Welcome to West End ASAM

Mission: Our mission is to improve ourselves spiritually, mentally and physically. We encourage you to be the best that you can be. We have events each month that promote our mission.

June 2013 ASAM Weekend - June 15th, 2013

Sabbath, June 15th, 2:30 PM – Lunch and Learn Discussion
Topic: Grab bag - Discuss anything
Lunch Menu: Picnic food (sandwiches, fruit, beverages, etc.)
Location: The Carter Presidential Center, 453 Freedom Pkwy, Atlanta, GA 30307

We will be in the garden area behind the museum. Please bring your lunch. We will provide juice and snacks only.

August 2013 ASAM Weekend - Speed Dating (SAVE THE DATE August 30th - 31st, 2013)

Friday, August 30th, 7:30 PM – Bible Study
Location: TBD. More details to come.

Sabbath, August 31st, 2013
4:00 PM – 7:30 PM - Interactive Workshop with Fiana Andrews, Founder of Approach2Link
**Topic: The Right Approach**
Join us as we talk about some of the best ways for men to approach and some of the best ways for women to make themselves approachable.

**8:30 PM – Speed Dating and Game Night**
Location: TBD

More information to be provided soon

_Southeastern Conference Singles Ministry Events_
Camp Meeting Lunch and Learn

Track and Field - Invitational Games
SoFlo Adventist Youth Track & Field
INVITATIONAL GAMES
Sunday August 4, 2013 at 9:00am
Ansin Sports Complex
10801 Miramar Blvd, Miramar, FL 33025

Refreshments and Snacks will be on sale at a concession stand
“No Food, Drinks or Coolers allowed inside stadium”

9:00 am Coaches Meeting 9:30am Opening Ceremony

RUNNING
• Running events include:
  • Sprints (100m, 200m, 400m),
  • Middle distance (800m, 1500m)
  • Hurdles (110/100m, 400m)
  • Relays (4x100m, 4x400m)

JUMPING
• Jumping events include:
  • Long Jump
  • High Jump

OTHER EVENTS
• 3-Legged Race
• Egg & Spoon
• Needle & Thread
• Sack Race

WALKING EVENTS
• Race walking
• 20km and 50km events.

AWARDS
Championship Trophy
Runner-Up Trophy
Medals for 1st-3rd place

For Information Contact
Dade area – Kenton O’Connor #786-325-2999
Broward area – Nichola Dawson #954-699-6697
Orlando area – Ricky Buckman #904-383-9775
North Florida – Tacheana Anderson #904-859-0881
www.sofloaytracknfieldgames.com

The Athletics Program is comprised of nine age divisions. The birth year shall determine the Age Division in which he/she will compete.
For more information visit www.secsda.org/singles

Questions / Comments

If you have any questions please email westendasam@gmail.com or visit us online at http://www.westendsingles.org

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