



# CO-CURRICULAR ORGANIZER

2018–2019

## **Dear Graduate and Undergraduate Students,**

Our goal at Andrews University is to provide you with an excellent Christian education that will prepare you for a rewarding career and a fulfilling life.

In the Seventh-day Adventist tradition, that means developing the whole person—body, mind and spirit—for service to the world.

A major study of university graduates found that students who apply what they are learning in the classroom to co-curricular activities make better employees once they graduate.

Employers consistently ask for graduates who have both an academic degree and the kind of skills and qualities that can come from engaging with others in a variety of spiritual, leadership and service opportunities.

The University's co-curriculum offers you these opportunities as part of a wholistic learning experience. Inspirational chapels, educational programs and service learning will add value to what you achieve in your degree program.

My hope is that you will invest yourself in the rich community of faith and learning that is Andrews University!



A handwritten signature in black ink, which reads "Andrea Luxton". The signature is fluid and cursive, with a long, sweeping line extending from the end.

**Andrea Luxton**  
*President*

# THE UNDERGRADUATE CO-CURRICULUM



BODY | MIND | SPIRIT | WORLD

Faith & Learning Outside the Classroom



# MY WHOLE LIFE

**A**n Andrews University education values the **whole person** and the **whole picture** of God's eternal plan for your life.

It develops your **physical, mental and spiritual** abilities and unites them for a higher purpose—the joy of serving others in **this world** with the hope of a better **world to come**.

Above all, an Andrews education points you to **Christ**, who has come that you “may have life, and have it to the full” (John 10:10).



# Engage Faith and Learning

## OUTSIDE THE CLASSROOM

Students can engage faith and learning outside the classroom in a variety of ways, each delivering the whole-person education at the heart of Andrews University's mission.

**UNIVERSITY CHAPELS AND FORUMS** are held on Thursday from 11:30 a.m. to 12:20 p.m. in the Pioneer Memorial Church and the Howard Performing Arts Center, respectively. These gatherings offer a wide range of inspiring speakers. **SEMINARY** students meet on Tuesdays (and some Thursdays) from 11:30 a.m. to 12:20 p.m. for Worship and Assembly programs in the Seminary Chapel. **GRADUATE** students in other academic programs are welcome to attend either series.

**CO-CURRICULAR SHORT COURSES** take place in five-week blocks on Tuesdays from 11:30 a.m. to 12:20 p.m. in various locations. These series are focused on personal, academic and professional development. Interspersed between the blocks are Academic Assemblies, which meet three times per semester in undergraduate academic departments.

**LIVING LEARNING PROGRAMS** occur throughout the week in the residence halls. These programs are designed to promote life-long and life-wide learning within the context of Christian community.

**SERVICE LEARNING FORMS** allow students to document and reflect on their voluntary service in a campus, church or community context. Undergraduates can receive one co-curricular credit for every two hours of service, up to a maximum of 10 credits (20 hours) per semester.

**OTHER PROGRAMS** include Friday Vespers, Student Concerts and Recitals, Student Gallery Openings, Research Poster Sessions and approved educational conferences and events planned by student organizations and campus departments.









# Service Learning OPPORTUNITIES

## HOW WILL YOU *CHANGE THE WORLD* TODAY?

### If you are volunteering in a

- Campus Ministry
- Student Organization
- University Committee
- Local Church
- Public School
- Community Agency
- Hospital or Clinic
- Mission Project
- Political Campaign

### You may be developing

- Character Qualities
- Communication Skills
- Creative Skills
- Interpersonal Skills
- Leadership Skills
- Organizational Skills
- Research Skills
- Technical Skills
- Productivity Skills

## COMPLETE THE SERVICE LEARNING FORM ONLINE

- Undergrads can receive up to 10 co-curricular credits per semester for up to 20 hours of voluntary service or leadership experience.
- Document and reflect on your learning and growth using the Service Learning Form. A sponsor, professor, pastor, etc., must validate your involvement.
- Access the form on the Co-Curricular Education page of the Andrews University website.
- To learn more about local and global service opportunities, visit the Change Hub at [andrews.edu/changehub](http://andrews.edu/changehub).

# TUESDAY CHOICES

August–September

<b>Aug 28</b>	Academic Assemblies	<i>Academic Depts.</i>
<b>Sept 04</b>	Short Courses—Block 1.1	<i>Various Locations</i>
<b>Sept 11</b>	Short Courses—Block 1.2	<i>Various Locations</i>
<b>Sept 18</b>	Fall Week of Prayer	<i>PMC</i>
<b>Sept 25</b>	Short Courses—Block 1.3	<i>Various Locations</i>



## Join Us for the 2nd Annual Change Day

Change Day was born out of the University's mission to Seek Knowledge, Affirm Faith and Change the World. Inspired by our namesake, John Nevins Andrews, the first foreign missionary for our church, we seek to give back to the community by dedicating a day of service. Last year we galvanized 1,600 volunteers from our campus to serve at 63 sites spread around Berrien County. Projects ranged from painting a mural in a school, cleaning beach areas and parks, removing brush and mulching, to offering hundreds of high school students information about career choices. Those impacted by the efforts of Change Day were overwhelmingly positive and appreciative of the results. This year we will be continuing this new tradition on September 13, 2018.

