Allegheny East’s Hispanic Members Celebrate Multiple Achievements

At the annual Day of Fellowship for Allegheny East Conference’s (AEC) Spanish Council of Churches, held last Sabbath at the conference’s headquarters in Pine Forge, Pa., attendees had much to celebrate. In addition to enjoying a day of worship, workshops and fellowship, the conference’s Hispanic members celebrated their first graduation from the School of Discipleship, Master Guide promotions, 18 baptisms, recognized five pastors with certificates of ministry and welcomed five new churches into the fold.

The first crop of AEC School of Discipleship graduates were especially excited to finish the first year of the program. Fernando Sanchez, a member of the Harrisburg (Pa.) Spanish church and the first Seventh-day Adventist in his family, was one of those graduates. Encouraged by what he learned in the classes, he gave Bible studies to his sister and mother. On Sabbath he proudly brought his sister to be baptized. “I feel God has called me,” he said. “Every day I see with my own eyes how He continues to bless me, even in the middle of tribulations.”—Story and photo by Taashi Rowe
Laurel Lake Church Offers Camp for Visually Impaired, Blind

Jacob (pictured with Deb Blandel) had never attended summer camp before. Being visually impaired made it difficult for him to participate in typical summer camp activities. But that changed this summer as Jacob attended a camp specifically designed for the blind and visually impaired at Pennsylvania Conference’s Laurel Lake Camp and Retreat Center in Rossiter, Pa.

Randy Mallory, first elder of the Laurel Lake church in Rossiter, and his wife, Cindy, had previously volunteered at camps for the blind and visually impaired in Michigan. When he shared his idea of offering a camp at Laurel Lake with his church members, they all began praying, dreaming, planning and working.

Campers enjoyed sports, crafts and worships. “This camp for me is just another affirmation that we serve a God who answers prayer,” Mallory says.—Story by Tamyra Horst

Maryland Adventists to Discuss, Vote on Same-Sex Marriage Law

This November Adventists in three conferences (Potomac, Chesapeake and Allegheny East) will have a chance to vote on a referendum to overturn Maryland’s same-sex marriage law. So far, two Adventist groups are presenting opportunities for members to learn more about the issue. Chesapeake’s Spencerville church in Silver Spring, Md., in partnership with Andrews University’s (Mich.) International Religious Liberty Institute, is hosting a special Sabbath series themed “Protecting Marriage: What is the Christian’s Role?” The daylong series takes place October 6.

“In light of current public discourse and legislative initiatives regarding the matter of same sex-marriage, it is important that our church members be as biblically informed as possible,” explains Jerry Lutz, the church’s senior pastor. For more information, call the Spencerville church office at (301) 384-2920.
Another group, the Metro Area Young Adult Association, will hold a panel discussion addressing the issue on October 5, at Potomac’s **Capital Memorial church** in Washington, D.C. The program begins at 7:45 p.m. For more information, visit the group on their [Facebook page](#).

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**Lynchburg Members Gain 30 Bible Study Commitments**

Members of Potomac Conference’s Lynchburg (Va.) church recently participated in Miller Park’s 30-year-old annual Family Fun Day, and secured Bible study commitments from over 30 area residents. Held each September, this day in the park provides free games, rides, exhibits and educational activities to more than 10,000 area families and children. Church members distributed Christian literature, Hope Channel cards and information on the church’s prison visitation ministry.

“This was our first time setting up a table at this event,” said Mike Little, a church member. “God heard our prayers and sent the Holy Spirit ahead of us, preparing the hearts of the people we met. We ask your prayers for each piece of literature distributed, and those who will read it, as well as these new Bible study students and those who will be teaching them.” Lynchburg member Kenia Bender is pictured at the literature table.

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**African Church Promotes Community, Health in Columbus**

Through strategic partnerships with community organizations, Pastor Kwesi Gyimah (pictured) and Allegheny West Conference’s Columbus African congregation are striving to provide the ministry of healing to their neighbors. The church’s mission is to re-introduce the Seventh-day Adventist message to the citizens of Columbus, Ohio, with a particular emphasis on health. This goal has led to partnerships with local chapters of the YMCA and American Cancer Society and with Columbus
Public Health to provide health education programs for residents. “Our goal is to hand deliver God’s love to all of God’s children,” comments Pastor Gyimah.

Pastor Gyimah has also extended his influence to local government and currently serves as a member of several city civic boards. Recently, the mayor of Columbus, the Columbus City Council, the Ohio House of Representatives and Ohio Senate each recognized Gyimah for his outstanding volunteer work in the city.— Story by Christopher C. Thompson

Haitian Churches Net New Members With Summer Outreach

In an effort to live out the world church’s call to revival and reformation, three Allegheny East Conference Haitian churches spent the summer working to win fellow French-speakers to Christ in Philadelphia. The Jerusalem French church, a Haitian community in Philadelphia, recently completed a three-week missionary campaign based on the study of Revelation. They finished the campaign with 47 new members.

