Dear Center For,

Weekly Webcast

Our speaker for vespers this Friday night will be Dr. Neil Nedley. The title of the message will be *The Answering Chord: The Battle in Every Brain*. Join us at 6:45 pm in the chapel or online for live streaming at [weimartv.com](http://weimartv.com).

Weimar Academy

The academy is back in full swing for second semester. Much of their time is being spent on preparation for their upcoming mission trips. This year they will be going to Utah, Philippines, Belize and Korea to do many types of evangelism. They will be involved in many aspects, including holding several evangelistic series, putting on health clinics and health expos, doing construction, working with orphans, tutoring, being part of a youth conference, and more. You can follow along on their trips by going to [pacmissions.org/academy](http://pacmissions.org/academy) and clicking on the individual trips on the right hand side. They will be giving frequent updates while they are traveling. Please keep them in your prayers, and if you are interested in supporting them financially, you can go to the same site and there is a donate button on each individual mission trip page.
Fresh Farm Produce

We have some awesome Weimar Farm fresh, Veganic produce in the Weimart store. We currently have Sweet Potatoes, White Yams, Red Apples, and Beets. Come by and check it out! The bakery on campus also makes some delicious breads, including Sweet Rolls, Pizza Crusts, and more that can be found at the store.
Your health is skating on the edge. On December 31st you probably made another resolution to change your lifestyle and avoid a serious condition or disease. With studies showing a failure rate of 88% for New Year’s resolutions, the odds were stacked against you from the start. So the question is, what are you doing to ensure that your resolution to be healthy is among the 12% which will succeed this year? We may have the answer: you need a NEWSTART.

The NEWSTART Program is based on the Adventist lifestyle, proven by science to produce significant reduction in weight and health risks while prolonging life for ten years longer than the average American. Find out how just a couple of weeks in the beautiful Sierra Nevada foothills can help you reverse disease and teach you the most sustainable approach to a healthy lifestyle.

For a limited time we are offering our Companion Packages FREE (a $2,850 value). Purchase a Premium or Standard NEWSTART experience for yourself and bring along a non-medical companion at no additional charge!

Talk to a NEWSTART Expert and change your life today.
Call 800-525-9192 or go to www.newstart.com

Special Offer!

Immune Boosting Drink
We thought you might like to have this recipe since many people seem to be getting sick this wintertime.

1. Remove rind from grapefruit, orange, and lemon while leaving as much white fiber and seeds on the fruit as possible.
2. Cut into quarters and add to blender along with sliced pineapple and peeled garlic cloves.
3. Blend until smooth and drink immediately.

Serves 2.

Quote of the Week

"The end of all things is at hand; and what is done for the salvation of souls must be done quickly. For this reason we are establishing institutions for the dissemination of the truth through the press, for the education of the young, and for the recovery of the sick. But the selfish and money-loving inquire “What is the use of all this, when time is so short? Is it not a contradiction of our faith to spend so much in publishing houses, schools, and health institutions?” We ask in reply, If time is to continue but a few years, why invest so much in houses and lands, or in needless and extravagant display, while so meager a sum is devoted to the work of preparation for the great event before us?"

- Review & Herald May 16, 1882, par. 7

We love hearing from you! We hope you enjoy reading about what God is doing at Weimar. If you have a comment, story, or question, please email us at content@weimar.org.
Have a blessed Sabbath and a happy new week.

Weimar Media Team
Jesse Norris
Immune Boosting Drink

Ingredients

- 1 grapefruit
- 1 orange
- 1 lemon
- 2-3 slices of pineapple
- 3-4 garlic cloves

Instructions

1. Remove rind from grapefruit, orange, and lemon while leaving as much white fiber and seeds on the fruit as possible.
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Tags: Drinks, Gluten Free, Nut Free, Oil Free, Soy Free, Wheat Free, American