# THURSDAY GATHERINGS

August–September

**Aug 30 :: President Andrea Luxton** will address students, faculty and staff at the annual University Convocation, which officially opens the 2018–2019 school year. Andrews faculty will process in full academic regalia and a “Party on the Green” will follow the service.



Convocation  
PMC

**Sept 06 :: Dan Jackson** has served as president of the North American Division of Seventh-day Adventists since 2010. A native Canadian, he has served the church as a pastor, teacher and administrator. He and his wife, Donna, are blessed with three children and four grandchildren.



Chapel  
HPAC

**Sept 13 :: Change Day**, Andrews University's second annual service event, invites all students, faculty and staff to make a difference in the community. Commemorating J.N. Andrews' own world-changing journey, we will “set forth” for a day of serving others right here at home.



Change Day



**Sept 17–21 :: Vincent Dehm** is pastor of Recreation Church, a culturally diverse Adventist congregation in Baltimore, Maryland, that is committed to connecting unreached people groups with the love, grace and compassion of Jesus Christ. Widely regarded as one of the most creative communicators in the church, Vincent's messages resonate across racial, gender and religious lines. He and his wife Tracey have three children and live in passionate pursuit of God's presence.

Fall Week of Prayer  
PMC

**Sept 27 :: Taurus Montgomery** is pastor of Harbor of Hope in Benton Harbor, Michigan. Coming out of a troubled past, detailed in his book “Set On Fire,” he now inspires others as a motivational speaker. An alumnus of Oakwood and Andrews, he and his wife Nicole have three children.



Chapel  
PMC

# TUESDAY CHOICES

October

<b>Oct 02</b>	Short Courses—Block 1.4	<i>Various Locations</i>
<b>Oct 09</b>	Fall Break	
<b>Oct 16</b>	Short Courses—Block 1.5	<i>Various Locations</i>
<b>Oct 23</b>	Academic Assemblies	<i>Academic Depts.</i>
<b>Oct. 30</b>	Short Courses—Block 2.1	<i>Various Locations</i>

## Co-Curricular Short Courses

Co-curricular short courses offer opportunities for personal, academic, professional and leadership development that complement your academic classes. These five-session courses are not graded, but undergraduates will receive one co-curricular credit for each weekly session they attend. Those who attend all five sessions and complete a course assessment will receive an additional, *sixth* co-curricular credit. Short courses meet on Tuesdays during the 11:30 a.m. to 12:20 p.m. period. A list of courses for each block will be posted on the Co-Curricular Education website.



BLOCKS	SESSIONS
Short Courses—BLOCK 1	1.1—Sept 04
	1.2—Sept 11
	1.3—Sept 25
	1.4—Oct 02
	1.5—Oct 16
Short Courses—BLOCK 2	2.1—Oct 30
	2.2—Nov 06
	2.3—Nov 13
	2.4—Nov 20
	2.5—Nov 27
Short Courses—BLOCK 3	3.1—Jan 15
	3.2—Jan 22
	3.3—Feb 05
	3.4—Feb 12
	3.5—Feb 19
Short Courses—BLOCK 4	4.1—Mar 05
	4.2—Mar 12
	4.3—Mar 26
	4.4—Apr 02
	4.5—Apr 09



# THURSDAY GATHERINGS

October



## A HEALTHY U

- Build Physical Fitness
- Maintain Balanced Nutrition
- Achieve Personal Wellbeing

**Oct 04 :: Student Missions** sent out over 30 students last year to serve in locations all over the world as teachers, healthcare assistants, agriculture workers and more. Now they're sharing their experiences with the campus to inspire the next cohort of student missionaries.



Chapel  
PMC

**Oct 11 :: Ingrid Slikkers** is assistant professor of social work at Andrews University. Of Argentinean and Uruguayan heritage, she has worked as a child and family therapist for many years, consulting with organizations that serve unaccompanied refugee and immigrant children.



Forum  
PMC

**Oct 18 :: Sophia London** is a community health worker for Methodist Healthcare Ministries in San Antonio, Texas. After migrating from Central America over 20 years ago, she now helps immigrant and disadvantaged families access health-care services. She is the mother of Lorraine London Polite.



Chapel  
PMC

**Oct 25 :: Lucas Johnson** is director of media relations at Tennessee State University. During his 24 years of experience as an Associated Press reporter, he broke a number of important national stories. Johnson holds a BA in journalism from Middle Tennessee State University.



