Happy Sabbath,

With Him [Christ] love was life, and life was service. "Freely ye have received," He said, "freely give." Matthew 10:8. It was not on the cross only that Christ sacrificed Himself for humanity. As He "went about doing good" (Acts 10:38), every day's experience was an outpouring of His life.

- Education p. 80

Love was life, and life was service. How about our lives?

Weimar Webcasts

There is vespers tonight starting at 7pm with Dean Dennis, Marketing Director of Weimar. Tune in!

PACmissions.org
Keep up to date. If you didn’t know, Weimar has a website solely dedicated to PAC time for the college and academy. See what the academy kids are doing in South Korea, England, and Arizona.

The college leaves for Zimbabwe this coming Sunday night. Exciting things are happening.
Tomorrow afternoon at 5pm, they have their last benefit concert at the Grass Valley SDA Church. With final packing preparations, vaccinations, and song, they’re getting ready to head out. The trip will be a combination of medical and music work. Keep them in your prayers.

**Recreation**

*Recreation, when true to its name, re-creation, tends to strengthen and build up. Calling us aside from our ordinary cares and occupations, it affords refreshment for mind and body, and thus enables us to return with new vigor to the earnest work of life...No recreation helpful only to themselves will prove so great a blessing to the children and youth as that which makes them helpful to others.* -Education p. 207,212

Is it time you get some recreation?
What is one thing you can do today to implement recreation in service to others?

**Better Than Beans**

It’s Belizean Beans and Rice. According to reliable sources, this dish is THE dish on [newstartclub.com](http://newstartclub.com). Don’t believe it? Give it a try. [Belizean Beans and Rice](http://newstartclub.com).
Conquering With Song!

With a song, Jesus in His earthly life met temptation. Often when sharp, stinging words were spoken, often when the atmosphere about Him was heavy with gloom, with dissatisfaction, distrust, or oppressive fear, was heard His song of faith and holy cheer. - Education p.166

Are you using the weapon of song in your daily battles? It’s powerful! Why not try it today?

Weimar Weekly Special Edition

Lord willing, the Weekly will be brought to you from Zimbabwe next Friday. Stay tuned for that special edition.
We love hearing from you! We hope you enjoy reading about what God is doing at Weimar. If you have a comment, story, or question, please write to communication@weimar.org

God bless,
Weimar Communication Department
The cuisine of Belize features the prominent use of coconut milk. Beans and rice is a popular everyday dish in this Central American Country.

1. Combine all ingredients, except cilantro, in a large saucepan and bring to a boil over a medium flame.
2. Cover and reduce heat to the lowest setting and simmer 20-30 minutes until rice is soft.
3. Add cilantro and fluff with a fork just before serving.

Serves 8

**Ingredients**
- 2 c. (1 1/2 15 oz. cans) pinto beans, including liquid
- 1 small green bell pepper, diced
- 1 small yellow onion, diced
- 1/4 tsp. cumin
- 1/4 tsp. celery seed
- 1/4 tsp. ground coriander
- 1/4 tsp. paprika
- 1/4 tsp. onion powder
- 1/4 tsp. garlic powder
- 15 oz. can coconut milk
- 2 c. long grain quick-cooking rice
- salt to taste
- 2 tbsp. fresh cilantro, chopped