Pastor Yrvin Jean-Philippe, pastor of the Hebron church (New York City), preached the series themed “Jesus, the Conqueror of Conquerors.” Held every night from 7:30 to 9:30, the program was also broadcasted on Heavenly Vision, a local Haitian radio station. And after 21 days of ceaseless prayers, Pastor Abdonel Jean-Philippe and the entire church welcomed their new members in two different baptismal ceremonies.

Two other Philadelphia congregations—the Mount-Nebo and New Maranatha companies, pastored by Jean Milca Fenelon, also led two evangelical series in July and August, which resulted in 16 baptisms.—Story by Johnispen Saint-Sauveur
Columbia Union Members to Get Moving This Sunday

At least 100 Adventist churches and schools in the Columbia Union are planning to participate in the North American Division Health Ministries Department’s "Let’s Move!" Day slated for Sunday, September 23. The day is not just for adults. Click here to view a video on how kids can get involved too.

Want to participate? Click here for a list of events happening near you.

New York 13 Prayer Rally Starts Friday

Fifty churches in the New Jersey Conference and seven in Allegheny East have signed up to host evangelism campaigns in 2013 as part of a world church initiative to reach big cities. Church leaders are starting with New York City and are calling the initiative NY13. World church and local leaders will attend a prayer rally to kick off next year’s outreach efforts 7:30 p.m., Friday, September 21 at the North Bronx church. Those who live in the area can attend the services at 3743 Bronxwood Avenue in Bronx, New York. Others can watch via the Hope Channel and 3ABN.

Speakers will include Carlton Byrd, speaker/director of Breath of Life Ministries; Mark Finley, special assistant to the General Conference president; and Ted N.C. Wilson, General Conference president. Pictured is Donald G. King, president of the Atlantic Union Conference. For more information, visit ny13.org.

New Jersey Conference’s Constituency Meeting Slated for Sunday
Some 442 delegates are expected this Sunday at New Jersey Conference’s 39th regular constituency session. This will be their first quinquennial meeting. Delegates will hear reports, elect officers and conduct other conference business.

**UPCOMING EVENTS**

*Click here for a complete listing of upcoming events around the Columbia Union Conference.*

**MARYLAND**

**September 22:** Potomac Conference’s Hispanic Women’s Convention is a one-day gathering of all women in the conference’s Hispanic churches for an afternoon of inspirational messages, music and more. The event runs from 5 to 8 p.m. and will take place at the Southern Asian church, which is located at 2001 East Randolph Road in Silver Spring, Md. For more information, contact the Contact Hispanic Ministries department at (301) 899-0012 or e-mail jacquelines@pcsda.org.

**September 23:** The Miracle Temple church in Baltimore is sponsoring a two-mile Walk-A-Thon from 9:30 a.m. to 12:30 p.m. for "Let’s Move!" Day. The walk will take place in the McKeldin Area of Patapsco State Park, which is located at 8020 Baltimore National Pike in Ellicott City, Md. The road is paved for jogging, strolling, or walking. The cost is $3/person. (Kids buckled in safety seats are free). For more information, visit miracletemple.net.

**September 23:** Registration for The Vibrant Life Health Expo & 5K Fun Run begins at 8 a.m. (cut off is 9 a.m.). The race will begin at 9:30 a.m. sharp. Don't forget, if you are not a runner, you can also walk the course. The Health Expo will be open from 10 a.m. to 3 p.m. and will include booths for each of the eight laws of health (one each for adults and children), food demonstration, food for sale, fire trucks, FedEx racecar (from 8 a.m.-12 p.m.), etc. Registration is $30. For more information, visit vibrantlife.com.

**September 24:** Join the Capitol Hill Group Ministry (CHGM) at the Bay Hills Golf Club on Monday, September 24, at 12 p.m. for their 10th annual Hope for the Homeless Golf Tournament. Proceeds go to CHGM to assist homeless and underserved families on Capitol Hill. Your $150 registration includes green and cart fees, boxed lunch, a buffet awards dinner, $5 Pro Shop credit and an additional free round of golf at Bay Hills Golf Club in Arnold, Md. Foursomes or individuals are welcome. Register at golf.chgm.net.

**OHIO**

**September 22, 2012:** The Ohio Conference is hosting a gathering at the Roberts Centre in Wilmington featuring Elizabeth Talbot. Talbot has been an associate speaker for Voice of Prophecy broadcasts, is the founder of the Jesus 101 Biblical Institute and has authored numerous books. The daylong service, which runs from 10 a.m. to 5 p.m. is themed “A New Song: The Mega Joy of the Redeemed Heart.” The program will feature inspirational praise and worship music, four sessions on the Gospel of Luke, a gift copy of Elizabeth Talbot's book, Luke: Salvation for All, and dynamic age-appropriate programs for children. This program will have strong appeal to your friends and family who
are not Adventists. **Register for your free lunch online by September 13 at www.ohioadventist.org or call (740) 397-4665, ext. 111.**

**VIRGINIA**

*September 23: The Campostella Heights church is hosting a free “Let’s Move! Day” Community Walk and Health Fair.* The walk starts at 12 p.m. and the health fair goes until 5 p.m. For more information, or to pre-register, contact Lynette Moore, MD, at adventistwellnesscenter@aol.com or (757) 641-2129. The church is located at 1006 Oakwood Street in Norfolk, Va.

