Join Our Live Facebook Chat—Tomorrow Night

Did the July issue of the Visitor magazine make your mouth water? Did visions of Top Chef or Emeril dance in your head as you leafed through the feature where we gave a healthy makeover to some of our favorite, but at times unhealthy, potluck dishes? If you have any questions or healthy cooking tips that you’d like to share with other readers, log on to our Facebook page and join Clara Iuliano, the master chef/nutritionist behind these recipe makeovers, July 21, 7-9 p.m. for a live chat. Let us know if you’ve already tried any of the recipes and how you liked them.—Taashi Rowe

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Eastern Shore Youth Look to End Violence

A recent rash of shootings in downtown Wilmington, Del., inspired 27 youth and their leaders from three area churches—Chesapeake Conference’s West Wilmington and Linthicum (Md.) churches and Allegheny East Conference’s Voice of Truth church, also in Wilmington, to begin a “Stop the Violence, Take a Stand” campaign in the community. Three young adults from the Voice of Truth church lost their father, a taxi driver, in one of the shootings.

The Chesapeake youth have been participating in a conference-wide series of witnessing training called CPR (Call, Promise, Release) and were compelled to respond to the violence in their city. They met with civic leaders and gained permission to distribute 500 copies of *Steps to Christ* and Bible study request cards at a community marketplace and in Rodney Square, the city’s transportation hub.—*Sharon Klahn*

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Pennsylvania Camp Attendance Breaks Records

It is a record-breaking summer at Pennsylvania Conference’s Laurel Lake Camp in Rossiter. More than 300 campers are enjoying go-karting, horseback riding, canoeing, sports, crafts and learning about nature, survival skills, archery and swimming. It is the highest attendance at summer camp since 2005 and more than double last year’s attendance!

What made the difference? Fifty-three Pennsylvania Conference churches caught the vision for using Laurel Lake Camp as a mission opportunity.
and provided scholarships enabling approximately 60 community children to enjoy a week of summer camp. Check out the conference Facebook page for pictures from camp.—Tamyra Horst

Adventist HealthCare Welcomes Vice President

Moving from Colorado to Maryland as Adventist HealthCare’s new executive vice president and chief operating officer, Terry Forde (center) faces a dual adventure to learn both the physical and healthcare terrain of his new state.

He previously served as president and CEO of Centura Health’s Parker Adventist Hospital in Colorado. His career in healthcare started in high school as a volunteer for a Seventh-day Adventist hospital located in Kansas City, Kan. He later worked in the accounting and patient accounts department at the nearby Shawnee Mission Medical Center.

While at Parker Hospital, he oversaw the rise of overall patient satisfaction results to the top quartile. “I was also proud that we achieved significant growth in our patient volumes each year,” he said.—Cindy Glass

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Allegheny East Member Chairs University System’s Board of Regents

Orlan M. Johnson, a member of Allegheny East Conference’s Capitol Hill church in Washington, D.C., was recently named chairman of the Board of Regents for the University System of Maryland (USM). Maryland Governor Martin O’Malley, originally appointed Johnson, who has served on that board for eight years, with senate advice. He assumed the position of chairman on July 1. The 17-member board oversees the system’s academic, administrative and financial operations; formulates policy; and appoints the USM chancellor and the presidents of the system’s 13 institutions. Two years ago, President Barack Obama also selected Johnson to chair the
After 40 Years of Pastoring, Galambos Retires

After 40 years in the ministry, Bradley Galambos and his wife, Janice, have retired to Florida. They have pastored all over the North American Division, including in Clinton and Waldorf, Md., and Hackettstown, Tranquility, Toms River and Mt. Holly, N.J. They most recently pastored the Mountain View Conference churches of Beckley, Valley View and Hinton in West Virginia. Pastor Galambos also served as Communication director and evangelist for the Alaska Conference and Ministerial director for the New Jersey and Mountain View conferences.

