

**Health Engagement Program
Andrews University
Incentive Effective July 1, 2021**

Considering the trend toward a virtual environment, ASR Health Benefits and Andrews University have made earning your incentive easier than ever this year, to support you on your path to well-being!

New for 2021!

What are the program requirements for enrolled employees and spouses?

Employees and Spouses (if applicable) are still encouraged to obtain an annual physical with their provider each year. However, the health engagement requirement towards earning the 2021 incentive will only be as follows:

- Complete an online Health Assessment (HA) by **February 28, 2021**. See email announcements or visit www.andrews.edu/HR for instructions.

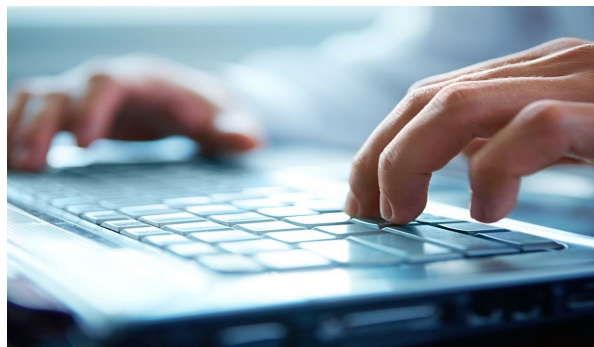
How will ASR know if I completed my Health Assessment?

- Once the Health Assessment has been completed, please allow up to 24 hours for it to be reflected in your ASR health benefits Program Tracker.
- Please be assured, if you received a score at the end of the assessment, that means you have completed the health assessment successfully. The date you completed the assessment will be captured and used as the completion date once the WebMD system pushes that data to ASR.

How can I check my status in the health engagement program?

You can view your program status online at any time via the Health Engagement Program Tracker:

1. Log on to the ASR Health Benefits portal at www.asrhealthbenefits.com.
2. Select the Health Engagement/Program Tracker.



Health Assessments must be completed by February 28, 2021

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