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To send us a news story, email us at [visitor@columbiaunion.net](mailto:visitor@columbiaunion.net). The deadline for all submissions is 10 a.m. each Tuesday.

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Taashi Rowe, Visitor News Bulletin Editor  
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Visitor News Bulletin is an electronic newsletter published by the Seventh-day Adventist Church in the Columbia Union Conference. You are free to reprint any portion of the bulletin, however, please identify Visitor News Bulletin as the source.
The Milford (Del.) Spanish group were one of five new congregations to join the conference so far this year.

Allegheny East's Hispanic Members Celebrate Multiple Achievements

Story by Taashi Rowe
Published 9/18/2012

At the annual Day of Fellowship for Allegheny East Conference's (AEC) Spanish Council of Churches, held last Sabbath at the conference’s headquarters in Pine Forge, Pa., attendees had much to celebrate. In addition to enjoying a day of worship, workshops and fellowship, the conference’s Hispanic members celebrated their first graduation from the School of Discipleship, Master Guide promotions, 18 baptisms, recognized five pastors with certificates of ministry and welcomed five new churches into the fold.

School of Discipleship Graduates 30

Recognizing the value of educating lay members to lead ministries, last year Allegheny East started their own branch of the School of Discipleship. In doing so they joined several others in the Columbia Union Conference. Some 30 people met one Sunday a month for a year to complete the first track of the program. Fernando Sanchez, a member of the Harrisburg (Pa.) Spanish church and the first Seventh-day Adventist in his family, was one of those graduates. Encouraged by what he learned in the classes, he gave Bible studies to his sister and mother. On Sabbath he proudly brought his sister to be baptized. “I feel God has called me,” he said. “Every day I see with my own eyes how He continues to bless me even in the middle of tribulations.”

Once he completes the four-year program, he plans to lead an evangelism meeting in his home country of the Dominican Republic.

Gamaliel Velasquez, a member of the Manassas (Va.) Spanish church, said he went to different churches searching for the truth. He was a Catholic, Pentecostal, Baptist and Jehovah’s Witness. “It took me 11 years to find this message,” he said. “I didn’t have anyone to preach to me.” Because of what he learned in the class, he is studying with five people who are ready to get baptized. “It’s not me,” he said. “It’s God who is using me as a bridge.”
14 Promoted to Master Guides

Another graduation of sorts also happened that day. Fourteen Master Guides were promoted in a ceremony that recognized their yearlong study and commitment to leading Pathfinder Clubs. Newly minted Master Guides, Luis and Sarita Medero, both members of the Getsemani Adventist group in Dover, Del., were excited about this achievement. "After working so hard, I am happy that God helped us to be here," Sarita said. "This is for God. We want to teach everybody about Jesus and bring more people to know Him."

At 22 years old, Ismar Mendez, a member of the Easton (Md.) Mahanaim church, was probably the youngest Master Guide. He also sees Pathfinders as an opportunity for evangelism. "I want to bring people to Jesus," he said. He and his co-director Mercedes Gomez, already have a club of eight Pathfinders.

Five Leaders Receive Pastoral Certificates

"Many of our pastors are already working daily to bring people to Christ," said Ramon Escalante, director of the conference’s Hispanic ministries. "However, they are not full-time pastors and we wanted to recognize and honor their ministry in a special way."

That afternoon pastors Martho Luhan, José Rosario, Delores Orellana, Leandro Perez and Roberto Reyes received certificates of ministry that authorized them to perform pastoral services in the Allegheny East Conference. Orellana serves as the Women’s Ministries leader for the conference’s Hispanic Ministries.

"This is to let you know that we appreciate the ministry you’ve been doing year after year without certification," said Charles Cheatham, AEC president, as he presented the certificates. "We pray that God will continue to bless the Spanish ministry throughout Allegheny East!"

18 Join The Church Via Baptism

Of the 18 people baptized on Sabbath, Luis Pacheco had no plans to be one of them. Although his wife, Wendy, was a member of the Rehoboth Spanish church in Reading, Pa., he only started attending when Miguel Martinez offered to take him. Pacheco thought Martinez was joking and went along. However, after Martinez brought him, he started attending regularly. On Sabbath Martinez offered to walk with him to the baptismal pool.

"At first I said, ‘No’" Pacheco explained. "But then something told me to go. I’m proud of this step. I know that getting baptized was for the better and will always cherish this memory."

