



# HEALTHY FAMILIES:

*Building A Strong Foundation*

*Adventist Conference  
on Family Research & Practice*

**July 21-23, 2016**

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## *Building A Strong Foundation*

ADVENTIST CONFERENCE ON FAMILY RESEARCH & PRACTICE

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## WELCOME

The 4th annual Adventist Conference on Family Research and Practice (ACFRP) is finally here! Months of prayer and planning have gone into the conference that we are all about to enjoy. I would ask that in a special way, we live family during this event. We have excellent speakers and workshop presenters this year as always, but we want our time together as a family of believers to be more than only learning about family. We want to live and experience family during this conference. The urgency to have this approach has been highlighted recently as families at home and abroad have been torn apart by violence. Learning to love selflessly as Christ loved is sometimes hard work, but is worth the effort. As we seek the empowerment of God by the presence of his Spirit in our hearts, he will give us more than we can ask or think. We have called this year's conference Healthy Families: Building a Strong Foundation. The base of this foundation is Jesus Christ and his power to transform us into his image. But the family is designed by God to teach and model principles of healthy family living. It is to that end that we are gathered together for this important event to enhance the ministry to families in the Seventh-day Adventist Church.

Dr. David Olson, the founder of Prepare-Enrich will set the tone for this year's conference with two stimulating keynote addresses. The spiritual tone of the Conference is set this year with Drs. Lael and Lena Caesar inspiring us by sharing from their many years of rich experience in family ministry. Conference attendees will be able to choose from twelve workshops on Friday. This allows participants to select from a broader variety of informative and challenging topics. Six continuing education units (CEUs) have been approved for both social work and pastoral ministry. For the first time this year we have a single track (4 sessions) on Domestic Violence.

This event continues to be planned to attract Doctor of Ministry students who have chosen an emphasis in Family Ministry, and MA and PhD students in Religious Education who choose either the Family Life or Children's Ministry emphasis. MDiv students who are taking Marriage, Family and Interpersonal Relationship Skills also attend in large numbers. The success of the event is due to the collaborative effort of the Department of Discipleship and Religious Education at the Seminary, the Departments of Behavioral Science and Social Work at Andrews, the Family Ministries Departments at the General Conference and the North American Division, and Advent Source. Thus, it attracts faculty and students from throughout the campus community, family ministry leaders and church members from the Michiana area and throughout the world. If you are in any of these groups, we believe that your ministry will be enriched as you participate in the various presentations focused on ministry to families throughout the Conference.

Our prayer is that you will experience the loving embrace of Jesus Christ while you are here. Enjoy the learning, soak in the fellowship, savor the food, and share your experience. If there is anything that we can do to improve your experience, please let one of us know.

## KEYNOTE SPEAKERS 2016



### David Olson, Ph.D.

David H. Olson, Ph.D. is Professor Emeritus, Family Social Science, University of Minnesota, St. Paul, MN and Founder and CEO of PREPARE/ENRICH.

He is past President of the National Council on Family Relations (NCFR) and the Upper Midwest Association of Marital and Family Therapists (UMAMFT). He has received over 10 national awards for his contributions from a variety of national organizations. Distinguished alumni awards from St. Olaf College, Penn. State University & University of Minnesota.

He developed the PREPARE/ENRICH Program, which has been taken by over 3 million couples and offices in 13 countries (8 different languages). He has written 20 books and over 100 articles in the field of marriage and family. Marriage & family textbook (7th edition) is used in over 850 colleges and universities. His most recent books include: Couple Checkup (2008) and Remarriage Checkup (2010).

He has appeared numerous times on national television including the NBC Today Show, CBS Morning Show, ABC Good Morning America and the Oprah Show.



### Lael Caesar, Ph.D. & Lena Caesar, Ed.D., Ph.D.

Lael and Lena Caesar love each other, love their neighbors and their enemies, and love to work for God. He welcomed her to the campus of the University of the Southern Caribbean the day she arrived, and not too long after that, asked her for a date. She immediately said "Yes." Back in her room she decided that it gave the wrong impression to say "yes" on the spot. So she told him that she had changed her mind. Since then, he

has been working on getting her back. In 1974 they both said "yes," and now they share a permanent honeymoon in Laurel, Maryland.

