

HEALTH ENGAGEMENT PROGRAM SUMMARY

Andrews University
Incentive Effective July 1, 2020

The Health Engagement Program is designed to offer a reduced out-of-pocket expense for participants who make healthy choices.

What are the program requirements for enrolled employees and spouses?

- Obtain an annual physical between March 1, 2019 and February 28, 2020.
- Complete an online Health Assessment (HA) by February 28, 2020.

How will ASR know if I obtained my annual physical?

- Employee and Spouse (if applicable) must submit an Annual Physical Form to ASR by February 28, 2020.
- The annual physical must include the following screenings:

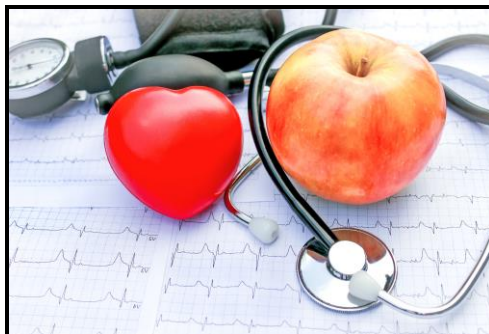
Screenings
Blood Pressure
Total Cholesterol
Glucose
Body Mass Index (BMI)
Tobacco/Nicotine Use

How can I check my status in the program?

You can view your program status online at any time via the Health Engagement Tracker:

1. Log on to the ASR Health Benefits portal at www.asrhealthbenefits.com.
2. Select the Health Engagement/Program Tracker.

Please allow up to five business days for submitted documents to be audited and loaded to the online tracker. Covered spouses will need to log on to their own account to view their status.



Please Return Completed Form to ASR by **February 28, 2020**:

Attention: Health Engagement
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Email: healthengagement@asrhealthbenefits.com