Martinez added, "You never know how the Holy Spirit will work."
With new members also come new churches. Escalante recognized the five new congregations that joined the conference this year. He presented each group leader with a laptop and a registration book and encouraged them to use the laptop for evangelism.

**Walking Under the Rain of the Holy Spirit**

In addition to the many activities of the day, attendees were reminded of the important role of the Holy Spirit. Armando Miranda, a vice president at the General Conference, spoke for the divine service and presented afternoon workshops focusing on the theme “Walking Under the Rain of the Holy Spirit.” In his sermon, he shared multiple examples of how he has seen the Holy Spirit work during his travels around the world. “I’ve come to this conclusion, the Holy Spirit is love,” he said. “How else can you explain Christ’s marvelous and extraordinary sacrifice?”

**COMMENTS POLICY:** The Columbia Union Conference Visitor encourages quality conversation and welcomes your thoughtful comments. All comments are subject to approval but will not be edited. Please limit your comments to 500 words or less. Only one comment per person will be published.

There are no comments.

Anonymous

Name:
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Close
Jacob had never attended summer camp before. Being visually impaired made it difficult for him to participate in typical summer camp activities. But that changed this summer as Jacob attended a camp specifically designed for the blind and visually impaired at Pennsylvania Conference’s Laurel Lake Camp and Retreat Center in Rossiter, Pa.

Randy Mallory, first elder of the Laurel Lake church in Rossiter, and his wife, Cindy, had previously volunteered at camps for the blind and visually impaired in Michigan. When he shared his idea of offering a camp at Laurel Lake with his church members, they all began praying, dreaming, planning and working. “Many people were praying that the Spirit of the Lord would go before all of us in the planning and preparation for this camp,” Mallory shares. “Ultimately, they were praying that the camp would be a reality and God would be glorified in it.”

Laurel Lake members took his idea to the nearby community of Punxsutawney. Many local businesses and local churches donated money and food for the camp. Church members did research and found ways of making summer camp activities for blind and visually impaired campers. Word spread, and more than 20 people volunteered one week of their summer to help.

Campers enjoyed archery, horseback riding, go-karting and swimming. They made pottery and tie-dyed shirts. Their team won every game of beeper ball against the volunteers, who were blindfolded during this game modeled after baseball—with a ball that beeped so you could hear it to hit it or find it in the outfield and a base that buzzed so you knew which way to run. They also participated in worships each morning and evening.

“This camp for me is just another affirmation that we serve a God who answers prayer. He gave us the right people, at the right place, at the right time and all the means necessary for this special purpose,” Mallory says. “He has given to us a foundation (of course He is the foundation) to continue this camp ministry for the blind and visually impaired on an annual basis. What a blessing! Praise God!”

For more information about next year’s camp, which will be held August 19-23 contact Laurel Lake Camp at (814) 938-9300.
blindfolded Laurel Lake member plays beeper ball.

Clair Limrick helps a camper.

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There are no comments.

Anonymous

Name:
Email:

Preview comment
Name:
Let's Move Day 2012 will take place on Sunday, September 23. Check back regularly for updates to this list of events!

**UNITED STATES**

**Let's Move Day - Oakwood University Church - ALABAMA**
Lace up your sneakers and get ready to move on Sunday, September 23rd beginning at 10:00 am at the Millett Activity Center (Oakwood University Skating Rink) in Huntsville, AL! Kids bring your parents for a day of exercise and fun! Challenge Mom and Dad to a relay race or burn some calories during aerobics class. See if you can be the first one through our obstacle course or do the most push-ups! Bring your family and bring a friend to "Let's Move Day," Sunday, September 23rd beginning at 10:00 am. This event is sponsored by Oak Kidz Children's Ministries as part of the "Let's Move" Initiative to fight the problem of childhood obesity within our generation. We will also have a Fun Walk on campus for the entire family. Come join us and let's move!

**3rd Annual Manteca SDA Health Fair - Manteca SDA - CALIFORNIA**
Take charge of your health at the 3rd annual Health Fair on September 23rd from 10am to 3pm. For more information, call (209) 239-1706, download the English flyer here, or Espanol here.

**Let's Move Day! - Keney Park - CONNECTICUT**
Registration begins at 8:30am for the 10am 5k run/walk at Keney Park in Hartford (500 Woodland St - Across from Faith Church). For more information, contact Maurice Edwards - 860-985-8489
Walk-a-Thon Fundraiser - Dover First Church - DELAWARE

On Sunday, October 14th, we will be having a walk-a-thon fundraiser for the new school being built there for the 2013-2014 Dover First Christian School. All funds raised will help with that school and will be part of the Let's Move Events. Martha Bacon and Ellen Aparicio will be coordinating the fundraiser.

5K Walk - Middletown SDA - DELAWARE

Join us for a 5K Walk. The walk will start at Colvin Adventist Church, 858 Noxontown Road, Middletown, DE.