Chapel  
HPAC

# TUESDAY CHOICES

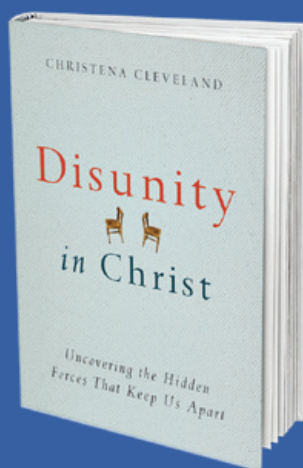
November–December

<b>Nov 06</b>	Short Courses—Block 2.2	<i>Various Locations</i>
<b>Nov 13</b>	Short Courses—Block 2.3	<i>Various Locations</i>
<b>Nov 20</b>	Short Courses—Block 2.4	<i>Various Locations</i>
<b>Nov 27</b>	Short Courses—Block 2.5	<i>Various Locations</i>
<b>Dec 04</b>	Academic Assemblies	<i>Academic Depts.</i>

## DIVERSITY & RECONCILIATION

A two-day conference with  
CHRISTENA CLEVELAND  
author of *Disunity in Christ*

**November 1–2**



# Q

## UNION

### Learning to Faithfully ENGAGE CULTURE

For the first time, Andrews is joining dozens of other faith-based colleges and universities around the U.S. for *Q Union*. Combining three nationally broadcasted talks with three local student-led talks, attendees will be unified, inspired and challenged to engage culture well. This year's theme, "The Power of We," will explore the opportunities and challenges of radical hospitality in a culture of individualism.

# THURSDAY GATHERINGS

November–December

## Nov 01 :: Christena Cleveland

is a social psychologist, public theologian, professor at Duke University's Divinity School and author of "Disunity in Christ: Uncovering the Hidden Forces that Keep Us Apart." Christianity Today named her as one of "33 Under 33" and JET magazine as one of five "online shepherds to follow." She is currently writing "Priesthood of the Privileged," which examines power and inequality in the church.



Forum  
HPAC

**Nov 08 :: Anna Gayle** is a junior digital communication major and cofounder of Andrews' poetry club, The Sound. After graduation, she plans to continue using poetry to inspire, educate and enrich the lives of young people. She is also passionate about Jesus, art, and her friends and family.



Q Union  
HPAC

**Nov 15 :: Teddy Kim** is a junior English major in the pre-medicine program. Born in New Jersey, Andrews University was not initially his first choice, but he now gives God praise for leading him here and for providing opportunities for academic, cultural and spiritual growth.



Q Union  
HPAC

**Nov 29 :: Jasmin Wilson** studied communication and theology at Oakwood University and is now a second-year graduate student in the Master of Social Work program at Andrews. She has also served as an English teacher at the Seventh-day Adventist Language Institute in Seoul, Korea.



Q Union  
HPAC

**Dec 06 :: Justin Ringstaff** is the new executive secretary of the Michigan Conference of Seventh-day Adventists, having served previously as a pastor and associate ministerial director. A graduate of Southern Adventist University and the Seminary, he and his wife Chelli have three children.



Chapel  
PMC

# TUESDAY CHOICES

January–February

Jan 08	Academic Assemblies	Academic Depts.
Jan 15	Short Courses—Block 3.1	Various Locations
Jan 22	Short Courses—Block 3.2	Various Locations
Jan 29	Spring Week of Prayer	PMC
Feb 05	Short Courses—Block 3.3	Various Locations

## A SUCCESSFUL U

- Sharpen Academic Skills
- Boost Creative Capacities
- Ensure Career Readiness





# THURSDAY GATHERINGS

January–February

**Jan 10 :: Shawn Brace** is an Adventist pastor in Bangor, Maine, and alumnus of Andrews. He and his wife Camille run a podcast, “Mission Lab,” documenting what it is like to live a missional life with their three children in one of the most non-religious areas of the country.



Chapel  
PMC

**Jan 17 :: Soong-Chan Rah** is professor of church growth and evangelism at North Park Theological Seminary in Chicago. Author of several books, with advanced degrees from both Harvard and Duke, he frequently speaks to students about racial reconciliation and social justice.



MLK Forum  
HPAC

**Jan 24 :: Maurice (Reece) Valentine III** is a product manager for video services at Sprint. As an Adventist working in the delivery of entertainment to nearly 60 million mobile connections, he has managed major relationships such as Starz, Sling TV and DraftKings.



Chapel  
PMC

**Jan 28-Feb 1 :: Lola Moore Johnston** is senior pastor of the Woodbridge Seventh-day Adventist Church, previously serving as a conference young adult ministries director, hospital chaplain and pastor in several churches. In addition, she ministers as a recording artist, empowerment coach and author. Feeling the call of God on her life at an early age, Lola completed her studies at La Sierra University and later the Seventh-day Adventist Theological Seminary. She lives in Virginia with her husband Keith.