“Mountain View Conference pastoral staff and the conference administration will miss Bradley and Janice as they retire and get the much-deserved and needed time to relax,” says Larry Boggess, Mountain View Conference president. “Bradley’s wealth of experience as a pastor/evangelist helped him to be a big blessing to our young team of pastors. Our prayers and thoughts go with them.”—Monica Zill

Potomac Church Shares Christ at City Celebration

Members of Potomac Conference’s Community Praise Center in Alexandria, Va., helped its hometown celebrate their 262nd birthday (as well as the United State’s 235th birthday) by sharing freebies with participants on Sabbath afternoon. Hundreds of residents and visitors attended the event expecting community exhibits, children’s activities, performances and birthday cake.——Beth Michaels

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New WAU Graduate School Dean Keynotes Conference

Jude E. Edwards, DIBA, new dean at Washington Adventist University’s School of Graduate and Professional Studies in Takoma Park, Md., recently presented the keynote speech at The International Business, Finance and Economics Research Conference in Los Angeles. He was selected to speak to fellow academics after he submitted a paper to the peer-reviewed Journal of American Academy of Business, Cambridge discussing technology and healthcare privacy laws. Edwards, who has been teaching at WAU since 2007 and has some 40 years experience working in corporate America and government, drew from those experiences and titled his speech “Global Challenges are Solved at the Local Level and Must Have a Local Solution.”—Taashi Rowe

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To share the Visitor News Bulletin with friends and church members across the Columbia Union, click the “Forward to a Friend” link below so all the photos and copy will appear correctly. Also, encourage them to sign up for the email at www.columbiaunion.org/email. Thank you!

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Did the July issue of the Visitor magazine make your mouth water? Did visions of Top Chef or Emeril dance in your head as you leafed through the feature where we gave a healthy makeover to some of our favorite, but at times unhealthy, potluck dishes? If so, then good! It made us (well, me) want to dust off pots and pans too. If you have any questions or healthy cooking tips that you’d like to share with other readers we are encouraging you to log on to our Facebook page and join Clara Iuliano, the master chef/nutritionist behind these recipe makeovers, on July 21 from 7-9 p.m. Let us know if you’ve already tried any of the recipes and how you liked them.

Iuliano, a member of the Pennsylvania Conference’s Hamburg church, is a registered dietitian who specializes in highs—blood pressure, body weight and cholesterol. She does one-on-one “nutri-coaching” and group classes at venues across Pennsylvania.

Can’t make the live chat? Send your questions to VisitorFacebook@columbiaunion.net and we’ll ask her.

In the meantime, try this easy, high fiber Viva Spread recipe below. The fiber in the chickpeas helps you to feel satisfied sooner and helps keep the intestines in great shape. If you are used to making the traditional fat-laden, high sodium Big Frank Spread, switching to this recipe will save 87 calories, 10 grams of fat and 90 milligrams of sodium per serving!

**Viva Spread**

- 15 oz can chickpeas, drained
- 2 lbs finely chopped raw onions
- 2 lbs mayonnaise (Vegenaise or Nayonaise)
- 2 lbs The Vegetarian Express Saucy Ranch Seasoning
- 2 lbs sweet relish (e.g., Pa’s Sweet Pickle Smack, pasfoods.com)

Heat the chickpeas for a few minutes on medium heat, just enough to soften them a bit.

Remove them from the stove and mash with a potato masher, leaving some texture. (Don’t put it in the blender or you’ll get hummus!)

Add the remaining ingredients and mix well.

Refrigerate for a few hours, then enjoy on a sandwich or crackers!

Serves 8, ¼ cup. Per serving: 103 calories, 2.3 g fat, 271 mg sodium, 16.9 g carbohydrates, 3 g fiber, 4 g protein
Ron'Shaye Clark, founder of the “Stop the Violence” campaign and Keith Acker, co-pastor of the West Wilmington (Del.) church, witness in downtown Wilmington.

Eastern Shore Youth Reach Out to End Violence
Story by Sharon Klahn

A recent rash of shootings in downtown Wilmington, Del., inspired 27 youth and their leaders from three area churches—Chesapeake Conference’s West Wilmington and Linthicum (Md.) churches and Allegheny East Conference’s Voice of Truth church, also in Wilmington, to begin a “Stop the Violence, Take a Stand” campaign in the community.

Three young adults from the Voice of Truth church lost their father, a taxi driver, in one of the shootings.

The Chesapeake youth have been participating in a conference-wide series of witnessing training called CPR (Call, Promise, Release) and were compelled to respond to the violence in their city. They met with civic leaders and gained permission to distribute 500 copies of Steps to Christ and Bible study request cards at a community marketplace and in Rodney Square, the city’s transportation hub.

