The season is beginning! Welcome to our next volume of Student Gardens Updates.
Student Gardens Updates

June 12, 2014 (Week One)

Delivery and Pick Up

Delivery

- If you cannot be at home during the estimated delivery time, please have a cooler with ice ready. Keep connected in order to know delivery times each week. Our first delivery will be Thursday, June 12 between 8:00 a.m. – 7:00 p.m.

Pick Up

- CSA pick up: Regular pick up location at our Student Gardens stand near Neighbor-to-Neighbor.
- Local pick up: Fridays 11:00 a.m. – 2:00 p.m.
- Baskets: Please be ready to exchange weekly, as they are in a limited supply.

Delivery

Garth Woodruff

“Sailing is like having babies; they both arrive in the middle of the night,” said my skipper, sharing an old wives tale he alleged always came true. This was one of my first deliveries on an ocean-faring boat approaching the coast of California. The crew and I anxiously began our calculations of when we would arrive and what food we would eat first. We would play this numbers game to pass time, usually late into the night. After a few weeks I take the weekend off to help a new boat owner deliver his winter prize from South Haven to Leland, MI. I had logged thousands of sea miles on boats designed almost exactly like this one and I felt quite at home during my original inspection a month back. But this will be the first time I have captained with the owner onboard as crew. Deliveries are on my mind. My brother-in-law and his wife delivered their new baby boy a few weeks back, adding yet another grandson to a family already full of men. But this was the first for their family, and as we impatiently waited Facebook fill with excitement, my wife is pulling at her lines for a quick trip east to visit the little guy.

Continue...

First Week Produce

Solo Shares
Mixed Greens (Solo Only)
Red Romaine
Radish
Basil
Rosemary
Kohlrabi
Cucumbers
Purple Peppers
Medium Shares + Solo
Swiss Chard
Kale
Green Romaine

Full Shares + Medium + Solo
Green Butterhead
Red Butterhead

Swiss Chard Nutritional Facts – Daily value in a cup!

<table>
<thead>
<tr>
<th>Vitamin K: 636%</th>
<th>Vitamin A: 60%</th>
<th>Vitamin C: 42%</th>
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<tbody>
<tr>
<td>Magnesium: 38%</td>
<td>Copper: 32%</td>
<td>Manganese: 29%</td>
</tr>
<tr>
<td>Potassium: 27%</td>
<td>Vitamin E: 22%</td>
<td>Iron: 22%</td>
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</tbody>
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Haven't ordered CSA yet?

We'll deliver fresh, locally grown produce to your door every week this summer. It lasts 18 weeks, and it's delicious.
NOTE: This message was trained as non-spam. If this is wrong, please correct the training as soon as possible.

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