Lael has worked as district pastor, conference departmental director, and college professor. He holds a Ph.D. in Hebrew & Semitic Studies from the University of Wisconsin, Madison. Lena has been a High School English teacher, Modern Language Institute director, and professor of Speech Language Pathology. She holds an M.S. from UW Madison, an Ed.D. in Special Education and a Ph.D. in Interdisciplinary Health Studies from Western Michigan University. Lael and Lena taught for 4 ½ years at Montemorelos University, and for 15 years at Andrews University, Berrien Springs, Michigan. Currently, Lael is an associate editor of the Adventist Review and Adventist World magazines, and Research Professor of Hebrew Bible at Andrews University. Lena taught and directed the department of Speech Language Pathology and Audiology at Andrews University as she does now at Loyola University. Lena and Lael have authored scores of professional and scholarly articles in their respective fields and are in demand as speakers and seminar presenters. Their son, Lloyd, and daughter, La Vonne are both graduates of Andrews University.

## NAD DISTINGUISHED SERVICE AWARD RECIPIENTS



### Melvin Preston

Pastor Melvin Preston is a native of Columbia, South Carolina. Early in his life he learned to be obedient in accordance with 2 *Timothy* 2:15, by studying to show himself approved unto God, earning a BA in theology at Oakwood University and receiving a call to ministry at the South Atlantic Conference, all in June of 1974. Pastor Preston has pastored several churches in North Carolina and Georgia, ministering in the cities of Charlotte, Decatur, Fayetteville, Laurinburg, Lithonia and New Bern. Just as Jesus promises in *Matthew* 4:19, He made Elder Preston a fisher of men, as he baptized over 2,000 souls. In addition, he has become a modern day Nehemiah being instrumental in the building of three churches and two church schools.

In 1986, Elder Preston became the first Director of Family Ministries at South Atlantic Conference, a position he has held for 30 years. He also serves as Adult Single Ministries and Men's Ministries at the South Atlantic Conference and is a Certified Family Life Educator. One of his favorite gifts is serving the married couples throughout the conference at the annual Married Lovers' Retreat which averages over 200 couples each year.

Pastor Preston married his college sweetheart, the former Joetta Green. They have been married for 41 lovely years, which includes the blessing of three children and five grand children. Elder Preston is anxious to see what God is going to do next in his life as he continues to submit Him. Pastor Preston loves to travel, cook and work in his yard.

## SCHEDULE/JULY 21-23, 2015

### Thursday, July 21, 2015

6:00 - 7:15 pm      **Conference Check In** - Seminary Commons

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7:30 - 9:00 pm      **Opening Plenary Session**

Welcome      President Andrea Luxton

Conference Information      David Sedlacek

Introduction of Keynote Speaker      Willie Oliver

Prayer      Elaine Oliver

**Keynote Address:** David Olson

“Cardinal Principles for Building A  
Strong Marriage & Healthy Family”

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### Friday, July 22 2015

8:30 - 10:00 am      **Plenary Session:** David Olson  
Couple Checkup: Goals & Impact

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10:15 am - 12:30 pm      **Research Workshops**

10:15 - 11:15 am      \*Eligible for CEUS

Addressing Domestic Violence in the Seventh-day Adventist Church:

Beginning the Conversation (DV Track: Session 1)

Melissa Ponce-Rodas (N150)

Association Between Parental Supervision & Teen Texting While Driving

Alina Baltazar (S120)

Supporting LGBT+ Youth in Seventh-day Adventist Homes

David Sedlacek & Curt VanderWaal (S340)

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11:30 am - 12:30 pm      \*Eligible for CEUS

Working With Survivors (DV Track: Session 2)

Sharon Dudgeon (N150)

Addressing the Needs of Single Parents in the

Black Seventh-day Adventist Church

Eva M. Starnier, Dedrick Blue, Jonathan Thompson, Barbara Stovall (S120)

Building a Strong Pastor:  
Stress & Coping Patterns among Seventh-day Adventist Pastors  
René Drumm, David Sedlacek, Duane McBride, Annette Heck (S340)

12:30 - 1:45 pm      **AAFLP and Advent Source Lunch Reception**  
Howard Arts Performing Center (HPAC) lobby

2:00 - 4:15 pm      **Practice Workshops**  
2:00 - 3:00 pm

Working With Perpetrators (DV Track: Session 3)  
Brad Hinman (N150)

Shame On Us: Combatting the Experience of Shame in Families  
Beverly Sedlacek (S120)

More Is Not Always Better! Overindulgence and its Effects Throughout the Lifespan  
Susan E. Murray (S340)