Spring Week of Prayer  
PMC

**Feb 07 :: Ty-Ron Douglas** is associate professor of PK12 Leadership and Policy at University of Missouri. He is an author, border-crossing scholar, songwriter and motivator who specializes in Black education, athletics, leadership development and Black identity curriculum development.



Chapel  
PMC

# TUESDAY CHOICES

February–March

<b>Feb 12</b>	Short Courses—Block 3.4	<i>Various Locations</i>
<b>Feb 19</b>	Short Courses—Block 3.5	<i>Various Locations</i>
<b>Feb 26</b>	Academic Assemblies	<i>Academic Depts.</i>
<b>Mar 05</b>	Short Courses—Block 4.1	<i>Various Locations</i>

## RISE UP AGAINST ABUSE

**March 7–10**

Featuring  
Special Guest:  
*Sarah Kelly*

Sponsored by:

- University Wellness
- Office of Diversity & Inclusion



### A COMMITTED U

- Engage in Faith Development
- Seek Spiritual Support
- Pursue a Life Purpose

# THURSDAY GATHERINGS

February–March

**Feb 14 :: Candidates** running for executive office in the Andrews University Student Association will present their election platforms in a series of speeches just before polls open in the 2019 election. Hear directly from aspiring leaders and become an informed voter.



Forum  
HPAC

**Feb 21 :: Harold Altamirano** is lead pastor at Life Fellowship in Coral Springs, Florida. He is passionate about the mission of the Adventist church and the changes that make it more effective in reaching the community. A native of Nicaragua, he and his wife Belkis have two daughters.



Chapel  
HPAC

**Feb 28:: June Price** is lead chaplain for Andrews University, overseeing the institution's commitments to faith development and missions. As a trained counselor and former residence hall dean, she has a passion to see faculty, staff and students grow in their walk with God.



Chapel  
PMC

**Mar 07 :: Sarah Kelly** is a contemporary Christian singer/songwriter, worship leader and two-time Grammy Award nominee. Having come through a past of abuse and self-hatred, Sarah now encourages others with the love and grace of God. After nearly two decades of recording and touring, she and her producer husband, Jonas Ekman, run the Sarah Kelley Music School near Houston, Texas, sharing their love of music and knowledge of the music industry with young, aspiring artists.



Forum  
HPAC

**Mar 14 :: ASAP Ministries** is a local non-profit that partners with more than 400 national missionaries in Southeast Asia through church planting, medical ministries, literacy programs, schools, evangelism in restricted countries, and refugee resettlement.



Chapel  
PMC

# TUESDAY CHOICES

March–April

<b>Mar 12</b>	Short Courses—Block 4.2	<i>Various Locations</i>
<b>Mar 19</b>	Spring Break	
<b>Mar 26</b>	Short Courses—Block 4.3	<i>Various Locations</i>
<b>Apr 02</b>	Short Courses—Block 4.4	<i>Various Locations</i>
<b>Apr 09</b>	Short Courses—Block 4.5	<i>Various Locations</i>
<b>Apr 16</b>	Academic Assemblies	<i>Academic Depts.</i>
<b>Apr 23</b>	Awards Celebration	<i>HPAC</i>



## A BETTER U

- Gain Cultural Competence
- Practice Service to Others
- Develop Leadership Ability





# THURSDAY GATHERINGS

March–April

**Mar 28 :: Michael Polite** is associate chaplain at Andrews University and lead pastor of New Life Fellowship, a student-led worship service on campus. He has distinguished himself as a gifted speaker with a passion for young adults. He and his wife Lorraine have one son.



Chapel  
PMC

**Apr 04 :: Chris Whittaker** is pursuing a Master of Divinity at Andrews and is the pastor for media and technology at New Life Fellowship. A graduate of Oakwood University and a pastor for several years, he is passionate about youth ministry, social justice and evangelism.



Chapel  
PMC

**Apr 11 :: Rachel Arner** is a senior religion and digital communications major. An aspiring woman in ministry, she has served as a missions coordinator and has a YouTube channel where she shares encouragement from Scripture and personal stories.



Chapel  
PMC

**Apr 18 :: Gianni Zanatta** is a senior pre-medicine biology major from Philadelphia, Pennsylvania. A Meier Health Club student manager and Beaty Pool lifeguard, he enjoys power lifting, playing guitar, camping and being.



Chapel  
PMC

**Apr 25 :: Campus Ministries, Student Life, AUSA and AUGSA** invite you to look back over the year and then forward to a summer of opportunities ahead. We'll swear in a new slate of officers for the coming year and take time to honor the graduate students and seniors who will be graduating in just a few days. Let's make this a great send-off for everyone!



