Dear Center For,

Weekly Vespers Webcast

Our speaker for vespers this Friday night will be John Shin. Join us at 6:45 pm in the chapel or online for live streaming at weimartv.com.

This weekend the Adventist Medical Evangelism Network (AMEN) is meeting here at Weimar for their Board meeting. Here is a list of what will be happening over the weekend. Friday night will be livestreamed.

Friday night - John Shin (4th year Med student at Loma Linda)
Sabbath School - Dan Houghton (ASI)
Church Service - Dave Fiedler
Sabbath afternoon (4pm) - Dave Fiedler

Weimar on 3ABN

Weimar is going to be featured on 3ABN Live next week. A video with interviews of past
HEALTH students will be aired and several of the current faculty will be interviewed as well. Join in and watch Thursday, February 28 at 6:30 pm.

**Practical Application Component**

College PAC time begins this weekend for most of the students and will go for three weeks. Some students will be working here on campus, but many are headed to different parts of the world. One group is headed to Lebanon for a health service trip, while others will be canvassing in Arizona and Texas. A small group of Massage and Pre-Med students will be heading to San Francisco to do some health work, massage demos, door-to-door work, and more. So please keep these young people in your prayers as they travel!

**Academy Mission Trips**

Academy students will be leaving during the same time period for their mission trips and will be heading to Korea, Belize, Utah, and the Philippines! We would appreciate your prayers for them as well.

**Carob Peanut Butter Cups**

1. Melt together over low heat or double boiler.
2. Spoon into bottom of mini cupcake holders.
3. Put a small amount of peanut butter in, and top with more melted carob.

*View Ingredients*
"True love is a high and holy principle, altogether different in character from that love which is awakened by impulse and which suddenly dies when severely tested.

True love is not a strong, fiery, impetuous passion. On the contrary, it is calm and deep in its nature. It looks beyond mere externals and is attracted by qualities alone. It is wise and discriminating, and its devotion is real and abiding.

Love is a precious gift, which we receive from Jesus. Pure and holy affection is not a feeling, but a principle. Those who are actuated by true love are neither unreasonable nor blind.

Mildness, gentleness, forbearance, long-suffering, being not easily provoked, bearing all things, hoping all things, enduring all things—these are the fruit growing upon the precious tree of love, which is of heavenly growth. This tree, if nourished, will prove to be an evergreen. Its branches will not decay, its leaves will not wither. It is immortal, eternal watered continually by the dews of heaven."

- Letters to Young Lovers 30.3
“I had no idea that healthy lifestyle change could save my marriage”
—Comments from a Actual NEWSTART Program Participant

Research has shown that stable marriages protect against early death and illness. It’s a proven fact that married couples live longer and enjoy better health than unmarried individuals.

At NEWSTART we have discovered that the converse is also true: adopting healthy a lifestyle can save a marriage. Countless numbers of our alumni have shared that had it not been for the healthy lifestyle they learned while attending our program, they would no longer be married.

The NEWSTART Program is based on the Adventist lifestyle, proven by science to produce significant reduction in weight and health risks while prolonging life ten years beyond the average American life expectancy. Find out how just a couple of weeks together in the beautiful Sierra Nevada foothills can help you and your spouse regain health and happiness while teaching you the most sustainable approach to a healthy lifestyle.

For a limited time we are offering our non-medical companion packages free of charge with the purchase of a standard or premium full participant package, allowing you to reap the benefit that the NEWSTART lifestyle can have on your marriage—it could even save it.

The NEWSTART Lifestyle Can Help:

- Overcome Depression
- Shed Unwanted Pounds
- Increase Energy & Vitality
- Reverse Diabetes
- Reverse Heart Disease
- Renew Immune System
- Reduce Neuropathy
- Lower Cholesterol
- Relieve Arthritis

Book now and bring your spouse to our 11- or 18-day program for FREE!
Call 800-525-9192 or go to www.newstart.com

Offer valid for NEWSTART ProActive and Classic sessions (Standard & Premium packages only) beginning in February–March of 2019 only while supplies last, advance purchase required, not valid for existing reservations. Limit one companion per booking. Not valid with any other discounts, promotions, or existing reservations. Companion package does not include medical services, therapies, counseling which are available for an additional charge. Please mention promotion code WT19.
Cheryl Farley has spent the last 17 years of her life teaching, sharing, and motivating people to change the bad eating and poor health habits that lead to their illness and dependence upon prescription medications to manage their Type 2 Diabetes. From large seminars to businesses, schools and a television cooking show, her passion and commitment to helping people help themselves has now brought her energy and enthusiasm to help you!

View Recipes by Cheryl Farley

### Carob Peanut Butter Cups

![Carob Peanut Butter Cups](image)

**Ingredients**

- 1 ½ c. carob chips
- ½ c. natural peanut butter (chunky is good)
- ½ tsp. vanilla
- ¼- ½ c. expeller pressed oil

**Instructions**

1. Melt together over low heat or double boiler.
2. Spoon into bottom of mini cupcake holders.
3. Put a small amount of peanut butter in, and top with more melted carob.

**Tags:** Desserts, Gluten Free, Soy Free, Wheat Free, American, Cheryl Farley