Let's Move Day - West Wilmington SDA - DELAWARE

Our church, school, and ministry teams are planning on doing a Let’s Move Day on Sunday, September 30th at 3003 Millcreek Road, Wilmington, DE 19808. Contact: Elvis Mogoi, Pastor, Church Phone: (302) 988-3961, Cell Phone: (302) 981-2823, Website: www.westwilmington.sda.org.

5k Walk/Run - Apopka SDA - FLORIDA

"Let’s Move Apopka" wants to encourage healthy kids and families in our community! Please join us to raise awareness so that our children can reach adulthood at a healthy weight. Race starting point is from the Apopka Seventh-Day Adventist Church and using the South Orange Blossom Trail that runs directly behind the church going for a distance of 5 kilometers (3.1 miles) and looping back to the church grounds. Registration begins at 7:00 am and the 5k starts at 8 am. There will also be a Kids Fun Run for ages 4 through 12.

The event will also feature a health fair, free health screenings, a blood bank, local vendors and booths, and kids activities (with parental or guardian supervision). For more information, visit http://www.racesmith.com/races/LetsMoveDayApopka5K.html.

Let's Move Day - Oakwood University - FLORIDA

Join us for a 1-5k fun run to raise money for scholarships at Oakwood University. Salando Park is the venue. Start time is 10am. For more information, download the brochure here.

The "Let's Move" Olympics - Florida Hospital - FLORIDA

Florida Hospital in Orlando is hosting a program-wide olympics at our facility. It will be a fun chance for kids and their families to get out and have a great time moving and cheering one another on. For more information, email Lindy.Moore@flhosp.org.

Lakeview's 2nd Annual Back to Health Fun Run & Health Expo - Lakeview SDA - GEORGIA

Join us for our 2nd annual Fun Run on Sunday, Sept. 23 at 9am. Registration begins at 7:30am at Lakeview Seventh-Day Adventist. For more information visit http://www.backtohealthrun.wordpress.com or download the flyer here.

Let's Move Day! - Adairs ville SDA - GEORGIA

2pm-6pm: Manning Mill Park (Manning Mill Rd. • Adairs ville, GA). The Adairs ville Church will be hosting a health expo and your entire family is invited to: taste delicious fresh-made juices, enjoy a relaxing back rub, get a body-fat analysis, take a Harvard Step Test, take home healthy recipes, have fun with Gordon's mascot, and get emergency preparedness info. Visit the website.

Let's Move Day! - Atlanta Southside SDA - GEORGIA

10am-2pm: Learn more about Let's Move Day

Let's Move Day! - Blairsville Church - GEORGIA

2pm-5pm: Meeks Park (Blairsville, GA). The Blairsville Church is hosting an awesome Let's Move Day event for kids 6-12 years old.

Let's Move Day! - Georgia-Cumberland Academy - GEORGIA

2pm-4pm :: Calhoun City Rec Center (Calhoun, GA). From 2pm-4pm. Several community businesses
and organizations are sponsoring stations to promote healthy living and help kids discover fun ways to get active. Each participant will receive fun prizes. Contact Greg Hudson at 678-986-6243 for more information.

Let's Move Day! - Lakeview SDA - GEORGIA
9am: Lakeview Church campus (4001 Macedonia Rd. • Powder Springs, GA). The Lakeview Church will be holding their 2nd Annual Back to Health Fun Run & Health Expo. Download the flyer, Visit the website or Register

Let's Move Day! - Oglethorpe Church - GEORGIA
Enjoy 25 activity stations at the Oglethorpe City Park from 3pm-6pm. Activities include a walking track, Zumba, basketball, rope climbing and more. For more information, contact Carolyn Lipscomb (229-322-9843) and Ellen Chase (229-472-1729) or Download the flyer here.

Let's Move, Let's Read! - Shiloh SDA - ILLINOIS
5K walk/bike on the lake, followed by variety of physical activities for every age. Free Continental Breakfast. 8 a.m. at 63rd Street Beach, Chicago, IL. Please bring a book for donation to community to encourage reading! For more information, download the flyer or contact Christina Wells (773-224-7700)

Let's Move Day 5k Run/Walk and Health Fair - KENTUCKY
The event takes place at Long Run Park, 1605 Flat Rock Road, Louisville, KY 40245. 5k begins at 8:30am, Health and Fitness Fair from 10am to noon. Registration: Online at Active.com or E-mail letsmoveday@gmail.com and request an entry form.

Let's Move Day 5k Run/Walk - Middletown SDA - KENTUCKY
Join us for Let's Move Day on September 23rd at Long Run Park, 1605 Flat Rock Road, Louisville, KY 40245. Check-in at 7:45am, 5k begins at 8:30am. Download the flyer and download the registration form here for more information.

Let's Move Day Events - Lake Charles SDA - LOUISIANA
Let's Move Day events from 8:00 AM – 11:00 AM at the Civic Center grounds in Lake Charles, 900 Lake Shore Dr., Lake Charles, LA 70601. Visit www.lakecharlesadventists.org or download the flyer for more information.

