among those in attendance was strengthening.

How can I thank God enough for the 13 beautiful people who have currently taken the step of baptism or profession of faith in response to the call of the Holy Spirit working in their hearts? We are filled with gratitude for the opportunity to nurture the numerous other people who attended faithfully and are still moving toward that decision. Our church is growing and we are so happy to have these individuals as a part of the family.

My heart is full when I hear the testimonies of how God is leading them and as I see the joy on their faces. I am encouraged and touched as even persecution by a spouse and family members could not deter them from taking their stand for Christ.

Even though it seems like an inadequate gesture on my part, I thank God for each new brother and sister in Christ that He has brought to us. We look forward to loving them as they continue to grow on their spiritual journey. Wow, is there anything much better than this?

Sue Hinkle

Cooking Class Generates Interests

ALBUQUERQUE, N. MEX. » The Albuquerque Heights church conducted a vegetarian cooking class in the church fellowship hall on March 31 and April 1. Thirty-five people attended opening night, and enjoyed delicious vegan/vegetarian cuisine, including southwestern, American, and gluten-free dishes. Participants watched the preparation of several of the recipes, and listened to the up-to-date health information delivered by Dr. Robert Gardner of the Rio Rancho church.

A drawing was held each night, and winners received freshly made loaves of bread and cookbooks. All participants received recipes and instructions to take home, and they completed a community interest survey, where they indicated what further classes or seminars they would like to attend. Many wanted more health-related seminars, and some indicated interest in prophecy seminars. Please pray for these interests!

Jep Choate
Southwestern Adventist University Names New President

KEENE, TEX. » Southwestern Adventist University’s board of trustees announced on May 12 that Dr. Kenneth L. Shaw, dean of the Panama City Campus of Florida State University, had been named president of Southwestern Adventist University, effective July 1. He will succeed Eric Anderson, who is retiring in June after a nine-year tenure as president. Shaw’s appointment comes as the university finishes its 120th school year.

“We are thrilled that he has accepted the invitation,” says Larry Moore, chairman of Southwestern’s board of trustees and president of the Southwestern Union. “We’ve felt the Lord’s leading through this entire search process and are happy to welcome Ken and his wife, Ann, into leadership.

“Dr. Anderson has been an excellent leader for our university. We have been truly blessed to have him as our president,” reflects Moore. “Eric and Loretta have both contributed greatly to our program. We wish them well.”

Shaw comes to Southwestern with a wealth of experience. He began his work at FSU in 1989 after completing his doctorate from the University of Georgia. Shaw graduated from Southern Adventist University in 1980 with a B.A. in mathematics. He spent nine years working full time as a faculty member in mathematics education at FSU Panama City.

After the Panama City dean announced his retirement in 1998, Shaw was asked to serve as acting dean until a replacement could be found. Those 18 months as dean opened his eyes to academic administration and he found it rewarding and enjoyable. From 2000-2005, while Shaw was the associate dean for academic programs, FSU Panama City was able to start 10 academic programs and added 25 full-time faculty to their campus. Shaw also assisted in the expansion of the campus by adding a $32 million academic center which houses engineering labs, offices, and large meeting spaces for the community.

When Shaw was elected dean in 2009, the small Panama City campus faced the threat of closure. An FSU Presidential Blue Ribbon Committee (consisting of community leaders) studied operations of FSU Panama City and recommended that the 985-student campus meet an enrollment target of 1,400 by 2013. Under Shaw’s leadership this challenging goal was met. Currently FSU Panama City serves more than 1,600 students.

The new president also comes with fundraising experience as Shaw is currently leading a $5 million campaign to support the endowment for FSU’s College of Applied Studies. Within two years, they have raised nearly $3 million. Community is important to Shaw as he sits on various boards, including United Way of Northwest Florida, American Heart Association, Community Service Foundation, and two Chambers of Commerce. He is also an active lay leader in his local Seventh-day Adventist church.

“Being offered the presidency of Southwestern Adventist University is both exciting and humbling,” states Shaw. “It is exciting, as it will provide my wife and me new opportunities to meet and work with the great people associated with the University. With Southwestern celebrating its 120th year, I am humbled to be asked to serve as president of an institution with such rich history. It is an awesome privilege.”