Following the event the young people regrouped for worship. “We heard testimonies from each participant,” said Keith Acker, co-pastor of the West Wilmington church, “and saw the excitement in each face as they expressed how God has blessed them to get out of their comfort zone and minister for him.”

“Our visit to Wilmington was amazing!” shared Suan Allen, a West Wilmington church member. “Witnessing to the people, and encouraging them to help stop the violence seemed like an effective way to reach out to them. Most of them were receptive and in agreement with our message. A young man even decided to aid [us] in handing out the books.”
Lucas Mongare and Travis Nyamwange helped to distribute copies of Steps to Christ in a youth-led campaign to stop violence.
Adventist HealthCare Welcomes Executive Vice President and Chief Operating Officer

Story by Cindy Glass

Robert Jepson (left), vice president for Government Relations and Public Policy, and James Lee (right), executive vice president and chief financial officer, welcome Terry Forde, new executive vice president and chief operating officer, to Adventist HealthCare at a July 19 event.

Moving from Colorado to Maryland as Adventist HealthCare's new executive vice president and chief operating officer, Terry Forde faces a dual adventure to learn both the physical and healthcare terrain of his new state.

He previously served as president and CEO of Centura Health's Parker Adventist Hospital in Colorado. His career in healthcare started in high school as a volunteer for an Adventist hospital located in Kansas City, Kan. He later worked in the accounting and patient accounts department at the nearby Shawnee Mission Medical Center.

While at Parker Hospital, he oversaw the rise of overall patient satisfaction results to the top quartile. "I was also proud that we achieved significant growth in our patient volumes each year," he said.

At Adventist HealthCare, Forde will be responsible for overseeing the organization's Maryland entities and operations as well as providing direction to selected support center services, such as Human Resources and the Education Institute.

"I am looking forward to helping shape the future of Adventist HealthCare as part of the executive team," Forde says. "It is a privilege and an honor to serve with an organization that has such a great history in its background as part of the Seventh-day Adventist Church."

The Forde family is planning to attend Chesapeake Conference's Spencerville church in Silver Spring, Md.
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Senate Confirms Capitol Hill Member's Appointment to Key White House Post

By Taashi Rowe

The United States Senate recently confirmed presidential appointee Orlan Johnson—a member of Allegheny East Conference’s Capitol Hill church in Washington, D.C.—to a key White House post. Johnson will chair the Board of Securities Investment Protection Corporation (SIPC). The quasi-governmental agency created in 1970 to provide oversight of failed brokerage firms. When a brokerage firm is closed due to bankruptcy or other financial difficulties and customer assets are missing, SIPC steps in as quickly as possible and, within certain limits, works to return customer cash, stock and other securities.

“As chair I will help to set policies and procedures as to how the organization would work,” he explains. “And it is my privilege to chair the SIPC at this critical time when so many investors have been the victims of immense fraud and need an advocate.”

Johnson, a graduate of Blue Mountain Academy in Hamburg, Pa., and Andrews University (Mich.), served on then-presidential hopeful Barack Obama’s national finance committee. He is a partner at the Saul Ewing LLP law firm and teaches securities law at his alma mater of Howard University Law School in Washington, D.C.

“I’m truly thankful the Lord has blessed me with the opportunity to serve our country, and I just ask for His guidance as I move forward,” Johnson says.
Members of Potomac Conference’s Community Praise Center (CPC) in Alexandria, Va., helped its hometown celebrate its 262nd birthday (as well as the United State’s 235th birthday) by sharing freebies with participants on Sabbath afternoon. Hundreds of residents and visitors attended the event expecting community exhibits, children’s activities, performances and birthday cake.

Ten CPC members helped run the church’s booth, where they shared information on healthy living and cooking and distributed tracts, Steps to Christ, copies of Visitor magazine, sermons on CD and other information. According to member Hank Branch, Personal Ministries director and booth coordinator, more than 200 people stopped by their exhibit.

“This is the second year we have participated in this event,” Branch shares. “We are delighted to share God’s Word and seek souls for the kingdom. We have been blessed and know that the Holy Spirit will work in the lives of every soul we ministered to.”

CPC’s next outreach efforts will be August 20 when members will share more resources with attendees of the 10th Annual One Love Community Festival. For more details, click here.
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