Eat Local Challenge Menu
Andrews University Dining Services, Bon Appetit
Tuesday, Sept. 25

Classics 1
Roasted Vegetable Lasagna
Vegetables from Andrews Farm (Berrien Springs, Mich.) and Total Health Inc. (Buchanan, Mich.) combined to make this delicious entrée. Cheese from Guggisberg (Middlebury, Ind).

Grilled Beet Tops
Beets from Andrews Farm

Carnival Squash with Sage Brown Sugar
Squash and Sage from Andrews Farm, butter from Prairie Farms (Holland, Mich.), brown sugar

House Made Herb Focaccia
Flour from Windmill Island (Holland, Mich.) in house yeast starter, herbs from Andrews Farm

Classics Too
Grilled Tofu Stacks with Pesto with Flat Top Vegetables
Organic tofu from Rosewood Acres (Lansing, Mich.) with basil and vegetable medley from Andrews Farm, oil from Zeeland Foods (Zeeland, Mich.)

Sautéed Swiss Chard
Swiss Chard from Andrews Farm, oil from Zeeland Foods (Zeeland, Mich.)

Cranberry October Beans
Carlson-Arbogast Farms (Lansing, Mich.)

Manoomin Wild Rice
Harvested in the many lakes of Wisconsin, a local native American tribe has been harvesting this rice for generations. Bearclan Wild Rice (Trego, Wis.)

Kettle (Soup Bar)
Cheddar Corn Chowder
Cheese from Guggisberg (Middlebury, Ind.), corn from Andrews Farm, milk from Prairie Farms (Holland, Mich.)

Butternut Squash Soup with Toasted Pumpkin Seeds
All ingredients from Andrews Farm
Compositions

**Watercress Salad with Roasted Sweet Potato**  
Greens and potatoes from Andrews Farm

**Black Bean Confetti Salad**  
Black beans from Carlson-Arboghast Farm (Lansing, Mich.), corn and vegetable aggregate from Andrews Farm

**Tofu Egg Salad**  
Organic tofu from Rosewood (Lansing, Mich.)

**Apple, Gouda, and Michigan Dried Cherry Salad**  
Pagel apples (Berrien Springs, Mich.), gouda from Guggisberg (Middlebury, Ind.), Michigan dried cherries from Country Life (Paw Paw, Mich.)

Cafe Bakery

**Blueberry Fool**  
Blueberries from Leduc Blueberries (Paw Paw, Mich.), sugar from Michigan Sugar Company from beets (Bay City, Mich.), heavy cream from Prairie Farms (Holland, Mich.)

**Watermelon Sorbet**  
House made delicacy with watermelons from Andrews Farm, sugar from Michigan Sugar Company (Bay City, Mich.)

**Grandma's Golden Delicious Apple Crisp**  
Pagel apples (Berrien Springs, Mich.) with flour from Windmill Island (Holland, Mich.), sugar from Michigan Sugar Company (Bay City, Mich.) combined to make this classic local dessert.

Sips

**White Peach Mint Aqua Fresca**  
Todd Griener Farms peaches (Hart, Mich.), fresh mint from Andrews Farm blended to make this refreshing beverage.

**Watermelon Cucumber Cooler**  
Watermelons and cucumbers from Andrews Farm. Simple and delicious.

**Cantaloupe Basil Aqua Fresca**  
Cantaloupe or muskmelon from Total Health Inc. (Buchanan, Mich.) with basil from Andrews Farm make a unique flavor you will enjoy.

World Market
Cold Springs Pizza
Vegetables from Andrews Farm, cheese from Guggisberg (Middlebury, Ind.)

Asparagus Blanco Pizza
Asparagus from Andrews Farm, cheese from Guggisberg (Middlebury, Ind.)

Pesto Pumpkin with White Sauce Pizza
Pesto and pumpkin from Andrews Farm, cream from Prairie Farms (Holland, Mich.), and cheeses from Guggisberg (Middlebury, Ind.)

Pesto Vegetable Pizza
Basil and vegetables from Andrews Farm, oil from Zeeland Foods (Zeeland, Mich.)

Amish Four Cheese Pizza
Delicious Cheeses from Guggisberg (Middlebury, Ind.)

Pizza Dough and Pizza Sauce
Flour from Windmill Island (Holland, Mich.), scratch made yeast starter (in house), sugar from Michigan Sugar Company (Bay City, Mich.), tomatoes from Total Health Inc. (Buchanan, Mich.), oil from Zeeland Foods (Zeeland, Mich.) and herbs from Andrews Farm.

Stacks
Onion Dill Rye, Vienna Sour Dough, Whole Wheat, and Vegan Sprout
All locally baked by Apple Valley Bakery (Berrien Springs, Mich.)

Lettuce, Tomato, Pickle, Onion and a Variety of Cheeses
Produce from Andrews Farm and cheeses from Guggisberg (Middlebury, Ind.)

Grilled Zucchini, Squash, Eggplant, and Red Pepper
Andrews Farm, oil from Zeeland Foods (Zeeland, Mich.)

Tomato Basil Hummus and Fresh Pesto Spread
Garbanzo beans from Carlson-Arobogast Farm (Lansing, Mich.), tomatoes from Total Health Inc. (Buchanan, Mich.), basil from Andrews Farm and oil from Zeeland Foods (Zeeland, Mich.)

Garden Varieties
Farm to Fork Salad Bar
A vast variety of vegetables and greens from Andrews Farm, Total Health Inc. (Buchanan, Mich.) with cheeses from Guggisbert (Middlebury, Ind.), sour cream and milk from Prairie Farms (Holland, Mich.), and oil from Zeeland Foods (Zeeland, Mich.)