5k Fun Run/Walk - Southern Asian SDA - MARYLAND
Join us for a 5k fun run/walk at 2001 E. Randolph Rd, Silver Spring, MD. Race ID pickup at 8:30am, race starts at 9:30am. For more information, download the flyer here.

Let's Move Day - Atholton Adventist Church and Academy - MARYLAND
We will be doing an entire week of Let's Move, beginning with our Church and School picnic. To see details, go to the school website and click on the Accent link in the upper right corner. On Tuesday, Sep 25, we will have a Parents vs. Students Hockey/Basketball Tournament. Contact: Marilynn Peeke, Principal at 410-740-2425 or Office@atholton.us

Let's Move Day - Rocky Knoll School - MARYLAND
Students will either walk or bike along a 7 mile portion of the C & O Canal. The walk-a-thon bike-a-thon will be a fund raiser activity to help pay off the balance of the cost for Rocky Knoll School's new gym floor. Contact Mark Walker for more information (304-263-9894 - mark710590@aol.com)

Let's Move Day - Crest Lane Adventist School - MARYLAND
Crest Lane School will be having a walk-a-thon on September 28th at 342 Crest Lane, Westminster, MD, 21157. For more information, contact Angela Misselhorn - 410-840-4240 Angela@crestlane.org

Let's Move Day - Eastern Shore Junior Academy - MARYLAND
The pre-k & kindergarten students at ESJA in Sudlersville will be walking everyday next week to "walk
across the United States." We will be graphing our distance everyday for math and learning about the states we will be crossing in social studies. For more information, contact Jennifer Miller at djmiller915@hotmail.com or 410-505-4074

Let's Move Day Olympics - Frederick Adventist School - MARYLAND
Thursday, Sept 27th - 12:45 - 3:30pm. Students in K-10 are grouped into countries and will compete in events. The group with the top points will receive a gold medal, next group will receive silver, then bronze. For more information contact Robby Herr or Anita Minty at 301-663-0363

Let's Move Day - Parkville High School / Northeast SDA - MARYLAND
9am to 2pm. Activities include jumping jacks, hula hoops, jump rope and more. For more information, call 410-928-4223 or download the flyer here.

5K Run/Walk - Spencerville SDA - MARYLAND
The Spencerville Health Committee is planning a 5k run/walk, starting here at the church, for the morning of Sunday, September 23. The event will begin at 9:00 a.m. however, participants are encouraged to arrive a few minutes early for check-in and warm-up. Contact: Carol Strack, 301-384-2920, or email office@spencervillesda.org

Vibrant Life Health Expo and Fun Run - Review and Herald Publishing - MARYLAND
This year's Vibrant Life 5K fun run at the Review and Herald campus in south Hagerstown, Maryland, will include a free health fair with tests to measure fitness as well as samples of healthy cooking. Learning stations for children will feature health principles such as the need to exercise and drink more water. Trophies (for both males and females) will be given to the top overall finishers. Registration is at 8am, race begins at 9:30. For additional information about the race, call 1-800-257-2316, or e-mail 5krun@rhpa.org.

Walk-A-Thon - Miracle Temple Worship Center – MARYLAND
Miracle Temple will be sponsoring a Walk-A-Thon in the Scenic Patapsco Park on September 23rd, from 9:30 AM - 12:30 PM. Download the flyer here for more information.

Mount Vernon Trip and Let's Move Day! - General Conference Human Resources - MARYLAND
General Conference Human Resources will be taking a trip to Mount Vernon and still has a few seats left on the bus. For more information, email Jane Morrison at morrisonj@gc.adventist.org

Let's Move Day - Mt. Aetna Adventist Elementary School - MARYLAND
The school will celebrate Let's Move Day on September 28 from 9:00 am to 12:00. We have planned 12 events and students will rotate every 15 minutes doing activities in our gym and outside weather permitting. We do like to stress the importance of physical activity at our school. We will be jumping rope, practicing basketball skills, soccer skills, general exercises as well.

Fun at the Park Day - Trinity Temple SDA - MICHIGAN
Join us for Let's Move Day at Kindleberger Park in Kalamazoo, MI on September 23rd from 11am to 3pm. For more information, call (269) 978-5131 or (269)290-3225 or download the flyer here.

Let's Move Day in Flint - Flint Fairhaven SDA Church - MICHIGAN
The Flint Fairhaven SDA Church in Flint Michigan is participating in the Let's Move Day this Sunday September 23, from 1p-3p. We plan to do our part in reaching the two million mile goal and have invited the community to join us. Various physical activities are planned and a vegetarian lunch will be provided afterwards.

5K Walk and Activities - Laurel SDA - MISSISSIPPI
The Let's Move Day events are free to the public and include a 5K walk and other activities. Meet at Mason Park in Laurel 7 Ave and 20th Street in Hattiesburg. The event goes from 7 to 10 am.