Chapel  
PMC

# LIVING-LEARNING PHILOSOPHY



## WHAT WE DO AND WHY

**The lessons and skills of everyday life** can be learned and shared in a Residence Hall community through engagement in programs, activities and discussions. Residence Life staff are committed to not only *teach* these skills and values but to *model* them, as well.

**Transferable Skills** | From professional development to life hacks to adulting, we prepare residents for daily life beyond the classroom.

**Character Development** | More important than what you *will* become is who you are *becoming*. Timeliness, integrity, respect—all are pieces of a moral code that we encourage residents to build piece by piece.

**Service Engagement** | Learning to live well with others involves looking for opportunities to serve others. We connect our community with other communities through service.

**Faith Activation** | How does the seeming stagnation of belief interact with the perpetual motion of daily life? We help students build a framework of faith as a guide for daily life.

**Physical Purpose** | Our bodies are not only God's temples but His instruments, as well. We teach residents to value physical health as the pathway toward greater purpose.

**Worldview Awareness** | Is an education only to benefit ourselves or also to help others? We challenge students to think beyond themselves and ask the big questions as a part of their development.

# LIVING-LEARNING PROGRAMS

## WHAT WE OFFER

**Residence Life staff** offer a variety of programs throughout the year. These will be posted on the Co-Curricular Education website, including:

RA Town Halls | Professors in Residence | "Circuit" (Physical Fitness) | "Grown" (Life Skills/Adulting) | Deans' Worship | Joint Worship | "TV/MA" Documentary Series | Community Service | Story Slams | "So That Happened" (Group Discussions)



## MONTHLY THEMES

<b>September</b>	Diversity and Inclusion
<b>October</b>	Professional Development & Entrepreneurship
<b>November/December</b>	Substances & At-Risk Behaviors
<b>January</b>	Depression & Anxiety
<b>February</b>	Faith in Living
<b>March</b>	International Awareness
<b>April</b>	Physical Fitness

# MORE CHOICES

## Proximity Vespers



**Proximity Vespers** takes place every Friday evening at 7:30 p.m. Smaller vesper programs hosted by student clubs, academic departments or faculty and staff also meet periodically. If your organization is planning one of these and would like to offer co-curricular credit, please mention it on your Event Approval form.

## Grow Groups

**Grow Groups** are an excellent way to connect with other students and church members around a common interest or Bible study topic. Groups meet for several weeks each semester and include time for fellowship, outreach and spiritual growth. If you would like to join a Grow Group or talk to someone about starting one of your own, contact the PMC office.





# MORE CHOICES

## Student Concerts and Recitals

**Department of Music Student Concerts and Recitals** offer the opportunity to enjoy the rich musical talent on campus and to gain an appreciation for a wide variety of genres and composers. To receive credit, please scan in and out of the program with the co-curricular usher, stationed at the concessions booth in the Howard Performing Arts Center.



<b>Sept 29</b>	6 p.m.	Alumni Gala
<b>Oct 13</b>	8 p.m.	Wind Symphony Fall Concert
<b>Oct 20</b>	8 p.m.	University Singers Collegiate Choir Invitational
<b>Oct 27</b>	8 p.m.	Symphony Orchestra Fall Concert
<b>Nov 16</b>	7 p.m.	Voice Studio Vespers
<b>Nov 17</b>	8 p.m.	Wind Symphony Christmas Concert
<b>Nov 19</b>	6 p.m.	Piano Studio Recital: Chi Yong Yun
<b>Dec 01</b>	8 p.m.	Symphony Orchestra Christmas Concert
<b>Dec 02</b>	12:30 p.m.	String Studio Recital
<b>Dec 06</b>	7 p.m.	Chamber Recital

Fall Events  
HPAC

<b>Jan 26</b>	8 p.m.	Young Artists Concert/Symphony Orchestra
<b>Feb 02</b>	8 p.m.	Wind Symphony Winter Concert
<b>Feb 22</b>	7 p.m.	Music/English Vespers
<b>Feb 23</b>	8 p.m.	University Singers Winter Concert
<b>Mar 01</b>	7:30 p.m.	Wind Symphony Vespers
<b>Mar 02</b>	4 p.m.	Music Festival Concert
<b>Mar 09</b>	8 p.m.	Symphony Orchestra Winter Concert
<b>Apr 19</b>	7 p.m.	University Singers Easter Concert
<b>Apr 20</b>	8 p.m.	Symphony Orchestra Spring Concert
<b>Apr 22</b>	6:30 p.m.	Piano Studio: Chi Yong Yun

Spring Events  
HPAC

# MORE CHOICES

## Art Gallery Openings



**Art Gallery Openings**, featuring the work of student photographers and artists, will be announced throughout the year. You will be the first to view original artwork and have an opportunity to interact with those who created it. Check campus posters and the Co-Curricular Education website for more information about upcoming openings.



