

Eat Local Challenge Menu
Andrews University Dining Services, Bon Appetit
Tuesday, Sept. 25

Classics 1

Roasted Vegetable Lasagna

Vegetables from Andrews Farm (Berrien Springs, Mich.) and Total Health Inc. (Buchanan, Mich.) combined to make this delicious entrée. Cheese from Guggisberg (Middlebury, Ind).

Grilled Beet Tops

Beets from Andrews Farm

Carnival Squash with Sage Brown Sugar

Squash and Sage from Andres Farm, butter from Prairie Farms (Holland, Mich.), brown sugar

House Made Herb Focaccia

Flour from Windmill Island (Holland, Mich.) in house yeast starter, herbs from Andrews Farm

Classics Too

Grilled Tofu Stacks with Pesto with Flat Top Vegetables

Organic tofu from Rosewood Acres (Lansing, Mich.) with basil and vegetable medley from Andrews Farm, oil from Zeeland Foods (Zeeland, Mich.)

Sautéed Swiss Chard

Swiss Chard from Andrews Farm, oil from Zeeland Foods (Zeeland, Mich.)

Cranberry October Beans

Carlson-Arbogast Farms (Lansing, Mich.)

Manoomin Wild Rice

Harvested in the many lakes of Wisconsin, a local native American tribe has been harvesting this rice for generations. Bearclan Wild Rice (Trego, Wis.)

Kettle (Soup Bar)

Cheddar Corn Chowder

Cheese from Guggisberg (Middlebury, Ind.), corn from Andrews Farm, milk from Prairie Farms (Holland, Mich.)

Butternut Squash Soup with Toasted Pumpkin Seeds

All ingredients from Andrews Farm

Compositions

Watercress Salad with Roasted Sweet Potato

Greens and potatoes from Andrews Farm

Black Bean Confetti Salad

Black beans from Carlson-Arbogast Farm (Lansing, Mich.), corn and vegetable aggregate from Andrews Farm

Tofu Egg Salad

Organic tofu from Rosewood (Lansing, Mich.)

Apple, Gouda, and Michigan Dried Cherry Salad

Pagel apples (Berrien Springs, Mich.), gouda from Guggisberg (Middlebury, Ind.), Michigan dried cherries from Country Life (Paw Paw, Mich.)

Cafe Bakery

Blueberry Fool

Blueberries from Leduc Blueberries (Paw Paw, Mich.), sugar from Michigan Sugar Company from beets (Bay City, Mich.), heavy cream from Prairie Farms (Holland, Mich.)

Watermelon Sorbet

House made delicacy with watermelons from Andrews Farm, sugar from Michigan Sugar Company (Bay City, Mich.)

Grandma's Golden Delicious Apple Crisp

Pagel apples (Berrien Springs, Mich.) with flour from Windmill Island (Holland, Mich.), sugar from Michigan Sugar Company (Bay City, Mich.) combined to make this classic local dessert.

Sips

White Peach Mint Aqua Fresca

Todd Griener Farms peaches (Hart, Mich.), fresh mint from Andrews Farm blended to make this refreshing beverage.

Watermelon Cucumber Cooler

Watermelons and cucumbers from Andrews Farm. Simple and delicious.

Cantaloupe Basil Aqua Fresca

Cantaloupe or muskmelon from Total Health Inc. (Buchanan, Mich.) with basil from Andrews Farm make a unique flavor you will enjoy.

World Market

Cold Springs Pizza

Vegetables from Andrews Farm, cheese from Guggisberg (Middlebury, Ind.)

Asparagus Blanco Pizza

Asparagus from Andrews Farm, cheese from Guggisberg (Middlebury, Ind.)

Pesto Pumpkin with White Sauce Pizza

Pesto and pumpkin from Andrews Farm, cream from Prairie Farms (Holland, Mich.), and cheeses from Guggisberg (Middlebury, Ind.)

Pesto Vegetable Pizza

Basil and vegetables from Andrews Farm, oil from Zeeland Foods (Zeeland, Mich.)

Amish Four Cheese Pizza

Delicious Cheeses from Guggisberg (Middlebury, Ind.)

Pizza Dough and Pizza Sauce

Flour from Windmill Island (Holland, Mich.), scratch made yeast starter (in house), sugar from Michigan Sugar Company (Bay City, Mich.), tomatoes from Total Health Inc. (Buchanan, Mich.), oil from Zeeland Foods (Zeeland, Mich.) and herbs from Andrews Farm.

Stacks

Onion Dill Rye, Vienna Sour Dough, Whole Wheat, and Vegan Sprout

All locally baked by Apple Valley Bakery (Berrien Springs, Mich.)

Lettuce, Tomato, Pickle, Onion and a Variety of Cheeses

Produce from Andrews Farm and cheeses from Guggisberg (Middlebury, Ind.)

Grilled Zucchini, Squash, Eggplant, and Red Pepper

Andrews Farm, oil from Zeeland Foods (Zeeland, Mich.)

Tomato Basil Hummus and Fresh Pesto Spread

Garbanzo beans from Carlson-Arobogast Farm (Lansing, Mich.), tomatoes from Total Health Inc. (Buchanan, Mich.), basil from Andrews Farm and oil from Zeeland Foods (Zeeland, Mich.)

Garden Varieties

Farm to Fork Salad Bar

A vast variety of vegetables and greens from Andrews Farm, Total Health Inc. (Buchanan, Mich.) with cheeses from Guggisbert (Middlebury, Ind.), sour cream and milk from Prairie Farms (Holland, Mich.), and oil from Zeeland Foods (Zeeland, Mich.)