5K and 1 Mile Walk - Nevada SDA - MISSOURI
We're hosting a 5K and 1 Mile walk on Sunday, Sept. 23, 8am at Walton Park in Nevada, MO. For more information visit [http://www.nevadamosda.org](http://www.nevadamosda.org) or [download the flyer here](#).

**Fall Family Fun Festival - Rolla SDA - MISSOURI**
Rolla Seventh-day Adventist Church, School, and Child Care will enjoy an afternoon of Fall Fun on Sunday, Sept 23 at 1:00pm. Meanwhile back at the church, a farm animal petting zoo will be going on, followed by field games. For more information, contact Becki at (417) 259-3583 or [download the flyer here](#).

**Let's Move Day Annual Health Fair – Beth El SDA – NEW JERSEY**
Join us for Let's Move Day on September 23rd at 215 MLK Blvd, Jersey City, NJ. 12:00 PM – 3:00 PM. [Download the flyer here](#) for more information.

**Fitness Walk - Jefferson Park - NEW JERSEY**
Come join us in Jefferson Park in Elizabeth, NJ for a one mile fitness walk. The course is flat pavement and we will be walking slowly, so this event is suitable for people of all ages and fitness levels. Registration opens at 8:00am, the walk will start at 8:30. Afterwards, there will be a kid's tug of war and other games in the park. [Download the flyer for more information](#).

**Let's Move Day Health Weekend – Newtonville SDA – NEW JERSEY**
Join us for Let's Move Day on September 23rd at Stockton College in Pomona, NJ at 10:30 AM. [Download the flyer here](#) for more information.

**In Step for Life 5k Fun Run - NY13 - NEW YORK**
Everyone is welcome for the In Step for Life 5k Fun Run on Sunday, Sept. 23 at NY13. For more information visit [http://www.ny13.org](http://www.ny13.org) or [download the flyer here](#).

**Let's Move Day Walk - Ebenezer SDA - NEW YORK**
Registration begins at 8:15 for the 9:00am walk in Eisenhower Park (Parking Field 6). For more information, contact Debra Walker (631-374-6503).

**5K walk/run, Handball, Basketball, Tennis, Health Screening - Kaiser Park - NEW YORK**
Join us in Coney Island for Let's Move Day! Enter at Neptune ave and W 29th st. 9am to 4pm. Meet in front of the Park House for registration. For more information, contact A. Small at 718-629-2079, C. Baker at 718-629-2079 or M. Gillespie at 718-230-3263.

**5K Walk - Solid Rock SDA - NEW YORK**
Join us for Let's Move Day at O’Donohue Park at the beach in Far Rockaway. Registration at 9am and the walk begins 10am. For more information, contact Solid Rock SDA at 718-634-1622

**Let's Move Relay; Steps to Better Health - Raleigh SDA - NORTH CAROLINA**
Join the fight against cancer on Let's Move Day 2012. The run is at 2pm to 6pm. For more information, [download the flyer](#).

**Let's Move Day! - University City SDA and Concord SDA - NORTH CAROLINA**
Join us for Let's Move Day at Frank Liske Park, 4001 Stough Rd, Concord, NC, 28027. We will meet at the W.O. Barnhardt Shelter near the lake. Event starts at 10am. For more information, contact Kathy Russell (704) 641-1167 or Paul Scroggins (980) 229-2756.

**Let's Move Day - Rehoboth SDA - PENNSYLVANIA**
Join us at 8:30 am at Rehoboth SDA Church to celebrate Let's Move Day. Download the flyer for more information.

**Let's Move Day Fun Walk – Pine Academy & Pine Forge SDA – PENNSYLVANIA**
Join us for Let's Move Day on September 23rd from 9:00 AM – 11:00 at Wagner Administration Bldg. Download the flyer here for more information.
West Philly Health Weekend – West Philadelphia SDA – PENNSYLVANIA
Agape feast, consecration service, health fair and fun activities for everyone. 4527 Haverford Avenue, Phila. PA Download the flyer here for more information.

Crestmont's Let's Move Day – Willow Grove SDA – PENNSYLVANIA
Let's join together on September 23rd and show we can take charge of health from 2 PM – 6 PM at Crestmont Park. Download the flyer here for more information.

5K Walk/Run - Columbia Midtown Church - SOUTH CAROLINA
Finlay Park, Columbia, SC. Sponsored by the Columbia Midtown Church. Contact Person: Lauren Simms (803) 609-4569

Let's Move Day! - Shiloh SDA - SOUTH CAROLINA
Join us for a 5k Run/Walk-A-Thon at Hampton Park, Charleston, SC : 7:00am - 11:00am For more information, contact Charmaine Cohen at (843) 906-9766 or download the flyer here.