# MORE CHOICES



## Academic, Research and Career Events

Sep 27	SHP Cancer Research Forum
Sep 26–Oct 17	GMAT Review Workshop
Oct 02	SBA/CIDP Career Fair
Oct 11	SHP Screening: “Fixed” Documentary
Oct 26–27	Andrews Autumn Conference on Religion & Science
Nov 02	Celebration of Research & Creative Scholarship
Nov 09 (& Mar 08)	SHP Poverty Simulation Workshop
Nov 15	Fall Honors Thesis Symposium
Jan 29–Feb 19	GMAT Review Workshop
Feb 07	SHP Human Simulation
Feb 11	SHP Careers Job Fair
Mar TBD	School of Architecture Career Fair
Mar 08	Honors Scholars & Undergrad Research Poster Symposium
Mar 05	UW Lifestyle Medicine Symposium
Mar 07	MLS Research Symposium
Mar 29	SBA Career Development Workshop
Apr 07–09	Seminary Ministry Opportunity Days
Apr 12	Honors Thesis Symposium

# UNDERGRAD Q & A

**Why is it required?** The University's educational plan is built on three pillars: General Education provides a broad foundation, Co-Curricular Education enhances personal and professional development, and an Academic Major builds disciplinary knowledge and skills. All three are an essential part of earning an Andrews degree.

**How much does it cost?** The co-curricular fee is charged at the *end* of the semester and accumulates on the basis of non-participation. There will be a fee of \$25 for the first credit short of the requirement and \$15 for every credit short thereafter. A maximum of \$460 may be charged to traditional students and \$160 to non-traditional students, per semester. As an incentive for participation, this fee can be minimized or completely eliminated by fulfilling the requirement.

**What if I don't participate?** You must complete at least 75 percent of the requirement (23 out of 30 credits) in order to pass. Those who do not pass will be placed on "co-curricular probation." This will be noted on your iVue account.

**What if I work during the co-curricular period?** As with classes, students are expected to arrange their work schedules to accommodate co-curricular appointments.

**Who keeps track of co-curricular credits?** The Student Life office takes attendance at events and records all credit. However, students are responsible for keeping track of their online record throughout the semester.

**How do I view my co-curricular record?** Go to Andrews Vault and click on "The Co-Curriculum" link. Check your co-curricular record every couple of weeks. Also, remember to read your Andrews email. We use this to send important updates throughout the semester.

**What if a credit is missing from my record?** You must report it within 21 days using the "missing programs" link in your co-curricular record in Vault. Credit will not be restored for programs at which you failed to scan, sign-in, or did not have your ID card. Those missing three or more programs should report the problem in person to the Student Life office.

## Please Remember...

- To check your Co-Curricular Record in Andrews Vault on a regular basis. Missing credits must be reported within 21 days of the actual event.
- To read your Andrews email. We will send you important updates throughout the semester.
- To visit the Co-Curricular Education website at [andrews.edu/life](http://andrews.edu/life) > Activities & Involvement > Co-Curricular Education for all the latest information.

# UNDERGRAD REQUIREMENTS

## What is Required?

	Traditional Residence Hall Students	Traditional Community Students	Non-Traditional Students*
<b>Thursday Minimum</b>	12 credits	12 credits	No minimum
<b>Living Learning Minimum</b>	6 credits	No minimum	No minimum
<b>Service Learning Maximum</b>	Up to 10 credits (20 hours of service)	Up to 10 credits (20 hours of service)	No maximum
<b>Total Required</b>	<b>30 credits</b>	<b>30 credits</b>	<b>10 credits</b>

\* **Non-Traditional Students** are students 25 years and older and/or parents with a child in their care. Non-traditional students may fulfill their requirement by viewing programs online. Please contact the Student Life office for details.

### Thursday Minimum | 12 credits

Traditional undergraduates must attend a minimum of 12 programs offered on Thursdays during the 11:30 a.m. to 12:20 p.m. co-curricular period.

### Living Learning Minimum | 6 credits

Traditional undergraduates living in a residence hall (Lamson, Meier or University Towers) must attend a minimum of six living learning programs offered in the residence hall system.

### Co-Curricular Exemption | 120+ Earned Academic Credits

Students who begin a semester with 120 or more earned academic credits on their University Academic Record in iVue will be exempted from the co-curricular requirement after the drop/add date. If you do not see confirmation of your exemption after this date in Vault, do not assume that you are exempt. Please contact the Student Life office for clarification of your status.