3:15 - 4:15 pm      Legal Issues, Concerns & Strategies (DV Track: Session 4)  
Harvey Burnett (N150)

What is the Status of African-American Marriages?  
Nivischi Edwards & Dion Henry (S120)

Supporting LGBT+ Youth in Seventh-day Adventist Homes  
David Sedlacek & Curt VanderWaal (S340)

4:30 - 7:30 pm      **Break**

7:30 - 8:30 pm      **Friday Evening Worship**

Welcome & Introduction of the Speaker	Claudio Consuegra
Prayer	Pamela Consuegra
Praise & Worship In Song	Seminary Team
Message: "A Marriage Made in the Stars: Love Sweeter than Fiction"	Lael & Lena Caesar
Benediction	David Sedlacek

## Sabbath, July 23, 2016

10:00 - 10:50 am

Sabbath School

David Sedlacek

11:00 am - 1:00 pm

### Morning Worship

Welcome and Introductions

Willie & Elaine Oliver

Claudio & Pamela Consuegra

David Sedlacek

Prayer

The Lopes Family

Dedication & Acknowledgment Service

Graduate Certificate Recipient Dedication

David Sedlacek

NAD Distinguished Service Award

Claudio & Pamela Consuegra

Praise & Worship In Song

Seminary Team

Scripture: Genesis 2:18-24

Anush Hakobyan

Introduction of Speakers

Claudio & Pamela Consuegra

Special Music

Christine Neveu

Message: "A Marriage Planted to Grow: Try Me"

Lael & Lena Caesar

Special Music

Christine Neveu

Benediction

Elaine Oliver

3:00 - 4:30 pm

### Seminar/Seminary Chapel

Lael & Lena Caesar

"A Marriage for the Beach: Really?"

## PREPARE ENRICH®

**WORKSHOP:** Sunday, July 24, 2016 9 a.m. - 4:30 p.m. | Seminary Room S120

Registration Contact: Sue Murray (269) 470-6877, [solutionseekers@sbcglobal.net](mailto:solutionseekers@sbcglobal.net)

Registration cost includes needed materials

## KEYNOTE SPEAKERS 2017



### Shaunti Feldhahn

Shaunti received her graduate degree from Harvard University and was an analyst on Wall Street before unexpectedly becoming a social researcher and best-selling author. Today, she applies her analytical skills to investigating eye-opening, life-changing truths about relationships, both at home and in the workplace. Her groundbreaking research-based books, such as *For Women Only*, have sold more than 2 million copies in 23 languages and are widely read in homes, counseling centers and corporations worldwide.

Where the “Only” series revealed the often-unseen needs of men and women, her newest multi-year research projects, published in *The Surprising Secrets of Highly Happy Marriages* and *The Good News About Marriage*, are giving couples and the culture hope that great marriages are possible, likely, and simpler than most people think.

Shaunti’s findings have been featured in media as diverse as *The Today Show* and *Focus on the Family*, *The New York Times* and *MomLife Today*. Shaunti and her husband Jeff live in Atlanta with their teenage daughter, their pre-teen son, and two cats who think they are dogs.



### Derek John Morris

Derek Morris currently serves as President of Hope Channel, Inc., and host of Hope Sabbath School, an in-depth interactive study of the Word of God broadcast worldwide on Hope Channel. Prior to joining the Hope Channel team, he served as associate secretary of the General Conference Ministerial Association and Editor of *Ministry*, an international journal for pastors. Born in England, his greatest joy is found in helping people to experience a life-changing encounter with the Lord Jesus Christ.

Morris has two doctoral degrees: a DMin in Practical Theology from Andrews University and a DMin in Preaching from Gordon-Conwell Theological Seminary. He is the author of 5 books: *Powerful Biblical Preaching*, *The Radical Prayer*, *The Radical Teachings of Jesus*, *Radical Protection*, and *Radical Evidence*.

He is married to Bodil Chen Morris, a family nurse practitioner. Their favorite hobby is writing Scripture songs together. Their songs are heard worldwide on the Hope Channel and numerous Christian radio stations. They have two grown sons.



**Sponsored by:**

Adventist Association of Family Life Professionals (AAFLP)

AdventSource

Andrews University

Department of Behavioral Sciences

Department of Discipleship & Religious Education

Department of Social Work

General Conference Department of Family Ministry

North American Division Department of Family Ministry



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