Let's Move Day! - Knoxville First Church - TENNESSEE
3pm-7pm :: 1717 Little Creek Lane • Knoxville, TN. A free vegetarian/vegan cookout will take place from 3pm – 7pm. Free food and a screening of the documentary "Forks Over Knives" will be available to all pre-registered participants. Participants are also invited to take part in the local Let's Move Day walking event from 4pm – 5pm at the same location. Registration for the food is limited to 50 people and the registration deadline is September 19, 2012. Participants should provide their own lawn chairs and/or blankets for seating. For more information and to register, contact Stan Wolcott at 865-436-3776 or register online at knoxvilleinstep.com.

Let's Move Day! - Lenoir City SDA - TENNESSEE
1pm-5pm :: Lenoir City Rock Springs Park & Wampler Field Download the flyer or Download the press release

El Paso on the Move's McKelligon Canyon Challenge 5k Run/Walk - TEXAS
Join the 5k Run/Walk in El Paso, TX at 8am Sunday, Sept 23rd at McKelligon Canyon, 1500 McKelligon Canyon. Cost is $25 after Tuesday, $15 for active-duty military and teams of 10 or more, $10 for kids age 12 and under. Register online at raceadventuresunlimited.com For more information, call 257-5521 or 329-1039.

Let's Move Day! - Bellfort SDA - TEXAS
The Sensational Seniors of Bellfort Seventh-day Adventist in Houston, TX is sponsoring Let's Move Day in Hermann Park, meeting at the administration building. We are inviting you to come and join us at 9:00 AM. For more information, contact Nettie R. Best at 281-370-2067.

Let's Move Day - Huguley Hospital - TEXAS
The SouthWestern Union SDA, Southwester Adventist University, Joshua Adventist School and Joshua/Fort Worth First SDA are teaming up for Let's Move Day from 7am to noon at the Huguley Hospital (11801 South Freeway (I-35W) Burleson, TX 76028). A 1K run/walk and activity stations will provide fun activities and exercise opportunities for both kids and adults. For more information, call 817-219-5724.

Let's Move Day 5K Fun Run/Walk - VIRGINIA
Join us for Let's Move Day at 3901 Patterson Ave, Richmond, VA, 23221 at 8:30am. Download the flyer here.

Let's Move Day 5K Walk – Prentis Park SDA – VIRGINIA
Join us for a 5K walk at Mount Trashmore, Virginia Beach, VA. Registration starts at 7:30 AM. Download the flyer here for more information.
Let's Move Day! - Campostella Heights SDA - VIRGINIA
Event runs from 12pm to 5pm, no cost. For more information, contact Dr. Lynnette Moore at 641-2129, adventistwellnesscenter@aol.com. Download the flyer or download the poster here.

Let's Move Day - Mount Tahoma SDA - WASHINGTON
Mount Tahoma Church invites you to a 2K or 4K fitness walk at 8 am. The walk will be held at Jason Lee Middle School Athletic Track in Tacoma and is suitable for all ages to participate. To join or volunteer, contact Donna Manier at (253) 344-7205.

Let's Move Day - Skagit Adventist Academy - WASHINGTON
We invite you to participate in a 5K road race/walk and 1 mile kids’ fun run on September 30. Registration is at 7:30 am, kids’ run at 8:30 am, and 5K run/walk at 9 am. There is a fee to participate in the 5K, and proceeds benefit SAA service projects. Learn more and register for "Run with the Wolves" by viewing this registration brochure.

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BERMUDA

Let's Move Day Bermuda - BERMUDA
Help us reach our 10,000 mile goal in one day! Routes start at 7am and 3pm. For more information, download the flyer.

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CANADA

Walkathon - Bet-el Spanish Church - ONTARIO
The walkathon will be held at Ettiene Brule park in Toronto at 10 am on Sunday. Afterwards, there will be aerobics for women and games for kids.

Church Cleanup - Brockville Church - ONTARIO
The Brockville Church in Brockville, Ontario will be doing a Church Cleanup for Let's Move Day. Exercises such as cleaning windows, and wiping walls are sure to stretch us all.

Walk/Ride/Skate - Meadowvale SDA - ONTARIO
Meadowvale SDA invites all to walk, or ride or roller blade around Lake Aquitaine in Mississauga, Ontario as a part of Let's Move Day.

5K Run/Walk - Montreal Spanish SDA and Montreal Filipino SDA - QUEBEC
The Montreal Spanish and Filipino churches together with some members from other churches are teaming up and registration Saturday at 7pm and Sunday the day begins at 8am with warmups and a short devotion. We plan to do the 5k with the youth intending to run sort of competitively and the older people walking at their individual speed. Prizes and trophies will be awarded to the winners in their categories but every one will receive a special button. We will end up at the local park where we will have other sport activities. There will be refreshments like sandwiches, cookies, water which will also be provided at the start, fruits and boiled corn. The event will take place at Montreal Spanish SDA Church, at 4141 Bannantyne St in Verdun, Quebec.

Let's Move Day - Prince Albert SDA - SASKATCHEWAN
Prince Albert SDA church in Saskatchewan will be hosting a nature hike approximately 6 miles long on Sunday September 23rd at 10 AM.