# SEMINARY WORSHIP

Fall Semester

T, Aug 28	Convocation with all Grads—Jiri Moskala
Th, Aug 30	University Convocation (PMC)—Andrea Luxton
T, Sept 04	Worship—Teresa Reeve
T, Sept 11	Worship—Willie Oliver
T, Sept 18	Worship—Willie Hucks
Th, Sept 20	<b>Title IX Assembly—Alyssa Palmer (required of all)</b>
T, Sept. 25	End It Now (evening event)
T–Th Sept 25–27	<b>Week of Spiritual Emphasis—Tracy Wood</b>
T, Oct 02	Worship—Ricardo Norton
T, Oct 09	Worship—Ed Schmidt
Th, Oct 11	Dialogue with the Deans
T, Oct 16	Worship—Skip Bell
T, Oct 23	Worship—Cuba Missionaries Testimony
T, Oct 30	No Tuesday Worship
Th, Nov 01	Joint University Forum—Christena Cleveland (HPAC)
T, Nov 06	Worship—Tom Shepherd
T, Nov 13	Worship—Steve Bramwell
T, Nov 27	Worship—Mario Alvarado
T, Dec 04	Graduation Dedication Service

Week of Spiritual Emphasis  
Seminary Chapel

**Sept 25–27 :: Tracy Wood** is director of youth and young adult ministries for the North American Division. Coming from a background of sales, engineering and architecture, he completed his graduate and postgraduate studies at the Seventh-day Adventist Theological Seminary, serving for 16 years as a pastor and conference youth leader in the Oregon Conference. Tracy and his wife Angelina treasure spending time with their children and grandchildren and love to hike, garden and ride their motorcycle.



# SEMINARY EVENTS

Fall Semester



September 6–8 | [www.urbanmissionandministry.org](http://www.urbanmissionandministry.org)



October 18–20 | [www.andrews.edu/agenda/48972](http://www.andrews.edu/agenda/48972)

# SEMINARY WORSHIP

Spring Semester

T, Jan 08	Worship—Jiří Moskala
T, Jan 15	Joint Worship with all Grads—Timothy Golden (HPAC)
T, Jan 22	Worship—Teresa Reeve
T, Jan 29	Worship—Jeff Harper
T, Feb 05	Worship (BSAS/Black History)—Myron Edmonds
T, Feb 12	Seminary Recognition & Scholarship Symposium
Th, Feb 14	Scholarship Symposium—John Ostwalt
T, Feb 19	Worship—Kenley Hall and Hyveth Williams
T, Feb 26	Worship—Larry Evans & Jordans
T, Mar 05	Worship—Ante Jerončić
Th, Mar 07	<b>Rise Up Against Abuse (required of all, HPAC)</b>
T–Th Mar 12–14	<b>SSF Week of Spiritual Emphasis—Clifford Goldstein</b>
T, Mar 26	Worship—Washington Johnson
Th, Mar 28	Dialogue with the Deans
T, Apr 02	Worship—Fernando Ortiz—Cuba Evangelism
T, Apr 09	Worship—Ivan Williams
T, Apr 16	Worship—Ray McAlister
T, Apr 23	Communion—Jiri Moskala

Week of Spiritual Emphasis  
Seminary Chapel

**Mar 12–14 :: Clifford Goldstein** has been the editor of the Seventh-day Adventist Adult Sabbath School Lesson since 1999. He has also served as editor of Liberty and Shabbat Shalom magazines. Clifford was raised as a secular Jew but converted to the Adventist faith in 1980. In 1992 he received an MA in Ancient Northwest Semitic languages from Johns Hopkins. He has a passion for writing and studying and is a lover of philosophy. He and his wife Kimberly have two children.



# SEMINARY EVENTS

Spring Semester

## Scholarship Symposium



February 12–15, 2019 | Includes Book Sale & Poster Session

## Worship, Word & Music Conference



April 4–6, 2019 | [www.cye.org/ministries/music--worship](http://www.cye.org/ministries/music--worship)

# SEMINARY REQUIREMENTS

## What is Required?

	Fall and Spring Semesters	Summer
Seminary students registered for <i>more than seven (7) credit hours</i>	10 credits per semester	4 credits

### Seminary Worship Attendance

Regular and punctual attendance is required at Seminary Worship and Assemblies for faculty, staff and students in-residence, except students registered for seven (7) credits or fewer and faculty who have assignments off-campus or are on an approved research term. Student requests to be excused from this requirement should be addressed to the Seminary Deans' office in writing. Regular worship attendance is a graduation requirement for students in-residence.

### Attendance Guidelines

- All students registered for more than seven (7) credit hours are required (a graduation requirement) to attend 10 worships in the fall and spring semesters and four in the summer. Tuesday Worships and two out of the three Week of Spiritual Emphasis meetings count toward the 10 required. Required assemblies (in red) also count toward the 10.
- If a student is more than five minutes late, no credit will be given.
- There may be special University or Seminary events at which credit will be given. The Seminary Dean's office will notify Seminary students via email of the event and how to receive credit.

