

2022 Health Engagement Program

Andrews University
Incentive Effective July 1, 2022

The Health Engagement Program is designed to encourage our members to make healthy choices! Those who choose to engage will be eligible for the incentive!

What are the program requirements for enrolled employees and spouses?

- Obtain a routine physical between March 1, 2021 and February 28, 2022.
- Complete an online Health Assessment (HA) August 1, 2021 by February 28, 2022.



What screenings must be included on my Routine Physical Screening Form:

You and your spouse must submit a fully completed and signed Routine Physical Screening form with the following screenings:

Date of Routine Physical • Blood Pressure • Blood Sugar (Glucose) • Body Mass Index (BMI) • Tobacco/Nicotine Use • Total Cholesterol (LDL, HDL, Triglycerides)



How can I check my status in the program?

To verify, you will need to log in to your asrhealthbenefits.com account, select Health Engagement from the navigation bar, and click on Program Tracker.

Please allow up to 3 business days for your account to reflect completion of the Routine Physical Form and Health Assessment.

Please Return Completed Form to ASR by **March 7, 2022**:

Attention: Health Engagement
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