Ken Shaw has been named as Southwestern Adventist University’s new president.
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MISCELLANEOUS

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Join us for worship at Yellowstone National Park every Sabbath from Memorial Day through Labor Day. Services led by Rocky Mountain Conference pastors at 10 a.m. in Old Faithful Lodge.

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WANTED: The White Estate is looking for original pho-
tographs, personal items, or other artifacts relating to Ellen White for display in its new visitor center scheduled to open in 2015. To discuss your item(s), please contact James Nix at 301.680.6557 or JimNix@WhiteEstate.org. All messages about your items will be answered.


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**Announcements**

Attention Pathfinder Clubs Attending 2014 Camporee in Oshkosh: Historic Adventist Village needs Pathfinders to pre-register before visiting this August during Camporee. Please note that upon arrival, there will be two lines, one for those that have pre-registered and one for those who have not. To find the registration form, please type “adventist heritage oshkosh 2014” into a search engine on the Internet.
Motivated by the mission to extend the healing ministry of Christ, Adventist Health System touches the hearts and lives of more than 4.5 million patients each year through the care and commitment of nearly 70,000 employees.

Adventist Health System serves communities large and small through 45 hospitals and numerous skilled-nursing facilities.

For more information visit AdventistHealthSystem.com.
BLACKBURN, Orville Phillip “Phil,” born February 2, 1939 in Hayden, Colo., and died December 31, 2013 in Huntsville, Ark. He was a member of the Huntsville church. When he was 18, Phil joined the Army; he served as a medic for two years. As he was finishing his years of service he met the love of his life, Carol Long, whom he married in 1960. Phil was a dedicated member of the church and committed his life to serving his Lord and Savior for most of his life as a pastor, from which he just retired in June, 2013. Survivors: wife, Carol, of Huntsville; daughter, Kim Alexander, of Keene; two sons, Sean Blackburn and T.J. Blackburn; 14 grandchil- dren; two great-grandchildren; and two brothers, Ira Blackburn and Blacky Blackburn.

DAVIS, John Henry, born in Coalgate, Okla., on May 16, 1913 and died on August 1, 2003, from congestive heart failure and pneumonia. Johnny lived a life of service and devotion to Christ and the church. Whenever there was a new or struggling church, Johnny and his wife Mozell helped to support it. Every time an offering was taken for a special project, Johnny would pledge for it, and God always provided. Survivors: son, Gerald Davis, Sr.; four grandchildren; six great-grandchildren; brother, Charles Davis of Keene, Tex.; sister, Dorothy Maynard of San Antonio, Tex.; and several nieces and nephews.

DAVIS, Maxine, was born October 29, 1938 in San Antonio, Tex., and died January 5, 2013 after undergoing surgery to repair a broken right femur and a fractured left hip, both sustained in a fall at home. Maxine was an LVN for 35 years and loved taking care of her patients. She trained in San Antonio and worked in Oklahoma, San Antonio and mostly the Baytown and Humble, Tex., area. She was a member of the Fil-Am church in San Antonio, Tex. Survivors: two daughters, Judith Ruf, of San Antonio, and Carolyn Ferguson (Randy) of Centralia, Mo.; four grandchildren; brother, Gerald Davis, Sr. (Susan) of Seminole, Tex.; and aunt, Imogene Schertz of San Antonio.

DAVIS, Mildred Mozell, born May 13, 1920 and died from complications of Alzheimer’s on March 13, 2014. Survivors: son, Gerald Davis, Sr. (Susan), of Seminole, Tex.; four grandchildren; six great-grandchildren; sister, Imogene Schertz, of San Antonio, Tex.; and many nieces and nephews.

FARMER, James DeWitt, born September 8, 1933 in Haskell, Tex., and died May 19, 2013 in San Marcos, Tex. He was a member of the San Marcos church. James was a ranch hand in his early years, and in 1953 he moved to Odessa, Tex., where he met his soon-to-be wife, Patsy Ayers. They were married on January 3, 1954. After trying several different types of jobs, James finally found his life calling at the Singer Sewing Machine Company, where he sold and repaired sewing machines until he retired in 1996 due to illness. James had been an active member in the Atlanta, Marshall, and Odessa churches, having served in many different church positions, including Sabbath School teacher and superintendent, deacon, and several years as an elder. His son, who is pastor of Shreveport First church, also invited him several times to preach in his churches over the years. Survivors: wife of 59 years, Patsy Fern (Ayers) Farmer, of Waskom, Tex.; one son, Gerald Davis, Sr. (Susan), of Seminole, Tex.; four grandchildren; two great-grandchildren; and two brothers, Ira Blackburn and Blacky Blackburn.