### How to Check Your Seminary Worship Attendance

Use the link provide on the Resources page of the Seminary website.  
Go to [andrews.edu/sem](https://andrews.edu/sem) > Resources.

### Makeup Policy

Most worship services are recorded and posted online on the Seminary website ([andrews.edu/sem](https://andrews.edu/sem) > Resources). A student can make up for an absence by a) listening to the recorded service and b) writing a two-page, typewritten reaction to the event and turning it in to the Seminary Dean's office.



# GRADUATE OPPORTUNITIES

**CONNECT ANDREWS** exists to provide opportunity for connection between the students within the graduate community of Andrews University. We facilitate these (non-credit) opportunities through three graduate-targeted initiatives.

**The Connect Excursion** is a once-per-semester trip outside of Berrien Springs designed to build community among graduate students while enjoying a culturally enriching experience. *Dates TBA*

**The Connect Café** is a social gathering where graduate students can connect with each other and de-stress around food and live music! *Dates TBA*

**The Agora** exists as a space for open and honest dialogue within the Adventist church on controversial issues. The Agora has hosted conversations on contemporary issues like Pro-life/Pro-choice, Adventism and Politics, and other difficult issues. *Dates TBA*

EZEKIEL  
AZONWU

JOSEPH  
SOLOMON

MISS TERIOS  
JANETTE...IKZ

PRESTON  
PERRY

CHRIS  
WEBB



## POETS IN AUTUMN TOUR

SEPTEMBER 8TH 2018

Evening of  
Spoken word  
in Chicago

**\$25**

Includes  
Tickets &  
Transportation

SIGN UP IN CAMPUS MINISTRIES OR EMAIL [ConnectAndrewsU@Gmail.com](mailto:ConnectAndrewsU@Gmail.com)

CONNECT  
EXCURSION

CONNECT  
EXCURSION

A low-angle photograph of a large, mature tree with a thick, textured trunk and a dense canopy of bright green leaves. The tree is positioned on the right side of the frame, with its branches spreading out towards the left and top. The background is a bright, slightly overexposed sky, creating a high-contrast, airy feel. The overall image conveys a sense of growth, vitality, and connection to nature.

## MY WHOLE WEEK

Focus each day on becoming  
Stronger. Healthier. You.



## STRESS-FREE SUNDAY

Do not be *anxious* about anything, but present your requests to God. Philippians 4:6

**Plan ahead today!**  
Get organized.  
Visualize your success.

## MINDFUL MONDAY

May my *meditation* be pleasing to him, as I rejoice in the Lord. Psalm 104:34

**Take a break today!**  
Find some quiet.  
Breathe deeply.  
Reflect on your life.

## TASTY TUESDAY

So whether you *eat or drink*, do it all for the glory of God. 1 Corinthians 10:31

**Eat healthy today!**  
Lots of fruits and veggies. Avoid fried and processed foods.

## WORKOUT WEDNESDAY

Love the Lord with all your heart, soul, mind and *strength*. Mark 12:30

**Get moving today!**  
At least 10,000 steps.  
Train all major muscles.  
Stretch all major joints.

## THOUGHTFUL THURSDAY

Therefore *encourage* one another and build each other up. 1 Thessalonians 5:11

**Be nice today!** Thank a family member.  
Encourage a friend.  
Be kind to a stranger.

## FLUID FRIDAY

With joy you will draw *water* from the wells of salvation. Isaiah 12:3

**Drink water today!**  
Consume at least eight cups. No sugary drinks, juice, coffee or tea.

## SPECTACULAR SABBATH

This is the day the Lord has made.  
*Rejoice* and be glad in it. Psalm 118:24

**Be glad today!** Rest. Worship. Get out in nature. Read. Reflect. Pray. Bless others.




# Center for Wellness Opening Fall 2019

The new Center for Wellness is part of a campus-wide initiative that builds on one of the fundamental ideals of an Andrews education—an integrated and holistic approach to life. The center will offer a myriad of activities, including aquatics, recreation, fitness training, treatment and classes.



*Design: Martin Smith, Troy Homenchuk, Ariel Solis, Andrew von Maur*



An architectural rendering of a modern building with large glass windows and a curved roofline. The building is surrounded by lush green trees and a paved area where several people are walking and a person is riding a bicycle. A car is parked on the right side. The sky is blue with some clouds.

**Co-Curricular Questions?**  
Contact Nanyvette  
Valentin-Seewaldt,  
co-curricular records  
manager, or Steve Yeagley,  
director of co-curricular  
education, at the Student  
Life office (269-471-3215;  
[slife@andrews.edu](mailto:slife@andrews.edu)).





Andrews  University

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[andrews.edu](http://andrews.edu) 800-253-2874