THE WEIMAR EXPERIENCE

Weimar Institute Presents....

Graduates of 2015
Yes, it is that time of year, Graduation Season!

Join us in congratulating the Weimar Institute and Weimar Academy Graduates of 2015.

We are extremely proud of our students, and the achievements they have made thus far. With God's help our graduates will take with them the education they have learned at Weimar Institute, founded on sound biblical and health principles coupled with practical application, everywhere they go.

We ask for your continued prayer for the staff and students at Weimar Institute as we continue to educate, inspire and equip young people for the service of Christ, to heal a hurting world.

---

An Institute On a Gospel Mission

Over the past few months, our students and staff have been involved in a variety of mission projects that effectively couple the health message and the gospel. These mission trips which we call, PAC time, (Practical Application Component) are integrated into the curriculum at Weimar Institute, as we believe that hands on experience is just as important as academic knowledge. Some of the places ministered to during this
PAC time were: Lebanon, Nepal, Honduras and San, Antonio Texas.

These mission trips have been mutually beneficial, for those sharing the message of Jesus through medical missionary work and those receiving God's love and healing.

Academy choir, singing for all the patients and volunteers at the Alamo Dome health clinic, in San Antonio Texas.

Jessa Moon, Student (Right) ministering to young children at an orphanage.

Renae Hartman, student taking a patient’s blood pressure in Lebanon.

For more details about our mission projects and other happenings on our campus you can sign up to receive our quarterly journal, Weimar Today. You can do so by writing an email to weinews@weimar.org, subject line "Weimar Today" being sure to include your name and mailing address.

Programs and Events
JUNE 21-25, 2015

NEWSTART

Health Summit

Owning Your Health Choices

Most of us are consistently experiencing an epidemic of self-inflicted disease. It’s time we own our health and correct the causes - not ignore them. The NEWSTART annual Health Summit is an exciting, unique opportunity to learn of recent scientific advancements in prevention and treatment of common health issues from leading medical experts in the field of lifestyle medicine and other forward-thinking practitioners.

THE HEALTH SUMMIT EXPERIENCE / what you’ll get

☑️ Gourmet plant-based cooking labs by NEWSTART Chefs
☑️ Lectures by the leading minds in lifestyle medicine
☑️ Daily power and digestive group walks, or escape to the trails on your own
☑️ Structured fitness sessions
☑️ Delicious plant-based meals
☑️ Practical hydrotherapy & Natural Remedy Labs
☑️ Veganic nutrient rich gardening Lab
☑️ Music and the Frontal Lobe concert
☑️ “Limited availability and an additional cost
☑️ Therapeutic Services including Hydrotherapy and Medical Massages”
☑️ Dietitian consultations”
☑️ Fitness consultations”
☑️ Physician consultations and testing”

Register Now at www.newstart.com/summit or 1.800.525.9192

Register Now
NEWSTART GLOBAL PRESENTS

HEALTH TO-GO

NEWSTART FOR THE
Brain, Body, and Spirit

August 10-15, 2015 • Weimar, CA

CEUs AVAILABLE

BRING A FRIEND, GET $50 OFF
Do you desire to have a health revival in your life?

We have a solution, August 10-15, 2014
In one week, HEALTH TO-GO helps you incorporate the key elements of health evangelism, into your lifestyle, ministry, organization, or business. Gain powerful insights on the brain, diet, exercise, preventing and reversing lifestyle related diseases, and much more--all packed into six days of affordable training!

Apply before July 10, 2015 and receive 10% off tuition.

So what are you waiting for?

Sign up, get trained, and become a medical missionary for Jesus today!

For more information about our upcoming HEALTH TO-GO program and our other health evangelism trainings visit: http://www.newstartglobal.com

---

**Upcoming Events**

<table>
<thead>
<tr>
<th>July 17 - 27</th>
<th>Depression Recovery</th>
</tr>
</thead>
<tbody>
<tr>
<td>August 10 - 15</td>
<td>HEALTH TO-GO</td>
</tr>
<tr>
<td>August 14</td>
<td>HEALTH Fall Session Begins</td>
</tr>
<tr>
<td>August 17</td>
<td>College Registration Day</td>
</tr>
<tr>
<td>September 6 - 13</td>
<td>Reversing Diabetes</td>
</tr>
</tbody>
</table>

**Newstart Sessions**

<table>
<thead>
<tr>
<th>August 9 - 27</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 9 - 16 (ProActive)</td>
</tr>
<tr>
<td>October 4 - 22</td>
</tr>
<tr>
<td>October 4 - 11 (ProActive)</td>
</tr>
</tbody>
</table>

---

**Recipe of the Day**
A sunny salad for sunny days. Summer is almost here, try this delicious avocado-mango and kale salad to jump start your healthy summer regime.

Ingredients

- 1 bunch kale
- 1 tablespoon extra virgin olive oil
- 1/2 lemon, juiced
- 1/4 teaspoon salt
- 2 tablespoons extra virgin olive oil
- 1 tablespoon honey
- 1 large mango, peeled and diced into 1/2-inch cubes
- 1 large avocado, diced into 1/2-inch cubes
- 1/4 cup roasted almonds, roughly chopped

Instructions

- Rinse and dry the kale leaves. Trim out the inner stems and discard. Slice the kale leaves into 1/4-inch thick ribbons and place in a large mixing bowl.
- Add 1 tablespoon of the olive oil to the bowl with the kale, along with the lemon juicer and salt. Using your hands, squeeze and massage the kale for three minutes, until it has wilted considerably.
• Stir in the remaining olive oil, lemon juice, and honey.
• Gently fold in the diced mango, avocado, and chopped nuts.

Ready in about 15 minutes
Makes 4 servings

Try out this new recipe and let us know what you think.
For more information about this recipe visit: http://lifeandhealth.org

We hope you enjoy reading about what God is doing at Weimar Institute. We love hearing from you! If you have a comment, story, or question, please email us at weinews@weimar.org

Yours Truly,
Weimar Institute Communications

If you would like to support the mission of Weimar Institute you can do so by clicking the button below.

Donate Now

Copyright © 2015 Weimar Institute, All rights reserved.
You are receiving this email because you subscribed to receive Weimar Institute Publications.

Our mailing address is:
Weimar Institute
20601 West Paoli Lane
Weimar, CA 95736

Add us to your address book

unsubscribe from this list  update subscription preferences