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FARNSWORTH, Glen D., born March 7, 1927 in Noble, Okla., and died July 16, 2013 in Cookeville, Ark. He was a graduate of Southwestern Junior College and Union College. He married Charlene Ewing in Bonnerdale, Ark., on August 21, 1955. After Charlene’s death, Glen married Blanche Orser on August 7, 2005. Glen served the Lord for more than 46 years in formal denominational service and ten more years as an interim and stipend pastor in the Arkansas-Louisiana Conference. Glen was an active member of the Cookeville church where he served as church elder and Sabbath School teacher until the time of his death. He was preceded in death by his first wife, Charlene. Survivors: wife, Blanche of Sparta, Tenn.; son and daughter-in-law, Randy and Shelly Farnsworth, of College Dale, Tenn.; daughter and son-in-law, Cyndi and Ed Higgins, of Savannah, Ga.; and two grandchildren.

HESSE, Kathryn Louise Cotton, born September 21, 1953 in Cisco, Tex., and died January 15, 2014 in Arkadelphia, Ark. She was a member of the Arkadelphia church. Survivors: husband, Dr. Earl J. Hesse, of Arkadelphia church. Survivors: children, Rick and Lucinda; sisters, Annojo and Imojean; and several grandchil- dren and great-grandchildren.

RANDALL, Jobe, J., born July 10, 1945 in San Rafael, Calif., and died March 26, 2014 in Edinburg, Tex. He was a member of the Edinburg church. Survivors: wife, June; parents, Venita and Wayne; children, Jackie, Dale, and Werley; siblings, Sharon and Larry; and many grandchildren.

REGGIO, Verna, born February 14, 1920 in New Orleans, La., and died January 8, 2014 in Laconbie, La. She was a member of the Slidell church. Survivors: two sons, David Reggio, of Slidell, and Milton Reggio of Polorlaville, Miss.; four grandchildren, and eight great-grandchildren.

WALLACE, Beatrix, was born February 23, 1925 in Durant, Okla., and died February 14, 2013 in Keene, Tex. She was a member of the Cleburne First church. Survivors: children, Rick and Lucinda; sisters, Annajo and Imojean; and several grandchil- dren and great-grandchildren.
Finding a Foundation for a Life in Christ

OVER THE PAST 120 YEARS, Southwestern Adventist University has had thousands of students pass through its campus—each having his or her own unique experiences. These experiences include forming friendships, interacting with professors, gaining wisdom from mentors, and achieving academic goals—and through it all, instilling lasting principles and beliefs through the Christ-centered ideals upon which the campus was founded.

As someone who worked in the Advancement Office as a student, I became intimately acquainted with the school, its history, and many of its alums. I specifically remember a phone conversation with an alum who told me in great detail about which rooms she had lived in, which teachers she had loved, and about her roommates and friends. She asked if particular teachers were still there, and wondered if I knew a former administrator she had been fond of. I didn’t; she had been a student 45 years prior to my time.

This type of interaction with alums was nearly a weekly occurrence. At the time, I would wonder why these people thought that the university wouldn’t have changed.

Now, as an alum, I get it. I, too, ask current staff and students how they like their classes or how my favorite professors are doing. I’m no longer surprised to hear that someone has moved on, or that certain classes are no longer offered. What has been impressed upon me, however, is that even though the physical shape of the campus may change, a president might retire, or a new degree will be offered while another is dropped—the values are still the same. Even after 120 years, Southwestern is still a unique place where you can achieve academic success, where professors become mentors, roommates become lifelong friends, and most importantly, where you can gain a foundation for a life in Christ.

Jessica Lozano, associate editor
Important Registration Dates

July 27 - Core Enrichment
August 17 - Freshman Orientation
August 24 - Registration

To register or visit, call 800-433-2240, email enroll@swau.edu or go to www.swau.edu

“I don’t know why I’m still alive but I know God has a plan for me”

Melissa, Junior Nursing Major

I’m an Enrollment Counselor at Southwestern. Call, email, send a carrier pigeon... or meet me at a camp meeting! Come say hello. I’m here to help you!

Guadalupe Williams