

# BRIEF SOLUTION-FOCUSED COUNSELING IN SCHOOLS & WITH FAMILIES: PRACTICAL SKILLS AND STRATEGIES PRESENTED BY DR. JOHN MURPHY

**When: September 26, 2014 from 1:00 PM to 4:00 PM**  
**Location: Andrew's University Buller Hall (Newbold Auditorium)**  
Registration Deadline: September 26, 2014  
Cost \$20 per person

Suggested Audience: School Psychologists, Counselors, Social Workers,  
Other Mental Health Personnel

This practical session demonstrates key principles and practices of Brief Solution-Focused Counseling (BSFC), a culturally sensitive, research-supported approach to building school and family solutions by honoring the unique strengths and resources of young people and their caregivers. Demonstrations, videotapes, experiential exercises, and practice activities are used to increase the immediate application of techniques "the very next day on the job."

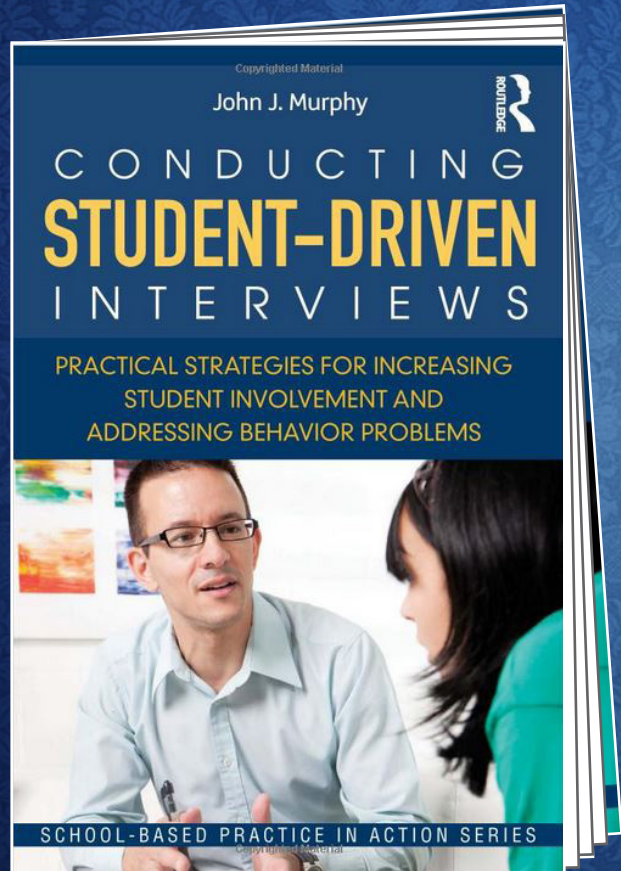
This workshop explores the major principles and strategies of Brief Solution-Focused Counseling (BSFC), a culturally sensitive, research-supported approach to building solutions with young people and caregivers by utilizing their strengths, resources, and possibilities. Based on "what works" in helping people change, BSFC conforms the counseling process to students and others by honoring and accommodating their unique strengths, resources, opinions, and feedback. BSFC strategies include:

- Establishing collaborative, change-focused relationships
- Using language to promote hope and solutions
- Building solutions from people's indigenous resources
- Empowering small improvements whenever they occur

The workshop includes "live" onsite demonstrations, videotapes from counseling sessions, experiential exercises, and practice activities aimed at increasing the immediate relevance and applicability of training content.



Use your smart phone to scan the QR Code to register!  
Questions? Contact Shari Lidgard-Pullins at  
269-471-7725 ext. 1358



Participants will learn how to:

- Build collaborative relationships with hard-to-reach young people, caregivers, and families
- Build hope from the opening moments of contact
- Develop creative interventions based on people's strengths, successes, and resources
- Empower small improvements whenever they occur

Materials Provided for Participants (optional; at the request of the sponsoring agency) (Book: Solution-Focused Counseling in Schools (by John Murphy, 2008, American Counseling Association); discount price available for sponsoring agencies and workshop participants.



TO REGISTER, VISIT:

<http://www.solutionwhere.com/berrienresa/cw/showcourse.asp?257>

In accordance with Section 504 of the Rehabilitation Act of 1973, it is the policy of the Berrien Regional Education Service Agency to prohibit discrimination on the basis of handicap against qualified handicapped persons, in admission or access to, participation in, or treatment of employment in, its programs and activities. Inquiries regarding this policy should be directed to Human Resources, Berrien RESA, 711 St. Joseph Avenue, Berrien Springs, MI 49103; telephone (269) 471-7725; fax (269) 471-2941.

Please note: Participants with physical or dietary limitations or requirements are asked to notify the workshop coordinator with any specific need before the workshop/event so appropriate accommodations can be made.

#### CANCELLATIONS:

Registration fee will be refunded only if cancellation is received two working days prior to the workshop start date. You must send an e-mail cancellation notice to [jo.urias@berrienresa.org](mailto:jo.urias@berrienresa.org) containing the title of the workshop. Your reply message will be your confirmation.

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