

## Breakfast, Lunch and Snack Menu

**November 29-December 3**

“USDA is an equal opportunity provider and employer.”

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>AM Snack</b> 6:35 AM	Bread Cup of Milk	Bread Cup of Milk	Bread Cup of Milk	Bread Cup of Milk	Bread Cup of Milk
<b>Breakfast</b> YT - PK: 8:35 AM SA: 8:45 AM	Cheerios Cup of Milk Pineapple	WW Toast with butter Cup of Milk Banana	Chex Cup of Milk Peaches	Oatmeal Squares Cup of Milk Pears	Teacher's Choice Grain Cup of Milk Teacher's Choice Fruit
<b>Lunch</b> YT: 11:10 AM OT: 11:20 AM PS: 11:30 AM PK: 12:00 PM SA: 12:15 PM	<b>(E) Griller</b> (V)Wheat Bun (VG)Lettuce/tomato (G)American Cheese (VG)Ketchup/mustard (G)Mayonnaise (VG)Raw Veggies with (G)Ranch Dip (VG)Hand Fruit Cup of Milk	(VG)Falafel (V)Warm Pita Pocket (VG)Lettuce Tomato Cucumber Salad (G)Tzatziki Sauce (VG)Grilled Cauliflower, Zucchini, Red Peppers (VG)Hand Fruit Cup of Milk	<b>(E) Italian Lasagna</b> (VG)Green Beans Caesar Salad (VG)Bread Stick <b>(E) Gingerbread Cookie</b> (VG)Hand Fruit Cup of Milk	(V) Flour Tortilla (VG)Refried Pinto Beans Spanish Rice (VG)Cheddar Cheese Sauce (VG) Mixed Vegetables (VG)Lettuce/tomato/ black olive/Salad (VG)House Salsa (VG)Hand Fruit Cup of Milk	<b>(E) Soy Hotdog</b> (V)Whole Wheat Bun, (VG)Tomato Soup Gold Fish Crackers (VG)Baby Carrots/celery (G)Ranch Dip packets (VG)Fresh Fruit Salad Cup of Milk
<b>Alternative Lunch Entrée*</b>	Beans and Rice*	Beans and Rice*	Beans and Rice*		Beans and Rice*
<b>PM Snack</b> Varies	Animal Crackers Fruit Cocktail Cup of Water	Ritz Crackers Raisins Cup of Water	Goldfish Applesauce Cup of Water	Raisin Toast Butter Cup of Milk	Teacher's Choice Grain Teacher's Choice Fruit Cup of Water
<b>Evening Snack</b> 5:45 PM	Bread Cup of Water Fruit	Bread Cup of Water Fruit	Bread Cup of Water Fruit	Bread Cup of Water Fruit	

(V) - Vegan (G) - Made without gluten containing ingredients (E) - Contains egg (N) - Contains nuts

\*Must have Medical Statement to Request Special Meals and/or Accommodations completed by physician